

# MicroRNA-199b targets the regulation of ZEB1 expression to inhibit cell proliferation, migration and invasion in non-small cell lung cancer

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**Abstract.** Lung cancer is one of the leading causes of cancer-associated mortality worldwide. Previous evidence suggested that microRNAs (miRs) exhibit important regulatory roles in tumorigenesis and tumor development, including in non-small cell lung cancer (NSCLC). The present study investigated the expression of miR-199b in NSCLC tissues and cell lines, in addition to the biological roles of miR-199b in the carcinogenesis and progression of NSCLC. The results of the present study demonstrated that miR-199b expression was decreased in NSCLC tissues and cell lines compared with matched adjacent healthy tissues and a healthy human bronchial epithelial cell line, respectively. An MTT assay demonstrated that the viability of NSCLC cells was decreased by miR-199b. The migratory and invasive abilities of NSCLC cells were suppressed by miR-199b overexpression. In addition, zinc finger E-box-binding homeobox 1 (ZEB1) was identified to be a novel direct downstream and functional target for miR-199b in NSCLC, using bioinformatics analysis, luciferase reporter assay, the reverse transcription-quantitative polymerase chain reaction and western blotting. ZEB1 underexpression mimicked the roles of miR-199b overexpression in NSCLC cells. In conclusion, the present study demonstrated that miR-199b was downregulated in NSCLC and acted as a tumor suppressor by targeting ZEB1.

## Introduction

Lung cancer, a common type of malignant tumor, is one of the leading causes of cancer-associated mortality worldwide (1). The morbidity of lung cancer is increasing in developing countries, including China, due to an increase in the number of smokers and the level of atmospheric pollution (2). A total of ~85% of lung cancer cases are categorized as non-small lung cancer (NSCLC) (3). According to the pathological pattern, NSCLC may be divided into four subtypes, including adenocarcinoma, squamous cell carcinoma, adenosquamous cell carcinoma and large cell carcinoma (4). Despite the development of a combined treatment for NSCLC, the prognosis of the disease remains poor (5). The prognosis for patients with NSCLC is associated with the clinical stage of the patients at the time of diagnosis. The 5-year overall survival rate of patients with NSCLC with stage II-IV disease is 5-40%, a marked decrease compared with patients with stage I disease (6). However, the molecular mechanisms which contribute to the carcinogenesis and progression of NSCLC remain to be completely elucidated. Therefore, full understanding of the molecular mechanisms may facilitate investigations into novel effective therapeutic targets for NSCLC.

microRNAs (miRNAs/miRs) represent a large family of short non-protein-coding regulatory RNAs of 19-25 nucleotides in length (7). A total of 1,881 precursor and 2,588 mature miRNAs have been identified, according to the miRBase database (mirbase.org). miRNAs negatively modulate target gene expression through interaction with the 3' untranslated regions (3'UTRs) of target mRNAs, resulting in mRNA cleavage or translational repression (8). miRNAs have been demonstrated to be associated with a range of physiological and pathological processes, including cell proliferation, apoptosis, the cell cycle, invasion, differentiation, development and metabolism (9,10). Previous studies have reported that miRNAs may function as oncogenes or tumor suppressors in a number of types of human cancer, including NSCLC. miR-32 functions as a tumor suppressor in NSCLC by directly targeting twist-related protein 1 (11). miR-224 acts as an oncogene in NSCLC by promoting cell proliferation, migration and invasion (12). These previous results indicated that miRNAs serve roles in the development of cancer, and may be investigated as therapeutic targets.

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The present study demonstrated a downregulation of miR-199b in NSCLC tissues and cell lines compared with matched adjacent healthy tissues and a healthy human bronchial epithelial cell line, respectively. Upregulation of miR-199b inhibited cell proliferation, migration and invasion in NSCLC. Subsequent experiments demonstrated that miR-199b was able to negatively regulate zinc finger E-box-binding homeobox 1 (ZEB1) expression at the mRNA and protein levels by directly binding to the 3'UTR. The results of the present study suggested that miR-199b may serve important roles in growth and metastatic malignant behavior in NSCLC, in part by targeting ZEB1.

## Materials and methods

**Tissue specimens.** NSCLC tissues and matched adjacent healthy tissues were obtained from 70 patients with NSCLC (aged 37-72 years; median age, 48; 43 males and 27 females) from the Department of Thoracic Surgery at The First Affiliated Hospital of Dalian Medical University (Dalian, China) between March 2013 and June 2015, and immediately snap-frozen in liquid nitrogen and stored at -80°C until use. The patients underwent surgery prior to chemotherapy and radiotherapy. The present study was approved by the Ethical Committee of The First Affiliated Hospital of Dalian Medical University and written informed consent was obtained from all subjects.

**Cell lines and culture condition.** NSCLC cell lines (SK-MES-1, NCI-H1650, NCI-H1975, SPC-A1 and A549), the healthy human bronchial epithelial cell line (16HBE) and human embryonic kidney HEK293T cells were purchased from the American Type Culture Collection (Manassas, VA, USA). The cell lines were maintained in RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) or Dulbecco's modified Eagle's medium (Gibco; Thermo Fisher Scientific, Inc.) supplemented with 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.).

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR).** Total RNA was extracted from tissues and cells using TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. Total RNA was reverse transcribed to cDNA using M-MLV reverse transcriptase (Fermentas; Thermo Fisher Scientific, Inc.). The relative expression of miR-199b and ZEB1 mRNA was determined using SYBR Premix Ex Taq™ (Takara Biotechnology Co., Ltd., Dalian, China). The thermocycling conditions were as follows: An initial predenaturation step for 5 min at 95°C, followed by 40 cycles of denaturation at 95°C for 30 sec and annealing at 65°C for 45 sec. U6 and GAPDH were used as internal standards for the normalization of miR-199b and ZEB1 mRNA, respectively. The primers were designed as follows: Forward, 5'-GCCCCGCCAGTGTCTTAGACTAT-3' and reverse, 5'-GTG CAGGGTCCGAGGT-3' for miR-199b; forward, 5'-CTCGCT TCGGCAGCAGCATATACT-3' and reverse, 5'-ACGCTTCAC GAATTTGCGTGTC-3' for U6; forward, 5'-AAGTGGCGG TAGTTGGTA-3' and reverse, 5'-TTGTAGCGACTGGAT TTT-3' for ZEB1; forward, 5'-GCACCGTCAAGGCTGAGA AC-3' and reverse, 5'-TGGTGAAGACGCCAGTGGA-3' for

GAPDH. The 2<sup>-ΔΔC<sub>q</sub></sup> method was used to quantify the relative expression of miR-199b and ZEB1 (13).

**miR-199b mimics, small interfering (si)RNA and cell transfection.** The specific miR-199b mimics and negative control (NC) were purchased from Shanghai GenePharma Co., Ltd. (Shanghai, China). ZEB1 siRNA and NC siRNA were synthesized by Guangzhou RiboBio Co., Ltd. (Guangzhou, China). The miR-199b mimics sequence was 5'-CCCAGU GUUAGACUAUCUGUUC-3' and the NC sequence was 5'-UUCUCCGAACGUGUCACGUTT-3'. The ZEB1 siRNA sequence was 5'-GGCGGUAGAUGGUAAUGUATT-3' and the NC siRNA sequence was 5'-UUCUCCGAACGUGUC ACGUTT-3'. Lipofectamine 2000 (Invitrogen; Thermo Fisher Scientific, Inc.) was used to transfect the miR-199b mimics, NC or siRNA into cells, according to the manufacturer's protocol. After transfection for 48 h, RT-qPCR was performed to detect miR-199b and ZEB1 expression levels. Western blotting analysis was performed to determine ZEB1 protein levels at 72 h post-transfection.

**MTT assay.** Cell proliferation was evaluated using an MTT assay (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany). Cells were seeded into 96-well culture plates at a density of 1,500 cells/well. Following incubation for 24, 48, 72 and 96 h, cells were incubated with 20 μl MTT solution (5 mg/ml) at 37°C for a further 4 h. Subsequently, the culture medium containing the MTT solution was discarded and 150 μl dimethyl sulfoxide was added into each well. Optical density (OD) values at a wavelength of 490 nm were measured using a microplate reader (Bio-Rad Laboratories, Inc., Hercules, CA, USA).

**Cell migration and invasion assay.** Cell migration and invasion assays were performed using 24-well plates with Transwell chambers (BD Biosciences, San Jose, CA, USA). For the cell migration assay, transfected cells were harvested and re-seeded into the upper chamber in FBS-free culture medium (2x10<sup>5</sup> cells), and the lower chamber was filled with culture medium containing 20% FBS as a chemoattractant. For the cell invasion assay, the chamber was pre-coated with Matrigel (BD Biosciences), and the following steps were similar to the cell migration assay. Following incubation at 37°C for 24 h, the cells remaining on the upper surface of the membrane were carefully removed. The migratory or invading cells were fixed with 95% methanol for 10 min and stained with 0.5% crystal violet for 10 min at room temperature. The number of cells that migrated or invaded were imaged and counted under an inverted microscope (Olympus Corporation, Tokyo, Japan), in five independent fields at magnification, x200 for each well.

**Bioinformatic analysis.** In order to investigate potential target genes of miR-199b, TargetScan (targetscan.org) and PicTar (pictar.mdcberlin.de) were used. Among the potential targets, ZEB1 was subsequently selected for further investigation.

**Luciferase reporter assay.** Luciferase reporter plasmids, pGL3-ZEB1-3'UTR wild type (WT) and pGL3-ZEB1-3'UTR mutant (MUT), were synthesized and verified by Shanghai GenePharma Co., Ltd. For the luciferase reporter assay,

HEK293T cells were co-transfected with pGL3-ZEB1-3'UTR WT or pGL3-ZEB1-3'UTR MUT, and miR-199b mimics or NC using Lipofectamine 2000. Cells were harvested 48 h subsequent to transfection, and the luciferase activities were detected using the Dual Luciferase Reporter Assay System (Promega Corporation, Madison, WI, USA), according to the manufacturer's protocol. The firefly luciferase activities were normalized to the *Renilla* luciferase activities for each well. The phRL-TK plasmid (Promega Corporation, Madison, WI, USA) was used as control.

**Western blotting.** Cellular proteins were extracted using radioimmunoprecipitation assay lysis buffer (Sigma-Aldrich; Merck KGaA) supplemented with protease inhibitor cocktail (Roche Applied Science, Mannheim, Germany). The concentration of total protein was quantified using a bicinchoninic acid protein assay kit (Beyotime Institute of Biotechnology, Haimen, China). Equal amounts of protein (20  $\mu$ g) were electrophoresed on a 10% SDS-PAGE gel and transferred onto polyvinylidene fluoride membranes (Bio-Rad Laboratories, Inc.). Following blocking with 5% non-fat milk in TBS containing 0.1% Tween-20 (TBST) at room temperature for 1 h, the membranes were incubated at 4°C for 12 h with the primary antibodies, mouse anti-human monoclonal ZEB1 antibody (cat. no. sc-81428; 1:1,000; Santa Cruz Biotechnology, Inc., Dallas, TX, USA) and mouse anti-human monoclonal GAPDH antibody (cat. no. sc-365062; 1:1,000; Santa Cruz Biotechnology, Inc.). Subsequently, the membranes were washed with TBST three times, probed with a horseradish peroxidase-conjugated secondary antibody (cat. no. sc-2005; 1:5,000; Santa Cruz Biotechnology, Inc.) at room temperature for 1 h and visualized with an enhanced chemiluminescence kit (Pierce; Thermo Fisher Scientific, Inc.). Protein bands were analyzed using the AlphaEase FC software (version Fluorchem FC2; ProteinSimple; Bio-Techne, Minneapolis, MN, USA).

**Statistical analysis.** All data are presented as the mean  $\pm$  standard deviation. Data were compared using Student's t-tests or one-way analysis of variance, followed by the Student-Newman-Keuls multiple comparisons test. SPSS software (version 15.0; SPSS Inc., Chicago, IL, USA) was used for statistical analyses.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Underexpression of miR-199b in NSCLC.** The expression level of miR-199b in NSCLC tissues and matched adjacent healthy tissues was measured using RT-qPCR. The results demonstrated that the relative expression of miR-199b was significantly decreased in NSCLC tissues compared with matched adjacent healthy tissues ( $P < 0.05$ ; Fig. 1A). miR-199b expression in NSCLC cell lines was additionally assessed. As presented in Fig. 1B, underexpression of miR-199b was observed in NSCLC cell lines (SK-MES-1, NCI-H1650, NCI-H1975, SPC-A1 and A549) compared with the healthy human bronchial epithelial cell line (16HBE) (all  $P < 0.05$ ).

**Upregulation of miR-199b decreases cell viability, migration and invasion in NSCLC.** In order to investigate the functions

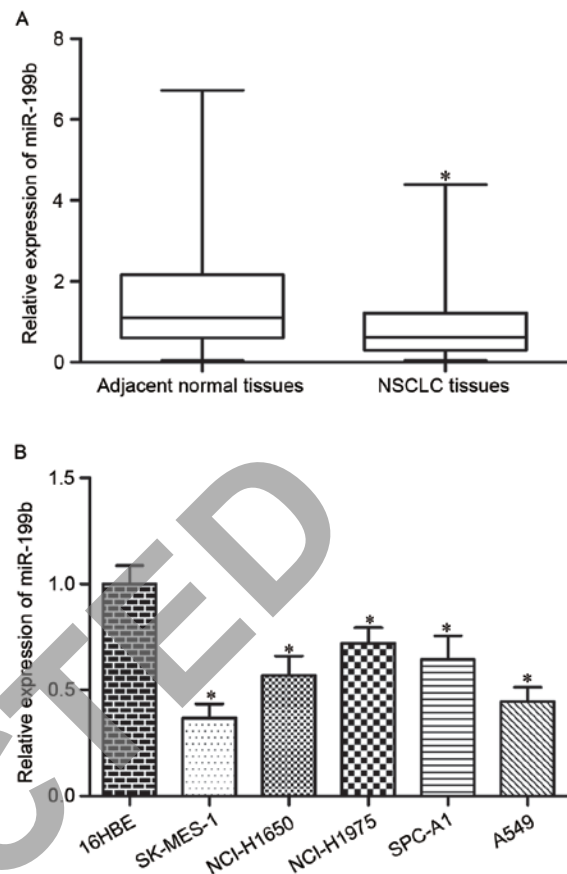


Figure 1. Expression levels of miR-199b in NSCLC tissues and cell lines. (A) miR-199b was downregulated in NSCLC tissues compared with matched adjacent healthy tissues. (B) Relative expression levels of miR-199b were decreased in five NSCLC cell lines compared with a normal human bronchial epithelial cell line. \* $P < 0.05$  vs. respective control. miR, microRNA; NSCLC, non-small cell lung cancer.

of miR-199b in NSCLC, SK-MES-1 and A549 cells expressing relatively low levels of miR-199b were transfected with miR-199b mimics or NC. Following transfection for 24 h, the transfection efficiency was determined using RT-qPCR. The expression of miR-199b in SK-MES-1 and A549 cells was significantly increased following transfection with miR-199b mimics (both  $P < 0.05$ ; Fig. 2A).

An MTT assay was performed to investigate the effect of miR-199b on NSCLC cell viability. As exhibited in Fig. 2B, the OD of SK-MES-1 and A549 cells transfected with miR-199b mimics was significantly decreased compared with the NC groups at 72 and 96 h (all  $P < 0.05$ ).

In order to assess the role of miR-199b in cell migration and invasion in NSCLC, a cell migration and invasion assay was performed. The results revealed that the migratory abilities of SK-MES-1 and A549 cells were decreased due to upregulation of miR-199b. In addition, the invasive capability of SK-MES-1 and A549 cells transfected with miR-199b mimics was decreased compared with the NC groups (both  $P < 0.05$ ; Fig. 2C). The results of the present study demonstrated that miR-199b served roles in the decrease of cell viability, migration and invasion in NSCLC.

**ZEB1 is a novel direct target of miR-199b.** The present study investigated the molecular mechanisms by which

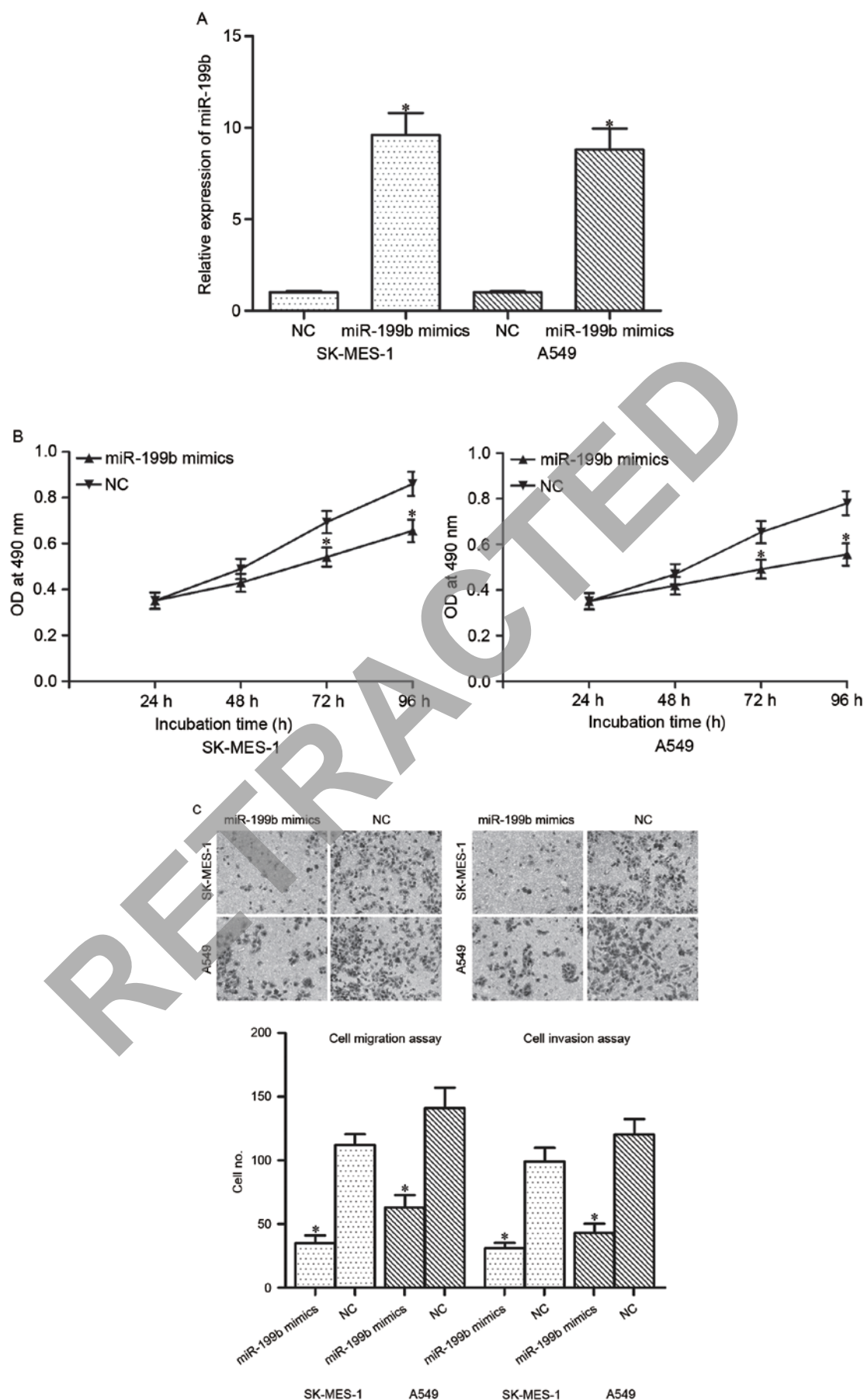


Figure 2. Upregulation of miR-199b inhibits cell proliferation, migration and invasion in NSCLC. (A) The expression of miR-199b in SK-MES-1 and A549 cells transfected with miR-199b mimics or NC was determined using the reverse transcription-quantitative polymerase chain reaction. (B) Effects of miR-199b overexpression on NSCLC cell viability were evaluated using an MTT assay. (C) Cell migration and invasion assays of NSCLC cells transfected with miR-199b mimics or NC. Magnification, x200. \*P<0.05 vs. NC. NC, negative control; miR, microRNA; NSCLC, non-small cell lung cancer; OD, optical density.



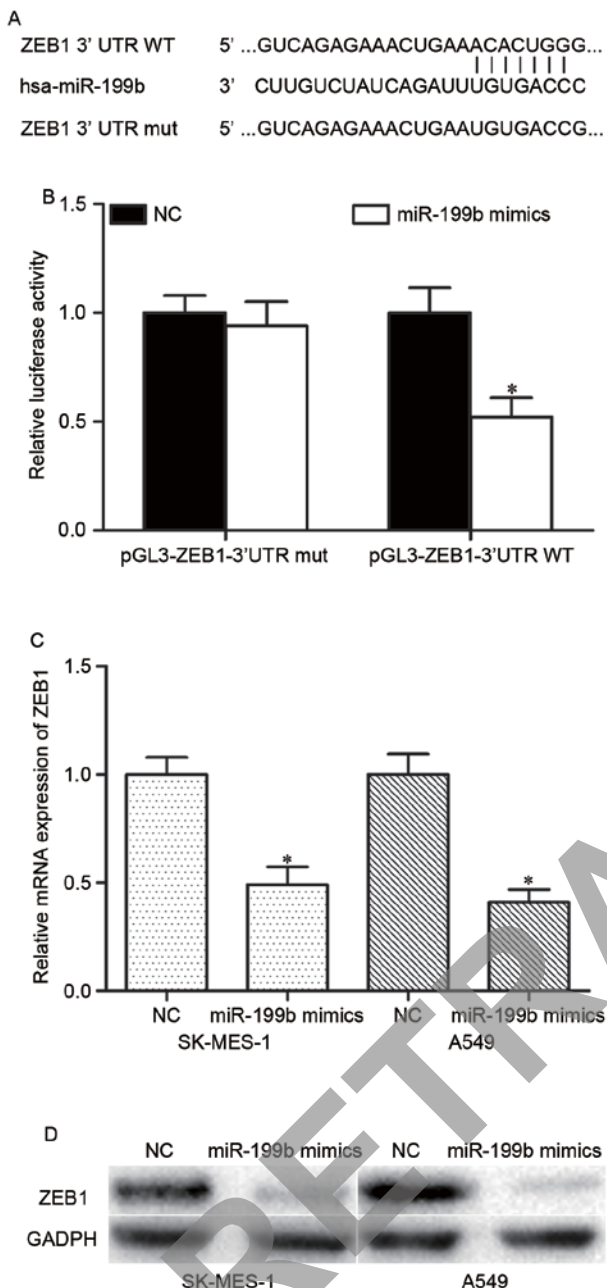


Figure 3. ZEB1 is a novel direct target gene of miR-199b. (A) The putative miR-199b-binding sites in the 3'UTR of ZEB1 mRNA are presented. (B) miR-199b overexpression decreased the luciferase activities of pGL3-ZEB1-3'UTR WT, and not pGL3-ZEB1-3'UTR MUT in HEK293T cells. (C) ZEB1 mRNA expression in SK-MES-1 and A549 cells transfected with miR-199b mimics or NC was determined using the reverse transcription-quantitative polymerase chain reaction. (D) Western blotting was performed to measure ZEB1 protein expression in SK-MES-1 and A549 cells transfected with miR-199b mimics or NC. \* $P < 0.05$  vs. NC. ZEB1, zinc finger E-box-binding homeobox 1; UTR, untranslated region; miR, microRNA; WT, wild type; MUT, mutated; NC, negative control.

miR-199b decreased cell viability, migration and invasion in NSCLC. Bioinformatic analysis demonstrated that ZEB1 was a candidate target of miR-199b (Fig. 3A). In order to test this hypothesis, a luciferase reporter assay was performed. HEK293T cells were transfected with pGL3-ZEB1-3'UTR WT or pGL3-ZEB1-3'UTR MUT, in addition to miR-199b mimics or NC. As presented in Fig. 3B, upregulation of miR-199b repressed the luciferase activities of pGL3-ZEB1-3'UTR WT,

although not pGL3-ZEB1-3'UTR MUT. In order to identify ZEB1 to be a direct target of miR-199b, RT-qPCR analysis and western blotting were performed. The assays demonstrated that overexpression of miR-199b decreased the ZEB1 mRNA expression level in SK-MES-1 and A549 cells (Fig. 3C); the same effect was observed on the ZEB1 protein level (Fig. 3D). The results of the present study demonstrated that miR-199b negatively regulated ZEB1 expression by binding to the 3'UTR in NSCLC.

*miR-199b inhibits cell proliferation, migration and invasion in NSCLC by targeting ZEB1.* In order to investigate whether the tumor suppressive roles of miR-199b on NSCLC cells were dependent on ZEB1, an RNA interference experiment was performed. Following transfection, RT-qPCR analysis and western blotting demonstrated that ZEB1 expression at the mRNA (all  $P < 0.05$ ; Fig. 4A) and protein (Fig. 4B;  $P < 0.05$ ) levels was reduced in SK-MES-1 and A549 cells transfected with ZEB1 siRNA. The MTT assay demonstrated that the decrease in ZEB1 expression decreased cell viability in SK-MES-1 and A549 cells (all  $P < 0.05$ ; Fig. 4C). The results of the cell migration and invasion assays demonstrated that downregulation of ZEB1 inhibited the migration and invasion of SK-MES-1 and A549 cells (Fig. 4D;  $P < 0.05$ ). The results of the present study demonstrated that miR-199b directly targeted ZEB1, resulting in a decrease in cell viability, migration and invasion in NSCLC.

## Discussion

The results of the present study demonstrated that miR-199b was downregulated in NSCLC tissues and cell lines, compared with matched adjacent healthy tissues and a healthy human bronchial epithelial cell line, respectively. Upregulation of miR-199b decreased cell viability, migration and invasion in NSCLC. Using bioinformatic analysis, a luciferase reporter assay, RT-qPCR analysis and western blotting, ZEB1 was validated as a novel direct target of miR-199b. In addition, downregulation of ZEB1 mimicked the tumor suppressive roles of miR-199b overexpression in NSCLC cells, rendering ZEB1 to be a functional downstream target of miR-199b in NSCLC. The results of the present study demonstrated that miR-199b acted as a tumor suppressor in NSCLC by directly targeting ZEB1.

Studies have demonstrated that miR-199b was dysregulated in cancer. In colorectal cancer, miR-199b expression was observed to be decreased in tumor tissues, and reduced miR-199b expression was associated with late tumor, node and metastasis stage, and distant metastases. In addition, Kaplan-Meier curves demonstrated that patients with colorectal cancer who exhibited increased miR-199b expression levels experienced an increased median survival time (14). Wang *et al* (15) demonstrated that miR-199b was downregulated in hepatocellular carcinoma. Patients with hepatocellular carcinoma who presented with decreased expression of miR-199b exhibited poorer overall survival and progression-free survival rates, compared with patients with increased levels of miR-199b expression (15). Low expression levels of miR-199b were additionally observed in chronic myeloid leukemia (16), acute myeloid leukemia (17),

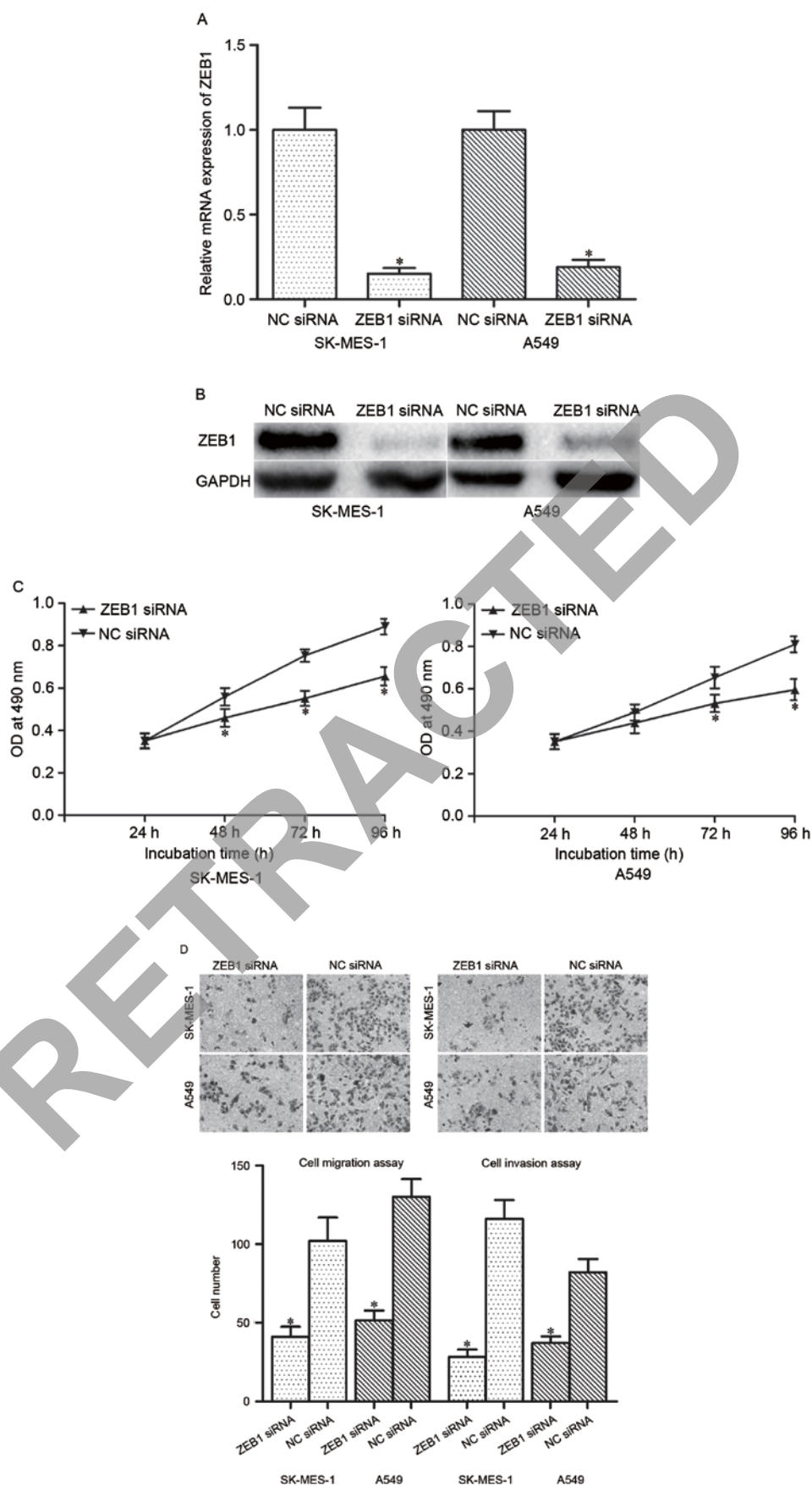


Figure 4. ZEB1 siRNA inhibits cell proliferation, migration and invasion in NSCLC. (A) The expression of ZEB1 mRNA in SK-MES-1 and A549 cells transfected with ZEB1 siRNA or NC siRNA was determined using the reverse transcription-quantitative polymerase chain reaction. (B) Western blotting was performed to measure ZEB1 protein expression in SK-MES-1 and A549 cells transfected with ZEB1 siRNA or NC siRNA. (C) Effects of ZEB1 siRNA on NSCLC cell viability were investigated using the MTT assay. (D) Cell migration and invasion assays of NSCLC cells transfected with ZEB1 siRNA or NC siRNA. \* $P < 0.05$  vs. NC. siRNA, small interfering RNA; NSCLC, non-small cell lung cancer; ZEB1, zinc finger E-box-binding homeobox 1; NC, negative control; OD, optical density.

endometrioid endometrial carcinoma (18) and choriocarcinoma (19). These previous results suggested that miR-199b was downregulated, and may be a prognostic marker in cancer.

By contrast, miR-199b was observed to be upregulated in osteosarcoma. Overexpression of miR-199b was demonstrated to be associated with clinicopathological characteristics and patient prognosis in osteosarcoma. Statistical analysis demonstrated that increased miR-199b expression was associated with high tumor grade, positive metastasis and positive recurrence. Osteosarcoma patients with increased miR-199b expression exhibited decreased overall survival and decreased disease-free survival compared with those with low expression (20). The present study demonstrated that miR-199b expression exhibits tissue dependence.

A number of previous studies have demonstrated the tumor suppressive roles of miR-199b in cancer initiation and progression. Shen *et al* (14) reported that ectopic miR-199b expression inhibited cell invasion and migration *in vitro* and *in vivo*, and improved sensitivity to 5-fluorouracil and oxaliplatin. In breast cancer, miR-199b targeted receptor tyrosine-protein kinase erbB-2 to suppress migration, wound healing and clonogenicity (21). In hepatocellular carcinoma, restoration of miR-199b expression was able to inhibit cell growth and improve radiosensitivity (15). In ovarian cancer, restoration of miR-199b expression sensitized cells to cisplatin-induced cytotoxicity *in vitro* and *in vivo* (22). However, Zeng *et al* (20) demonstrated that miR-199b acted as an oncogene in osteosarcoma, by enhancing cell proliferation, migration and invasion. These previous results appear contradictory, as miR-199b acted as an oncogene in certain cancers and a tumor suppressor in others. This contradiction may be explained by the 'imperfect complementarity' of the interactions between miRNAs and target genes (23).

miRNAs serve roles in physiological and pathological processes through negative regulation of their target genes by binding to the 3'UTR. Therefore, identification of miR-199b target genes is important for understanding the roles of miR-199b in tumorigenesis, and for investigating novel therapeutic targets. In the present study, ZEB1 was identified to be a direct target of miR-199b. Bioinformatic analysis predicted that ZEB1 mRNA contained a miR-199b seed match at position at 1023-1029 of the 3'UTR. A luciferase reporter assay confirmed that ZEB1 may be directly targeted by miR-199b. The RT-qPCR and western blotting revealed that miR-199b overexpression significantly decreased ZEB1 expression at the mRNA and protein levels in NSCLC cells. ZEB1 siRNA mimicked the tumor suppressive roles of miR-199b overexpression in NSCLC cells, demonstrating ZEB1 to be a functional downstream target of miR-199b in NSCLC.

ZEB1, a E-cadherin transcriptional repressor, is a member of the zinc finger family and is located on the short arm of human chromosome 10 (24). The expression levels of ZEB1 were demonstrated to be increased in NSCLC tissues. In addition, knockdown of ZEB1 has been previously demonstrated to inhibit cell growth in lung cancer (25). A lentiviral RNA interference technique used to knock down ZEB1 expression was able to inhibit invasive and migratory abilities (26). These previous results demonstrated that inhibiting ZEB1 may be an attractive target for NSCLC therapeutic development. The

results of the present study demonstrated that ZEB1 suppression by miR-199b was measured at the mRNA and protein levels in NSCLC cells. ZEB1 underexpression was able to inhibit the proliferation, migration and invasion of NSCLC cells. Therefore, the miR-199b/ZEB1 axis may be a useful focus to better understand NSCLC, and may provide a novel therapeutic target for the disease.

In conclusion, miR-199b was downregulated in NSCLC, and aberrantly expressed miR-199b was able to influence various biological functions in NSCLC cells, including cell proliferation, migration and invasion, in part by directly targeting ZEB1.

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