# Downregulation of IncRNA H19 inhibits the migration and invasion of melanoma cells by inactivating the NF-кB and PI3K/Akt signaling pathways 

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#### Abstract

As the most aggressive type of skin cancer, melanoma seriously affects human health. Long noncoding (lncRNA) 19 has been demonstrated to be involved in the progression of a number of different types of human cancers. However, the involvement of lncRNA H19 in melanoma remains unknown. Therefore, the present study was performed to investigate the roles of H19 in the development and progression of melanoma. In the present study, 49 patients with melanoma were included. Expression of lncRNA H19 in tumor tissue, adjacent healthy tissue and various cell lines with different treatments was measured by reverse transcription-quantitative polymerase chain reaction. The effects of H19 knockdown on melanoma cell proliferation, migration and invasion were detected by cell counting kit-8, wound-healing and transwell invasion assays, respectively. In addition, the effects of H 19 knockdown on the expression of nuclear factor (NF)-кB pathway-associated proteins were investigated by western blotting. The results revealed that the expression level of H19 was significantly higher in tumor tissue than in the adjacent healthy tissue of 47 out of 49 patients. H19 knockdown significantly reduced the proliferation, migration and invasion ability of melanoma cells. H19 knockdown also inactivated the phosphoinositide 3-kinase (PI3K)/protein kinase B (Akt) pathway, which in turn inhibited the activation of the NF- $\kappa B$ signaling pathway. Thus, downregulation of IncRNA H19 may inhibit the migration and invasion of melanoma cells by inactivating the NF-кB signaling pathway via the inactivation of the PI3K/Akt signaling pathway. The present study provided references


[^0]Key words: melanoma, migration, invasion, phosphoinositide 3-kinase/protein kinase B pathway, nuclear factor-к $\beta$ pathway
for future studies on the pathogenesis of melanoma and the clinical treatment of this disease.

## Introduction

Melanoma is a type of cancer that originates from cells containing pigment (1). Although melanoma is less common compared with squamous cell carcinomas and cutaneous basal cell carcinomas, melanoma is considered to be one of the most common causes of cancer-associated mortalities in young adults and children (2). The highest incidence of melanoma has been observed in Australia and New Zealand, followed by North America and Northern Europe, while the incidence of this disease is relatively low in Latin America, Africa and Asia (3). In addition, melanoma was also revealed to be more common in men than in women (4). With proper treatment, the 5-year survival rate of patients only with local tumors may reach $98 \%$. However, once metastasis has occurred, the 5 -year survival rate may be as low as $17 \%$ (5). Similar to other tumors, the development and progression of melanoma is a complex process with multiple signaling pathways involved $(6,7)$. Therefore, an in-depth analysis of the signal transduction regulation involved in melanoma will facilitate the development of novel treatment strategies for this disease.

Long non-coding RNA (lncRNA), is a group of noncoding RNAs with a length $>200$ nucleotides (8). A previous study has demonstrated that the onset and development of different human cancers requires the involvement of various lncRNAs (9). As a lncRNA, H19 has been demonstrated to serve a role as an oncogene in various human malignant tumors $(10,11)$. However, based on current knowledge, the functionality of H 19 in melanoma remains unclear.

In the present study, the expression of H19 in the tumor tissues and adjacent healthy tissues of 59 patients with melanoma was detected. The effects of H 19 on proliferation, migration and invasion of two melanoma cells lines were investigated. In addition, the interactions between H 19 and the nuclear factor (NF)-кB signaling pathway were also explored. The results of the present study may benefit future studies on the pathogenesis of melanoma and the clinical treatment of this disease.

## Materials and methods

Patients. A total of 49 patients with melanoma were recruited to the present study in the Tianjin Medical University Cancer Institute and Hospital (Tianjin, China) from October 2013 to August 2017. Patients diagnosed with other severe diseases and mental health problems were excluded. Patients were diagnosed via imaging examinations and pathological tests. The patients were then divided into 3 tumor stage groups according to tumor thickness. These groups were characterized by the following diagnostic criteria: Stage I, tumor thickness $<1.0 \mathrm{~mm}$; stage II, tumor thickness between 1.0 and 4.0 mm ; and stage III, tumor thickness $>4.0 \mathrm{~mm}$. Patients in stage I included 7 males and 8 females, with an age range of 21 to 68 years and an average age of $43 \pm 11.6$ years; patients in stage II included 8 males and 9 females, with an age range of 27 to 72 years and an average age of $48 \pm 13.1$ years; patients in stage III included 8 males and 7 females, with an age range of 24 to 73 years and an average age of $46 \pm 11.0$ years. No significant differences in age, sex and other basic information were found among different stages. All patients received surgical resection, and tumor tissues and surrounding healthy tissue (within 1 cm around tumor) were collected during the operation. The present study was approved by the Ethics Committee of Tianjin Medical University Cancer Institute and Hospital, and all patients provided written informed consent.

Cell lines and cell culture. Human melanoma cell lines C32 and SK-MEL-28, and the normal skin cell line CCD-1059Sk were all purchased from American Type Culture Collection (Manassas, VA, USA). Cell culture was performed according to manufacturer's protocol in Eagle's minimum Essential medium (EMEM; American Type Culture Collection) containing 10\% fetal bovine serum (FBS, Sigma-Aldrich; Merck KGaA, Darmstadt, Germany). Cells were harvested during the logarithmic growth phase for subsequent experiments.

Reverse transcription-quantitative polymerase chain reaction ( $R T-q P C R$ ). Total RNA was extracted from tumor tissues, adjacent healthy tissues and cells using TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA). Tissues were ground in liquid nitrogen before the addition of TRIzol reagent. RNA quality was determined using a NanoDrop ${ }^{\text {TM }}$ 2000 Spectrophotometer (Thermo Fisher Scientific, Inc.), and only RNA samples with a A260/A280 ratio between 1.8 and 2.0 were used to synthesize cDNA via reverse transcription using SuperScript III Reverse Transcriptase (Thermo Fisher Scientific, Inc.). Reaction conditions for reverse transcription were: $65^{\circ} \mathrm{C}$ for $5 \mathrm{~min}, 50^{\circ} \mathrm{C}$ for 50 min and $85^{\circ} \mathrm{C}$ for 5 min . A qPCR reaction system was prepared using cDNA and SYBR ${ }^{\circledR}$-Green Real-Time PCR Master mix (Thermo Fisher Scientific, Inc.). Following primers were used in the PCR reactions: 5'-TGAGCTCTCAGG AGGGAGGATGG-3' (forward) and 5'-TTGTCACGTCCA CCGGACCTG-3' (reverse) for H19; 5'-GACCTCTATGCC AACACAGT-3' (forward) and 5'-AGTACTTGCGCTCAGGA GGA-3' (reverse) for $\beta$-actin. The qPCR thermocycling conditions were as follows: $95^{\circ} \mathrm{C}$ for 42 sec , followed by 40 cycles of $95^{\circ} \mathrm{C}$ for 10 sec and $60^{\circ} \mathrm{C}$ for 35 sec . Data were analyzed using the $2^{-\Delta \Delta \mathrm{Cq}}$ method (12), and the relative expression levels of H19 were normalized to those of the endogenous control $\beta$-actin.

Establishment of H19 small interfering (si)RNA silencing cell lines. H19 siRNA silencing cell lines were constructed using commercial siRNAs. Silencer ${ }^{\text {TM }}$ Select Negative Control No. 1 siRNA (cat. no. 4390843; Thermo Fisher Scientific, Inc.) and H19 siRNA (cat. no. 1299001; Thermo Fisher Scientific, Inc.) were used. Prior to transfection, cells were cultured EMEM containing $10 \%$ FBS overnight to reach $80-90 \%$ confluence. Lipofectamine 2000 ${ }^{\text {TM }}$ reagent (cat. no. 11668-019; Invitrogen, Thermo Fisher Scientific, Inc.) was used to transfect 40 nM siRNA into $5 \times 10^{5}$ cells by incubation with the cells at $37^{\circ} \mathrm{C}$ in a $\mathrm{CO}_{2}$ incubator for 4 h according to the manufacturer's protocol, followed by incubation in RPMI-1640 medium (Hyclone; GE Healthcare Life Sciences, Logan, UT, USA) at $37^{\circ} \mathrm{C}$ for 48 h prior to subsequent experimentation.

Cell proliferation assay. Cell proliferation ability was measured using a Cell Counting kit-8 (CCK-8; Sigma-Aldrich; Merck KGaA) according to the manufacturer's protocol. Briefly, $100 \mu \mathrm{l}$ cell suspension containing $2 \times 10^{4}$ cells was transferred to each well of a 96-well plate. CCK-8 solution ( $10 \mu \mathrm{l}$ ) was added into each well for cell culture for 24,48 , 72 and 96 h . Following incubation at $37^{\circ} \mathrm{C}$ for a further 4 h , the optical density values were measured at a wavelength of 450 nm using a microplate reader (Bio-Rad Laboratories, Inc., Hercules, CA, USA).

Wound-healing assay. Cells were seeded into a 24 -well plate at $1 \times 10^{5}$ cells per well. Once cell adhesion was reached (following 48 h ), a pipette tip was used to scratch the cells. Cells were washed with PBS and cultured in an incubator $\left(37^{\circ} \mathrm{C}\right.$, $5 \% \mathrm{CO}_{2}$ ) for 24 h to reach $\sim 70-80 \%$ confluence. Cell migration was observed under an inverted microscope (Olympus Corporation, Tokyo, Japan), 10 fields of view were randomly selected and images were obtained. ImagePro Plus version 5.0 software (National Institutes of Health, Bethesda, MD, USA) was used to analyze all images.

Cell invasion assay. Transwell cell invasion assay (BD Biosciences, Franklin Lakes, NJ, USA) was performed to measure the cell invasion ability. The upper chamber was pre-coated with Matrigel (cat. no. 356234; EMD Millipore, Billerica, MA, USA) and filled with serum-free RPMI-1640 medium (Thermo Fisher Scientific, Inc.) containing $5 \times 10^{4}$ cells. RPMI- 1640 medium containing $20 \%$ fetal calf serum (Sigma-Aldrich, Merck KGaA) was used to fill the lower chamber. Following incubation at $37^{\circ} \mathrm{C}$ for 24 h , membranes were collected and stained with $0.5 \%$ crystal violet (Sigma-Aldrich; Merck KGaA) at room temperature for 20 min . A total of 10 fields of vision were randomly selected and stained cells were counted under an optical microscope (Olympus Corporation).

Western blotting. Following protein extraction using radioimmunoprecipitation assay buffer (Thermo Fisher Scientific, Inc.), the concentration of protein samples was measured using a Bicinchoninic Acid assay. Then, $10 \%$ SDS-PAGE gel electrophoresis was performed using $30 \mu \mathrm{~g}$ of protein from each sample, followed by transfer to a polyvinylidene difluoride membrane under 25 V for 1 h . Blocking was performed using 5\% skimmed milk at room temperature
for 1 h . Following washing with TBST ( $0.1 \%$ Tween-20), membranes were then incubated with the corresponding primary antibodies including rabbit anti-phosphorylated (p)-phosphoinositide 3-kinase (PI3K) antibody (1:2,000; cat. no. ab182651; Abcam, Cambridge, UK), anti-PI3K antibody (1:2,000; cat. no. ab5451; Abcam), anti-p-protein kinase B (AKT) antibody ( $1: 2,000$; cat. no. ab18206; Abcam), anti-AKT antibody (1:2,000; cat. no. ab126811; Abcam), anti-inhibitor of nuclear factor $\kappa \beta$ ( $\mathrm{I} \kappa \mathrm{B} \alpha$ ) antibody (1:1,000; cat. no. ab76429; Abcam), anti-NF-кB p65 antibody (1:1,000; cat. no. ab16502; Abcam), anti-NF-кB p50 antibody (1:1,000; cat. no. ab32360; Abcam) and anti- $\beta$-actin primary antibody ( $1: 1,000$; cat. no. ab8226; Abcam) overnight at $4^{\circ} \mathrm{C}$. Following washing with PBS, membranes were further incubated with anti-rabbit IgG-horseradish peroxidase secondary antibody (1:1,000; cat. no. MBS435036; MyBioSource, San Diego, CA, USA) at room temperature for 1 h . Membranes were then washed with TBST and signals were detected using an enhanced chemiluminescence substrate (Sigma-Aldrich; Merck KGaA) method. Relative expression levels of each protein were normalized to the endogenous control, $\beta$-actin, using ImageJ 1.8.0 software (National Institutes of Health).

Statistical analysis. SPSS software version 19.0 (IBM Corp., Armonk, NY, USA) was used for all statistical analyses. Each experiment was performed three times, and results are presented as the mean $\pm$ standard deviation. Data between two groups were analyzed by Student's t-test and multiple comparisons were analyzed by one way analysis of variance with a least significant difference post hoc test. $\mathrm{P}<0.05$ was considered to indicate a statistically significant difference.

## Results

H19 is upregulated in melanoma tumor tissue compared with adjacent healthy tissue. RT-qPCR was performed to detect the mRNA expression of H19 in the tumor and adjacent healthy tissues of 49 patients with melanoma. As shown in Fig. 1, compared with adjacent healthy tissues, the mRNA expression levels of H19 were significantly increased in the cancerous tissues of 47 of 49 patients ( $\mathrm{P}<0.05$ ), suggesting the potential involvement of H 19 in the development of melanoma.

Expression of H19 increases with the development of melanoma. Patients were divided into different stages according to their tumor thickness. As shown in Fig. 2, the expression levels of H19 RNA in tumor tissues were significantly higher in patients with stage II than in patients with stage I ( $\mathrm{P}<0.05$ ). Similarly, the expression levels of H19 RNA in tumor tissues were also significantly higher in patients with stage III compared with patients with stage II ( $\mathrm{P}<0.05$ ). These results suggested that the expression of H 19 was greater with increasing stages of melanoma.

H19 knockdown inhibits the proliferation, migration and invasion of melanoma cells. As shown in Fig. 3A, compared with the normal skin cell line CCD-1059Sk, expression levels of H19 RNA were significantly increased in the human melanoma cell line C32 and SK-MEL-28 ( $\mathrm{P}<0.05$ ). Following siRNA transfection, the expression levels of H19 RNA were significantly


Figure 1. Expression of H19 RNA in tumor and adjacent healthy tissues of 49 patients with melanoma. ${ }^{*} \mathrm{P}<0.05$ vs. adjacent healthy tissue.


Figure 2. Expression of H19 RNA in patients with different stages of melanoma. ${ }^{*} \mathrm{P}<0.05$ vs. stage I; ${ }^{\#} \mathrm{P}<0.05$ vs. stage II.
reduced in the C32 and SK-MEL-28 cell lines ( $\mathrm{P}<0.05$; Fig. 3A). As shown in Fig. 3B, downregulation of H19 significantly reduced the proliferation ability of C32 and SK-MEL-28 cells ( $\mathrm{P}<0.05$ ). Similarly, downregulation of H 19 also significantly reduced the migration and invasion ability of C32 and SK-MEL-28 (P<0.05; Fig. 3C and D). The data suggested that H19 knockdown inhibited the proliferation, migration and invasion of melanoma cells.

H19 siRNA silencing inhibits the activation of the $N F-\kappa B$ signaling pathway. It has been well established that the NF- $\kappa$ B signaling pathway may be activated by the PI3K/Akt signaling pathway via the degradation of $\mathrm{I}_{\kappa} \mathrm{B} \alpha$. As shown in Fig. 4, no differences in the expression levels of PI3K and Akt were observed between control cells and cells transfected with siRNA. Compared with cells without siRNA transfection, the expression levels of p-PI3K and p-Akt were decreased in cells transfected with siRNA, indicating inactivation of the PI3K/Akt signaling pathway following H19 knockdown. In addition, compared with cells without siRNA transfection, expression levels of the $\mathrm{I}_{\kappa} \mathrm{B} \alpha$ protein were increased in cells with siRNA transfection, indicating reduced degradation of I B $\alpha$ following H19 knockdown. These data suggested that H19 knockdown inactivated the PI3K/Akt signaling pathway, which in turn inhibited the activation of the NF-кB signaling pathway.
$H 19$ inhibits the expression of $N F-\kappa B \quad p 65$ and p50. The expression of NF-кB p65 and p50 may be regulated by certain


Figure 3. Effects of H19 knockdown on the migration and invasion of melanoma cell lines. (A) Expression of H19 in different cell lines with different treatments. (B) Effects on the proliferation abilities of two melanoma cell lines following H19 knockdown. Effects on the (C) migration and (D) invasion of two melanoma cell lines following H19 knockdown (magnification, x20). ${ }^{*} \mathrm{P}<0.05$, as indicated. C, control; NC, negative control; CCD, CCD-1059SK; SK, SK-MEL-28; siRNA, small interfering RNA.

IncRNAs. Therefore, the effect of H19 knockdown on the expression levels of NF-кB p65 and p50 were investigated. As shown in Fig. 5, compared with the cells without siRNA transfection, expression levels of NF-кB p65 and p50 were
decreased in cells following siRNA transfection. These data suggested that H19 knockdown inhibited the NF- $\kappa \mathrm{B}$ signaling pathway by downregulating the expression levels of NF-кB p65 and p50.


Figure 4. Western blotting demonstrated the effects of H19 knockdown on the expression levels of NF-кB signaling pathway-associated proteins. Expression levels of p-PI3K, PI3K, p-AKT, AKT and $\mathrm{I} \kappa \mathrm{B} \alpha$ were measured. NF-кB, nuclear factor кB; p-, phosphorylated; PI3K, phosphoinositide 3-kinase; AKT, protein kinase B; IкB $\alpha$, inhibitor of nuclear factor $\kappa B$; siRNA, small interfering RNA.


Figure 5. Western blotting demonstrated the effects of H19 knockdown on the expression of NF-кB p65 and p50. NF- $\kappa$ B, nuclear factor $\kappa$ B.

## Discussion

Previous studies have demonstrated that the development of melanoma is accompanied by alterations in the expression levels of various lncRNAs (13-15). The expression levels of lncRNA urothelial cancer associated 1 and metastasis associated lung adenocarcinoma transcript 1 have been reported to be significantly increased along with the development of melanoma, and the expression of these two lncRNAs were significantly associated with the treatment outcomes and prognosis of this disease (14). By contrast, IncRNA growth arrest specific 5 (GAS5) may serve a role as an anticancer factor in melanoma by regulating gelatinase A and B , and the overexpression of lncRNA GAS5 significantly inhibited the development of this disease (16). As an oncogene, H19 was upregulated in patients with different types of cancers (17-19). However, the expression pattern of H19 in patients with melanoma remains unknown. In the present study, the expression levels of H19 were observed to be significantly higher in tumor tissues than in the adjacent healthy tissues of 47 out of

49 patients with melanoma. In addition, the expression of H19 was also revealed to be significantly increased along with the stage development of melanoma. These data suggested that H19 may be involved in the development of melanoma.

Numerous studies have shown that $\operatorname{lncRNA}$ H19 participates in different human cancers primarily by promoting tumor metastasis. In a study of gastric cancer, Zhou et al (20) reported that H 19 negatively regulated the expression of microRNA (miR)-141, which in turn promoted the proliferation and invasion of cancer cells. In another study, H19 was demonstrated to serve pivotal roles in regulating the invasion of glioma cells, and this function of H 19 was associated with miR-675 derived from H19 (21). A previous study on cholangiocarcinoma reported that the expression levels of H 19 were upregulated by oxidative stress, and the increased expression level of H 19 promoted the migration and invasion of tumor cells by targeting interleukin- 6 and C-X-C chemokine receptor type 4 (22). In the present study, the effects of H 19 on the development of melanoma was investigated using H19 knockdown via siRNA transfection. Proliferation, invasion and migration abilities of melanoma cells were revealed to be significantly reduced following siRNA transfection. These data suggested that H19 served a role as an oncogene in the development of melanoma, and the downregulation of H19 may inhibit the progression of tumors by reducing the invasion of migration abilities of tumor cells.

As a key factor in cancerogenesis, the NF- $\kappa \mathrm{B}$ signaling pathway has important functions in almost every step of the initiation, development and progression of tumorigenesis (23). It has been reported that the NF- $\kappa \mathrm{B}$ signaling pathway interacts with H 19 to perform its biological functions (24). It is also well known that $\mathrm{I}_{\kappa} \mathrm{B} \alpha$ degradation mediated by the activation of the PI3K/Akt signaling pathway may lead to the activation of the NF-кB signaling pathway $(25,26)$. In the present study, no obvioust differences in the expression levels of PI3K and Akt were identified between melanoma cells with and without H19 knockdown. However, phosphorylation levels of PI3K and Akt were decreased, and the expression levels of Iк $\mathrm{B} \alpha$ were increased in melanoma cells with H19 knockdown than in cells without H19 knockdown. These data suggested that H19 knockdown may inactivate the PI3K/Akt signaling pathway, which in turn may lead to the inactivation of the NF-кB signaling pathway.

In conclusion, H19 was upregulated in melanoma tumor tissue. Downregulation of H19 inhibited the proliferation, migration and invasion of melanoma cells, and the function of H19 in melanoma may be achieved by the inhibition of the NF-кB signaling pathway via the inactivation of the PI3K/Akt signaling pathway. However, the present study may be limited by the small sample size. Thus, further studies with larger sample sizes are required to further confirm these conclusions.

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