Abstract. Myocardial infarction (MI) is associated with a high risk of mortality and is a major global health concern. The present study aimed to investigate the protective effects of (3R)-5,6,7-trihydroxy-3-isopropyl-3-methylisochroman-1-one (TiM) against MI induced by isoproterenol (ISO) in a rat model and the underlying mechanisms. Wistar rats were assigned to 4 groups (n=10): The control group received saline treatment; the ISO group received an intraperitoneal injection of ISO (100 mg/kg); and the TiM (low) and TiM (high) groups received an intraperitoneal injection of ISO, plus a 1 and 2 mg/kg dose of TiM orally, respectively. TiM rats were treated with TiM daily for 12 days and received ISO injections on the final 2 days to induce MI. Cardiac function, apoptosis index and protein expression were subsequently determined. The levels of oxidative stress markers were determined by ELISAs, whereas DNA damage was detected using a Cell Death Detection ELISA kit. Gene and protein expression were determined via reverse transcription-quantitative polymerase chain reaction and western blot analyses, respectively. Following treatment with ISO, the maximum left ventricular contraction/relaxation velocity and left ventricular systolic pressure were significantly decreased, whereas the left ventricular end-diastolic pressure was increased; however, treatment with TiM significantly ameliorated ISO-induced cardiac dysfunction. Additionally, TiM treatment significantly decreased oxidative stress and inhibited the apoptosis of cardiomyocytes, as determined by a decrease in caspase activities, increased expression of B-cell lymphoma 2 (Bcl-2) and reduced expression of cleaved caspase-3, cleaved caspase-9 and Bcl-2-associated X. Furthermore, treatment with TiM upregulated the levels of apelin in the plasma and myocardium of ISO-treated rats. The results indicated that TiM protected cardiomyocytes against ISO-induced MI, potentially via the apelin/apelin receptor signaling pathway. The results of the present study suggested that TiM may be a potential novel therapy for the treatment of MI.

Introduction

Myocardial infarction (MI) is one of the leading causes of cardiac-associated mortality globally, and is accompanied by cardiomyocyte apoptosis, inflammation and cardiac fibrosis, leading to an increased risk of adverse cardiac events and eventual heart failure (1-3). Clinical management of MI has notably improved; however, MI and the associated complications remain major causes of morbidity and mortality (4). Therefore, the identification of novel therapeutic strategies is important for improving cardiac function following MI.

Isoproterenol (ISO), a synthetic catecholamine and β-adrenergic agonist, is frequently used in preclinical studies to induce MI in rats (5). Treatment with ISO induces severe oxidative stress in the myocardium and subsequent infarct-like necrosis of the heart muscles in rats, which is accompanied by decreased cardiac function and the increased apoptosis of cardiomyocytes (6,7). The ISO-induced rat model of MI has been widely validated and exhibits the greatest similarity to the symptoms of MI in clinical settings (8). This model of MI has been extensively used to investigate potential cardioprotective drugs (9,10).

Identified in 1998, apelin is the endogenous ligand of the G-protein-coupled apelin receptor (APJ) and is expressed in various organs, including the heart, lung, liver and brain (11). In clinical settings, the plasma levels of apelin have been reported to decrease in patients with cardiac dysfunction (12,13); however, patients with a ventricular assist device exhibited marked increases in apelin levels in the left ventricle (14). A previous study demonstrated that the apelin/APJ signaling...
pathway was involved in the maintenance of cardiac function; apelin treatment protected the heart in a rat model of ischemia/reperfusion injury (15). Therefore, the apelin/APJ signaling pathway may be a novel target in the treatment of heart failure.

There has been a notable increase in the use of herbs and their extracts to treat diseases in previous decades (16,17). A novel compound isolated from *Alpinia katsumadai* Hayata, (3R)-5,6,7-trihydroxy-3-isopropyl-3-methylisochroman-1-one (TIM; Fig. 1A) exhibited potent cardioprotective effects in a recent study, reducing lipotoxic acid-induced damage in rat cardio myoblast cells via the inhibition of oxidative stress (18). Further investigation into the cardioprotective efficacy of TIM may reveal the compound to be a potential therapy in the treatment of cardiovascular diseases. The aim of the present study was to determine the effects of TIM on ISO-induced cardiac dysfunction in rats and the underlying mechanisms.

**Materials and methods**

**Materials.** A total of 50 male Wistar rats (3-4 months old, 180-220 g) were purchased from Beijing Vital River Laboratory Animal Technology, Co., Ltd. (Beijing, China), provided with *ad libitum* access to food and water, and housed at 21±2°C with 60±5% humidity under a standard 12-h light/dark cycle. All animal experiments were performed in accordance with the Chinese Legislation on the Use and Care of Laboratory Animals (19), and approved by the Ethical Committee on Animal Care and Use of Jilin University (Changchun, China). Lactate dehydrogenase (LDH; cat. no. A020-2), malondialdehyde (MDA; cat. no. A003-1), glutathione (GSH; cat. no. A006-2) and superoxide dismutase (SOD; cat. no. A001-3) assay kits were purchased from Jiancheng Bioengineering Institute (Nanjing, China). Caspase-3/9 activity assay kits [cat. no. CASP3C (Caspase-3); cat. no. APT173 (Caspase-9)] and ISO (cat. no. 1351005) were purchased from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany). A Cell Death Detection ELISApplus kit (cat. no. 11544675001) was purchased from Roche Applied Science (Penzberg, Germany) to determine DNA fragmentation. A Cytochrome-c assay kit (cat. no. MCTC0) was purchased from R&D Systems, Inc. (Minneapolis, MN, USA). An apelin-12 immunoassay kit (cat. no. EK-057-23) was obtained from Phoenix Pharmaceuticals Inc. (Belmont, CA, USA). Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) Power SYBR® Green Master Mix (cat. no. 4367659) was purchased from Thermo Fisher Scientific, Inc. (Waltham, MA, USA). TIM was isolated and identified by Professor Lin from Shantou University Medical College (Shantou, China), and kindly provided by Professor Lin for use in the present study (20). Sodium carboxymethyl cellulose (CMC-Na) is widely used in the food and pharmaceutical industries due to its high viscosity and minimal toxicity (21); TIM was suspended in CMC-Na (Changshu Wealthy Science and Technology Co., Ltd, Changshu, China) prior to treatment. The doses of TIM used in the present study were determined based on a preliminary study. In the preliminary study, the protective activities of TIM were investigated using five doses (0.5, 1, 2, 5 and 10 mg/kg; n=3/group); it was revealed that 0.5 mg/kg TIM possessed no protective effects, whereas 5 and 10 mg/kg TIM induced weight loss in addition to improving cardiac function in the ISO-induced MI model (data not shown). TIM (1 or 2 mg/kg) effectively protected against ISO-induced heart dysfunction without effects on body or heart weight. Therefore, 1 and 2 mg/kg were selected for subsequent experiments. All other chemicals used in the present study were of analytical grade and purchased from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China).

**Experimental procedures.** Acute MI was induced via daily intraperitoneal injection of ISO (100 mg/kg) into rats for 2 consecutive days. Rats were randomly assigned to four groups (n=10/group) and treated for 12 days: The normal control group was treated with saline orally for 12 days and by intraperitoneal injection for the final 2 days; the ISO group was treated with saline orally for 12 days and injected with ISO on the final 2 days; and the TIM (low) and TIM (high) groups, were treated daily with TIM (1 and 2 mg/kg, respectively) orally for 12 days and then injected with ISO on the final 2 days. Body weight was measured every 2 days.

**Measurement of heart function.** Blood pressure was recorded 48 h following the first ISO injection using a computerized, non-invasive tail-cuff system. Rats were subsequently anesthetized using a mixture of ketamine (40 mg/kg), xylazine (8 mg/kg) and acepromazine (1 mg/kg), and left ventricular function was measured by inserting a heparin-filled catheter (500 U/ml) into the left ventricle. Left ventricular systolic pressure (LVSP), left ventricular end-diastolic pressure (LVEDP) and maximum left ventricular contraction/relaxation velocity (±LV dp/dtmax) were recorded using a BL-420E monitor system.

**Sample collection.** Following measurement of cardiac function, blood samples (500 µl) were collected from the hearts of anesthetized rats. Rats were subsequently sacrificed via inhalation of CO₂ for a minimum of 5 min using a flow rate of 2.1/min in a 10 l chamber. Rats were kept in the chamber until a heartbeat could no longer be felt. Mortality was confirmed by removal of the heart. Following sacrifice, the heart weight was recorded, and myocardial tissues from the injured areas of the hearts were collected and washed with ice-cold physiological saline for further analysis. The heart index was defined as the heart weight/body weight ratio.

**Immunoassay measurement.** The myocardial tissues were homogenized on ice. The homogenate was centrifuged at 6,000 x g for 20 min at 4°C, the supernatant was collected and the protein concentration was quantified using the Bradford assay. Apelin, cytochrome-c, LDH, MDA, SOD and GSH were measured with the corresponding assay kits according to the manufacturers' protocols.

**DNA fragmentation assay.** DNA fragmentation was determined using a Cell Death Detection ELISApplus kit. The myocardial tissues were lysed for 30 min at room temperature, and then the homogenate was centrifuged for 10 min at 2,000 x g at 4°C. Supernatant (20 µl) was incubated with a mixture of anti-DNA-peroxidase and anti-histone-biotin for 30 min at room temperature. Following the addition of...
2,2'-azino-bis (3-ethylbenzthiazoline-6-sulfonic acid) as the substrate for 20 min at room temperature, the levels of peroxidase in the immunocomplex were quantified. The absorbance at 405 nm was detected using a microplate reader.

Caspase activity measurement. The homogenate from myocardial tissues was analyzed for caspase-3 and caspase-9 activity using assay kits, according to the manufacturer’s protocols.

RT-qPCR. Total RNA was extracted from myocardial tissues using TRizol® (Thermo Fisher Scientific, Inc.). mRNA was then reverse transcribed into cDNA using the iScript™ Reverse Transcription Supermix kit (Bio-Rad Laboratories, Inc., Hercules, CA, USA). RT was conducted as follows: 25°C for 5 min; 46°C for 20 min; and 95°C for 1 min). qPCR was performed using SYBR® Green Supermix (Bio-Rad Laboratories, Inc) as follows: 95°C for 10 min, and 40 cycles of 95°C for 15 sec and 60°C for 60 sec. The expression levels of target genes were determined using the 2-ΔΔCq method (22).

mRNA expression was normalized to the housekeeping gene β-actin. The gene-specific primer sequences were as follows: apelin, forward, 5’-GTG aacG ccc aGa acT TcG aG-3’ and reverse, 3’-caG cGa Taa caG GTG caa Ga-5’; aPJ, forward, 5’-TGT acG cca GTG TcT TTT Gc-3’ and reverse, 3’ -cTG TTT Tcc GGG aTG Tca GT-5’; and β-actin, forward, 5’-aGc cTaT GTa cGT aGc caT cc-3’ and reverse, 3’ -cTc Tca GcT GTG GTG GTG aa-5’. The experiment was repeated three times.

Western blotting. Total cellular and nuclear protein was extracted from the myocardial tissues using NE-PER™ Nuclear and Cytoplasmic Extraction Reagents (Thermo Fisher Scientific, Inc.). Protein concentration was determined using the Bradford method. Following boiling, protein (50 µg/lane) was separated via 4-12% SDS-PAGE and then transferred onto polyvinylidene difluoride membranes. The membranes were blocked with 1% bovine serum albumin (cat. no. A9306; Sigma-Aldrich; Merck KGaA) for 1 h at room temperature, and then incubated overnight at 4°C with the following primary antibodies (Abs): Anti-cleaved caspase-3 rabbit monoclonal (m)Ab (1:1,000; cat. no. #9664; Cell Signaling Technology, Inc., Danvers, MA, USA); anti-cleaved caspase-9 rabbit polyclonal (p)Ab (1:500; cat. no. C7729; Sigma-Aldrich; Merck KGaA); anti-B-cell lymphoma 2 (Bcl-2) rabbit pAb (1:1,000; cat. no. ab196495; Abcam, Cambridge, UK); anti-Bcl-2-associated X protein (Bax) rabbit mAb (1:2,000; cat. no. ab182733; Abcam); anti-nuclear factor-like 2 (Nrf2) rabbit pAb (1:1,000; cat. no. ab92946; Abcam); anti-Apelin rabbit pAb (1:1,000; cat. no. ab196495; Abcam); anti-Bcl-2-associated X protein (Bax) rabbit mAb (1:2,000; cat. no. ab182733; Abcam); anti-Lamin B1 rabbit mAb (1:3,000; cat. no. ab133741; Abcam); anti-nicotinamide adenine dinucleotide phosphate (NADPH) oxidase 4 rabbit pAb (1:3,000; cat. no. ab133741; Abcam); anti-Lamin B1 rabbit mAb (1:3,000; cat. no. ab133741; Abcam); and anti-β-actin rabbit pAb (1:3,000; cat. no. ab2227; Abcam). Following washing with PBS-0.1% Tween-20 (PBS-T), membranes were incubated with horseradish peroxidase-conjugated goat anti-rabbit secondary antibody (1:8,000; cat. no. ab6721; Abcam) for 1 h at room temperature. Membranes were then washed three times with PBS-T and visualized using an enhanced chemiluminescence system (Bio-Rad Laboratories, Inc.).

Statistical analysis. All data were presented as the mean ± standard deviation (n=3). SPSS version 13.0 software (SPSS, Inc., Chicago, IL, USA) was used for data analysis. The normality of data was determined using a
Kolmogorov-Smirnov test. Differences between two groups were analyzed using t-tests; differences between >2 groups were analyzed using one-way analyses of variance followed by a Dunnett’s test. P<0.05 was considered to indicate a statistically significant difference.

Results

Effects of TIM on the body and heart weights of rats. Rats with ISO-induced MI were treated with low and high doses of TIM. Compared with the control, there were no significant differences in the body weight, heart weight or heart index of rats following ISO or TIM treatment (Fig. 1).

TIM enhances cardiac function following MI in rats. ISO treatment significantly altered cardiac function; the blood pressure, ±LV dp/dt max, and LVSP of ISO rats were significantly decreased compared with the control, whereas the LVEDP was significantly increased (Fig. 2). Conversely, treatment with 1 and 2 mg/kg TIM significantly increased blood pressure, ±LV dp/dt max and LVSP, and decreased the LVEDP of rats compared with ISO treatment alone (Fig. 2).

TIM treatment protects cardiomyocytes against ISO-induced MI. ISO treatment induced severe damage to cardiomyocytes, as determined by the significant increases in LDH levels, cytochrome-c release and DNA damage compared with the control; however, TIM treatment significantly ameliorated these effects (Fig. 3A-C). Furthermore, ISO treatment significantly increased the activity of caspases, upregulated the expression of cleaved caspase-3, cleaved caspase-9 and Bax, and downregulated the expression of Bcl-2; treatment with TIM induced the opposite effect (Fig. 3D and E).

Treatment with TIM reduces oxidative stress. Oxidative stress in myocardial tissue was determined by the levels of MDA and GSH, the activity of SOD, and the protein expression of NADPH oxidase 4 and Nrf2. Compared with normal control rats, oxidative stress was significantly induced following ISO treatment, with increased levels of MDA, reduced activity of SOD and decreased levels of GSH (Fig. 4A-C). Conversely, treatment with TIM significantly reduced MDA levels, and increased the levels of GSH and the activity of SOD, when compared with ISO treatment alone. Furthermore, TIM treatment markedly downregulated NADPH oxidase 4, and increased total and nuclear Nrf2 protein expression (Fig. 4D and E).

TIM increased apelin and API. Compared with the control, the plasma and myocardial levels of apelin were significantly decreased following ISO treatment; however, treatment with TIM increased apelin levels when compared with ISO treatment alone (Fig. 5A and B). Furthermore, treatment with TIM eliminated the ISO-induced decreases in the expression of apelin and API mRNA and protein (Fig. 5C and D).

Discussion

Numerous medicinal products have been derived from herbal plants (23). TIM is a novel compound isolated from Alpinia katsumadai Hayata that exhibited cardioprotective effects against lipoteichoic acid-induced damage in rat cardiomyoblast cells via the inhibition of oxidative stress (18).
In the present study, it was demonstrated that TiM protected cardiomyocytes against ISO-induced MI, potentially via the apelin/APJ signaling pathway. Injection with ISO induced severe cardiac dysfunction in rats; however, treatment with TiM ameliorated left ventricular contractile dysfunction, as determined by increased blood pressure, ±LV dp/dt max and LVSP, and decreased LVEDP. These findings suggested that TiM improved cardiac function in ISO-treated rats.

Cardiomyocyte apoptosis serves an important role in the progression of cardiac dysfunction in acute and long-term settings following MI; apoptosis reduces the number of normal contractile cardiomyocytes, leading to adverse ventricular remodeling (24,25). Drugs that prevent cardiomyocyte apoptosis, including angiotensin II receptor antagonists and β-blockers, have been reported to be effective in the treatment of heart failure, providing a potential target in the prevention of pathological progression (26,27). As a principal cytotoxic lesion, DNA double-strand breaks are frequently investigated to determine cytotoxicity (28,29). The levels of caspase-3 and caspase-9 activity have been used to evaluate apoptosis (30). Additionally, two important members of the Bcl-2 family, Bcl-2 and Bax, are directly associated with the regulation of apoptosis; Bcl-2 inhibits cell apoptosis, whereas Bax promotes apoptosis, and the

Figure 3. TiM treatment protects cardiomyocytes against ISO-induced MI. Levels of (A) LDH, (B) cytochrome-c, (C) DNA damage and (D) caspase-3/9 activity following ISO-induced MI and treatment with TiM. (E) Representative western blot of cleaved caspases-3 and -9, Bax and Bcl-2 following ISO-induced MI and treatment with TiM. Data are presented as the mean ± standard deviation. Samples were measured in triplicate. Data distributions were analyzed using a Kolmogorov-Smirnov test. ""P<0.01 vs. control; *P<0.05 and **P<0.01 vs. ISO. Bcl-2, B-cell lymphoma 2; Bax, Bcl-2-associated X protein; ISO, isoproterenol; LDH, lactate dehydrogenase; MI, myocardial infarction; TiM, (3R)-5,6,7-trihydroxy-3-isopropyl-3-methylisochroman-1-one.
Figure 4. TIM treatment reduces oxidative stress in rat cardiomyocytes following ISO-induced MI. Levels of (A) MDA, (B) SOD activity and (C) GSH following ISO-induced MI and treatment with TIM. (D and E) Representative western blot of NADPH oxidase 4, and total and nuclear Nrf2 protein expression following ISO-induced MI and treatment with TIM. Data are presented as the mean ± standard deviation. Samples were measured in triplicate. Data distributions were analyzed using a Kolmogorov-Smirnov test. ##P<0.01 vs. control; *P<0.05 and **P<0.01 vs. ISO. GSH, glutathione; ISO, isoproterenol; MDA, malondialdehyde; MI, myocardial infarction; NADPH, nicotinamide adenine dinucleotide phosphate; Nrf2, nuclear factor-like 2; SOD, superoxide dismutase; TIM, (3R)-5,6,7-trihydroxy-3-isopropyl-3-methylisochroman-1-one.

Figure 5. TIM treatment increases the expression of apelin and APJ. (A) Plasma and (B) myocardial levels of apelin following ISO-induced MI and treatment with TIM. Expression of apelin and APJ (C) mRNA and (D) protein following ISO-induced MI and treatment with TIM. Data are presented as the mean ± standard deviation. Samples were measured in triplicate. Data distributions were analyzed using a Kolmogorov-Smirnov test. ##P<0.01 vs. control; *P<0.05 and **P<0.01 vs. ISO. APJ, apelin receptor; ISO, isoproterenol; MI, myocardial infarction; TIM, (3R)-5,6,7-trihydroxy-3-isopropyl-3-methylisochroman-1-one.
Bcl-2/Bax ratio of cells determines their fate following apoptotic stimulation (31-33). In the present study, injecting rats with ISO induced cardiomyocyte damage, characterized by DNA damage, increased levels of caspase-3/9 activity, marked downregulation of Bcl-2 expression and upregulation of Bax expression. By contrast, these ISO-induced effects were ameliorated by TIM treatment, indicating that TIM may protect myocardial cells against apoptosis in vivo.

Increased oxidative stress was observed in the myocardium following treatment with ISO. Oxidative stress affects various biological macromolecules and suppresses cellular functions (34,35). NADPH oxidase 4 is expressed primarily in the mitochondria of cardiac myocytes (36). It was reported that cardiac hypertrophy and apoptosis were attenuated, and improved cardiac function was observed in NADPH oxidase 4-deficient mice compared with wild-type mice in a pressure overload model (37). Conversely, overexpression of NADPH oxidase 4 in mouse heart tissue exacerbated cardiac dysfunction, fibrosis and apoptosis in response to pressure overload, indicating that NADPH oxidase 4 was a major source of oxidative stress in the failing heart, thereby mediating mitochondrial and cardiac dysfunction (37). Oxidative stress-induced damage has been hypothesized to be a major pathogenic mechanism underlying numerous disorders, and previous studies have reported that supplementation of external antioxidants may be an effective strategy to maintain the balance between antioxidative and intracellular oxidative systems (38,39). Nrf2 is important in cell defense against oxidative stress; it is inactive in the cytoplasm when bound to Kelch-like ECH-associated protein 1 (Keap1), but is released from Keap1 upon activation and moves into the cell nucleus (40). Nrf2 then binds with antioxidant response elements and induces the expression of cytoprotective targets, including antioxidant proteins, phase II detoxifying enzymes and molecular chaperones (41). In the present study, treatment with TIM upregulated cytoplastmic and nuclear Nrf2 expression in cardiac tissue, which was accompanied by reductions in MDA levels and the protein expression of NADPH oxidase 4, and increased SOD activity and GSH levels. These results indicated that TIM may induce antioxidative gene expression to restore oxidative homeostasis.

Identified as an endogenous ligand of the G-protein-coupled receptor APJ, apelin is expressed in various tissues, including the heart, where it exhibits potent hypotensive and positive inotropic properties, inducing endothelium- and nitric oxide-dependent vasodilatation (42,43). It was previously revealed that apelin-deficient mice developed progressive heart failure; however, exogenous administration of apelin exerted inotropic effects on animals (44). These findings were consistent with previous clinical observations that revealed that a disturbance in the endogenous apelin/APJ signaling pathway is associated with cardiac dysfunction in humans (45), indicating that the apelin/APJ pathway serves an important role in regulating cardiovascular homeostasis. An increasing body of evidence has indicated that apelin/APJ signaling functions as a critical mediator of cardiovascular homeostasis and is involved in the pathophysiology of cardiovascular diseases; targeting the apelin/APJ axis promotes cardioprotection against cardiovascular diseases (46,47). The results of the present study demonstrated that apelin levels were significantly decreased in the plasma and myocardium following ISO treatment; however, TIM treatment produced the opposite effects, and increased the mRNA and protein expression of apelin and API. These findings indicated that TIM may improve cardiac function via activation of the apelin/API signaling pathway.

In conclusion, it was demonstrated that TIM exerted cardioprotective effects in a rat model of ISO-induced MI, ameliorating cardiac dysfunction and inhibiting cardiomyocyte apoptosis. These effects may have been mediated at least partially via the apelin/API signaling pathway. These findings provide evidence for the development of TIM as a therapeutic agent in the treatment of MI.

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Availability of data and materials
The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions
PY and HY made substantial contributions to the conception and design of the study. Experiments were performed and analyzed by MD, LG and CZ. The manuscript was drafted by MD, PY and HY.

Ethics approval and consent to participate
All animal experiments were performed in accordance with the Chinese Legislation on the Use and Care of Laboratory Animals, and approved by the Ethical Committee on Animal Care and Use of Jilin University.

Patient consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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