Auxiliary genetic analysis in a Chinese adolescent NPH family by single nucleotide polymorphism screening

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Abstract. Hereditary nephropathy is a progressive fatal renal disease caused by genetic changes. In this study, genetic screening was used to reveal mutations in a family in Southern China, in which there are two patients with confirmed hereditary nephropathy, who are alive at the time of publication. Imaging tests, including color Doppler ultrasonography and magnetic resonance imaging (MRI), as well as pathological examinations, including hematoxylin- eosin staining, electron microscopy and immunohistochemistry were performed. Target sequencing of nephrosis 2 (NPHS2), wilms tumor 1 (WT1), phospholipase C ε 1 (PLCE1), actinin α 4 (ACTN4), angiotensin I converting enzyme (ACE), uromodulin (UMOD) and nephrocystin 1 (NPHP1) was also carried out. This study indicated that heterozygous genetic variants of NPHS2, WT1, ACTN4, PLCE1 and UMOD found in the patients were gene polymorphisms. A renal biopsy showed sclerosing glomerulonephritis, dilated tubules and lymphocyte/monocyte infiltration in the interstitium of the index patients. Genetic analysis showed vertical transmission of the disease-causing mutations, including a homozygous deletion in NPHP1 and a nonsense mutation in ACE found via PCR-based single nucleotide polymorphism screening. Further network analysis identified direct and indirect co-location genes between NPHP1 and ACE. To conclude, familial adolescent nephronophthisis was diagnosed in two index patients in this study. It is recommended that comprehensive gene mutation screening is used in the diagnosis of complex hereditary diseases.

Introduction

Hereditary nephropathy is a progressive fatal renal disease caused by genetic changes in the somatic or germ cells (1). The main types, as previously described, include: Glomerular diseases, such as focal segmental glomerular sclerosis (FSGS); renal cystic lesions, such as autosomal dominant polycystic kidney disease; and renal tubular diseases, such as nephronophthisis (NPH) (2). The proportion of nephropathy cases in China through 2003-2014 that were primary glomerulonephritis, secondary glomerulonephritis, tubulointerstitial disease or hereditary renal diseases was 67.1, 26.4, 2.9 and 2.5%, respectively (3). FSGS represents 20% of all nephrotic syndrome cases in children and is one of the five most common pathological changes in China, especially in Southern China, with a detection rate of 5.6% (4,5). However, kidney tubular disease such as NPH is also commonly observed in juvenile and adolescent subjects (6). Due to the non-specific pathological changes mentioned above, focal glomerular segmental sclerosis alone cannot be used to confirm the true pathogenic mechanism of FSGS. Therefore, genetic screening is adopted for diagnostic testing, especially for diagnosing patients with a history of genetic disease.

Genetic analysis has become a more accurate diagnostic method due to advances in medical technology and updating of the human genetic variation database (7,8). The single nucleotide polymorphism (SNP) technique for detecting single base pair changes plays a vital role in the diagnosis of a number of diseases, including kidney damage (9). One genetic mutation can lead to different phenotypic changes, while one phenotypic change could be induced by multiple gene mutations. High-throughput mutation analyses have found mutations in Wilms tumor 1 (WT1), actinin α 4 (ACTN4), nephrocystin 1 (NPHP1), nephrosis 2 (NPHS2), phospholipase C ε 1 (PLCE1), angiotensin I converting enzyme (ACE) and multidrug resis-

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**Abbreviations:** FSGS, focal segmental glomerular sclerosis; NPH, nephronophthisis; SNP, single nucleotide polymorphism; MRI, magnetic resonance imaging; LOH, loss of heterozygosity; MCKD, medullary cystic kidney disease

**Key words:** familial, adolescent, nephronophthisis, genetic screening, mutation, homozygous deletion
tance mutation 1 genes in patients with pathological changes in FSGS (2,10-12). Mutations in 15 genes, including nephrocystin 1-13, uromodulin (UMOD), Abelson helper integration site 1, and coiled-coil and C2 domain containing 2A have been found in patients with NPH worldwide (13-15). New mutation sites in the NPH population have been found with familial aggregation characteristics (13,16-19).

In the present study, a Chinese family with hereditary renal injury was screened, and SNPs of NPHS2, WT1, PLCE1, ACTN4, ACE, NPHP1 and UMOD were sequenced to explore the main causes of kidney damage and determine the genetic mutations in this Chinese family with hereditary nephropathy. This study also aimed to confirm the importance of genetic screening in the diagnosis of complex hereditary diseases.

Materials and methods

Familial data and sample collection. A total of 10 subjects (7 male and 3 female) were enrolled at the Guangzhou Red Cross Hospital between October and December 2012, the mean age of all patients was 27.90±19.92. The families of the affected patients were enrolled, and the families of non-affected siblings were also recruited for bias reduction. Full medical and family histories were collected for pedigree analysis. Blood and urine samples were collected from each patient. Routine and biochemical tests were performed. Levels of albumin, parathyroid hormone and inflammatory factors were determined. Color Doppler ultrasonography and magnetic resonance imaging (MRI) of the kidney were also performed. Percutaneous renal samples were collected guided by B-ultrasound after obtaining informed consent from all the participants or their guardians. Consent forms were signed by the patients or their guardians. This study was approved by the ethics committee of the Guangzhou Red Cross Hospital (permit no. 20121228) and adhered to the tenets of the Declaration of Helsinki and the Guidance on Sample Collection of Human Genetic Diseases given by the Ministry of Public Health of China [Health Science and Education Planning Memo (2003) no. 80].

Hematoxylin-eosin staining. Kidney biopsy samples were routinely fixed in 2% glutaraldehyde buffer for 2-4 h at room temperature, embedded in optimal cutting temperature compound (OCT) for 15 min and cut into ~5 μm thick sections. The sections were stained in 1% ammonia solution for several seconds, and finally stained with 0.5% hydrochloric acid alcohol and washed once before being placed into 1% eosin for about 3 min, all at room temperature. The sections were soaked in hematoxylin for 7 min for nuclear coloration (13,16-19).

Transmission Electron microscopy. A sample (1 mm³) was cut from the cortical end of kidney tissue and placed in 2.5% glutaraldehyde buffer for 2-4 h at 4°C, rinsed with PBS, and then fixed in a 1% citrate fixative solution for 1-2 h. Following dehydration for 15 min with a graded ethanol series (50, 70, 80 and 90%), the sections were finally dehydrated with 100% ethanol for 30 min. The tissue was embedded with fresh EPON812 resin at gradient temperature (35, 45 and 60°C, each for 12 h. The tissue was cut into 50 nm sections and double stained with 2% uranyl acetate and pH 12 lead citrate at room temperature. Nanoparticle morphological properties of these kidney samples were confirmed using a transmission electron microscope at 13,500x magnification (Thermo Fisher Scientific, Inc.).

Immunohistochemistry of UMOD. Kidney tissue was embedded with 50% OCT for 10 h at room temperature and cut into ~5 μm thick sections. The sections were fixed in 4% paraformaldehyde solution for 15 min at room temperature and washed 3 times with PBS before being incubated in 0.4% pepsin for 30 min at 37°C for antigen retrieval and then blocked in 3% BSA for 30 min at room temperature. Immunohistochemical analysis of UMOD was performed using a mouse monoclonal antibody against human UMOD (1:300, cat. no. ab207170, Abcam) at 4°C overnight, goat anti-mouse IgG was used as secondary antibody (1:500, cat. no. Abl50113, Abcam) at 37°C for 0.5 h. I-VIEW DAB Universal Kit (Ventana Medical Systems, Inc.) was used for color reaction, after the termination of color development, hematoxylin was used for nuclear counterstain and observations were made under light microscopy at 400x magnification.

Immunofluorescence detection. Kidney samples were sliced into ~5 μm sections and fixed with 4% acetone for 15 min and washed 3 times with PBS at room temperature. Fluorescein-labeled antibodies IgG (1:150, cat. no. A0423, Dako, Agilent Technologies, Inc.), IgA (1:150, cat. no. A0262, Dako, Agilent Technologies, Inc.), IgM (1:200, cat. no. A0425, Dako, Agilent Technologies, Inc.), C3 (1:100, cat. no. F0201, Dako, Agilent Technologies, Inc.), Clq (1:100, cat. no. F0254, Dako, Agilent) (Dako, Agilent Technologies, Inc.), podocalyxin (1:300, cat. no. 14-8883-80, Invitrogen, Thermo Fisher Scientific, Inc.), fabrillarin (Fib) (1:200, cat. no. PA5-29801, Invitrogen, Thermo Fisher Scientific, Inc.) were added, and incubation was performed for 30 min at 37°C. The samples were finally sealed with glycerin and observed under a fluorescence microscope at 400x magnification.

Targeted sequencing. Genomic DNA of the patients was extracted from the peripheral blood samples as per the instruction manual of the TIANamp Genomic DNA kit (Tiangen Biotech Co., Ltd.). Targeted first-generation sequencing of NPHS2, WT1, PLCE1, ACTN4, ACE and UMOD was performed in all family members except P7 who had died. Targeted second-generation sequencing of NPHP1 was performed in P4, P5, P17, P18, P19, P20 and P21. Primers (presented in Tables SI-SVII) were designed and synthesized by Primer Premier 5 (Premier Biosoft International). These genes were sequenced on the Applied Biosystems 3730 DNA Analyzer (Applied Biosystems; Thermo Fisher Scientific, Inc.).

Total RNA was extracted from the peripheral blood samples using TRIzol (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. Total RNAs were reverse transcribed to cDNA using a FastKing RT kit (Tiangen Biotech Co., Ltd.) in a 10 µl system with 2.5 µl RNA sample, 10X King RT Buffer, 1 µl FastKing RT Enzyme Mix, 2 µl FQ-RT Primer Mix and 2.5 µl RNase-Free dH₂O at 42°C.
for 15 min, then transferred to 95°C for 3 min. The expression of \( NPHP1 \) and mutated genes was verified using TaqMan™ quantitative (q)PCR analysis (Thermo Fisher Scientific, Inc.). PCR reaction conditions: DNA was pre-denatured at 95°C for 3 min, cooled to 55-60°C for 35 sec, the primers were added, and then it was rapidly warmed to 72°C for 35 cycles. After Taq DNA polymerase was added, the primer strand was extended for 40-50 sec and put through repair extension at 72°C for 5-8 min. The quantification method of qPCR experiments was \( 2^{-\Delta\Delta C_{\text{q}}}} \) (20). The relative expression levels of \( NPHP1 \) were normalized to those of \( GAPDH \) (F: CAAGGT CATCCATGACAACCTTTG; R: GTCCACCACCTGTTCGTCG).

**Diagnostic criteria for familial adolescent NPH.** Patients with a family history of NPH were presented. The main clinical characteristics of NPH include: Polyuria and polydipsia on account of renal concentration defection; growth retardation; anemia; and chronic renal failure. The renal pathological features of adolescent NPH include: Small to normal-sized kidneys; increased echogenicity and reduced corticomedullary differentiation; renal cysts on the corticomedullary border; and a dilated bladder.

**Statistical analysis.** The quantitative data were expressed as the mean ± SD and the frequencies of qualitative data were described. Bioinformatics processing was performed following the sequencing procedure. The relationship between genes and diseases (polymorphism or causative) was evaluated with in combination with the Human Gene Mutation Database (http://www.hgmd.cf.ac.uk/ac/index.php) and Online Mendelian Inheritance in Man database (https://omim.org/) according to the ACMG guidelines (21). Mutated genes were evaluated using GeneMANIA v3.4.1 in Cytoscape v3.6.1 (https://cytoscape.org/) for gene co-localization analysis (22). The GeneMANIA Cytoscape plugin was an efficient way of fast gene function prediction, including 6 categories: Co-expression, co-localization, genetic interaction, physical interaction, predicted and shared protein domain. Co-occurrence sequences are an important factor to related genome function, which can be determined by co-localization analysis. Colocalization analysis determines genomic co-localization characteristics and is used to assess nucleotide or spatial proximity of overlapping sequences between genes. The amount of overlaps or spatial proximity are two important evaluation indicators for gene co-localization analysis.

**Results**

**Clinical and biochemical detection.** P17 and P18 were the index patients; they were regarded as the starting point of this study. Disease history was recorded, and laboratory tests were performed for 10 family members across 3 generations (P1, P4, P5, P7, P17, P18, P19, P20, P21 and P22). Pedigree of the family showed that father P3 and uncle P7 of the two index patients were diagnosed with uremia and died at the age of 33 and 34 years, respectively. They were considered to be strong evidence of hereditary kidney disease, although specimens could not be obtained (Fig. 1).

The 10 enrolled patients included three females and seven males with a mean age of 27.8±19.97 years and an average BMI of 17.7±3.0 kg/m². Three members had hyperuricemia without gout, and four members had hematuria. Connective tissue-associated nephropathy, HIV-related nephropathy, purpuric nephritis, hepatitis virus-associated nephritis, diabetic nephropathy, hypertensive renal damages and other related renal damages were excluded based on their clinical tests.

P17, a 20-year-old male had growth retardation, with a height of 162 cm, weight of 38.5 kg, and a low BMI of 14.7 kg/m². This patient was diagnosed with hereditary nephrosis at Guangzhou Red Cross Hospital. Serum testing showed an impaired glomerular filtration rate (urea, 26.5 mmol/l; creatinine, 980 µmol/l) and disturbed metabolism (parathyroid hormone, 165 pmol/l).

P18, a 16-year-old male and the brother of P17, experienced growth retardation with a low BMI of 17.7 kg/m² (height of
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Table I. Clinical characteristics of the Chinese hereditary nephrotic family.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Patient</th>
<th>Reference ranges</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>P17</td>
<td>P18</td>
</tr>
<tr>
<td>Demographic data</td>
<td>M</td>
<td>M</td>
</tr>
<tr>
<td>Age (years)</td>
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<td>16</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>14.7</td>
<td>17.7</td>
</tr>
<tr>
<td>eGFR (ml/min/1.73m²)</td>
<td>13.5</td>
<td>17.7</td>
</tr>
<tr>
<td>Urine routine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hematuria</td>
<td>Anuria</td>
<td>T</td>
</tr>
<tr>
<td>White cell count(/µl)</td>
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<td>0</td>
</tr>
<tr>
<td>Albumin (g/l)</td>
<td>T</td>
<td>0.3</td>
</tr>
<tr>
<td>pH</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Proportion</td>
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<td>1.02</td>
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<tr>
<td>Blood biochemical test</td>
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<td></td>
</tr>
<tr>
<td>Urea (mol/l)</td>
<td>13.8</td>
<td>17.6</td>
</tr>
<tr>
<td>Creatinine (µmol/l)</td>
<td>706</td>
<td>562</td>
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<tr>
<td>Uric acid (µmol/l)</td>
<td>272.5</td>
<td>607.7</td>
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<td>Albumin (g/l)</td>
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<td>Calcium (mmol/l)</td>
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<td>Phosphorus (mmol/l)</td>
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<td>25-hydroxyvitamin D3 (ng/ml)</td>
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<tr>
<td>Parathyroid hormone (pmol/l)</td>
<td>17.65</td>
<td>16.66</td>
</tr>
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</table>

Adjusted eGFR for Chinese population: C-aGFR [ml/(min/1.73m²)] = 86x Scr (mg/dl)^1.154 x age-0.203x1.233 for male or 0.79 for female. Scr [ml/(min/1.73m²)] 0.55x height (m)/blood creatinine (mg/dl). The reference value Scr for teenagers is 0.7. BMI = weight (kg)/height (m)^2. iPTH, immunoreactive parathyroid hormone; N, negative; M, male; F, female; Mo, moderate; T, trace; eGFR, estimated glomerular filtration rate; C-aGFR, eGFR (ml/min per 1.73 m²) by modified abbreviated MDRD equation by adding a racial factor for Chinese; Scr, serum creatinine.

160 cm and weight of 45.4 kg) and was diagnosed with hereditary nephropathy at Guangzhou Red Cross Hospital. Laboratory testing showed slight gastrointestinal bleeding with weak positive hematuria, microalbuminuria, impaired glomerular filtration rate (urea, 28.9 mmol/l; creatinine, 743 µmol/l; calcium, 2.68 mmol/l; phosphorus, 1.79 mmol/l), and disordered metabolism (parathyroid hormone, 185 pmol/l; Table I).

Imaging test. In P17, Color Doppler ultrasonography showed slightly narrowed, hyperechogenic kidneys (62x28 and 54x26 mm, left and right kidneys, respectively) with decreased blood flow distribution and a blurred medullary boundary (Fig. 2A). Further analysis with MRI found a 0.8x0.8 cm cyst near the medullary boundary (Fig. 2B). In P18, Color Doppler ultrasonography showed enlarged, hyperechogenic kidneys (100x49 and 100x49 mm, left and right kidneys, respectively) with an unclear medulla boundary; 5x4 mm-sized cysts were also observed (Fig. 2C). Further analysis with MRI found multiple small cysts in both of the kidneys (Fig. 2D).

Pathological examination. In P17, HE staining and electron microscopy revealed sclerosing glomerulonephritis, and increased lymphocyte and monocyte infiltration in the renal interstitium (Figs. 3A and 4A). Immunofluorescence staining revealed IgG, IgA and IgM depositions in the mesangium matrix (Fig. 5A-C). In P18, HE staining and electron microscopy showed glomerular sclerosis, glomerular fibrosis crescents, tubular epithelial cell histiocytosis, and increased infiltration of lymphocytes and monocytes in the interstitium (Figs. 3B and 4B). Collagen fibers and monocytes infiltrations were also observed via electron microscopy (Fig. 4B). IgM and Fib depositions were observed in the mesangium matrix during immunofluorescence staining (Fig. 5D-F). Significantly dilated capillary loops, glomerular capsules and renal tubules were found.
Genetic investigations

*NPHS2* analysis. Sequencing of *NPHS2* revealed two heterozygous variants. 102A>G was detected in exon 1 of all nine members, with no differences in the 34-glycine podocin protein. Another variant, 954C>T, was discovered in exon 8 of the two index patients and four other family members, including P4, P5, P19 and P20, suggesting that this variant was inherited from the mother P4 and passed on to her three children. P5 and his son P20 also carried this variation (Fig. 6A).
WT1 analysis. Two novel variations were found through WT1 sequencing, including 330C>T and 1107A>G. 330C>T was detected in exon 1 in P17, P18, P1, P4, P5, P19 and P22. This variation was inherited from their grandfather P1 and was passed on to his son P5; P4 and P22, as mother and sister of P17 and P18, also carried the variation. 1107A>G was present in exon 7 in P17, P18, P1, P4 and P9, suggesting that P9 inherited this variation from his father, P1. P4 also carried the variation and passed it on to her three children P17, P18 and P20 (Fig. 6B).

ACTN4 analysis. In ACTN4 sequencing, two variations considered as gene polymorphisms were identified. 537G>A and 2563T>C variants were only detected in exon 5 and exon 20 in two patients, P17 and P18. No mutations of this gene were found in other family members (Fig. 6C).

PLCE1 analysis. Five heterozygous variants in PLCE1 were found. 810T>C and 960G>A in exon 1 were detected in P17, P4 and P22. In exon 23 and 25 of P17, P4, P21 and P22, variants including 5330C>T and 5780A>G were found. Furthermore, 4724G>C in exon 19 was identified in P17, P18, P4 and P19 (Fig. 6D). Of these affected members, P17, P18 and P19 were siblings and the children of P3 and P4, and P22 is the son of P7 and P8.

UMOD analysis. Variants of 264C>T in exon 4 were confirmed in index patient P17. Variants in UMOD also occurred in four
healthy family members, including first generation P1, his daughter P9 who belonged to the second generation, as well as P21 and P22 who belonged to the third generation (Fig. 6E). The deposition of UMOD was further confirmed with immunohistochemistry detection. Uneven UMOD depositions were found in the renal tubular epithelial cells of the two index patients (Fig. 7).
ACE analysis. A causative variant 1028G>A was identified in ACE in the index patients P17 and P18 and presented with no variants in the other family members (Fig. 6F).

NPHP1 analysis. Homozygous deletion mutation of NPHP1 was found in exon 5, 11 and 20 in both P17 and P18. Their sister P19, as well as cousins P20 and P21 who belonged to the third generation, also experienced loss of heterozygosity (LOH) in NPHP1. LOH was also confirmed in two of the second-generation members: P4, the mother of the two index patients, and P5, the father of P20 and P21 (Fig. 8).

In silico analysis. Homozygous deletions in NPHP1 and heterozygous deletion in ACE were found in the following mutation identification analysis. Homozygous deletion mutation of NPHP1 in exons 5, 11 and 20 could be passed down to the next generation via X-linked recessive inheritance. In contrast, a variant in ACE was shown to be a disease-causing mutation that was predicted to alter 343-bit amino acid from Trp to a stop codon. Mutations in both NPHP1 and ACE can lead to a frame shift and a truncated protein, thus stopping the production of the target protein and leading to a loss of function, resulting in disease. In addition, no pathogenic variants were found in other genes of the panel with sequencing, indicating that these missense variations are gene polymorphisms that don't cause disease.

Additionally, co-location analysis of the genes, using GeneMANIA, showed direct and indirect co-locations for NPHP1 and ACE; gray dots are directly related co-location gene. NPHP1, nephrocystin 1; ACE, angiotensin I converting enzyme.

Discussion

In the present study, cases in a family with heredity nephropathy with heterozygous genetic variants in NPHS2, WT1, ACTN4, PLCE1, ACE, UMOD and NPHP1 deletion were presented. A renal biopsy of two index patients showed sclerosing glomerulonephritis, dilated tubules and lymphocyte/monocyte infiltration in the interstitium. Combined with the results of routine serum/urine tests and family history investigation, hereditary tubular disease was suggested. Disease-causing mutations included homozygous deletions in NPHP1; therefore, familial adolescent NPH was
diagnosed for the two index patients. Network analysis discovered direct and indirect co-location genes of \textit{NPHP1} and \textit{ACE}.

FSGS is characterized as a morphological/histological injury rather than a specific glomerular disease (23). Even though sclerosing nephritis and focal segmental glomerulosclerosis were found in the index patients, significant dilated renal tubules and high infiltration in the interstitium also showed a high possibility of hereditary tubular disease. Considering the three main pathological changes of NPH, including renal tubular basement membrane destruction, tubular atrophy and cystic changes, it was hypothesized that glomerular injury, secondary to the tubular and interstitial damages, may have occurred in the patients (6).

Further SNP screening analysis indicated no causative mutations in common FSGS-related genes, including \textit{NPHS2}, \textit{WT1}, \textit{ACTN4} and \textit{PLCE1}; this further lowered the probability of FSGS. Homozygous deletion of \textit{NPHP1} is reported to be the most common mutation in NPH (24,25). \textit{NPHP1} deficiency occurs in Iranian, Turkish, Japanese and French families with NPH, indicating a strong possibility of NPH diagnosis in this Chinese nephrotic family (26-28). This study showed that \textit{NPHP1} was vertically transmitted between the second and third generation, indicating the possibility of familial adolescent NPH diagnosis. Notably, the mother of the index patients carried a LOH of \textit{NPHP1}, her two sons showed homozygous deletion in \textit{NPHP1} and her daughter had LOH of \textit{NPHP1}, indicating that mutations or mutant isomers carried by their mother were very likely to be inherited by her children (29).

NPH is an inherited renal disease associated with tubule-interstitial damage that causes end-stage renal disease (30). Depending on the age at onset, it is categorized as infantile, juvenile and adolescent NPH; adolescent NPH is the most common form (31). Adolescent-onset NPH patients present with polyuria and polydipsia symptoms at \(~\text{4-6 years of age, and end-stage renal disease (ESRD) developed at an average age of 19 years (32). The index patients progressed to ESRD at the age of 20 and 16 years, consistent with adolescent NPH. In addition, the patients showed an extremely high degree of hyperuricemia, when compared to the reference ranges. Unlike primary hyperuricemia, hyperuricemia in NPH-medullary cystic kidney disease (MCKD) is caused by decreased tubular uric acid excretion (33). High uric acid retention that was detected in the two index patients was further evidence for the diagnosis of adolescent NPH.

A heterozygous pathological mutation in \textit{ACE} was also found in this study. Research has suggested that \textit{ACE}-deficient mice can develop symptoms characteristic of \textit{NPHP} pathology, including decreased urine concentration, hypotension and progressive renal failure (34,35). However, the possibility of these two genes as pathogenic genes was excluded from the genetic screening of three Italian families with confirmed nephropathy (36). Patients with NPH can show a variety of different phenotypes, such as Oculomotor apraxia type Cogan, liver fibrosis, MCKD and Joubert/Meckel-Gruber syndromes, and other multi-system injuries (15). Considering the co-location genes between \textit{NPHP1} and \textit{ACE}, it was hypothesized that \textit{ACE} could be involved, however further validation is needed (32,37,38).

The present study has certain limitations. Firstly, this was single-center research, therefore the generalizability of these results for all adolescent patients with NPH with hereditary nephropathy is limited. Multi-center research is needed to confirm our results. Secondly, samples were limited; only a single large family with nephropathy history was studied. Although a total of seven family branches were included, patients from different families should be enrolled and investigated in the future. Thirdly, the lack of \textit{in vitro} experiments to validate the present results was also a limitation of this study. Additional \textit{in vitro} experiments are needed to verify the possible pathogenic factors. In spite of these limitations, these results provide information regarding the prevalence of familial adolescent NPH in China and suggest that NPH should be considered as a common cause of hereditary nephropathy.

In conclusion, familial adolescent NPH was diagnosed in two index patients in this study. Therefore, it is recommended that comprehensive gene mutation screening combined with kidney biopsy detection is used for the diagnosis of hereditary nephrotic disease, and concern should be raised about gene variants related to multiple organ system comorbidities.

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Availability of data and materials

All data generated or analyzed during the present study are included in this published article.

Authors' contributions

CT and DZ contributed to analyzing data and drafting the manuscript; RT and XZ contributed to the interpretation of data and manuscript revision; XX, DQ, YuL and JH collected and analyzed the data; YaL contributed to the conception and design of the present study. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The present study was approved by The ethics committee of the Guangzhou Red Cross Hospital (permit no. 20121228) and adhered to the tenets of the Declaration of Helsinki and the Guidance on Sample Collection of Human Genetic Diseases given by the Ministry of Public Health of China. Consent forms were signed by patients or their guardians.

Patient consent for publication

This study has followed the principles of anonymity; no direct or indirect identifiers of our participants were used for publication.

Competing interests

The authors declare that they have no competing interests.
References


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