Capsaicin suppresses breast cancer cell viability by regulating the CDK8/PI3K/Akt/Wnt/β-catenin signaling pathway

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Abstract. Breast cancer displays high morbidity and mortality. Despite exerting certain effects, traditional treatments cannot eliminate every cancer cell and may kill normal cells due to inaccurate targeting. However, as a traditional Chinese medicine, capsaicin, an active compound extracted from chili peppers, has displayed potent anticarcinogenic activities in vitro and in vivo, but the underlying mechanism is not completely understood. The pharmacological effects of capsaicin on tumors was evaluated in MDA MB 231 breast cancer cells. The MTT, cell scratch assay, cell cycle analysis, cell transfection, reverse transcription-quantitative PCR and western blotting were performed to investigate the potential antitumor mechanisms of capsaicin. In the present study, the potential anticancer mechanism underlying capsaicin in MDA-MB-231 cells in vitro was investigated. Capsaicin significantly inhibited MDA-MB-231 breast cancer cell viability and migration compared with the control group. The flow cytometry results indicated that capsaicin induced G2/M cell cycle arrest in MDA-MB-231 cells. In addition, capsaicin significantly reduced the expression of cyclin-dependent kinase 8 (CDK8) in breast cancer cells compared with the control group. Moreover, LV-CDK8 small interfering RNA-transduced MDA-MB-231 cells displayed lower CDK8 mRNA and protein expression levels compared with LV-negative control-shRNA-transduced cells. Furthermore, capsaicin significantly reduced the expression levels of phosphorylated (p)-PI3K, p-Akt, Wnt and β-catenin in vitro compared with the control group. Collectively, the results of the present study suggested that capsaicin inhibited breast cancer cell viability, induced G2/M cell cycle arrest, reduced CDK8 expression levels, decreased the phosphorylation of PI3K and Akt and downregulated Wnt and β-catenin expression levels in MDA-MB-231 cells.

Introduction

Breast cancer is one of the most common malignancies in women worldwide (1). According to incomplete statistics, ~1.7 million new breast cancer cases are reported each year, accounting for 11.6% of all new cancer cases (1,2). Based on this increasing rate, it has been estimated that the number of breast cancer cases and deaths worldwide will reach 2.64 million and 1.7 million in 2030, respectively (3). Although the diagnosis and treatment of breast cancer have markedly improved in recent years, a number of patients experience post-treatment recurrence and metastasis (4), and the mechanism underlying breast cancer is not completely understood. Therefore, identifying novel strategies to prevent the recurrence and metastasis of breast cancer, and to further improve the survival rate and quality of life of patients with breast cancer is important.

Cyclin-dependent kinases (CDKs), a member of the serine/threonine protein kinase family, can coordinate critical regulatory events during the cell cycle and transcription (5). Uncontrolled cell division is one of the hallmarks of cancer, and alterations in at least one CDK regulator or effector have been identified in almost all types of cancer (6). Moreover, inhibiting the cell cycle has been reported as a successful therapeutic strategy in oncology (7,8). CDK8, as a member of the CDK family, serves an important role in gene transcription (9). Specifically, CDK8 has been reported to regulate the cell cycle and proliferation at the post-transcriptional level, and promote the development of various tumors, such as melanoma, acute myeloid leukemia (AML) and breast cancer (10,11).

Previous studies have indicated that CDK8 impacts various signaling pathways, including the β-catenin (12), p53 (13) and Notch1 (13,14) signaling pathways. A recent studies has revealed that CDK8 and the Wnt/β-catenin signaling pathway serve key roles in breast cancer (15). Aberrant activation of the Wnt/β-catenin signaling pathway causes β-catenin accumulation in the nucleus and can induce breast cancer (12). Firestein et al (12) demonstrated that CDK8 can increase the level of β-catenin in the cytoplasm, promote its translocation to the nucleus and binding to the TCF/LEF element, activate certain oncogenes, and promote the unrestricted proliferation of primary cells by unrestricted transcription and translation.

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which eventually leads to tumorigenesis. Additionally, it has been reported that CDK8 gene knockout can inhibit the activation of β-catenin and its downstream signaling, thereby inhibiting tumor cell proliferation, invasion and metastasis (16). Collectively, the aforementioned studies indicated that CDK8 may serve as a potential therapeutic target for breast cancer.

Capsaicin, an active ingredient extracted from chili pepper, has been reported to display multiple pharmacological effects, including analgesic and anticancer effects (17). Capsaicin can be absorbed into the blood circulation via the digestive system and is eventually eliminated by the liver (18). Studies have demonstrated that capsaicin, if formed into liposomes or encapsulated in nanocapsules, can be accurately delivered to tumor tissue (18,19). Additionally, it has been reported that capsaicin can inhibit B16-F10 melanoma cell migration by inhibiting the PI3K/Akt/Rac family small GTPase 1 (Rac1) signaling pathway (20). Although the aforementioned studies demonstrated the anticancer effects of capsaicin, the studies did not clearly explain the underlying mechanisms. Therefore, the present study investigated the antitumor effect of capsaicin on MDA-MB-231 breast cancer cells and explored the potential anticancer mechanism underlying capsaicin via inhibition of the CDK8/PI3K/Akt/Wnt/β-catenin signaling pathway.

**Materials and methods**

**Cell culture.** The MDA-MB-231 breast cancer cell line and the MCF10A healthy breast cell line were purchased from the American Type Culture Collection. Cells were cultured in L-15 medium (Nanjing KeyGen Biotech Co., Ltd.) supplemented with 10% FBS (Gibco; Thermo Fisher Scientific, Inc.), 100 U/ml penicillin and 100 U/ml streptomycin (Nanjing KeyGen Biotech Co., Ltd.) in humidified 5% CO₂ at 37°C.

**Drugs and reagents.** The primary antibodies targeted against CDK8 (cat. no. 17395), p-PI3K (cat. no. 17366), PI3K (cat. no. 4255), p-Akt (cat. no. 4060), Akt (cat. no. 4685), β-catenin (cat. no. 8480) and Wnt (cat. no. 2721) were purchased from Cell Signaling Technology, Inc. The primary antibody targeted against GAPDH (cat. no. 14-9523-37) was purchased from Sigma-Aldrich (Merck KGaA). Capsaicin was purchased from Sigma-Aldrich (Merck KGaA), diluted in DMSO at 100 mM and stored at -20°C. LY294002 and Senexin A from Sigma-Aldrich (Merck KGaA), diluted in DMSO at 100 and 200 µM were purchased from OBiO Technology (Shanghai) Corp., Ltd. Cells were transduced with 3.0x10⁶ PFU/ml of LV-CDK8-shRNA or LV-NC-shRNA using Lipofectamine 2000 (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. At 48 h post-infection, cells were used for subsequent experiments.

**Western blotting.** Cells were seeded (1x10⁶ cells/well) into a 6-well plate for 24 h at 37°C. Lentiviral vectors [LVs; LV-CDK8-shairpin (sh)RNA or LV-negative control (NC)-shRNA] (empty vector) were purchased from OBIO Technology (Shanghai) Corp., Ltd. Cells were transduced with 3.0x10⁶ PFU/ml of LV-CDK8-shRNA or LV-NC-shRNA using LipoFectamine® 2000 (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. At 48 h post-infection, cells were used for subsequent experiments.

**Cell transduction.** MDA-MB-231 cells were seeded (1x10⁶ cells/well) into a 6-well plate for 24 h at 37°C. Lentiviral vectors [LVs; LV-CDK8-shairpin (sh)RNA or LV-negative control (NC)-shRNA] (empty vector) were purchased from OBIO Technology (Shanghai) Corp., Ltd. Cells were transduced with 3.0x10⁶ PFU/ml of LV-CDK8-shRNA or LV-NC-shRNA using LipoFectamine® 2000 (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. At 48 h post-infection, cells were used for subsequent experiments.

**Cell viability assay.** Cell viability was assessed by performing MTT assays. Briefly, MDA-MB-231 cells were seeded (1x10⁶ cells/well) into a 96-well plate and cultured for 24 h. Cells were then incubated with different concentrations of capsaicin (0, 10, 50, 100 and 200 µM) for 24 h at 37°C with 5% CO₂. Subsequently, 20 µl MTT solution (5 mg/ml) was added to each well for 4 h at 37°C with 5% CO₂. The supernatant was removed and 100 µl DMSO was added to each well to dissolve the formazan crystal. Absorbance was measured at a wavelength of 450 nm using an ELISA microplate reader (PerkinElmer, Inc.). Cell viability is presented as the mean ± SD of three independent experiments.

**Wound healing assay.** Cells were seeded (1x10⁶ cells/well) into a 6-well plate and cultured to 40-50% confluence. Subsequently, cells were incubated with different concentrations of capsaicin (0, 10, 50, 100 and 200 µM) for 24 h at 37°C with 5% CO₂ until the cell monolayer reached 100% confluence. The medium was then replaced with serum-free medium. The cell monolayer was scratched with a 10-µl pipette tip and washed three times with PBS to remove cell debris. The width of the wound was observed at 0 and 48 h using an inverted light microscope and calculated using ImageJ software (version 1.8.0; National Institutes of Health). The rate of cell migration was calculated according to the following formula: Experimental group migration distance/control group migration distance. The wound healing assay was performed in triplicate.

**Cell cycle analysis.** Cells in the logarithmic growth phase were seeded (2x10⁴ cells/well) into a 6-well plate and incubated at 37°C for 24 h. The medium was replaced with serum-free medium. Cells were incubated with or without capsaicin (0, 10, 50, 100 and 200 µM) for 48 h at 37°C. Subsequently, cells were collected, washed with pre-cooled PBS and fixed with 70% ethanol overnight at 4°C. After washing with PBS, cells were incubated with 10 µg/ml RNase at 37°C for 30 min. Subsequently, cells were incubated with 2 µg/ml propidium iodide (PI; final concentration, 10 µg/ml) for 30 min at room temperature in the dark. Cell cycle distribution was analyzed using a FACSCalibur analyzer (BD Biosciences). Flow cytometry was performed in triplicate.
CDK8 mRNA and protein expression levels are significantly increased in MDA-MB-231 breast cancer cells. Previous studies have demonstrated that CDK8 serves a key role in increasing β-catenin expression levels and promoting cell proliferation in various types of cancer, such as prostate (22) and colorectal (23) cancer. In the present study, the mRNA and protein expression levels of CDK8 were measured in MDA-MB-231 breast cancer cells. The results suggested that CDK8 protein expression levels were significantly increased in MDA-MB-231 cells compared with MCF10A healthy breast cancer cells. CDK8 mRNA expression levels were also significantly higher in MDA-MB-231 breast cancer cells compared with MCF10A healthy breast cancer cells (Fig. 1A). These results suggested that CDK8 was upregulated in MDA-MB-231 breast cancer cells.

CDK8 enhances MDA-MB-231 breast cancer cell viability and migration. Previous studies have indicated that CDK8 functions as a transcriptional regulator and serves an important role in the development of melanoma, AML, prostate cancer and breast cancer (11,24). The aforementioned results indicated that CDK8 was significantly upregulated in MDA-MB-231 cells; therefore, whether breast cancer cell viability was dependent on CDK8 was investigated. MDA-MB-231 cells were infected with LV-CDK8-shRNA and the control group was infected with LV-NC-shRNA. Subsequently, MTT and wound healing assays were performed to examine cell viability and migration in vitro, respectively. The western blotting and RT-qPCR results indicated that CDK8 expression was significantly decreased by LV-CDK8-shRNA compared with LV-NC-shRNA (Fig. 2A-C). Moreover, MDA-MB-231 cell viability (Fig. 2D) and migration (Fig. 2E and F) in the LV-CDK8-shRNA group were significantly lower compared with those in the LV-NC-shRNA group. The results indicated that MDA-MB-231 breast cancer cell viability and migration were dependent on CDK8.

Capsaicin inhibits breast cancer cell viability by reducing CDK8. The MTT assay was performed to assess the antitumor effects of capsaicin in MDA-MB-231 breast cancer cells. The results indicated that low concentrations of capsaicin (10, 50 and 100 µM) did not significantly alter cell viability, whereas 200 µM capsaicin significantly reduced MDA-MB-231 breast cancer cell viability compared with the 0 µM capsaicin group (Fig. 3A). The effects of capsaicin on MDA-MB-231 breast cancer cell migration were assessed. Capsaicin (>10 µM) significantly inhibited MDA-MB-231 cell migration in vitro compared with the 0 µM capsaicin group (Fig. 3B and C). Moreover, capsaicin significantly decreased the expression of CDK8 in MDA-MB-231 cells compared with the 0 µM capsaicin group (Fig. 3D and E). Collectively, the results suggested that capsaicin had a potent inhibitory effect on MDA-MB-231 breast cancer cells.

Capsaicin induces G2/M cell cycle arrest in MDA-MB-231 breast cancer cells. To explore the potential anticancer mechanisms underlying capsaicin, capsaicin-induced alterations
in the cell cycle distribution were assessed. MDA-MB-231 breast cancer cells were treated with or without capsaicin for 48 h, and the cell cycle distribution was evaluated via flow cytometry. The results demonstrated that capsaicin induced cell cycle arrest at the G₂/M phase (Fig. 4). The proportion of MDA-MB-231 cells at the G₂/M phase increased from 11.46% in the 0 µM capsaicin group to 16.74, 18.23, 21.58 and 25.63% in the 10, 50, 100 and 200 µM capsaicin groups, respectively (Fig. 4). The results indicated that capsaicin could induce G₂/M phase cell cycle arrest in MDA-MB-231 breast cancer cells.

**Capsaicin inhibits breast cancer cell viability by down-regulating the CDK8/PI3K/Akt signaling pathway.** A previous study demonstrated the potent inhibitory effect of capsaicin on B16-F10 malignant melanoma cells and its potential relation to the PI3K/Akt/Rac1 signaling pathway (20). To assess the association between the antimigratory effects of capsaicin and the PI3K/Akt signaling pathway, the expression levels of the proteins involved in the signaling pathway were measured via western blotting. The results suggested that >10 µM capsaicin significantly reduced the expression levels of p-PI3K and p-Akt in MDA-MB-231 breast cancer cells compared with the control group (Fig. 5A-C). Furthermore, a specific inhibitor of PI3K (LY294002; 25 µM) was used to study the antimigratory effects of capsaicin. Pretreatment with LY294002 for 24 h significantly decreased the expression levels of p-PI3K and p-Akt in vitro compared with the control group (Fig. 5A-C). CDK8 inhibitor (Senexin A; 2.5 µM) also significantly reduced the expression levels of p-PI3K and p-Akt in vitro compared with the control group (Fig. 5A-C). Moreover, pretreatment with Senexin A also significantly inhibited MDA-MB-231 breast cancer cell viability and migration in vitro compared with the control group (Fig. 5D-F). The results indicated that the inhibitory effect of capsaicin on breast cancer cell viability was associated with suppressing the CDK8/PI3K/Akt signaling pathway.

**Capsaicin significantly inhibits Wnt/β-catenin signaling in MDA-MB-231 breast cancer cells.** Previous studies have indicated that the canonical Wnt signaling pathway...
serves an important role in cell proliferation and differentiation (25,26). The aforementioned results indicated that capsaicin inhibited cell viability and migration. Therefore, whether capsaicin inhibited Wnt/β-catenin signaling in MDA-MB-231 breast cancer cells was investigated. MDA-MB-231 cells were treated with or without capsaicin for 24 h. The results suggested that 50, 100 and 200 µM capsaicin significantly decreased the expression levels of Wnt and β-catenin in MDA-MB-231 cells compared with the control group (Fig. 6A and B). Moreover, pretreatment with the CDK8 inhibitor (Senexin A; 2.5 µM) also significantly decreased the expression levels of Wnt and β-catenin in vitro compared with the control group (Fig. 6A and B). Collectively, the results indicated that capsaicin inhibited breast cancer cell migration potentially via suppressing the CDK8/Wnt/β-catenin signaling pathway.

**Discussion**

The present study demonstrated that CDK8 was significantly upregulated in breast cancer cells compared with healthy breast cells. In addition, the results indicated that, compared with the control group, capsaicin significantly inhibited breast cancer cell viability and migration by suppressing CDK8 expression and the PI3K/Akt/Wnt/β-catenin signaling pathway in vitro (Fig. 7).
CDKs are cell cycle regulator kinases, which can interact with cyclins and alter CDK inhibitor-mediated cell cycling. Under stable conditions, CDKs primarily regulate the cell cycle at two restriction points, G₀/G₁ and G₂/M phases. However, abnormal CDK expression leads to loss of control of the two regulatory points, resulting in proliferating cells continuously entering the cell cycle, thereby disturbing proliferation, differentiation and apoptosis, and leading to the occurrence of malignant tumors (5). CDK8 is a member of the CDK family that promotes cell cycle phase transition, initiates DNA synthesis and regulates cellular transcription. Moreover, CDK8 also serves an important role in regulating the cell cycle and cell proliferation at the transcriptional level (27). Cai et al (28) demonstrated that CDK8 is a key factor in the development of cervical cancer, and the expression of CDK8 was gradually increased with the severity of the lesion. In addition, CDK8 has been reported to affect the occurrence and development of colorectal cancer metastasis and malignant melanoma (29). In colorectal cancer, the β-catenin signaling pathway is usually activated, and CDK8, as the upstream signaling molecule of β-catenin, promotes not only its accumulation in the cytoplasm, but also its nuclear transfer (12). Moreover, Kapoor et al (30) reported that CDK8 knockout significantly inhibited the proliferation and metastasis of malignant melanoma cells. In the present study, the mRNA and protein expression levels of CDK8 were significantly increased in MDA-MB-231 breast cancer cells compared with MCF10A healthy breast cells. Furthermore, CDK8 knockdown significantly inhibited breast cancer cell viability and migration compared with the LV-NC-shRNA group. Based on the results of the aforementioned studies and the present study, it was hypothesized that CDK8 may serve as a therapeutic target for breast cancer, and suppressing CDK8 may inhibit breast cancer cell proliferation and metastasis.

Capsaicin, a natural compound, displays various pharmacological properties, including antibacterial, analgesic and...
capsaicin can suppress breast cancer cell proliferation and migration, and the underlying mechanism may involve inhibition of the PI3K/Akt/Wnt/β-catenin signaling pathway. CDK8, cyclin-dependent kinase 8.

Figure 7. Capsaicin significantly inhibits CDK8 aberrant upregulation and induces G1/M cell cycle arrest in MDA-MB-231 breast cancer cells. Moreover, capsaicin can suppress breast cancer cell proliferation and migration, and the underlying mechanism may involve inhibition of the PI3K/Akt/Wnt/β-catenin signaling pathway. CDK8, cyclin-dependent kinase 8.

antitumor effects (31). Clinically, capsaicin has been used as an analgesic in topical ointments and dermal patches to relieve pain, typically at concentrations of 0.025-0.1% (32). High-concentration capsaicin patches (Qutenza) have been approved by the Food and Drug Administration for the treatment of post-herpetic neuralgia, HIV-neuropathy and diabetic neuropathy (33). In recent years, the antitumor activity of capsaicin has been investigated, and increasing evidence has demonstrated that capsaicin could inhibit NF-kB and Akt/mTOR signaling pathways in pancreatic and colon cancer (34,35). Moreover, previous studies have indicated that capsaicin could induce breast cancer cell apoptosis via mitochondrial dysfunction (36). An analogue of capsaicin, MRS1477, a positive allosteric modulator of transient receptor potential cation channel subfamily V member 1, has been shown to reduce MCF7 breast cancer cell viability (37). To further explore the mechanisms underlying capsaicin in breast cancer, MDA-MB-231 cells were selected in the present study. The results indicated that, compared with the control group, capsaicin significantly inhibited MDA-MB-231 cell viability and migration by inducing G1/M cell cycle arrest, which may serve as one of the key mechanisms underlying inhibition of breast cancer cell proliferation. Although previous studies have reported that capsaicin can induce cell cycle arrest at the G0/G1 phase (38), other studies have indicated that capsaicin and its analogs induce cell cycle arrest at the G2/M phase (39,40). The inconsistencies between the studies may be due to varied tumor cell types or inconsistent detection timing.

Breast cancer is a complex disease caused by a variety of factors that activate multiple signaling pathways, including the PI3K/Akt/mTOR, RAF/MEK/ERK and endoplasmic reticulum (ER) stress signaling pathways (41-43). PI3K is the main intracellular factor in the transmission of cell migration signals (44). In addition, Akt, one of the major downstream targets of PI3K, promotes cancer cell motility and migration in the tumor microenvironment (45). It has also been reported that targeting the PI3K/Akt/mTOR signaling pathway is promising for the treatment of breast cancer (46). In the present study, capsaicin decreased the expression levels of p-PI3K and p-Akt in MDA-MB-231 cells compared with the control group. Pretreatment with LY294002 or a CDK8 inhibitor also significantly decreased the expression levels of p-PI3K and p-Akt in vitro. Collectively, these results indicated that capsaicin-mediated inhibition of breast cancer cell viability was associated with suppression of the CDK8/PI3K/Akt signaling pathway.

Wnt signaling is an important signaling pathway involved in the regulation of cell proliferation, differentiation and morphogenesis in different organs (47). β-catenin, an important signaling molecule of the Wnt/β-catenin signaling pathway, moves freely within cells, contributes to cell-cell adhesions in the membrane and functions as a transcriptional activator in the nucleus (12). When the Wnt signal is activated, β-catenin can be translocated into the nucleus and participate in normal development or tumorigenesis by regulating multiple cellular functions (26). It has previously been demonstrated that CDK8 may act as a positive regulator of Wnt/β-catenin signaling, which can be increased in several types of human cancer, such as lung, prostate, breast, liver and colon cancer (48). Moreover, it has been reported that CDK8 can not only directly induce the activation of β-catenin-mediated transcription targets (49), but also indirectly activate β-catenin-dependent transcription targets by inhibiting E2F transcription factor 1 (50). In the present study, compared with the control group, capsaicin significantly reduced the expression levels of β-catenin in MDA-MB-231 cells, and pretreatment with CDK8 inhibitor also markedly decreased the expression of β-catenin in breast cancer cells.

The present study indicated that capsaicin induced G1/M cell cycle arrest and inhibited breast cancer cell viability compared with the control group. In addition, compared with the control group, capsaicin decreased the expression of CDK8, and reduced breast cancer cell viability and migration by inhibiting the PI3K/Akt/Wnt/β-catenin signaling pathway. In summary, the results of the present study identified a role for capsaicin in inhibiting breast cancer cell viability by suppressing the CDK8/PI3K/Akt/Wnt/β-catenin signaling pathway.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors’ contributions

DW and HJ designed the study and performed the experiments. DW, HJ and ZZ collected and analyzed the data. SL conceptualized the study, drafted the work and revised it critically for important intellectual content. All authors read and approved the final manuscript.
Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

References


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