

# Resveratrol inhibits the hedgehog signaling pathway and epithelial-mesenchymal transition and suppresses gastric cancer invasion and metastasis

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**Abstract.** The hedgehog (Hh) signaling pathway is vital to vertebrate development, the homeostatic process and tumorigenesis. Epithelial-mesenchymal transition (EMT) is a cellular process during which epithelial cells become mesenchymal-appearing cells, which in turn promotes cancer metastasis and invasion. Resveratrol is a natural polyphenolic compound found in grapes, a variety of berries, peanuts and other plants. Numerous studies have demonstrated that the Hh signaling pathway is able to regulate the EMT, and that resveratrol can suppress carcinoma invasion and metastasis. In addition, certain studies have indicated that resveratrol can inhibit the Hh signaling pathway and EMT in cancers other than gastric cancer. The purpose of the present study was to investigate the inhibitory effect of resveratrol on the Hh signaling pathway and EMT in gastric cancer *in vitro*. Gastric cancer SGC-7901 cells were treated with resveratrol or cyclopamine at different concentrations. The viability of the cells was assessed using an MTT assay. The expression of Gli-1, a key component of the Hh signaling pathway, and Snail, E-cadherin and N-cadherin, key components of EMT, was detected by reverse transcription polymerase chain reaction (RT-PCR) and western blotting. The invasion and metastasis of the cells were observed by performing a cell scratch test. The RT-PCR and western blotting showed a decrease in Gli-1, Snail and N-cadherin expression, and an increase in E-cadherin expression in the resveratrol and cyclopamine group compared with the control group, suggesting that resveratrol inhibited the Hh pathway and EMT, as did cyclopamine. The MTT assay indicated that the viability of the SGC-7901 cells was significantly decreased in

a concentration-dependent manner following resveratrol and cyclopamine treatment. The cell scratch test showed slower cell invasion and metastasis in the resveratrol and cyclopamine groups. These findings indicated that resveratrol was able to inhibit the Hh signaling pathway and EMT, and suppress invasion and metastasis in gastric cancer *in vitro*.

## Introduction

Gastric cancer is one of the leading causes of cancer-related mortality in developed and undeveloped countries (1). The five-year survival rate for patients with gastric cancer is <35%, as the currently available chemotherapeutic regimens are not highly effective. Furthermore, the high recurrence rates and nodal metastasis also require consideration (2).

The process of metastasis is complex and involves the spread of carcinoma cells from the primary site to distant sites for tumor formation. Epithelial-to-mesenchymal transition (EMT) is an essential event in the initial step of the metastatic cascade. The process confers migratory, invasive and stem-like properties upon cells (3,4), and epithelial polarized cells consequently turn into motile mesenchymal-appearing cells (5-7). Cellular phenotype changes have been reported in epithelial cells during EMT, including the loss of cell-cell contacts, cell polarity and epithelial markers, particularly E-cadherin. At the same time, cells acquire mesenchymal markers such as vimentin and N-cadherin (8). Furthermore, cells undergo important changes in their cytoskeleton, which confer mesenchymal phenotypes upon them, such as increased invasiveness and motility (9,10). Blocking or reversing this process is thought to be a promising therapeutic strategy to limit cancer diffusion. EMT is known to be activated by transcriptional regulators, including Snail, Twist and Slug (6,11). The EMT transcription factors have been reported to downregulate the expression of E-cadherin and upregulate the expression of N-cadherin and vimentin (7,10). Moreover, studies have found that Gli-1, a key factor in the Hedgehog (Hh) signaling pathway, can induce the expression of Snail, then decrease the expression of E-cadherin and increase the expression of N-cadherin (12,13). These results suggest that the occurrence of EMT may have a close association with the Hh signaling pathway.

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The Hh signaling pathway is considered to have a vital role in vertebrate development, the homeostatic process and tumorigenesis (14). A previous study reported that Gli-1 is a strong positive activator of downstream target genes and is itself a transcriptional target of the Hh pathway (15), therefore, Gli-1 is regarded as a marker of the abnormal activation of the Hh signaling pathway (16). Recent studies have found that the Hh signaling pathway is abnormally activated in small cell lung, breast, prostate, colorectal and pancreatic cancer (17-21). Significantly, the Sonic Hh (Shh) signaling pathway has been shown to contribute to tumor metastasis by inducing EMT in gastric cancer (22).

Currently, the Hh signaling pathway is a focus of attention as a therapeutic target for anti-cancer treatment. A number of experiments *in vivo* and *in vitro* have proved that cyclopamine, a cell-steroidal alkaloid, is specifically antagonistic with the Hh signaling pathway through direct interaction with Smo (23). The drug is a valuable tool that aids in determining the involvement of Hh signaling in the development of a variety of tumors. Cyclopamine is treated as a type of cancer-fighting drug with further promising applications, but its high price reduces its clinical application greatly. Hence, due to this, it is important to search for another anticancer drug.

The natural polyphenolic compound, resveratrol (trans-3,5,4-trihydroxystilbene), is found in peanuts, grapes and a variety of berries, as well as in food products derived from these foods, such as wine (24,25). Resveratrol exhibits a number of beneficial health effects, including anti-inflammatory, anti-oxidant, cardioprotective and anti-tumor properties (26,27), as well as affecting tumorigenesis and tumor progression (28).

In particular, study findings have indicated that resveratrol inhibits EMT in lung, pancreatic and breast cancer (29-31), and that it is also able to suppress the Hh signaling pathway in prostate carcinoma (32). In addition, resveratrol has been identified as being able to prevent, reverse or delay carcinogenesis. Notably, the drug has also been shown to prevent or delay cancer progression, which may be, in part, due to its ability to affect EMT-type cells by the attenuation of the Wnt and Hh signaling pathways (33). However, there have been no studies showing whether resveratrol inhibits the Hh signaling pathway to regulate the EMT in gastric cancer. The aim of the present study was to investigate the potential use of resveratrol as an inhibitor of the Hh pathway, which regulate EMTs, in gastric cancer.

## Materials and methods

**Reagents and cell culture.** Resveratrol and cyclopamine were purchased from Sigma-Aldrich (St. Louis, MO, USA) and dissolved in dimethylsulfoxide (DMSO; Sigma-Aldrich). Stock solutions (100 mmol/l resveratrol and 20 mmol/l cyclopamine in DMSO) were stored in the dark at -20°C and diluted with RPMI-1640 medium (HyClone, Logan, UT, USA) immediately prior to use. The final concentration of DMSO in the RPMI-1640 medium was maintained at <0.1%. The rabbit polyclonal antibody against Gli-1 and mouse monoclonal antibody against Snail (dilutions with 0.5% bovine serum albumin) were purchased from Santa Cruz Biotechnology Inc., (catalogue numbers, SC-20687 and SC-271977; dilutions, 1:1,000; Santa Cruz, CA, USA), and other rat monoclonal E-cadherin, mouse monoclonal

N-cadherin and mouse monoclonal  $\beta$ -tubulin antibodies (dilutions all with 0.5% bovine serum albumin) were obtained from Sigma-Aldrich (catalogue numbers, U3254, C2542 and T8328; dilutions, 1:1,000).

The human gastric cancer SGC-7901 cell line was obtained from The Central Laboratory of the Third Affiliated Hospital of Anhui Medical University (Hefei, Anhui, China). The SGC-7901 cells were grown in RPMI-1640 medium containing 2 mM L-glutamine supplemented with 10% fetal bovine serum (Gibco BRL, Life Technologies Inc., Grand Island, NY, USA), penicillin (100 IU/ml) and streptomycin (100  $\mu$ g/ml) at 37°C in a humidified atmosphere with 5% CO<sub>2</sub>, and harvested with trypsin-EDTA when the cells had reached exponential growth.

**Cell proliferation assay.** The MTT assay was used to determine the antitumor effects of the two drugs. Briefly, the cells were seeded at a density of  $1 \times 10^4$  in 96-well plates. Following overnight culture, the cells were then treated with increasing doses of resveratrol or cyclopamine for 48 h. The IC<sub>50</sub> value was the concentration resulting in 50% cell growth inhibition by a 48-h exposure to drug compared with the untreated control cells. Following cell exposure to each drug for 48 h in 96-well plates, 20  $\mu$ l MTT (Sigma-Aldrich; 5 mg/ml) solution was added to each well and then the optical density (OD) of each well was determined at 490 nm on an ELISA plate reader (Bio-Rad Laboratories, Inc., Winooski, VT, USA) following 4 h of incubation at 37°C. The percentage of cell growth inhibition resulting from each drug was calculated as:  $[(OD_{490}^{\text{control cells}} - OD_{490}^{\text{treated cells}}) / OD_{490}^{\text{control cells}}] \times 100$ . This assay was repeated in more than three independent experiments.

**Cell scratch test.** A scratch was made across the monolayer of SGC-7901 cells seeded in 6-well plates. The cells were treated with resveratrol and cyclopamine alone at their respective IC<sub>50</sub> values. Images of the scratches were captured at 0, 12, 24 and 48 h using a digital camera (C5060, Olympus, Tokyo, Japan) mounted on an inverted microscope (CKX41, Olympus).

**Reverse transcription-polymerase chain reaction (RT-PCR) analysis.** Total RNA was prepared from the cells using TRIzol reagent (Invitrogen Life Technologies, Carlsbad, CA, USA), according to the manufacturer's instructions. RT to cDNA was performed in the PCR thermal cycler (S1000; Biorad, California, USA) for 10 min at 25°C, 70 min at 37°C and 10 min at 72°C. Specific primers for the PCR amplification were designed and are listed in Table I. The PCR thermal cycle profile was composed of one cycle of denaturation for 5 min at 95°C, 30 cycles of denaturation for 30 sec at 95°C, annealing of primers for 45 sec at different temperatures, and extension for 50 sec at 72°C, followed by one cycle of a final extension step at 72°C for 10 min. PCR products were assayed by electrophoresis in a 1% agarose gel using Tris-acetate/EDTA buffer and visualized by 0.01% ethidium bromide. Relative expression was determined by densitometry using ImageJ software (Version 1.36b; NIH, Bethesda, MD, USA). The mean values were normalized to the internal GAPDH control and were calculated from at least three independent experiments.

Table I. Primer sequences for reverse transcription-polymerase chain reaction assays.

Genes	Sequences	Products, bp
Gli-1		185
Forward	5'-TTCCTACCAGAGTCCCAAGT-3'	
Reverse	5'-CCCTATGTGAAGCCCTATTT-3'	
Snail		259
Forward	5'-CCTGGGTGCCCTCAAGATGC-3'	
Reverse	5'-GAGCAGGGACATTTCGGGAGA-3'	
N-cad		189
Forward	5'-CGTGAAGGTTTGCCAGTGTG-3'	
Reverse	5'-GCGTTCCTTATCCCGCCGTT-3'	
E-cad		457
Forward	5'-CCTCAGGTCATAAACATCATTG-3'	
Reverse	5'-CGCCTCCTTCTTCATCATAGTAA-3'	
GAPDH		496
Forward	5'-CAAGGTCATCCATGACAACTTCG-3'	
Reverse	5'-GTCCACCACCCTGTTGCTGTAG-3'	

N-cad, N-cadherin; E-cad, E-cadherin.

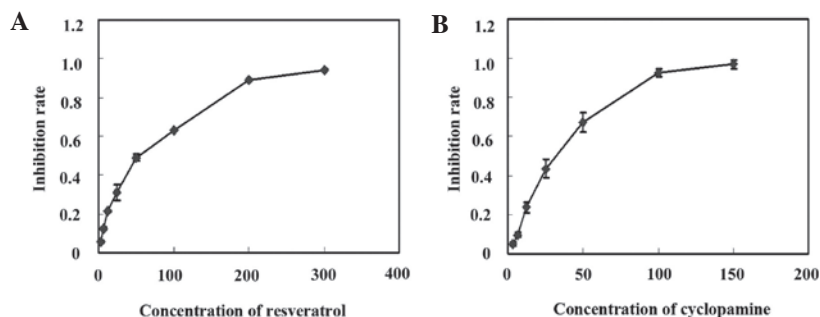


Figure 1. MTT assays were used to examine the inhibitory effect of resveratrol and cyclopamine on cell proliferation. The SGC-7901 cells were exposed to varying concentrations of (A) resveratrol (3.125-300  $\mu\text{mol/l}$ ) or (B) cyclopamine (3.125-150  $\mu\text{mol/l}$ ). Each data point is the result of more than three independent experiments.

**Western blot analysis.** The SGC-7901 cells ( $1 \times 10^6/\text{well}$ ) were cultured on 100- $\text{mm}^2$  plates overnight and treated with resveratrol or cyclopamine for 48 h, at their respective  $\text{IC}_{50}$  levels. The cells were washed with ice-cold phosphate-buffered saline (PBS) and scraped in lysis buffer. The lysates were centrifuged at  $13,380 \times g$  for 30 min at  $4^\circ\text{C}$  and the supernatant was collected. Equivalent cell proteins were analyzed by sodium dodecyl sulfate-polyacrylamide gel electrophoresis and transferred to polyvinylidene difluoride membranes. The membranes were blocked in PBS containing 5% skimmed milk and 0.1% Tween-20 for 2 h. Next, the appropriate primary antibodies against Gli-1, Snail, E-cadherin, N-cadherin and  $\beta$ -tubulin were used and incubated overnight at  $4^\circ\text{C}$ . The visualization of proteins was performed with a horseradish peroxidase-conjugated goat anti-rabbit, goat anti-mouse and goat anti-rat secondary antibodies (catalogue numbers, ZB-2301, ZB-2305 and ZB-2307, respectively; dilution, 1:5,000; ZSGB-BIO, Beijing, China) at room temperature for 1 h, and the protein bands were detected using enhanced chemiluminescence reagents (Millipore, Billerica, MA, USA).

**Statistical analysis.** The results obtained from at least three independent experiments are expressed as the mean  $\pm$  standard deviation. Student's t-test was used to determine the differences between the control and treatment groups.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Different antiproliferative effects of resveratrol and cyclopamine in SGC-7901 cells.** The effects of resveratrol and cyclopamine on the proliferation of the SGC-7901 cells were determined using an MTT assay. The dose-dependent growth inhibitory effects of resveratrol or cyclopamine were observed in the SGC-7901 cells (Fig. 1). The  $\text{IC}_{50}$  values of resveratrol and cyclopamine were  $54.92 \pm 2.52 \mu\text{M}$  and  $26.14 \pm 1.09 \mu\text{M}$ .

**Resveratrol and cyclopamine inhibits the metastasis and invasion of SGC-7901 cells.** The width of the scratch was measured under a microscope at 0, 12, 24 and 48 h. The results (Fig. 2) showed that the scratches of the cells treated

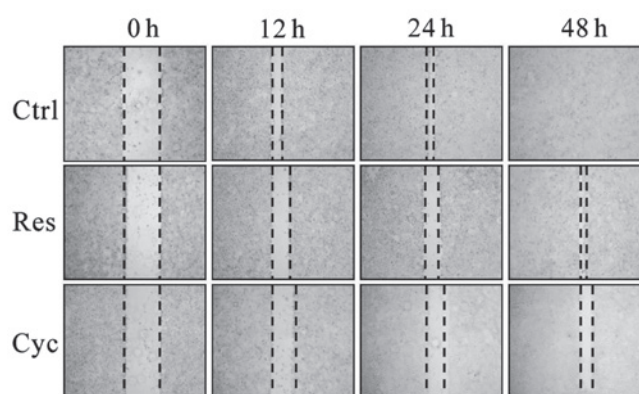


Figure 2. Effect of resveratrol and cyclopamine on the metastasis and invasion of SGC-7901 cells. The cells were cultured with RPMI-1640 medium (Ctrl), resveratrol (Res) and cyclopamine (Cyc) at their respective  $IC_{50}$  values for 48 h. Scratches of the same width were made for each group at 0 h, and then the width of the scratched was measured at 12, 24 and 48 h.

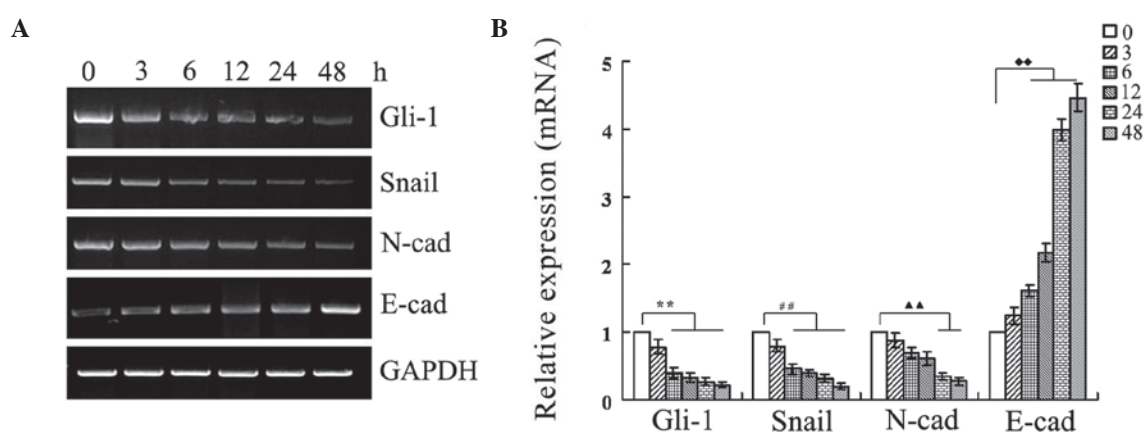


Figure 3. Various effects of resveratrol exposure ( $IC_{50}$  value) on the target genes for different times. The SGC-7901 cells were cultured with resveratrol (55  $\mu$ mol/l) for 0, 3, 6, 12, 24 and 48 h. (A) The expression levels of the mRNA of Gli-1, Snail, E-cadherin and N-cadherin were detected by reverse transcription-polymerase chain reaction assay. GAPDH was used as a loading control. (B) The relative mRNA expression of the target genes. \*\* $P < 0.01$  vs. Gli-1 0 h; \*\* $P < 0.01$  vs. Snail 0 h;  $\Delta\Delta P < 0.01$  vs. N-cadherin 0 h; \*\* $P < 0.01$  vs. E-cadherin 0 h. E-cad, E-cadherin; N-cad, N-cadherin.

with resveratrol or cyclopamine were wider than the control group at the same time-points. This indicated that resveratrol and cyclopamine were able to inhibit metastasis and invasion in the human gastric cancer SGC-7901 cell line.

**Different effects of resveratrol on the expression of Gli-1, Snail, E-cadherin and N-cadherin at different time-points.** In order to determine the action time of resveratrol for inhibiting the Hh signaling pathway and EMT, the SGC-7901 cells were cultured in RPMI-1640 medium containing 55  $\mu$ mol/l resveratrol for 0, 3, 6, 12, 24 and 48 h respectively, and then the expression of Gli-1, Snail, E-cadherin and N-cadherin was analyzed using RT-PCR and western blotting. The results (Figs. 3 and 4) showed that the expression of Gli-1, Snail and N-cadherin reduced, while the expression of E-cadherin increased, in a time-dependent manner. In particular, the results indicated that the changes in E-cadherin expression were more marked at 24 h, therefore, the study used 24 h as the action time of resveratrol in the gastric cancer SGC-7901 cells.

**Changes in the expression of Gli-1, Snail, E-cadherin and N-cadherin mRNA following treatment of cells with resveratrol or cyclopamine for 24 h.** To confirm the ability of

resveratrol to inhibit the Hh signaling pathway and EMT, SGC-7901 cells treated with complete medium (Ctrl group), 55  $\mu$ mol/l resveratrol (Res group) or 25  $\mu$ mol/l cyclopamine (Cyc group) for 24 h were used to examine changes in the Hh signaling pathway and in EMT markers. As shown in Fig. 5, the results indicated that the expression of E-cadherin was significantly increased, while that of Gli-1, Snail and N-cadherin was significantly in the Res and Cyc groups compared with the Ctrl group. In other words, resveratrol inhibited Gli-1 expression, and then downregulated Snail and N-cadherin expression, and upregulated E-cadherin expression, which was identical to cyclopamine with regard to mRNA expression.

**Expression of Gli-1, Snail, E-cadherin and N-cadherin protein following treatment of cells with resveratrol or cyclopamine for 24 h.** In order to further demonstrate the effect of resveratrol on Gli-1, Snail, E-cadherin and N-cadherin from the perspective of protein expression, the western blotting experiment was used to analyze Gli-1, Snail, E-cadherin and N-cadherin protein expression in the Ctrl, Res and Cyc groups. The results (Fig. 6) showed that the expression of E-cadherin was markedly enhanced in the Res and Cyc



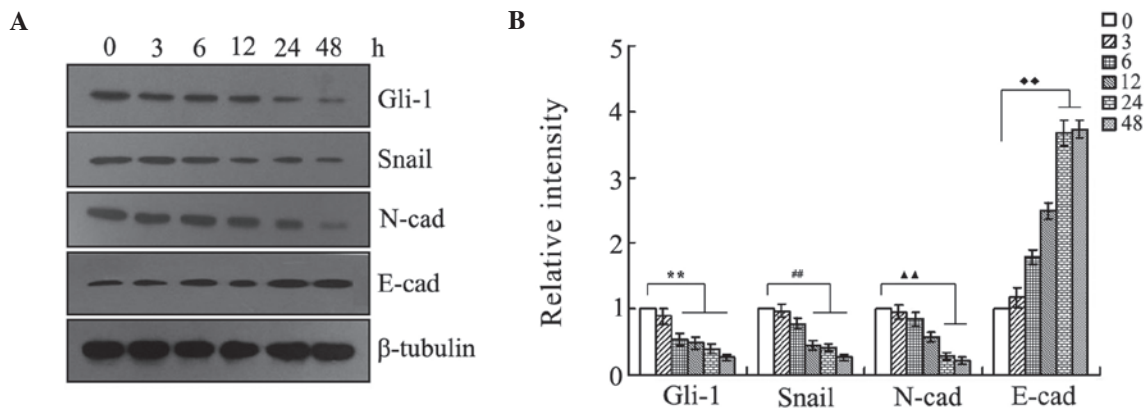


Figure 4. Different effects of resveratrol exposure for different times at its  $IC_{50}$  concentration. (A and B) The human gastric cancer SGC-7901 cells were treated in complete medium containing resveratrol (55  $\mu$ mol/l) for 0, 3, 6, 12, 24 and 48 h. Subsequent to treatment, the proteins of Gli-1 and EMT markers were analyzed by western blot analysis with corresponding antibodies.  $\beta$ -tubulin was used as a loading control. \*\*P<0.01 vs. Gli-1 0 h; \*P<0.01 vs. Snail 0 h; ▲▲P<0.01 vs. N-cadherin 0 h; \*\*P<0.01 vs. E-cadherin 0 h. E-cad, E-cadherin; N-cad, N-cadherin.

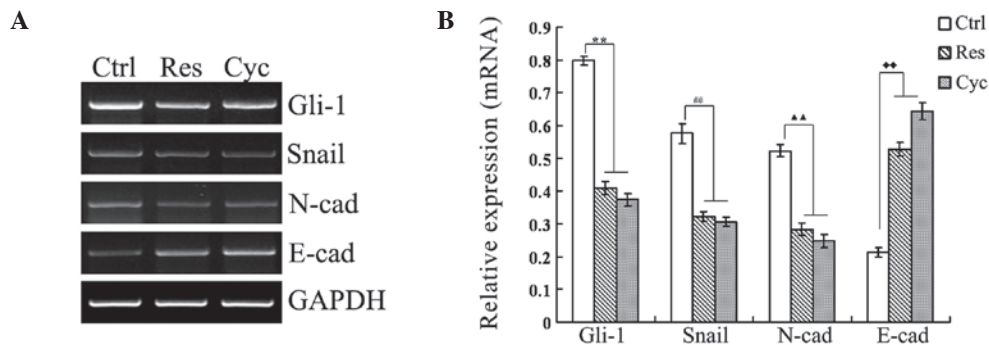


Figure 5. (A and B) Expression of Gli-1, Snail, E-cadherin and N-cadherin mRNA in untreated (Ctrl), resveratrol-treated (55  $\mu$ mol/l; Res) and cyclopamine-treated (25  $\mu$ mol/l; Cyc) SGC-7901 cells was assessed by reverse transcription-polymerase chain reaction analysis. The expression of each gene was standardized using GAPDH as a reference gene. The relative intensity for each band was measured using ImageJ software, dividing the absolute intensity of each sample band by the absolute intensity of the standard. \*\*P<0.01 vs. control (Gli-1); #P<0.01 vs. control (Snail); ▲▲P<0.01 vs. control (N-cadherin); \*\*P<0.01 vs. control (E-cadherin). E-cad, E-cadherin; N-cad, N-cadherin.

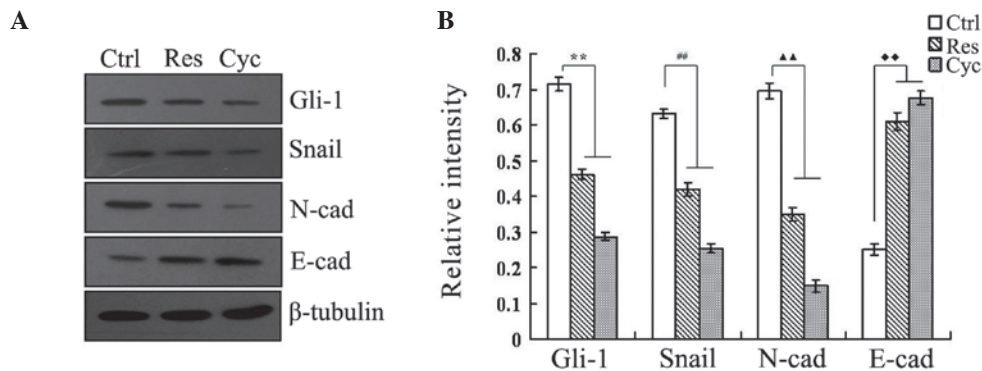


Figure 6. Proteins expression level of Gli-1, Snail, E-cadherin and N-cadherin in untreated (Ctrl), resveratrol-treated (Res) and cyclopamine-treated (Cyc) SGC-7901 cells with respective  $IC_{50}$  values, assessed by western blotting analysis. Proteins were extracted with radioimmunoprecipitation assay buffer. Specific antibodies against Gli-1, Snail, E-cadherin and N-cadherin were used. Bound proteins were detected using appropriate horseradish peroxidase-conjugated secondary antibodies. (A) Analysis of the western blot images was performed by calculating (B) the relative intensity of the immunoreactive bands following analysis by means of the ImageJ software. The relative densities of the bands were expressed as arbitrary units. \*\*P<0.01 vs. control (Gli-1); #P<0.01 vs. control (Snail); ▲▲P<0.01 vs. control (N-cadherin); \*\*P<0.01 vs. control (E-cadherin). E-cad, E-cadherin; N-cad, N-cadherin.

groups compared with the Ctrl group, while at the same time, Gli-1, Snail and N-cadherin protein expression was decreased significantly in the Res and Cyc groups compared with the Ctrl group.

## Discussion

Resveratrol is a natural polyphenolic compound that was first isolated from the roots of the white hellebore (*Veratrum album*),

and is now known to be found in mulberries, grapes, red wine, peanuts, knotweed and other plants (27,34). Resveratrol is a member of the phytoalexin family, which are low molecular weight, secondary metabolites produced by plants as a defensive mechanism against certain stresses, such as attack by pathogens, wounds and ultraviolet irradiation. Numerous studies in the literature have indicated that resveratrol exhibits anticancer, anti-inflammatory, anti-oxidative and antiasthmatic effects (26,27,35,36), suppresses metastasis in several cancers (37), inhibits platelet aggregation in cardiovascular diseases, and regulates mucin, inflammatory mediators [monocyte chemoattractant protein-1, interleukin (IL)-6 and IL-8] and matrix-metalloprotease-9 expression in chronic obstructive pulmonary disease (38-40). Another study revealed that resveratrol inhibits the Hh signaling pathway in prostate cancer (32). These beneficial properties mean that resveratrol can be used as a potential health-benefiting compound in the manufacture of pharmaceuticals, cosmetics and nutraceuticals.

The Hh gene was initially identified by Christiane Nüsslein-Volhard and Eric Wieschaus in 1980, while studying mutations of the fruit fly, *Drosophila melanogaster*, which directly affected embryonic development (41). There are three Hh genes in vertebrates: Shh, Desert Hh (Dhh) and Indian Hh (Ihh), each of which were independently identified (42-45). The corresponding hh proteins of humans and mice are secreted and membrane anchored, and can act on nearby and distant cells (46). The Hh signaling pathway is composed of Patched (Ptch), a 12-transmembrane receptor, Smoothed (Smo), a 7-transmembrane receptor, and the Glis transcription factor family (Gli-1, Gli-2 and Gli-3) (47). The Hh signaling pathway in mammalian cells is mediated by ligands of Hh. In the absence of Hh, the activity of Smo is inhibited by Ptch, resulting Hh signaling pathway inactivation. Binding of Hh to Ptch abrogates its inhibitory effect, and the repression of Smo is therefore halted, consequently activating the Glis transcription factor family (48,49). Gli-1 is a strong positive activator of downstream target genes and is itself a transcriptional target of the Hh pathway in the Glis transcription factor family (15), however, Gli-2 has the double function of activation and inhibition, and the main effect of Gli-3 is inhibition. As a consequence, Gli-1 is regarded as a marker of the abnormal activation of the Hh signaling pathway (16). In addition, a recent study has indicated that the Shh signaling pathway promotes metastasis via activation of the EMT pathway in gastric cancer (22).

EMT plays a role in cancer invasion and metastasis, which are key processes in cancer progression and metastasis. Zinc-finger transcription factors, such as Snail, Twist1 and Slug, trigger the EMT process and repress E-cadherin transcription. These transcriptional repressors cadherin also aid in the development of EMT (6). In the process of EMT, the characteristic marker, E-cadherin, is lost by the epithelial cells and the mesenchymal marker, N-cadherin, is gained. Following the occurrence of EMT, the solid connection between the cells and the cell polarity are destroyed, and intercellular adhesion is weakened or lost, so the carcinoma cells are prone to invasion and metastasis. A previous study has shown that Gli-1, the Hh signaling pathway target gene, can rapidly and directly induce the expression of EMT transcription factor Snail (50), thereby downregulating the expression of E-cadherin and upregulate the expression of N-cadherin. This indicates that the EMT process is regulated by

the Hh signaling pathway. Another previous study demonstrated that resveratrol could inhibit EMT in order to slow migration and invasion in pancreatic cancer cells (51).

However, there have been no studies demonstrating that resveratrol can inhibit the Hh signaling pathway and EMT in human gastric cancer cells. Therefore, the present study aimed to prove that resveratrol suppresses the Hh signaling pathway and further inhibits the EMT process, finally inhibiting invasion and metastasis in gastric cancer.

In the present study, cyclopamine was used as a positive control, as it is the classical inhibitor of the Hh signaling pathway. Cyclopamine is a natural steroidal alkaloid derived from the corn lily, *Veratrum californicum*, which specifically disrupts the Hh signaling pathway (52). Using a mechanism similar to that identified for the Hh-induced pathway activation and for small-molecule Hh agonists, cyclopamine promotes the ciliary translocation of Smo (53). In addition, cyclopamine is believed to result in a conformational shift of Smo that renders the receptor inactive and effectively blocks further signal transduction (54,55).

In the present study, when the SGC-7901 cells were treated with resveratrol or cyclopamine, SGC-7901 cell invasion and metastasis was suppressed (Fig. 2). The results in Figs. 5 and 6 show that the expression of Gli-1 was inhibited by resveratrol and cyclopamine, and that the expression of Snail and N-cadherin was reduced. However, the expression of E-cadherin was increased. These results may be explained by the fact that the EMT-inducing transcription factor, Snail, is induced by Gli-1 directly (50), therefore, the expression of Snail is reduced when Gli-1 is restrained. Snail plays a central role in EMT, as it can bind to the promoter E-box, which represses E-cadherin transcription (6). Therefore the expression of E-cadherin increases when Snail is inhibited.

In conclusion, the present study demonstrated that resveratrol is able to inhibit gastric cancer cell invasion and metastasis *in vitro* by inhibiting the Hh signaling pathway and EMT. However, confirmation of this result in a larger number of gastric cancer cell lines is necessary and further *in vivo* studies are required.

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