Enhanced expression of early mitotic inhibitor-1 predicts a poor prognosis in esophageal squamous cell carcinoma patients

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Abstract. Early mitotic inhibitor-1 (Emi1), as a key cell cycle regulatory gene, induces S phase and mitotic entry by controlling anaphase-promoting complex substrates. Emi1 overexpression may be a prognostic factor for patients with invasive breast cancer. However, its expression and clinical significance in esophageal squamous cell carcinoma (ESCC) remain unknown. In the present study, Emi1 was overexpressed in ESCC samples, contrarily to their neighboring normal tissues. The expression of Emi1 was correlated with histological differentiation (P=0.032), lymphatic metastasis (P=0.006) and Ki-67 expression (P=0.028). Multivariate analysis indicated that the presence of lymphatic metastasis and the protein expression levels of Emi1 and Ki-67 were all independent prognostic factors for ESCC patients (P=0.042, 0.018 and 0.001, respectively). In vitro, however, the expression of Emi1 was upregulated in the ECA109 cell line following release from serum starvation. In addition, depletion of endogenous Emil by small interfering RNA could effectively reduce cell proliferation. Thus, the present data indicated that Emi1 expression was upregulated in ESCC tissues and correlated with poor survival in ESCC patients, and suggested that Emi1 may be an independent prognostic factor for ESCC patients.

Introduction

Esophageal cancer (EC), the eighth most common type of cancer in the world, may be pathologically divided into two major categories: Esophageal adenocarcinoma and esophageal squamous cell carcinoma (ESCC) (1,2). In China, EC is highly prevalent, and is the fourth-ranked cancer in terms of incidence (3). Due to the difficulties in early diagnosis and poor treatment efficacy, the 5-year survival rate of ESCC is considerably low, ranging from 15-25% (1-4). Thus far, numerous studies have been conducted to attempt to clarify the fundamental molecular mechanisms and biological behavior of ESCC.

Abnormalities in the cell cycle are essential in the process of human carcinogenesis, resulting in an increase in cell proliferation and/or a reduction in the death of abnormal cells (5). Several key proteins are required to maintain the integrity of the normal cell cycle, and aberrant expression of proteins such as cyclins A and B1 leads to an abnormal cell cycle (5-8). Cyclin A, as an important checkpoint mechanism in the G1-S transition of the cell cycle, is expressed just prior to the start of DNA synthesis, while cyclin B1 acts as a mitotic cyclin protein in the G2-M transition (9). It has been verified that the expression of cyclin A and cyclin B1 is remarkably upregulated in human ESCC, as opposed to neighboring normal tissues (10,11). Therefore, cyclins A and B1 may be implicated in the tumorigenesis and evolution of malignancies (9-13). Early mitotic inhibitor-1 (Emi1), as a cell cycle regulator, governs the progression to S phase and mitosis by stabilizing key ubiquitination substrates of anaphase-promoting complex, including cyclins A and B1 (14-16). It has been previously reported that excess Emil added to Xenopus egg extracts prevents cyclins A and B1 degradation, and is required for accumulation of cyclins A and B1 (17). In addition, upregulation of Emi1 messenger RNA exists in numerous malignant tumors, and its overexpression produces mitotic defects, possibly resulting in tumorigenesis (18-20).

Despite the frequent dysfunction of the cell cycle machinery in human ESCC, the expression and clinical significance of Emil protein in ESCC remain unclear. In the present study, Emil protein expression was determined by immunohistochemistry and immunoblotting in ESCC, and the associations between Emil and clinicopathological variables and prognosis were investigated. In addition, ECA109 cells were transfected with Emil small interfering (si)RNA vectors *in vitro* to investigate the functionality of Emil as a potential therapeutic target for ESCC.

Materials and methods

Patients and tissue specimens. In the present study, 90 ESCC (55 males and 35 females) aged 31-80 years (mean, 60 years) were retrieved from the archival files of the Department of

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Pathology of the Affiliated Hospital of Nantong University (Nantong, China) from January 2000 to December 2004. None of the patients were treated with radiation, chemotherapy or immunotherapy prior to operation. Upon signing informed consent, patients were questioned regarding their demographic characteristics. Histological differentiation was divided into three grades, namely, grade I (well differentiated), II (moderately differentiated) and III (poorly differentiated). The 90 patients examined were grouped into the above three grades (20 patients into grade I, 50 into grade II and 20 into grade III). In addition, invasion of lymphatic and blood vessels was evaluated microscopically.

Tissue specimens were treated as soon as surgical removal was completed. For histological examination, all tumorous and para-cancerous tissue portions were processed into 10% buffered formalin-fixed, paraffin-embedded blocks. Protein expression was analyzed in 8 tumorous and para-cancerous tissue samples stored at -80°C.

Immunohistochemical analyses. The tissue sections were deparaffinized through a graded ethanol series, and endogenous peroxidase activity was blocked by immersion in 0.3% hydrogen peroxide (H₂O₂). Next, the sections were treated in 10 mmol/l citrate buffer (pH 6.0; Beijing Zhongshan Jinqiao Biotechnology Co., Ltd., Beijing, China), and heated to 121°C in a pressure cooker for 20 min for antigen retrieval. Upon washing in phosphate-buffered saline (PBS) (pH 7.2), 10% goat serum (Beijing Zhongshan Jinqiao Biotechnology Co., Ltd.) was applied for 1 h at room temperature to block nonspecific reactions. Then, the sections were incubated for 12 h at 4°C with anti-Emi1 rabbit polyclonal antibody (1:100; cat. no. sc-30182; Santa Cruz Biotechnology, Inc., Dallas, TX, USA), and anti-Ki-67 mouse monoclonal antibody (1:100; clone 7B11; Zymed; cat. no. MA5-15690; Thermo Fisher Scientific, Inc., Waltham, MA, USA). Negative control sections were also processed in parallel with a nonspecific immunoglobulin (Ig)G (cat. no. I5006-10MG; Sigma-Aldrich, St. Louis, MO, USA) applied at the same concentration as the above primary antibodies. All sections were treated using the peroxidase-antiperoxidase method (Dako, Glostrup, Denmark). Upon washing in PBS, the peroxidase reaction was visualized by incubating the slides with 3,3'-diaminobenzidine tetrahydrochloride in 0.05 mol/l Tris buffer (pH 7.6) including 0.03% H₂O₂. Upon washing in water, the slides were counterstained with hematoxylin, dehydrated in a graded alcohol series and coverslipped.

Immunohistochemical evaluation. All the immunostained sections were assessed in a blinded approach without knowing the patients' clinical and pathological variables. Regarding Emil assessment, staining intensity was evaluated using a four rating-level-scheme, where scores ranging from 0 to 3 indicated negative, weak, medium and strong staining, respectively. For extent of staining, a five rating-level-scheme was employed. Thus, based on the total amount of positive stained areas in the whole carcinoma region, the extent of staining was evaluated with scores ranging from 0 to 4 as follows: 0, 0%; 1, 1-25%; 2, 26-50%; 3, 51-75%; and 4, 76-100%. The sum of intensity and extent scores was used as the final staining score (0-7) for Emil. Tumors were considered to be positive when

their final staining scores were ≥ 3 (21). In each specimen, five high-power fields were randomly selected for Ki-67 assessment, together with examination of nuclear staining. To determine the medium percentage of immunostained cells among the total number of cells, >500 cells were counted. To avoid possible technical errors, staining was performed twice, and similar results were achieved. All the aforementioned evaluations were conducted independently by two investigators with identical results.

Cell culture and cell cycle analysis. The human ESCC cell line ECA109 was purchased from the Chinese Academy of Sciences (Beijing, China) and cultured in RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc.) with 10% heat-inactivated fetal calf serum (Gibco; Thermo Fisher Scientific, Inc.), 2 mM L-glutamine and 100 U/ml penicillin-streptomycin mixture (Gibco; Thermo Fisher Scientific, Inc.) at 37°C and 5% CO₂. Cells were fixed in 70% ethanol for 1 h at 4°C, and then incubated with 1 mg/ml RNase A for 30 min at 37°C for cell cycle analysis. Next, cells were stained with propidium iodide (50 mg/ml; BD Biosciences, San Jose, CA, USA) and analyzed using a flow cytometer (FACScar; BD Biosciences) and CellQuest Pro Acquisition and Analysis software (BD Biosciences).

siRNA and transfection. The pSilencer 4.1-CMV Emi1-siRNA expression vectors were constructed by incorporating the siRNA targeting nucleotide residues AAGCAC TAGAGACCAGTAGAC (Emil-sil) and ACTTGCTGC CAGTTCTCA (Emi1-si2) in the pSilencer 4.1-CMV vector (Thermo Fisher Scientific, Inc.). ECA109 cells were seeded the day preceding transfection using RPMI-1640 medium with 10% fetal calf serum but without antibiotics. Transient transfection of Emi1-siRNA and control siRNA vectors was conducted using Lipofectamine® LTX & PLUS™ reagent (Thermo Fisher Scientific, Inc.) in Opti-MEM® (Thermo Fisher Scientific, Inc.), as suggested by the manufacturer. Cells were incubated with the pSilencer vectors and Lipofectamine[®] LTX & PLUS[™] reagent complexes for 4 h at 37°C, and harvested 48 h post-transfection. The experiments were repeated three times.

Cell Counting Kit (CCK)-8 assay. Cell proliferation was detected by the commercial CCK-8 method (Dojindo Molecular Technologies, Inc., Kumamoto, Japan), according to the manufacturer's protocol. Shortly, cells were seeded into 96-well cell culture cluster plates at a concentration of $2x10^4$ cells/well in volumes of $100 \ \mu$ l, and cultured overnight. CCK-8 reagent was added to a subset of wells containing cells under different treatments, and incubated for 2 h at 37°C. The absorbance was next quantified at 450 nm with an automated plate reader.

Western blot analysis. Tissues and cells were rapidly homogenized in a homogenization buffer containing 1% Triton X-100, 1 M Tris-HCl (pH 7.5), 10% sodium dodecyl sulfate (SDS), 1% Nonidet TM P-40, 10 μ g/ml leupeptin, 0.5% sodium deoxycholate, 10 μ g/ml aprotinin, 0.5 M ethylenediaminetetraacetic acid and 1 mM phenylmethylsulfonyl fluoride, prior to be centrifuged at 10,000 g for 30 min to collect

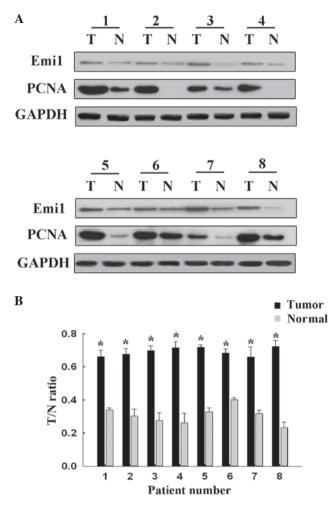


Figure 1. Emi1 is overexpressed in ESCC, compared with para-cancerous tissues. (A) Western blotting of 8 representative paired samples of ESCC tissues and para-cancerous tissues immunoblotted against Emi1. Whole-cell lysates were prepared from tissue specimens obtained from ESCC and para-cancerous tissues. In 6 of the 8 samples tested, Emi1 expression levels were significantly higher in ESCC than in paired para-cancerous tissues. Proliferating cell nuclear antigen was used as a tumor proliferative marker, while GAPDH was used as a control for protein loading and integrity. (B) Quantification of the results shown in panel A. *P<0.05. ESCC, esophageal squamous cell carcinoma; Emi1, early mitotic inhibitor-1; PCNA, proliferating cell nuclear antigen; GAPDH, glyceraldehyde 3-phosphate dehydrogenase T, tumor; N, normal.

the supernatant. Protein concentrations were measured with a Bio-Rad protein assay (Bio-Rad Laboratories, Inc., Hercules, CA, USA). 2X SDS loading buffer was used to dilute the supernatant, which was next boiled. Proteins were separated by SDS-polyacrylamide gel electrophoresis, and then transferred to polyvinylidene difluoride membranes (EMD Millipore, Billerica, MA, USA). The membranes were blocked with 5% dried skimmed milk in Tris-buffered saline and Tween 20, containing 20 mM Tris, 0.05% Tween 20, and 150 mM NaCl. Following 2 h-incubation at room temperature, the membranes were incubated overnight with the following antibodies: Anti-Emi1 (1:500; cat. no. sc-30182), anti-cyclin A (1:500; cat. no. sc-751), anti-cyclin B1 (1:500; cat. no. sc-25764), anti-proliferating cell nuclear antigen (1:1,000; cat. no. sc-56) and anti-glyceraldehyde 3-phosphate dehydrogenase (1:1,000; cat. no. sc-25778). All the above primary antibodies were purchased from Santa

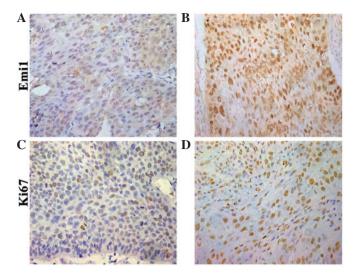


Figure 2. Immunohistochemical staining of Emi1 and Ki-67 in ESCC tissues. Paraffin-embedded tissue sections were stained with antibodies against Emi1 and Ki-67, and counterstained with hematoxylin.(A and B) Emi1 reactivity (magnification, x400). (C and D) Ki-67 staining (SP x400). (A and C) Well differentiated ESCC specimens displayed (A) weak Emi1 and (C) weak Ki-67 immunostaining. (B and D) Moderate/poor differentiated ESCC tissues exhibited (B) strong Emi1 (B) and (D) strong brown nuclear Ki-67 immunostaining. ESCC, esophageal squamous cell carcinoma; Emi1, early mitotic inhibitor-1.

Cruz Biotechnology, Inc. Horseradish peroxidase-linked IgG (cat. no. sc-2030; Santa Cruz Biotechnology, Inc.) was used as a secondary antibody. The immunoreactive bands were visualized by chemiluminescence (NEN Life Science Products, Inc., Boston, MA, USA), and exposed to X-ray films, which were then scanned using a Molecular Dynamics densitometer (GE Healthcare Life Sciences, Chalfont, UK) and the Odyssey infrared imaging system (LI-COR Biotechnology, Lincoln, NE, USA). The experiments were repeated on three separate occasions.

Statistical analysis. The statistical software Stata version 11.0 (StataCorp LP, College Station, TX, USA) was used for statistical analysis. The association between Emi1 protein expression and clinicopathological factors was analyzed using the χ^2 test. Survival curves were plotted using the Kaplan-Meier method, and the log-rank test was employed for analysis. Multivariate analysis was performed using Cox's proportional hazards model. The risk rate and its 95% confidence interval were recorded for each marker. P<0.05 was considered to indicate a statistically significant difference.

Results

The expression of Emil in human ESCC tissue samples. To reveal the role of Emil in ESCC, the expression of Emil protein was detected by western blot analysis in 8 paired frozen ESCC tumor tissues and para-cancerous tissues. The results revealed that Emil expression was significantly increased in 6 of 8 tumors, compared with para-cancerous tissues (P<0.05; Fig. 1). In addition, expression of Emil and Ki-67 was simultaneously detected and further verified in 90 ESCC samples by immunohistochemical staining. The results indicated that Emil and Ki-67 proteins were overexpressed in ESCC

Variables		Emi1 expression		
	Cases (n)	Negative (final score, 0-2; n=32)	Positive (final score 3-7; n=58)	P-value
Age, years				0.244
≤60	46	19	27	
>60	44	13	31	
Gender				0.120
Male	55	23	32	
Female	35	9	26	
Histological differentiation				0.032ª
Well	20	12	8	
Moderately	50	15	35	
Poorly	20	5	15	
Lymphatic metastasis				0.006ª
Positive	23	9	34	
Negative	67	23	24	
Tumor diameter, cm				0.755
≤5	80	28	52	
>5	10	4	6	
Tumor depth				0.079
T1	7	3	4	
T2	6	5	1	
Т3	22	7	15	
T4	55	17	38	
Ki-67 expression, %				0.028ª
≤0.78	45	21	24	
>0.78	45	11	34	

Table I. Association between Emi1 protein expression and clinicopathological features of esophageal squamous cell carcinoma specimens.

^aStatistical analyses were performed with the Pearson's χ^2 test. P<0.05 was considered to indicate a statistically significant difference. Emi1, early mitotic inhibitor-1.

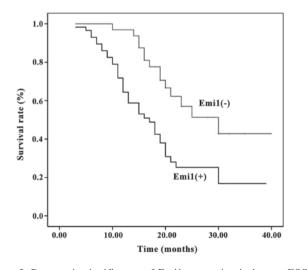


Figure 3. Prognostic significance of Emil expression in human ESCC samples. Kaplan-Meier survival curves revealed that, compared with low expression of Emil, its overexpression was correlated with poor survival in ESCC patients (P=0.001, log-rank test). Emil, early mitotic inhibitor-1; ESCC, esophageal squamous cell carcinoma.

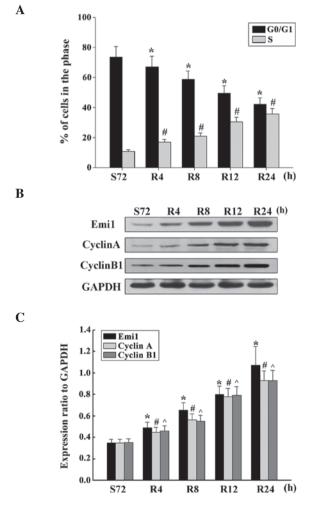
specimens, whereas in the matching para-cancerous tissue samples, their expression was weak or absent (Fig. 2).

Correlation of Emil protein expression with clinicopathological variables in human ESCC tissues. The association between Emil expression and clinicopathological variables was evaluated. For statistical analysis of Emil expression, the ESCC tissue specimens were classified into positive or negative groups, based on their final staining scores. As presented in Table I, Emil expression was correlated with histological differentiation (P=0.032) and lymphatic metastasis (P=0.006), while no correlation existed between Emil expression and other prognostics factors, including age, gender, tumor diameter and tumor depth. Furthermore, a positive correlation existed between Emil and Ki-67 expression (which is indicative of proliferative activity) in the majority of specimens (P=0.028).

Prognostic significance of Emil expression in human ESCC samples. Survival information was available for all patients

Variables	Hazard ratio	95% Confidence interval	P-value
Age	1.143	0.655-1.995	0.638
Gender	0.898	0.483-1.668	0.733
Histological differentiation	0.641	0.416-1.624	0.571
Tumor diameter	1.485	0.652-3.383	0.346
Tumor depth	1.171	0.800-1.713	0.416
Lymphatic metastasis	0.822	0.421-0.976	0.018 ^a
Emi1 expression	1.967	1.024-3.782	0.042ª
Ki-67 expression	3.047	1.554-5.973	0.001ª

^aStatistical analyses were performed with the log-rank test. P<0.05 was considered to indicate a statistically significant difference. Emi1, early mitotic inhibitor-1.



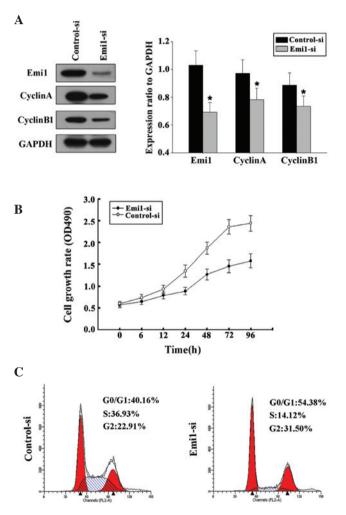


Figure 4. Overexpression of Emi1 and cell cycle-related molecules in proliferating esophageal squamous cell carcinoma cells. (A) ECA109 cells were synchronized at G1, and induced to progress into the cell cycle by serum addition at 0, 4, 8, 12 and 24 h. Upon cell cycle progression induction, the majority of cells were in the S phase. Data represent the mean \pm standard deviation of three independent experiments *#P<0.01 vs. control (S72 h). (B) ECA109 cells were prepared and analyzed by western blotting using antibodies against Emi1, cyclin A and cyclin B1. GAPDH was used as a control for protein loading and integrity. (C) Ratio of Emi1, cyclin A and cyclin B1 protein levels to those of GAPDH for each time point, as analyzed by densitometry. Data represent the mean \pm standard error of the mean (n=3). *#^P<0.01, vs. control (S72 h). S, serum starvation; R, serum addition; Emi1, early mitotic inhibitor-1; GAPDH, glyceraldehyde 3-phosphate dehydrogenase.

Figure 5. Silencing Emil expression suppressed the proliferation of esophageal squamous cell carcinoma cells and the expression of cell cycle-related molecules in these cells. (A) ECA109 cells were transiently transfected with siRNA targeting Emil (Emil-si1 and Emil-si2) or with a scrambled control siRNA sequence (control-si) for 48 h, and immunoblot analysis of Emil, cyclin A, cyclin B1 and glyceraldehyde 3-phosphate dehydrogenase was then performed, *P<0.05 vs. control. (B) The growth curve of ECA109 cells treated with Emil-si1 was compared with that of control-si-treated cells by Cell Counting Kit-8 assay at the indicated time points. Silencing Emil resulted in a significant inhibition in cell growth rate (P=0.001). (C) At 48 h post-transfection, cells were stained with propidium iodide for analysis of their DNA content by fluorescence-activated cell sorting. Flow cytometry demonstrated that Emil inhibited the cell cycle at the G1/S transition. Emil, early mitotic inhibitor-1; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; si, small interfering; OD, optical density.

at the end of clinical follow-up. Kaplan-Meier survival curves for univariate analysis demonstrated that Emi1 protein overexpression resulted in a poor survival rate (P<0.05) (Fig. 3). According to the Cox's proportional hazards regression model, Emi1 expression, Ki67 expression and lymphatic metastasis were independent prognostic factors of poor prognosis in ESCC patients (Table II).

Emi1 is involved in ESCC cell proliferation. To demonstrate whether Emi1 expression was cell cycle-dependent in ESCC cells, the cell cycle was analyzed following serum starvation and upon re-feeding with serum. ECA109 cells were arrested in the G1 phase by serum deprivation for 72 h, and the percentage of cells in the G1 phase increased from 39.08 to 73.35% under these conditions (Fig. 4A). Upon serum addition, the cells were released from the G1 phase and reentered the S phase. As expected, the expression of Emi1 increased as early as 4 h post-serum stimulation in ECA109 cells. Additionally, the expression of cyclins A and B was upregulated (Fig. 4B and C). These results indicate that Emi1 is important role in the regulation of cell proliferation.

siRNA targeting Emil inhibits ESCC cell proliferation. By transfecting ECA109 cells with Emil-siRNA or control siRNA, the influence of Emil on ESCC cell proliferation was further evaluated. In the present study, two siRNAs targeting Emi1 (Emi1-si1 and Emi1-si2) were tested, and the efficiency of Emi1 gene silencing was measured by immunoblotting. The results demonstrated that Emil-sil exerted a better silencing effect. Decreased expression of cyclins A and B was detected in Emi-sil (Fig. 5A). This result was in agreement with a previous study that reported that Emil promoted mitotic entry to enable accumulation of cyclins A and B1 (15). Flow cytometry confirmed that Emi1-si could inhibit the cell cycle at the G1-S transition (Fig. 5B). Silencing of Emil led to a significant inhibition of the rate of cell growth (Fig. 5C). These findings further suggested that Emi1 may be involved in the regulation of the G1-S transition, which could be responsible for the increased growth rate of ESCC cells.

Discussion

Thanks to the advances in molecular and cellular biology of tumors, it is well known that the occurrence of EC is partly due to acquired alterations in oncogenes and tumor suppressor genes (4). Cell proliferation, differentiation and cell cycle control disorders are important features in cancer (1). Misregulation of the G1-S transition is an essential component of the cellular transformation process in the cell cycle, and G1-S regulatory defects have been reported in numerous types of human malignancies (22-24).

Emi1 was firstly identified in a yeast two-hybrid screen for F-box proteins using S-Phase kinase-associated protein 1 as bait (17). In mammalian cells, Emi1 levels are regulated during the cell cycle, with its transcription being induced at the G1-S transition under the control of E2F, which is required to stabilize cyclins A and B, and enables cells to initiate the S phase (18). A previous study indicated that Emi1 is accumulated in ovarian clear cell carcinoma (25), and Liu *et al* (26) reported that Emi1 overexpression may be a poor prognostic marker for breast carcinoma patients. These findings suggested that the Emi1 gene may be involved in human cell cycle disorders and may lead to oncogenesis.

To the best of our knowledge, Emil expression in ESCC specimens has not been actively studied thus far. The present study is the first to report that Emil protein is overexpressed in human ESCC, and analyze a possible association between Emil expression and clinicopathological factors and prognosis of patients with ESCC. In the present study, immunoblotting examined the protein expression levels of Emi1 in ESCC specimens and para-cancerous tissues. Furthermore, the expression of Emi1 was investigated to confirm the participation of Emil in tumor progression by immunohistochemical staining. High expression of Emil as a useful marker of tumor proliferative activity (27,28) was correlated with overexpression of Ki-67. Therefore, increased Emil levels may be closely associated with the pathogenesis of ESCC. In addition, the association between Emi1 expression and clinicopathological variables and patient prognosis was evaluated. The results revealed that Emil expression was strongly correlated with histological differentiation and lymphatic metastasis. The results of survival analysis demonstrated that high expression of Emil was strongly correlated with poor prognosis, while multivariate analysis revealed that high expression of Emil was an independent unfavorable prognostic factor. These findings indicated that Emi1 may be a reliable factor of prognosis in patients with EC.

The expression of Emil during cell cycle progression was further detected in ESCC cells *in vitro*. The results indicated that the expression of Emil was upregulated during the G1-S phase transition. These results confirmed the association of Emil expression with ESCC development. Furthermore, the present data revealed that silencing Emil expression could suppress ECA109 cell proliferation. This observation is consistent with a previous study in which Emil promoted mitotic entry and enabled accumulation of cyclins A and B1 (15).

Hsu *et al* (18) demonstrated that upregulation of Emil at the transcriptional level occurred in various tumors. At the G1-S transition, Emil was transcriptionally induced by the transcription factor E2F, which is associated with cell cycle control (18). The E2F signaling pathway is frequently activated in highly proliferative cells, and the central proteins of the retinoblastoma (Rb)/E2F signaling pathway, including p16^{INK4a}, Rb and cyclin D, are frequently mutated in cancer (29). This E2F activation is expected to cause an increase in Emil levels.

In summary, the present study demonstrated that Emil protein expression was increased in ESCC, and positively correlated with ESCC cell proliferation, indicating that Emil may play a key role in ESCC and it is an independent candidate prognostic factor for ESCC patients. However, further studies are required to clarify the molecular mechanisms of Emil in the pathogenesis of ESCC.

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