Abstract. Adult sporadic Burkitt lymphoma (BL) is a rare aggressive neoplasm and represents ~1-5% of all lymphomas diagnosed in adults. The disease exhibits an aggressive clinical manifestation, which frequently involves the central nervous system (CNS) in the early stages, and is usually accompanied by abnormalities in cerebrospinal fluid (CSF) examinations and/or neuroradiography. The current study describes the rare case of a 29-year-old man who presented with oculomotor nerve palsy without palpated masses, B symptoms, peripheral blood anomaly and abnormalities of the nervous system. The patient was initially misdiagnosed with abducens diplopia, but was subsequently confirmed to have BL with early CNS invasion. Epstein-Barr virus and human immunodeficiency virus infection were negative. Intensive systemic chemotherapy with hyperfractionated cyclophosphamide, vincristine, therarubicin and dexamethasone (hyper-CVAD, cyclophosphamide 600 mg/m² on days 2-4; vincristine 1.4 mg/m² on days 5 and 12, therarubicin 50 mg/m² on day 5 and dexamethasone 40 mg on days 2-5 and 12-15), including intrathecal chemotherapy with methotrexate (5 mg), arabinocytidine (5 mg) and dexamethasone (5 mg), was determined as an appropriate treatment. Rituximab (375 mg/m² on day 1) was administered alongside chemotherapy to increase treatment efficacy. The patient temporarily underwent complete remission, but subsequently relapsed as no suitable bone marrow donor was available. Adult sporadic BL with early CNS invasion, which traditional tests such as neuroradiography and CSF examination fail to identify, is uncommon. Therefore, appropriate diagnostic tests are critical for accurate diagnosis and must be performed immediately, particularly in patients that present with unusual image and laboratory manifestations.

Introduction

Burkitt lymphoma (BL) is a type of B cell non-Hodgkin lymphoma (NHL), which most commonly presents in children and young adults (1). Three subtypes of BL have been defined: i) The endemic form occurring primarily in Africa, which usually affects children and adolescents, and is associated with Epstein-Barr virus (EBV) infection; ii) the adult sporadic form; and iii) the immunodeficiency-associated form, occurring primarily in patients infected with the human immunodeficiency virus (HIV) (1,2).

BL is a clinically aggressive tumor with bulky observable masses, B symptoms and frequent involvement of extranodal sites (2). Bone marrow infiltration and leptomeningeal central nervous system (CNS) involvement are also common at the time of diagnosis (3). The association between BL and mature B cell acute lymphoblastic leukemia (ALL) has previously been recognized, and these two nomenclatures may represent different manifestations of a single disease rather than two separate diseases (3,4).

BL tumor cells are characterized by the expression of B cell-specific surface markers, including immunoglobulin (Ig) M, cluster of differentiation (CD) 19 and CD20, and by Burkitt-like morphology according to the French-American-British classification (4). The chromosomal translocation t(8;14), which results in the juxtaposition of the IgH region on chromosome 14 with the MYC gene from chromosome 8, has been identified in nearly all cases of BL (5,6). BL is prone to invade the CNS during the early stages of the disease, and this invasion is usually accompanied by abnormalities in cerebrospinal fluid (CSF) examinations and/or neuroradiography (7,8).

The present study describes the symptoms and treatment regime of an adult patient with BL and CNS invasion, who presented with a sudden onset of right oculomotor nerve palsy without abnormal neuroradiography, CSF examinations and initial peripheral blood.

Case report

A 29-year-old man was admitted to the Department of Hematology, The Second Affiliated Hospital of Zhejiang University School of Medicine (Hangzhou, China) on 6 November, 2013 with a 1-week history of a drooping right eyelid and impaired
eye-movement. The patient also suffered from double vision without apparent etiology, but did not experience symptoms of fever, chills, headache, numbness, vomiting, glare, halos, starchocks, sweating, weight loss or trauma, and had no history of smoking, alcohol or drug abuse. No significant abnormalities were reported in the family medical history.

Physical examination revealed that the pupils were round and symmetrical, with a diameter of 3.0 mm, and the patient had normal vision, visual field and fundus, in addition to direct and indirect light reflex. The right eye exhibited impaired downward and abduction movements; however, normal closure action and indirect light reflex. The right eye exhibited impaired down gaze while the left eye showed normal down gaze. Furthermore, cerebrovascular diseases, including thrombosis, infarction and hemorrhagic apoplexy, were excluded by cerebral angiography.

Though there were no signs of meningeal irritation, a lumbar puncture was performed and CSF examination was normal: WBC count, 0/µl (normal range, 0-5/µl); red blood cell count, 0/µl (normal range, 0-5/µl); glucose level, 3.7 mmol/l (normal range, 2.8-4.5 mmol/l); and protein level, 23.30 mg/dl (normal range, 0-15 mm/h), respectively. Serum albumin, Ig, acute phase reactive protein, serum creatinine, blood urea nitrogen, alanine aminotransferase, aspartate aminotransferase, total cholesterol, triglyceride, low-density lipoprotein cholesterol, high-density lipoprotein cholesterol, and uric acid were all within normal limits.

A bone marrow biopsy was subsequently performed to check for unusual lumps and tangible swollen lymph nodes. Body macrophages were dispersed among sheets of non-cohesive cells, presenting a typical ‘starry sky’ morphological appearance. Immunohistochemistry (IHC) was performed using antibodies purchased from Beijing Zhongshan Golden Bridge Biotechnology Co., Ltd., Beijing, China) at a dilution of 1:100. These antibodies were used including CD19 (#TA506234), CD20 (#TA800394), CD22 (#TA807826), CD79a (#TA800688), CD3 (#TA320268), CD5 (#TA01335), CD23 (#TA801531), TdT (#TA327989), Bcl-2 (#ZA-0536), Bcl-6 (#TA804186), MUM-1 (#ZA-0583) and cyclin D1 (#sc-753). The results demonstrated positive expression of CD19, CD20, CD22 and CD79a, and negative expression of CD3, CD5, CD23, TdT, Bcl-2, Bcl-6, MUM-1 and cyclin D1. Therefore, the diagnosis of BL/mature B cell ALL with CNS involvement was confirmed and the patient received combined chemotherapy with hyperfractionated cyclophosphamide, vincristine, theralubicin and dexamethasone, and an additional rituximab (R-hyper-CVAD, rituximab 375 mg/m² on day 1; cyclophosphamide 600 mg/m² on days 2-4; vincristine 1.4 mg/m² on days 5 and 12; theralubicin 50 mg/m² on day 5 and dexamethasone 40 mg on days 2-5 and 12-15). The patient also underwent aggressive intrathecal chemotherapy with methotrexate (5 mg), arabinocytidine (5 mg) and dexamethasone (5 mg) twice a week during intravenous chemotherapy. Following treatment, CSF analysis exhibited a transparent appearance with normal chemistry and cytological manifestations. Complete remission and negative minimal residual disease (MRD) in the bone marrow were achieved following induction chemotherapy, and palsy and double vision of the right eye also improved. The patient was administered 3 further cycles of combined chemotherapy of R-hyper-CVAD and intrathecal chemotherapy. However, no suitable donor could
be located in time for the patient to undergo the hematopoietic stem cell transplantation required to prevent relapse. The patient experienced relapse with recurrent positive MRD prior to the last cycle of chemotherapy and finally succumbed to BL.

Discussion

Whether EBV-positive or negative, >80% of patients with BL or mature B cell ALL are known to have the t(8;14) (q24;q32) chromosome translocation, which juxtaposes the MYC-encoding gene to an Ig enhancer element (IgEE) (9,10). As IgEEs are specifically active in mature B cells, this translocation to MYC results in aberrantly high MYC expression, which enhances B cell proliferation regardless of whether EBV infection has occurred (10). Other chromosomal aberrations may also induce rapid cell proliferation, which results in a highly aggressive clinical course (11).

Adults with BL frequently present with B symptoms, bulky masses and laboratory evidence of tumor lysis; in addition, CNS involvement occurs in ~70% of patients diagnosed (4). The pathology of CNS leukemia affects the entire nervous system, including spinal cords, cranial nerves, cerebral hemispheres and associated nerve roots. The diagnosis of CNS leukemia is based on neurological dysfunction, leukemia cells infiltrating the CSF, and/or abnormal neuroradiography on enhanced CT and MRI scans (12,13). However, it is extremely rare that a patient with neurological deficits does not exhibit any abnormalities in either CSF or neuroradiography, and therefore BL is easily neglected or misdiagnosed. Negative CSF cytology may serve as a false negative signal or a possible former stage of the disease.

Previous studies have demonstrated that a number of patients with CNS infiltration exhibited normal CSF cytology initially and required repeated lumbar punctures (14-16). Therefore, multiple lumbar punctures and a flow cytometry analysis of CSF may aid the diagnosis of patients with BL (17). CT and MRI scans have been the principal imaging modalities for the staging and restaging of lymphoma during the last few decades (7); however, they are not accurate at identifying the early symptoms of lymphoma. Therefore, novel neuroimaging methods that may improve early diagnosis of the disease, thus improving patient prognosis, are required. In recent years, a number of studies have demonstrated that information provided by 18-fluorodeoxyglucose positron-emission tomography/CT (FDG-PET/CT) may result in greater sensitivity compared with anatomic imaging modalities (18,19).

In addition to oculomotor nerve palsy, the elevated level of serum LDH and bone pain experienced by the current patient is suggestive of early abnormal cell proliferation in bone marrow, despite the initial results of the peripheral blood cell count being normal. It is well established that serum LDH levels are an independent prognostic factor in BL, and a higher LDH level, like that experienced by the present patient, is associated with advanced-stage disease and a less favorable outcome (20). Meanwhile, the abnormal MRI results of the current patient indicated that sacrum and pelvis bone pain was associated with bone marrow dysfunction. Though the peripheral blood WBC and platelet counts were initially within the normal ranges, a gradual change was observed from normal to anemia and, finally, to anemia with blasts.

Table I. Complete blood counts and LDH of the present patient at the time of initial diagnosis of abducens diplopia, 8 days later during follow-up and at the established diagnosis of BL.

<table>
<thead>
<tr>
<th>BL parameter</th>
<th>Initial diagnosis of abducens diplopia</th>
<th>Follow-up</th>
<th>At BL diagnosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time, days</td>
<td>1</td>
<td>8</td>
<td>13</td>
</tr>
<tr>
<td>Hemoglobin, g/l</td>
<td>133</td>
<td>122</td>
<td>102</td>
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<tr>
<td>Leukocytes, x10⁹/l</td>
<td>5.8</td>
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<td>5.4</td>
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<td>Lymphocyte, %</td>
<td>27.4</td>
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<td>Neutrophils, %</td>
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<td>67.8</td>
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<td>Monocytes, %</td>
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<td>6.9</td>
<td>4.0</td>
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<td>Platelets, x10⁹/l</td>
<td>150</td>
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<td>120</td>
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<tr>
<td>Peripheral blood blasts, %</td>
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<td>-</td>
<td>4.0</td>
</tr>
<tr>
<td>Serum LDH, U/l</td>
<td>907</td>
<td>2452</td>
<td>3896</td>
</tr>
</tbody>
</table>

LDH, lactate dehydrogenase; BL, Burkitt lymphoma.

Figure 1. Morphological features of bone marrow smears 13 days after hospital admission (day 13). Wright-Giemsa-stained bone marrow exhibited an excess of Burkitt-like cells (original magnification, x1,000).
The survival rates of patients with BL/mature B cell ALL, particularly for children and adolescents, have improved due to the recent development of aggressive short-term chemotherapy, with a 5-year event-free survival rate of 85-90% (11). By contrast, the majority of adults and elderly patients cannot tolerate the adverse side effects of aggressive chemotherapy, including drug toxicity and severe infections. Therefore, optimum chemotherapeutic regimens for high-grade BL have not yet been well established (21,22).

Several studies have recently reported high cure rates following the use of similar chemotherapeutic protocols in adults with BL. BL patients who received aggressive short-term chemotherapy demonstrated better overall survival rate than those who received chemotherapy with cyclophosphamide, doxorubicin, vincristine and prednisolone (also known as CHOP), which is routinely administered to patients with non-Hodgkin's lymphoma (23). Prophylactic cranial irradiation and prolonged maintenance have not demonstrated any proven benefits and are not currently recommended for treatment of the disease. Furthermore, introduction of the anti-CD20 monoclonal antibody, rituximab, and/or allogeneic hematopoietic stem transplantation has significantly improved outcomes of adult patients, particularly those that are high-risk (24,25). The poor prognosis of the current patient may have resulted from several adverse prognostic factors, including CNS attacks, complicated karyotype, a high level of LDH and relapse following first-line treatment.

In conclusion, to the best of our knowledge, the present case is the first to document oculomotor nerve palsy with non-Hodgkin's lymphoma (23). Such atypical patients present major clinical challenges, including harnessing novel biological technologies to improve risk stratification, defining the value of prognostic factors and developing innovative therapies, particularly for relapse and refractory patients.

References


