

# The context of prostate cancer genomics in personalized medicine (Review)

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**Abstract.** Prostate cancer is one of the most common types of cancer in males. Heterogeneous genomic aberrations may lead to prostate cancer onset, progression and metastasis. This heterogeneity also contributes to the variety in cancer risk and outcomes, different drug responses and progression, observed between individual patients. Classical prognostic factors, including prostate-specific antigen, Gleason Score and clinical tumor staging, are not sufficient to portray the complexity of a clinically relevant cancer diagnosis, risk prognosis, treatment choice and therapy monitoring. There is a requirement for novel genetic biomarkers in order to understand the oncogenic heterogeneity in a patient-personalized clinical setting and to improve the efficacy of risk prognosis and treatment choice. A number of biomarkers and gene panels have been established from patient sample cohort studies. These previous studies have provided distinct information to the investigation of heterogeneous malignancy in prostate cancer, which aids in clinical decision-making. Biomarker-guided therapies may facilitate the effective selection of drugs during early treatment; therefore, are beneficial to the individual patient. A non-invasive approach allows for convenient and repeated sampling to screen for cancer and monitor treatment response without the requirement for invasive tissue biopsies. With the current availability of numerous advanced technologies, reliable detection of the minimal tumor residues present following treatment may become clinical practice and, therefore, inform further in the field of personalized medicine.

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## 1. Introduction

Cancer is a genetic disease. DNA sequence mutation, deletion/insertion, gene fusion, alterations of copy number and epigenetic in proto-oncogenes and tumor suppressor genes all contribute to cancer susceptibility. Prostate cancer is one of the most frequently diagnosed types of cancer in males, but the potential risk and outcome are variable between patients (1,2). The androgen-receptor (AR) signaling axis serves an important role in prostate tumorigenesis and progression (3). Upon the binding of androgen ligands, the transcription factor AR is translocated into the nucleus to activate the expression of genes that are involved in cell proliferation and growth, the inhibition of apoptosis, protease signaling and the inflammatory response (4,5). The epithelial-mesenchymal transition (EMT) promotes cancer progression to metastasis. The EMT of a tumor cell proceeds through actin cytoskeletal cell-matrix interaction and extracellular matrix remodeling to be able to invade and metastasize (6-8). An activated AR signaling axis suppresses the transcription of E-cadherin, which leads to breakdown of cell-cell adherens junctions and the onset of EMT (6).

Classical prognostic factors, including prostate-specific antigen (PSA) level, biopsy-based Gleason Score (GS) and clinical tumor staging, are typically used to stratify cancer risk for biopsy and clinical decision-making (1). For the majority of patients with a low-risk cancer, treatment may not be required due to the small and slow-growing tumor (9,10). Active surveillance may be the optimal choice to avoid the side effects associated with treatments. For high-risk cancer,

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it is typical that individual patients have different responses to the same drug and the current standard treatment option is not consistently optimal for all patients, compared with choosing effective therapy for the individual patient (11). The different drug responses may be attributed to the genetic variances between individual patients and their respective tumors (12). Therefore, there is a requirement for novel biomarkers that target distinct cancer genomic aberrations, which may be used to understand oncogenic heterogeneity, improve the diagnosis of cancer risk and progression, and to aid the prediction of an effective therapy using a personalized approach (13,14).

## 2. Prostate cancer genomics and molecular subtypes

In prostate cancer cells, androgen-regulated transcription factors, including Forkhead Box A1, GATA-binding protein 2 and Octamer-binding protein 1, are recruited to AR chromosome binding sites (15,16). In coordination with AR, the AR-regulated signaling pathway is activated to modulate the overexpression of *PSA*, transmembrane protease serine 2 (*TMPRSS2*) and other genes. *TMPRSS2*, a transmembrane serine protease, is expressed specifically in the prostate gland (15,16). *ETS* transcription factors are important regulators of cell proliferation, differentiation and apoptosis (17). Androgen-regulated *ETS* gene fusions are the most commonly identified genetic alterations and are present in >50% of primary and metastatic prostate cancer cases (15,18). Among the established gene fusions, transcriptional regulator *Erg* (*ERG*)-*TMPRSS2* is frequently identified. Of the established tumorigenic somatic mutations, speckled-type POZ protein (*SPOP*), tumor protein 53 (*TP53*), phosphatase and tensin homolog (*PTEN*), ataxia telangiectasia mutated (*ATM*) and catenin  $\beta$ 1 are the most frequently mutated cancer-driving genes (18), and these mutations were also identified by the Integrative Onco Genomics database (19). *SPOP* was previously established to be involved in DNA double-strand break repair, and when mutated it is associated with genomic instability in prostate cancer (20). *SPOP* mutations and *ETS* gene fusions are categorized as two primary molecular subtypes according to the genetic heterogeneity of the tumors (18,19).

In the progression of primary to aggressive, of androgen-dependent to castration-resistant and of localized to metastatic, cancer cells develop numerous genetic and epigenetic aberrations (18,21,22). AR signaling may be altered through AR copy number amplification, gene mutation and alternative splicing variants, to drive cancer cell growth in androgen-deprived environments (5). A high DNA copy number alteration in the tumor genome is associated with disease relapse and metastasis (23). Deletion of *PTEN*, *TP53* mutations and *ETS* gene fusions are frequently present in castration-resistant and metastatic tumors (21,22). Epigenetic alterations, including genomic hypermethylation, are associated with advanced stages of cancer (24,25). Long noncoding RNAs (lncRNAs) have been identified by their specific association with prostate tissue and altered expression during tumorigenesis, progression and metastasis (26-28). lncRNAs function as oncogenes, such as *CDKN2B-AS1*, which functions to silence the cyclin-dependent kinase inhibitor *CDKN2B*, or as tumor suppressors, such as growth arrest-specific 5 (*GAS5*). Overexpression of certain

oncogenic lncRNAs may promote cancer hallmarks via the modulation of AR and other important signaling pathways (29).

## 3. Genetic biomarkers for screening and detection of early cancer

Extensive cancer research investigating the underlying molecular mechanisms, screening and validation of genetic aberration-based biomarkers from numerous patient cohorts, has been performed (Table I). The results suggest that tumor-associated genomic aberrations may be utilized for cancer screening, diagnosis, risk prognosis, therapy prediction and outcome assessment (30-32). Blood PSA tests are frequently used to screen and detect early-stage cancer (33). A biopsy is typically recommended to confirm the cancer is clinically relevant (defined as a PSA value of >3-4 ng/ml). However, this blood test is not able to distinguish indolent cancer from aggressive cancer, which may lead to over-diagnosis and over-treatment of low-risk cancer cases (2,30). lncRNA prostate cancer antigen 3 (*PCA3*), which is overexpressed in ~5% of prostate tumors, may be a complementary test that improves the probability of a cancer-positive biopsy (28-31). A previous meta-analysis of 46 cohort studies demonstrated that the sensitivity and specificity achieved by the urine *PCA3* test was 0.65 and 0.73, respectively (34). A *PCA3* score threshold level of 35 is typically applied as the best test of accuracy. Overexpression of *PCA3* has been reported to modulate AR pro-survival signaling, and to promote cancer cell growth and survival during the early stages of tumorigenesis (29).

## 4. Genetic biomarkers for risk stratification of aggressive cancer

Overexpression of prostate cancer associated transcript 1 (*PCAT1*), another lncRNA, has been identified in a subset of high-grade localized (GS,  $\geq 7$ ) and metastatic tumors (Table I) (27,28). *PCAT1* functions to promote cancer cell proliferation through mediating the upregulation of *c-Myc* and the repression of breast cancer 2, early onset (*BRCA2*) (35,36). Overexpression of alpha-methylacyl-CoA racemase (*AMACR*) is associated with an increased risk of cancer in numerous ethnicities, which has been evaluated using meta-analyses of 22 cohort and case-series studies (37). A previous cohort study demonstrated that overexpression at 8.8-, >12- and >18-fold of *AMACR* observed from tumors, associated with the increased risk from minimally invasive to aggressive tumors, concordantly (38). Due to the reduced level of upregulation in metastatic cancer, an optimized expression threshold level of *AMACR* may be able to predict an increased risk of an aggressive cancer and its progression, PSA recurrence and cancer-specific mortality (39). *ETS* gene fusions, including *ERG*-*TMPRSS2*, are involved in cancer cell invasion and metastatic characteristics (15,40). *ETS* fusion-positive cancer is associated with disease aggressiveness and poor prognosis (15,41), which may aid in effective clinical choices for re-biopsy (31). For an *ETS* fusion-negative cancer subtype, *PTEN* loss may be an independent indicator of poor survival and the increased risk of lethal progression following prostatectomy (42,43). Epigenetic alteration of tumor suppressors, DNA damage repair or other repair genes through hypermethylation

Table I. List of representative genetic biomarkers used for cancer screening, detection and risk prognosis.

Author, year	Cancer biomarker	Function	(Refs.)
Mouraviev <i>et al</i> , 2016; Cui <i>et al</i> , 2016	Urine <i>PCA3</i>	Improve detection of early cancer	(28,34)
Prensner <i>et al</i> , 2011; Mouraviev <i>et al</i> , 2016	<i>PCAT1</i>	Prognosis of high-grade and metastatic cancer risk	(27,28)
Jiang <i>et al</i> , 2013; Yu <i>et al</i> , 2013	<i>AMACR</i>	Prognosis of cancer risk	(37,38)
Schrecengost <i>et al</i> , 2013; Hägglöf <i>et al</i> , 2014	<i>ERG-TMPRSS2</i>	Prognosis of cancer aggressiveness	(15,41)
Reid <i>et al</i> , 2010; Ahearn <i>et al</i> , 2016	<i>PTEN</i> loss	Prognosis of poor survival and the risk of lethal progression following prostatectomy	(42,43)
Bastian <i>et al</i> , 2004; Florl <i>et al</i> , 2004	<i>GSTP1</i> hypermethylation	Detection of cancer	(25,45)
Hieronymus <i>et al</i> , 2014	CNA of tumor genome	Prognosis of recurrence and metastasis of primary cancer	(23)
Martin <i>et al</i> , 2016	12 gene-based prostate cancer score	Prognosis of early-stage cancer risk	(47)
Cuzick <i>et al</i> , 2011	31 gene-based cell cycle progression score	Risk prognosis of cancer-specific mortality	(48)
Alshalalfa <i>et al</i> , 2015	22 gene-based prostate cancer classifier	Risk prognosis of metastasis following surgery	(49)
Peng <i>et al</i> , 2014	3 gene-based expression signature	Risk prognosis of overall survival time	(50)

PCA3, prostate cancer antigen 3; PCAT1, prostate cancer associated transcript 1; AMACR, alpha-methylacyl-CoA racemase; ERG-TMPRSS2, transcriptional regulator erg-transmembrane protease serine 2; PTEN, phosphatase and tensin homolog; GSTP1, glutathione S-transferase Pi 1; CAN, copy number alteration.

is associated with prostate cancer tumorigenesis, and these alterations are frequently identified in solid tumor cells and the bodily fluids of patients (25,44). Glutathione S-transferase Pi 1 (*GSTP1*) hypermethylation was detected in 70% of the surveyed patients with cancer and was distinctive compared with non-neoplastic tissues (25,45). Genome sequencing from two patient cohorts demonstrated that copy number alteration in a fractured tumor genome may be an independent prognostic biomarker for recurrence and metastasis of primary cancer following prostatectomy (23).

##### 5. Expression score of a panel of genetic biomarkers for risk stratification

The profiling of a panel of genetic aberrations may provide an informative and accurate stratification of cancer risk (Table I) (46). This may be able to improve clinical decision-making at the stage of biopsy, when combined with standard pathological and clinical factors (47). The Oncotype DX® Prostate Cancer assay scores the aberrant expression signatures of 12 cancer-associated genes, which are part of the AR signaling, stromal response, cellular organization and proliferation pathways (47). The score ranges from 0-100 and provides a proportional assessment of risk for early-stage cancer for diagnostic use. The Cell Cycle

Progression score evaluates the aberrant mRNA expression of 31 cell cycle-associated genes (48). The score ranges from -2 to 6, and are used to predict the cancer-specific mortality of high to low risk cancer after 10 years for clinically localized cancer. Decipher® Prostate Cancer Classifier profiles the expression signature of 22 aggressive cancer-associated RNA markers, which are involved in the biological processes of proliferation, differentiation, adhesion/motility, cell cycle progression and the immune response (49). The categories of low-, intermediate- and high-risk levels are used to predict the probability of metastasis within five years following surgery. A simple expression signature of three genes (vestigial-like family member 3, insulin-like growth factor binding protein 3 and coagulation factor III) was used to categorize the high-, intermediate- and low-risk levels of cancer and predicted a median overall survival time of 3.23, 4.00 and 9.85 years, respectively (50).

##### 6. Non-invasive genetic biomarker test

As an alternative to the tumor tissue-based invasive testing, liquid biopsy, using cell-free DNA/RNA and circulating tumor cells (CTCs), is a non-invasive approach of detecting cancer genetic characteristics in bodily fluid. Cancer cells secrete genomic fragments into the circulatory system and

this provides a novel approach for a cancer diagnostic test (51). CTCs may be potential biomarkers to predict effective therapies in patients with castration-resistant cancer (52,53). Increased levels of blood CTCs are associated with poor survival outcome for patients with prostate cancer (52). Aside from the typically used blood-based PSA test, the urine-based expression test of lncRNA *PCA3* may provide information for the early detection of cancer (28,34). Signature analysis of a panel of genes (*PCA3*, serine peptidase inhibitor Kazal type 1, Golgi phosphoprotein 2 and *TMPRSS2:ERG*) identified that their presence in urine was demonstrated to be more effective, compared with testing for *PCA3* alone, for the early detection of cancer (46). A test accuracy level (the area under the receiver-operating characteristic curve) of 0.758 was achieved using the multi-gene model, compared with 0.662 by *PCA3* detection alone (46). A previous study reported that *GSTP1* hypermethylation was detected in plasma in 56% of cancer cases diagnosed as tumor stage T2-3, and in 93% of those with the tumor stage T4N+ or metastasis (25). This suggests that the methylation level of *GSTP1* is associated with advanced-stage cancer.

The cancer risk score, which is based on the expression signatures of Homeobox C6 (*HOXC6*) and Distal-less homeobox 1 (*DLX1*) mRNAs in urine, may improve the identification of high-grade tumors, when combined with standard clinical risk factors (54). The *HOXC6* and *DLX1* homeobox genes are upregulated in prostate cancer cells and their expression increases during the progression of cancer to a higher-grade, castration-resistant and metastatic stage (55,56). The Mi-Prostate Score combined the expression signatures of urine *ERG-TMPRSS2* and *PCA3* with serum PSA, may improve the prediction of cancer risk and high-grade cancer following biopsy (57). A novel urine exosome 3-gene expression assay, which includes sterile alpha motif pointed domain, *ERG* and *PCA3*, may distinguish high-grade tumors (GS,  $\geq 7$ ) from low-risk (GS,  $\leq 6$ ) and benign disease when combined with standard factors (58). These non-invasive biomarker tests have demonstrated the capability to provide effective identification of clinically relevant cancer, therefore aiding biopsy decision-making.

## 7. Therapies targeting to tumor genetic aberrations

Heterogeneous alterations of genetic characteristics contribute to prostate cancer onset, progression and metastasis. Individual patients have a distinct pattern of genetic alterations; therefore, treatment should be guided by the profile of diagnostic biomarkers (14,22,32). The AR signaling axis is a major target for numerous hormone therapies, throughout the stages of cancer (59-61). Once castration resistance develops, cancer cells harboring aberrant AR markedly evolve. Potent drugs, including AR antagonists and CYP17 inhibitors, may be used to inhibit the adapted AR and microenvironment due to androgen depletion (59,60). For *ETS* fusion-positive cancer, agents inhibiting fusion cofactors, such as DNA damage repair genes [poly(ADP-ribose) polymerase (*PARP*) 1, DNA-protein kinase (*PK*) and histone deacetylase 1], demonstrated a preferential effect in this subtype during clinical phase studies (61). The *PTEN* gene is a suppressor of the phosphoinositide-3-kinase/protein kinase B/mechanistic

target of rapamycin (*PI3K/Akt/mTOR*) signaling pathway. Its loss leads to uncontrolled signaling that promotes cancer cell proliferation and growth. Therefore, drugs that inhibit the altered *PI3K/Akt/mTOR* signaling activity may be used to treat a cancer with *PTEN* loss or mutation (42,43,61). Cancer cells with defective mutations in DNA repair genes (including *BRCA2* and *ATM*) have increased susceptibility to the impairment of the base excision repair pathway; therefore, patients with this genetic defect may benefit from treatment with platinum agents or PARP inhibitors (61).

The genetic alterations in a tumor may also be used as a predictor for the effectiveness of therapy. High expression levels of nuclear AR with the combined presence of cytoplasmic *CYP17* demonstrated an improved response to AR targeted therapy, including abiraterone and enzalutamide, for cancer cases with bone metastasis (59,61-63). *AR-V7* splice variant is able to constitutively activate AR target genes without the requirement of androgen binding. Its expression has been hypothesized as a primary underlying mechanism of resistance to abiraterone and enzalutamide (59,61). Cancer with high expression levels of the drug efflux transporter genes, including multidrug resistance protein 1 (*MDR1*) and certain  $\beta$ -tubulin isotypes ( $\beta$ III-tubulin), demonstrate increased resistance to chemotherapies, such as docetaxel (64). Reduction of the intracellular docetaxel through the high substrate affinity of *MDR1* or altered microtubule binding structure by the isotype  $\beta$ III-tubulin, contributes to taxane resistance (62,64,65). A previous archival cohort study reported that patients with downregulated *E-Cadherin* were associated with poor relapse outcomes following radiation therapy (66).

## 8. Discussion

Cancer-associated genetic alterations and heterogeneity may be utilized to improve cancer diagnosis, subtype identification and risk stratification, but also may be targeted for therapeutic intervention. Oncogenetic testing and biomarker profiling demonstrates the increasing importance to facilitate the optimal choice of drugs based on the alterations observed in individual patients, particularly for targeted therapy (67,68). Therefore, patients would receive the appropriate treatment at an early stage to reduce the risk of mortality and medical costs. Novel cancer drugs are developed by using a drug-diagnostic co-development model (67). Drugs developed using this model target the matched subsets of patients defined by clinical biomarkers. Clinical trials have demonstrated a high success rate for drugs that are developed using biomarkers in patients with non-small cell lung cancer (68).

The analysis of residual cancer genomic characteristics allows the monitoring of drug response and the assessment of therapy outcomes and relapse for individual patients. Drug resistance is a significant challenge associated with cancer therapy (62,63,65,69). A cancer cell with alterations in drug targeting sites, activation of alternative survival pathways and altered expression of drug influx/efflux transporters may result in the development of a resistant generation of cancer cells. The evaluation of novel mutations may be used to predict drug resistance. Non-invasive tests provide an accessible solution



for the continuous monitoring of a cancer during the course of treatment.

Microarrays, which aided the development of cancer genomics, have been identified as an effective tool for the detection of cytogenetic aberrations, including copy number, altered gene expression and single nucleotide polymorphism (70,71). Effective novel biotechnologies, such as next-generation sequencing, have aided significant advances in the comprehensive analysis of cancer genomic alterations that has a single-base resolution, is genome-wide and is high-throughput (21,22,27). Targeted and deep DNA sequencing provides an in-depth evaluation of clinically relevant and low-frequency genetic variations (72,73). Targeted RNA sequencing allows the analysis of complex transcriptomes and gene fusions (74,75). Long-read and linked-read sequencing is able to identify complex genetic aberrations, such as the haplotype of genetic aberrations and genomic rearrangements (76,77). Single-cell sequencing has the ability to evaluate numerous cancer sub-clones, including those that confer drug-resistance (78). The primary obstacle for non-invasive testing is the inconsistent recovery and low-abundance of tumor circulating DNA and RNA. Advanced technologies may possess the ability to sensitively detect the genomic alterations of tumor cells in circulation (79), and continue to improve the investigation of challenges in field of personalized cancer therapy.

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