

# Melatonin-induced KiSS1 expression inhibits triple-negative breast cancer cell invasiveness

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**Abstract.** Breast cancer is one of the most common types of cancer in women, and its metastasis increases the risk of mortality. Melatonin, a hormone that regulates the circadian rhythm, has been revealed to inhibit breast cancer growth and metastasis. However, its involvement in highly metastatic triple-negative breast cancer cells is yet to be elucidated. The present study demonstrated that melatonin inhibited the metastatic abilities of triple-negative breast cancer cells and prolonged its inhibitory effect via the expression of kisspeptin (KiSS1), which is a suppressor of metastasis. Melatonin at concentrations ranging from 1 nM to 10  $\mu$ M did not affect the proliferation of metastatic MDA-MB-231 and HCC-70 triple-negative breast cancer cells. However, melatonin repressed invasiveness in triple-negative breast cancer cells. Additionally, conditional medium from melatonin-treated MDA-MB-231 cells repressed the invasiveness of triple-negative breast cancer cells. Melatonin promoted the production of KiSS1, a metastasis suppressor encoded by the *KiSS1* gene. In addition, melatonin increased KiSS1 expression via the expression and transcriptional activation of GATA binding protein 3. Silencing of KiSS1 weakened melatonin inhibition of breast cancer cell invasiveness. Therefore, the present study concluded that melatonin activates KiSS1 production in metastatic breast cancer cells, suggesting that melatonin activation of KiSS1 production may regulate the process of breast cancer metastasis.

## Introduction

Melatonin, a hormone secreted from the pineal gland in the brain at night, mainly regulates the circadian rhythm through

seven transmembrane G-protein-coupled receptors, melatonin receptor type 1A (MT1) and melatonin receptor type 1B (1-7). In addition, melatonin is produced by other organs, including the skin, bone marrow and lymphocytes (6,8). Breast cancer is frequently identified in women, and demonstrates high mortality once metastasized (9-11). Patients with breast cancer present with low levels of melatonin, which may be due to disruptions of the circadian rhythm (4,12-15). Melatonin treatment has been suggested to halt breast cancer progression and improve quality of life in patients with breast cancer (16,17).

Breast cancer is subcategorized by the expression patterns of hormone receptors and human epidermal growth factor 2 (7,18). Triple-negative breast cancer is aggressive and associated with poor prognosis (18). Triple-negative breast cancer cells are also invasive, resulting in higher metastatic rates (18). However, therapeutic options are lacking. Expression levels of MT1 are associated with survival rates in African American and Caucasian women, suggesting that melatonin may be a therapeutic option (19). However, the effect of melatonin on triple-negative breast cancer cells remains largely unknown.

Kisspeptin (KiSS1), a gene product of *KiSS1*, is known to regulate the onset of puberty and to suppress cancer metastasis (20,21). KiSS1 expression levels are increased in primary breast cancer lesions but reduced in metastatic lesions (22-25), suggesting that KiSS1 may serve pleiotropic functions during breast cancer development and metastasis (20). While it was revealed that melatonin regulates KiSS1 expression in the hypothalamus in the brain (26,27), an association between melatonin and KiSS1 in cancer has not been identified. While 1 mM melatonin treatment inhibited metastatic functions, including migration and invasion in triple-negative MDA-MB-231 breast cancer cell lines, the pharmacological concentration of melatonin also reduced the cell viability and caused apoptosis (28-30). In addition, physiological concentrations of melatonin only reduced the viabilities of less invasive, non-triple-negative breast cancer cells (28,31,32), which may be due to different MT1 expression levels in less or highly invasive breast cancer cells (33). Therefore, whether melatonin directly inhibits the invasion of highly metastatic triple-negative breast cancer cells remains unclear.

The GATA family of transcription factors is crucial for determining cell fate, and is composed of six conserved members that bind to the DNA sequence (A/T)GATA(A/G) (34-37).

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GATA binding protein 3 (GATA3) has emerged as crucial for mammary luminal cell fate (37,38). GATA3 expression patterns in breast cancer appear to correlate with the expression patterns of estrogen receptors and progesterone receptors (39,40). Therefore, less invasive, hormone-positive breast cancer is likely to express high levels of GATA3 (40,41). Inversely, patients with highly invasive triple-negative breast cancer may present with low levels of GATA3, which appears to be maintained during metastasis (41,42).

The aim of the present study was to understand the function of melatonin in triple-negative breast cancer cells. To investigate the effect of melatonin on breast cancer cell invasiveness, highly metastatic triple-negative breast cancer cells were treated with melatonin at concentrations ranging from 1 nM to 10  $\mu$ M. Melatonin at concentrations of 100 nM to 10  $\mu$ M inhibited triple-negative breast cancer cell migration and invasion with no effect on cell proliferation. In addition, melatonin-induced KiSS1 expression prolonged its inhibition of metastatic abilities, as confirmed by promoter assays and KiSS1 silencing in the cells. It was also revealed that melatonin increased the expression levels and activated transcriptional activity of GATA3 for KiSS1 expression. Therefore, the results of the present study suggested that melatonin prolongs the inhibitory effect on breast cancer metastasis by activating GATA3-mediated KiSS1 expression.

## Materials and methods

**Cell lines and reagents.** MDA-MB-231, HCC-70 and 293T cells (American Type Culture Collection, Manassas, VA, USA) were cultured in Dulbecco's modified Eagle's medium supplemented with 5% fetal bovine serum (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) and 1% penicillin/streptomycin solution (Gibco; Thermo Fisher Scientific, Inc.). Melatonin was purchased from Sigma-Aldrich; Merck KGaA (Darmstadt, Germany) and diluted in distilled water to a final concentration of 50  $\mu$ g/ml. KiSS1 was obtained from Phoenix Pharmaceuticals, Inc. (Burlingame, CA, USA).

**In silico promoter analyses, reporter assays and chromatin immunoprecipitation assays.** The human KiSS1 promoter region was analyzed *in silico* using the AliBaba2 prediction tool (<http://www.gene-regulation.com/pub/programs/alibaba2/index.html>). Different sizes of KiSS1 promoter regions, constructed in pGL3 plasmids (Promega Corporation, Madison, WI, USA), were used in luciferase assays. Each promoter region was amplified by PCR and cloned into pGL3 plasmids. These plasmids were named KiSS1-luc plasmids and the pGL3 backbone was the same as the KiSS1-luc. The cells were transfected with KiSS1-luc plasmids using Lipofectamine 2000 (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer's instruction, and subjected to the luciferase assays following the manufacturer's protocol (Dual-Luciferase Reporter Assay system; Promega Corporation). Luciferase assays were performed in triplicate, and three times independently. Chromatin immunoprecipitation assays were performed according to the manufacturer's protocol (ChIP Kit Magnetic One-Step; Abcam, Cambridge, UK). The GATA3 antibody purchased from Abcam (cat no. ab199428; dilution, 1:25), were used for the chromatin

immunoprecipitation assays. The GATA3 binding region was amplified using a primer set as follows: Forward, 5'-CCAAAGTAAGTC-3' and reverse, 5'-CTTCCCTCCAGGG-3'.

**RNA and protein analysis.** For analyzing RNAs, 5x10<sup>6</sup> cells were lysed with TRIzol (Invitrogen; Thermo Fisher Scientific, Inc.), and cDNA was amplified with routine PCR procedures: For the RNA analysis, the present study used the Reverse Transcription system (Promega Corporation). Reverse transcription was performed using oligo(dT)<sub>15</sub> primers at 42°C, according to the manufacturer's protocol. Samples were incubated for 10 min at 25°C, reverse transcribed for 30 min at 42°C and then placed for 5 min at 95°C for the inactivation of the reverse transcription. Real-time PCR was performed using SYBR-Green Real-Time PCR Master Mix (cat no. 4309155; Thermo Fisher Scientific, Inc.), according to the manufacturer's protocol. Samples were incubated for 10 min at 95°C, denatured for 15 sec at 95°C and annealed and extended for 1 min at 60°C, for 40 cycles. KiSS1 mRNA expression levels was examined using the primer sequences as follows: Forward, 5'-GCCACCATGAACTCACTG-3' and reverse, 5'-CTGCCCCGCACCTGCG-3'.  $\beta$ -actin mRNA was also amplified with primers, as follows: Forward, 5'-GGCTCCGGCATGTGCAAGGC3' and reverse, 5'-CTGCCCCGCACCTGCG3', as an internal control. PCRs were performed using a LightCycler 480 Instrument II, and relative quantifications were automatically conducted by the efficiency method (43,44) in LightCycler 480 software 1.5 (both from Roche Diagnostics, Indianapolis, IN, USA). For analyzing the protein levels, 1x10<sup>6</sup> cells were lysed using radioimmunoprecipitation buffer for 30 min on ice, and centrifuged at 20,000 x g for 10 min at 4°C. Subsequent to measuring the protein concentration with Pierce BCA protein assay kit (Pierce; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol, 30  $\mu$ g protein was loaded and processed with 6-10% SDS-PAGE, and transferred to polyvinylidene fluoride membranes. Subsequent to blocking with 5% milk for 1 h at room temperature, the membrane was incubated with KiSS1 (dilution, 1:250), GATA3 (dilution, 1:500) and  $\beta$ -actin (dilution, 1:500) antibodies for an additional 1 h at room temperature.  $\beta$ -actin was detected as an internal control. The KiSS1, GATA3 and  $\beta$ -actin antibodies were obtained from Santa Cruz Biotechnology, Inc. (Dallas, TX, USA). The membranes were then incubated in secondary antibodies conjugated to horseradish peroxidase (anti-rabbit, cat no. 7074; anti-mouse, cat no. 7076; Cell Signaling Technology, Inc., Danvers, WI, USA) at 1:2,000 in dilution for 1 h at room temperature. Band detection was performed using LumiGLO chemiluminescent reagent and peroxidase (cat no. 7003; Cell Signaling Technology, Inc.). Western blot experiments were replicated at least three times independently. For relative quantifications, ImageJ software (version 1.50) was used (National Institutes of Health, Bethesda, MA, USA).

**Cell proliferation, migration and invasion assays.** Cells (1x10<sup>5</sup>) were cultured in 96-well plates, treated with different concentrations (0, 1, 10, 10<sup>2</sup>, 10<sup>3</sup> and 10<sup>4</sup> nM) of melatonin for 48 h, and then subjected to cell proliferation assays using the CyQUANT Cell Proliferation Assay kit (Molecular Probes; Thermo Fisher Scientific, Inc.) according to the manufacturer's protocol. Experiments were performed in quadruplicate.

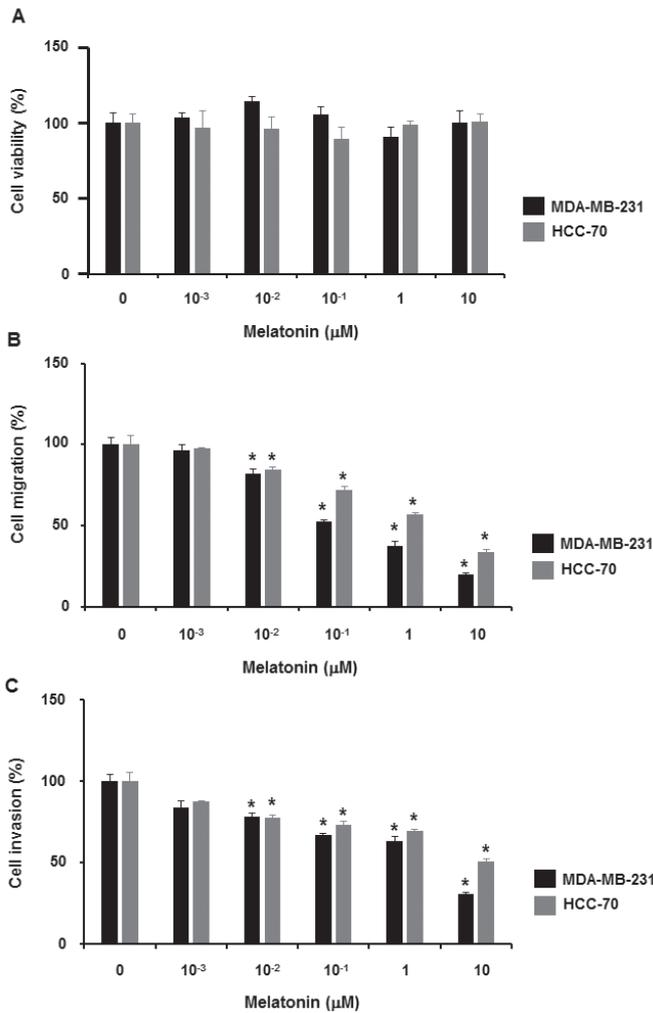


Figure 1. Melatonin inhibits metastasis in triple-negative breast cancer cells. (A) MDA-MB-231 and HCC-70 cells were treated with melatonin at the indicated concentrations for 48 h and then subjected to proliferation assays. (B) MDA-MB-231 and HCC-70 cells were scratched and then treated with different concentrations of melatonin for 24 h. Migrated cells on the wounding regions were counted. (C) MDA-MB-231 and HCC-70 cells were subjected to a Matrigel invasion assay, and the invading cells were counted. Data are presented as the mean  $\pm$  standard deviation. \* $P < 0.05$  vs. 0  $\mu$ M.

and independently repeated in triplicate. For cell migration,  $3 \times 10^5$  cells were cultured in 6-well plates and scratched when the confluence reached  $\sim 80\%$ . The cells were treated with 10  $\mu$ M melatonin for 24 h at 37°C, and then the number of migrated cells was counted. Experiments were performed in triplicate. Non-treated cells were used as a control in this migration assay. To examine invasiveness, cells were cultured in the upper chambers of Matrigel-precoated Transwell plates, and then treated with melatonin at 10  $\mu$ M for 24 h at 37°C. The cells in the upper chamber were removed with a swab, and cells that had invaded through the Matrigel were stained with 0.4% crystal violet and counted. Experiments were performed in triplicate. Non-treated cells were used as a control. The migration and invasion assays were observed using a Zeiss Axiovert inverted microscope and images were analyzed using Zen software version 3.00 (Carl Zeiss, Oberkochen, Germany). A total of 4 fields were randomly selected and the invaded cells were counted. Cells were

transfected with pcDNA (Invitrogen; Thermo Fisher Scientific, Inc.), a pcDNA-GATA3 (human full length GATA3 sequence; NM\_001002295.1), control small interfering (si) RNA-A (cat no. sc-37007) or KiSS1 siRNA (cat no. sc-37443) (both from Santa Cruz Biotechnology, Inc.) for 24 h using Lipofectamine 2000® (Invitrogen; Thermo Fisher Scientific, Inc.) according to the protocol of the manufacturer, and then subjected to the cell analyses including cell migration and invasion assays. In the overexpression analysis, the pcDNA empty vector was used as the control plasmid.

**Statistical analysis.** Statistical analysis was performed using unpaired Student's t-tests or one-way analysis of variance with a post-hoc Tukey's test was performed using SPSS version 22 (IBM Corp., Armonk, NY, USA). Results were expressed as the mean  $\pm$  standard deviation or mean  $\pm$  standard error, and  $P < 0.05$  was considered to indicate a statistically significant difference.

**Results**

*Melatonin inhibits metastasis without affecting cell proliferation.* To examine the effect of melatonin on the proliferation of triple-negative MDA-MB-231 and HCC-70 breast cancer cells, the cells were treated with melatonin at different concentrations (0, 1, 10, 10<sup>2</sup>, 10<sup>3</sup> and 10<sup>4</sup> nM) for 48 h. Data from the cell proliferation assays demonstrated that melatonin did not affect the proliferation of triple-negative breast cancer cells (Fig. 1A).

Next, whether melatonin affects triple-negative breast cancer cell migration and invasion was examined. When triple-negative breast cancer cells were treated with melatonin at different concentrations (0, 1, 10, 10<sup>2</sup>, 10<sup>3</sup> and 10<sup>4</sup> nM) for 24 h, it was revealed that treatment with 10 nM to 10  $\mu$ M melatonin reduced cell migration (Fig. 1B). Likewise, 10 nM to 10  $\mu$ M melatonin treatment inhibited the invasiveness of triple-negative breast cancer cells (Fig. 1C).

*Melatonin induces KiSS1 expression via GATA3.* The results of the present study revealed that melatonin inhibited the migration and invasion of triple-negative breast cancer cells. This result was consistent with a previous study (28). Nevertheless, the mechanisms by which the inhibitory effect of melatonin is prolonged were not investigated. It was assumed that melatonin may maintain its inhibitory effect by inducing the production of anti-invasive proteins. Therefore, the effect of conditional medium from the cells treated with melatonin on the invasiveness of the breast cancer cell lines was examined. Conditioned medium from MDA-MB-231 cells treated with 10  $\mu$ M melatonin also repressed MDA-MB-231 cell invasiveness (Fig. 2A), which indicated that melatonin may prolong its inhibitory effect by inducing the production of releasing factors that suppress invasiveness.

KiSS1 is known to inhibit cancer cell migration and invasion, resulting in a suppression of cancer metastases (20). Thus, whether melatonin affects KiSS1 expression in triple-negative breast cancer cells was examined. Melatonin increased KiSS1 protein expression in MDA-MB-231 and HCC-70 cells (Fig. 2B).

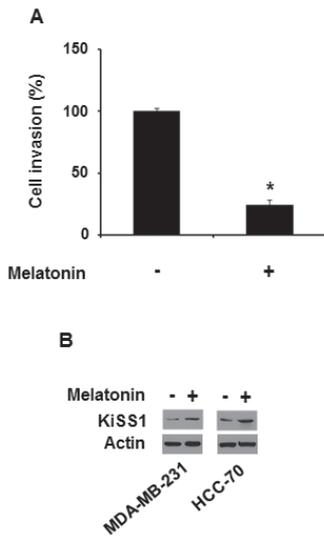


Figure 2. Melatonin induces KiSS1 production. (A) MDA-MB-231 cells were treated with 10  $\mu$ M melatonin for 24 h. MDA-MB-231 cells were treated with conditioned medium for another 24 h and then subjected to Matrigel invasion assay. The invading cells were counted. (B) MDA-MB-231 and HCC-70 cells were treated with 10  $\mu$ M melatonin for 24 h and then subjected to western blot analysis. Data are presented as the mean  $\pm$  standard deviation. \*P<0.05 vs. 0  $\mu$ M. KiSS1, kisspeptin.

To examine whether melatonin affected KiSS1 expression at the transcriptional level, luciferase assays were performed in 293T cells transfected with different KiSS1-luc constructs. Treatment with 100 nM melatonin increased the luciferase activity of -900 bp of the KiSS1 promoter region (pKiSS1-900-luc) by  $\sim$ 7-fold, while not affecting the KiSS1 promoter region of either -1 kb or -600 bp (Fig. 3A). Thus, it was hypothesized that melatonin may affect a certain transcriptional factor that may bind to the KiSS1 promoter region between -900 bp and -600 bp. When pKiSS1-900-luc was transfected in MDA-MB-231 cells prior to treatment with different concentrations of melatonin, it was revealed that luciferase activities were increased by treatment with 1 nM to 1  $\mu$ M melatonin (Fig. 3B). When this region was analyzed *in silico*, the GATA binding site was identified. A previous study revealed that the zebra fish KiSS1 promoter contains a GATA binding site (45). Thus, the association between melatonin and GATA3 in transcriptional regulation of the KiSS1 gene expression was also examined. Consistently, in the chromatin immunoprecipitation assays, melatonin induced GATA3 interaction with the KiSS1 promoter region in MDA-MB-231 cells (Fig. 3C). Therefore, these data indicated that melatonin activated KiSS1 expression at a transcriptional level.

*Melatonin inhibits breast cancer cell invasiveness via GATA3-dependent KiSS1 expression.* GATA3 overexpression has been revealed to inhibit metastasis of MDA-MB-231 cells. Therefore, whether GATA3-induced KiSS1 expression is required to inhibit the invasiveness of breast cancer cells was investigated. In MDA-MB-231 cells, GATA3 overexpression increased the luciferase activity of pKiSS1-900-luc (Fig. 4A). Accordingly, it was revealed that GATA3 overexpression in MDA-MB-231 cells increased KiSS1 and GATA3 expression (Fig. 4B). Thus, the present study also examined whether

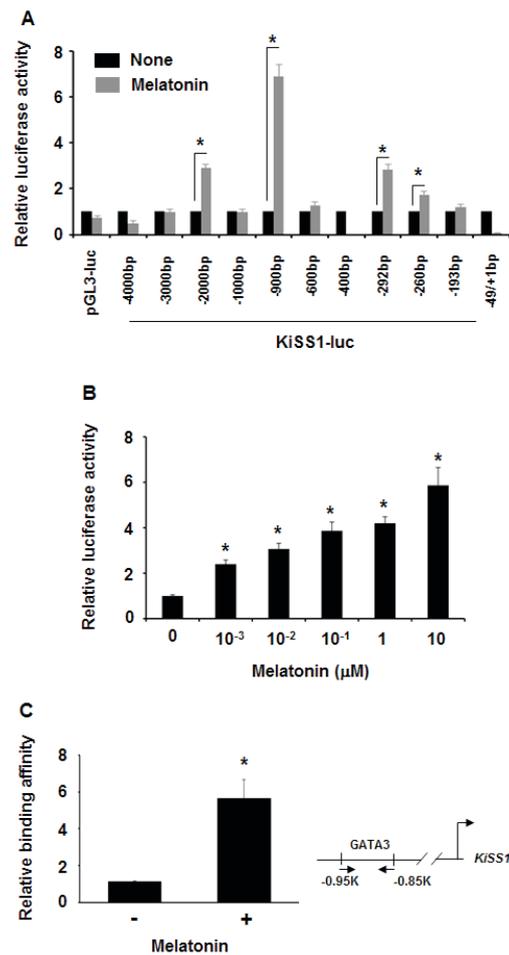


Figure 3. Melatonin activates GATA3-mediated KiSS1 expression. (A) 293T cells with different KiSS1 promoter regions were treated with 10  $\mu$ M melatonin for 12 h and then subjected to luciferase assays. Data are presented as the mean  $\pm$  standard error. (B) MDA-MB-231 cells with luciferase plasmids containing the -900 bp KiSS1 promoter region were treated with the indicated concentrations of melatonin for 12 h, and then subjected to luciferase assays. Data are presented as the mean  $\pm$  standard error. (C) MDA-MB-231 cells were treated with 10  $\mu$ M melatonin for 12 h, and then subjected to chromatin immunoprecipitation assays for GATA3 interaction with the KiSS1 promoter. The illustration represents a region for chromatin immunoprecipitation. Data are presented as the mean  $\pm$  standard deviation. \*P<0.05 vs. 0  $\mu$ M. GATA3, GATA binding protein 3; KiSS1, kisspeptin.

GATA3 regulated MDA-MB-231 cell invasion. When GATA3 was overexpressed in MDA-MB-231 cells, the number of invading cells was reduced by  $\sim$ 62% (Fig. 4C).

Whether melatonin-induced KiSS1 expression is required for the inhibition of the invasiveness was then examined. When KiSS1 was silenced in MDA-MB-231 cells with KiSS1 siRNA, melatonin failed to inhibit the invasiveness (Fig. 4D). In addition, melatonin increased GATA3 protein levels when MDA-MB-231 cells were treated with melatonin (Fig. 4E). Therefore, these results suggested that melatonin repressed the invasiveness via GATA3-mediated KiSS1 expression.

**Discussion**

The present study revealed how melatonin prolongs its inhibitory effect on the invasiveness of triple-negative breast cancer cells. Melatonin induced GATA3-mediated KiSS1 expression

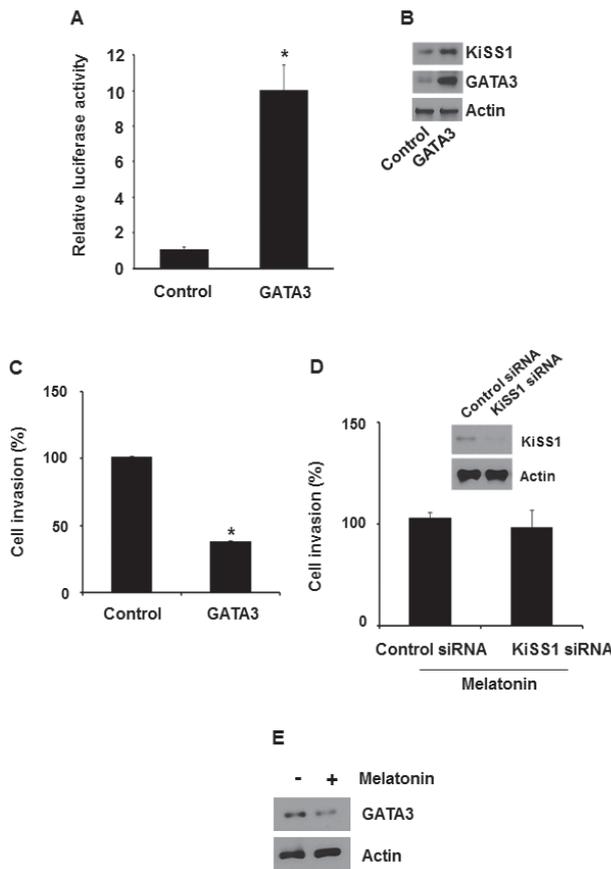


Figure 4. Melatonin maintains its inhibitory effect via GATA3-mediated KiSS1 expression. (A) MDA-MB-231 cells were transfected with GATA3 and KiSS1-luciferase plasmids, and then subjected to luciferase assays. MDA-MB-231 cells overexpressing GATA3 were then subjected to (B) western blot analysis or (C) invasion assays. (D) MDA-MB-231 cells were transfected with KiSS1 siRNA, treated with 10  $\mu$ M melatonin, and then subjected to invasion assays. KiSS1 knockdown was confirmed by western blotting. (E) MDA-MB-231 cells were treated with 10  $\mu$ M melatonin for 1 h, and then GATA3 protein expression was examined. \* $P$ <0.05 vs. control. Data are presented as the mean  $\pm$  standard deviation. GATA3, GATA binding protein 3; KiSS1, kisspeptin; si, small interfering.

in triple-negative breast cancer cells. Consequently, KiSS1 maintained a melatonin-induced inhibitory effect.

MT1 deficiency in metastatic breast cancer cells may explain why melatonin fails to inhibit proliferation (33). However, previous studies have demonstrated that melatonin inhibited the metastatic abilities of MDA-MB-231 breast cancer cells by inhibiting either Rho-associated protein kinase 1 or p38 mitogen-activated protein kinases (31,32,46). Likewise, the results of the present study revealed that melatonin inhibited the invasiveness of triple-negative breast cancer cells with no effect on proliferation. In addition, melatonin was revealed to maintain its inhibitory effect by inducing KiSS1 expression. Likewise, KiSS1 silencing prevented melatonin-induced inhibition of invasiveness. KiSS1 is known to inhibit the metastatic abilities of cancer cells including the invasiveness (20). Thus, KiSS1 appears to prolong the inhibitory effect of melatonin on the invasiveness of breast cancer cells via GATA3 transcriptional activation.

The present study demonstrated that melatonin promoted KiSS1 expression in triple-negative breast cancer cells. As a disruption of light cycles increases the risk of breast

cancer (13,47,48), it is plausible that melatonin and KiSS1 may exhibit similar expression patterns in breast cancer. Melatonin has been revealed to regulate circadian rhythms by inhibiting KiSS1 expression in the brain of rodents (27). However, melatonin induces KiSS1 expression in fish, and vice versa (49,50). Therefore, the mechanisms that result in the different effects of melatonin on KiSS1 expression in different experimental conditions, including animal models, remain unknown. The present study demonstrated that melatonin activated GATA3-mediated KiSS1 expression in triple-negative breast cancer cells. Previous *in situ* hybridization assays have revealed GATA3 expression in the hypothalamus of C57B6 mouse brains (51). Therefore, GATA3 may regulate melatonin-induced KiSS1 expression differently in the brain. Nevertheless, it remains to be determined how melatonin differentially regulates KiSS1 expression via GATA3 in different cells and/or tissues.

In conclusion, the present study suggested that melatonin prolongs its anti-metastatic effect by activating GATA3-mediated KiSS1 expression. While the effect of melatonin on breast cancer has been examined, to the best of our knowledge the present study is the first to reveal the effect of melatonin on triple-negative breast cancer cells.

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