

# Wnt3a expression is associated with poor prognosis of esophageal squamous cell carcinoma

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**Abstract.** The Wnt signaling pathway is widely implicated in various types of cancer. Canonical Wnt signaling, including Wnt3a, may be a key component of cancer progression or chemoresistance. Consequently, it was hypothesized that Wnt3a expression may be a prognostic factor of esophageal squamous cell carcinoma (ESCC) due to its roles in chemoresistance and tumor progression. The aim of the present study was to investigate the association between Wnt3a expression and prognosis in patients with ESCC. Wnt3a expression was evaluated in resected specimens from 139 patients with thoracic ESCC who were subjected to curative surgery without neoadjuvant therapy in Tokai University Hospital between 2007 and 2009. Samples were assessed using immunohistochemistry. Patients with ESCC were divided into two groups according to the expression of Wnt3a in tumor tissue. The influence of Wnt3a expression on clinicopathological findings and prognosis of ESCC were subsequently investigated. Immunohistologically, 68 cases were Wnt3a-positive in the cytoplasm of cancer cells, whereas 71 cases were negative. Multivariate analysis by Cox proportional hazard model showed the association between pN (HR=3.539, P=0.001), venous invasion (HR=2.798, P=0.012), Wnt3a expression (HR=1.691, P=0.046) and overall survival (OS). OS rate and disease-free survival rate were poorer in Wnt3a-positive group compared with those in the Wnt3a-negative group as indicated by the log-rank test (P=0.012 and P=0.023, respectively). In pathological stages I and II, there was no significant difference in the OS rate between Wnt3a-positive and Wnt3a-negative groups; however, the OS rate of the Wnt3a-positive group was significantly worse than that of Wnt3a-negative group in pathological stage III (log rank test; P=0.017). Wnt3a-positive

patients with recurrence had a significantly poorer prognosis compared with Wnt3a-negative patients (log-rank test; P=0.023). The present findings suggested that Wnt3a may be a prognostic factor of ESCC.

## Introduction

Esophageal squamous cell carcinoma (ESCC) has poor prognosis in comparison with other gastrointestinal cancer. Especially, prognosis of advanced or recurrent ESCC is extremely poor (1) and main standard treatment of it is chemotherapy. However, chemotherapy for esophageal cancer is not extremely effective and safe at the present time. Clinical useful biomarker of ESCC will be detected on the molecular biological experiments and then development of more effective and safe therapies are expected.

The Wnt signaling pathway is pivotal in embryogenesis and development and aberrant activation of canonical Wnt signaling is also widely implicated in a number of human disease such as cancer (2,3).  $\beta$ -catenin, which is a central molecule in the canonical Wnt pathway, translocates from a free cytosolic form to the nucleus and then plays a role as a cofactor with T-cell factor/lymphoid enhancer factor in order to trigger gene transcription (4-6). Recently it was suggested that abnormal expression of some key components of canonical Wnt signaling pathway, such as  $\beta$ -catenin, GSK-3 $\beta$ , Axin, APC and some ligands of this pathway, was associated with the development and progression of gastroenterological cancer such as colon cancer (7,8), hepatocellular carcinoma (9,10) and so on. There is also a study which suggested that Wnt2 which was secreted by tumor fibroblast and activated the canonical Wnt signaling pathway led to poor prognosis of ESCC (11). Wnt3a is one of typical ligands of the canonical Wnt signaling pathway. It has been regarded as an activator of the canonical Wnt signaling pathway including nuclear accumulation of  $\beta$ -catenin. Several studies suggested that high expression of Wnt3a in many kinds of tumors was correlated with a worse clinical outcome (12,13). Moreover, it was reported that Wnt3a regulated self-renewal of prostate cancer cells with stem cell characteristics (14). However, the clinical significance of Wnt3a expression in ESCC is not clear. We thought that canonical Wnt signaling, including Wnt3a, might be a key component of cancer progression or chemoresistance, and we hypothesized

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**Key words:** esophageal squamous cell carcinoma, canonical Wnt signaling pathway, Wnt3a, prognostic factor, chemoresistance

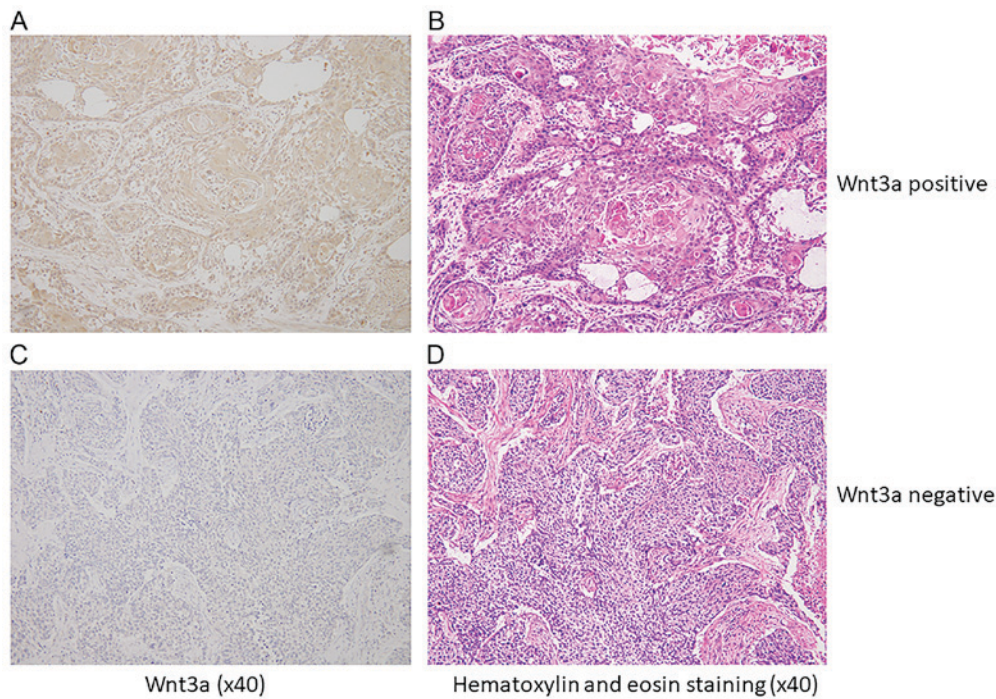


Figure 1. Wnt3a expression by immunohistochemical staining for resected specimen with ESCC. (A) Representative specimen with Wnt3a-positive ESCC. Cytoplasm was uniformly stained in ESCC tissue. (B) Hematoxylin and eosin (H&E) staining in ESCC tissue same as A. (C) Representative specimen with Wnt3a-negative ESCC. Cancer cells were not applicable stained at the same as stroma cells. (D) H&E staining in ESCC same as C.

that Wnt3a expression might be a prognostic factor of ESCC because of its roles in chemoresistance and tumor progression.

The aim of this study is to investigate the relationship between Wnt3a expression in ESCC tumor and prognosis in patients with ESCC.

## Materials and methods

**Patient selection.** Wnt3a expression was evaluated in resected specimens from 139 patients with pathological stages I-III thoracic ESCC who underwent thoracic esophagectomy with three field lymphadenectomy without neoadjuvant therapy in Tokai University Hospital from 2007 to 2009. Staging was defined as following UICC TNM classification 7th edition. Adjuvant chemotherapy was performed for patients with pathological stage III ESCC in principle, however elder patients, patients with renal dysfunction or patients who rejected it did not perform it. Adjuvant chemotherapy consisted of a combination 5-fluorouracil (5-FU) and cisplatin, and 800 mg/m<sup>2</sup> 5-FU was given by continuous intravenous infusion on day 1-5 and 80 mg/m<sup>2</sup> cisplatin by intravenous infusion. This regimen consisted of two cycles of chemotherapy separated by a 3-week interval. The important clinicopathological information of each patient was collected from the medical records. The present study was approved by the Ethics Committee of Tokai University, School of Medicine (Kanagawa, Japan). The need for written informed consent was waived due to the retrospective, non-interventional nature of the present study.

**Immunohistochemical staining.** Resected specimens were fixed in 10% formaldehyde at 4°C for 10 h. Paraffin block sections of ESCC were deparaffinised. For antigen retrieval, the sections were boiled at 120°C in citrate buffer (pH 6.0) for 5 min and

peroxidase was quenched with methanol and 3% H<sub>2</sub>O<sub>2</sub> at room temperature for 10 min. These were blocked with 5% normal goat serum for 10 min and incubated with mouse anti-Wnt3a monoclonal antibody (dilution 1:50; Abcam, Cambridge, MA, USA) overnight at 4°C. Additionally, these sections were incubated with peroxidase-labeled anti-rabbit antibody (Histofine Simple Stain Max PO; Nichirei, Tokyo, Japan) for 30 min at room temperature. For the negative control reaction, phosphate-buffered saline was used instead of the primary antibody.

Positive expression of Wnt3a was detected when brown granules were identified in the cytoplasm and more than 10% of the cancer cells in each sections were immunoreactive to Wnt3a (15). Non-cancerous tissues in the resected specimens were used as a negative control. The results of immunohistochemical staining were assigned by two independent investigators without knowledge of clinicopathological data. One hundred thirty nine patients with ESCC were divided to two groups according to expression of Wnt3a in tumor tissue. Two groups were compared about clinicopathological findings and prognosis, and we investigated the influence of Wnt3a expression on ESCC.

**Statistical analysis.** Statistical analysis was performed using SPSS software (version 24; SPSS Inc., Chicago, IL, USA). The difference of clinicopathological findings between Wnt3a-positive and Wnt3a-negative groups was analyzed by Chi-square test and Student's t-test. Cox's proportional hazard regression model was used to analyze the independent prognostic factors with univariate and multivariate analysis. Survival rates was calculated using Kaplan-Meier method and these of two groups were compared by the log rank test.  $P < 0.05$  was considered to indicate a statistically significant difference.

Table I. Comparison of clinicopathological factors between Wnt3a-positive and Wnt3a-negative groups. A Chi-square test was performed comparing all subgroups in each factor.

Parameters	Total (n=139)	Wnt3a-positive (n=68)	Wnt3a-negative (n=71)	P-value
Age (years; mean)	64.3	65.4	63.3	0.741
Sex				0.907
Male	115	56	59	
Female	24	12	12	
Location of tumor				0.435
Upper	19	9	10	
Middle	78	35	43	
Lower	42	24	18	
Size of tumor (mm; mean)	52.8	53.2	52.4	0.163
Serum SCC level (ng/ml; mean)				0.834
$\geq 1.5$	28	13	15	
$< 1.5$	111	55	56	
Differentiation				0.028
Well	43	19	24	
Moderate	63	27	36	
Poorly	33	22	11	
Lymphatic invasion				0.780
Positive	109	54	55	
Negative	30	14	16	
Venous invasion				0.172
Positive	101	53	48	
Negative	38	15	23	
INF				0.240
a	5	4	1	
b	111	51	60	
c	23	13	10	
pT				0.019
1	60	23	37	
2	22	9	13	
3	57	36	21	
pN				0.475
0	47	21	26	
1	92	47	45	
pStage				0.322
I	32	12	20	
II	50	24	26	
III	57	32	25	
Adjuvant chemotherapy				0.607
+	80	41	39	
-	59	27	32	

SCC, squamous cell carcinoma; INF, infiltrative growth pattern; pT, pathological T; pN, pathological N; pStage, pathological stage.

## Results

Immunohistologically, 68 cases (49%) were Wnt3a-positive in cytoplasm of cancer cells (Wnt3a-positive group), and 71 cases (51%) were negative (Wnt3a-negative group) (Fig. 1).

Background data of clinicopathological features in both group was shown in Table I. There was no significant difference between two groups in age, sex, location of tumor and size of tumor. In Wnt3a-positive group, the number of patients with poor differentiated carcinoma ( $P=0.028$ ) and T2 or deeper of

Table II. Univariate and multivariate survival analysis of overall survival for ESCC patients by Cox's proportional hazard model.

Parameters	Univariate analysis			Multivariate analysis		
	HR	95% CI	P-value	HR	95% CI	P-value
Age (years)						
≥65 vs. ≤64	1.484	0.892-2.468	0.128			
Sex						
Male vs. female	1.098	0.557-2.168	0.787			
Location of tumor						
Upper vs. middle and lower	1.545	0.781-3.053	0.211			
Size of tumor						
≥49 vs. ≤48	1.651	0.997-2.736	0.051			
Serum SCC level						
≥1.5 vs. <1.5	1.118	0.605-2.066	0.723			
Adjuvant chemotherapy						
Done vs. not done	1.390	0.819-2.357	0.222			
Differentiation						
Poorly vs. well, moderate	2.012	1.191-3.397	0.009			
Infiltrative growth pattern						
c vs. a, b	1.357	0.721-2.556	0.344			
Lymphatic invasion						
Positive vs. negative	3.126	1.252-7.808	0.015			
Venous invasion						
Positive vs. negative	3.424	1.557-7.532	0.002	2.798	1.259-6.215	0.012
pT						
3 vs. 1, 2	2.534	1.446-4.442	0.001			
pN						
1 vs. 0	3.833	1.884-7.798	<0.001	3.539	1.728-7.248	0.001
Wnt3a expression						
Positive vs. negative	1.906	1.141-3.185	0.014	1.691	1.009-2.836	0.046

Infiltrative growth pattern: a, expansive type; b, intermediate type; and c, infiltrative type. HR, hazard ratio; ESCC, esophageal squamous cell carcinoma; CI, confidence interval; pT, pathological T; pN, pathological N.

pT ( $P=0.019$ ) than these in negative group. There was no significant correlation between lymphatic invasion, venous invasion, pN, pStage and Wnt3a expression. There was not significant difference of recurrent rate between two groups. There was not also difference of recurrent patterns, however frequency of recurrence at distant organs in Wnt3a-positive group tended to be higher than that in negative group ( $P=0.051$ ). Median follow-up period of Wnt3a-positive group was 37 months and that of Wnt3a-negative group was 44 months, and there was no difference between two groups ( $P=0.172$ ). Multivariate analysis by Cox proportional hazard model showed the relationship between pN ( $HR=3.539$ ,  $P=0.001$ ), venous invasion ( $HR=2.798$ ,  $P=0.012$ ), Wnt3a expression ( $HR=1.691$ ,  $P=0.046$ ) and overall survival (OS) (Table II), and the relationship between only pN ( $HR=1.658$ ,  $P<0.001$ ) and disease free survival (DFS). These parameters were identified as independent prognostic factors for ESCC. On the other hand, serum SCC antigen level, which was a former indicator of progression of ESCC as one of typical tumor marker, was not related to prognosis.

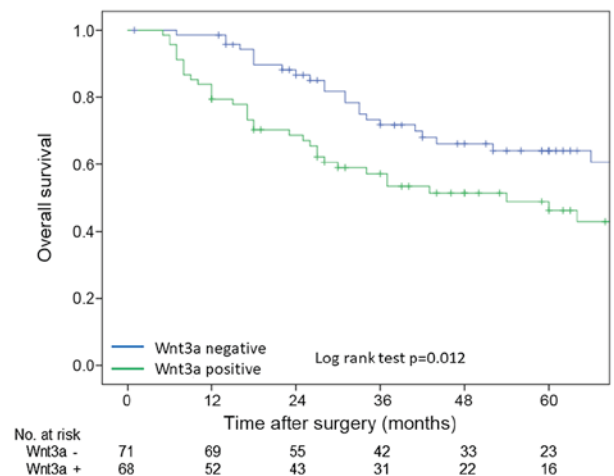


Figure 2. OS curves of all patients according to Wnt3a expression. These curves were calculated by the Kaplan-Meier method. The green line is Wnt3a-positive group and the blue line is Wnt3a-negative group. Difference between two groups were evaluated by log-rank test. OS, overall survival.



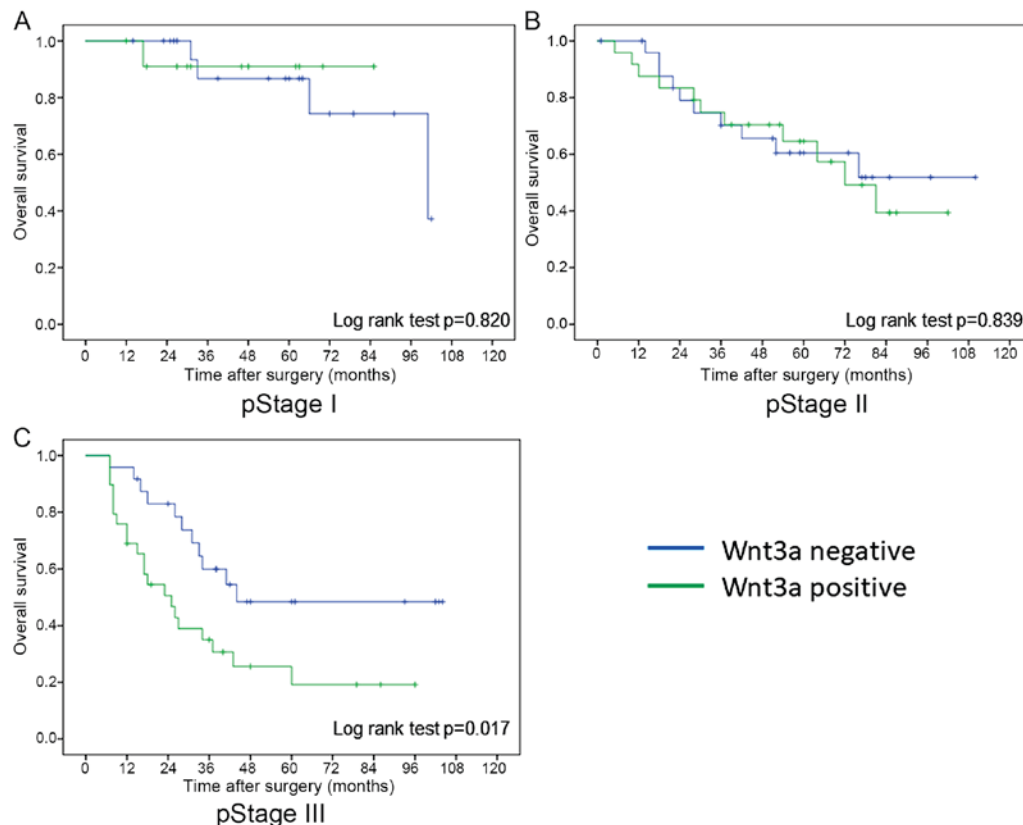


Figure 3. OS curves of each pathological stages according to Wnt3a expression. These curves were calculated by the Kaplan-Meier method. The green line is Wnt3a-positive group and the blue line is Wnt3a-negative group. Difference between two groups were evaluated by log-rank test. (A) Pathological stage I, (B) pathological stage II, (C) pathological stage III. OS, overall survival.

OS rate which were calculated by Kaplan-Meier method were poorer in Wnt3a-positive group than these in Wnt3a-negative group in log-rank test ( $P=0.012$ ) (Fig. 2). In pathological stages I and II, there was no difference in overall survival rate between Wnt3a-positive and Wnt3a-negative groups, however overall survival rate of Wnt3a-positive group was significantly worse than that of Wnt3a-negative group in pathological stage III (log rank test;  $P=0.017$ ) (Fig. 3). On the other hand, there was no significant difference in DFS rate between two groups in all pathological stage. However, prognosis of Wnt3a-positive group tended to be worse than that of Wnt3a-negative group in pathological stage III (log rank test;  $P=0.051$ ).

Next, pathological Stage III ESCC cases were focused on in order to exclude the influence of T factor on progression. In pathological stage III ESCC, background data of clinicopathological features in both group was shown in Table III. There was no significant different factor between two groups. Multivariate analysis by Cox proportional hazard model showed that Wnt3a expression ( $HR=2.531$ ,  $P=0.012$ ) were only independent prognostic factors (Table IV).

In order to investigate the influence of Wnt3a expression on the response of chemotherapy and chemoradiotherapy after recurrence, all patients were classified into two groups, between patients with recurrence during follow-up period (recurrence group;  $n=61$ ) and patients without recurrence (no recurrence group;  $n=78$ ). All of patients with recurrence underwent chemotherapy or chemoradiotherapy after diagnosis of recurrence. Background data of clinicopathological features in both group was no significant different in all

factors. Patients in recurrence group were classified into Wnt3a-positive ( $n=35$ ) and Wnt3a-negative groups ( $n=26$ ). In comparison with overall survival rate between two groups, Wnt3a-positive patients were significant poor prognosis than negative patients (log-rank test;  $P=0.023$ ) (Fig. 4). Moreover, survival after recurrence was compared with Wnt3a expression only in patients who received chemotherapy after recurrence. Twenty-eight patients with recurrence were Wnt3a-positive, and 25 patients were Wnt3a-negative. No significant difference in survival after recurrence was seen between the Wnt3a-positive and the Wnt3a-negative patients ( $P=0.093$ ); however, the Wnt3a-positive patients tended to have a poorer survival outcome than the Wnt3a-negative patients (Fig. 5).

## Discussion

In this study, it was suggested that expression of Wnt3a in cytoplasm of ESCC was a poor prognostic factor of ESCC after lymph node metastasis and venous invasion. In pathological stages I and II, there was no difference in prognosis between Wnt3a-positive and Wnt3a-negative groups, however prognosis of Wnt3a-positive group was significantly worse than that of Wnt3a-negative group in pathological stage III. Among patients with recurrence in pathological stage III, overall survival rate of Wnt3a-positive group was significant lower than that in Wnt3a-negative group.

Wnt3a is one of regular ligands of canonical Wnt signaling pathway. Several studies suggested that development and

Table III. Comparison of clinicopathological factors between Wnt3a-positive and Wnt3a-negative groups in pathological stage III ESCC.

Parameters	Total (n=57)	Wnt3a-positive (n=32)	Wnt3a-negative (n=25)	P-value
Age (years; mean)	64.3	66.1	61.9	0.063
Sex				0.520
Male	45	24	21	
Female	12	8	4	
Location of tumor				0.972
Upper	5	3	2	
Middle	30	17	13	
Lower	22	12	10	
Size of tumor (mean)	55.5	58.1	52.2	0.292
Serum SCC level (ng/ml; mean)				0.225
	15	6	9	
	42	26	16	
Differentiation				0.265
Well	18	8	10	
Moderate	19	10	9	
Poorly	20	14	6	
Lymphatic invasion				1.000
Positive	55	31	24	
Negative	2	1	1	
Venous invasion				0.309
Positive	53	31	22	
Negative	4	1	3	
INF				0.589
a	1	1	0	
b	43	23	20	
c	13	8	5	
Adjuvant chemotherapy				0.141
+	42	21	21	
-	15	11	4	

ESCC, esophageal squamous cell carcinoma; SCC, squamous cell carcinoma; INF, infiltrative growth pattern.

progression of glioblastoma (16), prostate cancer (12), breast cancer (17), or malignant mesothelioma (18) was related to the activity of canonical Wnt signaling pathway, and Wnt3a expression in cancer cells of colorectal cancer (19) or hepatocellular carcinoma (20) was associated with poor prognosis. There was also some study which suggested that the activity of canonical Wnt signaling pathway was related to development and prognosis of head and neck squamous cell carcinoma (21). Some study suggested that the activity of canonical Wnt signaling pathway,  $\beta$ -catenin and TCF-4, which were regular factors of canonical Wnt signaling pathway, was related to prognosis of ESCC (11,22,23). There was also a study which suggested that expression of dickkopf-1, which was one of inhibitor of canonical Wnt signaling pathway, was associated with poor prognosis of ESCC (15). Relationship between ESCC and canonical Wnt signaling is still controversial. Epithelial-mesenchymal transition (EMT), which was proposed as one of the important mechanism of tumor growth and metastasis,

was a concept of the transition from epithelial cells to mesenchymal cells. According to progression of cancer, cancer cells seems to acquire the ability of invasion and metastasis by EMT (24). Several studies already suggested that Wnt signaling pathway closely related to EMT (25,26), and EMT related factors would be prognostic factors of ESCC (27,28). These studies support the hypothesis that the canonical Wnt signaling pathway activates the progression and metastasis of ESCC through the EMT; whether Wnt3a expression might also be correlated with the progression and metastasis of ESCC should be investigated.

In Japan, neoadjuvant chemotherapy (NAC) is a standard treatment for clinical stages II or III ESCC based on a clinical phase III trial in the country (29,30). Depth of invasion, lymph node metastasis and lower level of preoperative serum albumin were poor prognostic factors for patients who performed NAC (31), therefore additional adjuvant therapy seems to be needed for them in order to improve the prognosis of high risk

Table IV. Univariate and multivariate survival analysis of overall survival for pathological stage III ESCC patients by Cox's proportional hazard model.

Parameters	Univariate analysis			Multivariate analysis		
	HR	95% CI	P-value	HR	95% CI	P-value
Age (years)						
≥65 vs. ≤64	1.384	0.708-2.706	0.342			
Sex						
Male vs. female	0.851	0.371-1.953	0.703			
Location of tumor						
Upper vs. middle and lower	2.298	0.796-6.633	0.124			
Size of tumor						
≥56 vs. ≤55	1.875	0.957-3.675	0.067	1.775	0.894-3.524	0.101
Serum SCC level						
≥1.5 vs. <1.5	0.859	0.390-1.892	0.706			
Adjuvant chemotherapy						
Done vs. not done	0.783	0.374-1.638	0.515			
Differentiation						
Poorly vs. well, moderate	1.454	0.743-2.843	0.274			
Infiltrative growth pattern						
c vs. a, b	1.003	0.455-2.214	0.994			
Lymphatic invasion						
Positive vs. negative	1.052	0.143-7.718	0.960			
Venous invasion						
Positive vs. negative	2.912	0.397-21.345	0.293			
Wnt3a expression						
Positive vs. negative	2.719	1.324-5.585	0.006	2.531	1.230-5.206	0.012

Infiltrative growth pattern: a, expansive type; b, intermediate type; and c, infiltrative type. HR, hazard ratio; ESCC, esophageal squamous cell carcinoma; CI, confidence interval; SCC, squamous cell carcinoma.

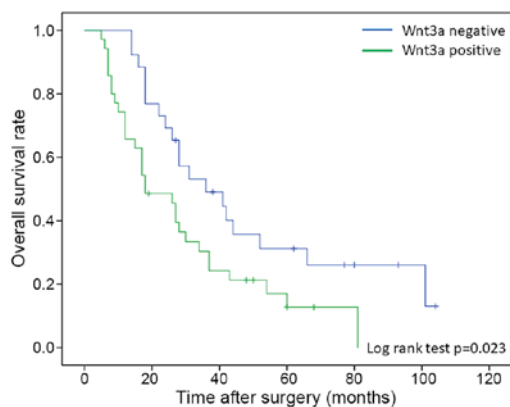


Figure 4. OS curves of patients with recurrence according to Wnt3a expression. These curves were calculated by the Kaplan-Meier method. The green line is Wnt3a-positive group and the blue line is Wnt3a-negative group. Difference between two groups were evaluated by log-rank test. OS, overall survival.

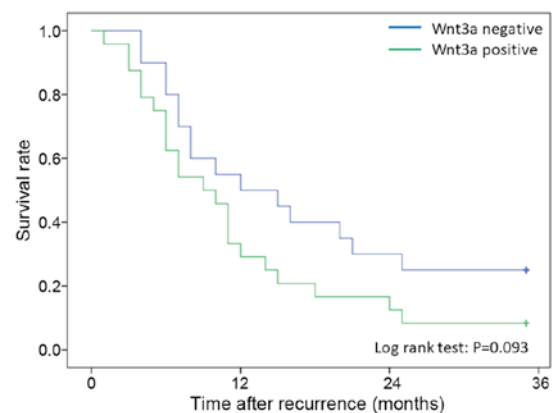


Figure 5. Survival after recurrence curve of patients according to Wnt3a expression. These curves were calculated by the Kaplan-Meier method. The green line is Wnt3a-positive group and the blue line is Wnt3a-negative group. Difference between two groups were evaluated by log-rank test.

cases. However, contents of adjuvant therapy was still controversial. Our results suggested that Wnt3a is correlated with a

poor prognosis in patients with stage III ESCC and that the prognosis of patients with recurrence is poorer in patients with

Wnt3a expression than in patients without Wnt3a expression. These results suspected that patients with expression of Wnt3a may have poor response of treatment after recurrence. Although a significant correlation between survival after recurrence and Wnt3a expression was not seen, the correlation between the canonical Wnt signaling pathway, including Wnt3a, and the chemoresistance of ESCC is worth investigating. Several studies suggested that canonical Wnt signaling played a role in chemotherapy and radiation resistance of various malignancies (32-34). Advanced ESCC with positive expression of Wnt3a might have malignant potential or chemoresistance which led to poor prognosis and Wnt3a also may be a target of adjuvant therapy for high risk cases who performed NAC.

Expression of Wnt3a in ESCC was more associated with the depth of invasion and histological differentiation of main tumor than with lymph node metastasis and vessel invasion. Some studies suggested that Wnt3a expression was also related to histological differentiation of colon cancer (19) and hepatocellular carcinoma (20). These results suggested that upper stream factor of canonical Wnt signaling pathway, such as Wnt3a, seemed to be more associated with local development and differentiation of tumor than with migration and metastasis, and then it would be identified as a poor prognostic factor of ESCC.

The limitations of this study were that it was a retrospective study and the small number of patients who were enrolled in present study, and it was investigated about Wnt3a alone which was one of factors related to canonical Wnt signaling pathway. Generally, cell signaling pathway was activated by the interaction of a lot of factors. Therefore, the role of Wnt3a in the progression of ESCC was not clear in this study. In order to investigate the mechanism of ESCC progression, a lot of factors, investigation in the cell cultures and animal models will be needed in the future.

To our knowledge, this study was a first study which suggested that Wnt3a seemed to be a prognostic factor of ESCC. It is expected that relationship between ESCC and canonical Wnt signaling pathway will be clear based on this study and development of novel treatment for ESCC with poor prognosis will progress in the future.

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