Methodological comparison of the allele refractory mutation system and direct sequencing for detecting EGFR mutations in NSCLC, and the association of EGFR mutations with patient characteristics

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Abstract. Gefitinib is effective for patients with non-small cell lung cancer (NSCLC) with a mutation in the epidermal growth factor receptor (EGFR) gene, which makes the detection of EGFR mutations a critical step prior to determining a treatment schedule. Therefore, the present study determined the EGFR mutation status in patients with NSCLC using an allele refractory mutation system (ARMS) and analyzed the detection ratio for different specimen types. A total of 1,596 NSCLS samples were collected and EGFR gene mutations were detected on exons 18-21 using ARMS and direct sequencing. The concordance of two methods reached 89.21%, with a total mutation rate of 45.55% (727/1,596), in which the mutation rate in lung adenocarcinoma samples was markedly increased compared with squamous cell carcinoma (51.77 vs. 8.68%). In patients with lung adenocarcinoma, EGFR mutations were more frequent in female patients than male patients (65.53 vs. 39.80%, P<0.01); there was no observable difference depending on age. Similar results were obtained for squamous cell carcinoma. In the present study, certain rare mutations were also identified; these may be subjects for further study. The impact of different sample types on the consistency between the methods was determined to be insignificant. ARMS is a more applicable approach for large-scale clinical detection than direct sequencing, and we hypothesize that ARMS may replace direct sequencing if the drawbacks of ARMS, including its narrow detection range, can be amended.

Introduction

Lung cancer is one of the most common types of malignant tumor and threatens the health and survival of human beings (1). The majority of cases of lung cancer are non-small cell lung cancer (NSCLC; 80%), which is associated with ~400,000 mortalities annually, a generally poor prognosis and a difficulty of diagnosing in the early stages (2-4). The development of lung cancer is often due to environmental or lifestyle factors including smoking, environmental pollution and occupational exposure to carcinogens. These factors may induce mutations in susceptible genes and epigenetic changes, ultimately resulting in the lung cancer (5).

Among genes that are commonly mutated in NSCLC, including TP53, epidermal growth factor receptor (EGFR) and KRAS, the detection of EGFR mutations is the most common (6). EGFR, a transmembrane tyrosine kinase receptor, includes an intracellular tyrosine kinase domain, and an extracellular domain with a high affinity for epidermal growth factor. EGFR regulates a number of biological activities, including cell proliferation, differentiation, migration and the promotion of cell survival (7). Therefore, when EGFR is abnormally expressed, cells may rapidly proliferate and differentiate, potentially leading to the formation of a tumor. A previous study reported that 48-80% of cases of NSCLC exhibit abnormal EGFR expression (8).

At present, small-molecule therapeutic agents, including gefitinib, erlotinib, cetuximab and bevacizumab, have been applied as a molecularly-targeted treatment against tumors. These agents have been demonstrated to be suitable for the treatment of patients with NSCLC in previous studies (3,9,10). Other previous studies concluded that patients with NSCLC with EGFR mutations receiving EGFR-TKI treatment experienced an increased median progression-free survival time compared with patients treated with conventional chemotherapy, with a difference of ~8 months (10,11). Thus, it is important to develop a low-cost, accurate and efficient method for the clinical detection of EGFR mutations.

Various detection methods are currently used in the clinic, including capillary electrophoresis (12), denaturing high-performance liquid chromatography (13), high-resolution

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melting analysis (14), quantitative polymerase chain reaction (PCR) analysis (15) and PCR single-strand conformation polymorphism (16). However, these methods may be expensive and time-consuming, require large samples, and produce hazardous substances during detection. Consequently, there are no methods that are completely suited to replace the direct sequencing method. As the current gold standard for clinical detection, the direct sequencing method has several limitations due to technical and methodological issues; however, it is accurate, reliable and capable of detecting almost every mutation of EGFR. The allele refractory mutation system (ARMS), a highly selective and sensitive approach that can detect 29 types of EGFR mutation in a reduced number of samples, has been applied in clinical and laboratory settings. In the present study, ARMS was compared with direct sequencing to identify which is the most appropriate method for detection in the clinic.

Materials and methods

Sample collection. The present study was approved by the First Affiliated Hospital of Wenzhou Medical University (Wenzhou, China). Written informed consent was obtained from all patients. Samples were collected from 1,596 patients with NSCLC who had been diagnosed in The First Affiliated Hospital of Wenzhou Medical University between July 2011 and June 2016. Exons 18-21 of the EGFR genes were analyzed using the ARMS and direct sequencing methods. All samples were successfully analyzed using the ARMS method, whereas ~1,140 were successfully analyzed using the direct sequencing method (direct sequencing failed for 91 samples due to technical issues, and 365 samples were of insufficient quantity for direct sequencing). There were 1,329 adenocarcinoma samples, 217 squamous cell carcinoma samples and 19 adenosquamous cell carcinoma samples; the pathology type of 31 samples was unknown. There were 922 male and 674 female patients, with an age range of 18-89 and a mean age of 64 years.

DNA extraction. The samples were collected using 3 different methods: Biopsy, surgical resection and hydrothoracic or ascitic fluid extraction. The samples were paraffin-embedded and DNA was extracted and purified using the AmoyDx[®] FFPE DNA Extraction kit (cat. no. ADx-FF01; Amoy Diagnostics Co., Ltd., Xiamen, China) according to the manufacturer's instructions.

EGFR gene analysis with ARMS. Following the determination of the DNA concentration, by ultraviolet spectrophotometry, EGFR gene mutations were analyzed using the AmoyDx[®] EGFR 29 Mutations Detection kit (cat. no. ADx-EG0X; Amoy Diagnostics Co., Ltd.) according to the manufacturer's instructions on a LightCycler480 II (Roche Diagnostics, Basel, Switzerland). Fluorescence calibration was performed on a LightCycler480 I (Roche Diagnostics).

The results of the mutation assay were analyzed based on different mutant C_q values (Table I).

Strong positive. If the sample C_q value was <26, then the sample was classified as strong positive.

Weak positive. If the sample C_q value ranged between 26 and 29, the sample was provisionally classified as weak positive and the ΔC_q of the reaction tube was calculated to confirm the result. If the ΔC_q value was less than the corresponding threshold value of ΔC_q , the sample was confirmed as weak positive. If the ΔC_q value was greater than the cut-off ΔC_q value, the sample was classified as negative or below the detection limit of the kit. ΔC_q was calculated as follows: $\Delta C_q = mutant C_q$ value - external control C_q value.

Negative. If the sample amplification signal C_q value was \geq the critical negative value presented in the 'Negative' row in Table I, then the sample was classified as negative or below the detection limit of the kit.

DNA direct sequencing. A total of 1,140 samples-examined using direct sequencing method were examined using the direct sequencing method for comparison with the ARMS method. The primers were designed by Shanghai Shenggong Biology Engineering Technology Service, Ltd. (Shanghai, China; Table II). A BigDye[™] Terminator v1.1 Cycle Sequencing kit was applied in the detection, the total reaction system contained 10 ng of purified PCR product, 8 μ l of BigDye (2.5X; Beijing Think-Far Technology Co., Ltd., Beijing, China), 3.2 pmol of primers and 10 μ l aseptic deionized water. The PCR reaction conditions included an initial denaturation at 95°C for 1 min, followed by 25 cycles at 94°C for 10 sec and 50°C for 5 sec, then 60°C for 4 min. Subsequently, the products were purified using ExoSap-IT reagent (Thermo Fisher Scientific, Inc., Waltham, MA, USA), and the reaction was terminated using BigDye Terminator v1.1 (cat. no. 4337449; Beijing Think-Far Technology Co., Ltd.) according to the manufacturer's instructions. All sequence data was analyzed using Sequencher 4.6® (Gene Codes Corporation, Ann Arbor, MI, USA) and all positive results were detected a second time for confirmation.

Data analysis. Following data collection and tissue classification, a corresponding line chart was constructed according to the year of tissue collection (Fig. 1; Cohen's κ coefficient was calculated using SPSS (version 16.0 for Windows; SPSS, Inc., Chicago, IL, USA) to examine the consistency of the detection results between ARMS and direct sequencing. A κ-value between 0.40 and 0.75 was considered to represent a good consistency level, and a κ -value >0.75 was considered to represent a high consistency level. Subsequently, the influences of different sample types on consistency and the association between EGFR gene mutation with age and sex were examined using the χ^2 test in SPSS (version 16.0 for Windows; SPSS, Inc., Chicago, IL, USA). P<0.05 was considered to indicate a statistically significant difference. GraphPad Prism software (version 5.0; GraphPad Software, Inc., La Jolla, CA, USA) was used to produce the figures.

Results

Analysis of the patients diagnosed with NSCLC. The patients diagnosed in The First Affiliated Hospital of Wenzhou Medical University were classified into three types according to their pathology, including adenocarcinoma, squamous cell carcinoma and adenosquamous cell

 $26 \le C_q < 29$

7

C_a≥29

 $26 \le C_q < 29$

8

 $C_q \ge 29$

Table I. Definition of C_{α} thresholds for strong positive, weak positive and negative EGFR mutation detection status. Strong positive Strong positive 19Del L858R T790M Insertions G791X S786I L861Q Strong positive Mutant C_a value C_a<26 C_q<26 C.<26 $C_q < 26$ C_q<26 C_q<26 C_q<26

 $26 \le C_q < 29$

11

C₀≥29

26≤C_a<29

12

C₀≥29

 C_q , cycle threshold; ΔC_q , mutant C_q minus control C_q .

Mutant Cq value

Mutant C_q value

 ΔC_{q} threshold value

Weak positive

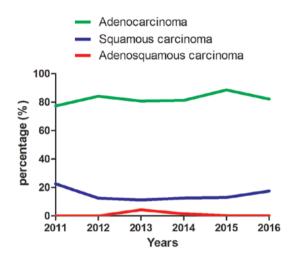
Negative

Table II. Primer sequences for direct sequencing by polymerase
chain reaction.

Target	Sequence
Exon 18	
Sense (5'-3')	TGTCCTGGCACCCAAGCCCA
	TGCCGTGGCT
Antisense (5'-3')	GTGGGGGAGCCCAGAGTCCTT
	GCAAGCTGTATA
Exon 19	
Sense (5'-3')	CAGTGTCCCTCACCTTCGGG
	GTGCATCGCT
Antisense (5'-3')	AACCTCAGGCCCACCTTTT
	CTCATGTCTGG
Exon 20	
Sense (5'-3')	GCCCTGCGTAAACGTCCCTG
	TGCTAGGTCT
Antisense (5'-3')	CACATGCGGTCTGCGCTCCT
	GGGATAGCAA
Exon 21	
Sense (5'-3')	CCATTCTTTGGATCAGTAGT
	CACTAACGT
Antisense (5'-3')	CCAGGCTGCCTTCCCACTAG
. /	CTGTATTG

carcinoma (Fig. 1; Table III). Adenocarcinoma was the most common and squamous cell carcinoma second most common, followed by adenosquamous cell carcinoma. It was also identified that the total number of NSCLC cases exhibited an increasing incidence, with fewer patients diagnosed in 2011 than 2016. Data was only collected until June 2016 and the data for 2016 in Fig. 1 was extrapolated from previous years; the tendency towards an increasing incidence rate may be more apparent from the actual data.

Comparison of the detection outcome between ARMS and direct sequencing. From 1,596 patients with NSCLC, 1,596 cases were analyzed using ARMS, but direct sequencing was successful for 1,140 samples (in the failed cases, exons 19-21 were complete in 22 samples, partially complete in 48 cases, and insufficient in 2 cases; Table IV). Among the 1,140 cases analyzed with both methods, 1,017 samples had



 $26 \le C_q < 29$

7

C_q≥29

 $26 \le C_q < 29$

8

C_q≥29

 $26 \le C_q < 29$

9

 $C_q \ge 29$

Figure 1. Summary of the pathology type of all patients with non-small cell lung cancer diagnosed at The First Affiliated Hospital of Wenzhou Medical University over 6 years. Although a number of patients were diagnosed twice in the time period, only the first diagnosis is presented in this figure.

consistent detection outcomes between the two methods; of the inconsistent samples, 77 cases were detected as wild-type individuals using the direct sequencing method and subsequently detected as mutants using ARMS, whereas 46 samples were identified as wild-type by ARMS and mutants by direct sequencing. Thus, the consistency was adequate, with a concordance rate of 89.21% (P=0.007, κ =0.775; Table II). Furthermore, the positive rate of ARMS (40.96%) was marginally increased compared with that obtained with direct sequencing (38.25%).

EGFR mutation rate and the association between mutations and population characteristics

EGFR mutation in all disease subtypes. A total of 12 types of mutation were detected in the present study, including 3 (G719A, G719S and G719C) in exon 18, 4 [exon 19 deletion (19Del), L747-T751Del, L747-A750>P and E746-S752>V] in exon 19, 3 (T790M, S768I and an unknown mutation accounting for 14 cases) in exon 20, and 2 (L858R and L861Q) in exon 21. A combination of mutations was observed in a number of cases (Table V); the mutations in 25 cases were caused by previously unidentified DNA alterations (Table VI). Among the 1,596 cases, mutations in EGFR were identified in 727 cases; thus, the total mutation rate was 45.55% (727/1,596). The mutations 19Del and L858R were the most common, accounting for 319 and 320 cases respectively, with mutation

			Years	, n (%)			
Pathology type	2011	2012	2013	2014	2015	2016	Total, n (%)
Adenocarcinoma	24 (77.4)	128 (84.21)	164 (80.8)	322 (81.3)	433 (88.6)	258 (82.2)	1,329 (83.2)
Squamous cell carcinoma	7 (22.6)	19 (12.5)	23 (11.3)	50 (12.6)	65 (13.0)	55 (17.5)	219 (13.7)
Adenosquamous cell carcinoma	0 (0)	1 (0.07)	9 (4.4)	6 (1.5)	2 (0.4)	1 (0.3)	19 (1.2)
Other types	0 (0)	4 (2.63)	7 (3.4)	18 (4.5)	0 (0.00)	0 (0)	29 (1.7)
Total	31	152	203	396	500	314	1,596

Table III. Summary of the pathology type of all patients with non-small cell lung cancer diagnosed at The First Affiliated Hospital of Wenzhou Medical University over 6 years.

Table IV. Consistency of ARMS and direct sequencing methods for different sample types.

Table VI. Rare mutations detected in 25 patients using the direct sequencing method.

Outcome	Biopsy	Surgical	Cytological	Total
Consistent	659	271	77	1,007
Inconsistent	88	24	11	122
ARMS(-) sequencing(+)	33	9	4	45
ARMS(+) sequencing(-)	55	15	7	77
Direct sequencing failure	34	25	9	68

Consistency of biopsy vs. surgery, χ^2 =2.919, P=0.052. ARMS, amplification refractory mutation system.

Table V. Frequency of simultaneous mutations.

Mutation type	Cases, n
19Del + L858R	13
19Del + T790M	8
L858R + T790M	8
20Ins + L858R	1
G719X + L861Q	4
G719 + S768I	2
Del, deletion; Ins, insertion.	

rates of 43.88% (319/727) and 44.02% (320/727) respectively. Lung adenocarcinoma and squamous cell carcinoma had mutation rates of 51.77 (688/1,329) and 8.68% (19/219) respectively. As lung adenocarcinoma and squamous cell carcinoma were the dominant types of NSCLC in the data, further analysis considered these subtypes separately.

EGFR mutation in lung adenocarcinoma. As presented in Table VII, lung adenocarcinoma accounted for 1,329 cases, of which 688 cases, including 283 male and 405 female patients, exhibited EGFR mutations. The difference in the mutation rate between male and female patients with

Mutation type	Cases
2572 C>A	1
2361 G>A	16
GCGTGGACA	1
2571 G>A	1
T751-I759>N	1
2240-2252Del	1
2237-2250>T	1
2240-2257Del	1
2253-2276Del	1
2259 G>A	1

adenocarcinoma was significant (P<0.001); the mutation rate in female patients (65.53%, 405/618) was distinctly increased compared with that in males (39.80%, 283/711). However, there was no difference in the mutation rate between patients \geq 60 and <60 (P=0.145).

EGFR mutation in squamous cell carcinoma. Similar results were also observed in squamous cell carcinoma (Table VIII); among 219 squamous cell carcinoma cases, including 187 male and 32 female patients, there was a significant difference in the mutation rate between male (5.35%, 10/187) and female (28.13%, 9/32) patients (P<0.001), whereas there was no difference between patients ≥ 60 and < 60 (P=1.00).

EGFR mutation in adenosquamous cell carcinoma. From a total of 19 adenosquamous cell carcinoma cases, 9 exhibited EGFR mutations, including 4 cases with 19Del, 4 cases with L858R and 1 case with both 19Del and L858R.

Associations between sample type and detection methods. The sample types in all cases were classified into 5 types according to their origin and extraction method (Fig. 2). Paraffin-embedded biopsy sections accounted for 939 cases; paraffin-embedded samples from surgical resection accounted for 372 cases; paraffin-embedded hydrothorax or ascitic

					E	EGFR gene mutation type, n	utation t	ype, n							
19Del + Characteristic 19Del L858R T79M L858R	19Del	L858R	M97T	19Del + L858R	19Del + T79M	19Del + L858R + T79M T79M	20Ins	20Ins + L858R	G719x	L861Q	20Ins + G719x + G719x + G719x + 20Ins L858R G719x L861Q L861Q S768I	G719x + G719x + G719x + L861Q S768I	Mutation Detected, n Total, n rate, %	Total, n	Mutation rate, %
Total	312	310	-	12	6	7	10	1	6	11	4	5	688	1,329	51.77
Sex															
Male	126	127	1	8	9	2	4	0	5	4	2	1	283	711	39.8
Female	186	183	0	4	3	5	9	1	4	Г	5	1	405	618	65.53 ^a
Age, years	115	105	.	¢	V	Ċ	٢	C	~	-	c	-	240	0110	
<00	CII	CUI	-	S	0	7	-	0	4	Π	0	Γ	C47	449	10.40
≥60	197	205	0	6	3	5	ю	1	5	10	4	1	443	870	50.92 ^b
$^{a}\chi^{2}$ =87.669, P<0.001 vs. male patients; $^{b}\chi^{2}$ =1.578, P=0.222 vs. <60. EGFR, epidermal growth factor receptor; Del, deletion; Ins, insertion.	001 vs. må	ule patients;	$^{b}\chi^{2}=1.578$,	P=0.222 vs.	<60. EGFR,	epidermal gro	wth facto	r receptor; L)el, deletion	ı; Ins, inserti	ion.				

Table VII. Characteristics and EGFR gene mutation rate of patients with lung adenocarcinoma

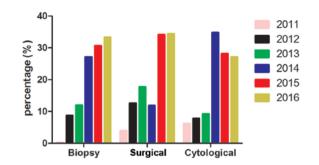


Figure 2. Summary of the sample types used in the present study. All samples were classified into 5 types: Biopsy samples, surgical samples, cytological samples, fresh tissue and samples of unclear origin. As no significant difference was identified between the latter two categories, only the three main types are depicted. The total sample amounts in 2011 and 2016 were estimated by extrapolation.

fluid samples accounted for 270 cases; fresh tissue samples accounted for 9 cases; and 6 samples were of unknown origin. Samples in 2014, 2015, 2016 year presented an obvious increasing tendency (samples in 2016 only collected up to June), in which paraffin-embedded biopsy sections were the majority in every year, making up ~2/3 of all samples (939/1596). No differences were observed in the consistency between sample types (P=0.052).

EGFR mutation characteristics of retrospective cases. A total of 29 cases were re-examined. Among these cases, 1 case revealed a different pathological type, from adenocarcinoma to adenosquamous cell carcinoma. A total of 9 cases exhibited mutation type variation; 1 case changed from all exons intact to 19Del, whereas 1 case changed from 19Del to wild-type, and 7 cases exhibited multiple mutations whereas they were originally detected as single-mutation or wild-type samples (Table IX). The 29 samples were classified depending on the consistency and whether the sample type in the first instance was consistent with the second. The results were statistically insignificant (Table X), suggesting that different gene detection results did not result from the different sample types.

Discussion

Reflecting the heterogeneity of NSCLC, molecularly targeted therapy requires that different patients should receive different treatment strategies. Patients with EGFR mutations respond well to tyrosine kinase inhibitors, whereas patients with wild-type EGFR genes respond poorly (17-19). Chu et al (20) demonstrated that the rate of EGFR-TKI effectiveness against tumors with EGFR mutations (80%) was increased compared with tumors with EGFR wild-type (12.5%). Gefitinib may also be a more optimal treatment for tumors with common EGFR mutations than for tumors with rare EGFR mutations based on progression-free and overall survival (OS) (21). In addition, the improvement in OS is more evident for first-line afatinib than conventional chemotherapy for tumors with EGFR exon 19 mutations, whereas this does not occur for tumors with exon 21 mutations (17). Thus, an efficient, economic and convenient detection method for EGFR mutations may assist in the development of personalized treatment regimes.

			EGFR gene r	nutation, n				
Characteristic	19Del	L858R	19Del + L858R	19Del - T790M	20Ins	Total	Detected number	Mutation rate, %
Sex								
Male	5	5	0	0	0	10	187	5.35ª
Female	2	5	0	0	2	9	32	28.13
Age, years								
<60	2	2	0	0	0	4	59	6.78 ^b
≥60	5	8	0	0	2	15	160	9.38
Total	7	10	0	0	2	19	219	8.68

Table VIII. Characteristics a	and EGFR g	gene mutation rate of	patients with so	uamous cell carcinoma.

 $a\chi^2 = 17.892$, P<0.001 vs. female patients; $b\chi^2 = 0.381$, P=0.787 vs. ≥ 60 . EGFR, epidermal growth factor receptor; Del, deletion; Ins, insertion.

Table IX. Results	of the re-inspe	ection of 9 cases.	
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Detection instance			Epidermal growth factor	receptor mutation type	
First	19Del	WT	WT	L858R	19Del
Second	WT	19Del	19Del + T790M	L858R + T790M	19Del + T790M
Cases, n	1	1	2	3	2
WT, wild-type; Del, delet	ion.				

Table X. Influence of different sample type on the consistency of the result over multiple assessments.

	Conse	equence, n	
Sample types	Same outcome	Different outcome	Total
Total	20	9	29
Same type	10	5	15
Different type	10	4	14

Consistency of same vs. different sample type, $\chi^2=0.077$, P=1.00.

In the present study, two methods were applied to detect EGFR gene mutations. Direct sequencing was perceived as a standard reference method to compare with ARMS; however, direct sequencing is hyposensitive and time consuming (~2 days for one detection), and these shortcomings prevent its widespread application in clinical and laboratory settings. On the contrary, ARMS is a time-saving method with high sensitivity (30% vs. 1%) (22).

The number of patients diagnosed with NSCLC at The First Affiliated Hospital of Wenzhou Medical University increased each year between 2011 and 2016. This may have been caused by a deteriorating living environment, including haze, sand storms and occupational exposure, and unhealthy lifestyle factors, including smoking. The increasing diagnosis rates may also result from improved detection techniques. Among the 1,596 cases, the total EGFR mutation frequency was 45.55% (727 cases), a frequency increased compared with that observed by Ueno *et al* (23) (33%), possibly as a result of the different sex distribution of the patients or the misdiagnosis of squamous cell carcinoma.

Among patients with adenocarcinoma, the low proportion of female patients (male/female, 707/608) may have resulted in an EGFR mutation frequency which was reduced relative to other studies, including those by Wang et al (24) (63.1% vs. 51.77% in the present study). The EGFR genes of female patients with adenocarcinoma were more susceptible to mutation in a previous study (25), which was consistent with the present study (female vs. male patients, P<0.01). It has been hypothesized that women are more sensitive to the carcinogens from cigarette smoke (26), whereas a number of studies conclude that there is no association between smoking status and EGFR gene mutations in lung adenocarcinoma (27,28). Although a number of previous studies have reported the inverse outcome, non-smoking patients develop adenocarcinoma with a higher EGFR gene mutation frequency (25,29-31). We hypothesize that the target gene for the carcinogens in tobacco is not EGFR, but an as-yet unidentified gene.

Squamous cell carcinoma, a type of NSCLC with the highest morbidity after adenocarcinoma, exhibited a relatively high EGFR mutation frequency in the present study (15.55%). The results were consistent with a previous study that identified a higher mutation frequency in female patients compared with male patients with squamous cell carcinoma (23). Furthermore, Ueno *et al* and Chen *et al* (23,32) concluded that there was no distinct association between EGFR mutation frequency and age; the results of the present study were consistent with this

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hypothesis. Among the 1,596 patients, 19 patients presented with adenosquamous cell carcinoma, a pathologically mixed tumor of cells from both adenocarcinoma and squamous cell carcinoma. Due to its rarity, there are a low number of reports concerning this phenomenon in terms of its EGFR gene mutation status (33-35), and it remains unknown whether EGFR-TKIs are suitable for the treatment of patients with adenosquamous cell carcinoma with mutant EGFR or normal EGFR genes.

There was consistency (89.21%) between the standard reference method of direct sequencing and ARMS among the 1,140 cases detected using both methods. Additionally, the direct sequencing method has relatively low sensitivity (36,37), requiring 200 ng of DNA and a mutation in >20% of the sample (38), whereas ARMS may detect 1% mutant DNA in a background of 99% normal DNA in a 10 ng DNA sample. The existing ARMSDx[®] EGFR 29 Mutations Detection kit was able to detect 29 types of mutation and amplified only the mutant sequences, demonstrating that the kit is more sensitive than direct sequencing, which amplifies the whole sequence of the target gene (39). Thus, ARMS may be a viable alternative for patients who have not undergone surgery, as a smaller sample is required.

We hypothesized that the optimal sample type for the two methods may differ, as different sample types may suit different detection methods. Therefore, a χ^2 test was used to detect discrepancies in formalin-fixed paraffin-embedded tissue samples from biopsy and surgery, which accounted for $\sim 1/2$ of all samples. The outcome revealed a trending, but non-significant tendency towards a difference in the accuracy of biopsy and surgery materials between methods (P=0.052). Theoretically, the samples obtained from surgery include more tissue compared with biopsy samples. The process of fixing samples with formalin and embedding in paraffin may cause DNA degradation (40), which may cause a decreased detectability in samples from biopsy when using a sequencing method, due to the reduced availability of tissue or DNA. However, this tendency was not reflected in the present study, possibly due to the relatively small size of surgically collected samples.

The ARMS method is currently used for routine clinical detection, treatment guidelines and laboratory research; it is associated with relatively rapid processing, accuracy, decreased cost and decreased sample size demand compared with direct sequencing. However, certain drawbacks of the estimation of mutation status by ARMS were identified in the present study, as 33 cases that were identified as wild-type using ARMS were identified as EGFR mutation-positive with direct sequencing, whereas 55 cases revealed the opposite result, likely reflective of insufficient sample volume for direct sequencing. It was also verified that the T790M mutation, which is associated with drug resistance (41,42), was more likely to be detected in the patients subsequent to treatment, with 7 of the 9 cases re-tested exhibiting the T790M mutant.

The present study verified the results of previous studies using large amounts of data, which comparatively expound on the application of ARMS for EGFR mutant detection. The deficiency of the present study is the lack of additional research in treatment and prognosis, which would generate more promising results.

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