# Suppressed epithelial-mesenchymal transition and cancer stem cell properties mediate the anti-cancer effects of ethyl pyruvate via regulation of the AKT/nuclear factor-ĸB pathway in prostate cancer cells

BIN HUANG<sup>1\*</sup>, DAO-JUN LV<sup>1\*</sup>, CHONG WANG<sup>1</sup>, FANG-PENG SHU<sup>1</sup>, ZHI-CHENG GONG<sup>1</sup>, TAO XIE<sup>1</sup>, YU-ZHONG YU<sup>1</sup>, XIAN-LU SONG<sup>2</sup>, JIA-JIA XIE<sup>3</sup>, SEN LI<sup>3</sup>, YA-MENG LIU<sup>3</sup>, HUAN QI<sup>1,3</sup> and SHAN-CHAO ZHAO<sup>1,3</sup>

<sup>1</sup>Department of Urology, Nanfang Hospital, Southern Medical University, Guangzhou, Guangdong 510515;
<sup>2</sup>Department of Radiation Oncology, Affiliated Cancer Hospital and Institute of Guangzhou Medical University, Guangzhou, Guangdong 510095; <sup>3</sup>The First School of Clinical Medicine, Southern Medical University, Guangzhou, Guangdong 510515, P.R. China

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Abstract. Castration-resistant prostate cancer (CRPC) is a leading cause of mortality among cases of prostate cancer (PCa). Current treatment options for CRPC are limited. Ethyl pyruvate (EP), a lipophilic derivative of pyruvic acid, has been reported to have antitumor activities. In the present study, the efficacy of EP against PCa was investigated using two human PCa cell lines and a mouse xenograft tumor model. PC3 and CWR22RV1 cells were treated with EP, and cytotoxicity was evaluated via Cell Counting Kit-8 and colony formation assays, while cell cycle distribution was assessed by flow cytometry. Changes in cell migration and invasion caused by EP treatment were also evaluated with Transwell and wound healing assays, and changes in the expression of intracellular signaling pathway components were detected by western blotting. EP treatment reduced cell viability, induced G1 arrest, and activated the intrinsic

E-mail: 2668241842@qq.com

\*Contributed equally

*Abbreviations:* ADT, androgen-deprivation therapy; PCA, prostate cancer; CRPC, castration-resistant prostate cancer; EMT, epithelial-mesenchymal transition; EP, ethyl pyruvate; TNF, tumor necrosis factor; CDK, cyclin-dependent kinase; PARP, poly(ADP-ribose) polymerase

*Key words:* prostate cancer, ethyl pyruvate, epithelial-mesenchymal transition, cancer stem cells, AKT/nuclear factor-*x*B

apoptosis pathway. Additionally, the *in vivo* experiments revealed that EP administration markedly inhibited tumor growth. EP also reversed epithelial-mesenchymal transition and suppressed cancer stem cell properties in part through negative regulation of AKT/nuclear factor- $\kappa$ B signaling. These results indicate that EP has anticancer activity *in vitro* and *in vivo*, and is therefore a promising therapeutic agent for the treatment of PCa.

# Introduction

Prostate cancer (PCa) is the most commonly diagnosed malignancy and causes over 30,000 fatalities each year in men in the USA (1). Advanced PCa is routinely treated by androgen deprivation therapy (ADT); however, it can eventually progress to castration-resistant prostate cancer (CRPC) (2). Recently developed ADT drugs including enzalutamide and abiraterone acetate can improve survival (3), but the overall prognosis of patients with CRPC remains poor (4). Therefore, more effective and less toxic agents are required for CRPC therapy.

Epithelial-to-mesenchymal transition (EMT) is a tightly regulated biological process in which epithelial cells acquire mesenchymal characteristics and upregulate the expression of mesenchymal markers, and is associated with malignant progression (5). Cancer cells that have undergone EMT via activation of the nuclear factor (NF)- $\kappa$ B, Wnt and Hedgehog signaling pathways acquire stem cell-like traits, including the capacity for self-renewal and differentiation (6,7). Cancer stem cells (CSCs) form spheres in non-adherent cultures and express Nanog, Octamer-binding protein 4 (OCT4) and cluster of differentiation 44 (CD44) (8). An EMT-like state and CSC features are associated with metastasis and resistance to ADT (9,10), and are thus ideal therapeutic targets for CRPC treatment.

Ethyl pyruvate (EP) is a stable aliphatic ester derived from pyruvic acid that has been demonstrated to suppress

*Correspondence to:* Professor Shan-Chao Zhao or Dr Huan Qi, Department of Urology, Nanfang Hospital, Southern Medical University, 1838 GuangZhou Avenue, Guangzhou, Guangdong 510515, P.R. China E-mail: zhaoshanchaosmu@sina.cn

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inflammation, mitigate redox-mediated cellular damage, and exert immunoregulatory and neuroprotective effects (11,12). It also has anti-tumor effects in many types of cancer, including gallbladder cancer, lung adenocarcinoma and hepatic tumors, among others (13-18). However, the molecular basis for these effects is not well understood and, to the best of our knowledge, they have not been investigated in the context of PCa.

To address these issues, in the current study the antitumor effects of EP were investigated in PCa cells lines and a mouse xenograft model. The results indicated that EP may block tumor growth, migration and EMT, and stimulate apoptosis, and may thus be a promising treatment modality for PCa.

## Materials and methods

*Cell lines*. The human PCa cell lines PC3 and CWR22RV1 were purchased from the Cell Bank of the Chinese Academy of Sciences (Shanghai, China). The cells were cultured as previously described (19).

Reagents and materials. The following antibodies were used in the present study: Rabbit polyclonal anti-E-cadherin (cat. no. 0874-1-AP, 1:500), -β-actin (cat. no. 60008-1-Ig), -tubulin (cat. no. 11224-1-AP), -vimentin (cat. no. 10366-1-AP) and -p21 (cat. no. 10355-1-AP) (1:1,000; all from ProteinTech, Rosemont, IL, USA); rabbit anti-cyclin D1 (cat. no. 2978T), -cyclin-dependent kinase (CDK)4 (cat. no. 12790T), -poly (ADP-ribose) polymerase (PARP) (cat. no. 9532T), -AKT (cat. no. 4691T) and -p65 (cat. no. 8242S) (all 1:1,000); rabbit anti-caspase 3 (cat. no. 9662S), -cleaved caspase-3 (9664T), -cleaved PARP (cat. no. 5625T), -phosphorylated (p)-AKT (SER473) (cat. no. 4060T) and -p-p65 (cat. no. 3033T) (all 1:500; all from Cell Signaling Technology, Inc., Danvers, MA, USA); and mouse anti-histone-3 (cat. no. ab1791, 1:1,000; Abcam, Cambridge, UK). EP and human recombinant tumor necrosis factor (TNF)-a were obtained from Shanghai Macklin Biochemical Co., Ltd., (Shanghai, China) and Sigma-Aldrich; Merck KGaA, (Darmstadt, Germany), respectively.

*Cell viability test.* PC3 and CWR22RV1 cells ( $5x10^3$ /well) were seeded in 96-well plates and grown until they had adhered to the plate. They were then treated with 5, 10, 15 or 20 mM EP for 24, 48 or 72 h. Cell viability was evaluated with a Cell Counting Kit (CCK)-8 (Dojindo Molecular Technologies, Inc., Kumamoto, Japan) according to the manufacturer's instructions. Briefly, cells were incubated for 2 h in the CCK-8 solution (10  $\mu$ l/per well) and the absorbance was read at 490 nm.

*Colony formation assay.* The effect of EP on PCa cell growth was evaluated with a colony formation assay. PC3 cells (500/well) and CWR22RV1 cells (800/well) were seeded in a 6-well plate (Corning Inc., Corning, NY, USA) and cultured for 2 weeks. The cells were fixed with methanol and stained with Giemsa. Colonies containing at least 50 cells were counted.

*Wound healing assay.* PCa cells  $(1.5 \times 10^6/\text{per well})$  were seeded in a 6-well plate and incubated overnight until they reached 75-90% confluence. The cell monolayer was scratched with a 10-µl plastic pipette tip. After washing twice with PBS to remove cell debris, Roswell Park Memorial Institute

1640 medium containing 1% fetal bovine serum (FBS) and 10 or 15 mM EP or PBS was added. After 24 h, the cells were photographed and the migrated distance was measured with ImageJ software (National Institutes of Health, Bethesda, MD, USA).

*Transwell invasion assay.* Cells were resuspended in serum-free 1640 medium containing 10 or 15 mM EP or PBS. Cells  $(5x10^4/200 \ \mu)$  were added to the upper compartment of a Transwell chamber containing Matrigel. The lower compartment was filled with 600  $\mu$ l medium containing 20% FBS. After incubation for 12 h, a cotton swab was used to wipe the top chamber and remove the non-migratory cells, and migrated cells attached to the bottom side of the chamber were fixed with methanol and stained with Giemsa.

Cell cycle analysis. A Cell Cycle Staining kit (Hangzhou MultiSciences (Lianke) Biotech, Co., Ltd., Shanghai, China) was used to evaluate cell cycle distribution according to the manufacturer's instructions. Briefly, cells were incubated with 15 mM EP for 48 h, dissociated by trypsinization (0.25% trypin + 0.02% EDTA), and concentrated by centrifugation (2,000 rpm, 5 min). Following washing with PBS, the cells were resuspended in 1 ml DNA staining solution and 10  $\mu$ l permeabilization solution, then incubated at room temperature in the dark for 30 min. DNA content was determined by flow cytometry on a FACSCalibur instrument (BD Biosciences, Franklin Lakes, NJ, USA).

*Sphere formation assay.* The stemness potential of EP-treated PCa cells was evaluated with a sphere formation assay as previously described (20).

Nuclear extract preparation. PC3 and CWR22RV1 cells were pretreated with 15 mM EP for 6 h and then stimulated with 10 ng/ml TNF- $\alpha$  for 2 h. Total cell lysate was separated into cytoplasmic and nuclear components using a Nuclear-Cytosol Extraction kit (Nanjing KeyGen Biotech Co., Ltd., Nanjing, China).

*Western blot analysis.* The total cell lysate of PCa cells treated with 15 mM EP was analyzed by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) on a 4-12% gel prepared with an SDS-PAGE Gel Preparation kit (Nanjing KeyGen Biotech Co., Ltd.), with 30  $\mu$ g protein loaded in each well. The proteins were transferred to a 0.45- $\mu$ m polyvinylidene difluoride membrane that was probed with the indicated antibodies.

*Evaluation of the antitumor potential of EP in vivo*. Male BALB/C nu/nu mice (6 weeks old) were purchased from the Laboratory Animal Center of Southern Medical University. A total of 5x10<sup>6</sup> PC3 cells were resuspended in PBS and injected into the right upper limb of each mouse. When subcutaneous tumors had formed after approximately 7 days, 10 mice were randomly allocated into control or treatment groups and intraperitoneally injected once daily for 2 weeks with 50 mg/kg EP or saline, respectively. Procedures involving animals were approved by the Institutional Animal Care and Use Committee of Southern Medical University.



Figure 1. Effect of EP on PCa cell viability, cell colony formation and tumourigenesis. (A) EP show cytotoxic potential against the PC3 and 22Rv1 with IC50 values of 11.56 mM and 10.93 mM, respectively. (B) The kinetics of cell viability in PC3 and CWR22RV1 cells treated with EP. Cells were treated with EP (10 mmol/l) at the indicated time. (C) The dosage effect of EP on the cell viability in PC3 and CWR22RV1 cells. (D) The tumor cell colony formation was analyzed, and (E) the colony formation rate was calculated. The data represented means  $\pm$  SEM (\*P<0.05, \*\*P<0.01, \*\*\*P<0.001 n=3) as the percentage of viable cells in saline-treated (control) cells. (F) Gross observation of xenograft tumour size. (G) Plot of tumour volume over time. (H) Body weight of tumor-bearing mice. Significant differences are between EP treatment groups and Saline vehicle control groups. EP, ethyl pyruvate; PCa, prostate cancer; means  $\pm$  SEM, mean  $\pm$  standard error of mean.

Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assays. Formalin-fixed paraffin-embedded Tumor tissues from the saline-treated group and the EP-treated groups were analyzed with TUNEL assays. At first, Tissue slice were deparaffinized with xylene and dehydrated with ethanol. And then, the slices were rinsed twice with PBS and treated with proteinase K (15  $\mu$ g/ml in 10 mM Tris/HCl, pH 7.4-8.0) for 15min-20 min at 37°C. Endogenous peroxidases were blocked with 3% hydrogen peroxide in methanol at room temperature for 10 min. The tissue sections were then analyzed with an *in situ* Cell Death Detection kit, POD (Nanjing KeyGen Biotech Co., Ltd.,), in accordance with the manufacturer's instructions. The reaction was visualized with fluorescence microscopy.

Statistical analysis. Data were statistically calculated using two-tailed Student's t-tests (two groups) or one-way ANOVA followed by the least significant difference post-hoc test (for more than two groups). P<0.05 was considered to indicate a statistically significant difference. Value are presented as the means  $\pm$  standard deviation (SD) by GraphPad Prism software (GraphPad Software, Inc., La Jolla, CA, USA).

# Results

*EP inhibits the proliferation of human PCa cells in vitro and abolishes the tumor-forming capacity of PCa cells in vivo.* To investigate the effects of EP on the proliferation of PCa

cells, PC3 and CWR22RV1 cells were treated with different concentrations of EP for various times. EP show cytotoxic potential against the PC3 and 22Rv1 with IC50 values of 11.56 and 10.93 mM, respectively (Fig. 1A). EP treatment suppressed the proliferation of both cell lines in a concentration- and time-dependent manner (P<0.05; Fig. 1B and C). Furthermore, EP markedly inhibited the colony formation capacities of the cells (P<0.05; Fig. 1D and E). It was next investigated whether EP can suppress tumor growth in vivo. PC3 cells were injected into the upper limbs of male nude mice, with EP administered after tumors had formed. Treatment with 50 mg/kg EP for 2 weeks significantly reduced tumor growth relative to vehicle-treated controls, resulting in smaller tumors (P<0.05; Fig. 1F and G) by the end of the experimental period (average volume: 303.4±176.6 vs. 1,594.6±834.7 mm<sup>3</sup>). Correspondingly, the EP treatment was well tolerated and did not result in any significant in vivo toxicity (Fig. 1H).

*EP induces G1 arrest and apoptosis.* To investigate whether the anti-proliferative effects of EP on PCa cells were associated with changes in cell cycle progression, PC3 and CWR22RV1 cells were treated with 15 mM EP for 48 h and cell cycle distribution was analyzed by flow cytometry. The G1 fraction was markedly increased following treatment with EP relative to the negative control group (Fig. 2A). Similar results were obtained in CWR22RV1 cells (Fig. 2A). A western blot analysis revealed that the treatment with EP decreased the expression of cyclin D1 and CDK4 and increased that of p21 (Fig. 2B).



Figure 2. EP causes cell cycle arrest and induces apoptosis. (A) EP causes cell cycle arrest of different PCa cells in G0/G1 phases of the cell cycle. The data represented the mean  $\pm$  SEM (\*P<0.05, n=3). Comparisons shown: \*significant differences between EP treatment groups and Saline vehicle control groups. (B) The expression of P21, CDK4, Cyclin D1 was detected by western blot *in vitro*. (C) The expression of PARP and caspase-3, cleaved PARP and caspase-3 on protein level was detected by western blot *in vitro*. (D) TUNNEL staining showed the apoptotic cells in two groups. Magnification, x200 (\*P<0.05 for Saline vs. Saline + EP (50 mg/kg)). EP, ethyl pyruvate; PCa, prostate cancer; means  $\pm$  SEM, mean  $\pm$  standard error of mean.



Figure 3. EP inhibited PCa cells invasion and migration. (A) EP reduced migration ability in PCa cells, as revealed by the cell wound healing assay. (B) Quantification. (C) EP Inhibition of cell invasion of CWR22RV1 and PC3 cells after EP treatment for 24 h (magnification, x200). (D) Dose-dependent inhibition of cell invasion of CWR22RV1 and PC3 cells treated with EP. Data represented means  $\pm$  SEM of three independent experiments. (E) Total cell lysates were extracted from CWR22RV1 and PC3 cells after EP treatment, and the expressions of E-cadherin, Vimentin protein were detected by western blot.  $\beta$ -actin was used as a loading control. The data represented the mean  $\pm$  SEM (\*\*P<0.01, \*\*\*P<0.001, n=3). Comparisons shown: \*significant differences between EP treatment groups and Saline vehicle control groups. EP, ethyl pyruvate; PCa, prostate cancer; means  $\pm$  SEM, mean  $\pm$  standard error of mean.



Figure 4. EP suppressed CSC properties and CSC markers expression and AKT/NF- $\kappa$ B signaling pathway. (A) The representative pictures of tumorspheres of PC3 and CWR22Rv1 cells with or without EP treatment (magnification, x400). Quantification of the suppressive effect of EP on sphere formation of PC3 and CWR22Rv1 cells. The data represented means  $\pm$  SEM (\*P<0.05, n=3). \*Significant differences between EP treatment groups and Saline vehicle control groups. (B) PC3 and CWR22Rv1 cells were treated with EP, and then the level of NANOG and SOX2 were determined by western blotting assay as described in the Materials and methods section. Results (mean  $\pm$  SEM) were obtained from three independent experiments. \*P<0.05 between indicated groups. (C) PCa cells were treated with EP (10 and 15 mM) for 48 h. Cell lysates were immunoblotted with specific antibodies to P-AKT, AKT, P65, P-P65.  $\beta$ -actin was used for normalization. (D) PCa cells were stimulated by 10 ng/ml TNF- $\alpha$  for 2 h after treatment with EP (15 mM) for 10 h. The amount of nuclear NF- $\kappa$ B/p65 level was analyzed by fractionation and western blotting assay. Histone 3 was used for normalization. EP, ethyl pyruvate; PCa, prostate cancer; means  $\pm$  SEM, mean  $\pm$  standard error of mean.

EP has been established to induce apoptosis in many cancer cell lines (15,18). The levels of caspase-3 and PARP were therefore examined in PCa cells by western blotting. The cleaved forms of PARP and caspase-3 were increased in both CWR22RV1 and PC3 cells following treatment with 10 or 15 mM EP for 48 h (Fig. 2C). *In vivo*, TUNEL staining also demonstrated an increase in tumor cell apoptosis after treated with EP (P<0.05; Fig. 2D).

*EP inhibits the migration and suppresses the metastatic potential of PCa cells.* To determine whether EP inhibits PCa cell motility, a wound-healing assay was performed. EP reduced the migratory capacities of both CWR22RV1 and PC3 cells in a concentration-dependent manner (Fig. 3A and B). Furthermore, the results of a Transwell invasion assay revealed that there were fewer invading cells in the treatment group as compared with the control group (Fig. 3C and D).

EMT serves a key role in cancer metastasis and invasion (21,22). The expression of epithelial markers including E-cadherin and mesenchymal markers including vimentin were therefore examined in PC3 and CWR22RV1 cells treated with EP. The level of E-cadherin was upregulated, whereas that of vimentin was downregulated, in the treatment group relative to the control, suggesting that EP prevents metastasis and invasion by blocking EMT (Fig. 3E).

*EP suppresses CSC stemness and AKT/NF-κB signaling.* Given that EMT is associated with stemness, the effects of EP on CSCs were examined. The results of a sphere formation assay demonstrated that EP suppressed the stem cell characteristics of PC3 and CWR22RV1 cells: The diameter of tumor spheres was smaller in the EP treatment group than in the control group (P<0.05; Fig. 4A), which was associated with the downregulation of the stemness markers Nanog and (sex determining region Y)-box 2 (Sox2; Fig. 4B).

Aberrant activation of NF- $\kappa$ B signaling in PCa has been associated with metastatic progression (23,24). NF- $\kappa$ B signaling serves an important role in EMT and the maintenance of CSC stemness (25,26). It was observed here that EP treatment reduced p65 phosphorylation (Fig. 4C), which is required for NF- $\kappa$ B/p65 nuclear translocation. Accordingly, EP blocked NF- $\kappa$ B nuclear accumulation induced by TNF- $\alpha$  (Fig. 4D). To clarify the mechanism underlying the inhibition of NF- $\kappa$ B signaling by EP, AKT expression and phosphorylation was evaluated by western blotting. EP treatment decreased the levels of p-AKT in both PC3 and CWR22RV1 cells (Fig. 4C). These results suggest that EP suppresses EMT in part by targeting the AKT/NF- $\kappa$ B pathway.

## Discussion

The antitumor effects of EP have been reported; however, they have not been previously investigated in the context of PCa. The results of the present study indicate that EP inhibits the proliferation of PCa cells by inducing cell cycle arrest and apoptosis and suppressing tumor growth *in vivo*, consistent with previous reports on gallbladder cancer cells and hepatocellular carcinoma (16,18). Additionally, it was observed that EP targets EMT and CSCs through negative regulation of AKT/NF- $\kappa$ B signaling.

The loss of epithelial phenotypes such as spindle morphology and intercellular adhesion, and the acquisition of mesenchymal characteristics including high migration and invasion capacities and lower cell-extracellular adhesion are two major events that occur when epithelial cells undergo EMT (7). Studies demonstrate that EMT is associated with CRPC (27,28). Sun et al (29) identified that castration may cause EMT, evidenced by decreased expression of epithelial markers (including E-cadherin) and increased protein levels of mesenchymal markers (including N-cadherin, Slug, Zeb1 and Twist1), in both human LuCaP35 prostate cancer xenograft tumors and normal mouse prostate tissue following androgen deprivation, And similar changes have also been identified in human samples undergoing ADT (29). EMT is driven by EMT-inducing transcription factors (including Snail, Slug, Zeb1, Zeb2 and Twist), some of which have been reported to participate in the development of CRPC (7). Zeb1 expression in CRPC is higher than in androgen-sensitive prostate cancer and may be a reliable indicator of poor prognosis in patients (30). In addition, stable overexpression of Twist in a prostate cancer cell line served a fundamental role in the formation and progression of CRPC by mediating EMT and CSCs (27). Shiota et al (31) reported that castration-induced oxidative stress may promote androgen receptor (AR) overexpression through Twist1 overexpression, which could result in a gain of castration resistance. Furthermore, facilitation of castration resistance by Slug in prostate cancer has been reported by Wu et al (32). Slug, another transcription factor driver of EMT, can not only augment the expression of AR but also enhance AR transcriptional activities with or without androgen as a novel coactivator for AR (32). Self-renewal and differentiation into diverse tumor cells are unique characteristics of CSCs, which have been hypothesized to be a subpopulation of tumor cells that drive treatment resistance in prostate cancer due to growth independence from androgen stimulation (33). CSC biomarkers, including Nanog, Sox2, Nkx3.1, PSA-/LO and Bmi-1, have been applied to identify and isolate CSCs in solid tumors including prostate cancer (34). A number of studies have observed that these biomarkers associated with CSCs may serve a central role in the progression of CRPC (35). Overexpression of Nanog facilitates the self-renewal and tumor sphere-formation ability of prostate cancer cells and promotes castration-resistant tumor growth in an androgen-deprived environment (36,37). Furthermore, Rybak et al (38) demonstrated that Sox2 is critically associated with the self-renewal and tumor progression of human prostate cancer. In addition, Sox2 has also been demonstrated as a factor associated with castration-resistant tumor growth and to be negatively regulated by the AR signaling axis (39). Overall, these aforementioned studies suggest that both EMT and CSCs are responsible for progression and treatment resistance in prostate cancer. Accordingly, treatment capable of reversing EMT phenotypes or suppressing CSCs may become a viable alternative in the future for CRPC therapy. In the current study, it was indicated that EP effectively reversed the EMT phenotype in the CRPC cell lines 22RV1 and PC3, as evidenced by decreased expression of vimentin and an increased protein level of E-cadherin. Furthermore, it was demonstrated that the ability of tumor-sphere formation in CRPC cells was suppressed following EP treatment. Notably, the biomarkers of CSCs, including Nanog and Sox2, decreased in CRPC cells following EP treatment, which indicates that EP may suppress the CSC subpopulation in prostate cancer. These results indicate that EP may be an alternative therapy for future CRPC treatment by targeting the EMT phenotype and CSCs.

The NF-κB family, an important class of transcriptional regulators, comprises five members including RelA (p65), RelB, c-Rel, p50/p105 (NF-κB1) and p52/p100 (NF-κB2). NF- $\kappa$ B binds to inhibitor  $\kappa$ B (I $\kappa$ B) protein in the cytoplasm in an inactive state. In a pathological state, the IkB kinase (IKK) complex is activated and subsequently induces the phosphorylation of IkB, which leads to the degradation of IkB and NF-kB translocation to nucleus (40). Increasing results indicate that the NF-kB transcription factor family is a crucial mediator of EMT and CSCs (25,26). Certain studies have demonstrated that NF-kB may bind to promoters of genes associated with EMT and CSCs, including Snail, Slug and Twist, to increase transcription (25,41). Ozes et al (42) reported that AKT was involved in the activation of NF- $\kappa B$  by mediating the phosphorylation of IKKA which is responsible for the activation of its downstream target IkB. Certain reports indicate that EP inhibits the phosphorylation of AKT (18) and suppresses the DNA-binding activity of NF-kB via direct modification of p65 at Cys 38 (43). In the current study, it was observed that EP could inhibit the phosphorylation of both AKT and p65; in addition, nuclear translocation of p65 induced by TNF- $\alpha$  was blocked by EP. These results indicate that EP suppresses EMT and CSCs by negatively regulating the AKT/NF-*k*B pathway.

Furthermore, the AKT/NF- $\kappa$ B signaling pathway might drive the progression of CRPC by another mechanism besides the induction of EMT or CSCs. Activation of NF- $\kappa$ B mediated by PI3K/AKT increases the expression of AR via NF- $\kappa$ B binding to the AR promoter (44). CRPC, previously defined as hormone-refractory prostate cancer, remains to be considered as androgen-dependent (45), which indicates that targeting AR remains an effective therapeutic strategy for CRPC. The present data demonstrated that EP suppressed the phosphorylation of AKT and p65; however, whether the effect of EP on AR signaling axis via regulation of the AKT/NF- $\kappa$ B pathway is unclear and worthy of further examination.

A phase II multicenter double-blind placebo-controlled study has demonstrated that EP administration in patients undergoing higher-risk cardiac surgery has no side effects (46). In addition, another study indicated that EP exerted a potent effect on leukemia cells, while being safe for normal blood cells (14). Therefore, taken together the available data on EP suggest that it may be an effective and safe therapeutic agent for the treatment of prostate cancer.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## **Authors' contributions**

This study was conceived and supervised by SCZ and HQ. Experiments were carried out by BH and DJL. Data analysis was conducted by CW and FPS. XLS provided technical support for western blotting. ZCG, YZY, TX, JJX, SL and YML assisted with experiments.

# Ethics approval and consent to participate

Procedures involving animals were approved by the Institutional Animal Care and Use Committee of Southern Medical University.

## Pantient consent for publication

Not applicable.

# **Competing interests**

All authors have declared that they have no competing interests.

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