

Genetic influence of cytokine polymorphisms on the clinical outcome of Japanese gastrointestinal cancer patients in palliative care

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Abstract. Gastrointestinal cancer is one of the most common causes of mortality globally. The present study examined the influence of cytokine genetic polymorphisms [interleukin (*IL*)-1B C-31T, *IL*-1RN VNTR, *IL*-6 C-634G, *IL*-8 T-251A, *IL*-10 T-819C and *IL*-10 A-1082G] on clinical outcomes in patients with gastrointestinal cancer in palliative care. A total of 59 patients with gastrointestinal cancer who were admitted to Iga City General Hospital were analyzed. Genotyping was conducted using a polymerase chain reaction with confronting two-pair primers. Patients with at least one *IL*-1RN 2 allele demonstrated a significantly better survival ($P=0.0275$) while those with *IL*-6-634 G/G demonstrated a worse survival ($P=0.0024$). Multivariate analyses using the Cox proportional hazard model revealed that those with at least one *IL*-1RN 2 allele, *IL*-6-634 G/G or *IL*-10-1082 A/G had a significantly elevated adjusted hazard ratio of 9.20 ($P=0.014$), 41.01 ($P=0.001$) or 6.49 ($P=0.046$), respectively, compared with those with each homozygous wild-type polymorphism. In addition, the evaluation of weight loss by genotype revealed the potential influence of *IL*-10 T-819C genotype ($P=0.072$). *IL*-1RN, *IL*-6 and

IL-10 polymorphisms were associated with the survival of patients with gastrointestinal cancer, suggesting the clinical feasibility of genetic testing in patients with gastrointestinal cancer in palliative care.

Introduction

Gastrointestinal cancer is one of the most common causes of death worldwide. Many patients remain incurable mainly because the disease is detected late, thus requiring palliative medical care. Some of the most important factors to be considered are patients' nutritional status including weight loss, muscle wasting known as *sarcopenia*, and inflammation (1). Systemic inflammation that results from the tumor existence and progression has been shown to play key roles in these adverse effects, and recent studies have suggested that some genetic polymorphisms involved in immune or inflammatory processes may have an influence on patient outcomes, such as weight loss or survival, through the modulation of these pathways (2,3). Our research group has reported the essential roles of interleukin (IL)-1B, IL-1RN, IL-6, IL-8 and IL-10 in human gastrointestinal cancers, underscoring the importance of these cytokines in the etiology of gastrointestinal cancers and subsequent systemic reactions (4-6). One rural hospital in central Japan, Iga General Hospital in the town of Ninja, provides palliative care including nutritional intervention for such patients with gastrointestinal cancers, and this hospital has accumulated considerable amounts of clinical data since the establishment of an outpatient clinic for cancer chemotherapy and palliative care in 2011. Here, we analyzed the body composition of almost all of the cancer patients who visited this clinic monthly, using the body composition measurement machine, InBody® (<https://inbodyusa.com/>). Our aim was to evaluate the patients'

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health conditions including nutritional status to provide more effective palliative care, including nutritional interventions. In this study, we used clinical data from Iga General Hospital to examine the influence of genetic cytokine polymorphisms [*IL-1B* C-31T, *IL-1RN* variable number tandem repeats (VNTR), *IL-6* C-634G, *IL-8* T-251A, *IL-10* T-819C, and *IL-10* A-1082G] on clinical outcomes of the gastrointestinal cancer patients, to determine how to establish personalized palliative care for gastrointestinal cancer patients based on genetic information.

Materials and methods

Patients and samples. Data from 59 patients with gastrointestinal cancers (consisting of esophageal, gastric, colorectal, biliary, and pancreatic cancers) who visited the outpatient clinic for cancer chemotherapy and palliative care at Iga General Hospital (Iga, Japan) were analyzed. All of the patients underwent palliative chemotherapy (53 patients after surgery, 6 patients who did not undergo surgery) together with the body composition measurement including total body weight, skeletal muscle weight, fat weight, and water weight each time they visited this clinic, which was approximately once a month. All of the patients agreed to provide their clinical data for analyses and their blood for DNA testing after written informed consent. Patients' weight loss was evaluated as a weight loss of >5% body weight (WL5) or that of >10% body weight (WL10) within 6 months after recruitment (which was equal to the time they underwent surgery or the initial course of chemotherapy). This study was approved by the Institutional Review Board of Nagoya University Graduate School of Medicine (Nagoya, Japan; approval no. 2013-0220-10).

DNA sample preparation and genotyping. DNA was extracted from the buffy coat using the Qiagen DNeasy mini kit (Qiagen, Hilden, Germany). Genotyping for *IL-1B* C-31T, *IL-1RN* VNTR, *IL-6* C-634G, *IL-8* T-251A, and *IL-10* T-819C polymorphisms was conducted using polymerase chain reaction with confronting two-pair primers (PCR-CTPP) (7), and that for the *IL-10* A-1082G polymorphism was conducted using the ABI PRISM 7300 Real-Time PCR System (Applied Biosystems; Thermo Fisher Scientific, Inc., Waltham, MA, USA). The sequences of the primers used are the same as previously described (8-10).

Statistical analysis. The χ^2 test was used to compare the frequencies in the contingency tables. A Kaplan-Meier curve together with the log-rank test and the Cox proportional hazard model were used for the evaluation of survival-time analyses. The unconditional logistic regression model adjusted for sex and age was used to estimate the risk of weight loss. In addition, to evaluate the effect of measured genotypes on body composition of the participating patients, the β -values for the slope of each body composition element [i.e., the skeletal muscle weight (kg) and extra-cellular water [in proportion to the total body weight]] per allele model, which was the additive model, were calculated using linear regression. All P-values were two-sided, and $P < 0.05$ was considered to indicate a statistically significant difference.

Table I. Characteristics of the study subjects.

Variables	n (or years)
Age [years (sd)]	69.1 (8.4)
Sex [n (%)]	
Male	37 (62.7)
Female	22 (37.3)
Cancer type [n (%)]	
Esophageal	2 (3.4)
Stomach	11 (18.6)
Colorectal	40 (67.8)
Pancreatic	5 (8.5)
Biliary	1 (1.7)
UICC stage [n (%)]	
I	5 (8.5)
II	10 (16.9)
III	15 (25.4)
IV	29 (49.2)
Genotype frequency	
<i>IL-1B</i> C-31T (rs1143627)	
C/C	17 (28.8)
C/T	30 (50.9)
T/T	12 (20.3)
<i>IL-1RN</i> VNTR	
2/2	1 (1.7)
2/5	3 (5.1)
5/5	53 (89.8)
5/6	2 (3.4)
<i>IL-6</i> C-634G (rs1800796)	
C/C	36 (61.0)
C/G	20 (33.9)
G/G	3 (5.1)
<i>IL-8</i> T-251A (rs4073)	
T/T	23 (39.0)
A/T	28 (47.4)
A/A	8 (13.6)
<i>IL-10</i> T-819C (rs3021097)	
T/T	26 (44.1)
C/T	27 (45.7)
C/C	6 (10.2)
<i>IL-10</i> A-1082G (rs1800896)	
A/A	52 (88.1)
A/G	7 (11.9)
G/G	0 (0.0)

IL, interleukin; UICC, Union for International Cancer Control.

Results

Patient characteristics. Patient characteristics are summarized in Table I. A total of 59 patients with gastrointestinal cancers in palliative care participated in the study, in whom

Table II. Risk of weight loss by cytokine genotype.

Polymorphism	WL5	WL5 (-)	Crude OR	aOR	WL10	WL10 (-)	Crude OR	aOR
<i>IL-1B</i> C-31T (rs1143627)								
C/C	11	4	1	1	4	11	1	1
C/T	17	9	0.69 (0.17-2.79)	0.76 (0.18-3.19)	11	15	2.02 (0.51-8.05)	2.07 (0.50-8.53)
T/T	4	6	0.24 (0.04-1.33)	0.20 (0.03-1.19)	4	6	1.83 (0.33-10.10)	1.73 (0.31-9.78)
<i>IL-1RN</i> VNTR								
L/L	31	17	1	1	18	30	1	1
L/2+2/2 ^a	1	2	0.27 (0.02-3.25)	0.27 (0.02-3.29)	1	2	0.83 (0.07-9.86)	0.87 (0.07-10.45)
<i>IL-6</i> C-634G (rs1800796)								
C/C	19	12	1	1	12	19	1	1
C/G	11	6	1.16 (0.34-3.96)	1.12 (0.32-3.97)	5	12	0.66 (0.19-2.35)	0.69 (0.19-2.54)
G/G	2	1	1.26 (0.10-15.49)	1.11 (0.08-14.89)	2	1	3.17 (0.26-38.84)	3.32 (0.25-44.45)
<i>IL-8</i> T-251A (rs4073)								
T/T	15	5	1	1	10	10	1	1
A/T	14	11	0.42 (0.12-1.53)	0.40 (0.10-1.60)	7	18	0.39 (0.11-1.34)	0.30 (0.08-1.20)
A/A	3	3	0.33 (0.05-2.21)	0.33 (0.05-2.26)	2	4	0.50 (0.07-3.38)	0.46 (0.06-3.29)
<i>IL-10</i> T-819C (rs3021097)								
T/T	11	10	1	1	5	16	1	1
C/T	19	8	2.16 (0.66-7.10)	2.48 (0.71-8.69)	12	15	2.56 (0.73-9.01)	3.24 (0.84-12.43)
C/C	2	1	1.82 (0.14-23.25)	2.08 (0.15-28.05)	2	1	6.40 (0.47-86.34)	8.73 (0.60-127.38)
C/T+C/C	21	9	2.12 (0.67-6.76)	2.44 (0.72-8.30)	14	16	2.80 (0.82-9.62)	3.55 (0.94-13.35) P for trend=0.046 P=0.061
<i>IL-10</i> A-1082G (rs1800896)								
A/A	30	15	1	1	17	28	1	1
A/G	2	4	0.25 (0.04-1.52)	0.22 (0.04-1.43)	2	4	0.82 (0.14-4.99)	0.75 (0.12-4.65)

WL5 (10), indicates the number of subjects with weight loss more than 5% (or 10%); WL5 (10) (-), indicates those with no weight loss; OR, odds ratio (95% confidence interval in the parenthesis); aOR, adjusted odds ratio (adjusted for age and sex); IL, interleukin. ^aThose with L/2 and 2/2 genotypes were combined together because of the small number of the subjects in each stratum. Data for weight loss (body weights at two time-points; baseline and 6 months later) was available in 51 subjects.

colorectal cancer patients (67.8%) and patients with Union for International Cancer Control (UICC) clinical stage IV (49.2%) predominated, and polymorphisms of *IL-1B* C-31T, *IL-1RN* VNTR, *IL-6* C-634G, *IL-8* T-251A, *IL-10* T-819C and *IL-10* A-1082G were successfully genotyped for all the patients.

Correlation between cytokine polymorphisms and weight loss. Table II shows the frequency of weight loss stratified by genotype for each cytokine polymorphism. Although a significant increase in the risk of 10% weight loss (WL10) was observed in patients with an increased number of C alleles with the *IL-10* T-819C polymorphism (per-allele OR=3.09, P=0.046, by the

Table III. Change in body composition by genotypes.

Polymorphism	β for the slope of skeletal muscle ^{a,b}	P	β for the slope of ECW ^{a,b}	P
<i>IL-1B</i> C-31T (rs1143627)	0.172 (-0.100, 0.445)	0.211	0.0077 (-0.0963, 0.1116)	0.883
<i>IL-1RN</i> VNTR	-0.681 (-1.064, -0.299)	0.001	0.0208 (-0.1385, 0.1801)	0.795
<i>IL-6</i> C-634G (rs1800796)	-0.040 (-0.367, 0.288)	0.809	0.0007 (-0.0051, 0.0019)	0.245
<i>IL-8</i> T-251A (rs4073)	-0.175 (-0.458, 0.107)	0.219	0.0059 (-0.1019, 0.1136)	0.913
<i>IL-10</i> T-819C (rs3021097)	-0.117 (-0.410, 0.176)	0.427	0.1119 (-0.0051, 0.2187)	0.040
<i>IL-10</i> A-1082G (rs1800896)	-0.267 (-0.858, 0.325)	0.370	0.0036 (-0.2204, 0.2277)	0.974

^a β -values for the slope of each body composition element per allele (additive) model were calculated using linear regression; ECW, extra-cellular water (in proportion to the total body weight). ^bMonthly body composition data was available in 58 subjects.

sex- and age-adjusted additive model), none of the other cytokine polymorphisms showed statistical significance. Additionally, further analyses of change in the body composition by genotype revealed a significant reduction in skeletal muscle weight by the increasing number of the long-repeat (*L*) alleles of the *IL-1RN* VNTR polymorphism ($P=0.001$). Additionally, there was a significant increase in the weight proportion of extra-cellular water (ECW) with an increasing number of *C* alleles in the *IL-10* T-819C polymorphism ($P=0.040$; Table III).

Correlation between cytokine polymorphisms and patients' survival. We analyzed the effect of all cytokine polymorphisms examined on patient survival using the Kaplan-Meier method. Those with at least one *IL-1RN* VNTR 2 allele showed significantly worse survival ($P=0.010$, logrank test), whereas those with the *IL-6*-634 *G/G* genotype showed significantly worse survival ($P=0.0001$), as shown in Fig. 1. Further multivariate analyses using the Cox proportional hazard model revealed that the *IL-10*-1082 *A/G* genotype was an independent prognostic factor for overall survival in patients with gastrointestinal cancer, with the adjusted hazard ratio (aHR) of 6.48 (95% CI: 1.03-40.54, $P=0.046$) when adjusted for sex, age, and clinical stage, whereas the aHR for the *IL-1 RN* VNTR [aHR=8.84 (95% CI: 1.48-52.85, $P=0.017$) for subjects with 2 allele vs. *L/L* genotype] and that for the *IL-6* C-634G [aHR=39.15 (4.25-360.67, $P=0.001$) for subjects with *G/G* genotype vs. others] also had significantly elevated aHRs (Table IV). The effects of the *IL-1RN* VNTR, *IL-6* C-634G, and *IL-10* A-1082G polymorphisms on the survival of patients with colorectal cancer, which is the most frequent type of cancer, were in the same direction as those of all the patients in this study (data not shown).

Discussion

The present study examined the influence of several cytokine polymorphisms on the clinical outcome of gastrointestinal cancer patients, and revealed that polymorphisms in *IL-1RN* and *IL-6* genes have a significant impact on patient survival, based on data obtained from a single institution. The findings obtained were consistent with the previous reports (11,12), which underscored the potential clinical importance of sequence variations of these cytokines in gastrointestinal cancer patients' medical care. *IL-1RN* encodes the antagonist

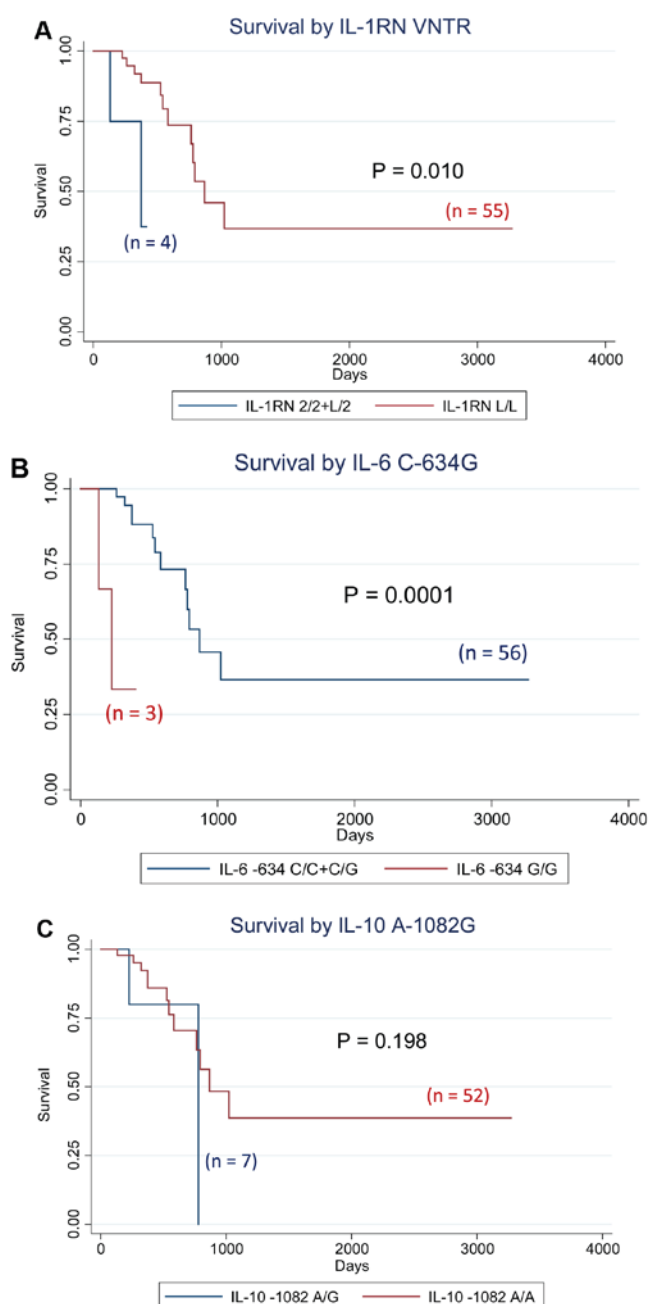


Figure 1. Survival curve by cytokine genotypes. (A) Survival by *IL-1RN* VNTR; (B) Survival by *IL-6* C-634G; (C) Survival by *IL-10* A-1082G. P-values indicate Log-rank P-values. IL, interleukin.

Table IV. Patient prognosis by cytokine genotypes.

Polymorphism	Comparison groups	Log-rank P	Model	Crude HR	aHR-1	aHR-2
<i>IL-1B</i> C-31T (rs1143627)	All 3 genotypes	0.916	Additive	1.03 (0.53-2.00)	0.89 (0.39-2.03)	0.74 (0.33-1.65)
	<i>vt. hetero</i> + <i>vt. homo</i> vs. <i>wt. homo</i>	0.792	Dominant	1.16 (0.39-3.44)	1.02 (0.29-3.54)	0.93 (0.27-3.21)
	<i>vt. homo</i> vs. others	0.889	Recessive	0.91 (0.25-3.30)	0.65 (0.14-3.04)	0.34 (0.06-1.83)
<i>IL-1RN</i> VNTR ^a	All 3 genotypes	<0.0001	Additive	8.29 (2.05-33.47)	8.28 (2.05-33.51)	8.88 (2.07-38.14)
	<i>vt. hetero</i> + <i>vt. homo</i> vs. <i>wt. homo</i>	0.010	Dominant	6.83 (1.25-37.36)	6.61 (1.19-36.71)	8.84 (1.48-52.85)
	<i>vt. homo</i> vs. others	<0.0001	Recessive	-	-	-
<i>IL-6</i> C-634G (rs1800796)	All 3 genotypes	0.0005	Additive	2.61 (1.03-6.58)	2.71 (0.99-7.40)	3.05 (1.07-8.67)
	<i>vt. hetero</i> + <i>vt. homo</i> vs. <i>wt. homo</i>	0.206	Dominant	1.96 (0.68-5.65)	1.92 (0.64-5.73)	1.97 (0.66-5.90)
	<i>vt. homo</i> vs. others	0.0001	Recessive	13.31 (2.40-73.84)	15.01 (2.22-101.41)	39.15 (4.25-360.67)
<i>IL-8</i> T-251A (rs4073)	All 3 genotypes	0.869	Additive	0.84 (0.37-1.87)	0.77 (0.34-1.77)	0.97 (0.40-2.39)
	<i>vt. hetero</i> + <i>vt. homo</i> vs. <i>wt. homo</i>	0.798	Dominant	0.87 (0.30-2.50)	0.83 (0.29-2.43)	0.94 (0.32-2.78)
	<i>vt. homo</i> vs. others	0.601	Recessive	0.58 (0.08-4.49)	0.43 (0.05-3.77)	1.07 (0.11-10.23)
<i>IL-10</i> T-819C (rs3021097)	All 3 genotypes	0.541	Additive	1.10 (0.52-2.36)	1.07 (0.49-2.34)	1.06 (0.45-2.50)
	<i>vt. hetero</i> + <i>vt. homo</i> vs. <i>wt. homo</i>	0.478	Dominant	1.49 (0.49-4.47)	1.50 (0.48-4.66)	1.24 (0.39-4.00)
	<i>vt. homo</i> vs. others	0.578	Recessive	0.57 (0.07-4.34)	0.50 (0.06-3.96)	0.74 (0.09-5.87)
<i>IL-10</i> A-1082G (rs1800896)	A/G vs. A/A	0.198	-	2.66 (0.57-12.50)	2.98 (0.60-14.73)	6.48 (1.03-40.54)

HR, hazard ratio; aHR, adjusted hazard ratio (aHR-1, adjusted for sex and age; aHR-2, adjusted for age, sex and clinical stage [stage 4]). ^aFor *IL-1RN* VNTR, L/L, L/2, and 2/2 genotypes were defined as *wt. homo*, *vt. hetero* and *vt. homo*, respectively, where L allele includes 5- and 6-repeat allele.

against IL-1 α and IL-1 β , and is well-known to play crucial roles in controlling the balance of various proinflammatory processes such as in central nervous system events in the human brain, in the pathogenesis of skin psoriasis, or in the risk of gastrointestinal cancer (13-15). IL-6 is also known to play key roles in tumor-induced inflammation and various subsequent responses including the acute phase responses leading to elevated CRP levels and tumor growth in gastrointestinal cancer (16).

There is an increasing amount of evidence that genetic factors play major roles in the regulation of cytokine production, such as for IL-1RN and IL-6 (9,17,18). Carriers of the *IL-1RN* 2 polymorphism have been shown to have higher IL-1RN circulating levels than non-carriers (19,20), while some other experimental reports suggest the association of the *IL-1RN* polymorphism with the amount of IL-1B production,

but the directions of the effect seem inconsistent (7). The *IL-1RN* VNTR polymorphism is consisted of two to six tandem repeats of 86-bp conserved sequence, which is located in the putative protein binding sites and thus may influence gene expression (15,21). Considering that the genes for IL-1RN and IL-1B are both located on chromosome 2q14 within a 360-kb region, it is possible that the genetic variation of *IL-1RN* VNTR may affect IL-1B levels through linkage disequilibrium on the genome. The present study could not reproduce the previously reported association of *IL-1RN* VNTR 2 allele with a better prognosis in gastrointestinal cancer patients, which might be explained by the modulation of the IL-1B levels that results from the *IL-1RN* VNTR polymorphism, or by random error because of the relatively small sample size and disease heterogeneity. The significant trend of reduced skeletal muscle weight associated with a higher number of

IL-1RN VNTR L alleles, however, is consistent with a previous report (11), considering the lower *IL-1RN* circulating levels in *L* allele carriers and the subsequent exacerbated inflammation induced by *IL-1B*. For the *IL-6* polymorphism, the *IL-6-634 G* allele is reported to result in higher plasma *IL-6* levels, and is associated with a higher risk of cachexia (12). The finding of a worse prognosis in those with the *IL-6-634 G/G* genotype is consistent with a previous report (12), and is regarded as biologically plausible considering that higher *IL-6* levels that result from the *IL-6-634 G/G* genotype may exacerbate systemic inflammation, thereby leading to the worse prognosis in gastrointestinal cancer patients under palliative care. The association of the presence of the *IL-10-819 C* allele with advanced stages of colorectal cancers, and with possible weight loss and an increase in ECW, may suggest possible important roles of this variation in the *IL-10* gene in the etiology of colorectal cancer patients. Previous studies have shown that *IL-10* exerts its anti-inflammatory effects independent of *IL-10R*, *PIK3*, or *p70S6* kinase (22). Considering that the *T* allele of the *IL-10 T-819C* polymorphism was associated with a higher *IL-10* expression, these associations of the *IL-10-819 C* allele with possible weight loss in gastrointestinal cancer patients might be explained by the reduced *IL-10* expression as a result of this polymorphism (23). The *G* allele of *IL-10 A-1082G* polymorphism was reportedly associated with worse prognosis in patients with gastrointestinal cancers (24). The *IL-10 A-1082G* polymorphism lies within the promoter region of the *IL-10* gene, where the *G/G* genotype of this polymorphism was shown to be associated with increased levels of *IL-10* production (25). Our results in this study verified the clinical impact of the *IL-10-1082 G* allele on gastrointestinal cancer patient prognosis, suggesting the potential prognostic role of this *IL-10* SNP in gastrointestinal cancer patients receiving palliative care. There also exist several other genetic polymorphisms reportedly associated with the risk of cachexia or weight loss in cancer patients to date, such as those in *P-selectin (SELP)*, *leptin receptor (LEPR)*, *tumor necrosis factor (TNF)*, *lymphotoxin alpha (LTA)* or *tumor necrosis factor receptor superfamily member 1A (TNFRSF1A)* genes, which might possibly have biological interactions with the genes investigated in the present study, and would become potential candidates for future investigations as well (26,27).

With regard to technical aspects, a strength of this study design is the frequent monitoring of the patients with detailed data, such as body composition, body weight, and laboratory data, which was conducted at least once to twice per month. The limitations, however, would be the smaller sample size, which should be increased in follow-up studies. The present study result may also suggest that genetic testing of gastrointestinal patients may be useful for predicting patients' need for supportive care such as nutritional intervention or possible molecular therapies, such as recombinant *IL-1RN* (11). It has been reported that elevated resting energy expenditure in several types of cancer patients is associated with the presence of a systemic inflammatory response, which may lead to a worse clinical outcomes in patients (25). Nutritional interventions such as administration of eicosapentaenoic acid (EPA) have been shown to be effective in partially controlling the systemic inflammation in these

cancer patients (28). To examine this possibility, further studies taking into consideration the efficacy of nutritional interventions based on the genetic information are possible future research directions.

In conclusion, this is the first study that showed genetic polymorphisms can be used to predict gastrointestinal cancer patient survival. We also confirmed the previously reported roles of *IL-RN VNTR* and *IL-6 C-634G* polymorphisms in predicting survival, suggesting the potential feasibility of genetic testing in gastrointestinal cancer patients with palliative care. The sample size of the present study is limited, and the findings should be verified with larger number of patients, to confirm the possible establishment of personalized palliative care for gastrointestinal cancer patients.

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Availability of data and materials

The datasets used and/or analyzed in the present study are available from the corresponding author on reasonable request.

Authors' contributions

AH, YO, YS and CM contributed to the entire study design, data collection and analyses, and reviewed the final version of the paper critically. YM, KO, KT, RN, YI, HS, HU and MT provided the data from the outpatient clinic to the analysts, provided clinical interpretation of the results, and reviewed the paper critically. SM and AO contributed to the collection of clinical data and genotyping of the patient samples, and reviewed the paper. YT and DCM provided an interpretation of the results from the viewpoint of expert surgical scientists and reviewed the final version of the paper.

Ethical approval and consent to participate

All of the patients agreed to provide their clinical data for analyses and their blood for DNA testing after written informed consent. This study was approved by the Institutional Review Board of Nagoya University Graduate School of Medicine (approval no. 2013-0220-10).

Patient consent for publication

All study participants approved the publication of the present study.

Competing interests

The authors declare that they have no competing interests.

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