

# Prognostic evaluation of resectable colorectal cancer using platelet-associated indicators

WEIHUA QIAN<sup>1,2\*</sup>, XIN-XIN GE<sup>1\*</sup>, JING WU<sup>1\*</sup>, FEI-RAN GONG<sup>3</sup>, MENG-YAO WU<sup>1</sup>,  
MENG-DAN XU<sup>1</sup>, LIAN LIAN<sup>1,4,5</sup>, WEN-JIE WANG<sup>1,6</sup>, WEI LI<sup>1,4,7</sup> and MIN TAO<sup>1,7</sup>

<sup>1</sup>Department of Oncology, The First Affiliated Hospital of Soochow University; <sup>2</sup>Department of Oncology, Zhangjiagang Hospital of Traditional Chinese Medicine Affiliated to Nanjing University of Chinese Medicine; <sup>3</sup>Department of Hematology, The First Affiliated Hospital of Soochow University, Suzhou, Jiangsu 215006; <sup>4</sup>Comprehensive Cancer Center, Suzhou Xiangcheng People's Hospital; <sup>5</sup>Department of Oncology, Suzhou Xiangcheng People's Hospital, Suzhou, Jiangsu 215000; <sup>6</sup>Department of Radio-Oncology, The Affiliated Suzhou Hospital of Nanjing Medical University, Suzhou, Jiangsu 215001; <sup>7</sup>PREMED Key Laboratory for Precision Medicine, Soochow University, Suzhou, Jiangsu 215021, P.R. China

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**Abstract.** Colorectal cancer (CRC) represents the third most common malignancy worldwide. The aim of the present study was to investigate the predictive values of platelet-associated indicators, including platelet count (PLT), plateletcrit (PCT), mean platelet volume (MPV) and platelet distribution width (PDW) in patients with resectable CRC. The current retrospective study included 153 patients who were pathologically diagnosed with resectable CRC. The patients were divided into two groups according to the median value of PLT, PCT, MPV or PDW. To evaluate the changes in PLT, PCT, MPV and PDW following resection and adjuvant chemotherapy, the concept of post-/pre-treatment PLT, PCT, MPV and PDW ratios was introduced, where  $<1$  indicated decreased PLT, PCT, MPV and PDW values after treatment, and where  $\geq 1$  suggested stable or increased values. It was revealed that a low MPV prior to treatment correlated with a higher tumor stage. Surgery significantly decreased MPV, but had no impact on PLT, PCT or PDW. Adjuvant chemotherapy significantly decreased PLT and PCT, increased MPV and had no effect on PDW. After

the whole course of treatment (surgery combined with adjuvant chemotherapy), PLT, PCT and PDW were significantly decreased. Kaplan-Meier plots illustrated that patients with a post-/pre-treatment MPV ratio  $<1$  had poorer overall survival (OS), whereas the post-/pre-treatment ratios for PLT, PCT and PDW did not correlate with patient outcome. Multivariate Cox regression analysis revealed that sex, tumor size and the post-/pre-treatment MPV ratio were prognostic factors for OS. Therefore, the present results may suggest MPV as a potential prognostic factor in resectable CRC.

## Introduction

Colorectal cancer (CRC) is one of the most common cancer types globally (1). In the United States, New Zealand and France the incidence and mortality rates of CRC have exhibited a downward trend, resulting from early screening, improved therapy and preventive lifestyle choices (2). The primary preventive measure for CRC is a healthy lifestyle, including the maintenance of a healthy weight, exercise, reduction of meat and alcohol consumption, and avoidance of smoking (1). It is widely accepted that surgical resection is the principal therapy option at the early stages of CRC, which is defined as invasion and lymph node metastasis only occurring locally (3). In addition, adjuvant chemotherapy is an essential treatment for numerous patients with resectable CRC (4).

Platelets are involved in multiple mechanisms of cancer development and metastasis (5). Platelet-associated indicators assessed by routine blood examination include platelet count (PLT), mean platelet volume (MPV), platelet distribution width (PDW) and plateletcrit (PCT). MPV reflects the average size, stimulation and production rate of platelets. Pro-inflammatory and pro-thrombotic conditions are closely associated with MPV (6,7). PCT is calculated as the MPV multiplied by the PLT. It has been identified that an elevated PCT is associated with coronary artery disease and an increased risk of venous thrombosis (8,9). The PDW is one of

*Correspondence to:* Dr Min Tao, Department of Oncology, The First Affiliated Hospital of Soochow University, 188 Shizi Street, Suzhou, Jiangsu 215006, P.R. China  
E-mail: taomin@suda.edu.cn

Dr Wen-Jie Wang, Department of Radio-Oncology, The Affiliated Suzhou Hospital of Nanjing Medical University, 16 Baita West Road, Suzhou, Jiangsu 215001, P.R. China  
E-mail: doctor.wjwang@gmail.com

\*Contributed equally

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the platelet volume indicators, reflecting the average change in platelet volume (10). Therefore, platelet-associated indicators may be used as inflammatory markers for CRC, in addition to their use in inflammatory, thromboembolic and cardiovascular diseases.

In the present study, the hypothesis that platelet-associated indices may provide useful prognostic information was investigated in patients with resectable CRC.

## Materials and methods

**Subjects and inclusion criteria.** The present study was conducted as a retrospective investigation of patients with resectable CRC that had been referred to the First Affiliated Hospital of Soochow University (Jiangsu, China) between June 2006 and July 2016. The Medical Ethics Committees of the First Affiliated Hospital of Soochow University granted approval for the present study, and written informed consent to participate was obtained from patients at the beginning of the study. The clinical and pathological records of all participating patients were reviewed periodically.

In total, 153 patients with resectable CRC were recruited. All cases were confirmed by surgery and pathology. All patients originally received six cycles of XELOX treatment, a standard adjuvant chemotherapy including oxaliplatin administered intravenously at a dose of 130 mg/m<sup>2</sup> on day 1, and capecitabine (850-1,250 mg/m<sup>2</sup>) twice a day for 2 weeks, followed by a 1-week rest. Patient characteristics are detailed in Table I. The median age of the patients was 56 years (range, 27-85 years); 70 patients were male and 83 were female. Cancer stage was determined using the Tumor-Node-Metastasis (TNM) classification according to the recommendations of the American Joint Committee on Cancer (AJCC) (11). Prognostic analyses were performed in regard to overall survival (OS).

**Blood samples.** Pre-surgery blood samples were collected up to 1 week before surgery. Post-surgery blood samples were regarded as pre-chemotherapy samples and were collected 3 weeks after surgery. Post-chemotherapy samples were collected after 3 months of standard chemotherapy in order to eliminate the impact of treatment on platelet-associated indicators. Peripheral venous blood (5-7 ml) was collected into sterile EDTA tubes. All blood samples were fasted and obtained between 6:30 and 7:30 a.m. in order to standardize the known impact of circulating hormones (circadian rhythm) on the number and subtype distribution of various white blood cell indices (12). Hematological parameters were analyzed up to 30 min after collection, using a hematology analyzer (Sysmex XE-2100; Sysmex Corporation). PLT, PCT, MPV and PDW blood levels are recorded in Table I. The patients were divided into two groups according to the median value of PLT, PCT, MPV or PDW. The post-/pre-treatment ratios were defined as the rate of pre- and post-treatment blood parameter values.

**Computed tomography (CT) evaluation.** CT scans were performed every 2 months for response assessment and evaluated according to the criteria of the Response Evaluation Criteria in Solid Tumors 1.1 (13).

**Follow-up.** Patient survival time was recorded from the date of chemotherapy until death or the last clinical evaluation. Prognostic analyses were performed in relation to patient OS time. OS was defined as the time from diagnosis to that of death from any cause.

**Statistical analysis.** All statistical analyses were performed using SPSS 19.0 software (IBM Corp.). For analysis of survival data, Kaplan-Meier curves were constructed and statistical analysis was performed using the log-rank test. The associations between blood-parameter status and clinicopathological features were determined using the  $\chi^2$  test. The associations between alterations in the status of platelet-associated indicators and surgery or chemotherapy were assessed using a Student's t-test. The multivariate logistic regression model was employed to identify the independent risk factors associated with resectable CRC.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**Pre-treatment PLT, PCT, MPV and PDW values do not correlate with the outcome of patients with resectable CRC.** Kaplan-Meier plots were used to determine the effects of pre-treatment PLT, PCT, MPV and PDW status on OS (Fig. 1). The patients were divided into two groups according to the median value of PLT (low PLT,  $\leq 211.575 \times 10^9/l$ , or high PLT,  $> 211.575 \times 10^9/l$ ), PCT (low PCT,  $\leq 0.225$  l/l, or high PCT,  $> 0.225$  l/l), MPV (low MPV,  $\leq 10.400$  fl, or high MPV,  $> 10.400$  fl) or PDW (low PDW,  $\leq 15.485\%$ , or high PDW,  $> 15.485\%$ ). The mean OS of the high PLT group was 63 months (range, 53.392-72.608), while that of the low PLT group was 56 months (range, 49.312-62.688;  $P = 0.956$ ). The mean OS was 58 months (range, 52.731-63.269) in the high PCT group and 64 months (range, 51.806-76.194) in the low PCT group ( $P = 0.496$ ). The mean OS of the high MPV group was 58 months (range, 53.728-62.272), while that of the low MPV group was 68 months (range, 46.025-89.975;  $P = 0.107$ ). The mean OS was 52 months (range, 44.465-59.535) in the high PDW group and 63 months (range, 58.623-67.377) in the low PDW group ( $P = 0.300$ ). These results demonstrated that pre-treatment levels of PLT, PCT, MPV or PDW had no effects on the OS of patients with resectable CRC.

**Surgery significantly decreases MPV, but has no impact on PLT, PCT or PDW.** The effects of surgery on the values for PLT, PCT, MPV and PDW are presented in Fig. 2. The median PLT value was  $216.000 \times 10^9/l$  [95% confidence interval (CI), 201.030-230.970  $\times 10^9/l$ ] before surgery, and  $207.000 \times 10^9/l$  (95% CI, 194.210-219.800  $\times 10^9/l$ ) after surgery ( $P = 0.278$ ). The median PCT value was 0.200 l/l (95% CI, 0.190-0.220 l/l) before surgery, and 0.190 L/L (95% CI, 0.170-0.220 l/l) after surgery ( $P = 0.407$ ). The median MPV value was 10.000 fl (95% CI, 9.680-10.400 fl) before surgery, and 9.900 fl (95% CI, 9.300-10.198 fl) after surgery ( $P < 0.001$ ). The median PDW value was 15.600% (95% CI, 15.040-15.900%) before surgery, and 15.300% (95% CI, 14.760-15.700%) after surgery ( $P = 0.344$ ). Therefore, surgery significantly decreased the MPV value, but had no significant impact on the PLT, PCT and PDW values of patients with resectable CRC.

Clinicopathological features	Patients, n	Platelet count			Plateletcrit			Mean platelet volume			Platelet distribution width		
		Low, n	High, n	$\chi^2$	P-value	Low, n	High, n	$\chi^2$	P-value	Low, n	High, n	$\chi^2$	P-value
Sex	153												
Male	70	45	25	10.058	0.002	42	28	3.616	0.057	35	35	0.006	0.941
Female	83	32	51			37	46			42	41		0.941
Age, years	153												
≤56	81	38	43	0.802	0.370	39	42	0.837	0.360	34	47	4.802	0.028
>56	72	39	33			40	32			43	29		0.028
Tumor size, cm	153												
≤5	86	46	40	0.785	0.376	45	41	0.038	0.846	44	42	0.055	0.815
>5	67	31	36			34	33			33	34		0.815
Depth of invasion	153												
T1, T2	17	10	7	0.552	0.457	10	7	0.396	0.529	5	12	3.347	0.067
T3, T4	136	67	69			69	67			72	64		0.067
Lymphonodus	153												
Metastasis													
N0, N1	111	54	57	0.456	0.500	53	58	2.445	0.118	55	56	0.098	0.755
N2	42	23	19			26	16			22	20		0.755
AJCC stage	153												
I, II	56	25	31	1.142	0.285	25	31	1.729	0.189	22	34	4.307	0.038
III	97	52	45			54	43			55	42		0.038
AJCC, American Joint Committee on Cancer.													

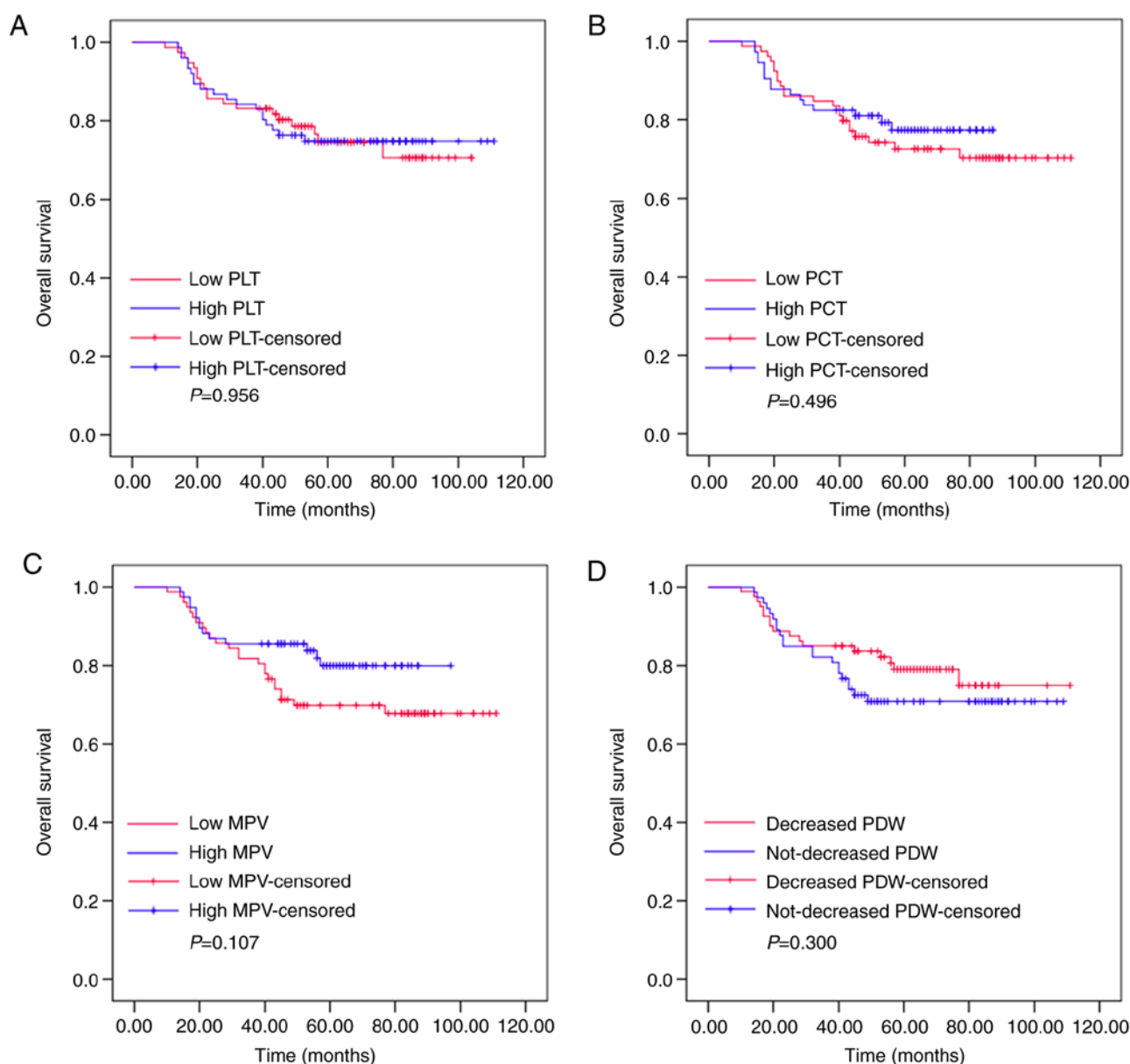


Figure 1. Pre-treatment PLT, PCT, MPV and PDW values are not associated with the outcome of patients with resectable colorectal cancer. The OS according to (A) PLT, (B) PCT, (C) MPV and (D) PDW. OS, overall survival; PLT, platelet count; PCT, plateletcrit; MPV, mean platelet volume; PDW, platelet distribution width.

Adjuvant chemotherapy significantly decreases PLT and PCT, and increases MPV, but has no effect on PDW. The effects of adjuvant chemotherapy on the values for PLT, PCT, MPV and PDW are shown in Fig. 3. The median PLT value was  $207.000 \times 10^9/l$  (95% CI,  $194.210-219.800 \times 10^9/l$ ) before, and  $157.000 \times 10^9/l$  (95% CI,  $149.160-164.840 \times 10^9/l$ ) after adjuvant chemotherapy ( $P < 0.001$ ). The median PCT value was 0.190 l/l (95% CI, 0.170-0.220 l/l) before, and 0.170 l/l (95% CI, 0.160-0.180 l/l) following adjuvant chemotherapy ( $P < 0.001$ ). The median MPV value was 9.900 fl (95% CI, 9.300-10.198 fl) before, and 10.500 fl (95% CI, 10.200-10.800 fl) following adjuvant chemotherapy ( $P < 0.001$ ). The median PDW value was 15.300% (95% CI, 14.760-15.700%) before adjuvant chemotherapy, and 14.300% (95% CI, 13.200-15.000%) after adjuvant chemotherapy ( $P = 0.093$ ). Adjuvant chemotherapy significantly decreased the PLT and PCT values, but increased

the MPV value of patients with resectable CRC. There was no significant impact on the PDW value.

A whole course of treatment significantly decreases PLT, PCT and PDW, but has no effect on MPV. The impact of the whole course of treatment (surgery and adjuvant chemotherapy) on the values for PLT, PCT, MPV and PDW are displayed in Fig. 4. The median PLT value was  $216.000 \times 10^9/l$  (95% CI,  $201.030-230.970 \times 10^9/l$ ) before treatment and  $157.000 \times 10^9/l$  (95% CI,  $149.160-164.840 \times 10^9/l$ ) after treatment ( $P < 0.001$ ). The PCT median value was 0.200 l/l (95% CI, 0.190-0.220 l/l) before treatment and 0.170 l/l (95% CI, 0.160-0.180 l/l) after treatment ( $P < 0.001$ ). The median MPV value was 10.000 fl (95% CI, 9.680-10.400 fl) before treatment and 10.500 fl (95% CI, 10.200-10.800 fl) after treatment ( $P = 0.322$ ). The median PDW value was 15.600% (95% CI, 15.040-15.900%)

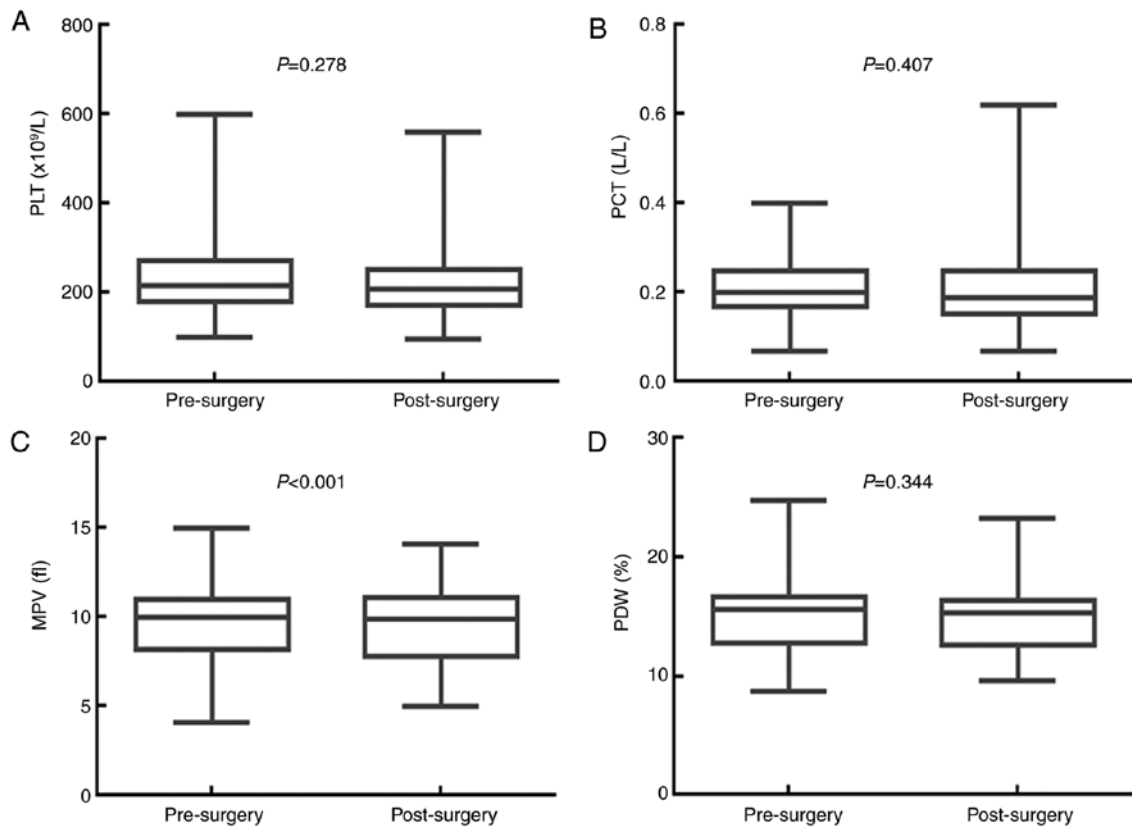


Figure 2. Surgery significantly decreases the MPV value in patients with resectable colorectal cancer. Surgery had no influence on (A) PLT or (B) PCT. (C) Surgery significantly decreased the MPV of patients with colorectal cancer. (D) Surgery had no influence on the PDW. PLT, platelet count; PCT, plateletcrit; MPV, mean platelet volume; PDW, platelet distribution width.

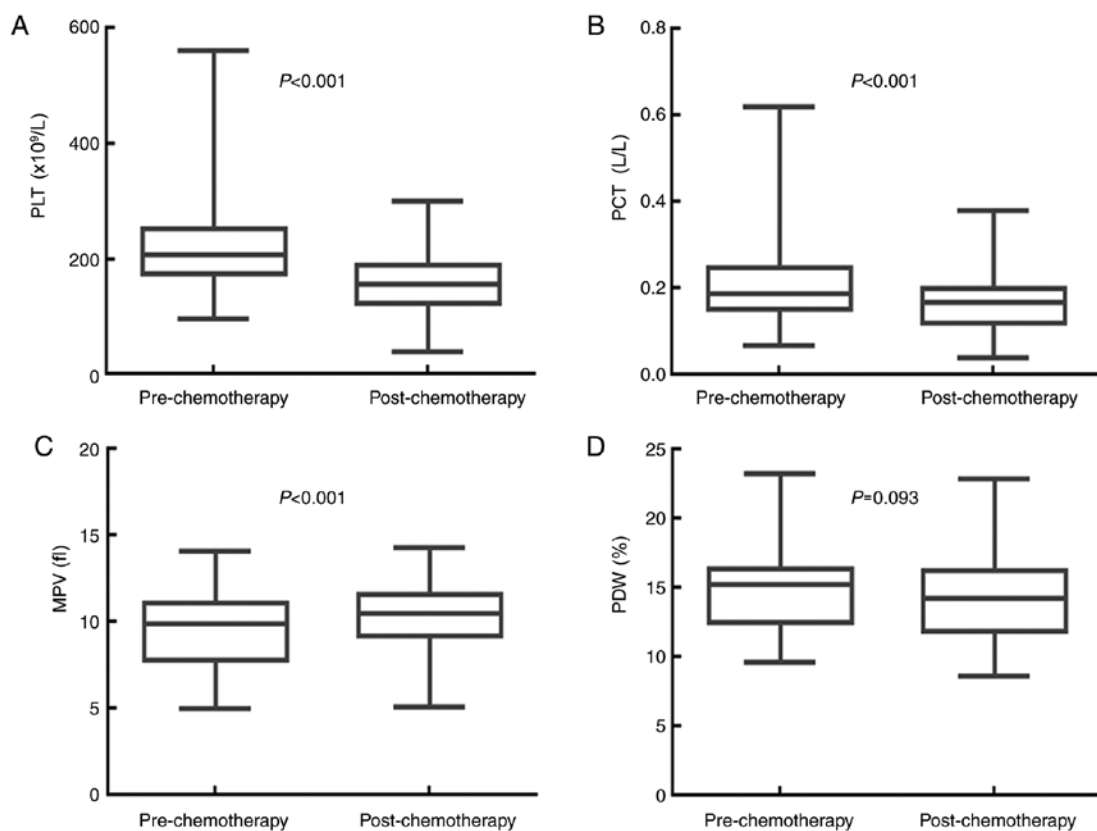


Figure 3. Adjuvant chemotherapy significantly decreases the values of PLT and PCT, and increases MPV in patients with resectable CRC. Chemotherapy significantly decreased the (A) PLT and (B) PCT, and significantly increased the (C) MPV of patients with CRC. (D) Chemotherapy had no influence on the PDW of patients with CRC. CRC, colorectal cancer; PLT, platelet count; PCT, plateletcrit; MPV, mean platelet volume; PDW, platelet distribution width.

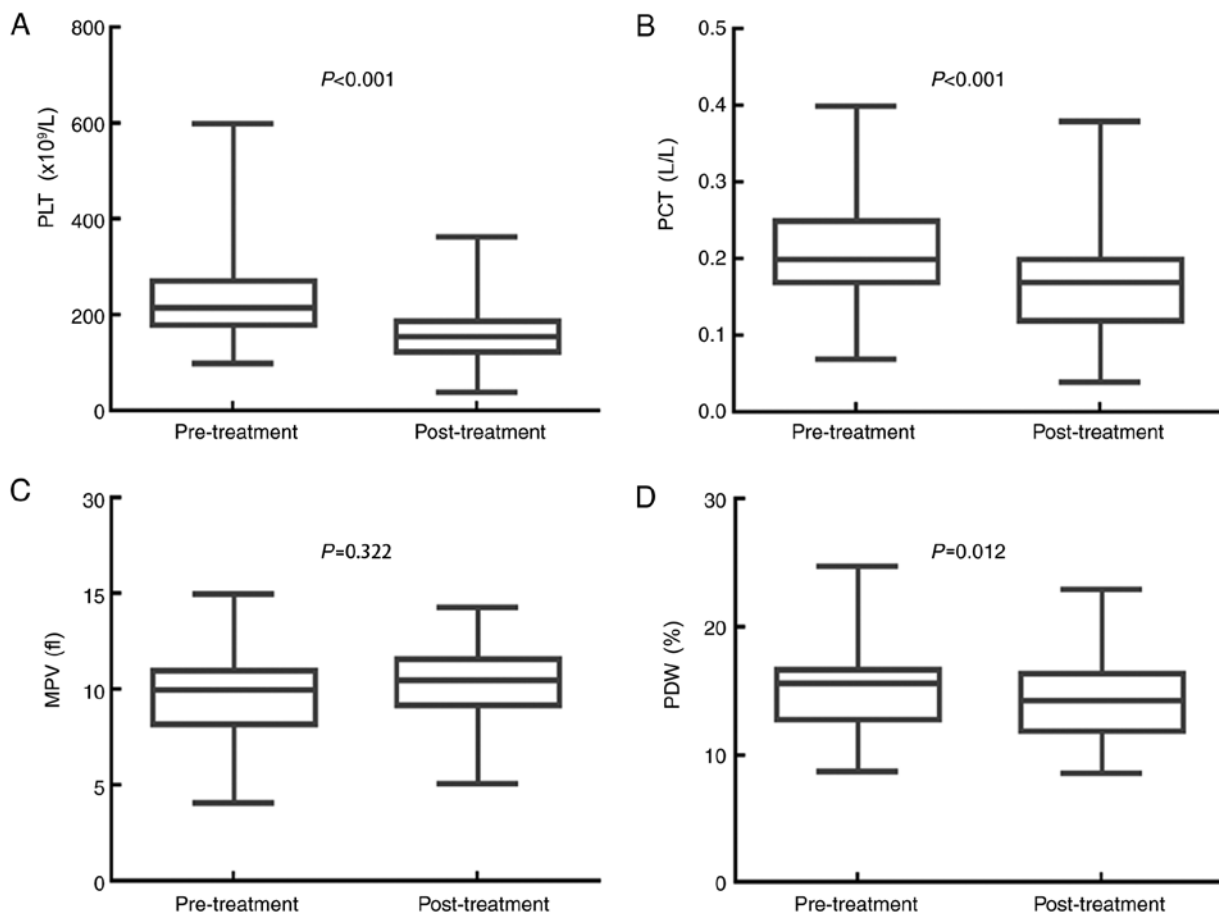


Figure 4. PLT, PCT and PDW values are significantly decreased in patients with CRC following a whole course of treatment. A whole course of treatment (surgery combined with adjuvant chemotherapy) significantly decreased the (A) PLT and (B) PCT of patients with CRC. Combined treatment had no influence on the (C) MPV, but significantly decreased the (D) PDW of patients with CRC. CRC, colorectal cancer; PLT, platelet count; PCT, plateletcrit; MPV, mean platelet volume; PDW, platelet distribution width.

before treatment, and 14.300% (95% CI, 13.200-15.000%) after treatment ( $P=0.012$ ). Treatment with surgery and adjuvant chemotherapy significantly decreased the PLT, PCT and PDW values, but had no obvious effect on the MPV value of patients with resectable CRC.

*Changes in MPV following a whole course of treatment predict the outcomes of patients with resectable CRC.* Kaplan-Meier plots were used to determine the effect of changes in PLT, PCT, MPV and PDW status on OS (Fig. 5). The mean OS of patients whose MPV decreased following a whole course of treatment (surgery and adjuvant chemotherapy) was 75 months (range, 65.918-85.211), while that of patients whose MPV did not decrease was 97 months (range, 90.599-103.210). Significant differences were identified for OS between these two groups ( $P=0.005$ ). The mean OS of patients whose PLT level decreased following a whole course of treatment was 92 months (range, 85.875-97.804), while that of patients whose PLT did not decrease was 62 months (range, 46.703-77.742;  $P=0.096$ ). The mean OS of patients whose PCT level decreased following a whole course of treatment was 92 months (range, 85.409-98.433), while that of the non-decreased group was 78 months (range, 66.979-90.514;  $P=0.192$ ). The mean OS of patients whose PDW level decreased following a whole course of treatment was 77 months (range, 71.466-83.015), while

those where PDW did not decrease was 88 months (range, 79.668-97.597;  $P=0.744$ ). Thus, the patients whose MPV level increased following surgery and adjuvant chemotherapy had increased survival ratios. However, changes in PLT, PCT and PDW had no significant effect on OS.

*Univariate and multivariate analyses of prognostic factors in patients with resectable CRC.* Univariate analyses demonstrated that sex [female; hazard ratio (HR), 2.911; 95% confidence interval (CI), 1.413-5.998;  $P=0.004$ ], tumor size ( $>5$  cm; HR 2.613; 95% CI 1.351-5.054;  $P=0.004$ ), lymphonodus metastasis (N2; HR 2.197; 95% CI 1.153-4.187;  $P=0.017$ ), AJCC stage (III; HR 2.408; 95% CI 1.103-5.254;  $P=0.027$ ) and decreased post/pre-treatment MPV ratio (HR 2.430; 95% CI 1.274-4.636;  $P=0.007$ ) were significant risk factors for poor prognosis (Table II). In multivariate analysis, sex (female; HR 3.236; 95% CI 1.553-6.745;  $P=0.002$ ), tumor size ( $>5$  cm; HR 2.058; 95% CI 1.007-4.203;  $P=0.048$ ) and decreased post/pre-treatment MPV ratio (HR 2.621; 95% CI 1.329-5.131;  $P=0.005$ ) were found to be independently associated with poor survival.

## Discussion

Platelets, derived from megakaryocytes, have a crucial role in a variety of physiological and pathological processes,

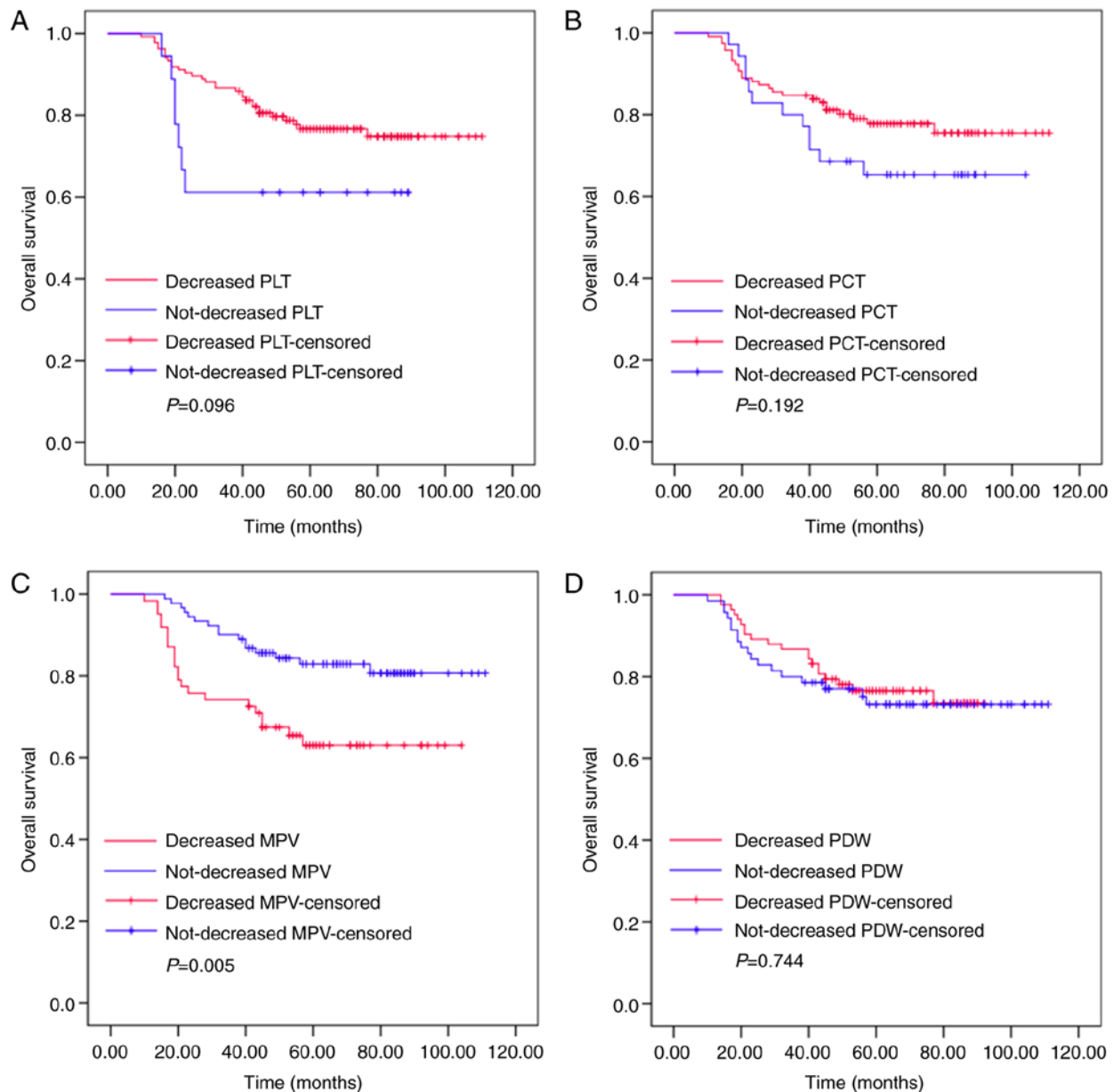


Figure 5. Alterations in MPV following a whole course of treatment predict the outcomes of patients with resectable CRC. The OS of patients with CRC according to changes in (A) PLT, (B) PCT, (C) MPV and (D) PDW. CRC, colorectal cancer; PLT, platelet count; PCT, plateletcrit; MPV, mean platelet volume; PDW, platelet distribution width.

including hemostasis, wound healing, inflammatory responses and thrombosis. Previous studies have confirmed that a high PLT, which is associated with tumorigenesis, metastasis and angiogenesis, is a common phenomenon in patients with solid cancer types (14,15). Meta-analyses have suggested that a high PLT may have diagnostic and prognostic value in various types of cancer, including CRC (16,17). Platelet activation is involved in progressive tumor growth and metastasis via the release of cytokines, chemokines and the expression of numerous adhesion receptors (18,19). Cancer cell-derived interleukin (IL)-6 is a trigger for high, tumor-induced PLT in several types of cancer (20,21). By protecting circulating tumor cells from immune-surveillance, platelets contribute to metastasis (14). In addition, the obstructions formed by platelets and tumor cells in the microcirculation facilitate the extravasation of tumor cells to metastatic sites. In the present study, surgery

combined with adjuvant chemotherapy significantly decreased the PLT of patients with CRC. Chemotherapy was likely the primary cause of this downregulation, since surgery had no effect on PLT status. However, the post/pre-treatment ratio of PLT, which was based on changes in individual PLTs, had no apparent association with OS.

Platelet-associated indicators are closely associated with the activation and function of platelets. MPV reflects early platelet activation (6-10,14-22) and PCT, obtained by multiplying the PLT and the MPV, reflects the percentage of the blood volume occupied by platelets. The PDW has been one of the most commonly used markers to indicate platelet activity. According to previous studies, there may be a correlation between platelet-associated indicators and the prognosis of patients with cancer (23,24). The PCT differs depending on the stage, histological type and metastatic status of various

Table II. Univariate and multivariate logistic regression analysis of risk factors for resectable colorectal cancer.

Risk factors	Overall survival			
	Univariate analysis		Multivariate analysis	
	OR (95% CI)	P-value	OR (95% CI)	P-value
Sex				
Female or male	2.911 (1.413-5.998)	0.004	3.236 (1.553-6.745)	0.002
Age				
>56 or ≤56 years	1.003 (0.974-1.034)	0.825	-	-
Tumor size, cm				
>5 or ≤5	2.613 (1.351-5.054)	0.004	2.058 (1.007-4.203)	0.048
Depth of invasion				
T3-4 or T1-2	2.591 (0.624-10.77)	0.190	-	-
Lymphonodus, metastasis				
N2 or N0-1	2.197 (1.153-4.187)	0.017	2.070 (0.967-4.429)	0.061
AJCC stage				
III or I-II	2.408 (1.103-5.254)	0.027	1.440 (0.588-3.529)	0.425
Pre-treatment PLT				
≤211.575 or > 211.575x10 <sup>9</sup> /l	1.018 (0.539-1.924)	0.956	-	-
Pre-treatment PCT				
≤0.225 or >0.225 l/l	1.250 (0.656-2.383)	0.498	-	-
Pre-treatment MPV				
≤10.400 or >10.400 fl	1.709 (0.883-3.309)	0.112	-	-
Pre-treatment PDW				
≤15.485 or >15.485%	0.714 (0.376-1.356)	0.304	-	-
Post-/pre-treatment PLT ratio				
<1 or ≥1	0.506 (0.222-1.150)	0.104	-	-
Post-/pre-treatment PCT ratio				
<1 or ≥1	0.638 (0.322-1.264)	0.197	-	-
Post-/pre-treatment MPV ratio				
<1 or ≥1	2.430 (1.274-4.636)	0.007	2.612 (1.329-5.131)	0.005
Post-/pre-treatment PDW ratio				
<1 or ≥1	0.893 (0.472-1.688)	0.727	-	-

OR, odds ratio; CI confidence interval; PLT, platelet count; PCT, plateletcrit; MPV, mean platelet volume; PDW, platelet distribution width; AJCC, American Joint Committee on Cancer.

types of cancer. For instance, the PCT is higher in patients with epithelial ovarian or endometrial cancer compared with that in healthy controls (25,26). PCT was also reported to be positively correlated with common causes of mortality, including venous thrombosis and tumor metastasis, in patients with CRC (8,27,28). Although surgery and adjuvant chemotherapy significantly reduced PCT in the present study, the post/pre-treatment ratio of PCT was not associated with OS.

The implication of the MPV is controversial at present. Certain studies have indicated that MPV in patients with cancer was higher compared with that in normal controls (29,30). In addition, other studies have reported a positive correlation between high MPV and advanced cancer stage (24,31). However, several studies have indicated the opposite,

stating that a low MPV was associated with unfavorable prognoses in non-small cell lung cancer (NSCLC) (32,33). Kumagai *et al* (33) determined that in patients with resectable NSCLC, an MPV of <8.50 fl was an independent predictive indicator for shorter disease-free survival and OS. In addition, Tuncel *et al* (34) demonstrated that the MPV was significantly higher in patients with metastatic CRC (mCRC) compared with that in patients with non-mCRC, and that the benefits of bevacizumab on progression-free survival were significantly greater in patients with low MPV, compared with those with high MPV status. Furthermore, in a study by Li *et al* (35), patients with a low MPV (≤8.6 fl) had a significantly improved OS compared with those with a high MPV (>8.6 fl). Multivariate analysis revealed that high MPV

was an independent risk factor affecting OS in patients with resectable CRC. In the present study, surgery increased MPV, while chemotherapy decreased it, leading to an MPV that was unchanged (compared with baseline) following treatment with both surgery and adjuvant chemotherapy. Furthermore, based on individual MPV values, subjects whose MPV's were not decreased had better outcomes. Univariate and multivariate analyses demonstrated that a decreased post/pre-treatment MPV ratio was a significant and independent risk factor associated with poor prognosis. Therefore, an unchanged MPV following treatment may indicate a favorable prognostic index in resectable CRC.

The association between decreased MPV and poor prognosis may be due to a number of variables. The key to explaining this decrease may be the association between blood coagulation and cancer in general. A study has demonstrated that tumor necrosis factor- $\alpha$ , IL-1 $\beta$ , vascular endothelial growth factor and basic fibroblast growth factor released from various cells stimulated the formation of vascular endothelial thrombi, and enhanced the destruction of larger-sized platelets, resulting in a decreased MPV in the circulating platelets (36). Another study suggested that increased thrombotic activity in patients with metastatic colon cancer led to a decrease in the MPV, which was in most cases considered to correlate with poor survival (37).

PDW, another platelet index, has been reported to be a diagnostic and prognostic factor for cancer (38). Oncel *et al* (10) suggested that the PDW was significantly higher in patients with lung cancer compared with that in the control group. Ma *et al* (25) identified that the PDW was higher in the epithelial ovarian cancer group compared with that in the benign tumor and healthy control groups. Hirahara *et al* (39) focused on PDW and cancer-specific survival in patients with esophageal cancer. Due to a small proportion of patients with an elevated PDW, it was not possible to assess the statistical association between PDW and prognostic factors. In a recent retrospective study by Song *et al* (40), univariate analysis revealed that an elevated PDW was an independent risk factor for recurrence-free survival and OS in patients with non-mCRC. In the present study, it was identified that surgery combined with adjuvant chemotherapy significantly decreased PDW. However, the post/pre-treatment ratio of PDW had no significant impact on OS.

In conclusion, the present study indicated that an increased MPV following a whole course of treatment was associated with improved OS in patients with resectable CRC, and that a low post/pre-treatment MPV ratio was an independent negative prognostic factor for OS. Of note, the present study had certain limitations. It was a retrospective study with a small sample size, involving only 153 patients. Patients with systemic diseases, including hypertension, diabetes, rheumatic disease and infection were excluded in order to eliminate the impact of these conditions on platelet-associated indicators. In spite of the small sample size, the results of the present study were representative to a certain extent. A multi-center study with a larger sample population will be performed in the future.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Authors' contributions

MT and WJW designed the study. WQ, JW, FRG and MYW collected the data. MDX, LL and WL carried out the statistical analysis. XXG interpreted and checked the data. WQ and XXG wrote the paper. WQ and MDX were responsible for the revision of the manuscript. All authors read and approved the final manuscript.

## Ethics approval and consent to participate

The Medical Ethics Committees of the First Affiliated Hospital of Soochow University granted approval for the present study. Written informed consent was obtained from all patients.

## Patient consent for publication

All patients provided consent for the publication of their data and associated images.

## Competing interests

The authors declare that they have no competing interests.

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