# Endocannabinoid system and the expression of endogenous ceramides in human hepatocellular carcinoma

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Received May 3, 2018; Accepted April 15, 2019

DOI: 10.3892/ol.2019.10399

Abstract. The endogenous lipid metabolism network is associated with the occurrence and progression of malignancies. Endocannabinoids and ceramides have demonstrated their anti-proliferative and pro-apoptotic properties in a series of cancer studies. The aim of the present study was to evaluate the expression patterns of endocannabinoids and endogenous ceramides in 67 pairs of human hepatocellular carcinoma (HCC) tissues and non-cancerous counterpart controls. Anandamide (AEA), the major endocannabinoid, was reduced in tumor tissues, probably due to the high expression and activity of fatty acid amide hydrolase. Another important endocannabinoid, 2-arachidonylglycerol (2-AG), was elevated in tumor tissues compared with non-tumor controls, indicating that the biosynthesis of 2-AG is faster than the degradation of 2-AG in tumor cells. Furthermore, western blot analysis demonstrated that cannabinoid receptor 1 was downregulated, while cannabinoid receptor 2 was elevated in HCC tissues, in accordance with the alterations in the levels of AEA and 2-AG, respectively. For HCC tissues, the expression levels of C18:0, 20:0 and 24:0-ceramides decreased significantly, whereas C12:0, 16:0, 18:1 and 24:1-ceramides were upregulated, which may be associated with cannabinoid receptor activation and stearoyl-CoA desaturase protein downregulation. The exact role of endocannabinoids and ceramides in regulating the fate of HCC cells requires further investigation.

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*Key words:* endocannabinoids, cannabinoid receptors, ceramides, hepatocellular carcinoma

## Introduction

Primary hepatocellular carcinoma (HCC) remains the third leading cause of cancer-associated mortality in China. Clinical treatment modalities include surgical resection, transplantation, chemotherapy and radiotherapy. The 5-year survival rate of patients with HCC was 5-30% between 2000 and 2014 (1). The main reason is that the initial symptoms of HCC are occult, and the majority of patients are diagnosed only at an advanced stage. Therefore, there is an urgent need to identify early HCC biomarkers and novel treatment targets.

In recent years, the reprogramming of metabolic pathways in tumor cells is a field of cancer research that has attracted attention (2,3). De novo lipogenesis increases in liver cancer cells, and the endogenous lipid metabolism network changes significantly. Endocannabinoids are a class of endogenous lipids that target cannabinoid receptors 1 and 2 ( $CB_{1/2}$ ), the most extensively investigated of which are anandamide (AEA) and 2-arachidonylglycerol (2-AG). Endocannabinoids modulate multiple cell survival-associated signaling pathways, including extracellular signal-regulated kinase (ERK) (4), p38 mitogen-activated protein kinase (MAPK) (5) and the ceramide pathways (6) in breast cancer (7), prostate cancer (8), rectal cancer (9) and glioma (10). Ceramides are widely distributed as sphingolipid messengers involved in apoptosis and cell cycle arrest. It was recently demonstrated that CB receptor activation-dependent apoptosis signaling is associated with ceramide accumulation (6).

Increased synthesis of endogenous mono-unsaturated fatty acids (MUFA) is another biochemical hallmark of cancer (11). Previous reports have shown that high expression of stearoyl-CoA desaturase-1 (SCD1) catalyzes the desaturation of saturated fatty acids (SFA), which provides abundant MUFA substrates for membrane biosynthesis during tumor cell proliferation. Inhibition of SCD1 suppressed the synthesis of MUFA and induced *de novo* synthesis of long-chain ceramides, which is a major mechanism mediating apoptosis in a variety of tumor cells (12).

The endogenous lipid metabolism network is associated with the occurrence and progression of malignancies. The abundance of prostaglandin E2 in the tumor microenvironment further impedes T cell infiltration and cancer immune evasion (13). However, the expression, metabolism and regulation of these lipids in HCC tissues have yet to be elucidated. In the present study, the pathological data from 67 patients with HCC who underwent surgical resection were retrospectively analyzed, and the differences in the levels of endogenous lipids and metabolic enzymes between tumor tissues and their non-tumor counterparts were evaluated. Examination of specific lipid metabolism profiles may provide targets and markers for HCC treatment and early diagnosis.

## Materials and methods

Human tissue samples. Samples from cancer tissues and their adjacent normal counterparts were obtained from 67 patients who had undergone surgical resection for HCC at the Fifth Hospital of Xiamen (Xiamen, China) between January 2015 and December 2016. The mean age of the patients was 52.6±11.3 years (range, 18-76 years). In total, 83.6% of the patients were male, consistent with a prior report that HCC is more prevalent in men compared with women (14). The patients were diagnosed with HCC via pathological examination (data not shown). All patients were informed of the aims of this study, and they provided written informed consent for the investigation in accordance with the Ethics Committee in the Fifth Hospital of Xiamen, following the clinical registration guidelines in China. This study was approved by the Ethics Committee of the Fifth Hospital of Xiamen. Tumor-node-metastasis (TNM) stage was determined according to the World Health Organization TNM staging 7th edition and the pathological analysis results. The samples were sectioned and some were stored at -80°C for western blot and high-performance liquid chromatography (HPLC)-mass spectrometry (MS) analysis, whereas others were flash-frozen in liquid nitrogen for PCR analysis.

Reverse transcription-quantitative PCR (RT-qPCR) analysis. Total RNA was extracted from tissue samples using TRIzol reagent (Thermo Fisher Scientific, Inc.), and RNA concentration was measured with a spectrophotometer (Beckman Coulter, Inc.). Total RNA (1  $\mu$ g) was reverse-transcribed to cDNA with the ReverTra Ace® qPCR RT kit (Toyobo Life Science), according to the manufacturer's protocols, and amplified with Ex Taq DNA polymerase, according to the manufacturer's protocols. qPCR was carried out on an Applied Biosystems 7500 Fast Real-Time PCR System (Thermo Fisher Scientific, Inc.) with SYBR Premix Ex Taq II (Takara Bio Inc., Otsu, Japan). The thermocycling conditions were as follows: Denaturation at 95°C for 5 sec, annealing/extension at 60°C for 31 sec (40 cycles). The quantitative values of mRNA were analyzed using the  $2^{-\Delta\Delta Cq}$  method (15) and normalized relative to the levels of 18S. Each sample was set up in triplicate and the experiments were repeated three times.

The primers were as follows: *N*-acylphosphatidylethanolamine-hydrolysingphospholipase D (NAPE-PLD), forward primer (F): 5'-TGGCTGGGACACGCG-3', reverse primer (R): 5'-GGGATCCGTGAGGAGGATG-3'; fatty acid amide hydrolase (FAAH), F: 5'-GCCTCAAGGAATGCTTCAGC-3', R: 5'-TGCCCTCATTCA GGCTCAAG-3'; monoacylglycerol lipase (MAGL), F: 5'-CATGTGGATTCCATGCAGAAAG-3', R: 5'-AGGATTGGCAAGAACCAGAGG-3'; diacylglycerol lipase (DGL)-a, F: 5'-AGAATGTCACCCTCGGAATGG-3', R: 5'-GTGGCTCTCAGCTTGACAAAGG-3'; CB<sub>1</sub>, F: 5'-AGC CTCTGGATAACAGCATGG-3', R: 5'-AATCTTGACCGT GCTCTTGATG-3'; CB2, F: 5'-CTCAGTGACCAGGTCAAG AAGG-3', R: 5'-TTTTGCCTCTGACCCAAGG-3'; ceramide synthases (Cer)S1, F: 5'-TTTGGCTCCCGCACAATGT-3', R: 5'-AAAAGCGAGATAGAGGTCCTCA-3'; CerS2, F: 5'-GCT CTTCCTCATCGTTCGATAC-3', R: 5'-GTGTAGCCACGT ACAGCTCA-3'; CerS3, F: 5'-CACCCAGCTGTCAAAGAG AAGG-3', R: 5'-AGGACGATATCCGAAAGGTGG-3'; CerS4, F: 5'-CCGGATCCCGTCCAGTTTCAACGAG-3', R: 5'-GG GAATTCGGCTATGTGGCTGTTGTG-3'; CerS5, F: 5'-GCTGCTCTTCGAGCGATTTAT-3', R: 5'-CCTCCGATG GCGAAACCAG-3'; CerS6, F: 5'-TTTGGCTCCCGCACA ATGT-3', R: 5'-AAAAGCGAGATAGAGGTCCTCA-3'; 18S, F: 5'-CAGCCACCCGAGATTGAGCA-3', R: 5'-TAGTAG CGACGGGCGGTGTG-3'.

Western blot analysis. Tumors and adjacent normal tissues were homogenized and sonicated (50/60Hz) in ice-cold RIPA buffer (Beyotime Biotechnology, Jiangsu, China) for 10 times, 5 sec each time. The suspension was centrifuged for 15 min at 4°C and 15,294 x g. The total protein content was determined using a bicinchoninic acid protein assay kit (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocols, with bovine serum albumin (BSA; Solarbio Science & Technology Co. Ltd., Beijing, China) as the standard. Proteins (20  $\mu$ g) were mixed with sample buffer, boiled, and then separated by 15% SDS-PAGE. After transference to polyvinylidene difluoride membranes (GE Healthcare Life Sciences), the membrane was blocked in 5% milk in Tris-buffered saline with 1% Tween-20 at room temperature for 1 h, and incubated at 4°C overnight with primary antibodies against CB<sub>1</sub> (Abcam; 1:1,000; cat. no. ab23703), CB<sub>2</sub> (Abcam; 1:1,000; cat. no., ab3561), SCD1 (Abcam; 1:500; cat. no. ab19862) and  $\beta$ -actin (Sigma-Aldrich, Merck KGaA; 1:500; cat. no. A5316). The membranes were subsequently incubated with an HRP-conjugated anti-rabbit IgG antibody (Sigma-Aldrich, Merck KGaA; 1:10,000; cat. no. SAB5600127) for 1 h at room temperature. Protein bands were visualized using an Enhanced Chemiluminescence Plus kit (GE Healthcare Life Sciences). Quantitative analysis was performed using the ImageJ software (version 2.1.4.7; National Institute of Health) with  $\beta$ -actin as the endogenous control.

Endogenous lipid extraction and analysis. In total, 50  $\mu$ g frozen tissue samples were homogenized in 2 ml methanol/H<sub>2</sub>O mixture (50:50, v/v) containing C17:1 FAE, and C17:0 ceramide as internal standards. Endogenous lipids were extracted with 3 ml chloroform, and then centrifuged for 10 min at 4°C and 3,000 x g. The organic phase was collected and dried under nitrogen by a nitrogen evaporator (Beijing TongTaiLian Technology Co., Ltd.). Lipids were re-dissolved in 1 ml chloroform and transferred to small Silica Gel G columns. Endogenous FAEs and ceramides were eluted with methanol/chloroform (10:90, v/v), dried under nitrogen, reconstituted in 100  $\mu$ l methanol and detected using the 3200 Q Trap HPLC-MS system (Applied Biosystems; Thermo Fisher Scientific, Inc.) coupling with the 1100-HPLC system (Agilent Technologies).

The parameters of isolation and elution condition, ion monitor model and the molecular ion were all previously described in detail (16). The detailed information is as follows. The gradient elution of the mobile phase was as follows: 85% methanol (containing 15% H<sub>2</sub>O; pH 7.5) was kept for the first 3 min, followed by a linear gradient from 85 to 100% methanol for 2 min, and then 100% methanol was continued for another 15 min. Finally, the elution condition went back to 85% methanol for 2 min at a flow rate of 0.7 ml/min. Column temperature was kept at 40°C. Ion detection was monitored by APCI+-MRM mode. The molecular ions were monitored at m/z 348.00/62.00 for AEA, m/z 379.10/287.10 for 2-AG, m/z 313.1/62.0 for C17:1 FAE, m/z 464.4/264.2 for C12:0 ceramide, m/z, 520.4/264.2 for C16:0 ceramide, m/z, 534.3/264.2 for C17:0 ceramide, m/z 548.4/264.2 for C18:0 ceramide, m/z 576.4/264.2 for C20:0 ceramide, m/z 604.5/264.2 for C22:0 ceramide, m/z632.4/264.2 for C24:0 ceramide, and *m/z* 630.4/264.2 for C24:1 ceramide.

*Enzymatic assays.* Tissue samples were cut into 200  $\mu$ m thick sections and were homogenized in ice-cold Tris-HCl buffer (50 mM, pH 7.4) containing 0.32 M sucrose to obtain total proteins. To measure FAAH and MAGL activity, tissue proteins were incubated at 37°C for 30 min in 50 mM Tris-HCl buffer (pH 8.0, containing 0.05% fatty acid-free BSA), and 100  $\mu$ g sample protein was incubated with 50 µM AEA or 2-oleoylglycerol as substrates. The reaction was stopped by adding  $200 \,\mu$ l chloroform/methanol (1:1, v/v), containing C17:0 heptadecanoic acid as an internal standard. The reaction solution was centrifuged at 1,500 x g at 4°C for 5 min and the organic layers were subsequently collected and dried under nitrogen. The residues were re-dissolved in 100  $\mu$ l methanol, and analyzed by 3200 Q Trap HPLC-MS system (Applied Biosystems; Thermo Fisher Scientific, Inc.) coupled with the 1100-HPLC system (Agilent Technologies, Inc.) in the negative-ion mode using 17:0 heptadecanoic acid as internal standard. A Hypersil Gold C18 column (dimensions, 250 x 4.6 mm; particle size,  $5 \mu$ m; Thermo Fisher Scientific, Inc.) was used for analytical separation and the column temperature was kept at 40°C. Fatty acids were eluted using a linear gradient from 90% phase A (methanol containing 0.25% acetic acid and 5 mM ammonium acetate) to 100% phase B (water containing 0.25% acetic acid and 5 mM ammonium acetate) in 2.5 min at a flow rate of 1.0 ml/min. Capillary voltage was set at -4 kV and the fragmentor voltage was 120V. Nitrogen was used as drying gas at a flow rate of 13 liters/min and a temperature of 350°C. Nebulizer pressure is set at 60 psi. [M-H] ion was monitored in the selected-ion monitoring (SIM) mode (m/z=303 for arachidonic acid, m/z=281 for oleic acid, and m/z=269 for 17:0 heptadecanoic acid).

Statistical analysis. Data are expressed as the means  $\pm$  standard error of the mean. Experiments were performed in triplicate. Student's t-test was performed using GraphPad Prism (version 5.01; GraphPad Software, Inc.), and P<0.05 was considered to indicate a statistically significant difference.

## Results

Characteristics of 67 patients with HCC. Tumor tissues and adjacent non-tumor tissues were collected from patients

Table I. Clinical pathological parameters of 67 patients with hepatocellular carcinoma.

Parameter	Value, n (%)
Sex	
Male	51 (76.1)
Female	16 (23.9)
HBsAg	
Positive	62 (92.5)
Negative	5 (7.5)
AFP (ng/ml) before surgery	
>25	42 (62.7)
≤25	25 (37.3)
Tumor stage (TNM) (36)	
I or II	47 (70.1)
III	20 (29.9)
Grade	
High	17 (25.4)
Middle	13 (19.4)
Low	37 (55.2)
Tumor diameter (cm)	
>5	22 (32.8)
≤5	45 (67.2)

with HCC who underwent surgical resection between 2015 and 2016. The detailed clinical parameters of the 67 patients are listed in Table I. The mean age of the patients was 52.6±11.3 years (range, 18-76 years). In total, 83.6% of the patients were male, consistent with prior reports that HCC is more prevalent in males compared to females. It was reported that estrogen might repress HCC growth via inhibiting alternative activation of tumor-associated macrophages (17). Of the 67 samples collected, 65 were HBV infections, with a ratio of 92.5%. It was consistent with the fact that >80% of patients with HCC were HBV carriers in Fujian Province. As there was an insufficient number of HCC samples without HBV infection in the current study, the effect of HBV on the expression of these endogenous lipids and its role in promoting HCC was not investigated. Approximately 10% of the patients were recorded to have varying degrees of liver damage, and 23 patients had cancerous thrombi. In the cohort, ~55% was diagnosed with intermediate-grade cancer, while the percentage of high- grade was 25.4% and that of low-grade cases was 19.4% according to the Standardization of diagnosis and treatment for hepatocellular carcinoma (2017 edition, Bureau of Medical Administration, National Health and Family Planning Commission of the PRC) (18).

According to the current data, 38 patients (56%) have a recorded pathological status of cirrhosis, and 14 patients of them had Child-Pugh score. A total of 9 patients were recorded as HBV-related decompensated liver cirrhosis, 7 of them had a higher Child-Pugh score ( $10.29\pm0.68$ ), while 2 of them had a lower Child-Pugh score (5 and 6, respectively). A total of 4 patients were recorded as decompensated alcoholic cirrhosis with Child-Pugh scores of 5, 9, 12, and 13, respectively. And



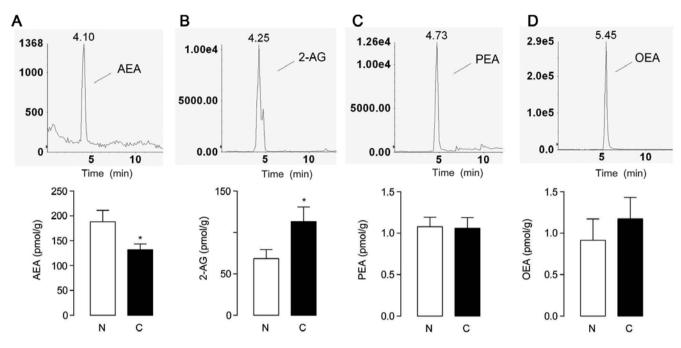


Figure 1. High-performance liquid chromatography-mass spectrometry analysis for endocannabinoids. Expression levels of (A) AEA, (B) 2-AG, (C) PEA, and (D) OEA in non-tumor tissue control and hepatocellular carcinoma tissues. \*P<0.05; n=67. AEA, anandamide; 2-AG, 2-arachidonylglycerol; PEA, palmitoyle-thanolamide; OEA, oleoylethanolamide; N, non-tumor tissue control; C, hepatocellular carcinoma tissues.

only one patient was recorded as cardiogenic cirrhosis with a Child-Pugh score of 5.

The present study also included 7 patients who were HCV RNA positive and 6 patients were HCV RNA negative. There are no relevant records for the other patients. Some patients showed dyslipidemia, 5 of them were diagnosed with fatty liver and hypertriglyceridemia, 3 patients were diagnosed with hypercholesterolemia, and only 1 patient was suspected as nonalcoholic steatohepatitis.

Expression of endocannabinoids in human HCC samples. The endogenous lipids in 67 tumor and matched non-cancerous tissue pairs were detected and quantified by HPLC-MS. Compared with the non-tumor counterparts, AEA levels were significantly decreased in tumor tissues (P=0.0329; 188.3±22.94 pmol/g in non-tumor tissues, and 131.7±12.04 pmol/g in HCC, Fig. 1A), while the level of 2-AG, another important endocannabinoid, was significantly increased in tumor tissues (P=0.0278; 68.55±10.64 nmol/g in non-cancerous controls, and 113.3±17.48 nmol/g in HCC, Fig. 1B). As congeners of AEA, palmitoylethanolamide (PEA) and oleoylethanolamide (OEA) belong to the superfamily of N-acylethnolamines (NAEs), however PEA and OEA interact with the PPAR- $\alpha$  receptor instead of cannabinoid receptors (19). The expression of PEA and OEA did not differ significantly between the two groups (Fig. 1C and D).

Changes in endocannabinoid metabolism in human HCC samples. The most notable endocannabinoid changes in the present study were the decrease of AEA and increase of 2-AG. AEA is generated by NAPE-PLD and metabolized by FAAH (20). The checkpoint in 2-AG synthesis is considered to be DGL- $\alpha$  (21). Furthermore, MAGL is mainly involved in 2-AG degradation (21). To further investigate the molecular

mechanisms underlying the aforementioned changes, the expression and activity profiles of these enzymes were examined in tissue samples.

There was no significant difference in the mRNA expression of NAPE-PLD between tumors and non-cancerous controls (Fig. 2A). The mRNA levels and activity of FAAH increased in HCC samples relative to their non-tumor counterparts (P=0.041; Fig. 2B and C), which suggested increased degradation of AEA in tumor tissues. A 5-fold higher level of DGL- $\alpha$  mRNA was detected in the tumor group (1.05±0.09 in non-tumor tissues and 5.27±0.81 in HCC; P<0.0001; Fig. 2D). The expression of DGL- $\alpha$  exhibited a greater increase compared with MAGL (Fig. 2E and F), indicating that 2-AG synthesis was markedly faster than its degradation. Whether the elevated expression of 2-AG and DGL- $\alpha$  may be used as markers for early HCC diagnosis warrants further investigation.

Expression of cannabinoid receptors in human HCC samples. It has been reported that cannabinoid receptors 1 and 2 mediate functional responses to the AEA and 2-AG. As the levels of these two endocannabinoids changed significantly in tumor tissues, the present study investigated whether there were corresponding changes in the receptors. The mRNA expression of CB<sub>1</sub> and CB<sub>2</sub> was examined by quantitative PCR in both tumor and non-tumor samples. There was no significant difference between the two groups for CB<sub>1</sub> mRNA levels (Fig. 3A), while CB<sub>2</sub> expression was increased in tumor tissues (Fig. 3C). The protein levels of the two receptors were further investigated via western blot analysis. ImageJ software was used to calculate the optical density of the blots, using  $\beta$ -actin as the control. The results revealed that CB<sub>1</sub> protein levels in tumor tissues were decreased significantly (1.45±0.054 in non-cancerous tissues and 0.74±0.086 in tumor tissues; P=0.0022; Fig. 3B), and those of CB<sub>2</sub> were significantly increased (1.37±0.088 in non-tumor

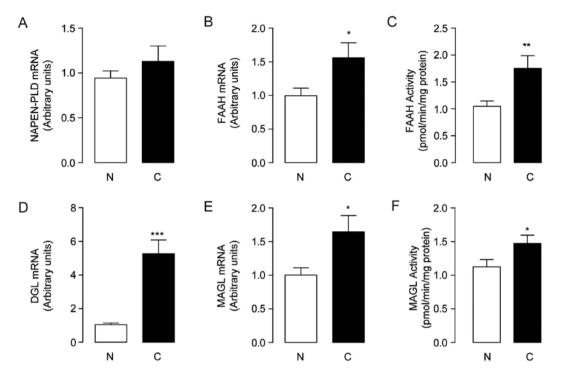


Figure 2. Alteration of endocannabinoids metabolic enzymes in human hepatocellular carcinoma. The mRNA expression levels (A, B, D, E) and the enzyme activities (C and F) of (A) NAPE-PLD, (B and C) FAAH, (D) DGL and (E and F) MAGL in non-tumor tissue control and hepatocellular carcinoma tissues.  $^{P}$ <0.05,  $^{*P}$ <0.01 and  $^{**P}$ <0.001; n=67. N, non-tumor tissue control; C, hepatocellular carcinoma tissues; NAPE-PLD, *N*-acylphosphatidylethanolamine-hydrolysingphospholipase D; FAAH, fatty acid amide hydrolase; MAGL, monoacylglycerol lipase; DGL, diacylglycerol lipase.

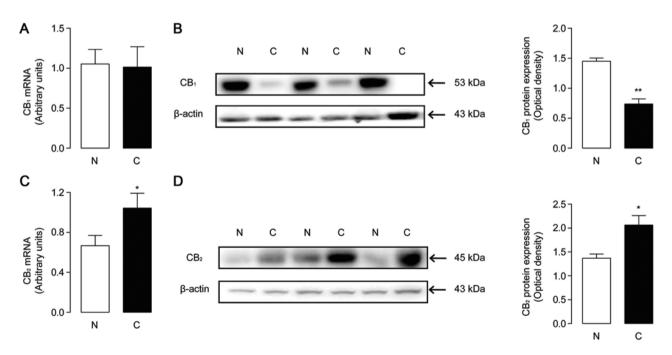


Figure 3. Expression levels of cannabinoid receptors 1 and 2 in human hepatocellular carcinoma. The mRNA expression levels (A and C) and the protein levels (B and D) of (A and B) CB<sub>1</sub> receptor and (C and D) CB<sub>2</sub> receptor in non-tumor tissue control and hepatocellular carcinoma tissues. \*P<0.05 and \*\*P<0.01; n=67. N, non-tumor tissue control; C, hepatocellular carcinoma tissues; CB, cannabinoid receptor.

tissues and  $2.06\pm0.2$  in tumor tissues; P=0.0336, Fig. 3D). The trends in receptor protein expression were consistent with the changes in endogenous ligands.

*Expression of endogenous ceramides in human HCC samples.* Ceramides are a family of bioactive sphingolipids

with tumor-suppressive properties (22). In the present study, HPLC-MS detection revealed that endogenous C12:0, C16:0, C18:1 and C24:1-ceramides were markedly increased in HCC tissues, whereas the levels of C18:0, C20:0 and C24:0-ceramides were significantly decreased in these samples, each compared with their adjacent normal counterparts (Fig. 4). The

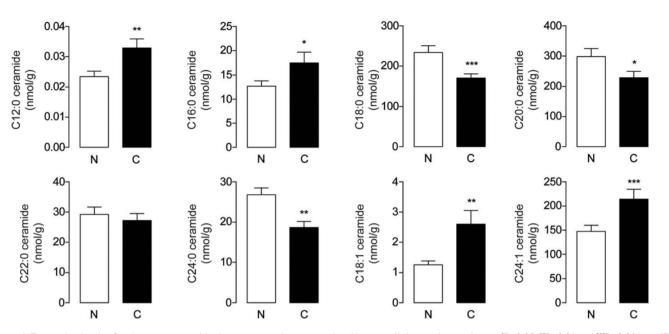


Figure 4. Expression levels of endogenous ceramides in non-tumor tissue control and hepatocellular carcinoma tissues. P<0.05, P<0.01 and P<0.001; n=67. N, non-tumor tissue control; C, hepatocellular carcinoma tissues.

differences in C22:0-ceramide levels between tumor and non-tumor tissues were not significant. It was documented that C18:0-ceramide exerted anti-proliferative effects on head and neck squamous cell carcinomas (HNSCCs), while the roles of C18:0, C20:0 and C24:0-ceramides in the pathogenesis and progression of HCC require further investigation.

Changes in endogenous ceramide metabolism in human HCC samples. To examine the mechanisms underlying the changes observed with ceramides, the mRNA levels of CerS1-6 were examined in 67 pairs of HCC tumor and adjacent non-tumor tissues (Fig. 5A-F). The results revealed that the mRNA levels of CerS6 increased significantly in ~70% of the patients, which were associated with increased tumor levels of C16:0-ceramide. Furthermore, the decreased mRNA levels of CerS1 were in accordance with reduced C18:0-ceramide levels, which was highly relevant to the lower levels of C18:0-ceramide observed in HCC tissues. Decreases in C20:0 and C24:0-ceramides in tumor tissues may be attributed to the downregulated expression of CerS4, a synthase responsible for the synthesis of C18:0-24:0 ceramides (22). Notably, the levels of mono-unsaturated C18:1 and C24:1 ceramides were increased in tumor samples, consistently with the elevated levels of dihydroceramide desaturase 1 and 2 (DEGS-1/2) (Fig. 5G and H). However, the main role of DEGS and mono-unsaturated ceramides involved in HCC formation and progression warrants further investigation.

SCD1 is a transmembrane protein that converts SFAs to  $\Delta$ -9 MUFAs to supply phospholipids for membrane biogenesis during cancer cell proliferation (23). The SCD1 mRNA and protein levels were significantly upregulated in HCC tissues compared with their non-tumor counterparts (Fig. 51). High expression of SCD1 may be associated with the suppression of C18:0, 20:0 and 24:0-ceramide *de novo* synthesis, while the crosstalk between the SCD1 pathway and the ceramide

metabolism network has, to the best of our knowledge, yet to be investigated.

## Discussion

It has been reported that endocannabinoids are generally upregulated in tumor tissues, including gliomas, colon and breast cancer, compared with non-cancerous tissues. AEA is the first discovered endogenous ligand for cannabinoid receptor 1. Administration of AEA or inhibitors of FAAH, the main degradative enzyme of AEA, has been shown to suppress the growth of different types of tumor xenografts via CB receptor activation (24). Targeting endocannabinoid systems may be a reasonable strategy for anticancer therapy. In previous studies, endocannabinoids and the associated receptors were detected in tissues and serum of patients with HCC by lipid analysis, qPCR, and immunohistochemistry. However, a disadvantage of the aforementioned is that there is no systematic detection of the endocannabinoid system, as they cannot explain the reason for these major endocannabinoids levels changes. The novelty of this research is that a systematic detection including endocannabinoids, ceramides, the associated synthetic and metabolic hydrolases and the associated receptors is carried out. The changes of endogenous lipids have been explained primarily to provide potential targets and research directions for the diagnosis and treatment of HCC.

To date, to the best of our knowledge, little is known on the physiological and pathological roles of AEA in HCC. In a serum metabolic profiling analysis study of HCC, Zhou *et al* (25) found that serum AEA was significantly elevated in HCC groups compared with healthy controls. In the present study, endogenous AEA levels were decreased in liver cancer tissues, contrary to a previous report (25). The downregulation of AEA in HCC tissues reported herein was consistent with this study's findings that the expression and activity of FAAH increased significantly in HCC. In the

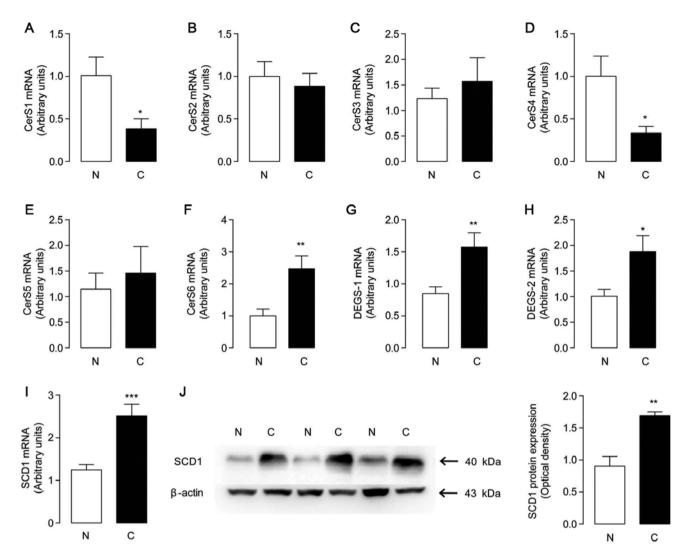


Figure 5. The mRNA expression levels of (A-F) CerS1-6, (G and H) DEGS1-2, (I) SCD1 and protein level of (J) SCD1 in non-tumor tissue control and hepatocellular carcinoma tissues. \*P<0.05, \*\*P<0.01 and \*\*\*P<0.001, n=67. CER, ceramide synthases; N, non-tumor tissue control; C, hepatocellular carcinoma tissues; DEGS-1/2, dihydroceramide desaturase 1 and 2; SCD1, stearoyl-CoA desaturase.

study conducted by Xu et al (26), serum was used instead of liver tissues, recapitulating the systematic AEA metabolic profiles of patients with HCC. This study only revealed the metabolic characteristics of AEA in the local environment of the liver. Therefore, this study suggests that a decrease in AEA levels in tumor tissues shows that AEA may play an important role in suppressing HCC cell proliferation. AEA is an endogenous agonist of the CB1 receptor, and the activation of CB<sub>1</sub> is beneficial for tumor cell apoptosis and autophagy. After treatment with cannabinoids, the expression levels of Akt in breast cancer cells decreased and the PI3K/Akt/mTOR pathway was inhibited, which significantly suppressed tumor cell migration. Elevated serum AEA levels may reflect antitumor auto-protection of the body; however, the precise role of endogenous AEA in the occurrence and progression of cancer remains unclear.

 $CB_1$  receptors are preferentially expressed in the central nervous system. In the present study, a notable decrease of  $CB_1$  receptor expression in HCC tissues was observed by western blot analysis. However, it has been reported that high expression of the  $CB_1$  receptor was observed in 45% of

the cases of HCC by immunohistochemical analysis (26). These conflicting results may be attributed to the selection of different differentiation samples. The data demonstrated that high CB<sub>1</sub> expression was associated with high differentiation of HCC (26), however poorly differentiated HCCs generally exhibited low CB<sub>1</sub> expression. In the present study, 74.6% of HCC samples were poorly to intermediately differentiated, with lower CB<sub>1</sub> levels, in accordance with the aforementioned data, and CB<sub>1</sub> receptor expression in HCC was suggested to be associated with improved prognosis (26).

It was recently reported that the  $CB_1$  receptor was upregulated in diethynitrosamine-induced HCC mouse models (27). Peripheral blockade or genetic ablation of the  $CB_1$  receptor suppressed its high expression in the endocannabinoid system and the growth of HCC. However, these conclusions were drawn from observations made with an animal model; therefore, they cannot fully represent the true conditions of the human body. Accordingly, further research is required to validate that the pharmacological activation of  $CB_1$  by enhancing AEA levels is effective for the treatment of HCC. The most distinct change to the endocannabinoid system in the present study was the increase in 2-AG. The activity and expression of MAGL, the enzyme responsible for 2-AG hydrolysis, was increased in HCC compared with non-cancerous controls, which was not consistent with the increase of 2-AG. However, the expression of DGL- $\alpha$ , the 2-AG-biosynthesizing enzyme, increased in HCC tissues, suggesting faster biosynthesis of 2-AGcompared with its degradation. The upregulation of MAGL may be a result of the negative feedback induced by the excessive production of DGL- $\alpha$  and 2-AG.

It has been reported that  $CB_2$  receptors are more prevalent in peripheral tissues associated with immune function. Hepatic  $CB_2$  protein levels are elevated in a number of liver pathologies, including fatty liver, hepatic fibrogenesis (28) and acute liver injury (29). In 2006, by immunohistochemical analysis, Xu *et al* (26) showed high expression of CB<sub>1</sub> and CB<sub>2</sub> receptors in 45 and 52% cases of HCC, respectively, which is consistent with this study's findings. Overexpression of CB<sub>2</sub> may have potential as prognostic indicators for patients with HCC.

Studies have shown that the major endocannabinoid 2-AG and the associated receptor  $CB_2$  have a key role in the pathogenesis of chronic liver injury. Activation of  $CB_2$  receptor is known to inhibit tumor vascularization (30), while, in another research, elevated  $CB_2$  level was reported to facilitate the tumor invasion through the suppression of the anti-tumor immune system (31). The detailed role of the  $CB_2$  receptor in HCC development and progression remains unknown. To the best of our knowledge, there are currently no reports on  $CB_2$  function in the treatment of HCC.

The present study provided new evidence confirming the excessive expression of 2-AG and its associated receptor  $CB_2$  in individuals with HCC, which may lead to the identification of novel diagnostic and therapeutic targets against HCC. However, there was no significant difference for 2-AG and  $CB_2$  expression between stage I-II and III, or between Grade high, middle, and low of HCC. Therefore, further studies should delineate whether administration of  $CB_2$ agonist/antagonist may pave the way for anti-HCC treatment.

The expression levels of major endocannabinoids, AEA and 2-AG, are modulated mainly through synthetic and metabolic enzymes. However, changes in endocannabinoids levels cannot be accurately explained only through the above enzymes. The aforementioned suggests that by inhibiting highly expressed metabolic enzymes, local endocannabinoid levels can be increased, which seems likely to have some effects on tumor cells through activating CB receptors. It was reported that the inhibitors of FAAH and MGL, the metabolic enzymes of AEA and 2-AG, showed anti-tumor effects in some types of malignancies (21), including colorectal cancer (9), non-small lung cancer (32)and prostate cancer (33). However, the precise role of endocannabinoids system in the occurrence and progression of HCC is still unclear. In the present research, of the 67 patients with HCC, only 5 patients who were HBV negative were included. The proportion of patients with hepatitis B positive reached 92.5%. Future studies including a sufficient sample of patients with HCC and hepatitis B negative should be conducted to provide the metabolic profiling data for HBV infection.

Cannabinoid receptor activation was shown to induce apoptosis via *de novo* ceramide synthesis in several types of cancer cells, including glioma (5) and colon cancer cells (34). Ceramides are a class of pro-apoptotic sphingolipids with important roles in the control of cancer cell fate. It has been reported that the levels of specific ceramides, such as C18:0 and C20:0, may be important in the inhibition of cell growth in human HNSCC (35). In the present study, notable decreases in C18:0, 20:0 and 24:0-ceramides were found in HCC tissues compared with non-tumor counterparts, which was in accordance with previously reported data (35). In accordance with these findings in the present study, the levels of C12:0, C16:0, C18:1 and C24:1-ceramides were increased in HCC tumors compared with adjacent normal tissues. The specific role of the changes in endogenous ceramide expression in HCC has not been fully elucidated, and further studies are required to determine the possible association between altered ceramide levels and HCC progression. Increasing ceramide levels is a potential strategy for the treatment of HCC, and the inhibition of SCD1 in HCC may be a viable option (10).

#### Acknowledgements

The authors would like to thank Dr Xuan Zhu (School of Pharmaceutical Sciences, Xiamen University) for their help in revising the manuscript.

## Funding

The present study was supported by the National Natural Science Foundation of China (no. 81603145), the Fujian Health-Education Research Grant (no. WKJ2016-2-03), Fujian Provincial Natural Science Foundation (nos. 2015J01416 and 2017J01146), and the Xiamen Science and Technology Program Grant (no. 3502Z20154069).

### Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

### Authors' contributions

JY and FQ conceived and designed experiments. JY and LL carried out the experiments. RZ analyzed data, prepared figures, and finished the complementary experiments. JY, FQ and RZ wrote the manuscript. YT, JY and FQ provided the clinical samples. All the authors have read and approved the final version of this manuscript.

## Ethics approval and consent to participate

The present study was approved by The Ethics Committee of the Fifth Hospital of Xiamen (Fuzhou, China) following the clinical registration guidelines in China. All patients provided written informed consent for the investigation.

#### Patient consent for publication

All patients consented to the publication of this research.

## **Competing interests**

The authors declare that they have no competing interests.

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