# MicroRNA-106b serves as a prognostic biomarker and is associated with cell proliferation, migration, and invasion in osteosarcoma

KE XU, WENHUA XIONG, SHOUJUN ZHAO and BIN WANG

Orthopedics Centre, Ningbo No. 2 Hospital, Ningbo, Zhejiang 315010, P.R. China

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Abstract. MicroRNAs (miRNAs) have been demonstrated to be involved in tumor progression of various human malignancies. The purpose of this study was to investigate the expression patterns and prognostic value of microRNA-106b (miR-106b) in osteosarcoma (OS) and to examine its functional role in OS progression. Reverse transcription-quantitative PCR (RT-qPCR) was used to estimate the expression of miR-106b in OS tissues and cells. The prognostic value of miR-106b in OS was evaluated by plotting Kaplan-Meier survival curves and performing Cox analyses. Cell experiments were carried out to examine the effects of miR-106b on OS cell proliferation, migration, and invasion. The expression of miR-106b was elevated in both OS tissues and cells compared with the expression in normal control tissues and cells (P<0.001). miR-106b expression was associated with metastasis (P=0.028) and Tumor-Node-Metastasis stage (P=0.017). Patients with high miR-106b expression levels had a poorer overall survival rate compared with those with low miR-106b expression levels (log-rank P=0.001). Multivariate Cox analyses indicated that miR-106b expression was an independent prognostic factor for patients with OS (hazard ratio=2.769; 95% confidence interval=1.369-5.599; P=0.005). The results of cell experiments implied that the upregulation of miR-106b could promote OS cell proliferation, migration and invasion, whereas the downregulation of miR-106b could suppress these functions (P<0.05). Taken together, this study's results indicated that the overexpression of miR-106b is associated with a poor prognosis for patients with OS and that overexpression promotes OS cell proliferation, migration, and invasion. This study may provide a novel prognostic biomarker and a candidate therapeutic target for OS treatment.

E-mail: duan90lianxun@163.com

# Introduction

Osteosarcoma (OS) is a type of bone cancer that can spread easily to other tissues or organs in the body (1). OS is considered the most frequent primary malignant bone tumor among children, adolescents and young adults and is responsible for approximately 5% of cancer-associated mortality worldwide (2). OS is an aggressive type of cancer and accounts for approximately 50% of bone sarcomas with metastasis (3). Statistical data have indicated that OS is more prevalent in males compared with females, and has an increasing incidence rate of 3.8 per 1,000,000 in males and 2.8 per 1,000,000 in females around the world (4). Although there is considerable progress in the improvement of therapeutic strategies for OS, such as surgical resection, chemotherapy, and radiotherapy, the outcomes and prognosis of patients with cancer remain poor (5). The 5-year survival rate for patients suffering from OS is <53.9% (6). Therefore, studies on novel functional molecules, which have pivotal roles during tumor progression, are important for OS treatment, as they may uncover potential therapeutic targets to improve cancer prognosis in patients with OS.

Accumulated evidence suggested that various genes are involved in tumor initiation and development and that genetic alterations are critical events during tumor progression in various types of human cancer, including colorectal carcinoma and gastric cancer (7,8). MicroRNAs (miRNAs), a class of small and noncoding RNAs, have a crucial gene regulation function that acts by binding to the 3'-untranslated regions (3'UTRs) of target genes (9). In addition, miRNAs have been reported to be involved in biological processes in both normal and tumor cells, such as cell proliferation, differentiation, invasion, migration, cell cycle and cell apoptosis (10-13). Emerging studies have shown that aberrant miRNA expression has been observed in tumor samples and that this expression exerts a functional role in the progression of various types of cancer, including retinoblastoma, gastric cancer and non-small cell lung cancer (14-16). Therefore, this study considered that the identification of functional miRNAs could provide novel prognostic biomarkers and effective therapeutic targets for the treatment of OS. MicroRNA-106b (miR-106b) is a member of the miR-106b-25 cluster, which has been found to be highly expressed in OS, according to Arabi et al (17). However, to the best of our knowledge, the clinical significance and functional role of miR-106b in OS have rarely been reported in previous studies.

*Correspondence to:* Professor Bin Wang, Orthopedics Centre, Ningbo No. 2 Hospital, 41 Xibei Street, Ningbo, Zhejiang 315010, P.R. China

*Key words:* microRNA-106b, prognosis, proliferation, migration, invasion, osteosarcoma

The aim of the present study was to assess the expression patterns of miR-106b in OS tissues and cells, as well as its prognostic value for patients with OS. In addition, the effects of miR-106 on OS cell proliferation, migration, and invasion were also analyzed to further investigate its functional role during OS progression. The results of this study may provide novel insight on the prognosis and target therapy of OS regarding the role of miR-106b.

# Materials and methods

Patients and tissues collection. The experimental protocols of this study were approved by the Ethics Committee of Ningbo No.2 Hospital (Ningbo, China). All patients provided written informed consent prior to surgery. A total of 134 patients, who were pathologically diagnosed with OS and received surgical resection at Ningbo No. 2 Hospital (Zhejiang, China) between January 2008 and July 2012, were recruited for this study. The patients with OS included 95 males and 39 females with a mean age of 19.95±13.17 years (range, 4-48 years). The patients met the following inclusion criteria: (1) None of the patients had received any anti-tumor therapy before the surgery; (2) the tumor tissues were pathologically diagnosed as OS by two experienced pathologists and (3) patients had a complete record in terms of demography and clinicopathological data. OS tissues and adjacent normal tissues were collected from the patients during the resection surgery and were immediately frozen in liquid nitrogen for subsequent RNA extraction. The tumors were classified into TNM stage I-II (n=61) and TNM stage III-IV (n=73) based on the guidelines of the American Joint Committee on Cancer (18). All patients had complete electronic medical records, and their demographic data and clinicopathological characteristics are summarized in Table I. A 5-year follow-up survey was conducted for the patients after the surgery, and the survival information was recorded for the survival analysis.

Cell culture and transfection. Four OS cell lines, including MG63, U2OS, HOS, and SaOS2, and one osteoblastic cell line, hFOB1.19, were purchased from the Cell Bank of the Chinese Academy of Sciences. All the cells were cultured in RPMI-1640 medium (HyClone; GE Healthcare Life Sciences), supplemented with 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.) at 37°C with 5% CO<sub>2</sub>. The expression of miR-106b was regulated in MG63 and HOS cells by cell transfection using Lipofectamine 2000 (Invitrogen; Thermo Fisher Scientific, Inc.), since these cell lines exhibited higher expression levels of miR-106b. The vectors (50 nM) used in the transfection were as follows: miR-106b mimic, mimic negative control (NC), miR-106b inhibitor and inhibitor NC. All vectors were synthesized by Shanghai GenePharma Co., Ltd. with the sequences as follows: miR-106b mimic 5'-UAAAGUGCUGACAGUGCAGAU-3', miR-106b inhibitor 5'-AUCUGCACUGUCAGCACUUUA-3', mimic NC: 5'-UUC UCCGAACGUGUCACGUTT-3', inhibitor NC: 5'-CAGUAC UUUUGUGUAGUACAA-3'. After 48 h of cell transfection, the cells were used for subsequent cell experiments.

RNA extraction and reverse transcription-quantitative PCR (RT-qPCR). The total RNA, including the miRNAs, was

extracted from the collected tissues and all cell lines used in the present study with TRIzol reagent (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer's protocols. The concentration and quality of the RNA were evaluated using a NanoDrop 2000 (Thermo Fisher Scientific, Inc.). Reverse transcription was performed to synthesize cDNA using a PrimeScript RT Reagent kit (Takara Bio, Inc.), according to the manufacturer's protocols. The reaction condition was as follow: 42°C for 30 min, 85°C for 5 sec, storage at 4°C.

To estimate the expression levels of miR-106b, RT-qPCR was carried out using a 7300 Real-Time PCR System (Applied Biosystems; Thermo Fisher Scientific, Inc.) with the SYBR green I Master Mix kit (Invitrogen; Thermo Fisher Scientific, Inc.), according to the manufacturer's protocols. *U6* was selected as an internal control in the reactions. The thermocycling conditions included initial denaturation at 95°C for 10 min, denaturation at 95°C for 30 sec, 56°C for 30 sec, 72°C for 15 sec for a total of 40 cycles. The sequences of primer were as follows: miR-106b, forward: 5'-GGGGCTAAAGTG CTGACAGT-3', reverse: 5'-GGAGCAGCAAGTACCCAC AG-3'; *U6*, forward: 5'-GCTTCGGCAGCAAGTACCCAC AGAAT-3', reverse: 5'-CGCTTCACGAATTTGCGTGTCAT-3'. The relative expression value of miR-106b was computed using the  $2^{-\Delta Cq}$  method (19) and was normalized to *U6*.

*Cell proliferation analysis.* To analyze the effect of miR-106b on cell proliferation of MG63 and HOS cells, an MTT assay was performed. The stably transfected OS cells were seeded into 96-well plates, and the cell density was adjusted to  $4x 10^5$  cells/well. The cell culture plates were stored at  $37^{\circ}$ C with 5% CO<sub>2</sub> for 72 h. During the incubation, the 10  $\mu$ l MTT (5 mg/ml) was added to the wells every 24 h, and the samples were cultured for another 4 h. After removing of media, the cells were treated with 150  $\mu$ l DMSO for 10 min. The absorbance was measured at a wavelength of 490 nm by a microplate reader (Thermo Fisher Scientific, Inc.) to evaluate the ability of OS cell proliferation.

Cell migration and invasion analysis. The abilities of cell migration and invasion of MG63 and HOS cells were examined by Transwell analysis using Transwell chambers with 8  $\mu$ m pore size (Corning, Inc.). The stably transfected OS cells were seeded into the upper chambers (4x10<sup>5</sup> cells/well), which were filled with serum-free RPMI-1640 medium. The medium was supplemented with 10% FBS and was added to the lower chambers. The chambers were all cultured at 37°C in a humidified incubator with 5% CO<sub>2</sub> for 48 h. After incubation, the migratory cells in the lower chambers were fixed with precooled 3.7% formaldehyde for 5 min at room temperature and stained using 0.1% crystal violet for 15 min at room temperature. The cell number was counted under a microscope (magnification, x200) in 7 randomly-selected fields of view. For the invasion analysis, the Transwell chambers used were coated with Matrigel (Corning, Inc.).

Statistical analysis. The data are expressed as the mean ± standard deviation. All the statistical analyses were performed using SPSS 18.0 software (SPSS Inc.) and GraphPad Prism 5.0 software (GraphPad Software, Inc.). The expression values of miR-106b in the clinical samples were checked by Kolmogorov-Smirnov test. The comparisons of the groups were assessed using Student's t-test and one-way analysis of variance followed by Tukey's multiple



Features	Total no. n=134	miR-106b expression		
		Low (n=64)	High (n=70)	P-value
Age (years)				0.982
≤40	92	44	48	
>40	42	20	22	
Sex				0.811
Female	39	18	21	
Male	95	46	49	
Tumor size (cm)				0.941
≤5	80	38	42	
>5	54	26	28	
Differentiation				0.151
Well/moderate	73	39	34	
Poor	61	25	36	
Metastasis				0.028ª
Negative	58	34	24	
Positive	76	30	46	
TNM stage				0.017ª
I-II	61	36	25	
III-IV	73	28	45	

# Table I. Association between miR-106b expression and clinicopathological features of patients with OS.

TNM stage was determined according to the guidelines of the American Joint Committee on Cancer (18). \*P<0.05. TNM, Tumor-Node-Metastasis; miR, microRNA; OS, osteosarcoma.

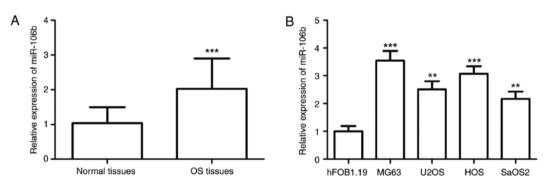


Figure 1. Expression of miR-106b in OS tissues and cell lines. (A) Expression of miR-106 was significantly increased in OS tissues compared with that in the matched normal controls. (B) Expression of miR-106b in the four OS cell lines (MG63, U2OS, HOS and SaOS2) was upregulated compared with that in the normal cell line hFOB1.19. \*\*P<0.01 and \*\*\*P<0.001 vs. hFOB1.19. miR, microRNA; OS, osteosarcoma.

comparison test. The association of miR-106b expression with clinicopathological features was analyzed using the  $\chi^2$  test. The survival analysis was carried out using the Kaplan-Meier method and the log-rank test. Cox regression analysis was used to confirm the prognostic value of miR-106b in patients with OS. P<0.05 was considered to indicate a statistically significant difference.

# Results

*Expression of miR-106b in OS tissues and cells*. The expression values of miR-106b corresponded to a Gaussian distribution, and were significantly upregulated in OS tissues compared with that in the paired normal tissues (P<0.001; Fig. 1A).

Similar results were observed in the OS cell lines, in which miR-106b expression was higher in the four OS cell lines than the expression in the normal cells (P<0.01; Fig. 1B).

Association between miR-106b expression and the clinicopathological characteristics of patients with OS. To investigate the potential role of miR-106b in OS development, the association between miR-106b expression and the clinicopathological data of patients with OS was assessed. The mean miR-106b expression value (2.071) was used as a cut-off value to classify miR-106b into low and high expression groups. The analysis results presented in Table I revealed that the expression of miR-106b was associated with metastasis (P=0.028) and Tumor-Node-Metastasis (TNM) stage (P=0.017). However, no association between miR-106b and other clinicopathological parameters, including age, sex, tumor size, and differentiation, was found in this analysis (P>0.05).

*Prognostic value of miR-106b in patients with OS*. The focus of the present study was on the clinical significance of miR-106b in OS prognosis. First, the survival information collected from the 5-year follow-up survey was used to perform a Kaplan-Meier survival analysis, and it was indicated that patients with high miR-106b expression had shorter survival times than those with low miR-106b expression (log-rank P=0.001; Fig. 2). Second, the expression of miR-106b and other clinical parameters were included in the Cox regression analysis. The multivariate Cox analysis indicated that miR-106b expression [hazard ratio (HR)=2.769; 95% confidence interval (CI)=1.369-5.599; P=0.005)] and metastasis (HR=2.235; 95% CI=1.166-4.284; P=0.015) were two independent prognostic factors in patients with OS (Table II).

Effects of miR-106b on cell proliferation of OS cells. Given the dysregulation of miR-106b in OS samples, it was hypothesized that miR-106b may be involved in the tumor progression of OS. Therefore, the effects of miR-106b expression on OS cell biological behaviors were examined by regulating the expression of miR-106b. This was done using an miR-106 mimic and an miR-106 inhibitor. The OS cell lines MG63 and HOS were used for the cell experiments, as they had a higher expression of miR-106b. According to the RT-qPCR results, the expression of miR-106b was elevated in the cells transfected with the miR-106b mimic (P<0.001), and was decreased in the cells transfected with the miR-106b inhibitor (P<0.001; Fig. 3A and B). The results of the MTT assay demonstrated that cell proliferation was promoted by the overexpression of miR-106b, however it was inhibited by miR-106b reduction in both MG63 and HOS cells (P<0.05; Fig. 3C and D).

*Effects of miR-106b on cell migration and invasion of OS cells.* The abilities of cell migration and invasion in the transfected OS cells were also analyzed using Transwell analysis. As shown in Fig. 4A, this study found that the upregulation of miR-106b could enhance cell migration, whereas the downregulation of miR-106b could suppress cell migration in MG63 and HOS cells (P<0.01). In addition, OS cell invasion was also promoted by the overexpression of miR-106b, but was inhibited by the knockdown of miR-106b (P<0.01; Fig. 4B).

#### Discussion

Emerging evidence has shown that miRNAs play pivotal roles in the initiation and development of various types of human cancer, and therefore, are applied in targeted therapy for these malignant diseases (20,21). In addition, the clinical significance of miRNAs has also attracted increasing attention for their dramatic diagnostic and prognostic value in human cancers (22,23). OS, as the most frequent primary malignancy among adolescents and children, has become a serious health burden worldwide (24). Regardless of the advances in diverse therapeutic strategies, including aggressive surgical resection and adjuvant chemotherapy, the

Table II. Multivariate Cox regression analysis for miR-106b in patients with OS.

		Multivariate analys	sis
Variables	HR	95% CI	P-value
miR-106b	2.769	1.369-5.599	0.005 <sup>b</sup>
Age	1.070	0.564-2.030	0.835
Sex	1.080	0.575-2.030	0.810
Tumor size	1.304	0.727-2.341	0.373
Differentiation	1.062	0.590-1.913	0.840
Metastasis	2.235	1.166-4.284	0.015ª
TNM stage	1.261	0.692-2.299	0.448

TNM stage was determined according to the guidelines of the American Joint Committee on Cancer (18). <sup>a</sup>P<0.05, <sup>b</sup>P<0.01. TNM, Tumor-Node-Metastasis; miR, microRNA; OS, osteosarcoma; CI, confidence interval; HR, hazard ratio.

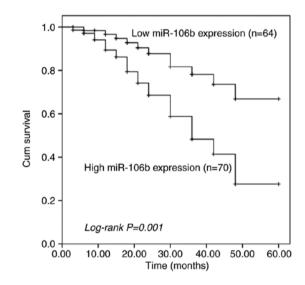


Figure 2. Kaplan-Meier survival curve based on the miR-106b expression for patients with OS. The patients with high miR-106b expression had a poorer overall survival time than those with low miR-106b expression (log-rank P=0.001). miR, microRNA; OS, osteosarcoma.

outcomes for patients diagnosed with OS remain dismal. Therefore, the identification of the functional miRNAs that are involved in OS progression, is urgently needed for the improvement of OS treatment. Currently, some members of miRNAs have been observed in OS samples with deregulated expression levels and critical roles. A study scheduled by Zhang et al (25) showed that miR-33a-5p was downregulated in OS tissues and could suppress the cell growth of OS cells. The increased expression of miR-148a detected in OS tissues was shown to be involved in OS growth in vitro and in vivo (26). Mao et al (27) demonstrated that OS cell migration and invasion could be suppressed by miR-195, indicating that miR-195 served as a potential therapeutic target for OS treatment. In addition, the clinical value of miRNAs has also been assessed in the previous studies for patients with OS. Li et al (28) have indicated that the



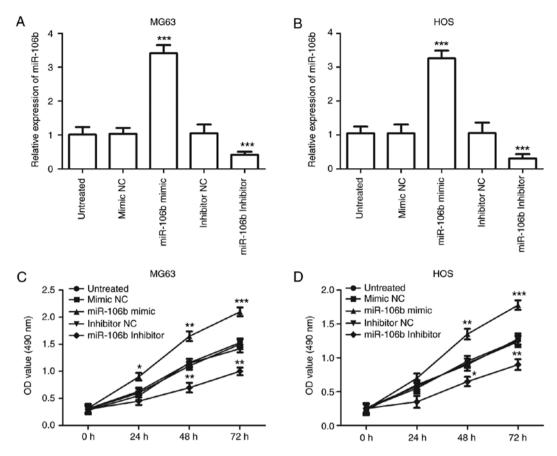


Figure 3. Effects of miR-106b expression on cell proliferation in OS cells. Expression of miR-106b was upregulated by transfection with an miR-106b inhibitor in both (A) MG63 and (B) HOS cells. OS cell proliferation was measured by MTT assay, and was promoted by the overexpression of miR-106b, however was suppressed by the knockdown of miR-106b in both (C) MG63 and (D) HOS cells. \*P<0.05, \*\*P<0.01, \*\*\*P<0.001 vs. untreated. miR, microRNA; OS, osteosarcoma; OD, optical density.

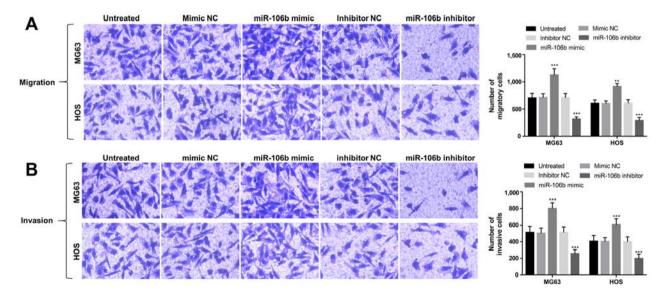


Figure 4. Effects of miR-106b expression on cell migration and invasion in MG63 and HOS cells. (A) Cell migration was enhanced by miR-106b upregulation, however was inhibited with miR-106b downregulation. Magnification, x200. (B) The overexpression of miR-106b may promote cell invasion, whereas the reduction of miR-106b may suppress cell invasion in the two OS cell lines. Magnification, x200; \*\*P<0.01, \*\*\*P<0.001 vs. untreated. miR, microRNA; OS, osteosarcoma.

increased serum miR-17 was associated with the poor overall survival of patients with OS and could play as an efficient prognostic biomarker of OS. In the present study, the aberrant expression of miR-106b was indicated in both OS tissues and cells. Therefore, it was hypothesized that miR-106 may be involved in OS progression with an important role.

miR-106 is a member of the miR-106b-25 cluster, which has been described to play oncogenic roles in some types of

cancer, such as hepatocellular carcinoma (29) and myeloid leukemia (30). The dysregulation of miR-106b has been observed in some cancers, and its expression variation trends are diverse in different types of tumor. For example, the decreased expression of miR-106b was detected in breast cancer, and the miR-106b reduction could enhance breast cancer cell migration and invasion (31). Furthermore, the increased miR-106b expression was found in hepatocellular carcinoma tissues compared with that in normal controls and may be involved in tumor progression of this malignant disease (32). Xu et al (33) reported that the expression of miR-106b was significantly increased in tumor tissues collected from paediatric patients with OS, and was associated with cell proliferation, migration and invasion of OS cell line U2OS. In this study, the expression of miR-106b in a larger research cohort with 134 patients with OS was measured by RT-qPCR, and was found to be upregulated compared with the adjacent normal tissues. Similarly, the increased expression of miR-106b was also observed in four OS cell lines compared to that in the normal cells. Therefore, this study considered that miR-106b may be an oncogenic miRNA in OS. In addition, the overexpression of miR-106b was associated with positive metastasis and the advanced TNM stage of patients with OS, indicating that miR-106b was involved in the tumor development of OS.

Given the deregulated expression of miR-106b in OS, the clinical significance of miR-106b in OS prognosis was further analyzed. According to the Kaplan-Meier survival analysis, the patients with OS with high miR-106b expression had a shorter survival time compared with those with low miR-106b expression, suggesting that the overexpression of miR-106b was associated with poor overall survival time of patients with OS. Furthermore, the results of multivariate Cox analysis implied that miR-106b was an independent prognostic factor in patients with OS. Therefore, this study suggests that the overexpression of miR-106b served as a novel and non-invasive prognostic biomarker of OS.

To further explore the functional role of miR-106b in OS progression, the effects of miR-106b expression on cell proliferation, migration and invasion were examined in OS cells. The results of the MTT assay revealed that OS cell proliferation was promoted by the overexpression of miR-106b, however was suppressed by miR-106b-knockdown. According to Transwell analysis, it was found that the upregulation of miR-106b could enhance OS cell migration and invasion, whereas the downregulation of miR-106b could inhibit these functions. All the data above indicated that the dysregulation of miR-106b may serve as a therapeutic target for the treatment of OS. miR-106b has been demonstrated to promote the cell proliferation, migration, and invasion of medulloblastoma cells by directly targeting PTEN (34). Tumor cell proliferation, migration, and invasion were also found to be enhanced by the overexpression of miR-106b in esophageal squamous cell carcinoma, as these tumor-promoting effects were exerted via the downregulation of Smad7 (35). Although this data also indicated that miR-106b may promote tumor progression in OS, the molecular mechanisms underlying the role of miR-106b in OS remain elusive and need to be examined in further studies.

In conclusion, the data in this study revealed that the upregulated expression of miR-106b serves as a candidate prognostic biomarker in patients with OS, and this overexpression of miR-106b promotes OS cell proliferation, migration, and invasion, suggesting that miR-106b may be a potential therapeutic target in OS treatment. This study provides a novel prognostic biomarker for patients with OS, and the strategies to downregulate miR-106b may be effective therapeutic methods in OS treatment.

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# Availability of data and materials

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

# **Authors' contributions**

KX and BW were responsible for the overall design of the study, clinical research, clinical data analyses and manuscript writing. WX and SZ performed the cell experiments and analyzed the associated data.

#### Ethics approval and consent to participate

This study was approved by the Ethics Committee of Ningbo No. 2 Hospital (Ningbo, China). Written informed consent was obtained from each patient.

# Patient consent for publication

Patients provided written informed consent for the publication of any associated data.

## **Competing interests**

The authors declare that they have no competing interests.

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