# Albendazole exerts antiproliferative effects on prostate cancer cells by inducing reactive oxygen species generation

UKJIN KIM[1], CHANGSOO SHIN[2], C-YOON KIM[3],
BOKYEONG RYU[1], JIN KIM[1], JUNPIL BANG[1] and JAE-HAK PARK[1]

[1]Department of Laboratory Animal Medicine, Research Institute for Veterinary Science,
BK21 PLUS Program for Creative Veterinary Science Research, College of Veterinary Medicine;
[2]Department of Energy Resources Engineering, Seoul National University, Seoul 08826; [3]Department of
Stem Cell Biology, School of Medicine, Konkuk University, Seoul 05029, Republic of Korea

**Abstract.** Benzimidazole derivatives are used for their anti-helmintic properties, but have also been reported to exert anticancer effects. In the present study, the anticancer effects of albendazole on prostate cancer cells were assessed using proliferation, clonogenic and migration assays. To investigate the anticancer mechanisms of albendazole, reactive oxygen species (ROS) levels were measured, and the expression of genes associated with oxidative stress and Wnt/β-catenin signaling was confirmed by reverse transcription-quantitative PCR and western blotting. Albendazole selectively inhibited the proliferation of the PC3, DU145, LNCaP and AT2 prostate cancer cell lines at concentrations that did not affect the proliferation of a normal prostate cell line (RWPE-1). Albendazole also inhibited the colony formation and migration of PC3 and DU145 cells, as well as inducing ROS production. Diphenyleneiodonium chloride, an inhibitor of NADPH oxidase (NOX), one of the sources of ROS, decreased basal ROS levels in the PC3 and DU145 cells, but did not reduce albendazole-associated ROS production, suggesting that ROS production following albendazole treatment was NOX-independent. The anticancer effect was decreased when albendazole-induced ROS was reduced by treatment with antioxidants (glutathione and N-acetylcysteine). Furthermore, albendazole decreased the mRNA expression of CDGSH iron sulfur domain 2, which regulates antioxidant activity against ROS, as well as the antioxidant enzymes catalase, and

glutathione peroxidase 1 and 3. Albendazole also decreased the mRNA expression of catenin β1 and transcription factor 4, which regulate Wnt/β-catenin signaling and its associated targets, Twist family BHLH transcription factor 1 and BCL2. The albendazole-related decrease in the expression levels of oxidative stress-related genes and Wnt/β-catenin signaling proteins was thought to be associated with ROS production. These results suggest that the antihelmintic drug, albendazole, has inhibitory effects against prostate cancer cells *in vitro*. Therefore, albendazole may potentially be used as a novel anticancer agent for prostate cancer.

## Introduction

The prostate gland is the major accessory organ of the male reproductive system. Prostate cancer is the most frequently diagnosed non-skin cancer in men in developed countries, and is one of the leading causes of cancer-related death (1). In 2020, 191,930 men in the United States were expected to be diagnosed with prostate cancer, with an estimated 33,330 deaths from the disease (2). Prostate cancer is a clinically heterogeneous disease with a variable prognosis (3), and as such, early diagnosis, accurate prognostic prediction and successful management are challenging and controversial (4). The incidence of prostate cancer is age-related and several signaling systems, including the generation of reactive oxygen species (ROS), are known to play an important role in the development and progression of prostate cancer (5).

ROS consist of superoxide anion ($O2^-$) and hydroxyl radicals (OH), as well as non-radical molecules such as hydrogen peroxide ($H_2O_2$) (6). ROS are primarily produced by mitochondrial respiratory chain enzymes, including NADPH oxidase (NOX), xanthine oxidase and nitric oxide synthase, as well as arachidonic acid oxidation and metabolic enzymes such as cytochrome P450s, lipoxygenase and cyclooxygenase (7). Low or moderate levels of ROS act as signaling molecules for cellular proliferation, differentiation and stress-responsive survival pathways (8). However, high ROS levels can induce cell cycle arrest, apoptosis and necrosis (9).

Benzimidazole derivatives (BZMs) are used as anthelmintic drugs, but BZMs such as albendazole, flubendazole and

mebendazole have also been repurposed for their anticancer effects (10-12). Albendazole is a broad-spectrum anti-parasitic drug (13) with low toxicity, which inhibits glycolytic metabolism in the parasite, resulting in death (14,15). Albendazole has also been reported to inhibit cancer cell glycolysis (16), induce cell cycle arrest (17), and downregulate vascular endothelial growth factor receptor and hypoxia inducible factor 1A expression (18,19). A recent study demonstrated that albendazole induces leukemia cell apoptosis by increasing ROS production in a non-mitotic manner (20). Albendazole has also been reported to inhibit the development of hepatocellular carcinoma (21), as well as that of colorectal (22), ovarian (23), lung (16), breast (24), gastric (25) and head and neck (26) cancer. Although albendazole inhibits the development of prostate cancer when used in combination with other anticancer agents, the mechanism of these anticancer effects have not been evaluated in detail (27).

In the present study, the anticancer effects of albendazole on prostate cancer cells were investigated, and the results confirmed that ROS play an important role in promoting its anticancer effects. Oxidative stress-related and Wnt signaling genes are downregulated in the presence of ROS. Therefore, albendazole may be used as a novel antitumor agent for prostate cancer.

**Materials and methods**

*Cell lines and reagents.* The PC-3 and DU145 human prostate cancer cell lines were acquired from the American Type Culture Collection, and AT-2 rat prostate cancer cells was obtained from the Korean Cell Line Bank. The non-tumorigenic human prostate epithelial cell line (RWPE-1) was acquired from Dr Won-Woo Lee and the human prostate cancer cell line (LNCaP) was acquired from Dr So Yeong Lee (both of the College of Veterinary Medicine, Seoul National University, Seoul, South Korea). PC-3, DU145, LNCaP and AT-2 cells were cultured in RPMI-1640 medium (Welgene, Inc.) supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin (both Gibco; Thermo Fisher Scientific, Inc.). RWPE-1 cells were cultured in keratinocyte serum-free medium supplemented with 50 mg/l bovine pituitary extract and 5 $\mu$g/l epidermal growth factor (Gibco; Thermo Fisher Scientific, Inc.). All cell lines were maintained at 37°C (95% air, 5% $CO_2$). Albendazole (cat. no. A1943; Tokyo Chemical Industry Co., Ltd.) and diphenyleneiodonium chloride (DPI; Sigma-Aldrich; Merck KGaA) were dissolved in dimethyl sulfoxide (DMSO) to a concentration of 10 mM each. The final DMSO concentration in the culture media was 0.1%, and the same final concentration of DMSO was used for the control. Glutathione (GSH; Sigma-Aldrich; Merck KGaA) and N-acetylcysteine (NAC; Sigma-Aldrich; Merck KGaA) were dissolved in distilled water to a concentration of 100 and 75 mM, respectively, with the same distilled water as their respective controls.

*Cellular viability assay.* Cellular proliferative capacity was analyzed using MTT (Sigma-Aldrich; Merck KGaA) based on the ability of living cells to convert tetrazolium salts to formazan. Briefly, cells were seeded into 96-well culture plates at a density of $1.6x10^4$ per well in 200 $\mu$l media. After culturing for 24 h at 37°C, the media were replaced with FBS-free media for 24 h. The cells were then treated with 0.1, 0.5, 2.5, 5 and 10 $\mu$M albendazole or the vehicle control (DMSO), and then cultured for a further 24 h. The treatment concentration of albendazole was determined by referring to previous reports (12,20). The media were then replaced with fresh media containing 100 $\mu$l MTT (diluted to 0.5 mg/ml in FBS-free medium from a 5 mg/ml stock solution) and incubated at 37°C for 3 h. The supernatant was removed and 100 $\mu$l DMSO was added to each well to dissolve the formazan crystals. The absorbance was read at 470 nm using a microplate reader (BioTek Instruments, Inc.), and all treatments were performed in triplicate.

*Clonogenic assay.* To determine the longer-term effects of albendazole, a clonogenic assay was performed using PC-3 and DU145 cells in the logarithmic growth phase. Briefly, ~1,000 cells obtained from a sub-confluent cell culture flask were seeded into 6-well culture plates in 2 ml media per well. After 24 h, 0.1 and 0.5 $\mu$M albendazole, or the vehicle (DMSO), were added to the culture medium. The cells were allowed to form colonies for 7 days at 37°C, and were rinsed with fresh medium every 3 days. When discrete and well-defined colonies had formed, the plates were washed with phosphate-buffered saline (PBS), fixed with 100% methanol for 10 min at room temperature and stained with hematoxylin for 30 min at room temperature. The colonies with >50 cells were counted using an inverted microscope (IX70; Olympus Corporation). Plating efficiency (PE) is the ratio of the number of colonies to the number of cells seeded. The number of colonies that arise after treatment, expressed in terms of PE, is the surviving fraction. However, PC3 cells exhibited a more scattered pattern, which made it hard to determine the colony number. Therefore, their colony area was measured instead using the 'colony area' plugin feature of ImageJ software (28). The relative colony area was calculated by multiplying the colony area by the colony intensity.

*Wound-healing assay.* Cell motility was analyzed using an *in vitro* wound-healing assay. PC-3 and DU145 cells were seeded into a 6-well plate and cultured in RPMI-1640 medium (supplemented with 10% FBS and 1% penicillin/streptomycin) at 37°C (95% air and 5% $CO_2$) until ≥90% confluent. Prior to the assay, a preliminary experiment was conducted to determine the lowest FBS concentration required for survival and migration in the control group, and 10% FBS was deemed necessary for survival (29). A wound was then created in the prostate cell monolayers using a sterile pipette tip. Wound closure was monitored using an inverted microscope (IX70; Olympus Corporation) following 24-h exposure to albendazole at concentrations of 0.1 and 0.5 $\mu$M, or the vehicle (DMSO). All treatments were performed in triplicate, and the wound areas were measured using ImageJ software version 1.51k (National Institutes of Health).

*ROS measurement.* The generation of intracellular ROS was determined using 2',7'-dichlorofluorescin diacetate (DCFH-DA; Sigma-Aldrich; Merck KGaA), which is converted to fluorescent 2',7'-dichlorofluorescin (DCF) in the presence of peroxides. After exposure to different concentrations of albendazole, 200 $\mu$M GSH, 300 $\mu$M NAC and 10 $\mu$M DPI
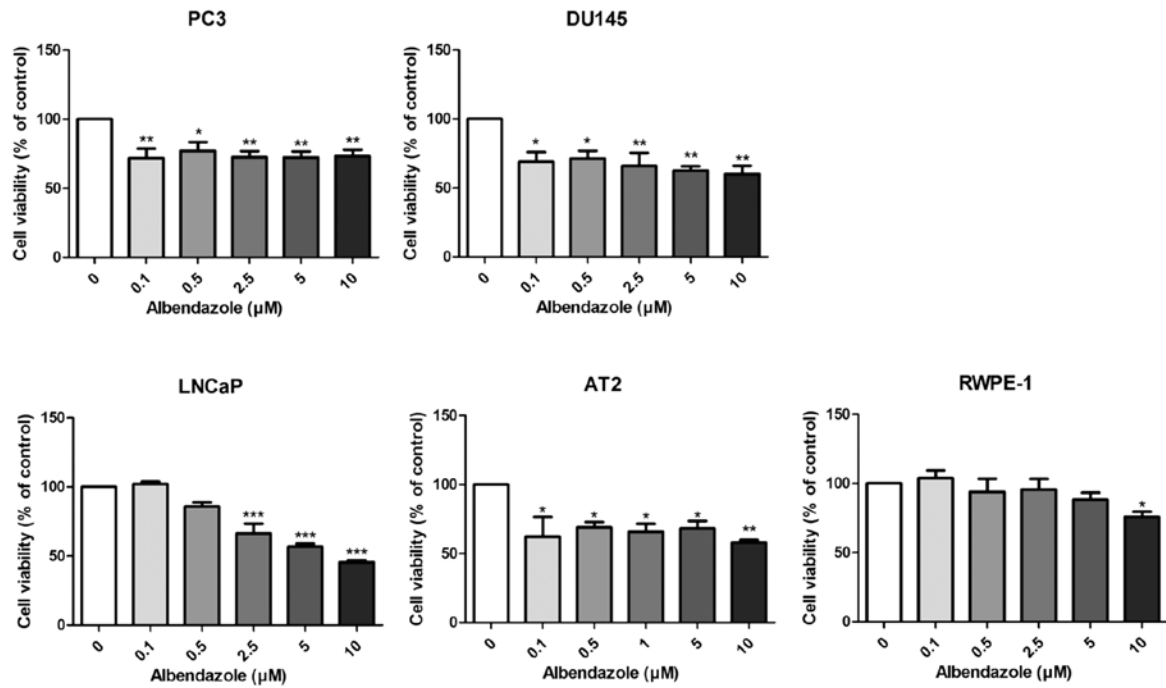
Figure 1. Effect of albendazole treatment on cellular viability. Decreased viability of PC3, DU145, LNCaP, AT2 and RWPE-1 cells following albendazole treatment was confirmed by MTT assay (n=6). In PC3 and DU145 prostate cancer cells, >0.1 µM albendazole decreased viability, while in LNCaP and AT2 cells, >0.5 µM albendazole significantly decreased viability. Decreased viability of RWPE-1, a normal prostate cell line, was observed only at 10 µM albendazole. *$P<0.0$, **$P<0.01$ and ***$P<0.001$ vs. 0 µM albendazole. Results are presented as the mean ± SEM.



Figure 2. Effects of albendazole treatment on colony formation capacity. To determine the longer-term effects of albendazole treatment, PC3 and DU145 cells were allowed to form colonies for 7 days. PC3 cells showed a scattered growth pattern, making it difficult to count the colonies. Therefore, the colony area was determined. For DU145 cells, colonies with ≥50 or more cells were counted. PE is the ratio of the number of colonies to the number of cells seeded. The number of colonies that form after drug treatment, expressed in terms of PE, is termed the surviving fraction (n=4). 0.1 and 0.5 µM albendazole decreased the colony formation capacity of PC3 and DU145 cells in a concentration-dependent manner. *$P<0.05$ and ***$P<0.001$ vs. control. Results are presented as the mean ± SEM. PE, plating efficiency; ABZ, albendazole.

simultaneously for 24 h, PC-3 and DU145 cells were treated with 10 µM DCFH-DA for 1 h at 37˚C, and then washed with PBS. To confirm the association between ROS production by albendazole and NOX, the cells were treated with 10 µM DPI, an inhibitor of NOX, in accordance with a previous report (20). The cells were detached using trypsin-EDTA (Gibco; Thermo
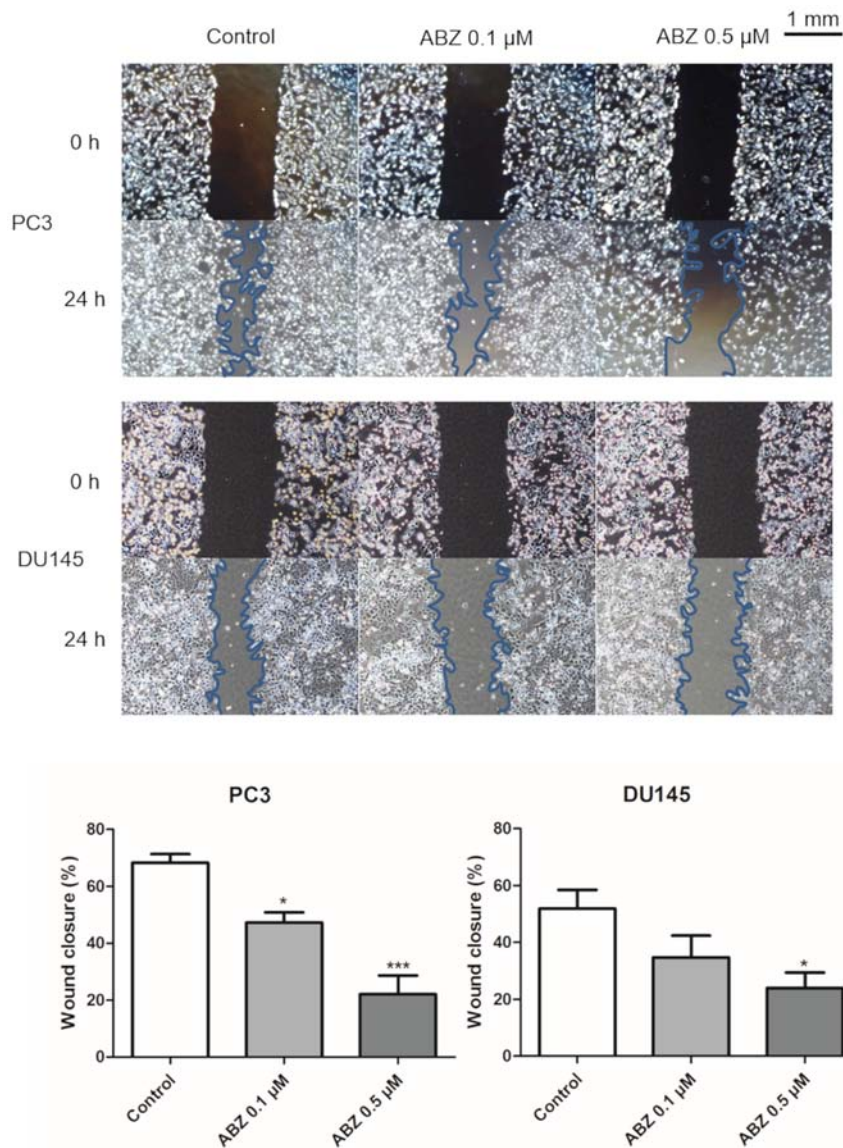
Figure 3. Effects of albendazole treatment on PC3 and DU145 cell migration. Albendazole treatment decreased the migration abilities of PC3 and DU145 cells in a concentration-dependent manner. Magnification, x40 (n=4). *P<0.05 and ***P<0.001 vs. control. Results are presented as the mean ± SEM. ABZ, albendazole.

Fisher Scientific, Inc.) and intracellular ROS was detected using a fluorescence spectrometer (Victor 3; PerkinElmer, Inc.) at 485 nm exposure and 535 nm emission.

*Reverse transcription-quantitative (RT-q)PCR*. Total RNA was extracted from the cells using a Hybrid-R RNA extraction kit (GeneAll Biotechnology Co., Ltd.), and cDNA was subsequently synthesized using the M-MLV cDNA Synthesis kit (Enzynomics Co., Ltd.) according to the suppliers' instructions. qPCR was performed with the TOPreal™ qPCR 2X PreMIX (Enzynomics Co., Ltd.) using a CFX Connect Real-Time PCR Detection system (Bio-Rad Laboratories, Inc.). qPCR was performed with initial denaturation at 95℃ for 10 min, followed by 35 cycles of denaturation at 95℃ for 10 sec, annealing at 56-66℃ (depending on the primers) for 15 sec and elongation at 72℃ for 30 sec. The following human gene primers were used for qPCR: Catalase (*CAT*) forward, 5'-ACAGCAAACCGCACGCTATG-3' and reverse, 5'-CAG TGGTCAGGACATCAGCTTTC-3'; glutathione peroxidase 1 (*GPX1*) forward, 5'-CGCTTCCAGACCATTGACATC-3' and reverse, 5'-CGAGGTGGTATTTTCTGTAAGATCA-3'; *GPX3* forward, 5'-ACATGCCTACAGGTATGCGT-3' and reverse, 5'-GAGCAGAACAATTGGACCTA-3'; CDGSH iron sulfur domain 2 (*CISD2*) forward, TTGGCTACCTTGCAGTTC GT-3' and reverse, 5'-ATGTGAACCATCGCAGGCA-3'; hypoxia-inducible factor 1α (*HIF1A*) forward, 5'-GCC AGACGATCATGCAGCTA-3' and reverse, 5'-ATCCAT TGATTGCCCCAGCA-3'; catenin β1 (*CTNNB1*) forward, 5'-ATGACTCGAGCTCAGAGGGT-3' and reverse, 5'-ATT GCACGTGTGGCAAGTTC-3'; twist family BHLH transcription factor 1 (*TWIST1*) forward, 5'-CTCGGACAAGCTGAG CAAGA-3' and reverse, 5'-GCTCTGGAGGACCTGGTA GA-3'; transcription factor 4 (*TCF4*) forward, 5'-CCTGGC ACCGTAGGACAAAT-3' and reverse, 5'-TGGGACCATATG GGGAGGG-3'; *BCL2* forward, 5'-CTTTGAGTTCGGTGG GGTCA-3' and reverse, 5'-GGGCCGTACAGTTCCACA
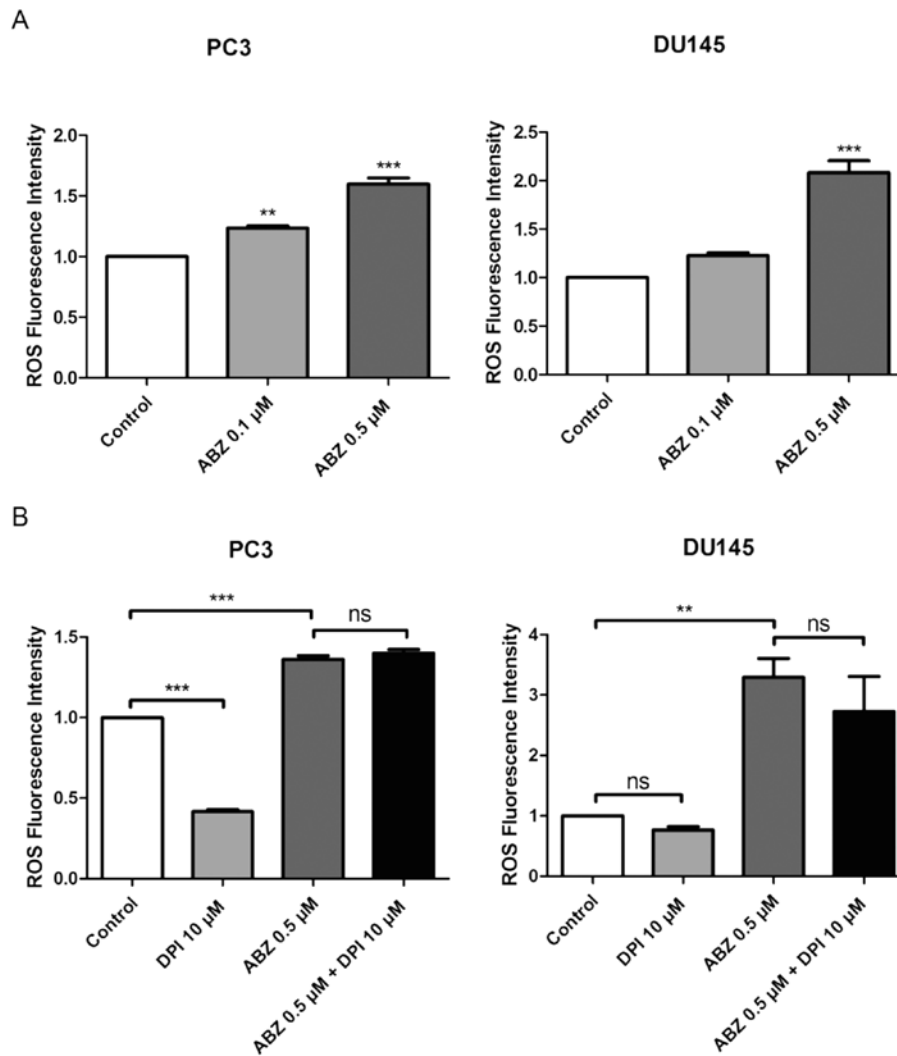
A



B



Figure 4. Albendazole treatment increases ROS production in PC3 and DU145 cells. (A) After treating PC3 and DU145 cells with albendazole and incubating with DCFH-DA, ROS levels were measured using a fluorescence spectrometer (n=4). 0.1 and 0.5 $\mu$M albendazole increased ROS production in PC3 and DU145 cells in a concentration-dependent manner. (B) To determine whether NOX influences ROS production, cells were treated with a combination of DPI, a NOX inhibitor, and albendazole. ROS production was assessed by adding DCFH-DA and measuring fluorescence (n=4). DPI alone decreased the basal ROS levels of PC3 and DU145 cells. However, co-treatment with albendazole did not decrease albendazole-induced ROS production. $^{**}$P<0.01 and $^{***}$P<0.001 vs. control, or as indicated. Results are presented as the mean ± SEM. ROS, reactive oxygen species; NOX, NADPH oxidase; DPI, diphenyleneiodonium chloride; ns, not significant; ABZ, albendazole.

AA-3'; and *ACTB* forward, 5'-CATGTACGTTGCTATCCA GGC-3' and reverse, 5'-CTCCTTAATGTCACGCACGAT-3'. The ratio of target gene fold-change was normalized to that of *ACTB* expression using the $2^{-\Delta\Delta Cq}$ method (30).

*Western blot analysis.* Cells were lysed using buffer containing 25 mM Tris-HCl (pH 7.4), 120 mM NaCl, 0.5% NP-40, 4 mM NaF, 100 $\mu$M Na$_3$VO$_4$ and protease inhibitor cocktail (GenDEPOT). The protein concentration in the cell lysates was determined using Bradford protein assay (Bio-Rad Laboratories, Inc.). The cell lysates (20 $\mu$g/lane) were resolved by 15% SDS-PAGE before transferring the proteins to nitrocellulose membranes. After blocking with 5% skimmed milk (BD Biosciences) and 1% sodium azide (PanReac AppliChem; ITW Reagents Division) diluted in PBS-Tween (0.1% Tween-20) for 1 h at room temperature, the membranes were incubated with anti-TCF4 (1:1,000; cat. no. 2569s; Cell Signaling Technology, Inc.), anti-BCL2 (1:1,000; cat. no. 15071t; Cell Signaling

Technology, Inc.) and anti β-actin (1:1,000; cat. no. A5441; Sigma-Aldrich; Merck KGaA) primary antibodies overnight at 4˚C. The blots were then incubated with horseradish peroxidase-conjugated IgG secondary antibodies (1:5,000; cat. nos. 31430 and 31460; Thermo Fisher Scientific, Inc.) for 1 h at room temperature, and developed using Clarity Western ECL Substrate (Bio-Rad Laboratories, Inc.). The density of each band was quantified with ImageJ software v1.51k (National Institutes of Health) and expressed as fold-change relative to that of the control treated with DMSO.

*Statistical analyses.* All data are presented as the mean ± standard error. Experiments were repeated three times. Statistical significance was determined using GraphPad Prism 5 software (GraphPad Software, Inc.). The data were analyzed by one-way ANOVA followed by Dunnett's or Tukey's post hoc test, and P<0.05 was considered to indicate a statistically significant difference.
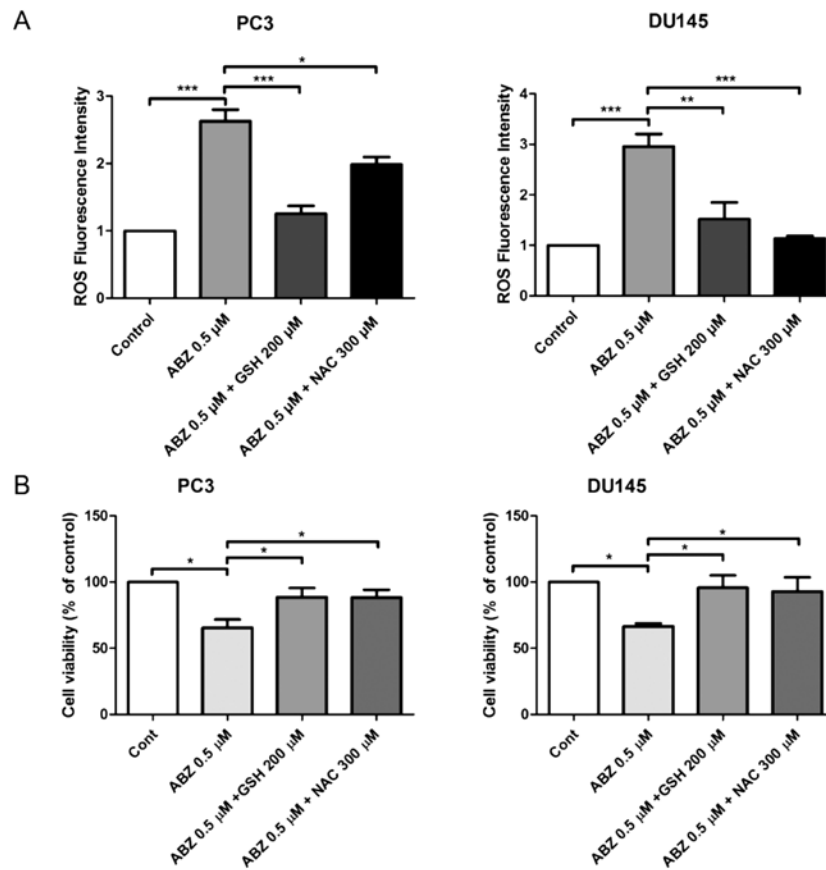
Figure 5. Antioxidants inhibit albendazole-induced ROS production. PC3 and DU145 cells were treated with a combination of albendazole and GSH or NAC. (A) Cellular ROS levels were measured using a fluorescence spectrometer after incubating with DCFH-DA (n=4). Treatment with 0.5 $\mu$M albendazole increased ROS production in PC3 and D145 cells, while combination treatment with GSH or NAC decreased ROS production. (B) Proliferative potential of PC3 and DU145 cells was assessed using an MTT assay (n=6). Treatment with 0.5 $\mu$M albendazole significantly decreased PC3 and D145 cell viability; these effects were offset by treatment with GSH and NAC. *P<0.05, **P<0.01 and ***P<0.001. Results are presented as the mean ± SEM. ROS, reactive oxygen species; GSH, glutathione; NAC, N-acetylcysteine; ABZ, albendazole; Cont, control.

## Results

*Albendazole decreases the proliferative potential and colony formation capacity of prostate cancer cells.* The effects of albendazole on the proliferative and colony formation capacities of prostate cancer cells were investigated. Albendazole reduced the proliferative potential of PC3, DU145 and LNCaP human prostate cancer cells, as well as that of the AT-2 rat prostate cancer cells (Fig. 1). Normal prostate RWPE-1 cells were treated with albendazole as a negative control, which did not affect the proliferative potential at concentrations <10 $\mu$M. As 0.1 and 0.5 $\mu$M albendazole reduced the proliferative potential of PC3 and DU145 cells, these concentrations were used for subsequent experimentation. To determine the longer-term effects of albendazole, PC3 and DU145 cells were treated with albendazole for 7 days. Albendazole inhibited the colony formation capacity of both cell lines, compared with that of the vehicle-treated control cells (Fig. 2).

*Albendazole treatment decreases the migration ability of PC3 and DU145 cells.* A wound-healing assay was performed to determine the effects of albendazole treatment on the migration of PC3 and DU145 cells. After 24 h of treatment with 0.1 and 0.5 $\mu$M albendazole, the potential for migration of both cell lines was decreased in a concentra-tion-dependent manner compared with that of the control (Fig. 3).

*Albendazole promotes ROS production in PC3 and DU145 cells.* ROS production was measured in both PC3 and DU145 cells 24 h after albendazole treatment, using the fluorescent dye, DCFH-DA. Compared with the control, albendazole increased intracellular ROS levels in a concentration-dependent manner (Fig. 4A). NOX is the primary source of ROS generation (31). Compared with the control groups, treatment with DPI, a NOX inhibitor, reduced the basal levels of ROS in PC3 and DU145 cells, but only PC3 cells were significantly impacted. However, treatment with DPI did not alter the effects of albendazole on ROS generation in either PC3 or DU145 cells (Fig. 4B). Subsequently, PC3 and DU145 cells were treated with a combination of albendazole and the antioxidants GSH and NAC, to determine whether albenda-zole-induced ROS levels were associated with its anticancer effects. Indeed, treatment with GSH and NAC decreased albendazole-induced ROS levels (Fig. 5A). Moreover, treatment with GSH and NAC inhibited the antiproliferative effects of albendazole (Fig. 5B).

*Albendazole downregulates oxidative stress-related and Wnt/$\beta$-catenin signaling genes.* Treatment with albendazole
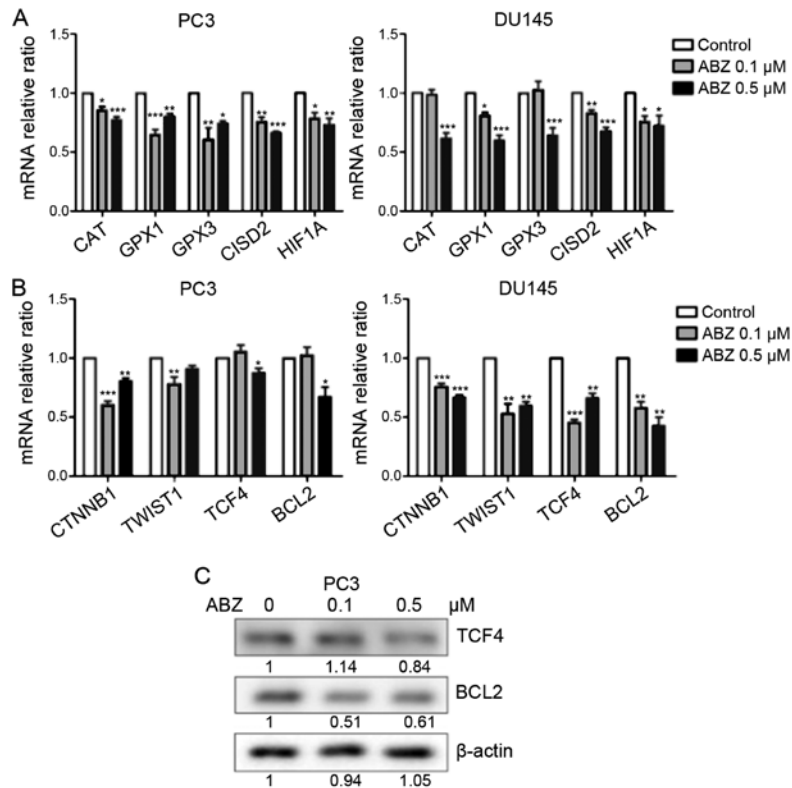
Figure 6. Effects of albendazole treatment on oxidative stress-related and Wnt/β-catenin signaling genes in PC3 and DU145 cells. Following treatment with albendazole, gene expression in PC3 and DU145 cells was analyzed by reverse transcription-quantitative PCR and western blotting. (A) mRNA expression levels of the antioxidant enzymes CAT, GPX1, GPX3, CISD and HIF1A were downregulated by albendazole treatment (n=6). (B) The mRNA expression levels of CTNNB1, TWIST1, TCF4 and BCL2 were also downregulated by albendazole treatment (n=6). (C) Albendazole decreased TCF4 and BCL2 protein expression in PC3 cells. *P<0.05, **P<0.01 and ***P<0.001 vs. control. Results are presented as the mean ± SEM. CAT, catalase; GPX, glutathione peroxidase; CISD2, CDGSH iron sulfur domain 2; HIF1A, hypoxia-inducible factor 1α; CTNNB1, catenin β1; TWIST1, Twist family BHLH transcription factor 1; TCF4, transcription factor 4; ABZ, albendazole.

increased ROS levels in PC3 and DU145 cells. *CAT, GPX1* and *GPX3* encode antioxidant enzymes that reduce oxidative stress by catalyzing $H_2O_2$ produced by superoxide dismutase into $H_2O$ (32). In addition, *CISD2* is a redox-sensitive gene that is responsible for increasing the antioxidant capacity of cancer cells against ROS (33). *HIF1A* is an important mediator of the hypoxic response, which is also involved in tumor initiation and progression (34). As indicated in Fig. 6A, the mRNA expression levels of *CAT, GPX1, GPX3, CISD2* and *HIF1A* were reduced following albendazole treatment. Furthermore, oxidative stress regulates Wnt/β-catenin signaling (35), and albendazole was shown to decrease the mRNA expression of *CTNNB* and *TCF4*, genes that regulate Wnt/β-catenin signaling (36,37) (Fig. 6B). In DU145 cells, both 0.1 and 0.5 $\mu$M albendazole decreased the mRNA expression of *CTNNB1* and *TCF4*, whereas in PC3 cells only 0.5 $\mu$M albendazole decreased the expression of *TCF4*. The mRNA expression of *CTNNB1* decreased at 0.1 and 0.5 $\mu$M albendazole in PC3 cells. The mRNA expression of *BCL2* and *TWIST1*, targets of Wnt/β-catenin signaling (38,39) were also decreased following albendazole treatment in the present study (Fig. 6B). In DU145 cells, 0.1 and 0.5 $\mu$M albendazole decreased the mRNA expression of *BCL2* and *TWIST1*, whereas in PC3 cells only 0.5 $\mu$M albendazole decreased the expression of *BCL2*, and 0.1 $\mu$M albendazole decreased the expression of *TWIST1*. Furthermore, albendazole reduced TCF4 and BCL2 protein expression in PC3 cells (Fig. 6C).

## Discussion

Due to the need for effective therapeutic options, the demand for novel anticancer drugs against prostate cancer is increasing. Drug repurposing is emerging as a new strategy to replace existing drug development paradigms, and has been used to discover new anticancer drugs by reusing existing or abandoned compounds approved by the United States Food and Drug Administration (40,41). Albendazole is a safe, well-established antiparasitic agent (13). In the current study, albendazole was demonstrated to suppress the proliferation of PC3, DU145, LNCaP and AT2 prostate cancer cells. Notably, as albendazole did not affect the proliferative potential of normal prostate RWPE-1 cells at concentrations <10 $\mu$M, the anticancer effect of albendazole appeared to be targeted towards cancer cells.

Furthermore, the anticancer effects of albendazole were also confirmed to be associated with ROS production, as previously reported (20,42). Treating prostate cancer cells with a combination of DPI and albendazole did not affect ROS levels. ROS generation by albendazole-treated prostate cancer cells was thus unrelated to the presence of NOX, a finding which is also consistent with previous reports (20). Antioxidants have been reported to inhibit ROS-induced anticancer effects (43). Thus, in the present study, cells were treated with a combination of albendazole and the antioxidants GSH and NAC. Both of these antioxidants decreased the effects of albendazole on

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