

# Issue inhibitor of metalloproteinase 2 (TIMP-2) expression in adenocarcinoma pleural effusions

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**Abstract.** Serous effusions are frequently a clinical manifestation of metastatic disease, with lung, breast and ovarian carcinoma and mesothelioma leading the list. The diagnosis of malignant effusion signifies disease progression and is associated with a worsening patient prognosis. The ability to grow in a dense exudative fluid suggests that the malignant cells are capable of acquiring nutrients, surviving and proliferating, despite the lack of a solid-phase scaffold. During proliferation, neoplastic cells release ligands and matrix metalloproteinases (MMPs) into their environment, which dissolve the extracellular matrix (ECM). Tissue inhibitors of metalloproteinase (TIMPs) are endogenous regulators of MMPs, the principal enzymes responsible for the degradation of ECM in metastasis, and reduce their proteolytic activity. TIMP-2 has demonstrated an association between high tumor tissue expression levels and poor prognosis. The purpose of this preliminary study is to investigate, by immunocytochemistry, TIMP-2 expression in non-neoplastic and metastatic adenocarcinoma pleural effusions. We selected 16 cases of reactive mesothelio, 7 of normal mesothelio, 14 of lung adenocarcinoma, 9 from the ovary, 4 from the gastrointestinal tract and 3 from the breast. In 23/30 cases (76%), we detected adenocarcinoma cells with strong TIMP-2 expression. Positive TIMP-2 expression was found in 2/7 cases (28%) of normal and 2/16 (12%) of reactive mesothelio. A statistical association was detected between TIMP-2 expression and metastatic adenocarcinoma cells compared to reactive and normal mesothelial cells ( $p < 0.00003$ ). The calculated sensitivities for TIMP-2 compared to CEA and Ber-EP4 were, respectively, 76.7, 80.0 and 93.3%, and the specificities 82.6, 95.7 and 87.0%. In conclusion, immunocytochemical detection of

TIMP-2 could be considered an interesting marker in metastatic adenocarcinoma pleural effusions, and could possibly be used as a component of an antibody panel in diagnostic cytopathology.

## Introduction

Approximately half of all patients with metastatic cancer develop malignant pleural effusions. Because the patients are already terminally ill, these effusions can present significant diagnostic and therapeutic challenges. In virtually all cases, symptoms are either present at the time of diagnosis or develop subsequently. Diagnosis is based on chest radiography followed by thoracentesis or thoracoscopy. Most malignant effusions are exudative; about one third are bloody. Cytology is positive for cancer cells in the initial pleural fluid specimens of 60% of those patients ultimately shown to have malignant effusions. The remaining 40% require repeat thoracentesis, pleural biopsy, thoracoscopy or other procedures to prove the presence of cancer through a molecular diagnostic approach. This supports the need for the development of new markers. Pleural fluid cytology is among the tools which offer the highest yield in diagnosing malignancy. The sensitivity of the test ranges from 40 to 87%, depending mainly on the cytologist's training, the extent of pleural involvement, tumor type (yield is higher in adenocarcinoma) and markers of differentiation by immunocytochemistry. When pleural effusion is diagnosed as 'reactive', it is populated by mesothelial cells, morphologically different from their quiescent counterparts, which display activation, enlargement, proliferative activity and higher nuclear-to-cytoplasm ratios. In such cases, the expression levels of tumor markers in pleural effusions may help to establish the diagnosis of pleural malignancy by supporting a differential diagnosis between reactive mesothelial and neoplastic cells.

The microenvironment of neoplastic cells can define metastatic and growth potential. As neoplastic cells grow, they release ligands and matrix metalloproteinases (MMPs) into their environment, which dissolve the extracellular matrix (ECM). In response, the ECM itself releases soluble factors that enhance tumor cell invasion. When neoplastic cells reach the effusion they find a new environment, with nutrients and secreted growth factors, which can lead to the development of greater malignancy. In normal development, the regulation of

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ECM turnover is the result of a balance between tissue inhibitors of metalloproteinases (TIMPs) and MMPs; in cancer development, this regulation is lost (1-3).

The family of TIMPs consists of four distinct members, TIMP-1, -2, -3 and -4, which form stoichiometric complexes with matrix metalloproteinases. The TIMP-1, -2, -3 and -4 family genes are localized on chromosomes Xp11-p11.4, 17q25, 22q12.1-13.2 and 3p25, respectively. The physiological activity of the TIMPs was studied by observing that TIMP-1, -3 and -4 expression is inducible and often tissue-specific, while TIMP-2 expression is constitutive and extensively expressed throughout the body (4-8). Deregulation of the MMP-TIMP balance can result in the progression of many human diseases, including cancer (9-11). In many human cancers, it has frequently been observed that TIMP up-regulation is associated with a negative prognosis in metastatic breast cancer, colorectal cancer, lymphoma and non-small cell lung carcinoma (12-15).

The purpose of this preliminary study is to investigate, by means of immunocytochemistry, a TIMP-2 protein expression inhibitor, and whether expression could be useful in the selection of non-neoplastic and neoplastic adenocarcinoma cells in pleural effusions.

## Materials and methods

**Case selection.** In this retrospective study, all serous pleural fluids were processed at our institute over a 1-year period and were retrieved from a cytopathology database. We randomly selected 16 cases of benign fluid containing reactive mesothelial cells, and 7 with normal morphological non-reactive mesothelial cells. The majority of the benign pleural effusions included in this study were selected in order to ensure that the benign mesothelial cells were abundant and well represented. We randomly selected 33 cases of malignant pleural fluid representing tumors that are commonly encountered in pleural fluid specimens. 14 cases were selected from pleural metastatic adenocarcinoma of the lung, 9 from the ovary, 4 from the gastrointestinal tract and 3 from the breast.

All specimens were received as fresh effusion, usually within 1 day following collection, with volumes of 40-1,500 ml. After being centrifuged for 5 min at 1,500 rpm, the supernatant was decanted and the sediment resuspended in 30 ml of CytoLyte Solution (Cytoc Corp., Massachusetts, USA). The specimen was then recentrifuged for 10 min at 1,500 rpm and the sediment resuspended in 20 ml of PreservCyt solution (Cytoc Corp.). A monolayer slide was made using the ThinPrep 2000 Processor (Cytoc Corp.). From each specimen, 2-4 slides were prepared. Of these, 1 or 2 were stained using the Papanicolaou method, and viewed independently to confirm the diagnosis and presence of cells suitable for evaluation. Tumor type was determined according to clinical history, supported by surgical pathology diagnosis.

**Immunocytochemical staining.** Slides previously prepared by the ThinPrep procedure were rehydrated, and endogenous peroxidase blocked with H<sub>2</sub>O<sub>2</sub> in methanol. Samples were then heated in citrate buffer (pressure cooker, pH 6.0, 5 min) and washed in PBS. Blocking reagent followed by primary antibody and then biotinylated anti-mouse secondary antibody

were added. The primary antibody used was an anti-TIMP-2 mouse monoclonal clone 3A4 (Zymed, USA).

After a further step of washing in PBS, slides were treated with avidin-biotin complex for 30 min. Staining was performed with 3,3'-diaminobenzidin. and counterstaining with HE. At least 100 cells per view were counted. Cases were considered positive if at least 10% of cells were strongly stained for the antibody. When the primary origin of cancer cells was uncertain, immunocytochemistry staining, using monoclonal anti-CEA and anti-B72.3 (Zymed), was performed. The primary antibodies were omitted and replaced with pre-immune serum in the negative control. Positive controls were adopted based on the manufacturer's instructions.

**Statistical analysis.** Statistical analysis was performed using the SPSS® and Epi Info 6 software packages (SPSS for Windows, version 11.5 ; Epi Info 6, version 6.04b). Frequency tables were analyzed using the  $\chi^2$  test. To assess the significance of the correlation between the categorical variables, Pearson correlation and/or Fisher's exact test were used.

TIMP-2 immunocytochemical staining was used as a dichotomous categorical variable (negative and positive) in the statistical analysis.

The traditional accuracy indicators, i.e. sensitivity and specificity, were computed using conventional formulas. Diagnoses were considered 'true positives' if they were in agreement with the consensus cytological diagnosis.

The cytological diagnosis of adenocarcinoma, reactive mesothelial cells and normal mesothelial cells were assigned to two categories, normal/reactive or adenocarcinoma.

## Results

The immunocytochemical results are summarized in Tables I and II. In the effusions, TIMP-2 positive cells were easily detected, even when they were present in only small numbers. Of the cases identified as negative, effusions we detected in 2/7 cases of non-reactive mesothelium (28%) and 2/16 cases of reactive mesothelium (12%) showing positive TIMP-2 immunoreaction staining. In contrast, strong staining was detected in 23/30 cases of effusion from metastatic adenocarcinoma (76%) (Fig. 1C-E). TIMP-2 was expressed in 7/9 cases from the ovary (77%), 12/14 of lung adenocarcinoma (85%), 3/4 from the gastrointestinal tract (75%) and 1/3 from the breast (33%). The characteristic staining pattern was cytoplasmic, dense and strong, sometimes with accentuation at cell-cell borders. In some cases, nuclear and cytoplasmic staining were detected contemporaneously. Histiocytes and other inflammatory cells did not exhibit TIMP-2 expression. Fisher's exact test showed a statistical association between TIMP-2 expression and adenocarcinoma cells ( $p < 0.00003$ ). TIMP-2 sensitivity and specificity were detected as 76.7% (57.3-89.4% CI) and 82.6% (60.5-94.3% CI), respectively. Adenocarcinoma cells displayed CEA in 24/30 cases (77.2%;  $p < 0.00001$ ) and Ber-Ep4 in 28/30 (89.8%;  $p < 0.00001$ ) cases. While reactive effusion cells were found to be positive for CEA in 1/16 cases (6.2%) and for Ber-Ep4 in 3/16 (18.7%) cases, no positive cells were found in normal effusion. The calculated sensitivities for TIMP-2, CEA and Ber-EP4 were, respectively, 76.7, 80.0 and 93.3%, and the specificities 82.6, 95.7 and 87.0%.

SPANDIDOS PUBLICATIONS  
Comparison of TIMP-2, CEA and Ber-EP4 immunocytochemistry results from adenocarcinoma.

Cancer	TIMP-2 (%)	CEA (%)	Ber-EP4 (%)
Breast	1/3 (33.3)	2/3 (66.6)	2/3 (66.6)
Gastrointestinal	3/4 (75.0)	3/4 (75.0)	4/4 (100)
Lung	12/14 (85.7)	11/14 (78.5)	13/14 (92.8)
Ovary	7/9 (77.7)	8/9 (88.8)	9/9 (100)
Total	23/30 (67.9)	24/30 (77.2)	28/30 (89.8)

Table II. Comparison of sensitivity and specificity of immunocytochemistry.

Marker antibodies	% Sensitivity (CI 95%)	% Specificity (CI 95%)
TIMP-2	76.7 (57.3-89.4)	82.6 (60.5-94.3)
CEA	80.0 (60.9-91.6)	95.7 (76.0-99.8)
Ber-Ep4	93.3 (76.5-98.8)	87.0 (65.3-96.6)

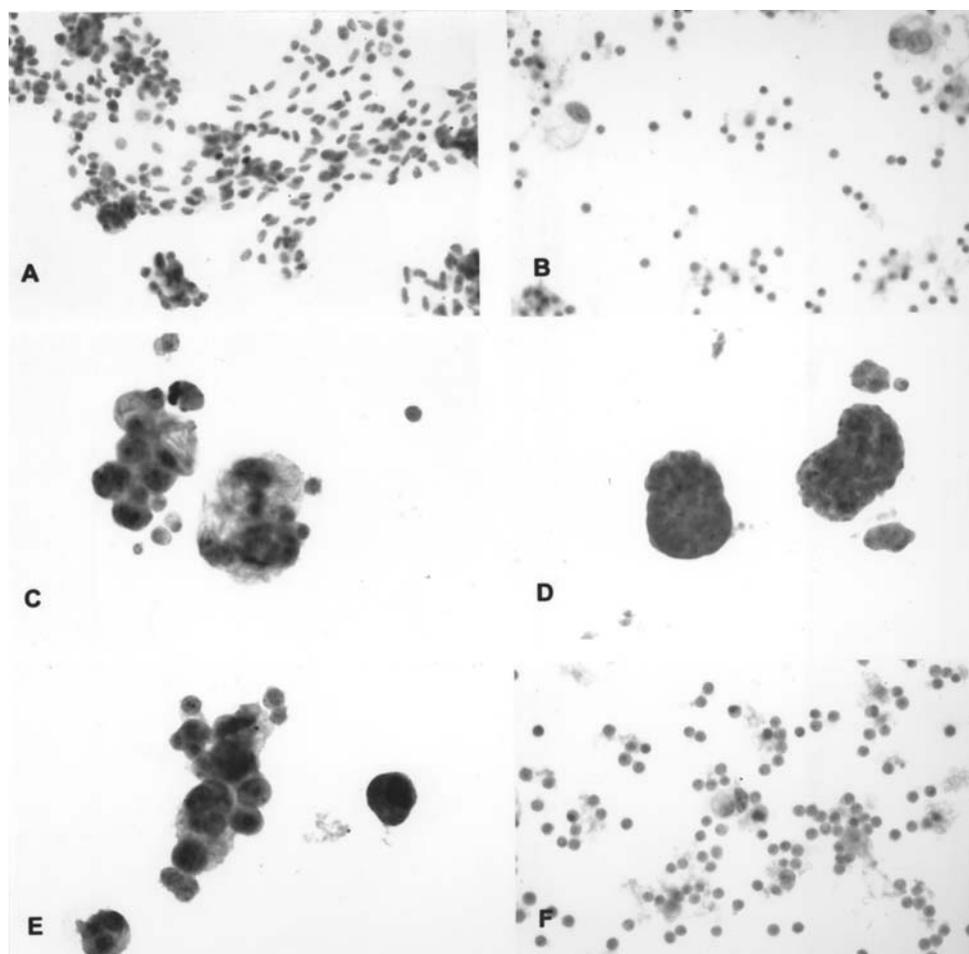


Figure 1. (A) Transudate pleural effusion. TIMP-2 reactivity in monolayer mesothelial cells is absent (magnification, x10). (B) Reactive pleural effusion. Note mesothelial cells with undetectable TIMP-2 cytoplasmic immunoreaction (magnification, x10). (C) Neoplastic pleural effusion in patient with adenocarcinoma of the ovary. Aggregates of neoplastic cells with enlarged vacuolization show intense TIMP-2 immunoreactivity (magnification, x20). (D) Neoplastic pleural effusion in patient with breast adenocarcinoma. Clusters of neoplastic cells show TIMP-2 overexpression (magnification, x20). (E) Neoplastic pleural effusion in patient with lung adenocarcinoma. Note TIMP-2 cytoplasmic overexpression (magnification, x20). (F) Reactive pleural effusion. Mesothelial cells show very low TIMP-2 cytoplasmic immunoreaction (magnification, x10).

## Discussion

The morphologic differentiation of reactive mesothelial versus adenocarcinoma cells in effusions can be a common daily challenge in a cytodagnostic laboratory. During the course of the routine, false negatives are a common serious problem due to the misinterpretation of adenocarcinoma cells as reactive mesothelial cells. Conversely, an over-interpretation

of reactive mesothelial cells as neoplastic cells can lead to false positive results (16,17). Mesothelial cells react to a variety of stimuli and injuries and undergo proliferation and cellular alterations, including cytoplasmic and nuclear changes, that mimic malignant cytomorphology. These morphologic changes can be pronounced following radiation or chemotherapy, which are often associated with the surgical treatment of various malignancies. In view of the clinical implications

of the presence of malignant cells, an accurate diagnosis becomes essential. Immunocytochemistry can be of great help in resolving such diagnostic difficulties. Unfortunately, the commercial antibodies available for a differential diagnosis of effusion show variations in sensitivity and specificity, and are subject to controversy concerning the markers or combination of markers adopted. Fixation and antigen retrieval methods and the types of materials (smears, cell block, thin prep) and different antibody dilutions used are but some of the sources of problems confronted in technical procedure standardization.

The present preliminary study shows that TIMP-2 overexpression is frequently detected in pleural effusions from adenocarcinoma, but not in non-neoplastic pleural effusion. Indeed, low or undetectable immunoreactivity was found prevalently in exudative and transudate effusions, confirming data previously reported by Eckeberg *et al* (18). A possible scenario, which explains the role of elevated TIMP-2 in advanced cancer, is that increased expression of TIMP-2 could be related to the increase of MMP expression during tumor progression. The relationship between TIMP-2 and MMPs has been described previously, and many studies support this hypothesis (19-21). Under normal conditions, MMP expression is finely controlled at multiple stages, including the regulation of transcription, translation and protein stability. MMPs are produced in a Zymogen form. Their activation and activity is regulated by their endogenous inhibitors, namely TIMPs. Conversely, disruption of the MMP-TIMP balance can result in a number of pathogenic processes, including tumor invasion, metastasis, angiogenesis and wound healing (22,23). The overexpression of TIMP-2 in neoplastic cells could explain the presence of dysfunctional proteins, incapable of interaction with MMPs, which block its enzymatic activity. It could also be speculated that the elevated expression of TIMP-2 is a response to local tissue degradation during cancer invasiveness. Neoplastic pleural effusion represents an interesting model through which to study the metastatic process because, at an advanced stage of the disease, neoplastic cells drop into the pleura and thus acquire biologically aggressive behavior and release many different proteins. The major effort entails understanding the proteins, and their features, which are involved in this process.

To date, data regarding TIMP-2 expression in metastatic pleural effusions have been inconsistent and a comparative evaluation, using pre-existing research, has been difficult. Nevertheless, Yano *et al* demonstrated, in an experimental study on nude mice, that the production of malignant pleural effusions is associated with high levels of urokinase-type plasminogen activator and with low levels of TIMP-2 (24). Different data have been reported for primitive lung cancer. Thomas *et al* observed that TIMP-2 is more frequently overexpressed at advanced stages of lung adenocarcinoma than in squamous cell carcinoma (25) and Suzuki *et al*, in a previous study, detected a correlation between TIMP-2 immunoreactivity and disease stage, observing up to 88% of positive cases in stages II, III and IV (26). Finally, Kumaki *et al* reported that, in pulmonary adenocarcinoma, TIMP-2 stained significantly more strongly in invasive areas than in the lipidic region, concluding that the development of scar cancer is favored by the increased expression of TIMP-2 and by tumor cells as they grow invasively (20).

These data are in agreement with our preliminary results, in which we detected TIMP-2 immunoreactivity in 85.7% of adenocarcinoma pleural effusions in primitive non-small cell lung cancer. This suggests that abnormal TIMP-2 proteins are involved in the pleural dissemination process.

Discordant data are reported in the literature regarding TIMP-2 and metastasizing colorectal cancer. We found TIMP-2 overexpression in 75% of cases affected by colorectal cancer with metastasis in pleural effusions. Studies regarding TIMP-2 expression in adenocarcinoma of the colon-rectum show that tissue concentrations and the epithelial mRNA expression of TIMP-2 decrease significantly in primary colorectal cancer (UICC stages III and IV) but increase in metastases (27). Li *et al* observed that, with the progression of invasion depth, lymph node metastasis and Duke's tumor stage, the activity and expression levels of MMP-2 and TIMP-2 gradually increased (28). Conversely, Moran *et al* observed a significant decrease in TIMP-2 in tumor samples when compared to non-tumoral tissue (29).

Metastasis from breast or ovarian adenocarcinoma is the most common etiology of pleural effusion, due to the presence of malignant cells in the effusions of female patients. Two-thirds of ovarian carcinoma patients disseminate tumor cells in the peritoneal cavity and pleural effusion is present in more than 50% of stage IV patients (30). Davidson *et al* observed that adenocarcinoma cells in effusions showed a significant up-regulation of MMP-2 expression compared with primary tumors, with a concomitant down-regulation of TIMP-2 (31), while Kim *et al* detected high expression of TIMP-2 prevalently in serous carcinoma, suggesting that TIMP-2 may function in favor of tumor growth. They concluded that TIMP-2, with MMP-2, MMP-9 and MT1-MMP, is a valid marker of poor survival in advanced-stage ovarian carcinoma (32). In breast cancer, Vizoso *et al* detected elevated immunohistochemical scores for TIMP-2, TIMP-1 and MMP-9, significantly associated with a high rate of distant metastasis (33), and Brummer *et al* reported elevated TIMP-1 and -2 transcript levels in invasive breast carcinomas correlated with histological grade (34). In breast and ovary pleural effusion metastasis, respectively, we found that 33 and 77% of adenocarcinoma cells were TIMP-2 positive. TIMP-2 seems to play a limited role in detecting breast cancer in effusion cytology while, in ovary, lung and gastrointestinal cancer cells, elevated pattern points to an increase in invasive potential.

In our study, TIMP-2 expression is also correlated with CEA and Ber-EP4, which are frequently used in the differential diagnosis of adenocarcinoma in pleural effusions. A high rate of statistical association is observed between TIMP-2 and adenocarcinoma cells, with a sensitivity and specificity comparable to that reported for CEA and Ber-EP4 in the literature (35).

In conclusion, these preliminary data indicate that TIMP-2 expression may be extremely useful in a differential approach to reactive versus adenocarcinoma cells, rather than in the diagnosis of adenocarcinoma cell origin. More extensive case studies will be necessary in order to understand the role of TIMP-2 in pleural effusion metastasis, and to consider it an adjunctive marker for discerning adenocarcinoma cell origin in the cytologic diagnosis of malignant effusions.

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