

# Comparison of the effect of p65 siRNA and curcumin in promoting apoptosis in esophageal squamous cell carcinoma cells and in nude mice

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**Abstract.** The activation of the NF- $\kappa$ B signaling pathway plays a critical role in carcinogenesis. The role of the NF- $\kappa$ B pathway in esophageal squamous cell carcinoma (ESCC) remains ill-defined. The objective was to detect whether p65siRNA and curcumin could promote ESCC cell apoptosis and increase the sensitivity of ESCC cells to chemotherapeutic drugs by inhibiting the NF- $\kappa$ B signaling pathway, and to compare these two treatments. In the present study, the status of the NF- $\kappa$ B pathway, in the two ESCC cell lines Eca109 and EC9706, was analyzed and the ability of p65 siRNA and curcumin alone or in combination with 5-FU to modulate this pathway *in vitro* and *in vivo* was investigated. The results showed that the NF- $\kappa$ B signaling pathway in the ESCC cell lines was constitutively activated. Both p65 siRNA and curcumin mediated suppression of activation of the NF- $\kappa$ B signaling pathway via inhibition of the expression of p65 or I $\kappa$ B $\alpha$  phosphorylation in ESCC cell lines. The cells treated with combination of p65 siRNA or curcumin and 5-FU revealed a lower cell viability and higher apoptosis compared to those treated with 5-FU alone. In a human ESCC xenograft model, p65 siRNA or curcumin and 5-FU alone reduced the tumor volume, respectively, but their combination had the strongest anticancer effects. Curcumin was more effective than p65 siRNA *in vitro* and *in vivo*. Overall, our results indicate that the constitutively activated NF- $\kappa$ B signaling pathway plays a crucial role in these two ESCC cell lines and both p65siRNA and curcumin can promote ESCC cell apoptosis and enhance the sensitivity to 5-FU through suppression of the NF- $\kappa$ B signaling pathway. It is still a long time before RNA interference will be used in the clinic. Therefore, curcumin is

proved to be useful in the treatment of ESCC as it is a pharmacologically safe compound without side effects.

## Introduction

Esophageal squamous cell carcinoma (ESCC) is one of the most frequently diagnosed cancers in developing countries, especially in Northern China (1). Furthermore, ESCC is one of the most aggressive cancers with poor prognosis and rapid progression (2) partly due to chemotherapeutic drugs. Although therapy strategies have improved, the prognosis of patients with ESCC is still poor. Moreover, ESCC is known to develop resistance to chemotherapeutic drugs, thus resulting in a dramatic decrease in the 5-year survival rate. 5-Fluorouracil (5-FU) is frequently used in combination chemotherapy for ESCC, but some patients show a poor response to 5-FU-based chemotherapy. In addition, toxicity was observed with doses required for efficiency, including myelosuppression, fever, nausea and vomiting. Thus, understanding the molecular mechanisms by which ESCC develops will allow us to design a new therapeutic strategy to improve the clinical outcome and tolerance to the disease.

Recently, accumulating evidence has demonstrated that nuclear factor- $\kappa$ B (NF- $\kappa$ B/Rel) plays an essential role in carcinogenesis. The most studied form is a heterodimer of the p50 and p65 subunits, predominant in many kinds of cells (3). A variety of extracellular stimulus factors, such as inflammatory cytokines, growth factors, DNA damaging agents, bacterial and viral products, trigger a common signal transduction pathway based on the phosphorylation, ubiquitination and proteasome-dependent degradation of I $\kappa$ B to freely activated NF- $\kappa$ B, which is then rapidly translocated to the nucleus and binds to the promoter region of the relevant downstream genes to evoke a series of transcriptional events (4). NF- $\kappa$ B signaling pathway is mainly involved in cell growth, survival, differentiation and inhibition of apoptosis, thus making it a good target for cancer chemotherapy. Constitutive activation of NF- $\kappa$ B signaling pathway has been investigated in many human cancers, including hepatocellular, colonic, pancreatic and cervical cancers (5-8). Therefore, blocking the activity of this pathway could be used for prevention and treatment of malignancy.

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RNA interfere (RNAi) is a general mechanism for the sequence-specific gene-silencing induced by double stranded RNA (9). RNAi is mediated by small interfering RNA (siRNA), a double stranded form of RNA that is about 21-23 nucleotide long and is specific for the sequence of its target (10). Nowadays, RNAi has become a powerful strategy for knockdown and understanding gene function. Curcumin, an extract from the root of *curcuma longa L.*, that is anti-oxidative and anti-inflammatory, has been widely used in Indian medicine. More recently, curcumin has been used in cancer therapy alone or as a chemotherapy adjuvant. Numerous clinical trials have indicated that curcumin is quite safe when administered even at a daily dose of 12 g for 3 months (11).

We have used RNA interfere and curcumin respectively to study the role of NF- $\kappa$ B signaling pathway in ESCC and the research showed that constitutive activation of NF- $\kappa$ B signaling pathway plays an important role in mediating proliferation and anti-apoptosis in ESCC (12-15). The purpose of the current study was to compare the inhibition efficiency of two methods *in vitro* and *in vivo*.

## Materials and methods

**Reagents.** Curcumin was purchased from Sigma Company. Mouse monoclonal antibodies to p65 (sc-8008), p-I $\kappa$ B $\alpha$  (sc-8404) and IKK $\beta$  (sc-8014), rabbit polyclonal antibodies to I $\kappa$ B $\alpha$  (sc-371) and p50 (sc-114) were purchased from Santa Cruz Biotechnology, Santa Cruz, USA). SignalSilence<sup>®</sup> NF- $\kappa$ B p65 siRNA (6261) was purchased from Cell Signaling Technology (USA). Annexin V-FITC kit was purchased from Beckman Coulter<sup>™</sup> (USA).

**Cell culture.** Two human ESCC cell lines, EC9706 and Eca109, were presented by State Key Laboratory of Molecular Oncology, Chinese Academy of Medical Science, cell lines were cultured in RPMI-1640 medium (Gibco-BRL) supplemented with 10% fetal bovine serum (Hyclone Laboratories, Logan, UT), 100 U/ml penicillin, and 100  $\mu$ g/ml streptomycin at 37°C in 5% CO<sub>2</sub>. Curcumin (Sigma, USA) was dissolved in dimethyl sulfoxide (DMSO) and prepared as 100  $\mu$ M solution (final concentration of DMSO in media, 0.1%), then further diluted as needed in cell culture medium.

**Immunocytochemical analysis.** The immuno-reactivity was performed using SP kit according to the manufacturer's protocol. Briefly, the two cell lines were respectively plated on several glass slides and incubated at 37°C in 5% CO<sub>2</sub> for 24 h. The slides were rinsed three times in phosphate buffered-saline (PBS, pH 7.4), fixed with 4% formaldehyde at room temperature (RT) for 10 min. After rinsing in PBS and treatment with 3% H<sub>2</sub>O<sub>2</sub> for 10 min, the cells were blocked with 5% normal goat serum for 30 min in a humidified box at RT to eliminate non-specific binding, and then incubated with anti-human p50, p65, I $\kappa$ B $\alpha$ , and IKK $\beta$  antibodies (1:100), p-I $\kappa$ B $\alpha$  (1:50), as well as PBS as negative control, respectively, at 4°C overnight. After the slides were rinsed three times in PBS and incubated with counterpart second antibodies for 30 min, they were developed with diaminobenzidine (DAB) under a light microscope to control the dyeing effect. Subsequently, photomicrography was carried out immediately under x400 magnification.

**RNAi transfection.** EC9706 (5x10<sup>4</sup>/well) and Eca109 (6x10<sup>4</sup>/well) cells were respectively grown in 6-well plates for 24 h in media without antibiotics before siRNA transfection. The cells were transfected for 5 h with 8  $\mu$ l of 10  $\mu$ M siRNA using 5  $\mu$ l transfection reagents. Subsequently, 0.8 ml of normal growth medium containing serum and antibiotics was added to each well containing transfected cells without removing the transfection mixture. After the transfected cells were incubated for another 72 h, they were harvested to test the expression of p65 proteins through western blotting (9). The results showed that the protein level of p65 decreased after transfection with p65 siRNA, while the protein level of MARK was not affected, suggesting that p65 siRNA can effectively downregulate the p65 protein level.

**Preparation of cytoplasm and nuclear proteins.** Cytoplasm and nuclear proteins were respectively extracted from the three cells about 90% confluence according to instructions of Nuclear and Cytoplasmic Extraction Reagents kit (Pierce Company). Aliquots of the proteins were stored at -70°C and the protein concentrations were determined by Bradford protein-binding assay.

**Western blot analysis.** After transfection with p65 siRNA for 72 h, the cells were harvested and expression of p65 protein in the cytoplasm was analyzed by western blot analysis using anti-p65 antibodies. The cells were treated with curcumin for various times (range: 0-60 min), and the cells extracted cytoplasm were analyzed by western blot analysis using anti-p-I $\kappa$ B $\alpha$ . Briefly, Cytoplasm (50  $\mu$ g) from each cell line was added to 2X protein sample buffer, heated at 100°C for 5 min, and separated with sodium dodecyl sulfate-polyacrylamide gels electrophoresis (SDS-PAGE), along with 20  $\mu$ l of pre-stained protein molecular weight marker (Fermentas no. SM0441) used as standards. According to the position indicated by pre-stained marker, the proteins were electro-transferred to supported nitrocellulose membranes (Hybond-c pure, Amersham) in transfer buffer containing 25 mM Tris, 193 mM glycine, and 20% methanol. The membranes loading the proteins were treated with 5% skimmed milk in TBS-T (1X TBS, 0.05% Tween-20) at RT for 2 h, and then rinsed three times in TBS-T and incubated with anti-p65, anti-p50, anti-I $\kappa$ B $\alpha$ , anti-p-I $\kappa$ B $\alpha$  and anti-IKK $\beta$  antibodies diluted in 1% skimmed milk, respectively, at RT for 2 h. The blots were rinsed three times in TBS-T and incubated with 1:5000 dilution of a goat anti-rabbit secondary antibody or a goat anti-mouse secondary antibody conjugated to horseradish peroxidase for 1 h at RT. After extensive washing with TBS-T, proteins were visualized on the membranes developed with DAB according to the manufacturer's instructions.

**Annexin V-propidium iodide (PI) staining for apoptotic cells.** ESCC cells or ESCC cells transfected with p65 siRNA alone or in combination with 5-FU and incubated for 48 h. Or cells were seeded in 6-well plates and incubated overnight. Subsequently, cells were treated with 50  $\mu$ M curcumin in DMSO alone (final concentration of DMSO in media, 0.1%) or in combination with 5-FU and incubated for 72 h. These cells were harvested by rapid trypsinization, washed twice with PBS, and then the concentration of cells was adjusted to 1x10<sup>5</sup>. The certain

number cells were stained with fluorescein isothiocyanate (FITC)-Annexin V-PI according to the protocol summarized in the Annexin V-FITC kit (Beckman Coulter). Stained cells were placed on ice and protected from light for 10 min until they were evaluated by flow cytometry (BD FACSCalibur and Cell Quest 3.0). Viable cells are those that stain negatively for both Annexin V and PI. Cells in early apoptosis are positive for Annexin V and negative for PI, whereas those that are necrotic or in late apoptosis are positive for both Annexin V and PI.

**Observation of the ESCC cell morphology.** Morphological changes of ESCC cells were observed using microscope after treated with p65 siRNA, curcumin, 5-FU and p65 siRNA or curcumin plus 5-FU under a light microscope.

**Animals and animal treatments.** Male athymic BALB/c nude mice were purchased from Laboratory Animal Ltd in Shanghai, China. The animals, at 4-5 weeks of age, were housed five per cage in wire-top cages with sawdust bedding in an isolated, clean, air-conditioned room at a temperature of 25-26°C and a relative humidity of ~50%, lit 12 h/day. All animal studies were carried out in compliance with the Guide for the Care and Use of Laboratory Animals of Henan Province, China.

EC9706 cells were harvested from 70 to 80% confluent cultures by exposure to trypsinase and then washed, resuspended in PBS at  $2 \times 10^7$  cells/ml. Only single-cell suspensions with 90% viability were used for injection. Cell resuspension ( $200 \mu\text{l}$ ) ( $4 \times 10^6$  cells) was inoculated s.c. into the right flank of athymic mice (16).

After 1 week of implantation, the tumors were measured in 3 dimensions, and the tumor volume was calculated according to the formula  $V=1/2ab^2$ , where a and b represent the length and the width of tumor measured with sliding caliper, respectively. The animals were monitored for tumor growth every other day. When tumor size reached 100-200 mm<sup>3</sup>, tumor-bearing animals were randomly assigned to the following 4 groups (n=5): (i) untreated control (PBS); (ii) p65 siRNA (50 nM/one animal) alone; (iii) curcumin (50  $\mu\text{M}$ /one animal) alone; (iv) 5-FU (10 mg/kg) alone; (v) p65 siRNA (50 nM/one animal) alone + 5-FU (10 mg/kg); (vi) curcumin (50  $\mu\text{M}$ /one animal) + 5-FU (10 mg/kg). These treatments consisted of i.p. injections of p65siRNA or 5-FU administered every 3 days for 15 days. Animals of the p65 siRNA + 5-FU group were treated with p65 siRNA and 5-FU on alternative days. All procedures were conducted in a laminar-flow biosafety hood. Therapy was continued for 3 weeks, and then the mice of all groups were sacrificed. Tumor volumes were compared between the groups using unpaired Student's t-test. Inhibition rate = [(tumor weight of control group - tumor weight of experimental group)/tumor weight of control group] x100%. The tumor tissue was immediately fixed in 4% buffered paraformaldehyde overnight for immunohistochemistry and TUNEL analysis.

**Immunohistochemical analysis.** Tissue sections of formalin-fixed, paraffin-embedded specimens were deparaffinized in xylene, followed by treatment with a graded series of alcohol and distilled water, and washed thoroughly with PBS. Antigen retrieval for paraffin-embedded tissues was performed with sodium citrate 0.01 mol/l (pH 6.0), and then the container was placed in boiled water for 20 min. Endogenous peroxidase

was blocked by the use of 3% hydrogen peroxide in methanol for 10 min. The sections were washed thrice with PBS and incubated for 30 min at RT with a protein-blocking solution (containing 10% normal rabbit serum in PBS) in a chamber with saturated humidity. Excess blocking solution was drained, and the samples were incubated with different primary antibodies: mouse monoclonal antibodies to p65, p-I $\kappa$ B $\alpha$  (1:200 dilution; Santa Cruz Biotechnology), as well as PBS (negative control), respectively, at 4°C overnight. The samples were then rinsed thrice with PBS and subsequently incubated for 30 min with the appropriate dilution of the secondary antibody, followed by incubation with the HRP-linked streptavidin biotin complex in a box with saturated humidity for 10 min at RT. Positive reactions were visualized by incubating the slides with DAB for 5 min. The sections were then washed thrice with PBS, counterstained with hematoxylin for 15 sec, dehydrated and cleared and mounted. Immunohistochemical evaluation was performed by a pathologist without knowledge of the clinical and pathological characteristics of these patients. Positive cells from five fields with x400 were examined and counted from each group.

**Terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick-end labeling (TUNEL) assay.** DNA fragments of cells undergoing apoptosis were analyzed by the TUNEL method. Briefly, the tissue sections were deparaffinized in xylene, treated with a graded series of alcohol and distilled water, and washed thoroughly with PBS. The slides were incubated with proteinase K (20  $\mu\text{g}/\text{ml}$  in PBS) for 20 min at RT, and terminal deoxynucleotidyl transferase dUTP nick end-labeling (TUNEL) staining was carried out using the *In Situ* cell death detection kit (KeyGen Biotech Ltd., Nanjing, China) according to the manufacturer's instructions. TUNEL-positive cells from 5 independent fields were counted manually.

**Statistical analysis.** The results of all experiments were performed by one-way analysis of variance (ANOVA), and the posthoc analysis for multiple was compared with LSD t-test using SPSS version 13.0 (SPSS, Chicago, IL, USA). Results are analyzed as means  $\pm$  standard deviation,  $P < 0.05$  was considered as a significant difference.

## Results

**High expression of NF- $\kappa$ B signaling pathway in the cytoplasm of ESCC cell lines.** The two ESCC cell lines had intense immunoreactivity of p50, p65, I $\kappa$ B $\alpha$  and p-I $\kappa$ B $\alpha$ , IKK $\beta$  in the cytoplasm by immunocytochemistry (Fig. 1A). Western blot analysis of cytoplasmic extracts from the ESCC cell lines showed that the two ESCC cell lines had the highest expression of p50, p65, I $\kappa$ B $\alpha$  and p-I $\kappa$ B $\alpha$ , IKK $\beta$  in the cytoplasm (Fig. 1B).

**Constitutive activation of NF- $\kappa$ B signaling pathway in ESCC is inhibited by p65 siRNA and curcumin in vitro.** After transfected with p65 siRNA for 72 h, the cells were harvested and p65 protein expression in the cytoplasm was analyzed by western blot analysis. As shown in Fig. 2A, the protein level of p65 decreased after transfected with p65 siRNA, while the protein level of MARK was not affected, suggesting that p65 siRNA can effectively inhibit p65 protein levels. Phosphorylation of I $\kappa$ B $\alpha$  is necessary for its degradation and the subsequent activation

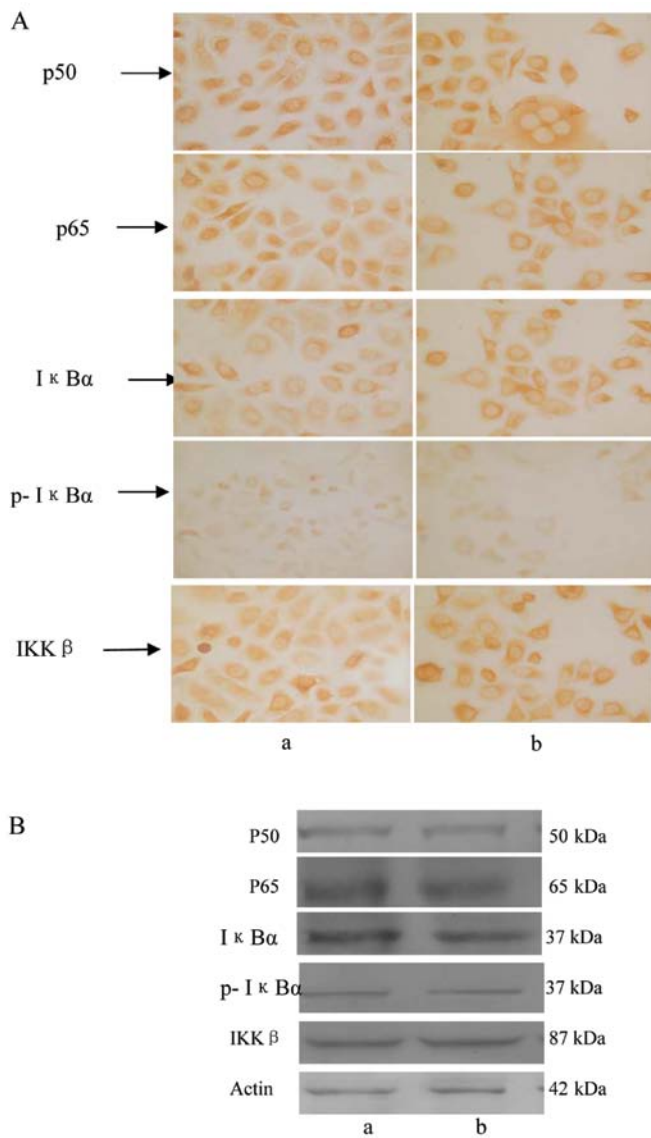


Figure 1. NF- $\kappa$ B signaling pathway is activated in cell lines. (A). Immunocytochemical expression and localization of p50, p65, I $\kappa$ B $\alpha$ , p-I $\kappa$ B $\alpha$  and IKK $\beta$  in EC9706 and Eca109. (B). Western blot analysis was performed with anti-p50, anti-p65, anti-I $\kappa$ B $\alpha$ , anti-p-I $\kappa$ B $\alpha$  and anti-IKK $\beta$  antibodies. Lane a, EC9706; Lane b, Eca109. Equal protein loading was controlled with anti-actin antibody.

of NF- $\kappa$ B signaling pathway. The results of western blotting indicated that curcumin inhibited I $\kappa$ B $\alpha$  phosphorylation and degradation in the two ESCC cell lines after treatment with 50  $\mu$ M curcumin at the different time points (0-60 min). As loading controls in these tests the anti-actin antibody was used (Fig. 2B) (13,15).

*Comparison the effect between p65 siRNA and curcumin in inducing apoptosis in ESCC cells.* To investigate whether suppression of NF- $\kappa$ B signaling pathway evokes cell apoptosis of ESCC cells, two ESCC cell types were treated with p65 siRNA and curcumin alone or in combination with 5-FU for 72 h and analyzed by Annexin V/PI staining. The results showed that incubation with p65 siRNA and curcumin alone (50  $\mu$ M), the percentage of apoptotic cells in EC9706 and

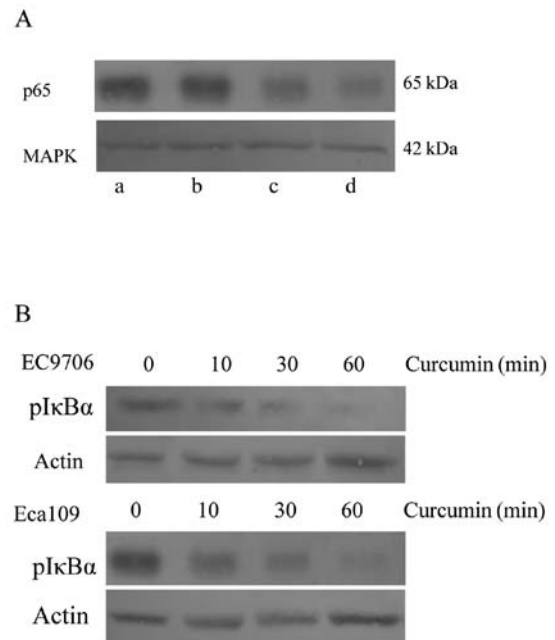


Figure 2. Constitutive activation of NF- $\kappa$ B signaling pathway in ESCC was inhibited by p65 siRNA and curcumin. (A) Suppression of expression of p65 subunit of NF- $\kappa$ B by siRNA targeting the p65 in the ESCC cell lines. The cells were transfected with or without siRNA for 72 h. Lane a, EC9706; lane b, Eca109; lane c, EC9706 transfected with siRNA; lane d, Eca109 transfected with siRNA. (B) ESCC cells were treated with curcumin (50  $\mu$ M) for different times, and cytoplasm protein extracts (50  $\mu$ g/lane) were subjected to electrophoresis on 12% SDS-polyacrylamide gels and were performed with anti-pI $\kappa$ B $\alpha$  antibody. Proteins were visualized with DAB staining. Equal protein loading was controlled with anti-actin antibody.

Table I. The apoptosis percentage of EC9706, Eca109 detected by flow cytometry (means  $\pm$  SD, n=3).

Group	EC9706 (%)	Eca109 (%)
Control group	2.03 $\pm$ 0.08	2.66 $\pm$ 0.25
siRNA group	6.65 $\pm$ 0.27	8.03 $\pm$ 0.06
Curcumin	10.8 $\pm$ 0.59 <sup>a</sup>	16.0 $\pm$ 0.1 <sup>a</sup>
siRNA+5-FU	24.61 $\pm$ 0.85	28.87 $\pm$ 0.35
Curcumin+5-FU	27.01 $\pm$ 0.33 <sup>b</sup>	32.45 $\pm$ 0.5 <sup>b</sup>

<sup>a</sup>P<0.05 vs. siRNA group; <sup>b</sup>P<0.05 vs. siRNA+5-FU.

Eca109 was higher than that in the control group; incubation with p65 siRNA and curcumin plus 5-FU (327  $\mu$ g/ml), the percentage of apoptotic cells and death cells in EC9706 and Eca109 was significantly increased, indicating that p65 siRNA and curcumin enhanced the sensitivity of the ESCC cells to 5-FU (Table I, P<0.05). Curcumin in combination with 5-FU had the strongest anticancer effect as compared with the other groups (Table I, P<0.05).

*The change of morphology in the ESCC cells after treatment with p65 siRNA and curcumin alone or combined with 5-FU.* After incubated with p65 siRNA and curcumin for 72 h, the changes of morphology of the two ESCC cells included cell

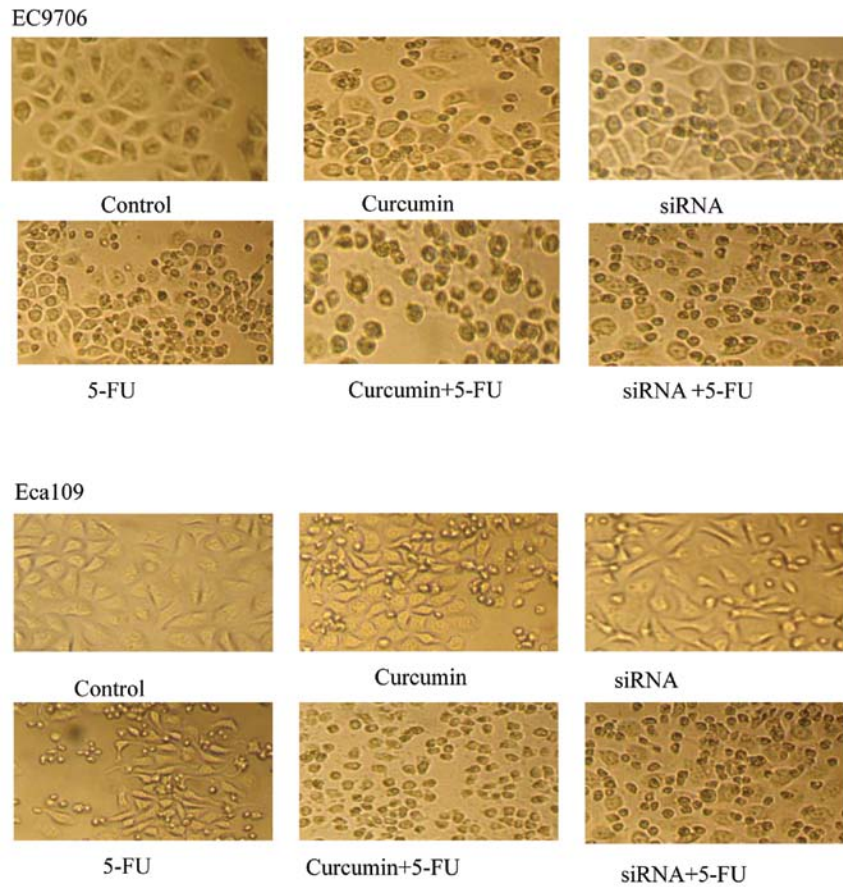


Figure 3. The changes of morphology of EC9706 and Eca109 cells were observed using a microscope after treatment with p65 siRNA and curcumin alone or in combination with 5-FU (x400). In normal culture condition, 60-70% confluent ESCC cells were divided into six groups and then incubated with PRIM-1640, curcumin, siRNA, 5-FU, curcumin plus 5-FU or siRNA plus 5-FU for 72 h.

Table II. Comparisons of mouse weight and tumor volume in different treatment groups (n=5).

Group	Animal weight (g)	Tumor volume before therapy (mm <sup>3</sup> )	Tumor volume after therapy (mm <sup>3</sup> )
Control	21.13±1.46	147.09±40.77	1703.25±491.18
5-FU	20.70±1.17	152.38±45.36	986.50±210.59
p65 siRNA	21.12±1.51	145.12±42.45	1322.25±256.50
Curcumin	20.25±1.68	154.66±47.23	1306.25±228.41
p65 siRNA + 5-FU	20.23±1.54	152.97±41.68	797.01±147.05 <sup>a</sup>
Curcumin + 5-FU	21.22±1.44	149.56±40.12	604.75±159.59 <sup>a,b</sup>

<sup>a</sup>Compared with 5-FU group, P<0.05; <sup>b</sup>Compared with p65 siRNA+5-FU group, P<0.05.

shrinkage, cell proliferation inhibition and increase of the suspension dead cells. When incubated with p65 siRNA and curcumin plus 5-FU for 72 h, the changes were more visibly and the apoptotic cells were obviously increased (Fig. 3).

*p65 siRNA and curcumin potentiates the antitumor effects of 5-FU in ESCC xenografts.* Due to the abnormally high activity of the NF-κB signaling pathway in ESCC cell lines, the effect of p65 siRNA and curcumin alone or in combination with 5-FU on the growth of ESCC xenograft was evaluated in the

transplantable tumors of EC9706. These tumor-bearing mice were randomized into six groups, and therapy was initiated on day 7 after tumor implantation on the basis that the groups showed no difference in tumor volume (P>0.05). The tumor volume in the control group was greater than in the other three treated groups. All animals were sacrificed on day 28, and the final tumor volume was significantly decreased in the p65 siRNA + 5-FU group and curcumin + 5-FU group as compared with 5-FU alone (P<0.05). Also, the tumor volume in the p65 siRNA, curcumin or 5-FU alone group was signifi-

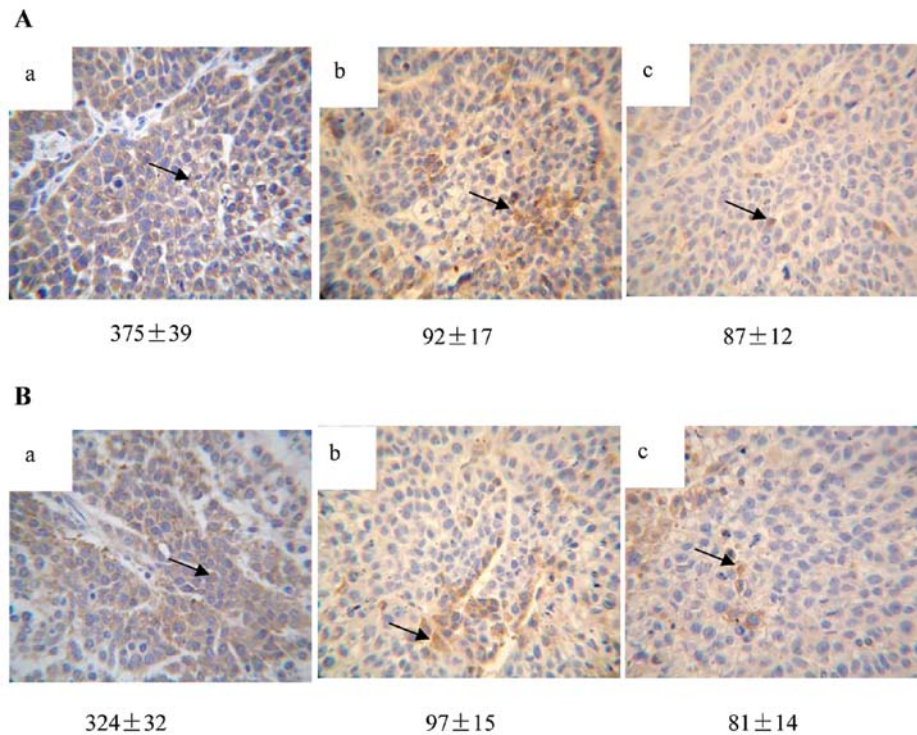


Figure 4. (A) Expression of p65 was inhibited in tumor tissues after treatment with p65 siRNA and p65 siRNA + 5-FU. Immunohistochemistry analysis in tumor tissue from EC9706 xenografts of the groups with different treatments. (a) Positive control (n=5, x400). (b) p65 siRNA group (n=5, x400). (c) p65 siRNA+5-FU group (n=5, x400). (B) Expression of pIκBα was inhibited in tumor tissues after being treated with curcumin in curcumin group or in curcumin + 5-FU group. (a) negative control, in which antibody was replaced with PBS (x400). (b) pIκBα staining in the curcumin group (x400). (c) pIκBα staining in the curcumin + 5-FU group (x400).

Table III. Comparison of average tumor weight and inhibition rate in the differently treated groups (n=5).

Group	Tumor weight (g)	Inhibition rate of tumor (%)
Control	1.15±0.59	
5-FU	0.63±0.15	45.22
p65 siRNA	0.85±0.26 <sup>a</sup>	26.10
Curcumin	0.76±0.23 <sup>a,b</sup>	34.78
p65 siRNA + 5-FU	0.47±0.13 <sup>a</sup>	62.61
Curcumin + 5-FU	0.32±0.17 <sup>a,c</sup>	83.48

<sup>a</sup>Compared with 5-FU group, P<0.05; <sup>b</sup>Compared with p65 siRNA group, P>0.05; <sup>c</sup>Compared with p65 siRNA+5-FU group, P<0.05.

cantly decreased as compared with the control group (P<0.05) (Table II).

Additionally, control groups showed consistently larger tumors than the treated groups (P<0.05) through comparison of dissected tumor weight. The p65 siRNA + 5-FU group and curcumin + 5-FU group showed a remarkable inhibition of tumor growth. The inhibition rates of p65 siRNA, curcumin, 5-FU, p65 siRNA + 5-FU and curcumin + 5-FU groups were 26.10, 34.75, 45.22, 62.61 and 83.48%, respectively, when the treatments were terminated (Table III). Obviously, p65 siRNA and curcumin in combination with 5-FU had the strongest

anticancer effect as compared with the other groups. While curcumin was more effective than p65 siRNA.

*Constitutive activation of NF-κB signaling pathway in ESCC was inhibited by p65 siRNA and curcumin in vivo.* To determine the p65 status in these tumors, the expression of p65 in the xenografts was detected by immunohistochemistry. As shown in Fig. 4A, p65 was mainly expressed in the cell cytoplasm, and positivity for p65 was 375, 92 and 87 cells/1500 cells in the control, p65 siRNA and p65 siRNA + 5-FU groups, respectively, with a significant difference when the p65 siRNA or p65 siRNA + 5-FU group was compared with the control group (P<0.05) (14).

To explore whether the anticancer effect of curcumin *in vivo* was also achieved via inhibition of NF-κB signaling pathway, the phosphorylation status of IκBα in the xenograft were detected by immunohistochemistry. As indicated in Fig. 4B, pIκBα was expressed in the cell cytoplasm. Positive cell expression of pIκBα was counted in 1500 cells in random fields per tumor tissue from nude mice and then analyzed by one-way ANOVA. The positive cell numbers of expression of pIκBα were decreased in groups treated with curcumin alone or combined with 5-FU compared to that of control group (P<0.05) (15).

*p65 siRNA and curcumin induces cell apoptosis in the tumor tissues.* The antitumor effects of p65 siRNA and curcumin on ESCC xenografts were detected in an *in vivo* model. TUNEL staining showed that there were 4, 40, 79 and 87 apoptotic cells/1500 cells in the control groups, 5-FU, p65 siRNA+ 5-FU

Table IV. Detection of TUNEL in tumor tissues of control and treated mice.

Group	Cell numbers/slide	Positive cell numbers/slide
Control	1500	4±1
5-FU	1500	40±11
p65 siRNA + 5-FU	1500	79±13 <sup>a</sup>
Curcumin + 5-FU	1500	87±16 <sup>a</sup>

<sup>a</sup>Compared with control and 5-FU group, P<0.05.

and curcumin + 5-FU, respectively. There was a significant difference between each of the treated groups and the control group (P<0.05). The apoptotic rate in the p65 siRNA + 5-FU and curcumin + 5-FU groups were higher than that in the 5-FU alone group (P<0.05), indicating p65 siRNA and curcumin is highly effective in potentiating apoptosis effects of 5-FU (Table IV).

### Discussion

There is some evidence suggesting that environmental factors such as hot beverages, dystrophy, smoking and alcohol intake affect the risk of developing esophageal cancer. Therefore, environmental and life-style aspects are major contributors to human carcinogenesis and many human cancers may be preventable. Research should pay attention to prevention as well as detection and treatment of cancer. Thus, the elucidation of molecular and cellular targets critical in cancer development and prevention is an area of intensive research and is driving the development of highly specific small-molecule inhibitors, which may either prevent carcinogenesis, curtail its progression, or even cure the disease. The activation of the mitogen-activated protein kinase cascades can result in a multitude of cellular responses, including apoptosis, proliferation, inflammation, differentiation, and development, which are mediated through the transcription factors AP-1 and nuclear factor κB (17).

Research has revealed that NF-κB is an important regulator for several genes involved in cell survival, transformation, differentiation, invasion and growth of the cancer cells (18-20). NF-κB activation is also related to chemoresistance (21). 5-FU has been extensively used as the front-line chemotherapeutic agent in esophageal cancers. One of the molecular mechanisms involved in 5-FU-induced apoptosis in cancer cells is due to the suppression of NF-κB activity (22). Tamatani *et al* also showed that inhibition of NF-κB signaling pathway in human oral cancer, as a rational approach, would improve conventional radiotherapy and chemotherapy outcomes (23). Many other studies using different inhibitors affecting the activated IKK/NF-κB signaling pathway have demonstrated that these methods have beneficial effects on tumor transformation or increase the sensitivity to radio- and chemotherapy (24,25).

For siRNA to be a useful tool in gene knockdown experiments and ultimately for therapeutic purposes, siRNA-

mediated transcriptional silencing must be specific. Many studies (26-28) have shown that siRNA-mediated gene silencing can be a reliable and valuable approach for large-scale screening of gene function and drug-target identification and validation. Our study showed that the signaling pathway of NF-κB was activated in two ESCC cell lines, the expression of p65 was efficiently inhibited after transfection with p65 siRNA and then suppressed its DNA binding activity. Downregulation of p65 efficiently suppressed EC9706 and Eca109 cell growth in a time-dependent manner and enhanced the sensitivity of these cells to 5-FU *in vitro*; Both p65 siRNA and 5-FU induced obvious tumor repression, especially when they were combined. The overall apoptosis in tumor tissue, as indicated by TUNEL staining, was synergistically upregulated by p65 siRNA combined with 5-FU (12-15). Together, these studies support the idea that p65 siRNA is a useful tool to study the role of NF-κB signaling pathway in the carcinogenesis of ESCC.

Diet has attracted a great deal of interest in cancer prevention because it has been suggested to play a major role in cancer risk (29). In addition to being professed as generally safe, some dietary factors appear to have efficacy as anticancer agents by preventing or reversing premalignant lesions, as well as by reducing the risk of developing a second primary tumor (30). Some evidence suggests that certain dietary components might be used in combination with traditional chemotherapeutic agents to treat cancer (31).

Curcumin is an extract from the root of *curcuma longa* L, with anti-oxidative and anti-inflammatory properties, and has been widely used in Indian medicine. More recently, curcumin has also been used in cancer therapy as a drug or as an adjuvant to general chemotherapy, for example, some studies have revealed that curcumin inhibits cell proliferation and induces apoptosis in human leukemia, prostate cancer, and non-small cell lung cancer cell lines (32-34). Our previous study showed that curcumin mediated inhibition of NF-κB was regulated via inhibition of IκBα phosphorylation, suppression of NF-κB-DNA binding activity, and downregulation of Bcl-2 and CyclinD1 expressions in ESCC cell lines. The cells treated with combination of curcumin and 5-FU revealed lower cell viability and higher apoptosis than those treated with 5-FU alone *in vitro* and *in vivo* (12-15).

Comparison of p65 siRNA with curcumin *in vitro* and *in vivo*, the results identified that both p65 siRNA and curcumin could inhibit the activation of NF-κB signaling pathway in ESCC through suppressing different signaling targets. Specifically p65 siRNA, is a useful tool to study gene function. The results showed that constitutively activated NF-κB signaling pathway plays an important role in carcinogenesis of ESCC. While comparison of the effect between p65 siRNA and curcumin, showed some differences. *In vitro*, in p65 siRNA and curcumin plus 5-FU (327 μg/ml), the percentage of apoptotic cells and dead cells in EC9706 and Eca109 was significantly increased, and curcumin in combination with 5-FU had the strongest anticancer effect as compared with the p65 siRNA + 5-FU group. *In vivo*, the tumor volume in the p65 siRNA + 5-FU group was greater than in the curcumin + 5-FU group and the inhibition rates of p65 siRNA + 5-FU and curcumin + 5-FU groups were 62.61 and 83.48%, respectively, when the treatments were termi-

nated. Clearly, curcumin + 5-FU had the strongest anticancer effect as compared with the p65 siRNA + 5-FU. However, the result of TUNEL indicated that p65 siRNA and curcumin had the same efficacy in potentiating the apoptosis effects of 5-FU.

Therefore, p65 siRNA should be analyzed to better define the role of RNAi as a scientific tool in human ESCC. However, the technology of RNAi has significant shortcoming with short acting time, which greatly limits its clinical use. While curcumin has minimal systemic side effects, and thus makes it a likely candidate for clinical use, alone or combined with other agents (35). Curcumin is in clinical trial at M.D. Anderson, TX, USA for the treatment of pancreatic cancer (36) and multiple myeloma (37). It has been found to be highly safe and well tolerated even at very high doses (38).

Taken together, the present study demonstrates that constitutively activated NF- $\kappa$ B signaling pathway exists in the ESCC, which may be an important mechanism responsible for survival and proliferation of the ESCC cells. Curcumin, alone or in combination with 5-FU, can be used as an adjuvant agent and enhance the sensitivity of anticancer agents in the treatment of this cancer. Therefore, suppression of NF- $\kappa$ B signaling pathway may be a potential target for the therapeutic strategies in ESCC with high NF- $\kappa$ B activity and curcumin shows potential to be an important chemoprevention drug of this cancer.

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