

hTERT-based therapy: A universal anticancer approach (Review)

MU-HAN LÜ¹, ZHONG-LI LIAO¹, XIAO-YAN ZHAO¹, YA-HAN FAN¹, XIAN-LONG LIN¹,
DIAN-CHUN FANG², HONG GUO¹ and SHI-MING YANG¹

¹Department of Gastroenterology, Xinqiao Hospital, Third Military Medical University, Chongqing 400037;

²Department of Gastroenterology, Southwest Hospital, Third Military Medical University, Chongqing 400038, P.R. China

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Abstract. Human telomerase reverse transcriptase (hTERT) has been identified as a major protein involved in aberrant cell proliferation, immortalization, metastasis and stemness maintenance in a majority of tumors, yet it has little or no expression in normal somatic cells. During the past few years, the development of hTERT-based therapies such as immunotherapy, suicide gene therapy and small-molecule interfering therapy have become critical and specific for eradicating all types of cancer. Here, current knowledge regarding hTERT and its involvement in various cancers and its role as a target of cancer therapies are reviewed. Additionally, hurdles to new cancer therapy development and new therapeutic opportunities are described, along with areas that require further investigation.

Contents

1. Introduction
2. Structure, function and regulation of hTERT
3. hTERT-based immunotherapy

4. hTERT-based suicide gene therapy
5. hTERT-based agents that block hTERT expression and biogenesis
6. Conclusions and prospects

1. Introduction

Telomeres are the physical ends of chromosomes that are composed of tandemly repeated G-rich DNA sequences in humans and other vertebrates (1), but progression through replication cycles will lead to telomere-dependent pathways of cell cycle arrest, senescence and mortality (2). To circumvent this crisis, telomerase, a ribonucleoprotein complex, adds TTAGGG repeats to the ends of the chromosomes (2). Human telomerase reverse transcriptase (hTERT) is the catalytic subunit of telomerase and is involved in the rate-limiting step in the activation of telomerase (3). The presence of hTERT is obligatory for aberrant cell proliferation and immortalization in most tumors (>85%) (4) and recent studies have found that cancer stem cells are also hTERT-positive; however, hTERT has little or no expression in normal somatic cells (4). Recently, Lü *et al* observed that hTERT also plays a key role in the metastatic progression of gastric cancer (5). This finding suggests that, although hTERT itself is not an oncogene, hTERT inhibition in humans appears to be a tumor suppressor mechanism in both early- and late-stage cancers (6). Moreover, in contrast to hTERT, the expression of the other two subunits of telomerase, human telomerase RNA (hTR) and human telomerase associated protein (TP1), did not parallel telomerase activity (7) and are independent of tumor stage and histology. Based on the above features, hTERT is therefore considered an ideal therapeutic target in human cancer (Fig. 1).

Currently, therapy of malignant tumors still consists mainly of surgery, radiotherapy, chemotherapy and combinations of these methods (8), and these approaches for eradicating malignant tumor cells have their own weaknesses. Recently, promising new hTERT-based therapies have been developed, such as immunotherapy, suicide gene therapy, and small-molecule interfering therapy. These treatments are critical and specific for eradicating many cancer types. Therefore, hTERT has been chosen as a molecular drug target in human cancer with a broad therapeutic window.

This review summarizes recent advances in hTERT-based drug development, and explores the experimental challenges

Correspondence to: Dr Shi-Ming Yang or Dr Hong Guo, Department of Gastroenterology, Xinqiao Hospital, Third Military Medical University, Xinqiao Street, Shapingba District, Chongqing 400037, P.R. China

E-mail: shimingyang@yahoo.com

E-mail: haojia2004@yahoo.com.cn

Abbreviations: ALT, alternative lengthening of telomeres; APC, antigen-presenting cells; CTLs, cytotoxic T lymphocytes; DCs, dendritic cells; EGCG, epigallocatechin-3-gallate; HLA, human leukocyte antigen; HTL, helper T lymphocytes; hTERT, human telomerase reverse transcriptase; LAMP-1, lysosome-associated membrane protein; MAP, multiple antigenic peptide; MART-1, melanoma antigen recognized by T cell-1; MHC, major histocompatibility complex; RISC, RNA induced silencing complex; RTs, reverse transcriptases; siRNA, small interfering RNAs; TAAs, tumor-associated antigens; TRAIL, tumor necrosis factor-related apoptosis-inducing ligand; Treg, regulatory T cell

Key words: cancer, human telomerase reverse transcriptase, telomerase, therapy

that need to be overcome to develop hTERT-based therapies to treat human cancers.

2. Structure, function and regulation of hTERT

hTERT is encoded by a single copy gene, mapped to chromosome 5p15.33. The gene consists of 16 exons and 15 introns spanning more than 37 kb (9). The protein encoded by hTERT is composed of 1132 amino acid residues (9) that contain seven functional motifs conserved among reverse transcriptases (RTs) and one telomerase specific motif. hTERT belongs to a group of RTs, which is the key determinant of telomerase activity. Introduction of hTERT into normal telomerase-negative human cells can prevent entry into senescence, thereby extending the replicative life span of these cells. Furthermore, Yu *et al.* observed that, at the cellular level, transfection of hTERT into U2OS cells, an hTERT-negative malignant cell line, enabled telomerase activity and further promoted their invasive and metastatic potential (10). It has been reported that TERT controls stem cells via transcriptional regulation of a developmental program converging on the Wnt/ β -catenin signaling pathway (11). Sequence analysis revealed that the hTERT promoter also lacks the TATA and CAAT boxes, but contains binding sites for several transcription factors, including the oncogenes SP1 and c-Myc (12), and the suppressor genes HER2 and p53 (13). Furthermore, downregulation of hTERT expression was partially mediated through inhibition of the DNA methyltransferase and histone acetyltransferase activities of the hTERT promoter. Treatment with epigallocatechin-3-gallate (EGCG) and a prodrug of EGCG, which remodel chromatin structures of the hTERT promoter by reducing the level of acetyl-H3K9, acetyl-H4, and acetyl-H3 binding to the hTERT promoter and facilitate the binding of hTERT repressors to the hTERT regulatory region, result in inhibition of hTERT transcription (14).

Attempts to regulate hTERT were initiated soon after research into the structure and function of hTERT began; however, hTERT expression is subject to multiple stages of control. These factors may be critical regulators of hTERT, not only in cancer cells but also in normal cells and the combined action of these regulators will determine the final expression pattern of hTERT. Therefore, the development of drugs that critically and specifically target hTERT is essential for cancer treatment.

3. hTERT-based immunotherapy

Identification of hTERT as a good, universal, tumor-associated antigen. The concept of cancer immunotherapy is based on manipulating the host immune system to attack the cancer. However, initial tumor immunotherapy proved disappointing because of the lack of 'resistance' to tumors in many animal cancer models. This lack of tumor immunogenicity may not arise because the tumor does not spontaneously express antigens but because the self-antigens expressed by the tumors do not effectively stimulate naïve or activated T cells. Therefore, expression in differentiated, healthy somatic cells resulted in cognate tumor immune escape. Consequently, it has been a challenge for researchers to identify ideal tumor-associated antigen (TAA) for the immunotherapy of various tumors. An ideal TAA should have the following characteristics: i) expres-

sion in most cancers to be broadly applied to many different types of cancer; ii) restriction to the tumor to avoid autoimmune reactions; iii) rare expression in normal, mature tissues so that tolerance is broken; iv) possession of an irreplaceable role in tumor progression to prevent tumor variance and deletion; v) inducement of a strong immune response to repress tumors; and vi) recognition by both major histocompatibility complex (MHC)-I and -II in a restricted fashion to elicit a CD4⁺ and CD8⁺ T lymphocyte response (15).

To date, hTERT is the TAA that is most consistent with the above criteria. Accumulated evidence based on both humans and mice has shown that the same endogenous hTERT antigen-specific CTL can induce the efficient lysis of tumor cells of different histological origins and types (16). hTERT peptide-specific CTLs may derive from the original T cell pool, and can be primed for antitumor responses by hTERT antigen induction repeatedly (17). Immune escape by downregulation of hTERT expression in tumors could also lead to progressive telomere shortening and tumor death. Therefore, hTERT should be an ideal tumor-associated antigen (Fig. 2).

Activation of cytotoxic T-lymphocytes by hTERT-pulsed dendritic cells (DCs). DCs are the most efficient antigen-presenting cells (APCs), and they have been extensively used to activate antitumor effector T and B lymphocytes by presenting TAAs, including previously unknown epitopes restricted in various MHC-II manners (18). In addition, they are capable of promoting the activation of natural killer (NK) cells, which also have substantial antitumor effects. During the past few years, many studies have shown that DCs pulsed with hTERT RNA, DNA and an adenoviral vector containing the hTERT gene (Ad-hTERT) result in the restoration of telomerase activity and give rise to a strong CD8⁺ cytotoxic T-lymphocyte (CTL) response that specifically eradicates autologous tumor cells (19). Interestingly, DCs transduced with rAd-hTERT do not induce autoimmunity in normal control because the hTERT protein found in normal tissues is below the threshold level found in malignant cells that are recognized and lysed by hTERT-specific CTLs (19). Another study demonstrated that human DCs transfected with chimeric hTERT/lysosome-associated membrane protein (LAMP-1) mRNA are capable of stimulating a CD4⁺ T-cell reaction. This reaction is required to stimulate and sustain an optimal CD8⁺ CTL reaction *in vivo* (20). Moreover, the combination with adjuvant may induce DC maturation and activation, which may also enhance the immune response. However, obstacles to the development of this therapy should be taken into account, including potential adenovirus toxicity, high level of neutralizing antibodies, the inability of DCs to migrate to the draining lymph nodes, and activation or suppression by regulatory T-cells (Treg) (21). Therefore, further research regarding engineered hTERT-modified DC vaccines must be performed to address the above problems.

Identification of hTERT-based peptide epitopes. Peptide-based vaccination against tumors has progressed significantly based on the observations that CD8⁺ CTLs lyse TAA-expressing tumor cells from multiple tissues and that CD4⁺ helper T lymphocytes (HTLs) are also activated by peptides derived from TAAs in the presence of DCs loaded with cognate TAAs

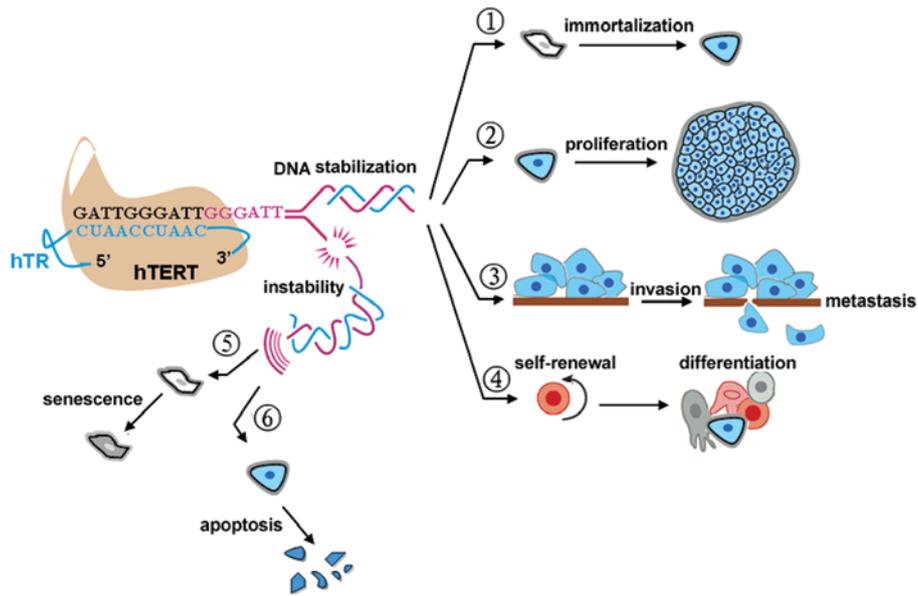


Figure 1. Characteristics of hTERT make it an ideal therapeutic target for human cancers. Aberrant overexpression of hTERT results in the following: 1, immortalization of primary human cells; 2, enhancement of tumor cell proliferation; 3, promotion of tumor invasive and metastatic potential; and 4, maintenance of stemness of stem cells, including self-renewal properties and pluripotency. Repression of hTERT results in telomere loss and the following: 5, non-prevention of stress-induced senescence in normal cell; and 6, apoptosis of the tumor cell.

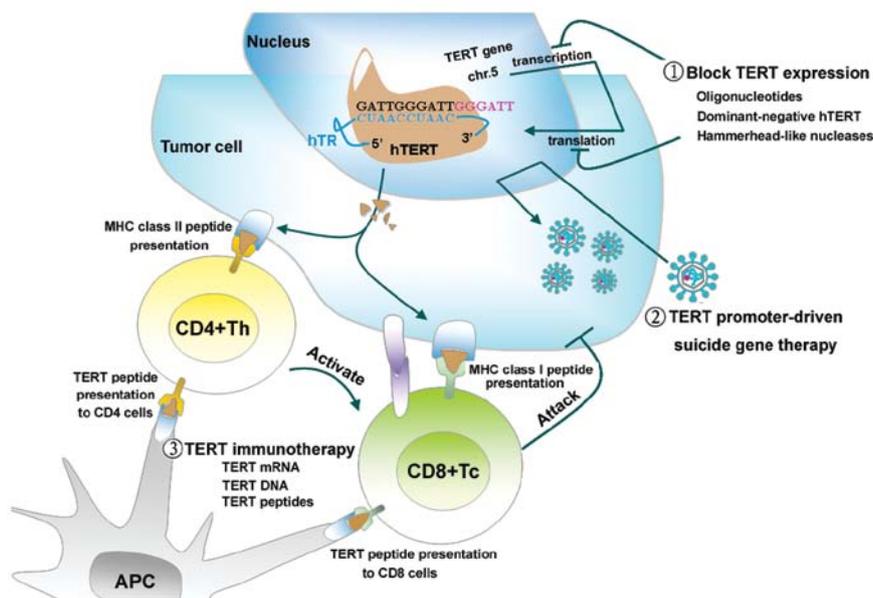


Figure 2. Three hTERT-based strategies for killing tumor cells. The presence of hTERT, as the rate-limiting step in the activation of telomerase, is a prerequisite for carcinogenesis. Recent evidence has shown that the recently developed hTERT-based therapies are successful in cancer treatment. 1, Studies regarding the regulation of hTERT were initiated soon after research into the transcription, translation, transport processing of hTERT was begun. These methodologies have the common goal of downregulating hTERT expression at multiple stages of biogenesis. Examples of these approaches include antisense oligonucleotides, dominant-negative hTERT, and hammerhead-like nucleases. 2, hTERT promoter-driven suicide gene therapy is based on genes that encode proteins that control the replication of microbial enzymes or oncolytic viruses that convert a prodrug into a toxic substance. This therapy is also based on effective delivery systems, such as liposomes and adenovirus vectors. 3, There is increasing evidence that the hTERT antigen recognized in both an MHC-I and -II restricted fashion elicits a CD4⁺ and CD8⁺ T lymphocyte response. In the immune response, DCs are the most efficient antigen-presenting cells. They have been used extensively to activate antitumor effector T and B lymphocytes through pulsing with hTERT RNA, DNA and an adenoviral vector containing the hTERT gene (Ad-hTERT) to specifically eradicate autologous hTERT-positive tumor cells. The relative advantages and disadvantages of these different methodologies are reviewed in this study.

(15). The I540 (ILAKFLHWL) was the first hTERT immunogenic peptide identified by epitope prediction from melanoma, and it has entered phase III clinical trials for melanoma treatment (22). To boost the anti-hTERT immune response, 38 hTERT

peptides have been subsequently identified that are capable of inducing specific CTLs *in vitro* or *in vivo* (23-33) (Table I). The K973 peptide (KLFGLRLK) (Table I) binds tightly to HLA-A3; it is capable of inducing a specific CTL response

Table I. hTERT antigenic peptides identified for tumor immunity.

Epitope	Sequence	Position	MHC	Cell line/ <i>in vivo</i>	CD4/CD8	Refs.
M1	MPRAPRCRA	1-9	HLA-B7	+/+M	-/+	(29)
R30	RLGPQGWR	30-37	HLA-A2	+/+M	-/+	(26)
A68	APSFQRVCSL	68-77	HLA-B7	+/+M	-/+	(34)
A167	AYQVCGPPL	167-175	HLA-A24	+/+H,M	-/+	(28)
R277	RPAEEATSL	277-285	HLA-B7	+/+M	-/+	(29)
V324	VYAETKHFL	324-332	HLA-A24	+/-	-/+	(29)
Y325	YLEPACAKY	325-333	HLA-A1	+/+M	-/+	(27)
R342	RPSFLLSSL	342-350	HLA-B7	+/+M	-/+	(29)
R351	RPSLTGARRL	351-360	HLA-B7	+/+M	-/+	(29)
Y386	YWQMRPLFLELLGNH	386-400	HLA-DP	+/-	+/-	(32)
D444	DPRRLVQLL	444-452	HLA-B7	+/+M	-/+	(30)
V461	VYGFVRACL	461-469	HLA-A24	+/-	-/+	(29)
F464	FVRACLRRRL	464-472	HLA-B7	+/+M	-/+	(30)
I540	ILAKFLHWL	540-548	HLA-A2	+/+H,M	-/+	(23)
L541	LAKFLHWLMSVYVVE	541-555	HLA-DP	+/-	+/-	(31)
L555	LLRSFFYN	555-563	HLA-A2	+/+M	-/+	(33)
R572	RLFFYRKS	572-580	HLA-A2	+/+M	-/+	(24)
L573	LFFYRKS ^a VWSKLQSI	573-584	HLA-DP	+/-	+/-	(31)
E611	EARPALLTSRLRFIPK	611-626	HLA-DR, DQ, DP	-/+H	+/-	(31)
R613	RPALLTSRLRFIPK	613-627	HLA-DP	+/-	+/-	(31)
D637	DYVVGARTF	637-645	HLA-A24	+/+H,M	-/+	(28)
A660	ALFSVLNYERARRPGLLGA SVLGLDDIHRA	660-689	HLA-A2, DR	+/-	+/+	(32)
S663	SVLNYERARRPGLLG	663-677	HLA-DR	+/-	+/-	(32)
R672	RPGLLGASVLGLDDI	672-686	HLA-DR1, 7, 15	+/+M	+/-	(35)
P673	PGLLGASVLGLDDIH	673-687	HLA-A2, DR	+/-	+/+	(32)
G674	GLLGASVLGL	674-683	HLA-A2	+/-	-/+	(32)
L766	LTDLQPYMRQFVAHL	766-780	HLA-DR1, 7, 15	+/+M	+/-	(36)
C845	CYGD ^a MENKL	845-853	HLA-A24	+/+H,M	-/+	(28)
R865	RLVDDFLLV	865-873	HLA-A2	+/+H,M	-/+	(23)
K973	KLFGVLR ^a LK	973-981	HLA-A2, A3	+/-	-/+	(34)
D988	DLQVNSLQTV	988-997	HLA-A2	+/+M	-/+	(25)
T1088	TYVPLLGS ^a L	1088-1096	HLA-A24	+/+H,M	-/+	(28)
L1107	LPGTTLTAL	1107-1115	HLA-B7	+/+M	-/+	(30)
L1123	LPSDFK ^a TIL	1123-1131	HLA-B7	+/+M	-/+	(30)
Y572 ^a	YLFFYRKS ^a V	572-580	HLA-A2	+/+M,H	-/+	(25)
Y988 ^a	YLQVNSLQTV	988-997	HLA-A2	+/+M	-/+	(25)
R38 ^a	RLGPQGWRV	30-38	HLA-A2	+/+M,H	-/+	(26)

In cell line/*in vivo* column +, have test; -, no test; H, human test; M, mouse test; in CD4/CD8 column +, positive immune response; -, negative immune response; ^aAmino acids in italic are mutated.

in an MHC-restricted manner, and it can also lyse a range of HLA-A2-positive tumor cell lines derived from various histological origins (34). HLA-A3, expressed in 15-25% patients, can expand the range of hTERT-based tumor immunotherapy to more than 60% of people. The peptide sequences VYAETKHFL and VYGFVRACL (Table I), derived from hTERT, are capable of eliciting hTERT peptide-specific CD8⁺

CTLs that generate a cytotoxic response against leukemia cells in an HLA-A24-restricted manner (29). HLA-A24 is the most common allele and is present in more than 60% of Japanese and in nearly 20% of Europeans. These data strongly suggest that hTERT-based specific CTL responses for cancer immunotherapy can occur in most parts of the world. CD4⁺ Th cells exert helper activity for initiating, regulating, and

maintaining the CD8⁺ CTL response. Schroers *et al* identified two MHC-II restricted antigen peptides from hTERT, the L766 epitope (LTDLQPYMRQFVAHL) which incorporates to HLA-DR4, DR11, and DR15 and the R672 epitope (RPGLLGASVLGLDDI) which incorporates to HLA-DR1, DR7 and DR15 (35,36) (Table I). These results illustrate that the binding of hTERT peptides is promiscuous; one Th epitope may be present within the different binding grooves of a single MHC-II molecule, and this attribute plays a role in the induction of a broader immune reaction. To enhance their ability to bind the MHC molecule, the majority of low-affinity peptides are modified with a tyrosine in the first position. This modification makes them highly immunogenic, and they can then induce a potent immune response for cancer treatment (26,36).

Applications of hTERT-based peptides for cancer vaccines. It has not yet been determined whether these hTERT single epitope vaccines mediate an immunodominant response. This uncertainty may be due to their low molecular weight, rapid decline, weak immunogenicity, and their ineffective processing and presentation on cancer cells (37). To overcome the above problems, various carrier proteins and fusion proteins were used as vectors for delivering T-cell epitopes, while there is a risk that foreign proteins with high molecular weights will induce the immune response, rather than the target polypeptides. Currently, single-epitope peptide vaccines are based on HLA-restricted peptide predictive algorithms (38) and are used in patients with a particular HLA type, leading to a narrow therapeutic window, however, vaccinations with full-length mRNA encoding defined antigens or with multi-epitope, superimposed antigens have many known and unknown MHC-restricted epitopes.

hTERT peptides are processed and presented on the surface of DCs in the form of multiple-epitope that produce multiple CTL cell clones to induce an effective antitumor response using the MHC-I and -II pathways and avoid immune escape due to the loss of a single HLA allele. More attractively, the multiple antigenic peptide (MAP) system based on the core matrix lysine being coupled with four or eight strips of epitope monomer to form a branch-like structure, represents a unique way to generate anti-peptide antibodies (37). Theoretically, the MAP structure not only strengthens the specificity of the peptide chain structure and increases the molecular weight of the epitope peptides but also induces a high titer, high affinity antibody. Moreover, the Th epitopes are also added to the MAP system to improve vaccine immunogenicity and enhance CTL responses in an effective way. Recently, it has been reported that the synthetic dendritic tandem multiple antigenic hTERT epitope peptides consisting of I540 in a HLA-A02-restricted manner, V461 in a HLA-A24-restricted manner, and L766 in a HLA-DR-restricted manner are capable of inducing powerful antitumor responses in SW480/A549 cells expressing HLA-A2, HepG2/SMMC-7721 cells expressing HLA-A24, and SKOV3 cells negative for HLA-A2/A24 (39). The results also showed that the immunogenicity of the MAPs was better than a simple combination of the three individual peptides.

4. hTERT-based suicide gene therapy

Cancer gene therapy depends on an effective vector system and highly specific molecular targets. Currently, vector systems

consist of non-viral vectors, such as naked DNA injections and liposomes, and viral vectors, such as adenovirus vectors. This methodology is based on genes that encode proteins that control the replication of microbial enzymes or oncolytic viruses that convert a prodrug into a toxic substance (40) (Fig. 2). Because the enzymatic or oncolytic virus systems can activate prodrugs only in the infected tumor cells, only the suicide gene-positive cells can be inhibited and even killed, while leaving normal somatic cells undamaged (40). Because of these advantages, adenovirus vector systems are commonly used in suicide gene therapy. The first generation of adenoviral vectors used to establish E1/E3-deletion constructs were not replication-competent, in order to be biologically safe. The increased interest in the field is expected because of the augmentation of transgene expression from the tumor-specific promoter without loss of target specificity. Jacob *et al* constructed Ad/TRAIL-F/RGD, the human tumor necrosis factor-related apoptosis-inducing ligand (TRAIL) gene under the transcriptional control of hTERT promoters. That report also demonstrated that treatment with Ad/TRAIL-F/RGD resulted in the apoptosis of human pancreatic and colon cancer cells *in vitro*, as well as *in vitro* suppression of tumor growth in an orthotopic implantation tumor model in the pancreas of mice, while having a minimal effect on normal cells (41). However, because the first generation of adenoviral vectors is not replication-competent, the treatment effect is confined only to the initially infected tumor cells, limiting the long-term therapeutic effect. Another concern is that the hTERT promoter activity with regard to targeted cancer gene therapy is low in stem cells (42), and the question remains as to whether this methodology can be applied to cancer stem cell therapy.

Although suicide gene therapy has made progress, the preclinical experimental results are still unsatisfactory. This method still cannot compensate for the shortcomings of replication-defective viruses *in vivo*, even if it is mediating strong bystander effects that affect not only the tumor cells transduced with the gene but also neighboring tumor cells. Therefore, conditionally replicating adenoviruses are emerging as a promising modality for cancer treatment. A novel replicative adenoviral vector, AdhTERTp-E1A, in which the hTERT promoter controls the selective replication of the vector in various tumor cells was reported. This attribute, combined with its lack of toxicity, can essentially promote oncolytic therapy as an antitumor treatment. Compared to the replication-defective virus, conditionally replicating adenoviruses under control of the hTERT promoter reduce tumor cell proliferation, play a more effective role in inhibiting tumor progress, are as safe as the former, and have no apparent side effects. Moreover, different hTERT promoters are used at different research institutions, various strategies have been devised to improve hTERT promoter activity. Several binding sites for transcription factors, including the transcription activating factors Myc and SP1, have been cloned into the adenoviral vector, and a series of constructs containing the E-box or TATA box upstream of the transcriptional start site have been cloned into the binding site for transcriptional activation of the hTERT gene (43). In addition, a single bicistronic adenoviral vector expressing pro-apoptotic genes under control of the hTERT promoter was constructed using the inducible gene expression system, providing a promising new systemic

delivery vehicle for oncolytic adenoviruses. The novel vector utilizes the hTERT promoter to drive the expression of the transactivator that binds to the tetracycline-responsive element without tetracycline. This effect in turn causes the expression of the tumor-specific Bax gene in various types of tumors (44).

hTERT-based suicide gene therapy may rapidly kill hTERT-positive cells in tumors versus normal cells. However, efficient delivery of gene therapy to tumors throughout the human body is a major challenge, and immunological reactions may limit the dosing of the vector system.

5. hTERT-based agents that block hTERT expression and biogenesis

Although recent studies have screened different therapies targeting hTERT, an effective and specific agent used in clinical trials has not currently been found. During the past few years, various hTERT-based agents, including antisense oligonucleotides, overexpression of dominant-negative hTERT, and hammerhead-like nucleases, have been described (Fig. 2). Indeed, antisense oligonucleotide methodologies such as RNA interference were found efficient for hTERT gene silencing. The RNA interference is a natural process in which gene expression is silenced by small interfering RNAs (siRNA) that are complementary to the messenger RNA in eukaryotic cells. These siRNAs become incorporated into the RNA induced silencing complex (RISC) through a cleavage mechanism (45). Liu *et al* demonstrated that dendrimer-mediated shRNA against hTERT led to a marked reduction of hTERT expression in human oral cancer cells and mouse tumor xenografts (46). Gandellini *et al* showed that hTERT-specific siRNAs effectively impaired tumor cell growth and induced a variable degree of programmed cell death (47). Additionally, microRNAs, endogenous small RNAs, are hypothesized to be involved in the regulation of the hTERT gene (48). However, the relative efficacy and specificity of siRNAs needs to be carefully assessed for cell-type-dependent global effects and positional effects that may limit target accessibility by the siRNAs.

Hammerhead and hairpin ribozymes are attractive tools due to their small molecular size and the ease with which it is possible to design these molecules for use in the gene therapy field. Various studies have been performed regarding the use of hammerhead and hairpin ribozymes for cancer therapy. Hao *et al* designed a hammerhead anti-hTERT ribozyme and found that it is exhibited both growth suppression and rapid apoptosis effects on an hTERT-positive carcinoma (49). Apoptosis of the cancer cells was not accompanied by telomere shortening, leaving no time for detecting replicative senescence. The induction of rapid apoptosis of cancer cells through the anti-hTERT ribozyme was via a direct mechanism rather than the telomere shortening-senescence-apoptosis pathway.

Telomerase inhibition in tumor cells using a dominant-negative hTERT mutant causes telomere shortening and tumor suppression. Sachsinger *et al* demonstrated that ectopic expression of a dominant-negative murine TERT mutant in renal tumor cells resulted in telomere shortening and telomerase inactivation (50).

Ribozymes, small interfering RNAs targeting TERT mRNA, and gene therapies using overexpressing mutant TERT

showed good activity in some model systems. In addition to the ease of screening these potent candidate agents, another advantage is that these drugs directly and rapidly block hTERT expression and biogenesis. Specifically, antisense oligonucleotides are not removed from the cell by the efflux mechanisms responsible for the multidrug resistance of cancers (6). However, several obstacles such as effective transduction of these agents into cells without degradation and the avoidance of target-off effects for safety reasons need to be overcome before these anticancer therapies can be used for treatment.

6. Conclusions and prospects

Targeting hTERT is a promising approach in cancer treatment; however, there are many more opportunities and challenges ahead. Although all anti-hTERT therapies force telomere crisis, resulting in gradual cell apoptosis; however, tumors continue to grow during the telomere-shortening time. The prognosis of patients with cancer varies and may be dependent on telomerase activity, telomere length, and even the microenvironment of the tumor mass that can produce certain signals that decrease the effect of anti-cancer therapies (6). Furthermore, we need to note that the alternative lengthening of telomeres (ALT) mechanism represents a telomerase-independent, recombination-based marker, referred to as ALT-associated tumor-type, to maintain telomere length (51). Therefore, targeting hTERT most likely needs to be coupled with other traditional therapeutic modalities to create new treatment strategies that lead to wider and more long-lasting response in cancer patients.

Currently, we remain at the early stages of clinical development of hTERT as a cancer target. The current hTERT-based drugs in preclinical and clinical trials are most likely not the best hTERT-based drugs that we can ultimately develop. The development of hTERT-based therapy provides an important new strategy for anticancer treatment; however, preclinical trials are needed to determine the dosage, time course of treatment, indications, and possible side effects of this promising anticancer treatment before entering into clinical use (15). hTERT-based therapies will be an inevitable part of cancer treatments in the near future.

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