Matrine induces the apoptosis of lung cancer cells through downregulation of inhibitor of apoptosis proteins and the Akt signaling pathway

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Abstract. Lung cancer is the leading cause of cancer-related mortality in humans. The prognosis for advanced lung cancer patients is extremely poor. Current standard care is rather ineffective for prolonging patient life while preserving satisfactory quality of life due to adverse side-effects. Matrine extracted from the traditional Chinese herbal plant Sophora flavescens was shown to induce cancer cell death in vitro. The aim of this study was to investigate the effect of matrine on the proliferation and apoptosis of lung cancer cells and the molecular basis of matrine-induced apoptosis. The results showed that matrine inhibited cell proliferation and induced apoptosis in lung cancer A549 and 95D cells in a dose- and time-dependent manner. The apoptotic effects of matrine on lung cancer cells appeared to act via the phosphatidylinositol 3-kinase/Akt/mammalian target of rapamycin (PI3K-Akt-mTOR) signaling pathway and downregulation of the expression of the inhibitor of apoptosis protein (IAP) family proteins. Matrine exerts its cancer-killing effect via promoting apoptosis in lung cancer cells and may be a useful adjuvant therapeutic scheme for treating advanced lung cancer patients.

Introduction

Lung cancer is the leading cause of cancer-related mortality in humans, and is attributed to the death of more than 1 million individuals each year. New cases of lung cancer account for 13% (~1.6 million) of the total new cancer cases diagnosed each year (1). In China, many of these new cases of lung cancer often exhibit malignant characteristics such as multiple tumor

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sites and high propensity to metastasize (2). Despite recent advances in the development of multidisciplinary treatment regimens for lung cancer, the prognosis of lung cancer patients remains poor and the 5-year survival rate is only \sim 15% (3).

Approximately 85 to 90% of lung cancer cases are non-small cell lung cancer (NSCLC), which includes three major subtypes: squamous cell (epidermoid) carcinoma (25-30%), adenocarcinoma (40%) and large cell (undifferentiated) carcinoma (10-15%). While there exist discernible differences in size, shape and chemical make-up between these three subtypes, the clinical approaches to treatment and prognosis are often very similar. The standard treatments for patients presenting with advanced stages of lung cancer are chemotherapy and radiotherapy. However, these therapies often bring only marginal benefits in regards to patient survival; the median survival time after receiving chemotherapy is <1 year. As normal cells are also adversely affected by these therapies, the treatment is often accompanied by undesirable side-effects, which, along with the limited improvement in patient survival, results in the poor quality of life for lung cancer patients receiving standard care. Novel therapeutics with higher specificity towards cancer cells and less toxicity are urgently needed for treating lung cancer patients.

Small chemicals extracted from plants, recognized for low toxicity and often better bioavailability than synthetic drugs, have become a hotspot in the search for novel drugs. In particular, herbs used in Traditional Chinese Medicine (TCM) are gaining wider recognition in recent years as an underexploited source for potential therapeutic compounds (4,5). Matrine (Fig. 1) is an alkaloid extracted as the major active ingredient of the traditional Chinese herb Sophora flavescens Ait. (6). Presently, there are over 300 commercial concoctions containing matrine or its derivative oxymatrine in the database of drug manufacturing licenses approved by the China Food and Drug Administration (http://www.sda.gov. cn/). These drug preparations have been prescribed for the treatment of cancer, arrhythmia (7-9), viral hepatitis (10-12), hepatic fibrosis (13) and skin diseases such as atopic dermatitis and eczema (14). In the past few years, a growing body of evidence suggests that matrine and oxymatrine may have some promising potential in cancer treatment as demonstrated by their tumoricidal effects on many cancer cell lines including those derived from gastric cancer, cervical cancer, leukemia, hepatocellular carcinoma, breast cancer, pancreatic cancer and lung cancer (3,15-25). The major mechanisms that have been postulated to underlie the antitumor effects of matrine center on the regulation of apoptosis- and proliferation-related genes and proteins, such as Bcl-2 family members, caspases, E2F-1, Akt and Fas/FasL (23,26-29).

Although available data suggest that the cytotoxic effect of matrine may be wide-spectrum against multiple types of cancer cells, it has not been thoroughly documented whether and how matrine may affect the growth of different types of lung cancer cells. In this study, we investigated the effect of matrine on two highly invasive lung cancer cell lines, A549 and 95D. Our results indicated that matrine is mildly effective in killing both of these types of lung cancer cells, suggesting that matrine may be more useful as an adjuvant therapy in combination with other treatments of lung cancer. Furthermore, our results suggest that matrine exerts its cancer-killing effect via promoting apoptosis in lung cancer cells, possibly through the downregulation of cIAPs and the Akt signaling pathway.

Materials and methods

Therapeutic compounds and reagents. Lung cancer cell lines A549 and 95D were purchased from the Shanghai Institute of Biochemistry and Cell Biology, Chinese Academy of Sciences. Matrine was purchased from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). DMSO and MTT were purchased from Sigma (St. Louis, MO, USA). Annexin V-FITC apoptosis detection kit was from KeyGene (Nanjing, China). RPMI tissue culture medium and fetal bovine serum (FBS) were purchased from Gibco (USA). Anti-survivin, anti-cIAP1, anti-cIAP2, anti-Smac, anti-Akt, anti-p-Akt, anti-GAPDH and HRP-conjugated secondary antibodies were purchased from Abcam Biotechnology (USA). Chemiluminescence (ECL) reagent kit was purchased from Pierce Biotechnology (Rockford, IL, USA).

Cell culture. A549 and 95D cells were cultured in RPMI-1640 medium containing 10% FBS, 100 IU/ml penicillin and 100 μ g/ml streptomycin. The cells were grown in a humidified incubator at 37°C in an atmosphere of 5% CO₂ in air. Cells were grown on sterile tissue culture Petri dishes and passaged once every 2 to 3 days.

MTT cell viability assay. Cells were seeded in a 96-well plate at a density of 1×10^5 /ml and cultured in medium overnight. Cell viability was determined using the conversion of MTT to formazan via mitochondrial oxidation. Various treatments of cells included the addition of matrine (0, 0.25, 0.5, 1.0, 1.5 and 2.0 g/l) for 12, 24 and 48 h. MTT solution was then added to each well at a final concentration of 1 mg/ml/well, and the plates were incubated at 37°C for another 4 h. After incubation, 150 μ l DMSO was added to each well to dissolve the formazan formed, and the absorbance was read at 490 nm using a spectrophotometer.

Flow cytometric assay of apoptosis. Cellular apoptosis was determined using the Annexin V-FITC and propidium iodide

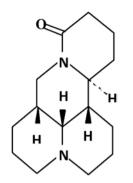


Figure 1. Chemical structure of matrine (C15H24N20, MW=248.37).

(PI) double staining kit according to the manufacturer's protocol with minor modification. Briefly, A549 cells were seeded in 6-well plates and allowed to attach overnight; matrine (0, 0.25, 0.5, 1.0, 1.5 and 2.0 g/l) was then added to the medium, and cells were incubated for 48 h. Cells were harvested, washed twice with cold PBS, resuspended in 250 μ l of binding buffer and stained with a staining solution containing Annexin V/FITC and PI. After incubation in the dark for 30 min, cells were analyzed by FACSCalibur flow cytometry (BD Biosciences, USA).

Fluorescence microscopy. A549 cells were treated with a 1.0 g/l concentration of matrine for 48 h. Cells were washed twice with PBS and fixed with cold methanol and acetic acid before being stained with Hoechst 33342 for 30 min in the dark. Stained cells were observed with a fluorescence microscope (Nikon, Japan).

Western blotting. Western blotting was performed using standard techniques as previously described (30,31). Generally, cells were washed twice with PBS buffer and lysed in RIPA lysis buffer (50 mM Tris-Cl pH 7.4, 150 mM NaCl, 0.5% sodium deoxycholate, 1% NP-40, 0.1% SDS, 1 mM EDTA, 100 mM NaF, 1 mM Na₃VO₄, 1 mM PMSF and 2 μ g/ml aprotinin) on ice. Total proteins (50 μ g) were subjected to sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to polyvinylidene difluoride (PVDF) membranes. The PVDF membranes were blocked with 5% nonfat milk in TBST (10 mM Tris, pH 7.4, 150 mM NaCl and 0.1% Tween-20) at room temperature for 2 h and incubated with the indicated primary antibodies at 4°C overnight with gentle rocking. After washing with TBST, the membranes were reacted with appropriate horseradish peroxidase (HRP)-conjugated secondary antibodies for 1 h at room temperature. After extensive washing with TBST, the presence of proteins was visualized by the enhanced chemiluminescence (ECL) detection kit in accordance with the manufacturer's recommendations.

Statistical analysis. Each experiment involving tissue culture was performed in triplicates. All analyses were performed using the SPSS 13.0 software. Results are expressed as mean \pm SD. The one-way analysis of variance (ANOVA) was used to compare the difference between treatment groups. Differences were considered significant at a P-value <0.05.

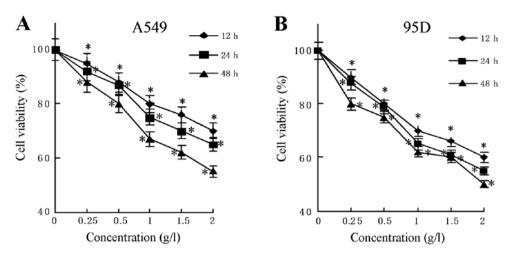


Figure 2. Matrine inhibits the growth of A549 and 95D cells *in vitro*. A549 and 95D cells were treated with 0, 0.25, 0.5, 1.0, 1.5 and 2.0 g/l of matrine and incubated for 12, 24 and 48 h, respectively. The cell viability was measured by MTT assay. *P<0.05 compared with the respective control.

Results

Growth inhibitory effect of matrine on lung cancer cells. Matrine has been previously shown to have an inhibitory effect on the growth of several cancer cell lines in vitro (3,15-18,20,21,23-25). However, it has not been thoroughly explored whether the antitumor property of matrine is also effective on different lung cancer-derived cells. We first set out to examine the effects of matrine on the proliferation of lung cancer cell lines A549 and 95D. As shown in Fig. 2A and B, there was a significant reduction in the number of viable cells in correspondence to the increasing concentration of matrine used in the experiments. This holds true for the 12, 24 and 48 h observations; the reduction in cell viability was even more pronounced in the 48-h treatment group. After a 24-h treatment with matrine at a concentration of 1.5 or 2.0 g/l, both A549 and 95D cells showed a ~30% reduction in cell viability. The 48-h treatment with matrine further reduced the cell viability, especially at the higher concentrations, e.g. by an additional 20% at 2.0 g/l. Therefore, matrine treatment exerted a modest inhibitory effect on the growth of these two lung cancer cell lines in both a dose- and time-dependent manner.

Matrine induces the apoptosis of A549 cells. To ascertain that the reduction in viable cells post matrine treatment is the result of apoptosis, A549 cells were incubated with 1.0 g/l matrine for 48 h and then examined by fluorescence microscopy. As shown in Fig. 3B, there were clear signs of chromatin condensation, nuclear fragmentation and the formation of apoptotic bodies in the matrine-treated cells (arrows), whereas the untreated A549 cells (Fig. 3A) showed mostly healthy nuclei. In line with the cell viability data, the percentage of matrine-treated cells showing apoptotic characteristics increased with higher concentrations of matrine used in the incubation (data not shown). Taken together, these results indicate that the cancer cell-killing mechanism of matrine involves apoptosis in A549 cells and it occurs in a dose-dependent manner.

In order to gain further insight into the dynamic progression from apoptosis to eventual cell death caused by matrine treatment, FACS analysis was employed to monitor the cell

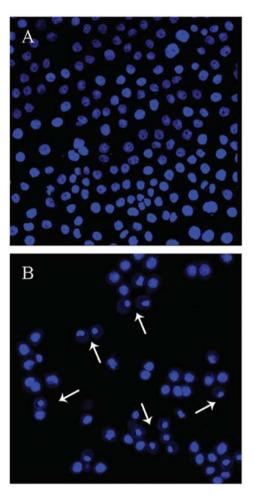


Figure 3. Matrine-induced apoptosis in A549 cells. A549 cell cultures of equivalent confluency were (A) untreated or (B) treated with 1.0 g/l matrine and incubated for 48 h, respectively. The nuclei of the cells were stained with Hoechst 33342, and apoptotic morphological changes were observed via fluorescence microscopy.

population undergoing apoptosis during matrine treatment. A549 cells were treated with different concentrations of matrine (0, 0.25, 0.5, 1.0, 1.5 and 2.0 g/l, respectively) for 48 h and were analyzed by flow cytometry. As shown in Fig. 4A,

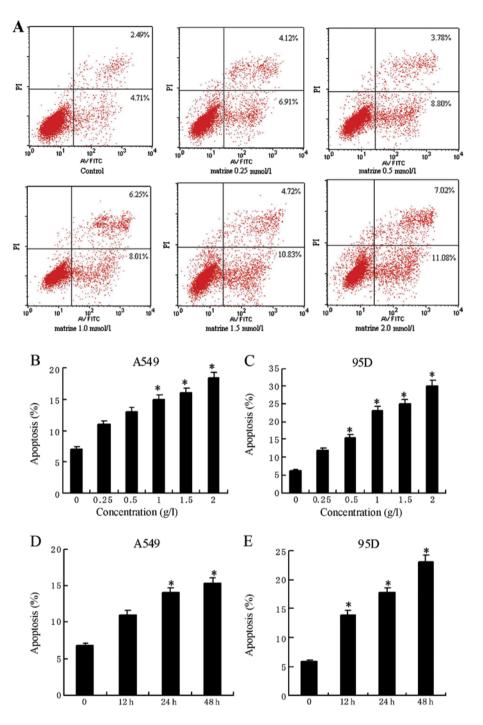


Figure 4. (A) FACS analysis of A549 cells treated with different concentrations of matrine. The percentage in the top right quadrant indicates the proportion of late apoptotic cells, whereas the percentage in the bottom right quadrant indicates the proportion of early apoptotic cells. Matrine induced apoptosis with various concentrations in (B) A549 and (C) 95D cells incubated for 48 h, and in (D) A549 and (E) 95D cells treated with 1.0 g/l matrine for 12, 24 and 48 h. Values represent means \pm SD of three independent experiments. *P<0.05, significantly different from the untreated control.

the numbers of both the early (bottom right quadrant) and late (top right quadrant) apoptotic cells increased significantly with regard to increasing concentrations of matrine used in the study (P<0.05). In contrast, the ratio between early and late (dead) apoptotic cells did not seem to change significantly in relation to the concentration of matrine, suggesting that the major effect of matrine occurs through the promotion of cancer cells to enter the apoptotic pathway, rather than at some stages during the apoptotic cascades. The pro-apoptotic effect of matrine was observed in both A549 and 95D cells in both a dose- and time-dependent manner (Fig. 4B-E).

Effect of matrine on early apoptotic processes. The fate of cells is determined dynamically by the competing pro- and anti-apoptotic processes involving members of the IAP (inhibitor of apoptosis) family. In order to better understand the molecular basis of matrine-induced apoptosis, we investigated the expression levels of members of the IAP family. A549

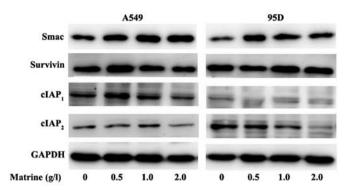


Figure 5. Expression levels of proteins regulating apoptotic pathways. Total cellular proteins were extracted from matrine-treated A549 and 95D cells and analyzed on SDS-PAGE followed by western blotting.

cells were treated with different concentrations of matrine (0, 0.5, 1.0 and 2.0 g/l) for 48 h, and the total cellular proteins were extracted and analyzed on SDS-PAGE by western blotting. Interestingly, the level of Smac increased in concert with increasing concentrations of matrine in both A549 and 95D cells, hinting that matrine may actively promote pro-apoptotic processes (Fig. 5). Concomitantly, levels of cIAPs decreased in response to increasing concentrations of matrine, suggesting that matrine acted on the inhibition of anti-apoptotic processes (Fig. 5). The expression levels of survivin did not seem to change significantly in response to matrine treatment, however, its anti-apoptotic activity may have been blocked as a result of the inhibition of the Akt pathway (discussed below).

Matrine induces apoptosis in lung cancer cells through Akt inactivation. Activation of the Akt signaling pathway is one of the major mechanisms through which cancer cells promote cell survival. Our previous results indicated that the Akt pathway is involved not only in pathogenesis but also in drug-resistance of lung cancer (31). We were therefore interested in determining whether matrine treatment has any effect on the Akt pathway. As shown in Fig. 6, the expression levels of phosphorylated Akt (p-Akt) and total Akt (Akt) after treatment with various concentrations of matrine (0,0.5, 1.0, 2.0 g/l) for 48 h decreased in a dose-dependent manner in response to increasing concentrations of matrine. Combined with our results concerning the matrine-induced reduction in cIAP expression, this result indicated that matrine may lower the anti-apoptotic activity of cIAPs via inhibiting the Akt pathway.

Discussion

Currently, the prognosis for inoperable or recurrent lung cancer patients remains dismal in spite of the development of novel chemotherapeutic strategies. While patients with early stage lung cancer can be potentially cured, most lung cancer patients are initially diagnosed at advanced stages. In addition, most advanced lung cancer patients are habitual smokers, whose health condition often leads to comorbidity in both cardiovascular and pulmonary systems, rendering aggressive surgery and multimodality therapy unfeasible. The severely unpleasant side-effects resulting from the standard care for advanced lung cancer can further reduce the quality of life of patients;

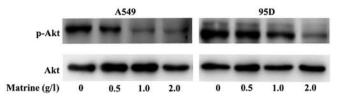


Figure 6. Expression levels of p-Akt and Akt proteins. Total cellular proteins were extracted from matrine-treated A549 and 95D cells and analyzed on SDS-PAGE followed by western blotting.

at times it may lead to therapy noncompliance. Urgently, the high prevalence and death rate of lung cancer cases in China calls for alternative therapeutics with improved effectiveness against the advanced stages and with lower toxicity.

The antitumor effect of matrine, an alkaloid extracted from Traditional Chinese herbal plants, has been studied in several cancer cell lines (3,15-18,20,21,23-25). Matrine was found to inhibit the growth of cell lines derived from hepatoma, acute myeloid leukemia, melanoma, gastric carcinoma and lung cancer. Furthermore, matrine can inhibit the migration of lung cancer cells as well as that of human umbilical vein epithelial cells cultured in lung cancer cell conditioned media (32). The ability of matrine to inhibit the proliferation of cancer cells of many different types and origins suggests that it may act on a common pathway involved in the survival and growth of these cancer cells. Our finding that matrine inhibited the growth of both A549 and 95D lung cancer cells strongly supports this hypothesis.

Apoptosis, induced by chemotherapy, radiation and cytokines, is a major mechanism underlying the killing of tumor cells during cancer therapy. In this study, we found that apoptosis was also the point of action by which matrine prevents lung cancer cell growth. The proportion of both early and late apoptotic cells increased significantly after treatment of matrine at a concentration of 1.0 g/l or higher. A few reports have implicated matrine in the induction of the pro-apoptotic pathways via lowering the ratio of Bcl-2/Bax (27) or by inhibiting human telomerase reverse transcriptase (hTERT), the catalytic subunit of telomerase (33). Activation of the phosphatidylinositol 3-kinase/Akt/mammalian target of rapamycin (PI3K-Akt-mTOR) signaling pathway has been observed in many types of tumors including lung cancer, which is considered to be important for the survival, proliferation, angiogenesis of cancer cells as well as their resistance to chemotherapy (34). Our previous results indicated that upregulation of the PI3K-Akt-mTOR pathway plays an important role in the growth and migration of lung cancer cells (30,31). In particular, this pathway seems to be involved in the adapted tolerance of cancer cells to chemotherapeutic compounds such as docetaxel. The present study suggests that matrine can contribute to the effectiveness of chemotherapy by inhibiting the PI3K-Akt-mTOR pathway in lung cancer cells.

Second mitochondrial-derived activator of caspases (Smac) and inhibitor of apoptosis (IAP) family members, such as XIAP, c-IAP₁, c-IAP₂ and survivin, are key regulators of apoptosis. In the cell, these factors promote competing pathways that ultimately determine the fate of the cell; Smac is pro-apoptotic and promotes cell death, IAPs are anti-apoptotic

and promote cell survival. IAPs usually have three baculoviral IAP repeats (BIR) and a significant new gene (RING) zinc finger domain (35). BIR1, BIR2 and BIR3 domains are each capable of binding and inhibiting caspases independently and each also interacts with Smac; both interactions serve to halt the apoptotic cascade and promote cell survival. C-IAP1 and c-IAP2 are E3 ubiquitin ligases for Smac; they stimulate Smac degradation both in vivo and in vitro (36). Survivin, typically absent in most normal tissues, is often found to be highly expressed in fetal tissues, perpetuated cell lines and cancer cells (37-41). Clinically, overexpression of survivin in cancer is associated with the high propensity to metastasize and to develop resistance to chemotherapy; hence it is often considered as a biomarker for malignant characteristics of cancer (42-47). Consistent with the aforementioned hypothesis, matrine was found to upregulate the expression of Smac while downregulating the expression of IAPs. The expression of survivin did not seem to be significantly affected by the treatment of matrine; however, its anti-apoptotic activity was likely blocked due to the inhibition of the Akt pathway and the downregulation of cIAPs, which are known to stimulate the anti-apoptotic activity of survivin (48). Whether matrine acts directly or indirectly on these protein regulators of apoptosis remains an open question. Taken together, it hints at the notion that matrine may affect the expression of Akt, Bcl-2/Bax and Fas/FasL in various cancer cells, perhaps through a common mechanism. Identifying the direct target of matrine would help to delineate such a mechanism that links the PI3K-Akt-mTOR pathway with the apoptosis cascades.

Our results reported here substantiated the therapeutic potential of matrine in lung cancer treatment. Given the dosage of matrine used in TCM concoctions, concentrations of matrine used in the present study should be well tolerated by the human body. In a mouse model for squamous cell carcinoma, matrine was administered at a dosage of 250 g/kg with no apparent adverse impact on health (49). Furthermore, it has been reported that matrine could ease the pain of cancer patients receiving chemotherapy, enhance the body's immunity and protect major organs such as the heart, liver and kidney from being damaged by chemicals/drugs during chemotherapy (50-52), all of which could help improve the quality of life of lung cancer patients receiving chemotherapy.

Clinically, lung cancer manifests in different forms, and the underlying biology dictates the progression and malignancy of the cancer such as the propensity to metastasize and to be resistant to conventional therapies. While matrine has shown some promise in several types of lung cancer in a tissue culture system, it does not seem to kill cancer cells completely. This may be due to the low concentration of matrine used in our experiments. On the other hand, these data suggest that probably the most effective use of matrine in lung cancer treatment is as an adjuvant. Investigation of whether there exists any additive and/or synergistic therapeutic benefits when applying a combination of matrine and conventional chemotherapies to treat cancer cell cultures or in animal models is warranted.

Our findings reported here corroborate previous results that reveal matrine-induced anticancer activity in tissue culture systems. The cancer-killing effect is likely through inhibition of the PI3K-Akt-mTOR pathway and promotion of apoptosis via downregulation of cIAPs. Given the prevalence of the deregulated PI3K-Akt-mTOR pathway and overexpression of cIAPs in many types of cancer, perhaps it is not surprising to find that matrine is effective in killing a spectrum of cancer cells of varying origins. A better understanding of the molecular basis of matrine-induced apoptosis in lung cancer cells may not only shed light on the pathogenesis of NSCLC but may also contribute to the development of more effective combination therapies for the treatment of advanced stage lung cancer.

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