# Gallic acid has anticancer activity and enhances the anticancer effects of cisplatin in non-small cell lung cancer A549 cells via the JAK/STAT3 signaling pathway

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Abstract. Gallic acid (3,4,5-trihydroxybenzoic acid; GA), a plant-derived natural phenolic compound, has been reported to prevent the development and progression of various types of cancers. However, there has been little elaboration of the anticancer effects and underlying mechanisms of GA alone and/or in combination with cisplatin in non-small cell lung cancer (NSCLC). The aim of the present study was to investigate the anticancer effects of GA on NSCLC A549 cells and its auxiliary effects on the anticancer activity of cisplatin. The results revealed that GA inhibited the proliferation and induced the apoptosis of NSCLC A549 cells in dose- and time-dependent manners, which was associated with upregulated B-cell lymphoma 2 (Bcl-2)-associated X protein (Bax) and downregulated Bcl-2. Notably, the results also indicated that GA enhanced the anticancer effects of cisplatin in the inhibition of cancer cell proliferation and the induction of cell apoptosis following elevated Bax expression and suppressed Bcl-2 expression. Furthermore, the results of the present study also demonstrated that GA exerted independent anticancer effects on NSCLC A549 cells, and facilitated the anticancer effects of cisplatin by modulating the JAK/STAT3 signaling pathway and downstream apoptotic molecules. These results may serve as a rationale for further basic studies and preclinical

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investigations on the anticancer effects of GA and its auxiliary effects on cisplatin function in human NSCLC.

#### Introduction

Lung cancer is one of the common malignant tumors, accounting for 12% of all primarily diagnosed cancer cases, and is established as the main cause of cancer-associated mortality worldwide (1,2). Non-small cell lung cancer (NSCLC) is a prominent type of lung cancer, comprising 85% of all lung cancer cases worldwide (3,4). Although therapeutic strategies including targeted therapy, immunotherapy and traditional chemotherapy have achieved considerable success in improving the prognosis of patients with NSCLC over the past decades, the majority of patients still suffer from local aggravation and/or systemic metastasis, and do not survive >5 years following diagnosis (5). Therefore, it is essential to identify novel therapeutics that are capable of significantly elevating the 5-year survival rate while causing little side-effects in NSCLC patients.

With advances in research on Traditional Chinese Medicine (TCM), many agents extracted from natural plants have attracted increasing levels of public attention in recent years for their apparent favorable pharmacokinetic characteristics and mild side-effects. Gallic acid (3,4,5-trihydroxybenzoic acid; GA), a natural phenolic compound, is one such plant extract that is present in abundance in tea, grapes, gall-nuts and red wine (6,7). It has been reported to possess various pharmacological and biological properties, including antibacterial, antiviral and antitumor activities. Recently, there has been an increased research focus on the antitumor capacity of GA in different cancer cell lines, including oral, lung, pancreatic and cervical cancer cells (8,9), and it is thought that regulation of apoptosis may be critically involved in the antitumor effects of GA. However, understanding of how GA induces cell apoptosis is still limited.

Signal transducer and activator of transcription 3 (STAT3) is a member of the STAT transcription factor family, which has been associated with various biological processes, including cell growth, survival and metastasis (10). STAT3 mainly exists

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in the cytoplasm, where it can be phosphorylated at Tyr705 via Janus kinase (JAK)-mediated tyrosine phosphorylation when stimulated by cytokines. The phosphorylated STAT3 translocates into the nucleus, combines with DNA sites, and regulates various cellular processes, including cell apoptosis and proliferation (11,12). Persistent activation of STAT3 has been observed in >70% of solid and hematological tumors, which may be one of the most notable differences between normal and malignant cells (13). Additionally, a previous study reported that aberrant activation of STAT3 is present in the majority of NSCLC cell lines and ~55% of NSCLC patients (14), indicating a potential association between STAT3 activation and NSCLC development. However, further investigation is required in order to fully illustrate how STAT3 expression is associated with NSCLC development.

Taking these findings into consideration, the present study hypothesized and investigated whether GA exerts its anticancer effects on NSCLC A549 cells by modulating the phosphorylation of JAK1 and STAT3, and the expression of downstream apoptotic molecules, including B-cell lymphoma 2 (Bcl-2) and Bcl-2-associated X protein (Bax). Notably, it was also evaluated and confirmed that GA facilitates the anticancer effects of cisplatin in A549 cells by regulating the JAK/STAT3 signaling pathway.

# Materials and methods

Materials. The human NSCLC cell line A549 was purchased from Shanghai Bioleaf Biotech Co., Ltd. (Shanghai, China). GA of purity >98% was purchased from Shanghai Source Biological Technology Co., Ltd. (Shanghai, China). Primary antibodies against JAK1, STAT3, p-STAT3<sup>Tyr705</sup>, Bax, Bcl-2, β-actin and GAPDH, and the secondary antibody anti-rabbit horseradish peroxidase (HRP)-immunoglobulin (Ig) G were acquired from Wuhan Boster Biological Technology Co., Ltd. (Wuhan, China). The antibody against phosphorylated (p)-JAK1<sup>Y1022</sup> was acquired from Elabscience Biotechnology Co., Ltd (Chengdu, China). An MTT Cell Proliferation and Cytotoxicity Assay kit, Annexin V-fluorescein isothiocyanate (FITC) Apoptosis Detection kit, RPMI-1640 medium, penicillin-streptomycin liquid, trypsin-EDTA solution (0.25%) with phenol red and crystal violet were obtained from Beijing Solarbio Science & Technology Co., Ltd. (Beijing, China). Fetal bovine serum (FBS) was purchased from Gibco (Thermo Fisher Scientific, Inc., Waltham, MA, USA).

*Cell culture*. The A549 cell line was maintained in RPMI-1640 medium containing 10% FBS, 100 U/ml penicillin and 0.1 mg/ml streptomycin, in a humidified incubator at  $37^{\circ}$ C with 5% CO<sub>2</sub>. Cells at logarithmic phase were used in the following experiments.

*Cell viability assay.* An MTT assay was performed to evaluate the effects of cisplatin (Jiangsu Haosen Pharmaceutical Group, Co., Ltd., Jiangsu, China), GA and their combination on cell viability. A549 cells were seeded in 96-well plates at a density of  $2x10^4$  cells/well. The cells were treated at  $37^{\circ}$ C with GA [varied dose (0-52 µg/ml) of GA for 24 h, or 12, 20 and 28 µg/ml GA for 6, 24 and 48 h], cisplatin [varied dose (0-32  $\mu$ g/ml) of cisplatin for 24 h] or the two compounds combined (2.5  $\mu$ g/ml of cisplatin, 28  $\mu$ g/ml of GA or the two combined for 6, 12, 24 and 48 h) when the cells reached 80% confluency. The medium was removed following 6-24 h of incubation, 10  $\mu$ l MTT (5 mg/ml) was added to each well, and the cells were incubated for a further 4 h. The medium of each well was then removed and replaced by 110  $\mu$ l dimethylsulfoxide at the end of the incubation. Finally, the absorbance of each well at 492 nm was measured with a spectrophotometer (Thermo Fisher Scientific, Inc.) and cell viability was evaluated by analyzing the absorbance of each group.

Cell apoptosis assay. A549 cells were seeded into 6-well plates at a density of  $2x10^{5}$ /well and divided into the following groups: i) Control group (Control), treated with normal medium; ii) GA group (GA), treated with 12-28 µg/ml GA; iii) cisplatin group (Pt 2.5), treated with 2.5  $\mu$ g/ml cisplatin; and iv) GA+cisplatin group (Pt 2.5+GA28), treated with 2.5  $\mu$ g/ml cisplatin + 28  $\mu$ g/ml GA. Cells from each group were treated at 37°C for 6 and 24 h, respectively. Cells were collected via centrifuged at 300 x g at 37°C for 5 min and washed 3 times with cold phosphate-buffered saline (PBS) and then suspended in binding buffer. The cells were then stained with Annexin V-FITC according to the instructions of the Apoptosis Detection kit (Beijing Solarbio Science & Technology Co., Ltd.). Finally, a flow cytometer (Sysmex Partec Gmbh, Görlitz, Germany) was used to determine the percentage of apoptotic cells in each group.

*Crystal violet staining assay.* A549 cells were cultured in 96-well plates and treated as aforementioned for 24 h when cells reached a confluence of 70-80%. The medium was removed at the end of the treatment period and cells were washed with cold PBS and fixed in 4% paraformaldehyde for 30 min at room temperature. The cells were then washed again with cold PBS and stained at room temperature with crystal violet for a further 2 min. Finally, the cells were washed with PBS and dried naturally prior to being observed under an inverted phase contrast microscope (Olympus Corporation, Tokyo, Japan).

Western blot analysis. Cells were treated with GA, cisplatin or the two compounds combined for 24 h, as aforementioned. The total proteins of cells in each group were then extracted using a Total Protein Extraction kit (Nanjing KeyGen Biotech, Co., Ltd. Nanjing, China) according to the manufacturer's instructions. The concentration of proteins was quantified with a BCA Protein Assay kit (Beijing Solarbio Science & Technology Co., Ltd.). The proteins were then mixed with sample buffer, separated on 10% SDS-polyacrylamide gels and transferred onto PVDF membranes. The membranes were blocked at room temperature for 2 h with 5% dried skimmed milk or 5% bovine serum albumin (Beijing Solarbio Science & Technology Co., Ltd.) dissolved in TBST (containing 0.02%) Tween-20) and incubated with the primary antibodies at 4°C overnight: JAK1 (cat. no. BA1808), p-JAK1 (cat. no. ENP0154), STAT3 (cat. no. BA0621), p-STAT3 (cat. no. P00007), Bax (cat. no. BA0315), Bcl-2 (cat. no. BA0412), \beta-actin (cat. no. BM0627) or GAPDH (cat. no. BA2913) at the dilution of 1:1,000-1:5,000. Subsequently, the membranes were washed 3 times with TBST, incubated with anti-rabbit IgG secondary



Figure 1. Effects of GA, cisplatin and their combination on A549 cell proliferation as detected by MTT assay. The results were expressed as the mean  $\pm$  standard deviation of separate experiments. (A) GA at 12 µg/ml significantly inhibited cell viability compared with control treatment. GA at concentrations of 28 µg/ml exhibited a greater inhibitory effect on cell viability compared with 12 µg/ml GA, and much greater inhibition was observed when cells were treated with 36-52 µg/ml GA. \*P<0.05 vs. Control; \*\*P<0.01 vs. 12 µg/ml; \*P<0.05 vs. 52 µg/ml. (B) The viability of cells was significantly inhibited by GA in a dose- and time-dependent manner. \*P<0.05 vs. Control; \*\*P<0.01 vs. 12 µg/ml; \*P<0.05 vs. 20 µg/ml; \*P<0.05 vs. 12 µg/ml at 6 h; \*P<0.05 vs. 20 µg/ml at 24 h; \*P<0.05 vs. 20 µg/ml at 6 h; \*P<0.05 vs. 20 µg/ml at 24 h; \*P<0.05 vs. 20 µg/ml at 6 h; \*P<0.05 vs. 20 µg/ml at 24 h. (C) Treatment with 1 µg/ml cisplatin for 24 h reduced the viability of cells. A dose of 4 µg/ml cisplatin exhibited a greater inhibitory effect on the viability of A549 cells when compared with that of 1 µg/ml, and significant inhibitory effects were observed when cells were treated with 8, 16 or 32 µg/ml cisplatin compared with that of 1 µg/ml. \*P<0.05 vs. Control; \*P<0.05 vs. 1 µg/ml. (D) GA, cisplatin or a combination of the two agents decreased cell viability in a time-dependent manner. Cotreatment with GA markedly enhanced the effects of cisplatin at different time points. \*P<0.05 vs. Pt 2.5 µg/ml at 6 h; \*P<0.05 vs. GA 28 µg/ml at 24 h; \*P<0.05 vs. Pt 2.5 µg/ml at 12 h; \*P<0.05 vs. Pt 2.5 +GA 28 at 12 h; \*P<0.05 vs. Pt 2.5 µg/ml at 24 h; \*P<0.05 vs. Pt 2.5 µg/ml at 24 h; \*P<0.05 vs. Pt 2.5 +GA 28 at 24 h. GA, Gallic acid; Pt, cisplatin.

antibody conjugated with HRP (1:5,000; cat. no. BA1056) for 1 h at room temperature and then washed 3 times with TBST. Finally, the signals indicating expression levels of target proteins were detected using Chemiluminescent HRP Substrate (EMD Millipore, Billerica, MA, USA) and ImageJ 1.8.0 software (National Institutes of Health, Bethesda, MD, USA).

Immunofluorescent staining assay. Cells were cultured in 24-well plates on sterile glass coverslips placed in each well and treated as aforementioned. The cells were then fixed at 4°C with 4% paraformaldehyde for 30 min and washed twice with PBS. Triton X-100 solution (0.1%) was used to disrupt the cytomembrane, then cells were blocked in 10% normal goat serum (Beijing Solarbio Science & Technology Co., Ltd.) at room temperature for 1 h, and incubated with p-STAT3 (dilution, 1:1,000; cat. no. P00007) at 4°C overnight. Subsequently, the cells were incubated with biotin-labeled secondary antibody (dilution, 1:64; cat. no. BA1090; Wuhan Boster Biological Technology Co., Ltd.) for 40 min at 37°C. Finally, nuclei were stained with DAPI at room temperature for 1 min and the slides were observed with a fluorescent microscope (Olympus Corporation; magnification, x200).

*Reverse transcription-quantitative polymerase chain reaction* (*RT-qPCR*). The total RNA of cells treated with the various doses of GA (12-28  $\mu$ g/ml) were isolated with TRIzol reagent

(Thermo Fisher Scientific, Inc.), and then a NanoDrop ND-1000 spectrophotometer was used to measure the concentration and purity of RNA samples. Subsequently, 2  $\mu$ g total RNA was reverse transcribed (37°C for 15 min and 85°C for 5 sec) into cDNA using a SuperScript III First-Strand Synthesis System for RT-PCR (Invitrogen; Thermo Fisher Scientific, Inc.). PCR was performed with a 25  $\mu$ l reaction mixture including 2  $\mu$ l cDNA. RT-qPCR was performed using SYBR Premix Ex Taq II supplied (Takara Bio, Inc., Otsu, Japan). Primers used for the RT-qPCR were as follows: GAPDH forward, 5'-ACTT TGGTATCGTGGAAGGACTCAT-3' and reverse, 5'-GTTTTT CTAGACGGCAGGTCAGG-3'; Bax forward, 5'-TTTTGC TTCAGGGTTTCATCCA-3' and reverse, 5'-TGCCACTCG GAAAAAGACCTC-3'; Bcl-2 forward, 5'-ATCGCCTGTGGA TGACTGA-3' and reverse, 5'-GAGACAGCCAGGAGAAAT CAAAC-3'; STAT3 forward, 5'-ACCAAGCGAGGACTGAGC ATC-3' and reverse, 5'-CAGCCAGACCCAGAAGGAGAA-3'; and JAK1 forward, 5'-ACCAGGATGCGGATAAATAATG-3' and reverse, 5'-GTTTCCAAGGTAGCCAAGTATTT-3'. qPCR amplification was performed in two steps: An initial step at 95°C for 30 sec, and then 40 cycles of 95°C for 5 sec and 60°C for 30 sec. Finally, the expression levels of target mRNAs were calculated according to  $2^{-\Delta\Delta Cq}$  method (15).

Statistical analysis. All quantitative data were presented as the mean  $\pm$  standard deviation, and statistical analysis was



Figure 2. GA induces apoptosis in A549 cells. The results were expressed as the mean  $\pm$  standard deviation of separate experiments. (A) Representative flow cytometry histograms of cell apoptosis analysis. (B) Results of cell apoptosis analysis. GA at 12  $\mu$ g/ml increased the percentage of early and total apoptotic cells when compared with control treatment following 24 h of incubation. GA at 28  $\mu$ g/ml induced a more significant increase in apoptosis in A549 cells when compared with 12  $\mu$ g/ml. \*P<0.05 and \*\*P<0.01, as indicated. GA, Gallic acid; PI, propidium iodide; FITC, fluorescein isothiocyanate.

performed with SPSS 19.0 (IBM Corp., Armonk, NY, USA). One-way analysis of variance followed by the Least Significant Difference post hoc test was applied to analyze the differences among groups. P<0.05 was considered to indicate a statistically significant difference.

# Results

GA decreases the viability of A549 cells. A549 cells were treated with GA (0-52  $\mu$ g/ml) for 24 h and cell viability was detected by MTT assay. It was observed that GA decreased cell viability in a dose-dependent manner (Fig. 1A). Specifically, 12  $\mu$ g/ml GA significantly decreased cell viability when compared with that of control cells (P<0.05); the greater concentration of 28  $\mu$ g/ml in turn caused a greater inhibition of cell viability when compared with 12  $\mu$ g/ml GA (P<0.05); cell viability was <10% when A549 cells were treated with GA at a dose of 36  $\mu$ g/ml GA; and cell viability was further inhibited when cells were treated with 52  $\mu$ g/ml GA. Based on these findings, 12-28  $\mu$ g/ml GA was adopted for subsequent studies. It was further identified that the viability of cells was significantly inhibited by GA in dose- and time-dependent manners (Fig. 1B).

GA induces the apoptosis of A549 cells. To investigate the influence of GA on apoptosis, A549 cells were treated with 12, 20 or 28  $\mu$ g/ml GA for 24 h and the number of apoptotic cells was calculated by flow cytometry. The results demonstrated that 12  $\mu$ g/ml GA significantly increased the percentage of early and total apoptotic cells when compared with the control group following 24 h of incubation (P<0.05). Notably, treatment with 28  $\mu$ g/ml GA led to a more significant increase in apoptosis in A549 cells compared with 12  $\mu$ g/ml GA (P<0.01), which indicated that GA induced A549 cell apoptosis in a dose-dependent manner (Fig. 2).

GA interferes with the expression of Bax and Bcl-2 in A549 cells. To further ascertain the antitumor effects of GA in A549 cells, the expression of Bax and Bcl-2 in cells from each group was measured by RT-qPCR and western blot analysis. The results revealed that GA upregulated Bax and downregulated Bcl-2 at the gene and protein levels (Fig. 3). Specifically, 12 µg/ml GA enhanced Bax protein (Fig. 3A) and gene (Fig. 3C) expression relative to the levels in control cells (P<0.05); and increased concentrations of GA (20 and 28  $\mu$ g/ml) further enhanced Bax expression at the gene and protein levels when compared with 12  $\mu$ g/ml GA (P<0.05). By contrast, 12  $\mu$ g/ml GA decreased the expression of Bcl-2 protein (Fig. 3B) and mRNA (Fig. 3D) compared with control treatment (P<0.05), and further inhibition of Bcl-2 expression was observed when A549 cells were treated with 20 or 28  $\mu$ g/ml GA (P<0.05 vs. 12  $\mu$ g/ml GA; Fig. 3B and D).

GA inhibits the JAK/STAT3 signaling pathway in A549 cells. It is widely accepted that the JAK/STAT3 signaling pathway is involved in various biological processes, including cell proliferation, survival and development (14). To determine whether the JAK/STAT3 signaling pathway was associated with the anticancer effects of GA, the expression of JAK1 and STAT3 was examined in A549 cells from each group by RT-qPCR and western blotting. The results revealed that  $12 \mu g/ml$  GA reduced the levels of p-JAK1Y1022 and p-STAT3Tyr705 when compared with control treatment (P<0.05); greater reductions in p-JAK1<sup>Y1022</sup> and p-STAT3<sup>Tyr705</sup> expression were observed when cells were treated with 20 or 28 µg/ml GA (P<0.05 vs. 12 µg/ml; Fig. 4A and B), which indicated that GA reduced  $p\text{-}JAK1^{Y1022}$  and  $p\text{-}STAT3^{Tyr705}$ in a dose-dependent manner. By contrast, varied doses of GA exerted little influence on the gene expression of JAK1 and STAT3 (Fig. 4C and D), which indicated that GA interfered with the phosphorylation of JAK1 and STAT3, rather than expression.



Figure 3. Expression of (A and C) Bax and (B and D) Bcl-2 was measured by western blot analysis and reverse transcription-quantitative polymerase chain reaction. GA at  $12 \mu g/ml$  enhanced Bax expression at the (A) protein and (C) gene levels compared with control treatment. GA at 20 and  $28 \mu g/ml$  exaggerated the enhancement of Bax expression at the gene and protein levels. By contrast,  $12 \mu g/ml$  GA decreased Bcl-2 expression at the (B) protein and (D) gene levels compared with control treatment. GA at 20 and  $28 \mu g/ml$  enhanced the reduction of Bcl-2 expression at the gene and protein levels. \*P<0.05 vs. Control; \*P<0.05 vs. 12  $\mu g/ml$  GA;  $^{\Delta}P$ <0.05 vs. 20  $\mu g/ml$  GA, GA, Gallic acid; Bcl-2, B-cell lymphoma 2; Bax, Bcl-2-associated X protein.



Figure 4. Effects of GA on the expression and phosphorylation of JAK1 and STAT3. GA at  $12 \mu g/ml$  suppressed the levels of (A) p-JAK1<sup>Y1022</sup> and (B) p-STAT3<sup>Tyr705</sup> when compared with control treatment. Greater inhibition of p-JAK1<sup>Y1022</sup> and p-STAT3<sup>Tyr705</sup> levels was observed when cells were treated with 20 or 28  $\mu g/ml$  GA. Varied doses of GA exhibited little influence on the gene expression of (C) JAK1 and (D) STAT. \*P<0.05 vs. Control; \*P<0.05 vs. 12  $\mu g/ml$  GA;  $\Delta P<0.05$  vs. 20  $\mu g/ml$  GA. GA, Gallic acid; JAK1, Janus kinase 1; STAT3, signal transducer and activator of transcription 3; p-, phosphorylated; t-, total.



Figure 5. GA enhances the effects of cisplatin on the apoptosis of A549 cells. Cell apoptosis was measured by flow cytometry and the results were expressed as the mean  $\pm$  standard deviation of separate experiments. Representative flow cytometry histograms of cell apoptosis are presented in (A) and (C), with the corresponding results of statistical analysis shown in (B) and (D). Cisplatin treatment for (A and B) 6 h or (C and D) 24 h increased the apoptosis of A549 cells to varied extents. GA increased the percentage of apoptotic cells at (D) 24 h but not at (B) 6 h following incubation. Combined treatment with GA and cisplatin induced a more marked increase in apoptosis than single agent treatment at (D) 24 h following incubation. \*P<0.05 and \*\*P<0.01 vs. Control; #P<0.01 vs. Pt 2.5; AP<0.05 and AAP<0.01 vs. GA 28. GA, Gallic acid; Pt, cisplatin; PI, propidium iodide; FITC, fluorescein isothiocyanate.



Figure 6. Morphological changes in A549 cells from each group were observed by crystal violet staining. Cellular structure was intact in the control group; however, cell shrinkage, nuclear chromatin condensation and fragmentation were observed when cells were treated with GA, cisplatin, or the two agents combined for 24 h. Combined usage of GA and cisplatin led to greater morphological changes in the A549 cells. Magnification, x40 and x200. GA, Gallic acid; Pt, cisplatin.

*GA enhances the effects of cisplatin on the proliferation of A549 cells.* To confirm the optimum concentration of cisplatin

for subsequent investigations, an MTT assay was performed. As presented in Fig. 1C, treatment with cisplatin (0-32  $\mu$ g/ml)



Figure 7. GA enhances the inhibitory effect of cisplatin on the JAK/STAT3 signaling pathway in A549 cells. GA or cisplatin treatment alone (A) increased Bax expression and (B) decreased Bcl-2 expression; combined treatment with the two agents significantly enhanced these effects on the expression of (A) Bax and (B) Bcl-2. The levels of (C) p-STAT3<sup>Tyr05</sup> and (D) p-JAK1<sup>Y1022</sup> were significantly decreased in cells treated with GA or cisplatin alone, though more marked decreases were observed in the combined treatment group. \*P<0.05 vs. Control; #P<0.05 vs. Pt 2.5; AP<0.05 vs. GA 28. GA, Gallic acid; Pt, cisplatin; JAK1, Janus kinase 1; STAT3, signal transducer and activator of transcription 3; p-, phosphorylated; t-, total.

for 24 h significantly decreased the viability of A549 cells in a dose-dependent manner (P<0.05). It was determined that the half-maximal inhibitory concentration of cisplatin was between 2 and 4  $\mu$ g/ml, and thus 2.5  $\mu$ g/ml cisplatin was adopted for subsequent assays.

To evaluate the effects of combined treatment with GA and cisplatin (Pt 2.5 + GA28 group), cells were treated with the established doses of GA and/or cisplatin for 6-48 h and evaluated by MTT assay. The results demonstrated that GA, cisplatin and their combined treatment decreased cell viability in a time-dependent manner (P<0.01). Furthermore, cotreatment with GA markedly strengthened the effects of cisplatin at different time points (P<0.05; Fig. 1D).

GA enhances the effects of cisplatin on the apoptosis of A549 cells. To confirm whether GA influenced the stimulatory effects of cisplatin on apoptosis, A549 cells were treated with GA, cisplatin or the two combined for 6 or 24 h, and cell apoptosis was measured by cytometry. The results indicated that cisplatin treatment for 6 or 24 h increased the apoptosis of A549 cells by varying extents (P<0.05 vs. Control), while GA significantly increased the percentage of apoptotic cells at 24 h but not at 6 h following incubation (P<0.05 vs. Control at 24 h). Notably, no combined effect was observed when A549 cells were treated with cisplatin and GA for 6 h, which may be due to  $28 \mu g/ml$  GA not exhibiting any apoptosis-inducing effects on A549 cells following 6 h of incubation. However, combined treatment with GA and cisplatin induced a significant increase in apoptosis when compared with single treatment with either of the two agents following 24 h of incubation (P<0.01 vs. single treatments), which indicated that GA increased the apoptosis-inducing effects of cisplatin on A549 cells (Fig. 5C and D).

GA enhances the effects of cisplatin on the morphological changes of A549 cells. The morphological changes of cells from different groups were observed by crystal violet staining assay (Fig. 6). Cellular structure was intact in the control group, while cells exhibited apparent apoptotic changes such as cell shrinkage, nuclear chromatin condensation and fragmentation



Figure 8. Phosphorylation and translocation of p-STAT3 were detected by immunofluorescent staining. GA, cisplatin or combined treatment with the two agents suppressed the phosphorylation of STAT3 and the translocation of p-STAT3 from the cytoplasm to the nucleus. Combined treatment with GA and cisplatin exhibited markedly stronger suppressive effects on the phosphorylation of STAT3 and translocation of p-STAT3. Scale bars,  $50 \mu m$ . GA, Gallic acid; Pt, cisplatin; JAK1, Janus kinase 1; STAT3, signal transducer and activator of transcription 3; p-, phosphorylated.

when treated with GA, cisplatin, or a combination of the two agents for 24 h. Additionally, cells in the experimental groups exhibited an evident decrease in the number of cells; notably, combined treatment with GA and cisplatin together lead to the greatest decrease in cell number. These results revealed that GA or cisplatin treatment alone resulted in morphological changes in A549 cells, though their combination could lead to more evident changes.

GA strengthens the effects of cisplatin on the JAK/STAT3 signaling pathway. To determine whether GA could enhance the effects of cisplatin on the regulation of the JAK/STAT3 signaling pathway, several major molecules associated with apoptosis, anti-apoptosis and proliferation in cells were examined by western blot and immunofluorescent staining assays. The results demonstrated that GA or cisplatin treatment alone increased Bax protein expression and decreased Bcl-2 protein expression (P<0.05 vs. Control); while combined treatment

with the two agents significantly enhanced these effects on the expression of Bax and Bcl-2 (P<0.05 vs. single treatments; Fig. 7A and B).

The expression of the JAK/STAT3 signaling pathway in cells treated with GA, cisplatin or the two agents combined was also evaluated. The results demonstrated that the levels of p-STAT3<sup>Tyr705</sup> and p-JAK1<sup>Y1022</sup> were significantly decreased in cells treated with GA or cisplatin alone (P<0.05 vs. Control); however, more marked decreases were observed in the combined treatment group (P<0.05 vs. single treatments; Fig. 7C and D). Additionally, the results of immunofluorescent staining revealed that GA, cisplatin or the combination of the two agents suppressed the phosphorylation of STAT3 and the translocation of p-STAT3 from the cytoplasm to the nucleus (Fig. 8), which was consistent with the results of western blotting. Notably, these results also revealed that combined treatment with GA and cisplatin lead to markedly stronger suppression of the phosphorylation of STAT3.

# Discussion

Lung cancer is one of the most common types of cancers and is characterized by a high mortality rate and resistance to chemo- and/or radiation therapy is easily acquired (16). For the majority of patients with NSCLC, there is difficulty in selecting the optimum therapeutic regimens. Cisplatin-based chemotherapy has achieved considerable success in improving the prognosis and 5-year survival rate of patients compared with non-cisplatin regimens. However, the use of cisplatin is markedly limited by its side-effects, including nephrotoxicity, severe nausea and vomiting (17). There is an urgent requirement to identify novel drugs with little or no side-effects. Recently, plant-derived compounds have attracted increasing levels of public attention for their potential anticancer activities and low toxicity. GA is one such product that exists in various plants and may possess anticancer activity in various cancer cells including those of lung cancers (8). A previous study has reported that GA could enhance the effects of chemotherapeutic agents in lung cancer (7). However, the underlying mechanisms are still not fully understood.

It is well known that apoptosis is a strictly programmed cell death process, which serves a critical role in maintaining the balance between cell survival and death (18). Normally, apoptosis is a critically regulated physiological process; however, abnormal cellular proliferation and accumulation of genetic defects may occur in instances of impaired apoptotic mechanisms, which could further lead to tumorigenesis and resistance to treatment (19). Therefore, abnormal cellular proliferation and evasion of apoptosis are considered to be hallmarks of cancer, and the majority of antitumor drugs exert their effects by inhibiting cellular proliferation and inducing cell apoptosis. In the present study, the anticancer capacity of GA and its auxiliary effects on cisplatin were evaluated, and the results demonstrated that GA and cisplatin had marked effects on decreasing A549 cell viability in dose- and time-dependent manners. Notably, combined treatment with GA significantly enhanced the effects of cisplatin. The present study has also identified that individual GA or cisplatin treatment induced apoptosis in A549 cells, and furthermore, cotreatment with GA enhanced the apoptosis-inducing effects of cisplatin. These results were consistent with previous studies reporting that GA inhibited the growth and induced the apoptosis of hepatic stellate (6), prostate cancer (8) and ovarian cancer cells (9).

Apoptotic pathways are known for their functions in modulating the balance between cell proliferation and apoptosis by regulating the expression of a series of growth factors, cytokines and vasoactive substances (20). An imbalance between cell proliferation and apoptosis is one of the main causes of tumorigenesis (21). Among the key factors involved, the JAK/STAT3 signaling pathway has recently gained increased research focus. Transient activation of the JAK/STAT3 signaling pathway in normal tissue is involved in numerous fundamental biological processes, including cell proliferation and apoptosis, and the development of organs (22). However, persistent activation of the JAK/STAT3 signaling pathway has been observed in several types of cancers including NSCLC (14). Inhibition of the JAK/STAT3 signaling pathway has therefore been recognized as a promising therapeutic strategy for NSCLC. In addition, the JAK/STAT3 pathway may regulate many gene products associated with apoptosis and anti-apoptosis, including Bax and Bcl-2 (23).

Based on this knowledge, the expression levels of JAK1, p-JAK1<sup>Y1022</sup>, STAT3 and p-STAT3<sup>Tyr705</sup> were determined in A549 cells treated with GA, cisplatin or a combination of the two agents in the present study. The results demonstrated that GA and cisplatin had little effect on the expression of total (t)-JAK1 or t-STAT3, while the phosphorylation of JAK1 and STAT3 was suppressed by GA and cisplatin in a dose-dependent manner. Furthermore, it was also identified that GA markedly enhanced the effects of cisplatin on blocking the phosphorylation of JAK1 and STAT3, and that the changes in p-JAK1<sup>Y1022</sup> and p-STAT3<sup>Tyr705</sup> levels were consistent with the changes in cell viability, and contrary to the rate of cell apoptosis. These findings were consistent with previous studies indicating that decreased activation of the JAK/STAT3 signaling pathway could inhibit the growth of ovarian (24) and prostate cancer (10), and renal cell carcinoma (25). To explore the underlying mechanisms by which GA exerted its anticancer effects and auxiliary effects on cisplatin, the major molecules associated with apoptosis, namely Bcl-2 and Bax, were assessed, and the results revealed that the expression of Bcl-2 was downregulated while that of Bax was upregulated in A549 cells treated with GA. Furthermore, GA enhanced the effects of cisplatin on the expression of Bcl-2 and Bax. These results indicated that GA inhibited proliferation and induced apoptosis in A549 cells by regulating apoptotic signaling pathways. However, further studies are still required in order to elucidate how GA affected the downstream JAK/STAT3 signaling pathway and the role of GA.

In conclusion, the present study confirmed, to the best of our knowledge for the first time, that GA suppressed proliferation and induced apoptosis in NSCLC A549 cells in dose- and time-dependent manners, potentially by modulating the JAK1/STAT3 signaling pathway. Notably, the results of the present study suggested that GA exerted an auxiliary effect on cisplatin anticancer activity by blocking the phosphorylation of JAK1 and STAT3, and modulating the expression of downstream apoptotic molecules. However, the further studies are still required to illustrate the role of GA in other potential apoptosis pathway associations. In addition, animal studies and clinical trials will be necessary in order to confirm the anticancer effects of GA on NSCLC.

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# Availability of data and materials

All data generated or analyzed during this study are included in this published article.

## **Authors' contributions**

ZX and XF were the major contributors in designing the research. TZ and LM were the major contributors in conducting the experiments, interpreting the data and drafting the manuscript. PW and WL assisted with the MTT and immunofluorescent staining assays. TL and RG were involved in the cell apoptosis assay and RT-qPCR. XD and ZL performed western blotting. All authors have read and approved the final manuscript.

# Ethics approval and consent to participate

Not applicable.

## Patient consent for publication

Not applicable.

# **Competing interests**

The authors declare that they have no competing interests.

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