

Video S1. Real-time phase-contrast video of dispersed cells from a FRO cell spheroid on day 1. Scale bar, 200 μm .

Video S2. Real-time phase-contrast video of dispersed cells from a FRO cell spheroid on day 2. Scale bar, 200 μm .

Video S3. Real-time phase-contrast video of dispersed cells from a FRO cell monolayer on day 1. Scale bar, 200 μm .

Video S4. Real-time phase-contrast video of dispersed cells from a FRO monolayer on day 2. Scale bar, 200 μm .