

Table SI. Side-effect of the three therapies.

| Variables                             | Local heat therapy, n (%) | Corticosteroid, n (%) | Expanded excision, n (%) |
|---------------------------------------|---------------------------|-----------------------|--------------------------|
| Redness in the skin                   | 10 (25.6)                 | 0 (0)                 | 0 (0)                    |
| Rash                                  | 5 (12.8)                  | 2 (14.3)              | 0 (0)                    |
| Concentric obesity                    | 0 (0)                     | 11 (78.6)             | 0 (0)                    |
| Abnormal glucose tolerance            | 0 (0)                     | 5 (35.7)              | 0 (0)                    |
| Facial acne                           | 0 (0)                     | 4 (28.6)              | 0 (0)                    |
| Severe immunosuppression <sup>a</sup> | 0 (0)                     | 0 (0)                 | 0 (0)                    |
| Edema of lower extremity <sup>b</sup> | 0 (0)                     | 3 (21.4)              | 0 (0)                    |
| Hypertension                          | 0 (0)                     | 1 (7.1)               | 0 (0)                    |
| Asymmetric breast                     | 0 (0)                     | 0 (0)                 | 3 (14.3)                 |
| Local malformation in the breast      | 3 (7.7)                   | 0 (0)                 | 2 (9.5)                  |

<sup>a</sup>Severe immunosuppression: 1 patient experienced leukopenia followed by a pulmonary infection. <sup>b</sup>3 patients in the Corticosteroid group experienced mild edema of lower extremity.