

Table SI. The scoring criteria of Reflux Disease Questionnaire.

Reflux severity	Reflux frequency	Score
No symptom	-	0 point
Mild symptoms as determined by a physician	<1 day/week	1 point
Between 1 point and 3 points	1 day/week	2 points
Moderate symptoms that affect daily life and requiring occasional medication	2-3 days/week	3 points
Between 3 points and 5 points	4-5 days/week	4 points
Severe symptoms that significantly affect daily life and requiring long-term medication	6-7 days/week	5 points

Symptoms include regurgitation, heartburn, noncardiogenic chest pain, and food reflux.