

Table SI. Subclinical index variables used in the study.

No.	Variable	Definition
1	Creatinine levels (blood)	Normal, 53-100 $\mu\text{mol/l}$; abnormal, <53 or >100 $\mu\text{mol/l}$
2	Glucose levels (blood)	Normal, 3.9-6.4 mmol/l; abnormal, <3.9 or >6.4 mmol/l
3	Glutamic-oxaloacetic transaminase (blood)	Normal, <37 U/l; abnormal, ≥ 37 U/l
4	Urea levels (blood)	Normal, 1.7-8.3 mmol/l; abnormal, <1.7 or >8.3 mmol/l
5	Na ⁺	Normal, 133-147 mmol/l; abnormal, <133 or >147 mmol/l
6	K ⁺	Normal, 3.4-4.5 mmol/l; abnormal, <3.4 or >4.5 mmol/l
7	Cl ⁻	Normal, 94-111 mmol/l; abnormal, <94 or >111 mmol/l
8	Total calcium levels	Normal, 2.15-2.55 mmol/l; abnormal, <2.15 or >2.55 mmol/l
9	Bilirubin	Normal, <20 $\mu\text{mol/l}$; abnormal, ≥ 20 $\mu\text{mol/l}$
10	Red blood cell count	Normal, 3.9-5.4 T/l ; abnormal, <3.9 or >5.4 T/l
11	Hemoglobin levels	Normal, 125-145 g/l; abnormal, <125 or >145 g/l
12	Hematocrit	Normal, 0.35-0.47 l/l; abnormal, <0.35 or >0.47 l/l
13	Mean corpuscular hemoglobin concentration	Normal, 320-356 g/l; abnormal, <320 or >356 g/l
14	Mean corpuscular hemoglobin	Normal, 27-32 pg; abnormal, <27 or >32 pg
15	Red cell distribution width	Normal, 10-15%; abnormal, <10 or $>15\%$
16	Red cell distribution width - standard deviation	Normal, 36.8-46.7 fl; abnormal, <36.8 or >46.7 fl
17	White blood cell count	Normal, 4.0-10.0 g/l; abnormal, <4.0 or >10.0 g/l
18	Neutrophil percentage	Normal, 50-75%; abnormal, <50 or $>75\%$
19	Lymphocyte percentage	Normal, 20-45%; abnormal, <20 or $>45\%$
20	Eosinophil percentage	Normal, 0-8%; abnormal, $>8\%$
21	Basophil percentage	Normal, 0-1%; abnormal, $>1\%$
22	Neutrophil count	Normal, 1.8-7.5 g/l; abnormal, <1.8 or >7.5 g/l
23	Lymphocyte count	Normal: 1-4.5 g/l; abnormal, <1 or >4.5 g/l

No.	Variable	Definition
24	Monocyte count	Normal, 0-0.8 g/l; abnormal, >0.8 g/l
25	Eosinophils count	Normal, 0-0.8 g/l; abnormal, >0.8 g/l
26	Basophils count	Normal, 0-0.1 g/l; abnormal, >0.1 g/l
27	Platelet count	Normal, 150-450 g/l; abnormal, <150 or >450 g/l