

Table SI. Body weight of mice before and after the maximum dose of ethanol extract of *Rubia yunnanensis*.

	Body weight, g							
Group	Day 0	Day 2	Day 4	Day 6	Day 8	Day 10	Day 12	14 days
Control (female)	19.64±0. 56	20.14±0. 56	20.66±0.6 6	21.08±0. 65	21.54±0. 83	21.79±0. 83	22.27±0. 73	22.64±0. 65
Control (male)	21.15±0. 80	21.38±0. 84	21.67±0. 78	21.93±0. 78	22.23±0. 82	22.65±0. 87	23.04±0. 89	23.45±0. 88
Administrati on (female)	19.78±0. 81	20.10±0. 76	20.46±0.7 2	20.74±0. 78	21.18±0. 80	21.42±0. 80	21.67±0. 82	22.07±0. 80
Administrati on (male)	21.17±0. 92	21.31±0. 90	21.64±1.0 2	21.91±0. 97	22.14±0. 97	22.55±1. 00	22.95±0. 94	23.30±0. 87

Table SII. Food intake of mice before and after the maximum dose of ethanol extract of *Rubia yunnanensis*.

Group	Food intake, g														
	Before dosing	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	13 days	14 days
Control (female)	1.6	1.6	1.7	1.9	1.7	1.6	1.4	1.3	1.3	1.6	1.7	1.3	1.9	2.0	2.1
Control (male)	3.1	2.6	2.2	2.4	2.6	2.3	2.2	2.0	2.7	2.8	2.4	2.5	2.7	2.8	2.9
Administration (female)	1.8	1.4	1.5	1.7	1.6	1.7	1.6	1.5	1.6	1.4	1.6	1.5	1.7	1.9	2.1
Administration (male)	3.2	3.1	2.8	2.3	2.8	2.7	2.2	2.1	2.6	2.6	2.6	2.7	2.8	3.0	3.1