

**Table SI.** Assessment of the quality among the included studies.

First author, year	Selection of exposed and non-exposed cohorts				Compara bility	Outcome of interest			Overall quality <sup>a</sup>	(Refs.)
	Representativeness of exposed cohort	Comparability of cohorts	Ascertainment of exposure	Outcome present at the start of the study	Compara bility of cohorts	Assessment of outcome	Length of follow-up	Adequacy of follow- up		
Chen <i>et al</i> , 2022	*	*	*	*	**	*	*	*	High	(10)
Eze <i>et al</i> , 2017	*	*	*	*	*	*	*	*	High	(11)
Inoue <i>et al</i> , 2021	*	*	*	*	*	*	*	*	High	(12)
Zhu <i>et al</i> , 2014	*	*	*	*	*	*	*	*	High	(13)
Li <i>et al</i> , 2021	*	*	*	*	**	*	*	*	High	(14)
Mamesaya <i>et al</i> , 2018	*	*	*	*	**	*	*	*	High	(15)
Ozawa <i>et al</i> , 2015	*	*	*	*	*	*	*	*	High	(16)
Pan <i>et al</i> , 2023	*	*	*	*	**	*	*	*	High	(17)
Qi <i>et al</i> , 2022	*	*	*	*	**	*	*	*	High	(18)
Ghanta <i>et al</i> , 2021	*	*	*	*	**	*	*	*	High	(19)
Pezzi <i>et al</i> , 2020	*	*	*	*	*	*	*	*	High	(20)
Farooqi <i>et al</i> , 2017	*	*	*	*	*	*	*	*	High	(21)
Sas-Korczyńska <i>et al</i> , 2017	*	*	*	*	*	*	*	*	High	(22)
Chen <i>et al</i> , 2018	*	*	*	*	*	*	*	*	High	(23)
Kim <i>et al</i> , 2019	*	*	*	*	*	*	*	*	High	(24)
Lee <i>et al</i> , 2023	*	*	*	*	*	*	*	*	High	(25)
Farris <i>et al</i> , 2019	*	*	*	*	*	*	*	*	High	(26)
Yin <i>et al</i> , 2018	*	*	*	*	**	*	*	*	High	(27)
Held <i>et al</i> , 2022	*	*	*	*	*	*	*	*	High	(28)
Lim <i>et al</i> , 2022	*	*	*	*	*	*	*	*	High	(29)
Jeong <i>et al</i> , 2020	*	*	*	*	*	*	*	*	High	(30)

<sup>a</sup>Studies that received at least 7 stars were judged to be of “high” quality.