

Table SI. Semi-quantitative MRI grading scheme.

Category and grade	MRI imaging features
Signal intensity	
0	Homogenous dark signal
1	Intermediate, inhomogeneous signal with focal brightness
2	Bright signal with fluid
Tendon thickness	
0	Normal thickness
1	100-150% normal thickness
2	150-200% normal thickness
Tendon retraction	
0	No retraction
1	Retraction to the halfway point between the footprint of the rotator cuff and the glenoid
2	Retraction to the glenoid or further