Crim1 suppresses left ventricular hypertrophy

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Abstract. Left ventricular hypertrophy is a leading cause of heart failure and sudden death. Cysteine-rich transmembrane bone morphogenetic protein regulator 1 (Crim1) is expressed at a high level in the heart and has a regulatory role in heart development. The present study aimed to test the hypothesis that Crim1 can have an inhibitory function on ventricular hypertrophy. Rat primary ventricular myocytes were stretched to induce myocyte hypertrophy, and treated with telmisartan or infected with Crim1-expressing recombinant adenovirus (Ad-Crim1). Rat ventricular hypertrophy was induced by abdominal aortic coarctation (AAC), and treated either with telmisartan or myocardial injection of Ad-Crim1 or empty adenovirus vector. The results showed that the expression of Crim1 decreased in the hypertrophic ventricle. The inhibition of angiotensin receptor type 1 (AT1R) by telmisartan in vitro and in vivo significantly increased the expression of Crim1 in the left ventricle. The overexpression of Crim1 by infection with Ad-Crim1 significantly inhibited stretch-induced ventricular myocyte hypertrophy in vitro. The overexpression of Crim1 by gavage with AT1R inhibitor telmisartan or myocardial injection of Ad-Crim1 markedly suppressed AAC-induced left ventricular hypertrophy in vivo. These results suggest that Crim1 has a suppressive function on ventricular hypertrophy and provides a novel therapeutic target for the treatment of cardiac hypertrophy.

Introduction

Left ventricular hypertrophy is characterized by abnormal thickness of the ventricular wall in response to increased heart workload, leading to heart failure and sudden death (1). The most common cause of ventricular hypertrophy is high blood pressure (2). Angiotensin II (AngII) is a key signaling molecule that induces ventricular myocyte hypertrophy through the activation of angiotensin receptor type 1 (AT1R) (3). Unlike the AngII-dependent pathway, stretch induces the translocation of β-arrestin2 in ventricular myocytes. β-arrestin2 binds and activates ATIR, inducing hypertrophic gene expression and the development of ventricular hypertrophy (4). Cysteine-rich transmembrane bone morphogenetic protein regulator 1 (Crim1) is a type-I transmembrane protein, and is expressed in multiple types of cell and tissue, including the proepicardium, epicardium, central nervous system, vascular system and the heart (5-10). Crim1 serves an important role in vascular tube formation (6) and has cell-autonomous and paracrine roles during heart development (10). Deficiency of the CRIM1 gene causes perinatal mortality with defects in multiple organs, including hemorrhagic necrosis, enlargement of glomerular capillary lumens, congenital heart defects, epicardial dysplasia and ventricular myocardium densification dysplasia (11,12). However, whether Crim1 is involved in left ventricular hypertrophy and whether the AT1R signaling pathway affects the expression of Crim1 in ventricular myocytes remain unclear. The present study investigated the suppressive function of Crim1 on left ventricular hypertrophy and the effect of AT1R signaling on the expression of Crim1 in ventricular myocytes.

Materials and methods

Isolation of primary ventricular myocytes. Primary ventricular myocytes were isolated from the left ventricles of neonatal Sprague-Dawley rats (4 male and 6 female, 1 day after birth) (purchased from Peking University Medical Center Animal Center, Beijing, China; approval no. SYXK2011-0039) as described previously (13). The rats were housed at room temperature (20-25°C) with 40-60% relative humidity and a day-night cycle of 12 h. Food and water were provided ad libitum. The rat ventricular muscle was digested with 0.01% trypsin and 0.03% type II collagenase at 37°C for 6 min (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany), followed by differential adhesion and 5'-bromodeoxyuridine treatment. The attached cells were then cultured at 37°C for 48 h in DMEM (cat no. C11885500BT, Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) containing 10%
fetal bovine serum (FBS; cat no. 10099141, Gibco; Thermo Fisher Scientific, Inc.). Ventricular myocytes were identified by immunohistochemical staining with rabbit anti-rat α-striated muscle actin (α-SCA) antibodies (1:100; cat. no. bs-0189R, Shanghai Kemin Bio-tech, Shanghai, China) for 1 h at room temperature, followed by incubation with horseradish peroxidase-conjugated goat anti-rabbit secondary antibodies (1:3,000; cat. no. SSA-004, Beijing Zhongyu Jinqiao Company, Beijing, China) for 1 h at room temperature. For immunofluorescent microscopy, the myocytes were fixed with 3.7% paraformaldehyde in phosphate-buffered saline (PBS) for 10 min at room temperature, and treated with 0.5% Triton X-100 (Sigma-Aldrich; Merck KGaA) at 37°C for 2 h, followed by 24 h of cell stretch. Cell stretch was performed in silicone dishes (Strex Cell; 10⁶ cells/dish) coated with collagen (150 µg/ml). The cells were exposed to 20% cyclic stretch in uniaxial strain at 30 cycles/min using a computer-controlled stepping motor (Strex Cell). Cells without exposure to stretch or telmisartan treatment served as a control. Alternatively, primary ventricular myocytes (10⁴ cells/well) were seeded in wells of 12-well tissue culture plates and transfected with recombinant adenovirus expressing Crim1 (Ad-Crim1; Thermo Fisher Scientific, Inc.) in DMEM with 10% FBS at 37°C for 36 h using Lipofectamine® 2000 (cat. no. 18324-111, Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer’s protocols. The multiplicity of infection (MOI) of Ad-Crim1 was 25, 100 or 200 (active viral particles per myocyte). Empty virus (Ad-null) at MOI=100 served as a control. The transfected cells were then harvested, and washed with centrifugation at 178 x g for 5 min at room temperature. The cell pellet was suspended in PBS with 0.25% SDS, and aliquoted for protein or DNA measurement. Protein was quantified using the bicinchoninic acid method (Sigma-Aldrich; Merck KGaA). DNA was measured using a Quant-it™ dsDNA assay kit (Invitrogen; Thermo Fisher Scientific, Inc.). The protein/DNA ratio was then calculated as an indicator of myocyte hypertrophy.

Histochemistry. The left ventricular myocytes were stained with crystal violet, as described previously (14). Changes in cell size were analyzed with ImageJ software (Version 1.4, National Institutes of Health) using a Leica DM300 binocular microscope (Leica Microsystems GmbH, Wetzlar, Germany). Alternatively, paraffin-embedded myocardial sections (5 µm) were subjected to hematoxylin and eosin (H&E) staining, and images were captured under a microscope. The cross-sectional area of the ventricular myocytes was analyzed using ImageJ software. A total of 50 ventricular myocytes per group were analyzed and the mean value was calculated.

Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) analysis. RNA was isolated from the rat left ventricle or ventricular myocytes using TRIzol reagent, as described previously (15). The mRNA expression of Crim1 was measured by RT-qPCR analysis (15). Briefly, total RNA (1.5 µg) was subjected to reverse transcription with TransScript® First-Strand cDNA Synthesis SuperMix. The reverse transcribed products (2 µg) were used for qPCR with TransStart® PT Green qPCR SuperMix and primers (Beijing Golden Biotechnology Co., Ltd., Beijing, China; Table I). The PCR program was as follows: 95°C pre-denaturation for 10 min, followed by 40 cycles of 95°C denaturation for 30 sec, 60°C annealing for 30 sec, and 72°C extension for 30 sec. The glyceraldehyde-3-phosphate dehydrogenase (GAPDH) gene was used as an internal control. Relative gene expression was calculated using the 2^−ΔΔCq method (16).

Western blot analysis. Total protein was extracted from the left ventricle or ventricular myocytes with RIPA lysis buffer containing protease inhibitors, as described previously (17). Protein concentration was quantified using the bicinchoninic acid method. The proteins isolated from myocytes (40 µg) or the left ventricle (100 µg) were separated on 6% SDS-PAGE and transferred onto PVDF membranes (Bio-Rad Laboratories, Inc. Hercules, CA, USA). The membranes were incubated with rabbit anti-rat Crim1 (1:100; cat. no. bs-2034R, Beijing Boao Sen Company, Beijing, China) or anti-GAPDH (1:200; cat. no. sc-365062, Santa Cruz Biotechnology, Inc., Dallas, TX, USA) primary antibodies for 1 h at room temperature, followed by incubation with horseradish peroxidase-conjugated goat anti-rabbit secondary antibodies (1:3,000; cat. no. SSA-004, Beijing Zhongyu Jinqiao Company) for 1 h at room temperature. The protein bands were detected with a Bio-Rad chemiluminescence detector and analyzed with ImageJ software.

Animal experiments. Male Sprague-Dawley rats (8 weeks, weight 220-250 g) were purchased from the Peking University Medical Center Animal Center (Beijing, China), and housed at room temperature (20-25°C) with 40-60% relative humidity under a 12 hlight/dark cycle. Food and water were provided ad libitum. Rats were weighed and subjected to sham operation with saline or telmisartan (3.57 mg/kg/d; Sigma-Aldrich; Merck KGaA) gavage, abdominal aortic coarctation (AAC) (18) with saline gavage, or AAC with telmisartan gavage (3.57 mg/kg/d). The duration of abdominal aortic coarctation was 1 week, and treatment with telmisartan lasted for 8 weeks. Alternatively, the rats received a sham operation with saline intramuscular injection, AAC + saline intramuscular injection, AAC + Ad-null or Ad-Crim1 intramuscular injection. Each group included 10 rats. All rats were provided by the Peking University Medical Center Animal Animal Center (Beijing, China). The use of rats for experiments was approved by the Ethics Review Committee of Guizhou Provincial People's Hospital (Guizhou, China).

AAC. The rats were fasted for 8 h and subjected to abdominal anesthesia with 10% chloral hydrate (300 mg/kg of body weight) and laparotomy. Ligation was performed on the
abdominal aorta above the renal artery bifurcation (~1 cm long) by placing a blunt needle (22-G). The duration of AAC was 7 days, and the abdominal aorta was partially narrowed to ~0.7 mm diameter. Animals in the sham operation group underwent laparotomy only, without abdominal aorta ligation.

**Intramural injection of adenovirus.** The rats were anesthetized 1 week following abdominal surgery, and were subjected to intramuscular injection of Ad-null or Ad-Crim1 (3×10⁹ PFU in 200 µl saline) into the left ventricle. The rats were subjected to echocardiography 8 weeks following viral injection.

**Echocardiography.** The rats were anesthetized with 1.0-1.5% isoflurane 9 weeks following abdominal surgery, and subjected to M-mode echocardiography using a high-resolution echocardiographic system (Sequoia 512; Acuson, Siemens, Munich, Germany). The thickness of the left ventricular wall and the diameter of the left ventricle were measured using the Vevo2100 ultrasound system. The weight of the left ventricle was calculated using the following formula: \( IVSd + LVDd + PWDd × LVDd^3 \), in which IVSd is the ventricular diastolic thickness, LVDd is the left ventricular diastolic diameter, and PWDd is the left ventricular posterior wall diastolic thickness.

**Left ventricle harvesting.** The heart was immediately harvested following cardiac ultrasound. The left ventricle was weighed following removal of the atrium and the right ventricle (remaining room interval). The left ventricle was fixed with 4% paraformaldehyde for paraffin embedding, or frozen for the extraction of proteins or RNA.

**Statistical analysis.** All data are presented as the mean ± standard deviation, and were analyzed by Student’s t-test or Tukey's honestly significant difference post hoc test following one-way ANOVA with GraphPad Prism 6 software (GraphPad Software, Inc.). Each experiment was performed with three repetitions. \( P < 0.05 \) was considered to indicate a statistically significant difference.

**Results**

**Expression of Crim1 is decreased in hypertrophic ventricular myocytes.** Immunohistochemical staining and confocal microscopy demonstrated that primary ventricular myocytes were α-SCA-positive (Fig. 1A). Quantification of protein and DNA in ventricular myocytes treated with or without stretch (19) revealed that hypertrophic myocytes induced by stretch had a significantly higher protein/DNA ratio than those without stretch (Fig. 1B). Analysis of the mRNA expression of Crim1 by RT-qPCR analysis (Fig. 1C) and protein expression by western blot analysis (Fig. 1D) demonstrated that the mRNA and protein expression levels of Crim1 were significantly lower in the hypertrophic ventricular myocytes compared with those in the unstretched cells (Fig. 1C and D).

**Increased expression of Crim1 abrogates left ventricular myocyte hypertrophy in vitro.** Activating ATIR signaling promotes left ventricular hypertrophy (20). To determine whether inhibiting ATIR signaling can have an effect on the expression of Crim1 in ventricular myocytes, the stretched primary ventricular myocytes were treated with ATIR antagonist telmisartan. The RT-qPCR assay demonstrated that telmisartan treatment significantly increased the mRNA expression of Crim1 in the stretched myocytes compared with that in the saline treatment group (Fig. 2A). Western blot analysis further demonstrated that telmisartan treatment significantly enhanced the protein expression of Crim1 in cells (Fig. 2B). Consequently, telmisartan treatment abrogated stretch-induced ventricular myocyte hypertrophy, with a significant decrease in the protein/DNA ratio in the cells. The average protein/DNA ratio in the control cells and telmisartan-treated cells were 2.5 and 1.7 respectively (Fig. 2C). To determine whether the overexpression of Crim1 had an inhibitory effect on ventricular myocyte hypertrophy, primary left ventricular myocytes were transfected with Ad-Crim1 or Ad-null. Subsequent western blot analysis revealed that transfection with Ad-Crim1 enhanced the expression of Crim1 in the transfected ventricular myocytes, compared with that in the Ad-null treatment group (Fig. 3A). To examine the suppressive function of Crim1 on stretch-induced myocyte hypertrophy, crystal violet staining was performed on the stretched myocytes. Histochemical analysis demonstrated that Ad-Crim1 transfection (MOI=100) markedly reduced myocyte hypertrophy, compared with Ad-null treatment or no viral transfection. Ad-null transfection had no suppressive effect on myocyte hypertrophy (Fig. 3B). Analysis of the protein/DNA ratio demonstrated that Ad-Crim1 treatment significantly reduced the ratio in the stretched myocytes, compared with Ad-null treatment or no viral transfection (Fig. 3C). The average protein/DNA ratios in the stretched cells treated with Ad-Crim1, Ad-null, and without viral transfection were 1.3, 1.9 and 2.1 respectively (Fig. 3C). The average protein/DNA ratio in the control myocytes without stretch was 1.15 (Fig. 3C). There was no significant difference in the protein/DNA ratio between the stretch/Ad-Crim1-treated myocytes and the control cells (Fig. 3C). Measurements of cell size with Image J software further confirmed that the overexpression of Crim1 by transfection with Ad-Crim1 significantly reduced
the cell size and inhibited ventricular myocyte hypertrophy, compared with Ad-null treatment and no viral transfection (Fig. 3D).

Enhancement of Crim1 by telmisartan inhibits left ventricular myocyte hypertrophy in vivo. To examine whether enhancement of the protein expression of Crim1 can suppress AAC-induced left ventricular myocyte hypertrophy, the AAC-treated rats were subjected to telmisartan gavage and the protein expression of Crim1 in the left ventricle was analyzed. Western blot analysis demonstrated that the expression of Crim1 was significantly decreased in the left ventricle of the AAC-treated rats, compared with that in the sham group (Fig. 4A). However, protein expression of Crim1 in the left ventricle of the AAC-treated rats with telmisartan gavage was significantly increased compared with that in the group without telmisartan treatment (Fig. 4A). H&E staining further demonstrated that telmisartan treatment abrogated AAC-induced left ventricular myocyte hypertrophy compared with that in the absence of telmisartan treatment (Fig. 4B). Quantification of myocyte cross-sectional area further confirmed that the size of ventricular myocytes in AAC-treated rats with telmisartan gavage was significantly reduced compared with that in the rats without telmisartan treatment (Fig. 4C). The expression of Crim1 and myocyte size in the left ventricle of AAC/telmisartan-treated rats did not differ significantly from those in the sham group or in the rats without AAC but with telmisartan treatment (Fig. 4A-C).

Injection of Ad-Crim1 suppresses AAC-induced left ventricular hypertrophy in vivo. To examine whether the administration of Ad-Crim1 suppresses AAC-induced left
ventricular hypertrophy in the rat model, as Ad-Crim1 did on primary ventricular myocytes in vitro (Fig. 3B-D), the AAC-treated rats were subjected to intramuscular injection of Ad-Crim1, Ad-null or saline. Echocardiography (Fig. 5A) demonstrated that the left ventricular end-diastolic anterior wall (LAVd) in the AAC-treated rats was significantly thicker compared with that in the sham group (Fig. 5B). There were no significant differences in LAVd among the three groups of rats treated with Ad-Crim1, Ad-null or without viral injection (Fig. 5B). Measurement of the left ventricular mass revealed that AAC treatment significantly increased left ventricular weight compared with that following sham treatment (Fig. 5C). However, rats treated with Ad-Crim1 had significantly lower left ventricular weight compared with the those treated with Ad-null or without viral injection (Fig. 5C). Quantification of myocyte cross-sectional area further confirmed that AAC treatment markedly increased the size of ventricular myocytes compared with that in the sham treatment group (Fig. 5D); Ad-Crim1 treatment significantly reduced the size of left ventricular myocytes compared with that in the Ad-null treatment or without viral injection groups (Fig. 5D). There was no significant difference in myocyte size between rats treated with Ad-null and without viral injection (Fig. 5D). H&E staining of the left ventricle confirmed that AAC treatment induced ventricular myocyte hypertrophy compared with that in the sham treatment group (Fig. 5E). Intramuscular injection of Ad-Crim1 markedly suppressed AAC-induced myocyte hypertrophy compared with that in the Ad-null treatment group (Fig. 5E).

**Discussion**

In the present study, it was demonstrated that Crim1 had an inhibitory effect on left ventricular hypertrophy. Enhancement of the expression of Crim1 in myocytes abrogated left ventricular hypertrophy.
Crim1 protein has six conserved domains of chordin-like von Willebrand C-type cysteine-rich repeats (CRR) (5), existing in the Golgi, endoplasmic reticulum and on the cell surface (6,7). Crim1 CRR domains can intracellularly bind several cystine knot-containing growth factors, including vascular endothelial growth factor α (VEGFα), bone morphogenetic protein (BMP)2 and BMP4, and these molecules are antagonized through reducing its expression, processing and secretion (7,21,22). The activation of BMP2 or BMP4 promotes the development of cardiac hypertrophy (23-25). Triggering VEGFα signal transduction facilitates tissue growth and angiogenesis in cardiac hypertrophy (26,27). It is known that Crim1 inhibits BMP signaling by either limiting BMP precursors on the cell surface or preventing the maturation or secretion (7). Data from the present study demonstrated that the increased expression of Crim1 in cardiomyocytes by infection with Ad-Crim1 suppressed left ventricular hypertrophy. One of the mechanistic actions of Crim1 in suppressing ventricular/cardiac hypertrophy may be through inhibiting the activation of BMP2 or BMP4 signaling. Crim1 can also maintain retinal vascular and renal microvascular stability by regulating VEGFα signal transduction in vascular endothelial cells (22,28). It is possible that the inhibitory effect of Crim1 on ventricular hypertrophy is mediated by affecting the delivery and function of VEGFα (21,22). Crim1 can also bind to β-integrin and regulate its signaling (29). Cardiomyocytes can undergo biomechanical change through receptors, including integrins (30). β-integrin, a mechanical sensor, can transduce mechanical force into biological information in collapsible muscle cells (31). β-integrin is also important in heart self-protection and the compensatory reaction in response to stress. The data obtained in the present study demonstrated that Crim1 prevented stretch-induced left ventricular hypertrophy. It is possible that the inhibitory function of Crim1 on myocardial hypertrophy may be through regulating biological stress-induced β-integrin signal transduction.

AT1R is a major pathogenic molecule contributing to cardiac damage (32). The overstimulation of AT1R causes
hypertension and cardiac hypertrophy through either the AngII-dependent or AngII-independent pathway (19, 32-34). The inhibition of AT1R attenuates or reverses myocardial hypertrophy (20, 35). In the present study, data showed that AT1R antagonist telmisartan inhibited the cardiomyocyte hypertrophy induced by stretch or AAC. Of note, stretch or AAC treatment significantly reduced the expression of Crim1 in hypertrophic ventricular myocytes. By contrast, inhibiting AT1R signaling by telmisartan significantly increased the expression of Crim1 in cardiomyocytes, suggesting a potential suppressive role of AT1R signal on the expression of Crim1 in cardiomyocytes.

In conclusion, the present study showed that the expression of Crim1 was downregulated in hypertrophic ventricular myocytes. The increased expression of Crim1 by inhibiting AT1R or the intramuscular injection of Crim1-expressing recombinant adenovirus prevented left ventricular hypertrophy. The effect of Crim1 on left ventricular hypertrophy supports the view that Crim1 can be utilized as a novel therapeutic target for the treatment of cardiac hypertrophy.

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Availability of data and materials
All data obtained in this study are included in this published article.
Authors’ contributions
LY and JH designed the experiments, LY, JH, GX, JY, QT and YY performed the experiments, LY, JH, JY and JD analyzed and interpreted data, LY and JD wrote the manuscript. All authors read and approved the final manuscript.

Ethical approval and consent to participate
The Animal Care Committee of Guizhou Provincial People’s Hospital approved the animal experimental protocol.

Patient consent for publication
Not applicable.

Competing interests
The authors declare that they have no competing interests.

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