Atrial fibrillation following treatment with paclitaxel: A case report

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Abstract. Paclitaxel (PTX) is an antimicrotubule agent, and is effective in treating a wide range of solid tumors. However, its use may lead to cardiovascular toxicities, the manifestations of which include arrhythmia, heart failure, acute myocardial ischemia and atrial fibrillation (AF). AF is among the severe reactions to the PTX cardiotoxicity, and a cause for substantial morbidity and mortality. However, the incidence of PTX-induced AF is reportedly low (1.0-1.7% worldwide), and few cases have been reported in the literature. Thus, to emphasize the need for awareness of this side effect of PTX among clinicians, the report herein presents a case of AF induced by PTX in a patient with non-small-cell carcinoma. A 51-year-old man experienced AF following treatment with PTX. Amiodarone and metoprolol were administered to the patient to control cardiac rhythm and rate. After 3 days, the ECG was normalized and indicated normal heart rate and rhythm. According to this case, thorough attention should be paid during PTX treatment to monitor for signs of AF or other abnormalities in cardiac function.

Introduction
Paclitaxel (PTX) is commonly used for the treatment of various malignancies, including breast, lung, ovarian and other cancers (1). The major adverse reactions of this drug include alopecia, bone marrow suppression, polyneuropathy and cardiovascular toxicities (2). The incidence of cardiovascular toxicities in patients receiving PTX is 12-13% worldwide (3). Manifestations of the cardiovascular toxicities include atrial arrhythmias, asymptomatic bradycardia, left bundle branch block, ventricular tachycardia, congestive cardiac failure and atrial fibrillation (AF) (3,4). AF is among the most critical adverse effects, though is relatively rare with an incidence rate of 1.0-1.7% worldwide (5). The main mechanisms underlying PTX-induced AF are considered to be adrenergic or vagal stimulation, changing atrial conduction, refractoriness, automaticity, coronary vasoconstriction or ischemia, local electrolyte disturbances, and direct cardiotoxicity (5).

According to the literature, PTX may cause AF, particularly in elderly or patients with a history of cardiovascular disease, but also in patients with no cardiac risk factors (5,6). Therefore, the possibility of AF should be considered in patients who develop arrhythmia or other symptoms following receipt of PTX. This is indicated in the present report, which presents a case of AF induced by PTX in a patient with non-small-cell carcinoma.

Case report
A 51-year-old Chinese male ex-smoker with stage IIIB (T4N2M0) non-small-cell carcinoma (7) presenting with right hilar and carina lymph node metastasis, diagnosed on August 2, 2016 at the Third Hospital of Mianyang (Mianyang, China). The patient had no history of diabetes, hypertension or cardiac illness, and his baseline electrocardiogram (ECG) was normal (Fig. 1). The patient's heart rate was 82 beats per minute (bpm), and the QRS duration, and QT and PR intervals were 80, 384 and 151 msec, respectively. He started the first cycle of combination chemotherapy with PTX and cisplatin (TP; PTX, 135 mg/m² on day 1 and cisplatin, 25 mg/m² on days 1-3) on September 30, 2016.

Three weeks later, the patient underwent the second cycle of chemotherapy with TP. Dexamethasone (20 mg per os) was administered ~12 and 6 h before PTX, and diphenhydramine [50 mg intravenous (iv)] and cimetidine [300 mg (iv)] were administered 30-60 min prior to PTX. At 2 days after administration of PTX, the patient's heart rate increased to 160 bpm (normal range 60-90 bpm), which was accompanied by mild dizziness and shortness of breath, but with no obvious heart palpitations. The ECG indicated a rapid AF with rapid ventricular rate (Fig. 2). A diagnosis of AF was made. The patient was immediately administered amiodarone (150 mg bolus then 300 mg continuous infusion). Two hours later, the symptom of shortness of breath had disappeared, and the heart rate had decreased to 106 bpm. Subsequently, metoprolol was administered to the patient to reduce heart rate, and three days later, the ECG was normalized and indicated normal heart rate and rhythm (Fig. 3).

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To confirm the association between PTX and AF in the present case, the Naranjo algorithm (8,9) was used to evaluate the potential causal relationship between PTX and AF. According to the Naranjo algorithm, the score was 6 points (Table I), indicating that the occurrence of AF was likely to be associated with use of PTX. Scoring was based on the following: i) There have been previous conclusive reports on this reaction (10-12), and therefore a score of 1 point was given; ii) 2 days after administration of PTX, the patient developed AF; and therefore 2 points were given; iii)
Table II. Hematological and biochemical parameters prior to and following chemotherapy.

<table>
<thead>
<tr>
<th>Auxiliary examination</th>
<th>Measured values</th>
<th>Normal range&lt;sup&gt;a&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pre-chemotherapy</td>
<td>Post-chemotherapy</td>
</tr>
<tr>
<td>Routine</td>
<td></td>
<td></td>
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<tr>
<td>Neutrophils (10&lt;sup&gt;9&lt;/sup&gt;/l)</td>
<td>5.8</td>
<td>5.2</td>
</tr>
<tr>
<td>Blood test</td>
<td></td>
<td></td>
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<tr>
<td>Hemoglobin (g/l)</td>
<td>97</td>
<td>91</td>
</tr>
<tr>
<td>Platelets (10&lt;sup&gt;9&lt;/sup&gt;/l)</td>
<td>239</td>
<td>214</td>
</tr>
<tr>
<td>Hepatic function</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alanine aminotransferase (U/l)</td>
<td>42</td>
<td>45</td>
</tr>
<tr>
<td>Aspartate aminotransferase (U/l)</td>
<td>33</td>
<td>24</td>
</tr>
<tr>
<td>Total bilirubin (µmol/l)</td>
<td>9.2</td>
<td>11.1</td>
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<tr>
<td>Renal function</td>
<td></td>
<td></td>
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<tr>
<td>Creatinine clearance (ml/min)</td>
<td>85.4</td>
<td>83.2</td>
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<tr>
<td>Blood urea nitrogen (mmol/l)</td>
<td>3.6</td>
<td>3.4</td>
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<tr>
<td>Cardiac function</td>
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<td></td>
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<tr>
<td>N-terminal pro-B-type natriuretic peptide (pg/ml)</td>
<td>268</td>
<td>282</td>
</tr>
<tr>
<td>Creatine kinase MB (U/l)</td>
<td>10</td>
<td>9</td>
</tr>
<tr>
<td>Cardiac troponin I (µg/ml)</td>
<td>0.01</td>
<td>0.02</td>
</tr>
</tbody>
</table>

<sup>a</sup>Those used at the hospital laboratory of the Third Hospital of Mianyang (Mianyang, China).

Figure 4. Schematic illustration of the mechanisms of atrial fibrillation (AF) induced by paclitaxel (PTX).
addition to PTX, there were no other drugs that may cause AF, and therefore 2 points were given; and iv) the ECG indicated a rapid AF with rapid ventricular rate, and therefore 1 score point was given.

During the second chemotherapy cycle, except for mild nausea, no other adverse reactions were noted in the patient. Hematological and biochemical parameters prior to and following termination of the chemotherapy are listed in Table II. Except for hemoglobin (pre- and post-chemotherapy, 97 and 91 g/l, respectively; normal range 120-160 g/l), all of these parameters were normal. PTX was replaced with docetaxel in the next four chemotherapy cycles, and no AF occurred in the patient. However at 1 year on, the patient succumbed due to disease progression.

Discussion

AF is the most prevalent cardiac arrhythmia and a major cause of hospitalization, morbidity and mortality (5). PTX, an antimicrotubule agent, induces AF infrequently (10). In an analysis of ~3,400 cancer patients in the National Cancer Institute Adverse Drug Reactions database (13), atrial arrhythmias occurred in >0.2% of patients who received PTX (5). Meanwhile, an increasing number of cardiovascular and non-cardiovascular drugs have been reported to induce AF (6).

In the present case, the Naranjio algorithm was used to confirm the association between PTX and AF, which indicated that the occurrence of AF was likely to be associated with use of PTX. The exact mechanism of AF induced by PTX is not well described or understood in the literature (10-12); however there are a number of hypotheses, including a stimulation of the sympathetic nervous system or parasympathetic nervous system to influence the function of the atrionector, or a stimulation of histamine 1 and 2 receptors to cause myocardial oxygen demand, coronary vasoconstriction and chronotropic effects (5,6). A schematic flow chart of the potential mechanisms underlying PTX-induced AF is provided in Fig. 4. Considering the critical nature of this adverse reaction, attention should be paid when administering adjuvant chemotherapy with PTX, particularly in patients with possible or known cardiac disease (14).

AF typically lasts for a few minutes or hours in patients when the suspected drug is stopped (5). If AF persists for several hours or days following drug discontinuation (5,6), the treatment is the same as that recommended for paroxysmal/persistent AF (5), with the common treatment procedures being drug withdrawal and control of rhythm and rate. However, the effectiveness of rhythm and rate control therapies on drug-induced AF has not been adequately studied, and guidelines are based exclusively on patients with cancer diseases (6). Certain studies (5,6) have documented that amiodarone and β blocker may be effective for rhythm and rate control. If the causative drug is necessary for the patient, the treatment can be started at a lower dose with continuous ECG monitoring to detect the recurrence of AF (5,6). Occasionally, it is possible to replace the causative agent for another drug of the same family (i.e., PTX replaced by docetaxel) (6).

In conclusion, AF is a rare, albeit critical adverse effect induced by PTX, and thorough observation should be performed during PTX treatment, even for patients with no previous presentation of cardiac risk factors. Further studies are required to establish the underlying mechanisms of PTX-induced AF in cancer patients, though preventive steps can be taken in the meantime.

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Availability of data and materials

All data described in the current report are available from the corresponding author on reasonable request.

Authors’ contributions

DZ and XL were responsible for clinical evaluation and therapeutic management of the patient. DZ, JC and XL were responsible for the literature search. DZ, LC and JW were responsible for manuscript writing and provided corrections to the manuscript and figures. All authors reviewed and approved the final manuscript.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

The patient provided written consent for case publication.

Competing interests

The authors declare that they have no competing interests.

References