Insect tea attenuates hydrochloric acid and ethanol-induced mice acute gastric injury

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Abstract. The aim of the present study was to investigate the protective effect of insect tea on HCl/ethanol-induced gastric ulcers in ICR mice. The serum levels of vasoactive intestinal peptide, substance P, somatostatin, motilin and endothelin-1 in mice were assessed using commercial kits and gastric tissues of superoxide dismutase (SOD), nitric oxide (NO) and malondialdehyde (MDA) were determined using western blot analysis. Insect tea significantly reduced HCl/ethanol-induced gastric juice secretion and increased the pH of gastric juice (P<0.05). Insect tea treatment significantly increased vasoactive intestinal peptide and somatostatin, and significantly decreased motilin, substance P and endothelin levels in the serum (P<0.05). Treatment with insect tea was demonstrated to significantly increase levels of gastric SOD and NO and to reduce levels of MDA in the gastric ulcer mouse model (P<0.05). The gastric expression of inhibitor of nuclear factor-xB (NF-xB), epidermal growth factor (EGF), EGF receptor, neuronal nitric oxide synthase (nNOS), endothelial NOS, Mn-SOD, Cu/Zn-SOD and catalase was significantly increased in mice treated with insect tea compared with untreated model mice (P<0.05). Levels of NF-xB, and inducible NOS were demonstrated to be decreased in mice treated with insect tea compared with untreated model mice (P<0.05). The results of the present study suggest that insect tea has a protective effect against HCl/ethanol-induced gastric ulcers in ICR mice. This effect may be achieved via modulating serum neuropeptide levels, reducing gastric juice secretion, and modulating the inflammation- and antioxidant-associated protein expressions in gastric tissue.

Introduction

Imbalances in offensive factors (including acid, pepsin, and *Helicobacter pylori* infection) and defensive factors (including mucin, prostaglandin, bicarbonate, nitric oxide, and growth factors) serve an important role in the pathology of chronic gastric ulcers, which are associated with the development of gastric cancer (1). The prevalence of chronic gastric disease, in particular gastric ulcers, is increasing (2); however, the etiology is currently unclear. Lifestyle factors, including alcohol consumption, tobacco use and stress, are widely accepted as causative factors in the pathogenesis of chronic gastric ulcers (2).

Neuropeptides are a type of small protein-like molecule that are associated with a wide range of brain functions and have also been demonstrated to regulate gastric juice secretion, motility and contractions (3). These neuropeptides, including vasoactive intestinal peptide (VIP), substance P (SP), somatostatin (SS), motilin (MOT) and endothelin-1 (ET-1), are widely distributed in the gastrointestinal tract and modulate the immune reaction in the intestinal mucosa (3,4). Abnormal levels of these neuropeptides have previously been observed in patients with gastrointestinal mucosal lesions and hemorrhage (5).

At present, the primary clinical treatment for gastric ulcers is the administration of histamine-2 receptors antagonist (including cimetidine and ranitidine) or proton-pump inhibitors (including lansoprazole) to reduce gastric juice secretion (6). However, long-term use of these agents may cause serious side effects, including hypergastrinemia, nausea, abdominal pain, constipation, diarrhea and increased risk of hip fracture (7). Therefore, the development of more effective pharmacological agents to treat gastric ulcers with fewer side effects is of great importance.

Insect tea, which is produced using insect feces, is a traditional drink that has long been used by ethnic minorities...
in southwest China (8). Insect tea contains no tea leaves, rather the name is derived from the color of the drink (9). A number of previous studies have reported that insect tea has health benefits, including anticancer (8,10), antioxidant (11), hypoglycemic and antihypertensive effects (8). Insect tea has also been reported to reduce inflammation-induced colonic mucosa injury and promote duodenal motility activity (8). The aim of the present study was to investigate the potential protective effect of insect tea on the gastrointestinal tract and to elucidate the mechanisms underlying these effects using HCl/ethanol-induced gastric ulcers in mice.

Materials and methods

Preparation of raw tea and insect tea aqueous extracts. Fresh raw tea (Ilex kudingcha C. J. Tseng) and insect tea were purchased from Guizhou Chishui Green Ecology Industry Co., Ltd. (Zunyi, China), freeze-dried and subsequently ground into separate fine powders, the raw tea (Kuding tea) and insect tea was identified by Professor Huayi Suo (Southwest University, Chongqing, China). Powdered samples (1 kg) were added to 10 l ethanol (70%, vol/vol) and extracted at 37°C for 2 h. Each solution was filtered and condensed using a vacuum rotary evaporator (1,490 x g for 10 min) (Eyela N-1100V-W; Tokyo Rikakikai Co. Ltd., Tokyo, Japan) at 37°C, freeze-dried and stored at -80°C for further experiments.

Amino acid assay. A total of 800 mg of each type of tea was mixed with 3 ml sulfosalicylic acid solution (6%, w/v; Shanghai Zhanyun Chemical Company Limited, Shanghai, China), sonicated (26 kHz) for 60 min at 37°C and cooled to 4°C for 12 h. The extract was centrifuged at 13,000 x g for 2 min at 4°C and filtered using a 0.45-µm milliporefilter (EMD Millipore, Billerica, MA, USA). The amino acids in raw tea and insect tea were determined using an automatic amino acid analyzer (L-8800; Hitachi, Ltd., Tokyo, Japan) equipped with a Hitachi Packed Column (2620MSC-PS; inner diameter, 4.6 mm; length, 80 mm) filled with a Na+-form sulfonic resin (Langfang Miaoyang Chemical Company Limited, Langfang, China). The amount of total amino acids were identified and quantified against a standard compound based on its retention time and peak areas. The amino acid standards were purchased from National Institute for Food and Drug Control (Beijing, China).

Animal groups and acute gastric ulcer induction. A total of 35 male ICR mice (6 weeks old, 25-30 g) were purchased from the Experimental Animal Center of Chongqing Medical University (Chongqing, China). Mice were housed with a standard 12-h light/dark cycle at 23±1°C with relative humidity 50±5% and ad libitum access to food and water. Mice were randomly divided into five groups (n=7 in each) and treated as follows: Group 1 (normal group), administered 0.9% normal saline; group 2 (control group), HCl/ethanol (0.1 ml HCl or ethanol per 10 g; 60% in 150 mM HCl on the last day); group 3 (raw tea group), HCl/ethanol-treated mice administered with raw tea (100 mg/kg/day for 28 days) and group 4 (insect tea group), HCl/ethanol-treated mice administered with insect tea (100 mg/kg/day for 28 days); group 5 (ranitidine), HCl/ethanol-treated mice administered with ranitidine (50 mg/kg/day for 28 days, Sigma-Aldrich; Merck KGaA, Darmstadt, Germany). All treatments were administered via oral gavage. On experimental day 29, all mice had developed jejunitis and were denied food but allowed to drink water ad libitum. Mice in groups 3, 4 and 5 were gavaged with a stomach injury inducer (0.1 ml HCl or ethanol per 10 g; 60% in 150 mM HCl) on day 30 and sacrificed after 1 h (12). Blood samples were harvested from the inferior vena cava, centrifuged at 3,000 x g for 10 min at 4°C and stored at -80°C until required for further study. The animal protocol used in the present study was approved by the Animal Ethics Committee of Chongqing University of Education.

Evaluation of antiulcer activity. The volume of gastric secretions from each mouse was measured with a 10-ml measuring cylinder following sacrifice and the pH of gastric juice was determined using a SevenEasy pH meter (Mettler Toledo GmbH, Greifensee, Switzerland). The stomachs were harvested using hemostatic forcesps, and the isolated stomachs were inflated by injecting 10 ml 1% formalin solution for 10 min to fix the tissues at 25°C and opened along the greater curvature. Gastric tissue was observed using digital camera (D550; Canon, Tokyo, Japan), and the gastric injury area was measured using ImageJ 1.44 software (National Institutes of Health, Bethesda, MD, USA). The gastric injury inhibitory rate (%) = (1 - gastric injury area of sample treated mice / gastric injury area of control mice) x 100.

Measurement of gastric neuropeptide levels. Serum levels of MOT (H182; MOT assay kit), SP (H218; substance P assay kit), VIP (H219; vasoactive intestinal peptide assay kit), SS (H092; somatostatin assay kit) and ET-1 (H093; endothelin-1 assay kit) were measured with radioimmunoassay kits (all Beijing Puer Weiyi Biotechnology Co., Ltd., Beijing, China) according to the manufacturer's protocols.

Measurement of superoxide (SOD), nitric oxide (NO) and malondialdehyde (MDA) in gastric tissue. Gastric levels of SOD (A001-3), NO (A012) and MDA (A003-1) were respectively measured using commercial ELISA kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, Jiangsu, China) according to the manufacturer's protocols.

Protein extraction and western blot analysis. A total of 100 mg gastric tissue was washed with ice-cold PBS, homogenized with ice-cold modified radioimmunoprecipitation assay buffer (Sigma-Aldrich; Merck KGaA) and centrifuged at 13,000 x g for 30 min at 4°C. Protein concentrations were determined using a bicinchoninic acid protein assay kit (Bio-Rad Laboratories, Inc., Hercules, CA, USA). For western blot analysis, 50 µg protein extracts were separated by 10% SDS-PAGE and electrotransferred onto a nitrocellulose membrane. The membrane was blocked with 10% skimmed milk at 4°C for 8 h. Blots were subsequently incubated with antibodies against nuclear factor (NF)-κB (IκB-α) (#8214), inhibitor of NF-κB (IkB-α) (#8219); epidermal growth factor (EGF) (#2237), EGF receptor (EGFR) (#1162), endothelial nitric oxide synthase (eNOS) (#32027), neuronal NOS (nNOS) (#4231), inducible NOS (iNOS) (#13120), Mn-SOD (#13141), Cu/Zn-SOD (#4266), catalase (CAT) (#14097) and β-actin (#12262) (all 1:5,000; all
Cell Signaling Technology, Inc., Danvers, MA, USA) for 4 h at 4°C. Membranes were washed with PBS (3 times for 15 min) containing 0.05% Tween 20 (PBS-T) and subsequently incubated with horseradish peroxidase-conjugated goat-anti-rabbit or anti-mouse immunoglobulin G (#14709; 1:1,000; Cell Signaling Technology, Inc.) for 1 h at room temperature. Blots were washed three times with PBS-T (3 times for 15 min) and antibody binding was visualized by enhanced chemiluminescence (ECL Western Blotting Detection kit; GE Healthcare Life Sciences, Little Chalfont, UK). Protein expression was quantified using ImageJ 1.44 software (National Institutes of Health).

Statistical analysis. Data are presented as the mean ± standard deviation. Differences between groups were assessed using one-way analysis of variance with Duncan's multiple range tests. The SAS v9.1 statistical software package (SAS Institute, Inc., Cary, NC, USA) was used for the analysis. P<0.05 was considered to indicate a statistically significant difference.

Results

Accumulation of amino acids in insect tea. The amino acid contents of raw tea and insect tea as determined by an automatic amino acid analyzer are presented in Fig. 1 and Table I. Compared with the raw tea, insect tea contained a markedly higher level of total amino acids. The insect tea also contained higher levels of human essential amino acids including threonine, valine, isoleucine, phenylalanine and lysine. However, levels of methionine and leucine were lower in insect tea compared with raw tea. Furthermore, tryptophan was not detected in either of the preparations, and insect tea contained higher levels of glutamate, arginine and proline compared with raw tea.

Insect tea attenuates HCl/ethanol-induced gastric ulcer. HCl/ethanol treatment significantly induced the formation of gastric ulcers and bleeding in mice (P<0.05; Fig. 2 and Table II). Administration of 100 mg/kg raw tea or insect tea significantly reduced area of HCl/ethanol-induced acute gastric ulcer in mice (P<0.05; Table II); the level of inhibition was 56.3% (gastric ulcer area, 3.65±0.43 mm²) and 72.1% (gastric ulcer area, 2.33±0.48 mm²) with raw tea and insect tea treatment, respectively. These results suggest that the two treatments exhibited a significant protective effect against HCl/ethanol-induced gastric ulcers; however, their effect was weaker than that observed in ranitide-treated mice (gastric ulcer area, 1.05±0.27 mm²; inhibition, 87.4%). In addition, HCl/ethanol treatment significantly increased gastric juice secretion compared with normal mice (P<0.05; Table II). Following the administration of 100 mg/kg raw tea or insect tea for 28 days, gastric juice secretion was significantly reduced compared with the control group (P<0.05; Table II). Raw tea and insect tea treatment also significantly increased the pH of gastric juice compared with control mice (P<0.05; Table II). All mice in all groups survived the total experimental period.

Effect of insect tea on serum neuropeptide levels in HCl/ethanol-induced gastric ulcer mice. HCl/ethanol treatment was observed to significantly increase the acute gastric ulcer-related serum neuropeptide levels of MOT, SP and ET-1 compared with normal mice (P<0.05; Table III). Administration of 100 mg/kg raw tea or insect tea significantly attenuated the serum levels of MOT, SP and ET-1 compared with control mice (P<0.05; Table III). In addition, treatment with raw tea or insect tea significantly increased the serum levels of SS and VIP compared with the control group (P<0.05; Table III). Furthermore, the results indicated that insect tea modulated the neuropeptide levels to a greater extent than raw tea (Table III).

Effect of insect tea on gastric levels of SOD, NO and MDA in HCl/ethanol-induced gastric ulcer mice. HCl/ethanol treatment significantly reduced the gastric activity of the antioxidant enzyme SOD (69%) and significantly induced the lipid peroxidation related MDA generation (5.0-fold) compared with normal mice (P>0.05; Table IV). Treatment with 100 mg/kg raw tea or insect tea significantly increased the levels of SOD (72%) and significantly induced the lipid peroxidation related MDA generation (5.0-fold) compared with normal mice (P>0.05; Table IV). Treatment with 100 mg/kg raw tea or insect tea significantly increased the levels of SOD (72%) and significantly induced the lipid peroxidation related MDA generation (5.0-fold) compared with normal mice (P>0.05; Table IV). In addition, raw tea and insect tea significantly reduced MDA generation compared with the control group (P<0.05; Table IV). Raw tea had a weaker effect in regulating antioxidant activity compared with insect tea (Table IV).

Effect of insect tea on the gastric expression of Mn-SOD, Cu/Zn-SOD, and CAT in HCl/ethanol-induced gastric ulcer mice. In HCl/ethanol-treated mice, the gastric levels of Mn-SOD, Cu/Zn-SOD, and CAT were significantly decreased compared with that in normal mice (P<0.05; Fig. 3). Mice treated with 100 mg/kg raw tea or insect tea exhibited significant increases in the gastric levels of Mn-SOD, Cu/Zn-SOD,
and CAT compared with the control mice (P<0.05; Fig. 3). SOD, Cu/Zn-SOD and CAT protein expression were significantly higher in the gastric tissue of insect tea treated mice compared with raw tea treated mice. (P<0.05; Fig. 3).

**Effect of insect tea on the gastric expression of nNOS, eNOS, and iNOS in HCl/ethanol-induced gastric ulcer mice.** HCl/ethanol treatment significantly increased gastric iNOS expression and significantly decreased gastric nNOS and eNOS expression compared with normal mice (P<0.05; Fig. 4). However, mice treated with 100 mg/kg raw tea or insect tea were demonstrated to have significantly lower iNOS protein expression compared with control mice (P<0.05; Fig. 4). Furthermore, mice in the raw tea and insect tea groups exhibited significant increases in levels of nNOS and eNOS compared with control mice (P<0.05; Fig. 4). Furthermore, nNOS and eNOS protein expression in gastric tissue of insect tea treated mice was significantly higher compared with raw tea treated mice (P<0.05; Fig. 4).

**Effect of insect tea on the gastric expression of NF-κB, IκB-α, EGF and EGFR in HCl/ethanol-induced gastric ulcer mice.** HCl/ethanol treatment significantly increased the expression of gastric NF-κB compared with normal mice (P<0.05; Fig. 5). Treatment with raw tea or insect tea significantly reduced the levels of NF-κB compared with control mice, and tea samples also significantly increased the gastric IκB-α expression compared with control mice (P<0.05; Fig. 5). Levels of EGF and its receptor EGFR were significantly downregulated in HCl/ethanol-treated mice compared with the normal group (P<0.05; Fig. 5). However, EGF and EGFR were significantly increased in the raw tea and insect tea groups compared with the control group (P<0.05; Fig. 5). In the insect tea group, levels of IκB-α, EGF and EGFR were significantly higher and NF-κB expression was significantly lower compared with the raw tea group (P<0.05; Fig. 5).

**Discussion**

Insect tea is a type of non-Camellia tea with a long history in China (8). Previous studies have reported that insect tea contains high levels of amino acids (13,14). In the present study, it was demonstrated that insect tea contains higher levels of human essential amino acids (such as threonine, valine, isoleucine, phenylalanine, and lysine) compared with raw tea. Glutamate and its derivative, proglumide, have been reported to have anticholinergic effects as gastrin receptor antagonists that decrease gastric acid secretion and have a healing effect on gastric ulcers (15). Arginine is a substrate for nitric oxide synthase and has previously exhibited gastroprotective and ulcer healing effects in animal and human studies (16-18). The amino acids leucine, isoleucine and valine constitute a branched-chain amino acid (BCAA), which is an amino acid with aliphatic side-chains (19). BCAAs have been reported to have therapeutic effects, promoting muscle and wound healing in a previous animal study (20). In the present study, it was demonstrated that insect tea treatment increased the pH of gastric juice in HCl/ethanol-treated mice. Maintaining a higher gastric juice pH reduces the activity of pepsin, which is a risk factor for gastric ulcers (21,22), and improves healing of the gastric mucosa (23).

Excess gastric acid secretion is an important risk factor that promotes the development of gastric ulcers (24,25), and reducing gastric juice secretion is a useful strategy to prevent and treat gastric ulcers (5). Gastric juice secretion is regulated by the central nervous system (CNS), in particular...
Neuropeptides are able to influence CNS activity and maintain gastric mucosal homeostasis (3). Some neuropeptides, including SP, MOT, SP, VIP and ET-1, are associated with the regulation of gastric acid secretion and serve important roles in gastric tissue repair under normal physiological conditions (27). In the present study, it was observed that administration of 100 mg/kg insect tea significantly decreased serum levels of SP, MOT and ET-1 in gastric ulcer mice. SP stimulates gastric juice secretion (28) and decreases gastric contractions (29), resulting in delayed gastric emptying and aggravating gastric ulcers in patients with gastritis (30,31). MOT is a powerful inducer of gastrointestinal motor activity (32) and intestinal contractilities, and stimulates the secretion of human gastric pepsin (33,34). ET-1 is a potent vasoconstrictor that is produced by vascular endothelial cells (35). Submucosal injections of ET-1 have previously been demonstrated to induce gastric ulcers in rats (36). Increased levels of ET-1 have previously been observed in critically ill patients with stress ulcers (37). Increased ET-1 generation is associated with the progression of gastric mucosal injury in rodent models, and inhibiting ET-1 activity has been demonstrated to reduce chemically-induced gastric ulcers (38,39). In the present study, it was demonstrated that the administration of 100 mg/kg insect tea significantly increased serum levels of SS and VIP in gastric ulcer mice. SS is a type of amino acid peptide that is distributed in the brain and the peripheral organs (3) and is able to inhibit chemically (pentagastrin, betahexanol, histamine)-induced gastric acid secretion in rats via activating somatostatin type 2 receptors (40-42). Peripheral injection of VIP has been demonstrated to decrease gastric acid secretion via inhibiting vagus nerve activation in rats (43,44). This suggests that insect tea may influence gastric juice secretion in HCl/ethanol-induced gastric ulcers by increasing the serum levels of VIP and SS, as well as reducing the serum levels of SP, MOT and ET-1.

Chemically-induced or ischemia-associated overgeneration of reactive oxygen species (ROS) results in lipid peroxidation
Figure 3. Effect of insect tea on Mn-SOD, Cu/Zn-SOD and CAT protein expression in HCl/ethanol-induced gastric mucosal injury mice. Data are relative to the control group and are presented as the mean ± standard deviation (n=7). *P<0.05 vs. control, †P<0.05 vs. raw tea. SOD, superoxide dismutase; CAT, catalase.

Figure 4. Effect of insect tea on nNOS, eNOS and iNOS protein expression in HCl/ethanol-induced gastric mucosal injury mice. Data are relative to the control group and are presented as the mean ± standard deviation (n=7). *P<0.05 vs. control, †P<0.05 vs. raw tea. n, neuronal; NOS, nitric oxide synthase; e, endothelial; i, inducible.

Figure 5. Effect of insect tea on NF-κB, IκB-α, EGF and EGFR protein expression in HCl/ethanol-induced gastric mucosal injury mice. Data are relative to the control group and are presented as the mean ± standard deviation (n=7). *P<0.05 vs. control, †P<0.05 vs. raw tea. NF-κB, nuclear factor-κB; IκB-α, inhibitor of NF-κB; EGF, epidermal growth factor; EGFR, EGF receptor.
of gastric ulcers (45-47). The administration of SOD has been reported to significantly protect against gastric mucosal injury (48). In the present study, administration of insect tea was observed to increase total SOD enzyme activity and the levels of Mn-SOD and Cu/Zn-SOD proteins in gastric ulcer mice. Insect tea also significantly increased the level of CAT in gastric mice. In a previous study, combined treatment with SOD and CAT was reported to reduce gastric lipid peroxidation levels in indomethacin-treated gastric ulcers in rats (47). In the present study, insect tea treatment significantly decreased the HCl/ethanol-induced generation of gastric MDA, which is one of the final products of lipid peroxidation and is widely used as an indicator to evaluate levels of tissue damage (49).

NO is a gas signaling molecule generated from NOS, and has been reported to serve a beneficial role during gastric ulcer healing in animals (50). There are three subtypes of NOS in human gastric mucosa, namely nNOS, iNOS and eNOS (51). In the present study, insect tea treatment significantly increased the gastric levels of NO and enhanced the protein expressions of nNOS and eNOS in gastric tissues. Insect tea also reduced the iNOS protein expression in ulcer mice. The low concentration of NO produced by eNOS has been observed to reduce gastric juice secretion, promoting wound healing by increasing blood flow and angiogenesis and protecting the gastric mucosa in gastric ulcer models (52,53). Increased expression of eNOS promotes ulcer healing via its effects on angiogenesis in the gastric tissue of rats (54,55).

NF-κB is a classic inflammation-associated protein that promotes inflammatory diseases and cancer (56). In the present study, insect tea treatment reduced the gastric levels of NF-κB protein in mice. Increasing the protein expressions of IkB-α, which is a cytoplasmic inhibitor of NF-κB, reduces the inflammatory reaction and carcinogenesis in gastric disease (57). Insect tea treatment significantly increased the gastric protein expression of IkB-α in the present study.

EGF stimulates cell growth, proliferation and differentiation by binding to EGF-R, which is secreted by the salivary glands, Brunner’s glands in the duodenum and pancreas (58). In the present study, insect tea treatment significantly increased the levels of EGF and EGF-R in the gastric tissue of ulcer mice. Under normal physiological conditions, EGF inhibits gastric acid secretion, reducing the activity of gastric protease, promoting gastric epithelial cell proliferation and preventing ulcer formation (58,59). EGF also accelerates healing in gastric ulcers by promoting cell DNA synthesis in the gastric mucosa (59,60).

In conclusion, the results of the present study demonstrate that insect tea exhibits a protective effect against HCl/ethanol-induced gastric ulcers in ICR mice. Insect tea administration was able to attenuate HCl/ethanol-induced gastric acid secretion and increase the pH of gastric juice. Treatment with insect tea also modulated serum levels of MOT, SP, VIP, SS, and ET-1, and increased the activity of antioxidant enzymes to reduce lipid peroxidation in gastric tissues. In addition, insect tea modulated the protein expressions of iNOS, nNOS, and eNOS, and promoted NO secretion to protect the gastric mucosa. Insect tea also modulated NF-κB and IkB-α to reduce the inflammatory reaction and increased the gastric expressions of EGF and EGFR in the gastric mucosa of mice. These results indicate that the potential mechanism underlying the protective effects of insect tea may involve reducing gastric juice secretion, modulating neuropeptides, and regulating antioxidant activity and inflammatory reactions in the gastric mucosa. Insect tea represents a potential beneficial agent for the prevention of HCl/ethanol-induced gastric ulcers in vivo.

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