Clinical manifestations and epigenetic mechanisms of gastric mucosa associated lymphoid tissue lymphoma and long-term follow-up following *Helicobacter pylori* eradication

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**Abstract.** The current study aimed to summarize the clinical manifestations and identify the epigenetic mechanisms of gastric mucosa associated lymphoid tissue (MALT) lymphoma, as well as evaluate the long-term effects of *Helicobacter pylori* (*H. pylori*) eradication. A total of 122 patients with marginal zone B-cell lymphoma of primary gastric MALT lymphoma were enrolled in the present study. The clinical manifestations of gastric MALT lymphoma, including symptoms, *H. pylori* state and endoscopic type, were summarized. The response to therapy was evaluated in patients that underwent *H. pylori* eradication. Survival analysis was estimated using the Kaplan-Meier method. The expression of microRNA-383 (miR-383) in tumor tissues and cell lines was determined using reverse transcription quantitative polymerase chain reaction. Furthermore, bioinformatic analyses, luciferase reporter assays, and western blot analysis identified zinc finger E-box binding homeobox 2 (ZEB2) as a direct target gene of miR-383. An MTT assay was used to examine the function of miR-383 and ZEB2 in MALT lymphoma. The clinical symptoms of patients with gastric MALT lymphoma were non-specific and included epigastric pain, abdominal discomfort and bleeding. The majority of endoscopic types were classified as ulcer, erosion and mucosa edema. The *H. pylori* infection rate was 79.5% (97/122) and a total of 47 patients underwent eradication therapy. Lymphoma remission was achieved in 93.6% (44/47) of patients and complete remission (CR) was achieved in 74.4% (35/47). The median follow-up time was 38 months (range, 10-132 months) and the median time taken to achieve CR was 4 months (range, 3-7 months). The estimated 3-year survival rate was 90.3% and the 5-year survival rate was 76.2%. Therefore, it was determined that patients with stage I or II gastric MALT lymphoma are able to undergo *H. pylori* eradication as a first-line treatment and that the survival rate of patients undergoing this treatment is high. Furthermore, it was determined that the mechanism by which miR-383 and ZEB2 contribute to MALT lymphoma progression is by the targeting of ZEB2 by miR-383, which inhibits the proliferation of cancer cells.

**Introduction**

Numerous studies have investigated gastric mucosa associated lymphoid tissue (MALT) lymphoma. It accounts for 20-40% of extranodal lymphomas and 1-6% of all gastric malignancies (1-3). Gastric MALT lymphoma is defined as a distinct clinicopathological entity in the World Health Organization classification of malignant lymphomas (2,4). It is widely accepted that *Helicobacter pylori* (*H. pylori*) infection is the primary pathogenic factor stimulating the development of low-grade, marginal zone B-cell lymphoma of the stomach. In China, the incidence of *H. pylori* infection is high, as is the morbidity rate of patients with gastric MALT lymphoma (5). There have been few reports investigating the long-term effect of *H. pylori* eradication therapy. Previous studies have demonstrated that *H. pylori* eradication leads to the regression of early stage lymphoma (6-8). However, the traditional strategies used to treat gastric MALT lymphoma are surgery and chemotherapy. Long-term follow-up studies investigating the characteristics of gastric MALT lymphoma and the therapeutic effect of different treatments remain rare, particularly in China. Therefore, the current study was conducted on a large number of patients with gastric MALT lymphoma with the aim of summarizing the manifestations of the disease and evaluating the effect of *H. pylori* eradication on gastric MALT lymphoma.

microRNAs (miRNA) are a group of small noncoding RNAs 19-24 nucleotides long that regulate gene expression at the post-transcriptional level (9,10). They regulate the expression of their target mRNAs by binding to them (11,12). Previous studies have demonstrated that miRNAs and their epigenetic mechanisms serve a role in gastric lymphoma (13,14), however to the best of our knowledge, the role served by miRNAs in the pathogenesis of gastric MALT lymphoma remains unknown.
Zinc-finger E-box-binding homeobox (ZEB) 1 and ZEB2 are transcription factors for marginal zone B cells, which induce the epithelial-mesenchymal transition and promote metastasis in different types of cancer (15,16). In H. pylori-positive gastric diffuse large B-cell lymphoma, the inhibition of ZEB1 by miR-200 leads to a less aggressive form of the disease (17). However, it remains unclear whether ZEB2 serves a role in gastric MALT lymphoma and whether the regulation of ZEB2 is mediated by miRNA. The current study demonstrates that H. pylori eradication therapy is effective in the treatment of early gastric MALT lymphoma.

Materials and methods

Patients. A total of 122 patients (56 females and 66 males; median age, 56.5 years) with marginal zone B-cell lymphoma of the primary gastric MALT lymphoma (i.e. disease confined to the stomach with or without involvement of the paragastric lymph nodes and with no distant lymph node involvement) who were admitted to Tianjin Medical University General Hospital (Tianjin, China) were enrolled in the present study between January 2000 and January 2013. All patients had stage IIE (confined to the stomach) or IIE (involvement of paragastric lymph nodes) MALT lymphoma according to the Ann Arbor classification system modified by Musshoff (6,18,19). H. pylori status was determined using the rapid urease test, Giemsa staining or the 13C urea breath test (7). H. pylori infection was classified as positive if the result of ≥1 test was positive. Gastroendoscopy was performed in all the 122 patients. The endoscopic type of gastric lymphoma was classified as superficial, ulcerative or polyoid based on the classification reported previously (20). Endoscopic ultrasonography (EUS) was performed to evaluate the depth of tumor invasion and the degree of perigastric lymphadenopathy in 47 patients.

Initially, 47 patients accepted H. pylori eradication therapy. First-line treatment consisted of omeprazole (20 mg; Changzhou Siyao Pharmaceuticals Co., Ltd., Changzhou, China) or rabeprazole (10 mg; Zhuhai Rundu Pharmacy Ltd., Co., Zhuhai, China), amoxicillin (1,000 mg; Beijing Qin Wutian Pharmaceutical Co., Ltd., Beijing, China) or metronidazole (500 mg; Qin Wutian Pharmaceutical Co., Ltd.) and clarithromycin (500 mg; Hainan Puli Pharmacy Co., Ltd., Hainan, China) twice a day for 14 days. Second-line treatment consisted of omeprazole (20 mg) or rabeprazole (10 mg), levofloxacin (400 mg; Daichii Saikyo Pharmaceutical Co., Ltd., Beijing, China) or furazolidone (100 mg; Shuanghe Pharmaceutical Co., Ltd., Beijing, China) and clarithromycin (500 mg) or amoxicillin (1,000 mg) twice a day for 14 days. H. pylori status, endoscopic controls and biopsies were performed 1 month following H. pylori eradication and were continued every 3 months in the first year, 6 months in the second year and then once a year from the third year onwards.

The present study was approved by the Ethics Committee of Tianjin Medical University General Hospital (Tianjin, China) and written informed consent was obtained from all participants.

Remission evaluation following H. pylori eradication. Complete remission (CR) was defined as no macroscopic findings of lymphoma and negative histology in two subsequent follow-up investigations. Partial remission (PR) was defined as normalization or reduction of macroscopic findings, histological signs of lymphoma regression and no signs of disease progression. Stable disease (SD) was characterized by unmodified macroscopy and/or unmodified histology. Progressive disease (PD) was defined by worsening of macroscopic findings, dissemination of gastric MALT lymphoma or transformation into DLBCL. Relapse was defined as persistent histological confirmation of lymphoma following documentation of CR (4).

Cell lines and reagents. HEK-293T cells, Daudi and U2932 cells (American Type Culture Collection, Manassas, VA, USA) were cultured in Dulbecco's modified Eagle's medium and NCU-L-4 and Raji cells (American Type Culture Collection, ATCC; Manassas, VA, USA) were cultured in RPMI-1640 medium (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA) with 10% fetal bovine serum (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) at 37°C with 5% CO2.

Transfection of cells with miRs. Synthetic hsa-miR-383, scrambled control RNA (miR-control), hsa-miR-383 inhibitor or negative control RNA (miR-NC) were purchased from Shanghai GeneChem Co., Ltd. (Shanghai, China). A total of 3x104 cells were seeded in each well of 6-well plates and transfected with 2 μg ZEB2 overexpression construct (Shanghai GenePharma Co., Ltd., Shanghai, China), using Lipofectamine™ 2000 (Invitrogen; Thermo Fisher Scientific, Inc.). Transfected cells were harvested for RNA or protein extraction 1-2 days following treatment.

Reverse transcription quantitative polymerase chain reaction (RT-qPCR). Total RNA containing miRNA was extracted from tissues using a miRNeasy Mini kit (Qiagen China Co., Ltd., Shanghai, China). cDNA was synthesized using a miScript Reverse Transcription kit (Qiagen China Co., Ltd.), following the manufacturer's instructions. Levels of miRNA expression were analyzed by quantification using SYBR Green miRNA RT-qPCR on a 7500 Fast Real-Time system (both from Applied Biosystems; Thermo Fisher Scientific, Inc.). U6 was used for normalization in miRNA studies. Experiments were performed in triplicate and the results were expressed as the mean ± standard deviation. The genes expression was normalized against that of GAPDH and relative fold changes were calculated using the 2-ΔΔCt method (21). The amplification was performed as follows: Denaturation at 94°C for 20 sec, annealing at 60°C for 45 sec followed by an extension at 72°C for 30 sec for 40 cycles. The following primers were used: GAPDH forward, 5'-GAGAAATATGACCAACAGCTCT-3' and reverse, 5'-ATGGACTGTGTCATGGTC-3'; and ZEB2 forward, 5'-GTGAGGTCTCCCGAGGTGT-3' and reverse, 5'-ATTGGGTGTGTCAATGAAT-3'.

Luciferase reporter assay. Luciferase assays in 293T cells and U2932 cells were performed with 0.02 mg firefly luciferase reporter construct with the wild-type ZEB2 pCI-neo-RL-ZEB2 (plasmid #35536) or mutant ZEB2 pCI-neo-RL-ZEB2 200b mut (plasmid #35538) (both from Addgene, Inc., Cambridge, MA, USA) and 0.02 mg control vector containing Renilla luciferase pRL-CMV (Promega Corporation, Madison, WI, USA) in a 24-well plate. Transfection was conducted using
Lipofectamine 2000. HEK-293T cells and NCU-L-4 cells were co-transfected with miR-control, miR-383, miR-NC and miR-383 inhibitor at a final concentration of 100 nM. Luciferase activity was measured using a Luciferase Assay system (Promega Corporation). A total of 48 h post transfection, the activity of firefly luciferase was normalized to that of Renilla luciferase. Each experiment was performed in triplicate.

Western blot analysis. Following transfection, cells were cultured for 2 days and protein was extracted using radiolabel immunoprecipitation assay lysis buffer (Promega Corporation). Protein concentration was determined using the BCA protein assay kit (Thermo Fisher Scientific, Inc.). A total of 40 µg protein from each group was loaded per lane and underwent 10% SDS-polyacrylamide gel electrophoresis. Subsequently, proteins were transferred onto a PVDF membrane (Merck KGaA). Following blocking with 5% non-fat dried milk at room temperature for 30 min, membranes were incubated with primary antibodies against ZEB2 (cat no. ab13222; 1:1,000; Abcam, Cambridge, UK) and GAPDH (cat no. SC81545; 1:1,000; Santa Cruz Biotechnology, Inc., Dallas, TX, USA) overnight at 4˚C. Following washing with TBST, membranes were incubated with peroxidase-conjugated goat anti-rabbit secondary antibodies (cat no. sc-2004; 1:5,000; Santa Cruz Biotechnology, Inc.) at room temperature for 1 h. Immunoreactive bands were analyzed using the ECL chemiluminescence system (Thermo Fisher Scientific, Inc.) and quantified using ImageI software (version 2x; Rawak Software, Inc., Stuttgart, Germany).

MTT assay. An MTT assay was performed to determine the viability of cancer cells. The transfected cells were seeded in triplicate in a 96-well plate, at a concentration of 500 cells/well. At 24, 48, 72 and 96 h following transfection, 20 µl MTT (5 mg/ml; Sigma-Aldrich; Merck KGaA) was added to each well and the cells were further incubated for 4 h at 37˚C prior to harvest. A total of 150 µl dimethyl sulfoxide was used to terminate the reaction and absorbance was measured at a wavelength of 570 nm using a microplate reader.

Statistical analysis. Statistical analysis was conducted using the SPSS 17.0 software (SPSS Inc., Chicago, IL, USA) and differences between groups were assessed using Student’s t-test. Survival time was calculated according to the revised criteria for malignant lymphoma from the time of diagnosis to that of mortality from any cause or lost follow-up (22). Follow-up was calculated as the median time to censoring using reverse Kaplan-Meier analysis and survival curves were estimated using the Kaplan-Meier method. RT-qPCR and the luciferase reporter assay were performed in triplicate. Data are presented as the mean ± standard deviation and P<0.05 was considered to indicate a statistically significant difference.

Results

Patient characteristics. The characteristics of the patients participating in the current study are presented in Table I. The median age of initial diagnosis was 56.5 years (range, 19-84 years) and 54.1% of the patients were male. All patients exhibited gastrointestinal symptoms. The most common symptom experienced was epigastric pain (39.4%), however abdominal discomfort (23.8%) and bleeding (15.6%) were also common. MALT lymphoma was most often localized in the antrum of patients (40.2%) and was determined as multifocal (situated at two different sites out of the antrum, body and fundus) in 26.2% of patients. Results indicated that from all the 122 patients who underwent gastroscopy, 46.7% of tumors were classified as ulcerative type, 20.5% as superficial and 32.8% as polypoid. Among the 122 patients, 97 of them tested positive for H. pylori. With the exception of those 75 patients who decided to undergo the surgery or the chemotherapy, 47 received the H. pylori eradication treatment following diagnosis (Table I).

Treatment outcomes. The clinical course following eradication of H. pylori is summarized in Fig. 1. A total of 47 patients received H. pylori eradication treatment. All these patients were infected with H. pylori, their median age was 52 years old (range, 24-69 years old) and they all underwent EUS. Among the 47 patients, the depth of lymphoma infiltration in the gastric wall was: The mucosa in 13, submucous in 14, muscularis propria in 13 and the entire gastric wall in 7 patients. The paragastric lymph nodes were involved in the case of 1 patient with lymphoma that had infiltrated the entire gastric wall. Overall, lymphoma remission was achieved in 44/47 (93.6%) patients and 35/47 patients achieved CR (74.4%). The median time taken to achieve CR was 4 months (range, 3-7 months). Among the 9 patients that achieved PR, 8 chose to undergo chemotherapy and 1 patient experienced relapse. Following relapse, this patient underwent further H. pylori eradication and achieved CR in 4 months. A total of 2 out of 47 patients continued to exhibit SD following H. pylori eradication and subsequently underwent chemotherapy 6 months later. One patient presented with DLBCL following H. pylori eradication treatment and subsequently underwent a gastrectomy (Fig. 1).

Overall survival. All mortalities, regardless of cause, were recorded. The results presented are a conservative estimate of survival in patients with gastric MALT lymphoma. The median follow-up time was 38 months (range, 10-132 months; Kaplan-Meier analysis; Fig. 2). Among the 47 patients, 7 succumbed. One patient with PD (DLBCL lymphoma) succumbed 20 months following surgery. Another patient with SD also succumbed 36 months following surgery due to a progression of lymphoma. Other causes of mortality included coronary syndrome (n=2), stroke (n=2) and chest infection (n=1). The estimated 3-year survival rate was 90.3% and the 5-year survival rate was 76.2%.

Expression of miR-383 is downregulated in gastric MALT lymphoma and cell lines. miR-383 is a tumor suppressor in various types of cancer, therefore the present study was conducted to identify whether miR-383 contributes to the progression of gastric MALT lymphoma. RT-qPCR was conducted to measure miR-383 expression in 47 cases of gastric MALT lymphoma. miR-383 expression in gastric MALT lymphoma lesions was significantly lower than in the corresponding non-tumor gastric mucosae (P<0.01; Fig. 3A). miR-383 expression in malignant lymphoma cell lines was
Table I. Clinical manifestations of gastric mucosa associated lymphoid tissue lymphoma at diagnosis.

<table>
<thead>
<tr>
<th>Features</th>
<th>n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td></td>
</tr>
<tr>
<td>≥60</td>
<td>52 (42.6)</td>
</tr>
<tr>
<td>&lt;60</td>
<td>70 (57.4)</td>
</tr>
<tr>
<td>Sex</td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>56 (45.9)</td>
</tr>
<tr>
<td>Male</td>
<td>66 (54.1)</td>
</tr>
<tr>
<td>Symptoms</td>
<td></td>
</tr>
<tr>
<td>Epigastric pain</td>
<td>48 (39.4)</td>
</tr>
<tr>
<td>Abdominal discomfort</td>
<td>29 (23.8)</td>
</tr>
<tr>
<td>Bleeding</td>
<td>19 (15.6)</td>
</tr>
<tr>
<td>Abdominal distention</td>
<td>11 (9.0)</td>
</tr>
<tr>
<td>Poor appetite</td>
<td>8 (6.5)</td>
</tr>
<tr>
<td>Nausea and vomiting</td>
<td>7 (5.7)</td>
</tr>
<tr>
<td>Helicobacter pylori status</td>
<td></td>
</tr>
<tr>
<td>Positive</td>
<td>97 (79.5)</td>
</tr>
<tr>
<td>Negative</td>
<td>25 (20.5)</td>
</tr>
<tr>
<td>Gastric location</td>
<td></td>
</tr>
<tr>
<td>Antrum</td>
<td>49 (40.2)</td>
</tr>
<tr>
<td>Body</td>
<td>27 (22.1)</td>
</tr>
<tr>
<td>Fudus</td>
<td>14 (11.5)</td>
</tr>
<tr>
<td>Multifocal</td>
<td>32 (26.2)</td>
</tr>
<tr>
<td>Endoscopic type</td>
<td></td>
</tr>
<tr>
<td>Ulcerative</td>
<td>57 (46.7)</td>
</tr>
<tr>
<td>Superficial</td>
<td>25 (20.5)</td>
</tr>
<tr>
<td>Polypoid</td>
<td>40 (32.8)</td>
</tr>
</tbody>
</table>

also examined using RT-qPCR. The results demonstrated that miR-383 was significantly downregulated in the NCU-L-4, Raji, Daudi lymphoma and U2932 cells compared with HEK-293T cells (P<0.05; Fig. 3B). To identify the role of miR-383 in gastric MALT lymphoma, the expression of miR-383 was measured in HEK-293T and NCU-L-4 cells transfected with miR-control, miR-383, miR-NC and miR-383 inhibitor (Fig. 3C and D). The overexpression or knockdown efficiency was demonstrated. As compared with the miR-control, miR-183 significantly increased the expression levels of miR-183 (P<0.05). Furthermore, compared with the miR-NC, miR-383 inhibitor significantly reduced the miR-183 expression levels (P<0.05) in HEK-293T cells and NCU-L-4 cells.

Validation of ZEB2 as a direct target of miR-383. It was hypothesized that miR-383 may be a tumor suppressor in gastric MALT lymphoma therefore, the target gene of miR-383 was screened using TargetScan 6.2 (http://www.targetscan.org). ZEB2 was considered to be a potential target with miR-383-binding sites (Fig. 4A). To confirm this possibility, the ZEB2 3'UTR wild-type (wt) or ZEB2 mutant site (ZEB2 3'UTR-mut) was cotransfected with miR-383 mimics into HEK-293T cells (Fig. 4B) and NCU-L-4 cells (Fig. 4C). Compared with the miR-control group, the luciferase reporter activity of the cells containing the ZEB2-UTR-wt was significantly decreased in HEK-293T and NCU-L-4 miR-383 transfected cells (P<0.01; Fig. 4B; P<0.05; Fig. 4C). However, the luciferase activity of the ZEB2 3'-UTR-mut reporter was unaffected by the simultaneous transfection of miR-383 in the two cell lines. By contrast, co-transfection of ZEB2 3'UTR wt and miR-383 inhibitor into HEK-293T cells and NCU-L-4 cells resulted in significantly higher luciferase activity compared with the miR-NC groups (P<0.01) however, ZEB2 3'-UTR-mut reporter activity was unaffected following transfection with miR-383 inhibitor (Fig. 4D and E).

miR-383 inhibits proliferation through the repression of ZEB2 expression. Consistent with the results of the luciferase report
assay, RT-qPCR was used to measure expression of ZEB2 mRNA in HEK-293T and NCU-L-4 cells transfected with miR-control, miR-383, miR-NC and miR-383 inhibitor (Fig. 5A and B). Compared with the control and NC groups, overexpression of miR-383 significantly inhibited ZEB2 expression (both P<0.01; Fig. 5A and B). By contrast, inhibition of miR-383 significantly increased ZEB2 expression in HEK-293T and NCU-L-4 cells (P<0.01; Fig. 5A; P<0.05; Fig. 5B). Western blot analysis was also used to measure levels of ZEB2 mRNA in the two cell lines and a similar trend was observed (data not shown).
To examine whether miR-383 regulates cancer cell proliferation by suppressing ZEB2 in vitro, an MTT assay was performed in HEK-293T and NCU-L-4 cells transfected with miR-control, miR-383, miR-383+vector and miR-383+ZEB2 overexpression vector. The overexpression of miR-383 significantly inhibited the viability of cells compared with the miR-control group and this may also be blocked by the additional ZEB2 overexpression (Fig. 5C and D). Therefore, miR-383 may inhibit the proliferation of cancer cell lines by suppressing ZEB2 expression in vitro.

The expression of ZEB2 is upregulated and is negatively associated with miR-383 expression. The expression of ZEB2 mRNA in patients with gastric MALT lymphoma was measured (Fig. 6A). The expression of ZEB2 mRNA was significantly increased in gastric MALT lymphoma tumor tissues compared with corresponding non-tumor tissues (P<0.01; Fig. 6A). In addition, the expression of ZEB2 mRNA in NCU-L-4, Raji, Daudi lymphoma and U2932 cells was measured and compared with expression in HEK-293T cells. The expression of ZEB2 mRNA was also increased in those cancer cell lines compared with the HEK-293T cells (all P<0.05; Fig. 6B). Furthermore, there was an inverse association between the expression of ZEB2 mRNA and miR-383 in clinical gastric MALT lymphoma tissues (Fig. 6C). These results indicate that miR-383 may directly target ZEB2 by
interacting with its 3′-UTR binding site, thus regulating the endogenous expression of ZEB2 at the transcriptional and translational levels.

**Discussion**

Previous studies have demonstrated that *H. pylori* infection serves a role in the pathogenesis of MALT lymphomas of the gastrointestinal tract. Asenjo and Gisbert (23) indicated that the infection rate of *H. pylori* in patients with gastric MALT lymphoma patients was 90% compared with the 79.5% infection rate observed in the present study. This difference between rates may be due to the different dietary habits of patients in the respective countries in which the studies were conducted. *H. pylori* infection stimulates immune lymphocytes in the gastric mucosa and induces the formation of MALTs, from which MALT lymphomas of B-cell origin develop.

Cytotoxin-associated gene A may be translocated into human B lymphocytes through the bacterial type-IV secretion system. *H. pylori* colonization induces systemic and mucosal immune responses (24). Bacterial colonization of the gastric mucosa triggers lymphoid infiltration (25) and the formation of acquired MALTs. *H. pylori* infection induces and sustains an actively proliferating B-cell population via direct and indirect immunologic stimulation and infiltrating T cells serve an important role in the development of MALT lymphomas (24,26). Thus, gastric MALT lymphoma may be the only malignant tumor induced by bacteria infection.

The diagnosis of gastric MALT lymphoma depends primarily on endoscopic and pathological examination. However, it is difficult to distinguish between gastric MALT lymphoma, gastric ulcer, gastritis and gastric cancer as they exhibit similar endoscopic characteristics and sometimes the pathologic results reveal inflammation, which may be a result
Insufficient knowledge of the association between H. pylori and gastric MALT lymphoma and patient concerns leads to a large proportion of patients initially choosing surgery or chemotherapy to treat gastric MALT lymphoma, which was the case in the present study. Extranodal marginal zone lymphoma of gastric MALT lymphoma has been defined as a distinct clinicopathological entity in the World Health Organization’s classification of malignant lymphomas (2). Early low-grade gastric MALT lymphoma rarely transforms into secondary DLBCL or progresses beyond the stomach (3,2). Without transformation or progression, patients with early low-grade gastric MALT lymphoma rarely succumb and should be treated conservatively (29). Furthermore, it has been demonstrated that H. pylori eradication may induce the regression of low-grade gastric MALT lymphoma in the majority of patients (27). In the present study, CR was achieved in 74.4% of the patients who underwent H. pylori eradication. It is essential to evaluate the lymphoma response following effective H. pylori eradication. CR is usually achieved within 6-12 months following eradication, however in some cases, this may be delayed up to 24-72 months (7). In the present study, the median time taken to achieve CR was 4 months (range, 3-7 months), which is shorter than the length of time cited in previous studies (3,8). This may have been due to patients opting to undergo chemotherapy or surgery when CR was not achieved 6 months following eradication, rather than maintaining a ‘watch and wait’ strategy. The 3-year survival rate was 90.3% and the 5-year survival rate was 76.2%. This is consistent with previous studies conducted in different countries (3,5,6). Recently, it has been demonstrated that patients with H. pylori-negative gastric MALT lymphomas achieve CR following exclusive anti-H. pylori treatment (30).

The role of miRNAs and epigenetic mechanisms in primary gastric mucosa-associated lymphoid tissue lymphoma are being increasingly studied to improve understanding of its pathogenesis, prognosis and treatment (31,32). miR-383 has been identified as a tumor suppressor and potential prognostic biomarker in human non-small cell lung cancer (33). miR-383 inhibits anchorage-independent growth and induces glioma cell cycle arrest by targeting cyclin D1 (34). It is also associated with male infertility and inhibits testicular embryonal carcinoma cell proliferation by targeting interferon regulatory factor 1 (35). However, it has remains unknown whether miR-138 serves a function in the progression of gastric MALT lymphomas and what its target gene is.

To the best of our knowledge, the current study is the first to investigate the function of miR-383 and demonstrate that miR-383 inhibits ZEB2 in H. pylori-positive gastric MALT lymphoma. In the present study, 1 patient relapsed 3 months following achievement of PR and eradication treatment. This patient received further H. pylori eradication treatment and achieved CR in 4 months. The mechanism of lymphoma relapse may be associated with the re-infection of H. pylori, however this remains to be determined.

In conclusion, the results of the current study demonstrate that patients with stage I or II gastric MALT lymphoma may receive H. pylori eradication as a first-line treatment. Patients achieving CR following H. pylori eradication may be managed by follow-up endoscopy with multiple biopsies every 1-2 years. Other treatments, including chemotherapy and surgery,
may be adopted if there is no change following eradication. Furthermore, the inhibition of ZEB2 by miR-383 contributes to a less aggressive form of the disease.

References

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