Osteonecrosis of the jaws caused by bisphosphonate treatment and oxidative stress in mice

JOJI TAMAOKA1, KAZUKI TAKAOKA1, HIROKAZU HATTORI1, MIHO UETA1, HANAKO MAEDA1, MICHIIYO YAMAMURA1, KOJI YAMANEKI2, KAZUMA NOGUCHI1 and HIROMITSU KISHIMOTO1

Departments of 1Oral and Maxillofacial Surgery, and 2Pathology, Hyogo College of Medicine, Nishinomiya, Hyogo 663-8501, Japan

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Abstract. Aging is a significant risk factor for the development of bisphosphonate-related osteonecrosis of the jaws (BRONJ). Accumulating evidence suggests that bone aging is associated with oxidative stress (OS), and OS is associated with osteonecrosis. To elucidate the mechanisms of the onset of BRONJ, the present study focused on OS and the effects of treatment with the pro-oxidant DL-buthionine-(S,R)-sulfoximine (BSO), an oxidative stressor, on healing of a surgically induced penetrating injury of the palate. Six-week-old C57BL/6J mice were randomly divided into four groups (n=5 each) and treated with or without zoledronic acid (ZOL) and with or without BSO (experimental groups: ZOL, BSO, and ZOL+BSO; control group: saline solution). A penetrating injury of the midline palate was surgically created using a root elevator. ZOL (250 µg/kg/day) was injected intraperitoneally every day from 7 days prior to the surgical treatment to 4 days following the surgical treatment. BSO (500 µg/kg/day) was administered 7 days prior to the surgical treatment as a single intraperitoneal injection. The maxillae were harvested at 5 days following the surgical treatment for histological and histochemical studies. The presence of empty osteocyte lacunae in the palatal bone was increased by ZOL and BSO treatment. The highest number of empty osteocyte lacunae was observed in the ZOL+BSO group. The number of tartrate-resistant acid phosphatase-positive cells was decreased by ZOL treatment and increased by BSO treatment. The number of canaliculi per osteocyte lacuna was significantly decreased by BSO treatment. The mineral apposition rate was significantly lower in the treatment groups than the control group. Bisphosphonates and OS suppressed bone turnover. The present study has demonstrated that BSO treatment affects osteocytes, and OS in osteocytes exacerabtes impairment of the osteocytic canalicular networks. As a result, bisphosphonates and OS may induce osteonecrosis following invasive dentoalveolar surgery. OS has been identified as an additional risk factor for the development of BRONJ.

Introduction

Bisphosphonates (BPs) accelerate osteoclast apoptosis. The mechanism comprises strong inhibition of bone resorption (1,2). BPs are effective for the treatment of osteoporosis, Paget's disease, multiple myeloma, hypercalcemia of malignancy and bone metastases from breast cancer and prostate cancer (3-5). However, BP-related osteonecrosis of the jaws (BRONJ) is a serious problem in patients treated with BPs (6,7). The risk factors for BRONJ comprise drug-associated, local and demographic/systemic factors. Drug-associated risk factors include the potency of the specific BP. Zoledronic acid (ZOL) is the most potent BP (8). It also carries the highest incidence of BRONJ (9). The drugs that have primarily been used in evaluated studies (10,11) on BRONJ arising in rodents under BP therapy following tooth extraction were ZOL and alendronate (12). Local risk factors include dentoalveolar surgery, tooth extraction, periapical surgery and periodontal surgery including osseous injury. Systemic risk factors include corticosteroid therapy, diabetes and chemotherapeutic drugs (13). A number of animal models of BRONJ associated with risk factors such as corticosteroid therapy (14), vitamin D deficiency (15) and diabetes (16) combined with tooth extraction have also been established. Aging is an additional significant risk factor for the development of BRONJ (17-19). Bone aging is associated with oxidative stress (OS) as demonstrated in both human studies and animal models (20-23). OS occurs as result of overproduction of reactive oxygen species (ROS) that is not balanced by an adequate level of antioxidants (24). BP treatment can produce OS (25), and continued local inflammation, either with or without an associated infective process (26-29), can produce ROS. Khandelwal et al (30) previously reported that treatment with ZOL increased OS in the human breast cancer cell line MCF-7, and this increase in OS was reversed by antioxidants. The authors reported that ZOL can induce a dose-dependent but irreversible autophagy by its effect on the mevalonate

Correspondence to: Dr Kazuki Takaoka, Department of Oral and Maxillofacial Surgery, Hyogo College of Medicine, 1-1 Mukogawa-cho, Nishinomiya, Hyogo 663-8501, Japan
E-mail: ktaka@hyo-med.ac.jp

*Contributed equally

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pathway and OS (30). It has also been demonstrated that OS is associated with osteonecrosis (31-33). Ichiseki et al (34) have demonstrated that a single intraperitoneal injection of the pro-oxidant DL-buthionine-(S,R)-sulfoximine (BSO) (500 mg/kg), an oxidative stressor, in rats was by itself sufficient to induce osteonecrosis. Osteonecrosis in the femoral head was confirmed at 5 (2 of 20 rats, 10%), 7 (7 of 20 rats, 35%), and 14 days following BSO injection (8 of 20 rats, 40%) (34). To the best of our knowledge, no reports to date have described animal models of BRONJ associated with OS. To elucidate the mechanisms of the onset of BRONJ, the present study focused on OS and investigated the effects of ZOL and BSO in a short term on healing of surgically created palatal defects.

Materials and methods

Animal handling. The present study was approved by the Ethics Committee of the Hyogo College of Medicine (Hyogo, Japan; approval number 16-078). Male 5-week-old C57BL/6J mice (n=40; body weight, 18-21 g) were obtained from Japan SLC, Inc. (Hamamatsu, Japan). The animals were housed in a temperature-, humidity-, and light-controlled room (23±3°C; 55±15%; 12-h light-dark cycle). Food and water were available ad libitum.

Agents. ZOL [2-(imidazol-1-yl)-1-hydroxyethylidene-1,1-BP] and BSO (DL-buthionine-(S,R)-sulfoximine) were purchased from Sigma-Aldrich; Merck KGaA (Darmstadt, Germany).

Experimental methods and design. Following 1 week of acclimatization, the 6-week-old mice were randomly divided into four groups (n=5 each) and treated with or without ZOL and with or without BSO (experimental groups: ZOL, BSO, and ZOL+BSO; control group: saline solution; Fig. 1A). A penetrating injury of the midline palate was surgically created using a root elevator under anesthesia with 2% isoflurane (Pfizer Japan, Inc., Tokyo, Japan) (Fig. 1B). Dentoalveolar surgery is a risk factor for the development of BRONJ in patients receiving BPs (6). Therefore, tooth extraction is commonly used to induce osteonecrosis in animal models. In the present study, a penetrating injury of the midline palate was surgically created using a root elevator as a less invasive surgery than tooth extraction to minimize the suffering or distress of eating with missing teeth. No problems were associated with the presence of root fragments in the extraction socket. ZOL (250 μg/kg/day) and saline solution at the same dosage volume were injected intraperitoneally from 7 days prior to the surgical treatment to 4 days following the surgical treatment. The dosage and duration of administration of ZOL was based on the protocols described previously by Kobayashi et al (35). BSO (500 μg/kg/day) was administered 7 days prior to the surgical treatment as a single intraperitoneal injection. The total maxillae were then harvested en bloc 5 days following the surgical treatment (Fig. IC).

Bone histomorphometric analysis. To determine the bone histomorphometric parameters of mouse femurs, the femurs from 4 mice in each group were harvested at the same time as the total maxillae, stored in 70% ethanol at 4°C, and analyzed using a micro-CT scanner (Scan Xmate-L090; Comscan Techno Co., Ltd., Kanagawa, Japan). Scanning was conducted at 75 kV and 105 mA with a spatial resolution of ~9.073 mm/pixel. For quantitative analysis, the bone volume (BV/TV), trabecular thickness (Tb.Th), trabecular number (Tb.N), and trabecular separation (Tb.Sp) were determined using TR1/3D-BON software version R9 (RATOC System Engineering Co., Ltd., Tokyo, Japan).

Measurement of serum 8-OHdG. Blood samples (0.8 ml) were collected from the left ventricle under anesthesia with 2% isoflurane for serum analysis 6 h following treatment with or without ZOL and with or without BSO (n=5), and then they were euthanized by cervical dislocation. The 8-hydroxy-2′-deoxyguanosine (8-OHdG) level has been widely analyzed as a marker of an individual's OS (36). The serum concentration of 8-OHdG was measured using a highly sensitive ELISA kit (Highly Sensitive 8-OHdG Check ELISA kit; cat. no. KOG-HS10E; Japan Institute for the Control of Aging; Nikken SEIL Co., Ltd., Shizuoka, Japan) according to the manufacturer's protocol. The absorbance at 405 nm was determined using a microplate reader (Benchmark Plus™ Microplate Spectrophotometer; Bio-Rad Laboratories, Inc., Hercules, CA, USA).

Histopathology. The mice were euthanized by cervical dislocation under anesthesia, induced by the inhalation of 5% isoflurane. The maxillae were harvested from the control, ZOL, BSO and ZOL+BSO groups. The tissue specimens were immediately placed in 10% neutral buffered formalin at room temperature for 24 h and decalcified in 10% ethylenediaminetetraacetic acid at room temperature for 2 weeks. Paraffin sections (4-μm-thick) were cut using conventional methods and stained with hematoxylin and eosin (H&E). Sections were stained with hematoxylin for 5 min, washed with distilled water, dipped in 0.1% ammonium solution several times and washed again with 100% alcohol. The samples were stained with 1% eosin solution for 20 sec at room temperature. The region of interest (ROI) corresponded to the palatal bone including the surgically perforated part and alveolar bone. The total numbers of osteocyte lacunae and empty osteocytic lacunae were counted in four non-overlapping defined ROIs at a magnification of x200 under light microscopy. Paraffin sections were cut again and stained with Alcian blue for 30 min at room temperature to identify cartilage and bone under light microscopy (magnification, x200).

Tartrate-resistant acid phosphatase (TRAP) staining was performed as described previously (16). Briefly, samples were placed in 0.2 M acetate buffer [0.2 M sodium acetate and 50 mM L(+)-tartratic acid in double-distilled water; pH 5.0] for 20 min at room temperature. The sections were then incubated with 0.5 mg/ml naphthol AS-MX phosphate (Sigma-Aldrich; Merck KGaA) and 1.1 mg/ml Fast Red TR Salt (Sigma-Aldrich; Merck KGaA) in 0.2 M acetate buffer for 1-4 h at 37°C until the osteoclasts appeared bright red (37). The number of multinuclear TRAP-positive cells was counted in four non-overlapping defined ROIs at a magnification of x200 under light microscopy.

For the canaliculi structure analysis, the bone sections were incubated at room temperature for 30 min in silver staining solution in the dark. The silver staining solution was prepared as the total maxillae, stored in 70% ethanol at 4°C, and analyzed using a micro-CT scanner (Scan Xmate-L090; Comscan Techno Co., Ltd., Kanagawa, Japan). Scanning was conducted at 75 kV and 105 mA with a spatial resolution of ~9.073 mm/pixel. For quantitative analysis, the bone volume (BV/TV), trabecular thickness (Tb.Th), trabecular number (Tb.N), and trabecular separation (Tb.Sp) were determined using TR1/3D-BON software version R9 (RATOC System Engineering Co., Ltd., Tokyo, Japan).
by combining silver nitrate (2 volumes of 50% aqueous solution; Wako Pure Chemical Industries, Ltd., Osaka, Japan) and formic acid (1 volume of 1% solution containing 2% gelatin). The sections were washed in distilled water and transferred to a 5% aqueous sodium thiosulfate solution at room temperature for 5 min. The number of canaliculi per osteocyte lacuna (N.Ot.Ca/Ot.Lc.) were counted in 10 cells in 4 randomly selected non-overlapping defined ROIs at x400 magnification under light microscopy.

Dynamic calcein labeling. At 9 and 2 days prior to euthanasia, 5 mice in each group were administered an intraperitoneal injection of 10 mg/kg calcein (Dojindo Molecular Technologies, Inc., Kumamoto, Japan) for double labeling. Non-fixed frozen sections (6-µm thickness) from the maxilla were prepared with an adhesive film and a disposable tungsten carbide blade [Cryofilm type 2C(9) and SL-T30 (UF), respectively; SECTION LAB Co., Ltd., Hiroshima, Japan] according to the method described by Kawamoto T and Kawamoto K (38), and calcein labeling was assessed. An Olympus fluorescent microscope (Olympus Corporation, Tokyo, Japan) was used, and the calcein double labels were analyzed with an excitation wavelength of 485 nm and an emission wavelength of 510 nm at a magnification of x200. The mineral apposition rate (MAR; µm/day), defined as the distance between the midpoints of the double label divided by the number of days between calcein injections, was also measured (39).

Statistical analysis. All data are expressed as mean ± standard deviation. Statistical analysis was performed using one-way analysis of variance followed by Bonferroni's multiple comparison test (SPSS version 22.0 software; IBM Corp., Armonk, NY, USA). P<0.05 was considered to indicate a statistically significant difference.

Results

Body weight. There were no significant differences in body weight among the control, ZOL, BSO and ZOL+BSO groups during the experimental period (data not shown).

Macroscopic evaluation. In all groups, the surgical perforation exhibited complete mucosal closure by the end of the study. No open wound or bone exposure was noted in any group.

Bone histomorphometric analysis of the distal femur. Bone histomorphometric analysis was used to determine BV/TV, Tb.Th, Tb.N, and Tb.Sp (Table I). In the inter-group comparison, significant differences in Tb.N (ZOL group, 4.45±0.65 1/mm; BSO group, 3.07±0.42 1/mm; Table I) and Tb.Sp (ZOL group, 197.40±37.41 µm; BSO group, 298.43±41.63 µm; Table I) were observed between the ZOL and BSO groups.

Measurement of serum 8-OHdG. The 8-OHdG level was significantly increased by BSO treatment (control group, 0.171±0.037 ng/ml; BSO group, 0.213±0.033 ng/ml; Table II).

Histological evaluation. Sections of maxilla including the surgically perforated part were stained with H&E and examined histologically in all four groups. Complete epithelial coverage was noted in all groups. Wound healing in the palate was assessed to investigate the effect of ZOL and BSO on bone healing (Fig. 2A). The cartilage was less completely formed around the surgically perforated part in the treatment...
of TRAP-positive osteoclasts was decreased by ZOL treatment on the bone surface of the palatal bone (D). The number of multinuclear TRAP-positive cells: Control group, 5.5±1.4; ZOL group, 3.0±2.1; BSO group, 6.6±2.4; ZOL+BSO group, 6.0±1.2). There were no significant differences among the groups (Fig. 3B).

**Osteocytic canalicular morphology.** AgNOR staining was performed to investigate morphological changes in the palatal bone (Fig. 4A). The N.Ot.Ca/Ot.Lc. was significantly decreased by BSO treatment and ZOL+BSO treatment compared with the control. N.Ot.Ca/Ot.Lc. was also markedly decreased by ZOL treatment (Fig. 4B).

**Bone dynamic parameters.** Following calcein administration, the double calcein-green labels were observed in the bones of the mice. Two clear calcein-labeled lines were recognizable in the newly formed bone around the palatal bone (Fig. 5A). The MAR was significantly lower in the treatment groups than in the control group (Fig. 5B).

**Discussion**

In the present study, ZOL treatment tended to increase the BV/TV and Tb.N of the femur and decrease the Tb.Sp in mice. These findings may suggest that the experimental protocol generated the expected anticatabolic effect of ZOL treatment in bone. The bone remodeling rate is thought to be higher in the jaw than in other bones (40). Therefore, suppression of bone turnover by ZOL treatment may have more profound effects on the jaw bones than long bones. The BSO group exhibited significantly increased levels of 8-OHdG as a marker of an individual’s OS compared with the control group.

Bone tissue is continuously renewed by bone remodeling, which comprises a dynamic interplay among bone cells including osteoclasts, osteoblasts, and osteocytes (41). BPs induce osteoclast apoptosis, which can be recognized by morphological changes in osteoclasts both in vitro (42-44) and in vivo (42). The number of multinuclear TRAP-positive cells was evaluated as osteoclasts. The number of TRAP-positive cells was lower in the ZOL group than in the control group. This result suggests that BP treatment may serve important roles in the inhibition of bone turnover by osteoclasts in the bone surgery area. Otherwise, only BSO treatment increased the number of TRAP-positive osteoclasts. There was a difference in the number of TRAP-positive osteoclasts between

Table I. Bone histomorphometric analysis of the distal femur.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Group</th>
<th>BV/TV (%)</th>
<th>Tb.Th (µm)</th>
<th>Tb.N (1/mm)</th>
<th>Tb.Sp (µm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Control</td>
<td>11.33±2.56</td>
<td>31.21±3.36</td>
<td>3.61±0.53</td>
<td>250.30±46.68</td>
</tr>
<tr>
<td></td>
<td>ZOL</td>
<td>14.05±2.48</td>
<td>31.52±1.85</td>
<td>4.45±0.65</td>
<td>197.40±37.41</td>
</tr>
<tr>
<td></td>
<td>BSO</td>
<td>9.60±1.23</td>
<td>31.26±1.37</td>
<td>3.07±0.42</td>
<td>298.43±41.63</td>
</tr>
<tr>
<td></td>
<td>ZOL+BSO</td>
<td>12.10±2.23</td>
<td>31.13±1.64</td>
<td>3.88±0.56</td>
<td>230.47±39.76</td>
</tr>
</tbody>
</table>

Data are expressed as mean ± standard deviation. *P<0.05 vs. control. BV/TV, bone volume; Tb.Th, trabecular thickness; Tb.N, trabecular number; Tb.Sp; ZOL, zoledronic acid; BSO, DL-buthionine-(S,R)-sulfoximine.

Table II. Changes in serum 8-OHdG concentration.

<table>
<thead>
<tr>
<th>Group</th>
<th>8-OHdG (ng/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>0.171±0.037</td>
</tr>
<tr>
<td>ZOL</td>
<td>0.169±0.028</td>
</tr>
<tr>
<td>BSO</td>
<td>0.213±0.033</td>
</tr>
<tr>
<td>ZOL+BSO</td>
<td>0.201±0.036</td>
</tr>
</tbody>
</table>

Data are expressed as mean ± standard deviation. *P<0.05 vs. control. 8-OHdG, 8-hydroxy-2-deoxyguanosine; ZOL, zoledronic acid; BSO, DL-buthionine-(S,R)-sulfoximine.
the BSO and ZOL groups. These results suggest that BSO treatment is unrelated to osteoclast apoptosis. OS occurs as a result of ROS overproduction. ROS have opposite effects on osteoclast and osteoblast activity. ROS induce the apoptosis of osteoblasts and osteocytes and activate the differentiation of osteoclasts (24).

It was also observed that there were significantly more empty osteocyte lacunae in the alveolar bone and palatal bone in the ZOL+BSO group than in the control group. Empty osteocyte lacunae were prone to increase by treatment with ZOL. This implies that ZOL may have the potential to exacerbate bone damage. In all groups, the number of empty osteocyte lacunae was higher around the surgically created defect in the palatal than alveolar bone. When bone becomes necrotic, bone repair is initiated by osteoclasts. However, necrotic bone persists in the region because of osteoclast suppression by ZOL. This is why dentoalveolar surgery is a risk factor for the development of BRONJ in patients receiving BPs (16). Empty osteocyte lacunae in the alveolar bone and palatal bone were increased by single treatment with ZOL or BSO, but not significantly. Empty osteocyte lacunae were significantly increased by combined treatment with ZOL and BSO. These results indicate that single treatment with ZOL or BSO did not induce ONJ in the present study. This may have been caused by shortages in the dosage and duration of administration of these drugs. Long-term BP treatment seems to be an important risk factor for BRONJ (45,46). However, combined treatment with ZOL and BSO induced ONJ. The present results suggest that both of these agents contribute to the onset of BRONJ in a short term. Future experiments will aim to confirm the results of the current study by determining whether inhibition of OS may prevent ZOL+BSO-induced ONJ.

Osteocytes are embedded in the bone matrix within a network of lacunae and canaliculi. Osteocytes use their
dendritic processes to communicate with each other, bone surface cells such as osteoblasts and osteoclasts, and vasculature cells (47). Osteocytes produce and secrete sclerostin and receptor activator of nuclear factor-κB...
ligand to communicate indirectly with bone-associated cells. The osteocyte has a key role in regulating bone turnover. Busse et al (48) and Dunstan et al (49) previously revealed age-associated reduction in osteocyte viability. Kobayashi et al (50) recently demonstrated a similar reduction in both canalicular density and number in aged murine and oxidative-damaged osteocytes, supporting the hypothesis that aging and/or redox imbalances in osteocytes commonly exacerbate the impairment of osteocytic canalicular networks and reduce survival in mammals. The present study reported a 16% reduction in N.Ot.Ca/Ot.Lc. in the palatal bone with BSO treatment. Otherwise, the N.Ot.Ca/Ot.Lc. was slightly decreased by ZOL treatment, but not significantly. The MAR was also evaluated. The MAR was lower in the treatment groups than in the control group and was lowest in the ZOL+BSO group. These results suggest that BP and BSO treatments serve an important role in the inhibition of bone turnover following dentoalveolar surgery.

The presence of bacterial colonies around the surgical perforation was not evaluated. Howie et al (11) recently established a model for osteonecrosis of the jaw with zoledronate treatment following repeated major trauma, and there was no detectable bacterial colonization at 1 week following extraction in either the control or zoledronate-treated rats. The term ‘osteonecrosis’ in BRONJ is associated with aseptic necrosis. According to the 2014 position paper of the American Association of Oral and Maxillofacial Surgeons (42), stage 1 BRONJ does not comprise bacterial infection. Therefore, stage 1 BRONJ can be defined as an osteonecrosis type of BRONJ.

In conclusion, investigation of this model has demonstrated that osteonecrosis induced by BSO treatment was similar to that induced by ZOL treatment. ZOL treatment may primarily target inhibition of osteoclasts, and BSO treatment affects osteocytes. OS in osteocytes exacerbate the impairment of osteocytic canalicular networks. Both BPs and OS suppressed bone turnover. As a result, BPs and OS may induce osteonecrosis following invasive dentoalveolar surgery. OS has been demonstrated as an additional risk factor for the development of BRONJ.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

JT, KT and HK conceived and designed the present study. JT, KT, HH, MU, HM and MY performed the experiments. JT, KT, HH, KY, KN and HK analyzed the data and performed statistical analysis. JT, KT, KN and HK wrote, reviewed and revised the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

All animal experiments were conducted in compliance with the study protocol, which was reviewed by the Animal Care and Use Committee of Hyogo College of Medicine (Nishinomiya, Japan) in accordance with the Act on Welfare and Management of Animals (Law No. 105, Japan), the Standards Relating to the Care and Management of Laboratory Animals and Relief of Pain (Japanese Ministry of Environment, Notice No. 88, Japan) in accordance with the Act on Welfare and Management of Laboratory Animals and Relief of Pain. All animal experiments were conducted in compliance with the Care and Management of Laboratory Animals and Relief of Pain. All animal experiments were conducted in compliance with the Act on Welfare and Management of Laboratory Animals and Relief of Pain. All animal experiments were conducted in compliance with the Act on Welfare and Management of Laboratory Animals and Relief of Pain.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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