Abstract. Metastasis is the main cause of cancer-related mortality; patients with liver metastases (LM) have the worst prognosis among patients with nasopharyngeal carcinoma (NPC). However, at present, few biomarkers for detecting organ-specific metastasis have been identified. Proteomics, an ultra-sensitive analytical technique, can detect molecular changes before organ-specific metastasis occurs. Analysis with matrix-assisted, laser desorption-ionization time-of-flight mass spectrometry (MALDI-TOF-MS), combined with magnetic chemical affinity beads is a new technique for evaluating protein separation. We sought to identify potential liver-specific, metastasis-associated proteomic printing in patients with NPC. We examined 64 serum samples from 50 patients who had pathologically confirmed NPC and 14 who had pathologically confirmed non-NPC with LM using MALDI-TOF-MS with weak cation bead protein chips. During follow-up of at least 37 months (maximum, 176 months) following radiotherapy, we confirmed 16 cases of LM (LM NPC), 16 cases without LM (non-LM NPC) and 18 cases without metastasis (non-M NPC). Using comparison analysis, 4 protein mass peaks, 4155.34, 4194.87, 4210.78 and 4249.56 m/z were identified as liver-specific, metastasis-associated protein peaks in NPC and two of them (4155 and 4249 m/z) met two different statistical criteria in both ClinProt software analyses and discriminant analyses. Models based on the 4 potential serum markers of NPC discriminated between LM NPC, non-LM NPC, non-M NPC and non-NPC LM analyzed with sieved markers. The recognition capability and cross-validation of these models for differentiating the above 4 groups are all approximately 80%. MALDI-TOF-MS combined with tree analysis models may provide a clinical diagnostic platform for detecting potential liver-specific, metastasis-associated proteomic printing in NPC. However, markedly differential proteins still need to be identified.

Introduction

In numerous tumor types, distant metastases are the major cause of cancer-related deaths. Metastasis is a complex process involving several steps: local invasion, adhesion, migration, survival in the blood or lymphatic system and extravasation, colonization of distant organs and growth into tumors. However, cancers exhibit distinct patterns of organ-specific metastases. Multiple organs may be seeded, but metastatic tumors may grow in only one or a few of these organs (1). This non-random process is dependent on multiple interactions of specific metastatic cells with the organ-specific microenvironment (2). Scientific understanding of metastatic spread is limited, and the molecular mechanisms causing particular characteristics of metastases are largely unknown. In patients with metastatic nasopharyngeal carcinoma (NPC), the prognosis is generally poor. Despite modern intensity-modulated radiotherapy, approximately 20% of patients with stage M0 disease still experience distant metastases within 3 years after completing treatment, and the total incidence of distant metastases is between 16 and 42% (3). Median survival of patients with metastatic NPC is only 11-18 months after metastases have been identified (4-7). NPC usually metastasizes to the lung, bone and liver. Final prognosis is dependent on the involved organ. Patients with liver metastasis (LM) have poorer survival (3-5 months) than patients with metastases.
in other organs (6-13 months) (4,7,8). Knowledge concerning the molecular mechanisms of liver-specific metastasis in NPC could help guide a clinician towards efficient treatment and assist in the prediction of final outcome. Among several proteomic studies on NPC (9-11), few involved markers of metastasis (12) and none specifically address the characteristics of liver metastasis. We investigated whether the behavior of liver metastases is related to changes in plasma protein markers in patients with NPC.

Materials and methods

This retrospective comparative proteomic study was approved by the Institutional Blood Sample Library of the Sun Yat-sen University Cancer Center.

Patients. Valid records of the Sun Yat-Sen University Cancer Center were searched for patients with a histological diagnosis of NPC whose serum samples had been obtained at least 3 years prior. The requirement for blood sample collection more than three years prior was required, as most NPC patients of distant metastases, including liver metastases, are identified within 3 years after completion of radiotherapy (4,7). Distant metastases were identified via histological evaluation or imaging combined with a subsequent clinical follow-up examination. Patient clinical data were collected and survival status was verified on 31 August 2010 by direct telecommunication with the patient or patient's family and verification of clinic attendance records. The present study included 50 NPC patients (Table I, Fig. 1): 18 cases without distant metastasis (non-M NPC group), 16 patients with liver metastasis (LM NPC group) and 16 patients with non-liver distant metastasis (non-LM NPC group) prior to the cut-off follow-up day. To create a control group, serum samples were collected, as described below, from 14 patients with LM from other pathologically confirmed forms of cancer (LM non-NPC group). Of these 14 patients, 11 had colorectal cancer, 1 had pancreatic cancer, 1 had breast cancer and 1 had ovarian cancer.

Blood sample preparation. In the present study, all serum samples from NPC patients with metastasis were obtained between January 2000 and July 2007. Samples from 18 cases of non-M NPC were obtained prior to verifiable distant metastasis during the same period. Blood samples were collected and processed according to a standardized protocol: samples were collected in 8.5-ml BD
Vacutainer SST tiger-top tubes and 1 h later were centrifuged at 1400-2000 x g at room temperature for 10 min. Serum (supernatant) was transferred to 4-ml cryovials, with 1 ml in each and stored at -80°C until analysis.

**Plasma protein fractionation.** All plasma samples were thawed and purified using a reagent set with chemically coated magnetic beads (weak cation-coated, Bruker Daltonics Co., Billerica, MA). As previously described (13), serum (2 µl) was incubated with 5 µl of magnetic beads for 10 min on a ClinProt robotic platform (Bruker Daltonics Co.) according to the manufacturer's specifications. Unbound proteins were discarded and each sample was washed twice in binding buffer. Briefly, samples were purified through binding, washing and elution, according to the manufacturer's suggested protocol. A total of 5 µl of each sample was eluted and the purified plasma was further diluted 8-fold with the elution solution in preparation for mass spectrometry analysis.

**Mass spectrometry profiling of the plasma proteome.** For matrix-assisted, laser desorption-ionization, time-of-flight mass spectrometry (MALDI-TOF-MS) analysis, 1 µl of the above-mentioned diluted plasma was mixed with 0.5 µl of matrix solution containing 2 g/l α-cyano-4-hydroxycinnamic acid and 1% formic acid in 50% acetonitrile and the droplet was allowed to dry on the MALDI sample plate (AnchorChip, Bruker Daltonics Co.). Mass spectra were obtained with an Ultraflex MALDI-TOF-MS (Bruker Daltonics Co.) operated in either positive ion linear or reflectron mode, depending on the analysis being performed. Profiling data were acquired in linear mode geometry and mass maps were acquired in reflectron mode (13,14). All spectra were obtained randomly over the surface of the matrix spot. The profiling spectra were calibrated externally using a mixture of protein and peptide standards (Bruker Daltonics Co.). A ±2 Da mass accuracy for each spectrum was observed and was likely due to differences in sample geometry on the plate surface. Briefly, all spectra were processed by automatic baseline subtraction, peak detection, recalibration and peak area calculation according to predefined settings. Each spectrum was the result of 400 laser pulses per m/z segment per sample delivered in four sets of 100 pulses (at 50 Hz) to each of four different locations on the surface of the spot.

The criteria for protein mass peak detection (m/z) were as follows: signal-to-noise ratio (S/N)>5, a 2-Da peak width filter, and a maximum peak number of 200. The intensities of the peaks of interest were normalized with the peak intensity of an ACTH internal standard. More than 10% of the molecular weight was sieved in simultaneous samples, with the discrepancy of identical spinnacle in different samples <0.3% after removal of the initial data noise.

**Identifying potential liver-specific, metastasis-associated protein masses.** According to the seed and soil theory of metastasis and a recent report on the molecular basis of metastasis (2,15), potential proteomic printing was sorted into seven groups of plasma markers related to: Factor 0, the absence of distant metastasis from any cancer; Factor 1, the initiation and progression of metastasis; Factor 2, liver-specific metastases; Factor 3, non-liver distant metastases; Factor 4, liver-specific metastases from NPC; Factor 5, non-liver distant metastases from NPC; Factor 6, liver-specific metastases from non-NPC.

To verify the claim that the peaks identified are clearly associated with liver-specific metastasis, an attempt to identify peaks with this comparative analysis of serum proteomic of the groups was conducted (Fig. 2). Subsequently, the differential expression of the protein mass peaks was analyzed by an alternative statistical approach, discriminant analysis.

**Statistical methods.** Each spectrum obtained from MALDI-TOF-MS was analyzed by ClinProt software version 2.0 (Bruker Daltonics Co.). When differential expression of the protein mass peaks was identified between any two groups, these data were imported into the ClinProt software. Expression of the protein mass peaks was considered to be significant at a P-value of <0.05. Each serum sample was processed at least twice to confirm the results and to reduce bias. In the last step, a commonly used shared nearest neighbors approach was applied in order to obtain alternative estimates of the diagnostic potential of combining all peaks. After each diagnostic model was generated, a 20% leave out cross-validation process was performed.

**Results**

As shown in Fig. 2, 28 protein mass peaks from 2000 to 20000 m/z between the LM NPC and non-M NPC groups were identified, as well as 9 significant protein mass peaks...
of protein between LM NPC and non-LM NPC groups, and so on. By comparing the LM NPC and LM non-NPC groups, one can identify not only cancer-specific serum peptides (NPC and non-NPC related markers) but also proteins associated with cancer-specific and organ-specific metastases (Factor 4, Factor 6). Also by comparing the LM NPC and non-LM NPC

<table>
<thead>
<tr>
<th>Protein mass peaks</th>
<th>Patients without distant metastases (n=18)</th>
<th>Patients with liver metastases (n=16)</th>
<th>Patients without liver metastases (n=16)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4155, mean (SD) m/z 33.72 (13.52)</td>
<td>19.28 (11.50)</td>
<td>7.71 (6.56)</td>
</tr>
<tr>
<td>P-value</td>
<td>-</td>
<td>0.00214</td>
<td>2.4E-5</td>
</tr>
<tr>
<td></td>
<td>4194, mean (SD) m/z 83.63 (37.05)</td>
<td>47.61 (21.94)</td>
<td>25.53 (21.43)</td>
</tr>
<tr>
<td>P-value</td>
<td>-</td>
<td>0.00199</td>
<td>6.84E-6</td>
</tr>
<tr>
<td></td>
<td>4210, mean (SD) m/z 425.30 (212.65)</td>
<td>236.37 (120.77)</td>
<td>126.44 (116.6)</td>
</tr>
<tr>
<td>P-value</td>
<td>-</td>
<td>0.00158</td>
<td>9.18E-5</td>
</tr>
<tr>
<td></td>
<td>4249, mean (SD) m/z 33.72 (17.14)</td>
<td>19.28 (17.14)</td>
<td>7.71 (8.94)</td>
</tr>
<tr>
<td>P-value</td>
<td>-</td>
<td>0.00158</td>
<td>2.4E-5</td>
</tr>
</tbody>
</table>
Figure 3. Four protein mass peaks (m/z) that differed significantly among the patients with nasopharyngeal carcinoma, with liver metastasis (LM NPC) and non-liver distant metastasis (non-LM NPC), as well as without distant metastasis (non-M NPC). *P<0.05, **P<0.001.

The above four protein mass peaks were randomly chosen to ClinProt software by optimization in order to establish the combined diagnostic model for differentiating between the LM NPC and non-LM NPC groups. The accuracy for differentiating the LM NPC group from the non-LM NPC group of the diagnostic models was once again found to be 100% for both groups. The accuracy of cross-verification was between 74.2 and approximately 80.5% for the LM NPC and between 73.3 and approximately 77.8% for the non-LM NPC groups.

The combined diagnostic model for differentiation between the LM NPC and non-M NPC, as well as the diagnostic model for differentiation between the LM NPC from LM non-NPC groups, were set up as shown in Table III. The recognition capability and accuracy of cross-verification was between 80 and approximately 100%.

Discussion

Progression to distant metastasis is a critical point in the disease course of patients with solid epithelial malignancies, such as NPC. The standard clinical process for discovery of distant metastasis is mostly based on imaging. The early seeding of metastatic cells into the bloodstream is usually not identified by radiography or scans such as CT and MRI. Also, an ideal serum tumor marker has yet to be identified for monitoring the early metastasis of NPC. Such molecular markers need to be identified, not only for detecting early metastases, but also for classifying disease and developing appropriate treatments.

Advancements in genomics, proteomics and bioinformatics have improved our understanding of the cause, carcinogenesis and progression of the disease (16). Proteomic profiling is based upon the fact that proteins represent the dynamic state of the cells, reflecting earlier pathophysiological changes in the disease more accurately than genomic sequencing (17). Proteomic patterns should assist in the detection of tumor biomarkers, as well as in evaluating the efficacy of anticancer drugs. Unfortunately, the proteome associated with NPC distant metastasis is currently poorly understood. In this study, an extensive proteomic analysis of organ-specific metastasis...
in the serum of patients with NPC was performed. A standardized serum preparation method for MALDI-TOF-MS was utilized based on weak cation magnetic beads and was able to identify many valuable, low-abundance protein masses of interest. MALDI-TOF-MS is capable of detecting proteins that can aid in the diagnosis of many common types of cancer. Serum proteomics profiling may also help predict the response to treatment, in addition to improving our understanding of metastasis (18). Such analyses have identified several clues concerning the markers of metastasis. Zheng et al. identified two serum protein biomarkers (9184.4 and 9340.9 m/z) useful for monitoring micro-metastases in colorectal cancer (19). Another recent study also associated a collection of membrane and membrane-associated proteins with colorectal cancer (20).

In a previous NPC study, assays of MALDI-TOF were used to detect 13 differentially expressed protein spots. Three potential NPC metastasis-specific serum biomarkers were further validated including sICAM-1, HSP70 and SAA, by comparing lymph node metastasis and non-lymph node metastasis groups (12). Two separate statistical approaches were used to search for serum biomarkers that were significantly associated with liver-specific metastasis and two proteins were identified (4155 and 4249 m/z) that met statistical criteria in both analyses. With this in mind, several other questions remain such as which protein and what functions of these identified protein masses were differentially expressed in our study. Also, what is the basis for organ-specific metastases associated with these proteins? As we know, three major theories have been proposed to explain these organ-specific metastases. According to the first theory, tumor cells exit the blood and lymphatic systems equally throughout all organs, but multiply only in those organs which have the appropriate growth factors. The second theory proposes that the endothelial cells that line blood vessels in target organs express adhesion molecules that cause circulating tumor cells to become attracted in those organs. Finally, the third theory of ‘chemoattraction’ holds that organ-specific attractant molecules enter the circulation, stimulating the migrating tumor cells to invade the walls of blood vessels and enter the organs. Therefore, the further identification of these liver-specific, metastasis-associated protein peaks may provide us with a better understanding of the events involved in liver colonization, NPC metastasis and provide a new mechanistic insight into organ-specific metastasis and the therapeutic potential for liver-specific metastasis in NPC. Jun et al. identified (using MALDI-TOF-MS) 6 proteins which are differentially expressed in a lymph node metastatic prostate cancer group relative to a localized prostate cancer group which had been previously identified. These proteins, c-FABP5, MCCC2, PPA2, Ezrin, SLP2 and SM22, were further identified and validated as functionally relevant to cancer metastasis in tissue samples using real-time PCR, western blot analysis and immunohistochemistry staining.

Since the hematogeneous spread of tumor cells is considered to be a crucial event in metastasis, detecting serum biomarkers of this event could be of great clinical importance (17). In the present study, it was found that 4 serum protein mass peaks (4155.34, 4194.87, 4210.78 and 4249.56 m/z)
differentiated LM NPC from non-LM NPC, which may be an NPC, liver-specific, metastasis-associated proteomic printing. Simultaneously, the three combined diagnostic models were also based on serum protein mass peaks that differed significantly between the LM NPC, non-LM NPC and LM non-NPC groups. The diagnostic models for differentiating LM NPC and non-M NPC had similar recognition accuracies when cross-verified (70 to approximately 80%) by deletion of the 4194.87 or 4210.78 m/z protein mass peaks in the 4 significant protein mass peaks. As a result of these findings, there is evidence that the 4 serum protein mass peaks are useful diagnostic markers for the existence of LM NPC. In view of the metastatic heterogeneous nature of NPC and lack of valid methods for detecting early metastases in NPC, we believe our current proteomic approach has provided valuable information in the early differentiation between patients with NPC who have and who do not have liver metastases.

The difference in molecular weight between 4194.87 and 4210.78 m/z is 16 m/z - the molecular weight of oxygen - so one could postulate that these two protein mass peaks might be the same protein, with or without oxidation. This postulate needs verification through further experimentation.

In conclusion, through ClinProt software analysis and comparative proteomics of group analysis, we identified 4 serum mass spectrometry protein profiles among 50 patients with pathologically confirmed NPC who had at least 3 years of clinical follow-up data. These 4 protein peaks are potentially related to liver metastasis associated with NPC and are useful diagnostic markers for the existence of LM NPC.

Acknowledgements

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References