Glucosamine suppresses interleukin-8 production and ICAM-1 expression by TNF-α-stimulated human colonic epithelial HT-29 cells

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Abstract. Intestinal epithelial cells play an important role in the mucosal immune reaction in inflammatory bowel diseases via the production and expression of chemokines and adhesion molecules, such as interleukin-8 (IL-8) and intercellular adhesion molecule-1 (ICAM-1), which are involved in the neutrophil infiltration and tissue damage in the inflamed colon. Notably, glucosamine, a naturally-occurring amino monosaccharide, has been shown to exhibit an anti-inflammatory action by inhibiting neutrophil functions. In the present study, to evaluate the anti-inflammatory action of glucosamine on intestinal epithelial cells, we examined the effects of glucosamine on the activation of a human colonic epithelial cell line HT-29. The results revealed that glucosamine suppressed the IL-8 production and ICAM-1 expression by TNF-α-activated HT-29 cells. Furthermore, glucosamine inhibited the TNF-α-induced phosphorylation of p38MAPK and NF-κB p65, and the nuclear translocation of NF-κB in the cells. Thus, glucosamine demonstrates inhibitory actions on the inflammatory and signaling molecules (IL-8, ICAM-1, p38MAPK and NF-κB) in intestinal epithelial cells. However, glucosamine did not essentially affect the binding of TNF-α to its receptor on HT-29 cells. Together, these observations suggest that glucosamine may have the potential to exhibit an anti-inflammatory action on intestinal epithelial cells, by possibly interfering with the activation signaling downstream of the ligand/receptor binding.

Introduction

Although the exact etiology and pathogenesis of inflammatory bowel diseases (IBD), such as ulcerative colitis (UC) and Crohn’s disease, remain obscure, there is substantial evidence that proinflammatory cytokines including tumor necrosis factor-α (TNF-α) play a key role in the inflammatory process (1,2). TNF-α production has been shown to increase in the intestinal mucosa, serum, lamina propria mononuclear cells and peripheral blood mononuclear cells in patients with IBD (3-6). At present, medical treatment of IBD relies mainly on traditional drugs: aminosalicylates, corticosteroids and immunosuppressants. These drugs reduce inflammatory injury and attenuate the expression of some proinflammatory molecules (1). However, their side effects and systemic actions are so severe that they disturb the life quality of patients, particularly during long-term treatment. Thus, it is important to develop an optimal therapy for IBD.

Intestinal epithelial cells play an important role in the mucosal immune reaction during gut inflammation. Pro-inflammatory cytokines activate intestinal epithelial cells to produce interleukin-8 (IL-8) and express intercellular adhesion molecule-1 (ICAM-1) (7,8). IL-8 is an important inflammatory mediator that belongs to the CXC chemokine family and plays a role in the initiation and maintenance of IBD by recruiting neutrophils into the inflamed tissues (9-13). ICAM-1 is also involved in the tissue damage and neutrophil infiltration in the inflamed colon (14,15). IL-8 and ICAM-1 expression is up-regulated by proinflammatory cytokines via the phosphorylation of mitogen-activated protein kinases (MAPKs) and activation of nuclear factor-κB (NF-κB) (8,16). Furthermore, MAPKs and NF-κB are reported to be activated in IBD (17).

Glucosamine, a naturally-occurring amino monosaccharide, is present in the connective and cartilage tissues and contributes to maintaining the strength, flexibility and elasticity of these tissues. Thus, glucosamine has been widely used to treat osteoarthritis in humans. Several clinical trials in osteoarthritis have shown the significant symptom-modifying effect of glucosamine (18). According to previous biochemical and pharmacological studies, administration of glucosamine normalizes cartilage metabolism, so as to stimulate the synthesis and inhibit the degradation of proteoglycans, and to restore articular function (19,20). In addition to its chondroprotective action, glucosamine is expected to exert anti-inflammatory actions by inhibiting neutrophil functions such as superoxide generation.
phagocytosis, granule enzyme release and chemotaxis (21). Moreover, glucosamine was demonstrated to prolong allologenic cardiac allograft survival by suppressing the activation of T-lymphoblasts and dendritic cells (22). In addition, glucosamine effectively inhibits cytotoxic T-lymphocyte function and natural killer cell cytotoxicity (23). Furthermore, glucosamine has been reported to suppress ADP-mediated platelet activation (24). However, the anti-inflammatory effect of glucosamine on intestinal epithelial cells is poorly understood.

In the present study, to address this issue, we investigated the effect of glucosamine on the activation of intestinal epithelial cells using a human colonic epithelial cell line HT-29.

**Materials and methods**

**Reagents.** Human recombinant TNF-α was purchased from R&D Systems (Minneapolis, MN). D-glucosamine hydrochloride was supplied by Koyo Chemical Co., Ltd., (Tokyo, Japan).

**Cell culture.** A human colonic epithelial cell line HT-29 was obtained from the American Type Culture Collection (Manassas, VA). Cells were grown at 37°C in a CO2 incubator in McCoy's 5A medium (Sigma Chemical, St. Louis, MO) containing 10% fetal bovine serum (FBS; endotoxin level <10 EU/ml/ml; Cell Culture Technologies, Herndon, VA), penicillin (100 U/ml) and streptomycin (0.1 mg/ml). Cells were grown in 60-mm tissue culture dishes (Iwaki, Tokyo, Japan).

**Measurement of IL-8 production.** HT-29 cells were plated at 5x10^5 cells/well in 35-mm tissue culture dishes in McCoy's 5A medium containing 10% FBS for 48 h at 37°C. After washing twice with phosphate-buffered saline (PBS; 137 mM NaCl, 2.7 mM KCl, 8.1 mM Na2HPO4, 1.5 mM KH2PO4, pH 7.4), cells were incubated in McCoy's 5A medium containing 1% FBS in the absence or presence of 0.1-10 mM glucosamine, and then stimulated with TNF-α (10 ng/ml) for 12 h. IL-8 in the culture supernatants was quantified by the DuoSet ELISA Development kit (R&D Systems) as described previously (16). Microtiter plates (96-well half area flat bottom; Corning, Acton, MA) were coated with 20 ng/ml of biotinylated goat anti-human IL-8 antibody for 2 h at room temperature. After washing, the plates were incubated with 25 μl/well culture supernatants or standards (15-2000 pg/ml) was added, and incubated for 2 h at room temperature. After washing, the plates were incubated with 20 ng/ml of biotinylated goat anti-human IL-8 antibody for 2 h at room temperature. After washing, streptavidin-horseradish peroxidase was added at 25 μl/well, followed by 25 μl of tetramethyl benzidine (TMB) liquid substrate. The reaction was terminated with 1 M H2SO4, and plates were read immediately at 450 and 570 nm with a microplate reader (Model 680; Bio-Rad, Hercules, CA). The detection limit was <15 pg/ml.

**Measurement of ICAM-1 expression.** HT-29 cells were stimulated with TNF-α in the absence or presence of glucosamine as described above. After washing with PBS, the cells were harvested in 0.3 ml of lysis buffer (1% Triton X-100, 0.5% Nonidet P-40, 10 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1 mM EDTA, 1 mM EGTA) containing 1/25 v/v Complete™ (Roche Diagnostic Systems, Mannheim, Germany) and 1/100 v/v Phosphatase Inhibitor Cocktail™ (Nacalai Tesque, Kyoto, Japan). After sonication, the lysates were centrifuged at 12,000 x g for 10 min. The protein concentrations were determined with a commercial BCA protein assay kit (Pierce, Rockford, IL) by using BSA as a standard. The lysates were mixed with an equal volume of 2X SDS-PAGE (sodium dodecyl sulfate-polyacrylamide gel electrophoresis) sample buffer (125 mM Tris, pH 6.8, 20% glycerol, 4% SDS, 10% β-mercaptoethanol, 0.01% bromophenol blue) and boiled for 3 min. Aliquots containing 10 μg protein were subjected to SDS-PAGE on 10% acrylamide gels. After electrophoresis, proteins were transferred for 45 min at 50 V in transfer buffer (10 mM CAPS, pH 11.0, 10% methanol) onto Immobilon-P polyvinylidene difluoride membrane (Millipore, Bedford, MA). The blots were blocked for 1 h in Tris-buffered saline (TBST; pH 7.6, 0.1% Tween-20) containing 5% skim milk at room temperature and incubated overnight at 4°C with rabbit anti-human ICAM-1 Ab (H-108, Santa Cruz Biotechnology). The blots were further probed with horseradish peroxidase (HRP)-conjugated anti-rabbit IgG (Chemicon International, Temecula, CA), and ICAM-1 was finally detected with SuperSignal® West Pico Chemiluminescent substrate (Pierce). To confirm equal loading of protein, the antibodies were stripped from the membranes using WB Stripping Solution Strong (Nacalai Tesque), and GAPDH was detected with mouse anti-GAPDH monoclonal antibody (MAB374, Chemicon International) and HRP-conjugated goat anti-mouse IgG/IgM (Chemicon International). The detection bands were quantified by the Fujifilm Luminescent Image Analyzer LAS 3000 (Fujifilm, Tokyo, Japan).

**Phosphorylation of p38MAPK.** After incubation overnight at 37°C in McCoy’s 5A medium containing 1% FBS, HT-29 cells were stimulated with TNF-α (10 ng/ml) for 10 min in the presence or absence of glucosamine (0.1-10 mM), and cell lysates were prepared using Mono Q buffer (1.08 g of β-glycerophosphate, 38.04 mg EGTA, 0.5 ml of Triton X-100, and 200 μl of 1 M MgCl2 per 100 ml). Supernatants of cell lysates (10 μg protein) were subjected to 10% SDS-PAGE, and phosphorylated p38MAPK was detected by probing with mouse anti-phosphorylated p38MAPK monoclonal antibody (pT180/pY182; BD Biosciences Pharmingen, San Diego, CA) and HRP-conjugated goat anti-mouse IgG/IgM. After stripping, the p38MAPK protein contained in each sample was detected by reprobing with mouse anti-p38 MAPK (p38/ SAPK2α; BD Biosciences Pharmingen) monoclonal antibody and HRP-conjugated goat anti-mouse IgG/IgM.

**Phosphorylation of NF-κB.** After incubation overnight at 37°C in McCoy’s 5A medium containing 1% FBS, HT-29 cells were stimulated with TNF-α (10 ng/ml) for 10 min in the presence or absence of glucosamine (0.1-10 mM), and...
cell lysates were prepared using Mono Q buffer as described above. In some experiments, to prepare nuclear extracts, TNF-α-stimulated HT-29 cells were washed with ice-cold PBS containing 1/20 v/v phosphatase inhibitor buffer (PIB; 125 mM NaF, 250 mM β-glycerophosphate, 250 mM para-nitrophenyl phosphate, 25 mM NaVO₃), and harvested in 1 ml of PBS containing 1/20 v/v PIB. After being transferred into a microtube, cells were centrifuged at 300 x g for 5 min at 4°C and resuspended in 1 ml of ice-cold hypotonic buffer (HB; 20 mM HEPES, pH 7.5, 5 mM NaF, 10 μM Na₂MoO₄, 0.1 mM EDTA). Then, cells were incubated for 15 min on ice and 50 μl of 10% Nonidet P-40 was added, followed by gentle mixing. After centrifugation at 500 x g for 1 min, the nuclear fraction (pellet) was resuspended in 50 μl of lysis buffer (20 mM HEPES, pH 7.5, 400 mM NaCl, 0.1 mM EDTA, 10 mM NaF, 10 μM Na₂MoO₄, 1 mM NaVO₃, 20% glycerol, 10 mM para-nitrophenyl phosphate, 10 mM β-glycerophosphate) containing 1 mM dithiothreitol and 1/100 v/v Protease Inhibitor Cocktail (Sigma Chemical), and extracted for 30 min at 4°C. The mixtures were centrifuged at 14,000 x g for 10 min at 4°C. Supernatants of cell lysates or nuclear extracts (10 μg protein) were subjected to 10% SDS-PAGE, and phosphorylated NF-κB was detected by probing with rabbit anti-phospho-NF-κB p65 Ab (Ser536; Cell Signaling Technology, Danvers, MA) and HRP-conjugated goat anti-rabbit IgG.

Assay for the binding of TNF-α to HT-29. HT-29 cells (5x10⁵ cells/well) were cultured in McCoy's 5A medium containing 10% FBS in 6-well plates for 72-96 h to become confluent. The cells were incubated with 0.1 pmol [125I]-recombinant TNF-α (753 Ci/mmol; PerkinElmer Life Sciences, Boston, MA) in the absence or presence of glucosamine (0.1-10 mM) for 2 h at 4°C. After washing 3 times with PBS, the cells were stripped with 0.25% trypsin-EDTA (Invitrogen, Carlsbad, CA), and radioactivity (total binding) was measured by scintillation counting. Nonspecific binding was defined as the binding measured in the presence of excess unlabeled TNF-α (100 pmol), and specific binding was defined as the difference between total binding and nonspecific binding (25).

Statistical analysis. Results are expressed as the mean ± SEM. Statistical analyses were performed using one-way ANOVA (and non-parametric), and statistical significance was accepted at P<0.05.

Results

Effect of glucosamine on IL-8 production and ICAM-1 expression by HT-29 cells. We first examined the effect of glucosamine on the IL-8 production and ICAM-1 expression by intestinal epithelial cells. TNF-α stimulation markedly induced the production of IL-8 and expression of ICAM-1 by HT-29 cells, as analyzed by ELISA and Western blotting, respectively (Fig. 1A and B). Importantly, glucosamine dose-dependently suppressed the IL-8 production and ICAM-1 expression (P<0.01 at 2-10 mM). Notably, treatment with glucosamine (~10 mM) reduced the molecular mass of ICAM-1 from 100-110 kDa (TNF-α stimulation without glucosamine) to ~55 kDa.

Effect of glucosamine on the binding of TNF-α to HT-29 cells. TNF-α activates cells via the binding to its receptors (25). Moreover, it has been reported that glucosamine partly inhibits the binding of ADP and IL-1β to the receptors on platelets and synovial cells, respectively (24,26). Next, we determined whether the inhibitory effect of glucosamine on
intestinal epithelial cell activation results from the suppression of TNF-α binding to the receptors using [125I]-labeled TNF-α. As shown in Fig. 2, glucosamine did not essentially affect the specific binding of TNF-α to its receptor on HT-29 cells. Thus, it is unlikely that glucosamine inhibits the TNF-α-induced activation of intestinal epithelial HT-29 cells (IL-8 production and ICAM-1 expression) via action on the ligand/receptor binding.

**Effect of glucosamine on the phosphorylation of p38MAPK and activation of NF-κB.** It has been reported that TNF-α signals to increase phosphorylation (activation) of signaling proteins, including p38MAPK and NF-κB, and their activation is necessary for cytokine production and adhesion molecule expression (17,27). To clarify the mechanism for the action of glucosamine, we investigated its effect on signaling molecules. As shown in Fig. 3, TNF-α stimulation strikingly enhanced the phosphorylation of p38MAPK in HT-29 cells. Glucosamine dose-dependently inhibited the TNF-α-stimulated phosphorylation of p38MAPK in HT-29 cells (P<0.01 at 2-10 mM). In contrast, the content of p38MAPK protein as a loading control was not affected by glucosamine.

NF-κB is also an important regulator for the genes encoding cytokines and adhesion molecules (28,29). Thus, we determined the effects of glucosamine on the phosphorylation and nuclear translocation of phosphorylated NF-κB p65 by Western blotting. As shown in Fig. 4A, glucosamine dose-dependently suppressed the phosphorylation of NF-κB p65 in the cells, although the effect was not significant. Notably, glucosamine further suppressed the nuclear translocation of phosphorylated NF-κB p65 (P<0.05 at 2-10 mM) (Fig. 4B).

These observations suggest that glucosamine inhibits the TNF-α-induced activation of intestinal epithelial HT-29 cells (IL-8 production and ICAM-1 expression) possibly by suppressing the signaling (phosphorylation of p38MAPK and NF-κB, and nuclear translocation of phosphorylated NF-κB), downstream of the ligand/receptor binding.

**Discussion**

Intestinal epithelial cells play an important role in the mucosal immune reaction in IBD by producing and expressing chemokines and adhesion molecules, such as IL-8 and ICAM-1, which are involved in neutrophil infiltration and tissue damage in the inflamed colon (1,30). Glucosamine, a naturally occurring amino monosaccharide, is widely used to treat osteoarthritis in humans. Furthermore, glucosamine exhibits an anti-inflammatory action by inhibiting neutrophil functions (21). In the present study, to evaluate the anti-inflammatory action of glucosamine on intestinal epithelial cells, we examined the effects of glucosamine on intestinal epithelial cell activation using a human colonic epithelial cell line HT-29. The results indicate that glucosamine suppresses the IL-8 production and ICAM-1 expression by TNF-α-activated HT-29 cells. Furthermore, glucosamine inhibited the TNF-α-induced phosphorylation of p38MAPK and NF-κB p65 in the cells.

TNF-α plays a pivotal role in the mucosal immune response during the inflammatory process of IBD and experimental colitis. Lamina propria mononuclear cells, including macrophages and lymphocytes, are the major source of TNF-α (6,31). Moreover, chemokines and adhesion molecules such as IL-8 and ICAM-1 are involved in the pathogenesis of IBD...
Figure 4. Effect of glucosamine on the phosphorylation of NF-κB p65. HT-29 cells were incubated without (Resting) or with 10 ng/ml TNF-α for 10 min in the absence or presence of 0.1-10 mM glucosamine (+Glucosamine). (A) The cell lysates were subjected to 10% SDS-PAGE, and phosphorylated NF-κB p65 was detected by probing with rabbit anti-phospho-NF-κB p65 Ab (Ser536) and HRP-conjugated goat anti-rabbit IgG. (B) The nuclear extracts were subjected to 10% SDS-PAGE, and phosphorylated NF-κB was similarly detected. The level of phosphorylated NF-κB p65 was expressed as a percentage of that of TNF-α-stimulated cells without glucosamine (TNF-α). Data represent the mean ± SEM of three to five separate experiments. Values were compared between the absence and presence of glucosamine (TNF-α vs. +Glucosamine). *P<0.05.

by recruiting neutrophils into the inflamed mucosal tissues, which facilitates the formation of crypt abscesses observed in IBD (1,30,32). In addition, MAPKs (extracellular signal-regulated kinases, Jun N-terminal kinases, p38MAPK) are implicated in IBD (33). Phosphorylation of MAPKs leads to the downstream activation of transcription factors (such as NF-κB), which upregulate the expression of cytokines/chemokines. Notably, among MAPKs, p38MAPK is highly activated in inflamed colonic mucosa of IBD (34). NF-κB also plays a central role in the induction of various inflammatory mediators and adhesion molecules. In unstimulated cells, NF-κB (a dimer composed of the p65 and p50 subunits), which is bound to the member of the IκB inhibitory protein family, is confined to the cytoplasm. Upon stimulation, IκB is rapidly released from the complex, and then NF-κB is phosphorylated and translocated into the nucleus (35-37). Importantly, NF-κB activity is increased in the colon during active episodes of IBD (38). The present study revealed that TNF-α induced the production of IL-8, expression of ICAM-1, phosphorylation of p38MAPK and NF-κB, and nuclear translocation of NF-κB in intestinal epithelial HT-29 cells, and that glucosamine suppressed these changes. Thus, glucosamine has a potential to exert inhibitory actions on the inflammatory signaling molecules (IL-8, ICAM-1, p38MAPK and NF-κB) in intestinal epithelial cells, which are involved in the initiation and maintenance of IBD. Moreover, it has been reported that glucosamine inhibits neutrophil functions such as superoxide anion generation, granule enzyme release, chemotaxis and up-regulation of CD11b (21). These observations likely suggest that glucosamine may exhibit a protective action on IBD by suppressing the intestinal epithelial cell and neutrophil activation. In this context, it is noteworthy that glucosamine ameliorated the clinical symptoms (based on the disease activity index), and suppressed the increase of the serum CINC-1 level and up-regulation of CD11b on peripheral blood neutrophils in our preliminary experiments (data not shown) using a DSS (dextran sulfate sodium)-induced rat colitis model (32).

It is known that the binding of TNF-α to its cell surface receptor causes a cascade of signaling events including the activation of p38MAPK and NF-κB (27,38). We previously revealed that glucosamine partly inhibits the binding of ADP and IL-1β to their receptors on platelets and synovial cells, respectively (24,26). However, glucosamine did not essentially affect the specific binding of TNF-α to its receptor on HT-29 cells (Fig. 2). Thus, glucosamine is unlikely to inhibit the TNF-α-induced HT-29 cell activation via action on the ligand/receptor binding. It is now recognized that the addition of O-linked N-acetylglucosamine (O-GlcNAc) to serine and/or threonine residues of cytoplasmic and nuclear target proteins modulates cellular functions, such as nuclear transport, transcription, translation and cell signaling (39-41), and that glucosamine enhances the level of O-GlcNAc-modified proteins in cells (42). We tried to detect O-GlcNAc modification in HT-29 cells by Western blotting using anti-O-GlcNAc monoclonal antibody (Covance Research Products, Princeton, NJ), and found that glucosamine but not TNF-α increased the O-GlcNAc levels in HT-29 cells (data not shown); the effect of glucosamine on the O-GlcNAc modification was negatively correlated with that on the intestinal epithelial cell activation (production of IL-8, expression of ICAM-1, phosphorylation of p38MAPK and NF-κB and nuclear translocation of NF-κB). Furthermore, we confirmed that alloxan (an inhibitor of O-GlcNAc transferase, an O-GlcNAc modification forming enzyme) abrogated the suppressive action of glucosamine on IL-8 production by TNF-α-stimulated HT-29 cells (data not shown). Together, these observations suggest that O-GlcNAc modification is one of the possible mechanisms for the glucosamine-induced suppression of intestinal epithelial cell activation.
ICAM-1 is a heavily N-glycosylated protein containing 505 amino acids with a predicted molecular mass of 55 kDa; however, the actual molecular mass ranges from 76 to 114 kDa depending on the degree of glycosylation at eight potential N-glycosylation sites (43,44). In this study, glucosamine (~10 mM) reduced the molecular mass of ICAM-1 from 100-110 kDa to ~55 kDa, suggesting that glucosamine may interfere with the N-glycosylation of the ICAM-1 molecule in HT-29 cells. Consistent with this, it has been recently reported that glucosamine treatment prevents the N-glycosylation of cyclooxygenase-2 (an N-glycoprotein) in IL-1β-stimulated A549 cells and reduces the molecular mass from 72-74 to ~66 kDa (a predicted molecular mass without glycosylation) (42). Thus, it is also possible that glucosamine exhibits the suppressive action on the intestinal epithelial cells by affecting the glycosylation of N-glycosylated proteins.

In conclusion, the present study has revealed that glucosamine suppresses intestinal epithelial cell activation by inhibiting the production, expression or activation of inflammatory and signaling molecules (IL-8, ICAM-1, inhibiting the production, expression or activation of glucosamine suppresses intestinal epithelial cell activation by...). Therefore, glucosamine has the potential to inhibit the N-glycosylation of the ICAM-1 molecule (~10 mM) reduced the molecular mass of ICAM-1 from 100-110 kDa to ~55 kDa, suggesting that glucosamine may interfere with the N-glycosylation of the ICAM-1 molecule in HT-29 cells. Consistent with this, it has been recently reported that glucosamine treatment prevents the N-glycosylation of cyclooxygenase-2 (an N-glycoprotein) in IL-1β-stimulated A549 cells and reduces the molecular mass from 72-74 to ~66 kDa (a predicted molecular mass without glycosylation) (42). Thus, it is also possible that glucosamine exhibits the suppressive action on the intestinal epithelial cells by affecting the glycosylation of N-glycosylated proteins.

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References


