Interleukin-13 peptide kinoid vaccination attenuates allergic inflammation in a mouse model of asthma

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Abstract. Asthma is an atopic disorder with increasing frequency and severity in developed nations. Interleukin-13 (IL-13) is one of the most critical mediators of asthma pathology. In the present study, we developed a vaccine comprised of a keyhole limpet hemocyanin-mIL-13 heterocomplex immunogen to persistently neutralize excessive endogenous IL-13. Our results showed that the IL-13 peptide kinoid vaccine could induce sustained and high titer of IL-13-specific IgG when using aluminum hydroxide as an adjuvant, and could suppress the accumulation of eosinophils as well as IL-13 levels in bronchoalveolar lavage fluid (BALF). In addition, total IgE and ovalbumin (OVA)-specific IgE in serum were significantly inhibited. This study also showed that vaccination could prevent airway inflammation and epithelial cell proliferation with goblet cell hyperplasia in a mouse model of acute asthma. In summary, our findings suggest that the IL-13 peptide kinoid can serve as an innovative and effective vaccine against asthma.

Introduction

Asthma is a group of complex diseases associated with allergic airway inflammation, airway hyperresponsiveness (AHR) to a variety of specific and nonspecific stimuli, chronic pulmonary eosinophil infiltration, increased serum immunoglobulin E (IgE), excessive mucus secretion and other features. At present, there is no cure for asthma. Moreover, the frequency and severity of asthma have increased steadily in developed nations (1). The pathophysiology of asthma is thought to be mediated by activated CD4+ T lymphocytes, which produce type 2 cytokines interleukin (IL)-4, IL-5, IL-9 and IL-13 (2,3). Studies have revealed that IL-13 is the most important mediator of asthma. Daily administration of recombinant IL-13 (rIL-13) to the airways of unimmunized mice could induce AHR, whereas blockade of IL-13 by a soluble IL-13α2-IgGFc fusion protein (sIL-13α2-Fc) could result in a complete reversal of such allergen-induced AHR (1,4). In addition, therapeutic dosing with an anti-IL-13 monoclonal antibody (mAb) could effectively reverse established AHR, and limit asthmatic responses in a chronic mouse model of persistent asthma (5). Moreover, neutralization of IL-13 could inhibit the production of multiple cytokines, chemokines, and matrix metalloproteinase-9 (MMP-9) (5). It has become increasingly clear that IL-13 is a novel therapeutic target for the treatment of asthma.

A variety of monoclonal antibodies and soluble receptors blocking IL-13 have been developed for the treatment of asthma, and some of them are currently being evaluated in clinical development (6). These approaches are mainly based on the development and administration of functional recombinant protein antagonists that neutralize the extracellular IL-13 function or block IL-13 signaling in target cells. Although successful, these strategies also possess many disadvantages, including difficulties in manufacturing active recombinant protein, high-dose requirements, high costs for manufactures and consumers, and the probable need for lifetime treatment of the patient. Due to their relatively short half-lives, recombinant proteins must be administered repeatedly by injection once to several times a day (7). Moreover, these approaches may have the risk of potential side effects, such as infusion reactions and the production of antibodies to the therapeutic agent (8). A peptide of IL-13 conjugated to truncated hepatitis B core antigen has been developed and utilized in mouse asthma models (9). The mice immunized with IL-13 peptide-based vaccine displayed suppression of IgE titers, airway inflammation, mucus production, and AHR to ovalbumin
(OVA) immunization and challenge. In the present study, we developed a new mIL-13 derivative vaccine that contained a keyhole limpet hemocyanin (KLH)-mIL-13 heterocomplex (hereafter named ‘KLH-P’) without biological activity.

Asthma etiopathogenesis involves genetic susceptibility, environmental factors, and clinical manifestations that are closely associated with the presence of activated Th2 cytokine (IL-4, IL-5 and IL-13) (10). Numerous studies have provided compelling evidence that IL-13 was necessary and sufficient to induce all features of allergic asthma (11), and a therapeutic target for IL-13 is effective. KLH is a xenogeni...
the serum was determined using commercial ELISA kits according to the supplier's instructions.

Pulmonary histology. Seventy-two hours after the last challenge, mice were sacrificed and the lungs and trachea were filled with a fixative (0.8% formalin, 4% acetic acid) intratracheally. Lungs were removed and fixed with 10% (v/v) neutral-buffered formalin, then dehydrated and embedded in paraffin. For the histological examination, 5-µm sections of fixed embedded tissues were cut and placed on glass slides, deparaffinized and stained with hematoxylin and eosin (H&E) or alcin blue-periodic acid schiff (PAS) and examined using an Olympus IX51 light microscope equipped with a CCD camera. As previously described (15), the degree of peri-bronchiolar and perivascular inflammation in H&E stained slides was evaluated on a subjective indexed scale of 0 to 3: a value of 0 was adjudged when no inflammation was detectable, a value of 1 for occasional perivascular cuffing, a value of 2 for most bronchi or when vessels were surrounded by a thin layer (1 to 5 cells) of inflammatory cells, and a value of 3 when most bronchi or vessels were surrounded by a thick layer (>5 cells) of inflammatory cells. Scores were evaluated by three different observers blinded to the experimental treatment. Glandular hyperplasia was observed using the alcin blue-PAS stained slides and compared to the presence of an adjuvant (alum) and generated satisfactory Ab titers. We used two distinct doses to immunize mice to further our knowledge of the immunogenicity of this vaccine. IL-13-specific IgG in serum response was displayed in a dose-dependent manner within the dose range used. The result indicated that 10 µg of vaccine given subcutaneously (s.c.) was able to efficiently induce IgG responses (Fig. 2). During the period of the experiment, 2 weeks after sensitization with OVA (Week 7), IL-13-specific IgG titers slightly decreased when compared to those at Week 5 immediately after the second immunization with the vaccine, but remained high until the end of the study. The data demonstrate that the KLH-P vaccine is immunogenic and displays dose-dependent effects using aluminum hydroxide as adjuvant.

Total and OVA-specific IgE are reduced by KLH-P vaccination. To determine whether KLH-P vaccine could modify an OVA-specific T-helper 2 cell (Th2) response in vivo by analyzing circulating IgE Ab levels 72 h after OVA challenge, sera were collected on Weeks 0, 1, 3, 5, 7 and again at the endpoint of the experiment (Week 9). Both the mean levels of serum total and OVA-specific IgE antibodies in the vaccine-treated groups were markedly reduced compared to those seen in the KLH groups (Fig. 3A and B). Total and OVA-specific IgE levels were greatly increased after intraperitoneal sensitization and intranasal challenge with OVA two times. However, vaccination with KLH-P significantly suppressed total IgE (Week 7: P<0.01, P<0.001 for KLH-P 10 and 50 µg, respectively; Week 9: P<0.05 for KLH-P 50 µg) (Fig. 3A). In agreement with the results, KLH-P significantly suppressed total IgE (Week 7: P<0.01, P<0.001 for KLH-P 10 and 50 µg, respectively; Week 9: P<0.05 for KLH-P 50 µg) (Fig. 3A). In agreement with the inhibitory effect on total IgE, immunization of KLH-P at 50 µg visibly reduced OVA-specific IgE levels compared to the KLH group. After 2 times of sensitization with OVA, even

Results

KLH-P vaccination induction of IL-13-specific IgG. First, we used three New Zealand white rabbits to test the ability of the vaccine (KLH-P) to induce an IL-13-specific IgG response after immunization with the vaccine in the presence of adjuvant (alum or complete/incomplete Freund's adjuvant, CFA/IFA). All three rabbits immunized with the vaccine developed strong and long-lasting IL-13-specific Ab, which reached high levels (titer up to 10^5, data not shown) and sustained for 1 month before any detectable decrease was measured. Mice were immunized with the vaccine subcutaneously in the presence of an adjuvant (alum) and generated satisfactory Ab titers. We used two distinct doses to immunize mice to further our knowledge of the immunogenicity of this vaccine. IL-13-specific IgG in serum response was displayed in a dose-dependent manner within the dose range used. The result indicated that 10 µg of vaccine given subcutaneously (s.c.) was able to efficiently induce IgG responses (Fig. 2). During the period of the experiment, 2 weeks after sensitization with OVA (Week 7), IL-13-specific IgG titers slightly decreased when compared to those at Week 5 immediately after the second immunization with the vaccine, but remained high until the end of the study. The data demonstrate that the KLH-P vaccine is immunogenic and displays dose-dependent effects using aluminum hydroxide as adjuvant.
though IL-13-specific IgG levels slightly decreased to some degree compared with those at Week 5, it still remained $10^3$ at the endpoint of the study. In this experiment, sera gathered at the endpoint with 5 single mice in each group were analyzed to measure OVA-specific IgE (Week 9) (Fig. 3B). It appeared that the KLH-P vaccine displayed a visible effect in inhibition of OVA-specific IgE which was dose-dependent, although there was no statistical significance observed.

**KLH-P vaccine reduces eosinophil percentage in BALF.** To determine the contribution of this vaccine to eosinophil recruitment after allergen challenge, BALF was collected 72 h after the last OVA aerosol challenge, and differential cell counts were detected with an ADVIA2120 automated hematology analyzer. OVA inhalation markedly (P<0.001) increased the percentages of eosinophils compared with saline control. In contrast, immunization with KLH-P vaccine in either dose significantly (P<0.001) inhibited eosinophil recruitment to BALF compared to the KLH group (Fig. 3C). These results suggest that KLH-P vaccination suppressed the accumulation of eosinophils in BALF.

**IL-13, IL-4 and IFN-γ levels in BALF.** To assess whether IL-13, IL-4 and IFN-γ levels were downregulated by this vaccine, BALF was collected and analyzed with ELISA assays. IL-13 was increased in the BALF from mice exposed to OVA. Most importantly, such an increase was inhibited by a previous vaccination with KLH-P in either dose (P<0.001) (Fig. 4A). It's worth noting that a different vaccine dose did not significantly affect the mean levels of IL-13 in BALF. The IL-4 (Fig. 4B) precludes any statistical significance despite the appearance of a large decrease. When compared to normal mice exposed only to saline, IFN-γ levels were apparently (P<0.05) (Fig. 4C) increased in OVA-sensitized and challenged mice. However, the mean level of IFN-γ was not significantly modified in the group treated by vaccine. Taking these results together, except for IL-13, the current vaccine immunization did not produce...
significant effects on cytokine levels compared with the KLH group.

**KLH-P vaccine suppresses OVA-induced tissue leukocyte influx and airway inflammation.** To evaluate allergic airways inflammation, lung tissues were collected 72 h after the last OVA exposure and histological analyses were performed. Consistent with previous BALF cytology, H&E staining of lung sections confirmed that the accumulation of inflammatory cells in the airways was also suppressed in mice that received KLH-P vaccine (Fig. 5A). Semi-quantitative analyses of tissue inflammation were performed in each group, and a peribronchial inflammation score was evaluated for 5-7 bronchi per mouse (Fig. 5B). There was evidence of significant peribronchial accumulation of inflammatory cells in mice exposed to OVA, as representative examples are presented in Fig. 5A. In contrast, KLH-P vaccinated mice showed substantial attenuation in the eosinophil rich leukocyte infiltration in the peribronchiolar regions. Seventy-two hours after the last OVA challenge, the inflammation scores of peribronchial as well as total lung were increased significantly (P<0.001) in the KLH group compared with scores in either dose of the KLH-P vaccine-treated group. Additionally, the lung inflammation score observed after immunization with the KLH-P vaccine in 10 µg dose is significantly (P<0.01) lower than that of a group with a 50 µg dose. Taken together, these results further confirmed that the KLH-P vaccine significantly suppressed allergen-induced leukocyte influx and airway inflammation.

The **KLH-P vaccine suppresses airway goblet cell metaplasia and mucus hypersecretion.** Airway epithelial cell hyperplasia and mucus secretion were assessed by an alcian blue-PAS combined staining. In normal mice, goblet cells comprise less than 20% of cells in the bronchial epithelium, and the number of goblet cells was greatly decreased in the segmental bronchus (17). However, we observed an increased number of goblet cells in the segmental bronchus, and prominent mucus production by the airway epithelium in the KLH group compared to the KLH-P vaccine-treated groups (Fig. 6A). We performed semi-quantitative analysis of goblet cells in each group (Fig. 6B). Goblet cell metaplasia and mucin hypersecretion were dramatically (P<0.001) inhibited in the KLH-P vaccine treated groups. There was no significant difference between the high-dose and low-dose groups (P>0.05). PAS shows the red-purple cytoplasmic inclusion (neutral mucus) and alcian blue shows the blue cytoplasmic inclusion (acid mucus). Naturally, the same group samples or a single slice showed different intensity staining neutral mucopolysaccharide (NMPS) and acid mucopolysaccharide (AMPS). There is almost no neutral or acid mucus production in the epithelial cell in saline control and vaccinated mice compared a hypersecretion of acid mucus from goblet cells in the KLH group. As a result, our findings have shown that the KLH-P vaccine effectively suppressed allergen-induced airway goblet cell metaplasia and mucus hypersecretion.

**Discussion**

Asthma is a lifelong disease that causes wheezing, breathlessness, chest tightness, and coughing. It can limit a person's quality of life. The control of asthma symptomatology requires a complex treatment plan that changes according to presenting symptoms. Although most people with asthma may control their symptoms and prevent asthma attacks by using medication, such as inhaled corticosteroids. Recent studies have demonstrated that adherence rates for asthmatic patients are particularly problematic. Barriers to treatment include prolonged and complex regimens, adverse effects, cost, and delayed onset of action. Less than half of the patients could adhere to their prescribed regimens (18,19), contributing to the poor clinical outcomes in the treatment of asthma. Taking into account the barriers of treatment-related therapy, a novel effective treatment of asthma is strongly needed. In the present study, we aimed to develop a novel vaccine to improve the efficacy and safety of therapeutic strategies. The KLH-P vaccine has been constructed and applied to asthmatic BALB/c mice sensitized and challenged with OVA. We reported here that immunization of mice with this murine KLH-P-induced polyclonal autoantibody neutralized excessive mIL-13 bioactivity and further inhibited the symptoms of experimental model of murine asthma.

Immunization with our mIL-13 peptide kinoid induces neutralizing auto-antibodies to mIL-13. We used two distinct doses to further our knowledge of the immunogenicity of this vaccine. The results indicate that just 10 µg of vaccine given s.c., rather than 100 µg given previously, was able to
efficiently induce IgG responses (Fig. 2). Although there was a slight decrease of IL-13-specific IgG titers at Week 7 compared with those at Week 5, features of airway allergic inflammatory response were prevented as long as the transient serum remained above an effective threshold. The rapid decline of neutralizing Abs after kinoid immunization (Fig. 2) may be due to the short life of B cell memory in the absence of specific T cell help (20). Using the murine model of allergic asthma and based on a preventative design, we further assessed the efficacy of our IL-13 peptides kinoid vaccine in preventing total and OVA-specific IgE amounts in serum, pulmonary eosinophilia, allergic airway inflammation, and airway goblet cell hyperplasia and mucus secretion.

IgE plays an important role in triggering the allergic cascade, and anti-IgE therapy has confirmed its central role in the inflammatory process of allergic asthma (21). Studies have demonstrated that IL-13 contributes to IgE synthesis (22). Our results demonstrated that vaccination with IL-13 peptides kinoid vaccine suppressed allergen-induced total and OVA-specific IgE in a dose-dependent manner. This is significant in order to prevent allergic symptoms. Reduction in IgE levels leads to reduction in both basophil and mast cell mediator response to allergen, and causes a decrease in allergic inflammation by reducing the high-affinity IgE receptor on mast cells and dendritic cells (23,24). Therefore, the suppression of Th2 responses IgE levels and eventually asthmatic symptoms may be achieved through downregulation of IL-13. Collectively, the effective suppression of total and OVA-specific IgE suggested our IL-13 peptides kinoid vaccine has a strong potential in this regard.

Airway eosinophilia is considered a cardinal feature of allergic asthma (25). It is thought that eosinophils contribute substantially not only to airway remodeling (26), but also to acute responses, such as goblet cell hyperplasia (27). As eosinophilia in the airway is an important indicator of asthma, we performed eosinophil cell counts in BALF and histo-
pathological examination to assess the efficacy of our IL-13 peptides kinoid vaccine on airway inflammation and goblet cell hyperplasia. The results showed that immunization with two different doses (10 or 50 µg) significantly suppressed the accumulation of eosinophils in BALF (P<0.001 for both).

Furthermore, after immunization with the KLH-P vaccine, we observed a dramatic suppression of allergen-induced leukocyte influx, airway inflammation, and mucus production. Mucus plugging has been recognized as a major factor contributing to airway obstruction and mortality associated with acute severe asthma (28-30). The continuity of surface goblet cell granules and intraluminal mucus are an important source of the secretions and contribute to the formation of mucus plugging in asthma (30,31). It appears that mucus hypersecretion is related to the pathogenesis of acute asthma (30), and abnormal proliferation of goblet cells is necessary for hypersecretion (31,32). The fact that acute airway administration of IL-13 (32,33) or overproduction of IL13 in the lung (34) could rapidly induce mucus cell hyperplasia in nonimmunized mice and the formation of Charcot-Leyden crystals (35) indicates that IL-13 may play a role in promoting goblet cell hyperplasia and mucus production. Further studies demonstrated that IL-13 gene knockdown (36) or blockade of IL-13 by either administration of the soluble IL-13rα2-lg (1,4) or through IL-13 gene targeting in mice (36) prevents mucus hypersecretion, and can reverse established goblet cell metaplasia. Consistent with these observations, after immunization with the KLH-P vaccine, we observed a dramatic suppression of allergen-induced leukocyte influx, airway inflammation, and mucus production, which is indicated by mucin-secreted goblet cells after allergen challenge.

The mIL-13 kinoid immunization is safe. There were no adverse reactions to the kinoid preparation. The lack of autoimmune pathology due to the absence of T cell response after other anti-cytokine immunizations was demonstrated in kinoid-immunized mice, including TNF (37), VEGF (14), IFN-α (38), or other kinoids, minimizing the risk of iatrogenic complications after kinoid immunization. Normal development, a normal growth curve, and a lack of adverse clinical features in kinoid-immunized mice compared to controls suggest that this may represent an alternative strategy to passive anti-IL-13 mAb therapy or drugs that block IL-13 activity currently used in patients.

Indeed, in our study anti-mIL-13 Abs did not substitute for, but acted rather as an adjunct treatment in addition to conventional treatments, as recommended in clinical protocols for allergic asthma treatment. Particularly, after its validation in humans, the vaccine could represent an alternative prevention for patients with seasonal asthma. Furthermore, to maintain an effective Ab threshold, the frequency of kinoid boosters should be optimally determined by monitoring levels of circulating Abs, maintaining the logic of metronomic scheduled treatments (39).

Compared with passive immunization therapy, active immunization with the kinoid vaccine described here would have the following advantages. First, the generation of polyclonal antibodies by active immunization excludes the formation of anti-idiotypic antibodies, limiting the rate of therapeutic failure. Second, the low frequency of boost immunization would foster patient compliance. Finally, the proposed therapeutic approach would represent a low cost.

In conclusion, our findings demonstrate that the administration of IL-13 peptide kinoid vaccines triggers a strong and transient Ab response to IL-13, which prevents the pathogenic effects of this cytokine in an experimental murine model of acute asthma induced by OVA. This may become an effective therapeutic approach to allergic asthma treatment and may provide a new therapeutic strategy for treating or vaccinating against other diseases where overproduction of cytokines play a critical role in pathogenesis.

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