Perfluoroheptanoic acid affects amphibian embryogenesis by inducing the phosphorylation of ERK and JNK

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Abstract. Perfluoroalkyl compounds (PFCs) are globally distributed synthetic compounds that are known to adversely affect human health. Developmental toxicity assessment of PFCs is important to facilitate the evaluation of their environmental impact. In the present study, we assessed the developmental toxicity and teratogenicity of PFCs with different numbers of carbon atoms on Xenopus embryogenesis. An initial frog embryo teratogenicity assay-Xenopus (FETAX) assay was performed that identified perfluorohexanoic acid (PFHxA) and perfluoroheptanoic acid (PFHpA) acids as potential teratogens and developmental toxicants. The mechanism underlying this teratogenicity was also investigated by measuring the expression of tissue-specific biomarkers such as phospho-rosine-binding protein, xPTB (liver); NKX2.5 (heart); and Cyl18 (intestine). Whole-mount in situ hybridization, reverse transcriptase-polymerase chain reaction (RT-PCR), and histologic analyses detected severe defects in the liver and heart following exposure to PFHxA or PFHpA. In addition, immunoblotting revealed that PFHpA significantly increased the phosphorylation of extracellular signal-regulated kinase (ERK) and c-Jun N-terminal kinase (JNK), while PFHxA slightly increased these, as compared with the control. These results suggest that PFHxA and PFHpA are developmental toxicants and teratogens, with PFHpA producing more severe effects on liver and heart development through the induction of ERK and JNK phosphorylation.

Introduction

Environmental pollution emerged as a significant threat to human health early in the 20th century, as industrial societies became aware of an increased prevalence of a range of chronic illnesses and conditions. Environmental pollution is fueled by large-scale generation of synthetic chemicals that are normally employed in necessary industrial processes (1,2). Among these anthropogenic chemicals, perfluoroalkyl compounds (PFCs) are organofluorines, which have fluorine instead of hydrogen in their carbon chains. Strong bonds form between fluorine and carbon (Fig. 1A). The carbon-fluorine (C-F) bond is considered the strongest polar covalent bond, with a high dissociation energy reaching 117 kcal/mol. The strong polarity and high dissociation energy of C-F bonds make PFCs resistant to a range of biochemical processes such as thermal, chemical, hydrolytic, and biological degradation (2). Furthermore, the hydrophobic fluorininated alkyl chain and the lipophilic functional group make PFCs valuable in many industrial and commercial processes involved in the production of fabrics, electronics, pesticides, emulsifiers, paints and adhesives (3,4). This wide-ranging use of perfluorohexanoic (PFHxA) and perfluoroheptanoic (PFHpA) acids has resulted in their detection as pollutants in water, sediments, air, wildlife, and humans, and these compounds are not degraded by any naturally occurring processes in the environment (5).

PFCs are present in atmospheric and aquatic systems on a global level (6). Environmental levels of PFCs were investigated in different world regions, identifying high PFC levels reaching 100 ng/l (7-9). The concentrations of various PFCs, which exert unpleasant effects in humans, have been determined in human blood samples from different world regions (10). High levels of PFCs in serum and liver samples from both humans and animals have also been detected (11). The levels of PFCs were elevated in individuals with regular occupational exposure to PFCs (4.3 ppb), as compared to the general population (12). Their unique physicochemical properties make PFCs highly persistent, increasing their bioaccumulation and toxicological effects (5,13). In addition, it has been shown that PFCs exert toxic reproductive and developmental effects on human and animal systems (12,14,15).
Overexposure to these anthropogenic chemicals causes severe fetal abnormalities in amphibians and affects human development (12,16). The toxicity of PFCs is commonly determined by their carbon chain length and by the functional group.

The frog embryo teratogenicity assay-Xenopus (FETAX) utilizing anuran Xenopus embryos is a well-characterized method used to measure the developmental toxicity of chemicals. The FETAX assay is performed on fertilized Xenopus embryos in the middle of the blastula stage, at 96 h (17). Teratogenic effects are assessed by determining their influences on mortality, malformation, and growth inhibition, effects that clearly indicate developmental toxicity. This assay has been used to investigate teratogens and developmental toxicants that negatively affect human health and the ecosystem (18,19). FETAX is appropriate for the screening of chemicals (including nanomaterials), evaluating biotransformation, and can serve as a model of limb development. It is used to inform risk assessments of the effects of environmental hazards on amphibian and vertebrate populations. In addition to FETAX, reverse transcriptase-polymerase chain reaction (RT-PCR) and whole-mount in situ hybridization are useful in the investigation of the developmental toxicity of these compounds, as well as mechanisms underlying any effects on Xenopus embryos.

The toxicological potentials of PFHxA and PFHpA need to be investigated to determine the adverse effects of PFCs with different lengths. In the present study, we evaluated the developmental toxicity and teratogenicity of PFHxA and PFHpA using different biological assays. The results obtained from the in vivo model system showed that PFHpA is a more potent developmental toxicant and teratogen than PFHxA. In particular, PFHxA and PFHpA affected mortality and the growth rates of embryos, and caused severe developmental liver and heart defects. These results suggested that although PFHxA and PFHpA are developmental toxicants and teratogens, PFHpA has more severe effects on liver and heart development via the induction of extracellular signal-regulated kinase (ERK) and c-Jun N-terminal kinase (JNK) phosphorylation.

Materials and methods

Ethics statement. We obtained a specific waiver from the Institutional Review Board of Kyungpook National University for the experimental use of amphibians or reptiles in Korea (no. KNU-2013-222). All the members of our research group attended educational and training courses on the appropriate care and usage of experimental animals. Adult *Xenopus laevis* were entrained in 12-h light/dark cycles at 18˚C in containers provided by the Institutional Review Board of Kyungpook National University constructed to specifications for laboratory animal maintenance. There were no unexpected deaths of adult *Xenopus* during the study.

Chemicals and reagents. PFHxA and PFHpA were purchased from Sigma-Aldrich (St. Louis, MO, USA) and dissolved in dimethyl sulfoxide (DMSO) to produce 1 M stock solutions. The FETAX medium used in the experiment contained 10.7 mM NaCl, 1.14 mM NaHCO₃, 0.4 mM KCl, 0.1 mM CaCl₂, 0.35 mM CaSO₄·2H₂O, and 0.3 mM MgSO₄ and the levels of DMSO did not exceed 0.15%, which was below the permissible level for this assay. PFC stocks were freshly made and diluted in FETAX medium.

*In vitro fertilization.* Experiments on *Xenopus laevis* were conducted in accordance with documented standards of the Animal Care and Use Committee, in agreement with international laws and policies [National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals, NIH publication no. 85-23, 1985]. Adult *Xenopus* were purchased from Nasco (Fort Atkinson, WI, USA) and kept in climate-controlled clear plastic aquariums with dechlorinated tap water at 18±2˚C, with 12-h light/dark cycles. The housed frogs were fed only three times a week. For the induction of ovulation, human chorionic gonadotropin (1,000 IU) (Sigma-Aldrich) was injected under the skin of a female *Xenopus* in the evening. The following day, the females were made to lay eggs in 60-mm plastic dishes. The eggs were immediately fertilized in 0.1X modified Barth’s saline (MBS) containing 88 mM NaCl, 5 mM Hepes, 2.5 mM NaHCO₃, 1 mM KCl, 1 mM MgSO₄, and 0.7 mM CaCl₂ (pH 7.8) after washing three times with 0.1X MBS. The frogs were sacrificed as follows: The anesthetic of choice for male frogs, tricaine methanesulfonate (MS222) was dissolved in dechlorinated water in an induction tank at a dose of 500 mg of MS222/l of water. *Xenopus* testes were obtained from the sacrificed males and minced in 1 ml of cold 1X MBS. Following successful fertilization, the jelly coat was removed from the embryos by gentle swirling in a 2% L-cysteine solution. The embryos were then transferred to 1X MBS containing 3% Ficoll 400 (GE Healthcare, Little Chalfont, UK). Unfertilized eggs and dead embryos were removed and the remaining embryos were maintained at 22±0.5˚C until they reached blastula stage 8.5.

**FETAX assay.** FETAX assays were conducted to assess the developmental toxicity and teratogenic effects of the PFCs based on the American Society of Testing Material (ASTM) guide (ASTM E1439-98). Finely cleaved embryos in the blastula stage 8.5 were selected and used to exclude the effects of spontaneous embryonic developmental problems. Embryos were impartially allocated to 100-mm petri dishes (20-25 embryos/dish) and exposed to different concentrations of PFHxA (0.1, 0.5, 1, 1.5 and 2 mM) and PFHpA (0.25, 0.5, 0.75, 1 and 1.25 mM). DMSO (0.1%) and FETAX medium alone were used as the controls. Embryos were incubated at 23˚C until the end of the assay, and the media were changed daily and dead embryos were removed. At the end of the experiment, embryo mortality was recorded and the surviving embryos were fixed in 4% formaldehyde to determine whether there was any malformation. Head-tail lengths and malformations were evaluated under a light microscope and images were analyzed using Axiovision software version 4.8 (Carl Zeiss, Munich, Germany) to measure growth inhibition.

Whole-mount in situ hybridization. *Xenopus* embryos were prepared for whole-mount *in situ* hybridization using a previously described method (20), with minor modification. Whole-mount *in situ* hybridization was conducted at the tadpole stage (stage 34-36) using digoxigenin-labeled RNA probes and BM purple staining. The probes were prepared in the following manner: RT-PCR products of phosphoatyrosine-binding protein (xPTB; a liver marker) and NKX2.5 (heart marker)
were sub-cloned into a T-easy vector (Promega, Fitchburg, WI, USA), linearized with *Apa*I and *Nco*I, respectively, and transcribed using a SP6 RNA polymerase kit (Invitrogen, Carlsbad, CA, USA).

**RT-PCR.** RNA was isolated from stage 34-46 embryos using TRIzol reagent, according to the manufacturer's instructions (Invitrogen), and quantified using an Optizen 320 UV spectrometer (Mecacyc, Deajeon, Korea). An aliquot of RNA (1 µg) was reverse transcribed using a PrimeScript First-Strand cDNA Synthesis kit, according to the manufacturer's instructions (Takara, Shiga, Japan). Reactions containing template RNA without reverse transcriptase were prepared as the negative controls (no-RT) and carrier was used as the loading control. cDNA was amplified using specific PCR primer sets (Table I) and 2X Emerald Amp PCR Master mix (Takara). The PCR products were separated in a 1-1.2% agarose gel and visualized on a transilluminator (Vilber Lourmat, Marne-la-Vallée, France) following ethidium bromide staining. The data were representative of at least three experiments. The Primer3 program was used to design primers and ODC was used as an internal control.

**Extraction and analysis of the liver.** Twenty-five embryos from each group were exposed to PFHxA and PFHpA, respectively, for 10 days. The surviving tadpoles were fixed in 4% formaldehyde for 2 h at room temperature. Tadpoles (3-5) were randomly selected from each group and their livers removed under a light microscope (Zeiss Stemi 2000-c; Carl Zeiss). Images were captured and analyzed to monitor changes in the liver size.

**Statistical analysis.** Data for the three endpoints from each FETAX assay were analyzed using GraphPad Prism software (GraphPad Software, Inc., La Jolla, CA, USA). Images from the RT-PCR and whole-mount *in situ* hybridization assays were analyzed by ImageJ software (NIH). Statistical analyses were conducted using SPSS 13.0 software (version 18; SPSS, Inc., Chicago, IL, USA).

**Results**

**Developmental toxicity and teratogenicity assessment of PFCs by FETAX assay.** FETAX assays were performed to determine the potential teratogenicity and developmental toxicity of PFCs. FETAX assay results were expressed relatively in terms of the teratogenic index (TI) = LC50/EC50, where LC50 was the concentration that at which 50% of the embryos were killed and EC50 was the concentration at which 50% of the embryos were malformed. The minimum concentration that inhibits growth (MCIG) was also determined. Compounds were considered toxic when TI was ≥1.2 (17).

We performed an initial FETAX assay to determine whether PFHxA and PFHpA had embryonic lethal or teratogenic effects. This result confirmed that PFHxA and PFHpA are potential teratogens and developmental toxicants. We then investigated the effects of...
Figure 1. Lewis structures of PFCs. (A) Structures of PFHxA and PFHpA. (B) Effects of PFHxA and PFHpA on *Xenopus* mortality and malformation. Mortality and malformation rates were measured among embryos in stage 46 after exposure to PFHxA or PFHpA and the findings confirmed that the two compounds showed developmental toxicity and teratogenicity. PFCs, perfluoroalkyl compounds; PFHxA, perfluorohexanoic acid; PFHpA, perfluoroheptanoic acid.

Figure 2. Abnormal phenotypes and shorter body lengths resulting from PFHxA and PFHpA exposure. Embryos developed various malformations including (A) stunted body, multiple edemas, gut mis-coiling, microcephaly, skeletal kinking and (B) shorter body length following exposure to PFHxA and PFHpA. Mean ± SD; *P*<0.05, **P*<0.05 compared with the control cells. PFHxA, perfluorohexanoic acid; PFHpA, perfluoroheptanoic acid; SD, standard deviation.
different concentrations of PFHxA and PFHpA on mortality and malformation in developing embryos. As shown in Fig. 1B, exposure to PFHxA or PFHpA greatly increased the mortality and general malformation rates in the developing embryos. These concentration-dependent effects on mortality and malformation were more severe as the number of carbons increased. PFHpA significantly affected mortality and malformation rates within a narrow concentration range (Fig. 1B).

To investigate the mechanism underlying this toxicity, we assessed the phenotypes of embryos exposed to PFHxA and PFHpA. PFHxA and PFHpA were not highly toxic until early stage 26, as no significant differences were observed in the external phenotypes. PFC exposure induced certain embryonic abnormalities that were observed at the end of the study, such as pericardial edema, dorsal fin blisters, a curved body axis, lack of eye pigment, and disturbed facial cells (Fig. 2A). PFHxA-treated embryos developed mild and general malformations including gut mis-coiling and improper eye shape, whereas PFHpA induced more severe and diverse malformations (Fig. 2A). In agreement with this, the whole body length was reduced by 14 and 24% in tadpoles treated with 1,500 µM of PFHxA or 1,000 µM of PFHpA, respectively (Fig. 2B).

These results indicated that embryos exposed to PFHxA or PFHpA show a range of malformations and a reduced whole body length, which is a clear indicator of toxicity while PFHpA has slightly more severe defects compared to PFHxA.

PFHpA modulates liver and heart development during embryogenesis. We examined stage 36 tadpoles that had been continuously exposed to 130 µM PFHxA or PFHpA using whole-mount in situ hybridization. The liver is a major metabolizing organ that detoxifies many compounds and is therefore vulnerable to the toxic effects of PFCs. We also measured a liver-specific marker, xPTB, which is expressed in the diverticulum region of the embryonic liver and plays an important role in low-density lipoprotein (LDL) receptor endocytosis in the liver (21). Livers of embryos treated with PFHxA developed abnormally and were unusually large (Fig. 3A). We also observed enlarged livers in tadpoles exposed to PFHxA although these effects were more pronounced in the presence of PFHpA (Fig. 2A). These results indicated that PFHxA and PFHpA induced liver defects and should be regarded as developmental toxicants and teratogens.

The heart-specific marker, NKX2.5, was used to examine the cardiovascular effects of PFC exposure. The amphibian
KIM et al.: TERATOGENIC EFFECTS OF PERFLUOROALKYLS

Embryos treated with PFHxA and PFHpA showed enlarged atria and a loss of the atrial septum (Fig. 3B). Hearts from embryos exposed to either PFHxA or PFHpA were smaller and contained no trabeculae. Additionally, the pericardiac cavity was expanded and the atrial and ventricular walls were thinner than those observed in the control embryo hearts, which contained prominent trabeculae and the atria and ventricle were separated (Fig. 3B). This effect was more prominent in embryos exposed to PFHpA, which reduced trabeculation of the ventricle as well as the thickness of the atrial and ventricular walls (Fig. 3B). The results showed that PFHxA and PFHpA treatment caused abnormal heart development.

PFC exposure alters tissue-specific mRNA expression in vivo. To investigate the effects of PFC exposure on the liver and heart further, the mRNA expression levels of three liver, heart, and intestine markers were determined by RT-PCR analysis. Previously, PFCs were shown to be tissue-specific toxicants (14,23,24). For this study, we exposed stage 36 embryos to 130 µM PFHxA or PFHpA, a concentration that induced the development of various malformations, rather than embryonic lethality. As shown in Fig. 2C, mRNA expression of xPTB was considerably reduced in PFHpA-treated embryos, as compared to the control or PFHxA-treated embryos (Fig. 3A and C). Previous findings have also shown reduced xPTB expression following exposure to various PFCs (16,25,26). Furthermore, the heart-specific marker, NKX2.5, was used to examine the effects of PFCs on the heart. As shown in Fig. 2B and C, mRNA expression of the heart-specific marker, NKX2.5, was reduced in the PFHpA-treated embryos (Fig. 3B and C). NKX2.5 is critical for vasculogenesis and angiogenesis (27). We also assessed the mRNA levels of an intestinal marker, Cyl18, which is mainly expressed in the presumptive small intestine of embryos at the tailbud stage. As shown in Fig. 2C, we observed no significant effects of either PFHxA or PFHpA exposure on Cyl18 expression. These results suggested that PFHpA negatively affected liver and heart development (Fig. 3C).

PFCs may induce liver toxicity by modifying ERK and JNK phosphorylation. The roles of peroxisome proliferator-activated receptor-γ (PPARγ), ERK, and JNK pathways in mediating the developmental toxicity associated with exposure to PFCs remain to be elucidated. To investigate the effects of PFCs on PPARγ, ERK, and JNK pathways, stage 36 embryos were exposed to 130 µM PFHxA or PFHpA and then analyzed by western blotting with anti-PPARγ, phosphorylated-ERK, ERK, p-JNK, JNK, or β-actin antibodies. PFHxA and PFHpA treatment activated PPARγ and ERK/JNK phosphorylation. PPFs, perfluoroalkyl compounds; ERK, extracellular signal-regulated kinase; JNK, c-Jun N-terminal kinase; PFHxA, perfluorohexanoic acid; PFHpA, perfluoroheptanoic acid; PPARγ, peroxisome proliferator-activated receptor-γ.

PFCs may induce liver toxicity by modifying ERK and JNK phosphorylation. Xenopus embryos were exposed to 130 µM PFHxA or PFHpA. Total protein was isolated and analyzed by western blotting with antibodies raised against PPARγ, p-ERK, ERK, p-JNK, JNK, or β-actin. PFHxA and PFHpA treatment activated PPARγ and ERK/JNK phosphorylation. PPFs, perfluoroalkyl compounds; ERK, extracellular signal-regulated kinase; JNK, c-Jun N-terminal kinase; PFHxA, perfluorohexanoic acid; PFHpA, perfluoroheptanoic acid; PPARγ, peroxisome proliferator-activated receptor-γ.

Figure 4. PFCs may induce liver toxicity by modifying ERK and JNK phosphorylation. Xenopus embryos were exposed to 130 µM PFHxA or PFHpA. Total protein was isolated and analyzed by western blotting with antibodies raised against PPARγ, p-ERK, ERK, p-JNK, JNK, or β-actin. PFHxA and PFHpA treatment activated PPARγ and ERK/JNK phosphorylation. PPFs, perfluoroalkyl compounds; ERK, extracellular signal-regulated kinase; JNK, c-Jun N-terminal kinase; PFHxA, perfluorohexanoic acid; PFHpA, perfluoroheptanoic acid; PPARγ, peroxisome proliferator-activated receptor-γ.

Figure 5. PFCs treatment induced hepatomegaly. Livers of tadpoles exposed to PFHxA or PFHpA. Livers of embryos treated with PFHxA and PFHpA were swollen, with severe morphological changes that were not observed in the control embryos. PPFs, perfluoroalkyl compounds; PFHxA, perfluorohexanoic acid; PFHpA, perfluoroheptanoic acid.
**PFC treatment induces hepatomegaly.** Hepatomegaly is often associated with chronic inflammatory liver disease. The liver is the major metabolizing organ and it is targeted following PFC exposure (28). Previous findings have shown that exposure to PFCs caused various chronic abnormalities, including hepatocellular hypertrophy and hepatomegaly (29,30). To investigate the effects of PFHxA and PFHpA on the liver, livers from 10-day old tadpoles that had been continuously exposed to 130 µM PFHxA or PFHpA exhibited hepatomegaly (Fig. 5). These results suggested that high levels of exposure to PFHpA or PFHxA may induce hepatic disorders.

**Discussion**

PFCs have emerged as persistent organic pollutants in the ecosystem and human exposure to these may increase the risk of developmental abnormalities (31). Several studies have examined the toxicity of different PFC in many aquatic and other animals (24,32,33). These studies have confirmed that exposure during particular developmental stages or under certain nutritional conditions produced adverse effects on neonates (34,35). Amphibians are more sensitive to environmental exposures during the fetal stage. The results of that study showed that the PFCs tested induced malformations in *Xenopus* embryos, including pericardial edema and hepatic defects. The industrial production of PFCs and their derivatives has been banned because of their toxicity and persistence in the environment. Given these conditions, developmental toxicity studies of PFCs remain in their infancy and further large-scale investigations are required.

*Xenopus laevis* is an amphibian species considered to be a suitable model for studying developmental defects induced by toxicants. In the present study, we conducted a FETAX assay using *Xenopus laevis* to examine the developmental toxicities of PFHxA and PFHpA. The FETAX assay provides a classical approach to detecting teratogenic effects of chemicals on fertilized *Xenopus* embryos in the middle of the blastula stage (17). When *Xenopus* embryos were exposed to C6-7 PFCs, various malformations and toxicity were observed, such as abnormal development, bent and uneven body axis deformation, multiple edemas, growth inhibition, and intestinal miscoiling (Fig. 2A). The PFCs tested produced different TI values, showing that the intensity of their effects on development were different, although they may operate via identical mechanisms.

Our results have demonstrated that PFHxA and PFHpA acted as developmental toxicants and teratogens, thereby producing lethal effects in *Xenopus* embryos. The difference between their effects may reflect the variation in the number of fluorinated carbons present in these compounds. In addition, PFHxA and PFHpA considerably modulated the expression levels of various tissue-specific genes that were relevant to the observed external and internal phenotypes. In particular, xPTB was used as a liver-specific marker and the protein encoded by this gene complexes with the LDL receptor to mediate hepatic LDL removal by endocytosis (35,36). Consistent with other reports, the xPTB mRNA levels were considerably modulated following exposure to either PFHxA or PFHpA (16). This specific reduction in the xPTB mRNA level may cause increased LDL accumulation in the liver, which in turn lead to chronic cardiac disease, such as atherosclerosis and myocardial infarction (37). Consistent with this, individuals with a high concentration of PFCs in their blood are more susceptible to LDL-associated adverse effects (5).

The amphibian heart develops from the mesoderm and is considered an essential organ for embryonic survival. During embryogenesis, NKX2.5 acts as a key transcription factor, regulating the transcription of downstream targets that are essential for heart formation (38,39). Studies have shown that NKX2.5 has an important role in the formation of the septum, which separates the ventricle from the atrium (15,38,39). Severe heart abnormalities such as atrial septal defects have been reported in association with the NKX2.5 mutation and downregulation. PFHxA and PFHpA treatments reduced the expression of NKX2.5 mRNA, which is critical for vasculogenesis and angiogenesis (32). Thus, PFCs may cause improper septum formation and impair cardiac function by downregulating the expression of NKX2.5. By contrast, no major change was observed in the intestine-specific marker, Cyl18, following treatment with PFHxA and PFHpA.

Compelling evidence for PFC toxicity has emerged from pre-clinical and clinical studies (12,18). Activation of JNK and ERK pathway causes toxic effects that include hepatocarcinogenesis. Livers from PFHxA- and PFHpA-treated embryos exhibited hepatomegaly. This developmental and teratogenic effect was more pronounced in the presence of PFHpA, which may be due to its longer fluorinated carbon chain.

In conclusion, our results confirm that PFHxA and PFHpA are developmental toxicants and teratogens in *Xenopus*. In addition, PFHpA induced more severe pericardial edema, blisters on the dorsal fin, a curved body axis, lack of eye pigmentation, and disturbed facial cells. Furthermore, PFHpA produced more severe effects on liver and heart development through the induction of ERK and JNK phosphorylation, and exposure to elevated levels of PFHpA may therefore cause developmental toxicity and teratogenicity, inducing hepatic and cardiac disorders.

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