Experimental models of Alzheimer's disease for deciphering the pathogenesis and therapeutic screening (Review)

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Received April 26, 2015; Accepted December 2, 2015

DOI: 10.3892/ijmm.2015.2428

Abstract. Despite decades of laboratory and clinical research, Alzheimer's disease (AD) is still the leading cause of dementia in adults and there are no curative therapies currently available for this disease. This may be due to the pathological features of AD, which include extensive extracellular amyloid plaques and intracellular neurofibrillary tangles, as well as subsequent neuronal and synaptic loss, which begin to appear several years prior to memory loss and the damage is already irreversible and extensive at the time of clinical diagnosis. The poor therapeutic effects of current treatments necessitate the introduction of experimental models able to replicate AD pathology, particularly in the pre-symptomatic stage, and then to explore preventive and therapeutic strategies. In response to this necessity, various experimental models reproducing human AD pathology have been developed, which are also useful tools for therapeutic screening. Although none of these models fully reproduce the key features of human AD, the experimental models do provide important insight into the pathological changes which occur in AD. This review summarizes the commonly used experimental models of AD and also discusses how the models may be used to decipher the pathogenesis underlying AD and to screen novel therapies for this disease.

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1. Introduction

Alzheimer's disease (AD), also known as the most common form of dementia, is a progressive, neurodegenerative disorder in adults, afflicting 35.6 million individuals worldwide (1). Although a variety of therapies have been developed over the years to treat patients with AD, none of these treatments are able to provide a cure, but merely alleviate the AD-associated symptoms. After recognizing the contributing role of synaptic loss in memory deficits, researchers have attributed the poor therapeutic effects in patients with AD to the pathological features of this disease. These features include extensive extracellular deposits of β-amyloid (Aβ) plaques, intracellular neurofibrillary tangles (NFTs), as well as subsequent neuronal and synaptic loss, which often begin several years prior to memory loss and the damage is already irreversible at the time of diagnosis.

In order to explore more effective treatments, a more complete understanding of the pathophysiology of AD is required. As the pathological changes associated with AD are initiated several years prior to the onset of clinical signs (2,3), it is impossible to probe the human neuropathology at this stage. However, on the positive side, animal models are valuable tools which may be used to simulate the pathological changes associated with human AD and then to decipher the pathogenesis, particularly in the pre-symptomatic stage. In particular, the advent of transgenic animal models, in combination with non-transgenic animals, has allowed researchers to conduct in-depth studies of AD (4,5). Animal models can reproduce the overt changes occurring in patients with AD; however, complex in vivo conditions may limit the accessibility to the tissue of interest and prevent real-time and spatial measurements of biological changes (6). Consequently, several in vitro experimental models of AD (7,8), which provide detailed regional and cell-level information, have been developed to enhance the usefulness of in vivo animal models. All these models are of value for deciphering the fundamental mechanisms underlying AD pathology and also, for the testing of novel therapies targeted against this disease.
However, the currently available experimental animal models are not without drawbacks, and none of these models replicate all the features of AD. In addition, it is necessary to take into account the extent to which the results obtained from the experimental models may be applicable to humans, as well as consideration of how to use these models to the best of their potential. In this review, we summarize the experimental models of AD that are currently in use, focusing on the similarities and differences to human disease presented by each of these models, for the purpose of generating more useful information on how to use these models when testing novel therapeutics. Furthermore, we hope to provide the basis for developing more appropriate models for AD research.

2. Pathogenesis of AD

In pathological terms, the AD-affected brain is characterized by widespread senile plaques of extracellular Aβ peptides, intracellular NFTs, as well as neuronal and synaptic loss (Fig. 1). Senile plaque is composed of a central core formed by Congo red-positive Aβ proteins and degenerating nerve endings surrounding the Aβ core. NFTs are neuronal inclusions of the microtubule-associated protein (MAP) tau and consist of aggregated, hyperphosphorylated tau. In AD pathology, senile plaques and NFTs appear in the hippocampus, the entorhinal and polymodal association cortices, and the basal forebrain. These brain regions are also severely affected by neuronal and synaptic loss. In addition to the neuropathological changes, there are also a number of pathophysiological disturbances occurring in the AD-affected brain, including inflammatory reactions, such as angiogenesis and gliogenesis (9).

Nowadays, it is recognized that the loss of synapses mostly correlates with the cognitive deficits and dementia associated with AD (10,11). With respect to the causes of synaptic loss, there are several hypotheses although a general consensus exists in favor of the ‘amyloid cascade hypothesis’: Aβ, particularly highly fibrillogenic Aβ developed following the hydrolysis of amyloid precursor protein (APP), initiates a neurotoxic cascade, consequently causing neurodegeneration and ultimately, AD (Fig. 1). APP, an ubiquitously expressed transmembrane protein, is involved in the regulation of neuronal proliferation, migration and differentiation under normal conditions. In AD, overexpressed APP is hydrolyzed by β-secretase and then γ-secretase into Aβ peptides. Aβ peptides are toxic to neurons and induce neuronal and synaptic damage when assembled into amyloid fibrils (Fig. 1). It has also been reported that acetylcholinesterase (AChE), an enzyme responsible for the hydrolysis of the neurotransmitter acetylcholine (ACh), may promote Aβ assembly (12) and form stable complexes with Aβ fibrils (13). The Aβ/AChE complex has proven to be more toxic to cultured neurons than Aβ fibrils alone (14). This may explain why cholinergic neurons are the major cell types destroyed in patients with AD. In addition, presenilin (PS1) and PS2, as well as apolipoprotein E (ApoE) bind to soluble Aβ in vitro, and promote the formation of Aβ fibrils in an isoform-specific manner. Aβ fibrils can also induce tau hyperphosphorylation by activating several protein kinases, including glycogen synthase kinase-3β (GSK-3β), MAP kinase and microtubule affinity-regulating kinase (15). Hyperphosphorylated tau, combined with unassembled microtubules, accumulates to form NFTs in neurons and dendrites, leading to neuronal degeneration and ultimately, AD (Fig. 1).

The tendency of familial aggregation and early-onset of AD in patients has urged researchers to investigate the genetic etiology of this disease. Currently, it has been recognized that some forms of AD are caused by the inheritance of mutant genes, including genes encoding APP (16), PS1 (17) and PS2 (18), tau (19) ApoE (20) and β- and γ-secretase (21). It has also been reported that individuals harboring α-macroglobulin (22) and endothelial nitric oxide synthase-3 mutant genes (23) are more susceptible to AD than others.

3. Transgenic animal models of AD

Since the discovery of AD-associated genes, a number of transgenic animal models have been generated by introducing mutant genes into the existing genetic makeup or modifying genes of interest using gene targeting technology so as to model some features of human AD (5) (Table I). Mice are the most commonly used species for transgenic modeling due to their easy manipulation and accessibility. Transgenic models have also been created in rats, although they are not so widely available (24). Different transgenic animal models are discussed in more detail below.

**APP transgenic mice.** The first, widely used transgenic mouse models of AD were developed to express the transgene of human APP (Table I). In earlier studies (25,26), transgenic mice harboring APP mutations merely exhibited an accumulation of intracellular Aβ and occasional behavior deficits, but no senile plaques, suggesting that cognitive impairment occur independently of plaque formation, but correlate with Aβ fibril formation. The lack of senile plaques in these models was supposed be associated with the low expression levels of the APP gene. In subsequent studies, a mutant human APP gene controlled by platelet-derived growth factor-β promoter (PDAPP) was used as a transgene in mice, which produced extensive extracellular Aβ deposits, synaptic loss and astrocytosis, with plaque formation at 6-9 months of age (27). Consistent with these observations, other transgenic models, including Tg2576 and APP23 (both carrying a Swedish double mutation, APP<sub>Swe</sub>), demonstrated APP overexpression in addition to neuronal loss in the CA1 region, and learning deficits as was observed in the PDAPP transgenic mice (28). Moreover, Tg2576 mice developed Aβ plaques at 8 months of age, with a 5-fold increase in the concentrations of Aβ<sub>40</sub> and a 14-fold increase in those of Aβ<sub>42</sub> (28), whereas plaque formation occurred in APP23 mice at 6 months of age, together with a notable decrease in the CA1 pyramidal neurons which correlated inversely with the plaque loads in this region (29). When a human mutant presenilin gene was introduced, TgAPP<sub>Swe</sub> mice displayed abundant plaques in the neocortex, olfactory bulb, thalamus and hypothalamus at an earlier age (30). These mice also exhibited progressive plaque accumulation, astrocytic and microglial activation, as well as behavioral deficits related to Aβ<sub>42</sub> loads in the hippocampus.

These findings provide support for the ‘amyloid cascade hypothesis’ as an explanation for the pathogenesis of AD, and the experimental models provide valuable tools for the testing of Aβ-modifying drugs. However, APP transgenic mice seldom present with NFTs and neuronal loss, which are the hallmarks
of AD. This may be associated with the fact that multiple genes, rather than APP alone, are involved in the occurrence of AD and information learned from studies of familial AD (fAD) may not be applicable to sporadic AD (sAD) (31).

**Tau transgenic mice.** In order to elucidate the role of tau in the pathology of AD, transgenic mouse models have been developed to express human tau protein using different promoters. As there are 6 tau isoforms in humans, numerous transgenic models have been created. In a previous study, when a human gene encoding a 4-repeat form of tau (P301L) under the PrP promoter was expressed in mice, the tau levels were significantly increased in the neurons of the somatosensory cortex and the motor neurons of the spinal cord (32). The majority of these mice, however, exhibited motor deficits or hind limb paralysis and exhibited no NFT-like changes (33), which was inconsistent with the changes observed in humans. Thus, this model does not induce a phenotype representing human AD (34). In another study, extensive NFTs were also observed in a new mouse model (Thy1.2-Tau22) that expresses 4-repeat human tau mutated at two sites of G272V and P301S under a Thy1.2 promoter, and synaptic dysfunction and synaptic loss were also evident (10). Behavioral analysis of the diseased mice revealed progressive anxiety, delayed learning, as well as spatial memory without motor deficits. In this mouse model, neuropathologies occurred mainly in the hippocampus (10). Of particular note, neuronal loss in the P301L tau mice was lower than that in the P301S tau mice, echoing the fact that patients with early onset of fAD carry the P301S mutation (35).

Gliarial tau inclusions are commonly observed in patients with fAD. This can be modeled in mice using P301L and wide-type human tau which are driven by 2',3'-cyclic nucleotide 3'-phosphodiesterase and glial fibrillary acidic protein (GFAP) promoters, respectively (36,37) (Table I). These two mouse models exhibit neuronal dysfunction and axonal degeneration, suggesting that tau pathology affects neurons.

Taken together, tau transgenic models have proven that mutations in the tau gene can accelerate tau aggregation and cause nerve-cell dysfunction or loss in vivo, thereby imitating an important aspect of human fAD. These models provide valuable tools for AD research with respect to the role and mechanism of tau hyperphosphorylation and aggregation in regulating AD pathology.

**APP and tau double transgenic mice.** As mentioned above, Aβ deposits and NFTs are two features of AD pathology; however, the interaction between Aβ deposits and NFTs remains to be elucidated (31). APP and tau double transgenic mice are candidate models containing both pathological features of AD, which can be used to investigate the interaction between Aβ and tau (Table I). By crossing APP Tg2576 transgenic mice with VLDL lines expressing human mutant tau, transgenic mice carrying both APP and tau genes were obtained (32). These double transgenic mice demonstrated a 7-fold increase in NFT formation accompanied by enhanced Aβ deposits in the olfactory bulb and amygdala compared with that observed in the tau transgenic mice alone; however, no significant difference in the tau level was observed between the single and double transgenic mice (32,38). These results suggest that the Aβ deposits promote NFT formation in AD in double transgenic mice and then enhance the neuropathological correlates of AD brain. This is consistent with the results of other studies demonstrating that Thy1.2 promoter-driven P301L mice injected with Aβ42 exhibited a 5-fold increase in NFT formation at 18 days after the injection of Aβ into the amygdala (39). Taken together, these findings challenge the idea that tauopathy is merely a downstream effect of Aβ deposition, and confirm that Aβ deposits interact with tau protein in vivo, and indicate that the interaction between Aβ and tau should be further studied as a potential target for AD therapies.

**Triple transgenic mice.** Despite plaque and NFT formation, the APP and tau double transgenic mice exhibited the same level
of Aβ deposits compared to that in the single APP transgenic mice, indicating that these mouse models do not accurately reflect AD. Triple transgenic mice (3xTg-AD), expressing APPswe, PS1M146V and tauP301L transgenes, have been shown to develop extracellular Aβ deposits from 6 months of age and a tau-related pathology at 10-12 months of age, which began in the hippocampus and then expanded to the neocortex, closely mimicking the development pattern of Aβ and tauopathy in the human AD brain (40) (Table I). At the same time, amyloidosis and tauopathy were accompanied by neuronal and synaptic loss, and age-related behavior deficits were also present prior to the development of plaques and tangle pathology (40). In this model, microglial activation and the upregulation of inflammatory markers were observed at 3 months of age, in parallel

Table I. Summary of transgenic animal models of AD mentioned in this review.

<table>
<thead>
<tr>
<th>Models</th>
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<th>Pathological changes</th>
<th>Neurological deficits</th>
<th>Refs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>APP transgenic mice</td>
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<tr>
<td>PDAPP</td>
<td>hAPP695(Ind), PDGF promoter</td>
<td>Aβs; plaques at 6-9 months; synaptic loss; astrocytosis; no NFTs</td>
<td>Cognitive deficits at 6 months</td>
<td>(27)</td>
</tr>
<tr>
<td>APP23</td>
<td>hAPP751(Swe), Thy-1 promoter</td>
<td>Plaques at 6 months; vascular Aβ deposits; synaptic loss; inflammation; no NFTs</td>
<td>Cognitive deficits at 3 months</td>
<td>(29)</td>
</tr>
<tr>
<td>Tg2576</td>
<td>hAPP695(Swe), HamPrP promoter</td>
<td>Extensive plaques in cortical and limbic structures at 8 months; synaptic loss; no NFTs</td>
<td>Cognitive impairment at 9 months(28)</td>
<td>(28)</td>
</tr>
<tr>
<td>PS2APP</td>
<td>hAPP695(Swe), PSE2N1411, Thy-1.2 promoter</td>
<td>Severe plaques at 5 months; synaptic loss; inflammation; glial activation; no NFTs</td>
<td>Behavioral and cognitive decline at 8 months</td>
<td>(30)</td>
</tr>
<tr>
<td>Tau transgenic mice</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>PrP-Tau</td>
<td>hTau(P301L), MurinePrP promoter</td>
<td>Age- and gene-dependent development of NFTs in brain and spinal cord 6 months NFTs; mild astrogliosis; synaptic loss</td>
<td>Behavioral and motor deficits at 6 months</td>
<td>(34,39)</td>
</tr>
<tr>
<td>Thy-Tau22</td>
<td>hTau(P301S), Thy-1.2 promoter</td>
<td></td>
<td>Decline in learning at 3 months, memory at 6 months</td>
<td>(36)</td>
</tr>
<tr>
<td>GFAP-Tau</td>
<td>hTau(P301L), GFAP promoter</td>
<td>Astrocytic tau pathology; mild BBB disruption; focal neuron damage</td>
<td>Motor deficits</td>
<td>(36)</td>
</tr>
<tr>
<td>APP and tau double transgenic mice</td>
<td>hAPP695(Swe), hTau(P301L); PrP promoter</td>
<td>Aβ deposits; NFTs; nerve loss at 8-15 months</td>
<td>Motor disturbance</td>
<td>(38)</td>
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<tr>
<td>Triple transgenic mice</td>
<td></td>
<td></td>
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<tr>
<td>3xTg-AD</td>
<td>hAPP695(Swe), Thy1 promoter, hTau(P301L), Thy1 promoter, PSEN1(M146V)mPS1 promoter</td>
<td>Aβ deposits at 6 months; NFTs at 10-12 months; neuronal and synaptic loss; microglial activation; inflammation</td>
<td>Age-related behavior deficits</td>
<td>(40)</td>
</tr>
<tr>
<td>Five transgenic mice</td>
<td></td>
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</tr>
<tr>
<td>5xTg-AD</td>
<td>hAPP695(Swe, Lon, Flo), PSEN1(M146L, L28V), Thy1 promoter</td>
<td>Excessive Aβ42; Aβ plaque at 2 months; gliosis; synaptic loss; no NFTs</td>
<td>Memory and cognitive loss</td>
<td>(43)</td>
</tr>
<tr>
<td>Transgenic rats for AD</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>APPswe</td>
<td>hAPP751(Swe), PDGF promoter</td>
<td>Increased Aβ40 and Aβ42 peptide at 17-18 months; plaques</td>
<td>Learning and memory decline</td>
<td>(46)</td>
</tr>
<tr>
<td>PS1APP</td>
<td>hAPP695(Swe), PSEN1(M146V), synapsin I promoter</td>
<td>Aβ deposits at 7 months; astrocytic and microglial activation; increased p-tau reactivity; no NFTs</td>
<td>Behavioral deficits</td>
<td>(57)</td>
</tr>
<tr>
<td>Thy-Tau</td>
<td>hTau truncated (151-391), Thy1 promoter</td>
<td>Increased p-tau, tangles in cortex; no neuron loss</td>
<td>Decreased lifespan</td>
<td>(47)</td>
</tr>
</tbody>
</table>

*aThis list is not comprehensive, but includes most commonly used models. APP, amyloid precursor protein; NFT, neurofibrillary tangle; PESN, presenilin; p-tau, phosphorylated tau.*
with the increase in Aβ deposits (41). It appears that this model simulates the key pathological features of human AD and has the potential to be used to validate therapies targeting the mechanisms underlying AD pathology. This model has been widely used in the study of AD pathophysiology and the testing of potential therapies.

5xFAD transgenic mice. Although triple transgenic mice present a neuropathology similar to that observed in AD, most transgenic models develop plaques slowly (31). To accelerate plaque formation and the effects of very high cerebral Aβ levels, investigators generated new transgenic mice that co-expressed five fAD mutant genes (5xTg-AD) and Aβ plaque formation was increased at 2 months of age (42,43). These 5xTg-AD mice produced excessive amounts of Aβ42, exceeding that of Aβ40, suggesting that fAD mutations, when combined together, have an additive effect, resulting in increased Aβ42 production and the promotion of plaque formation at an early age (43). This model exhibits an extensive accumulation of intraneuronal Aβ42 within the neuronal soma and neurites at 1.5 months before plaque formation, indicating that intracellular Aβ deposits may be involved in plaque formation, neurodegeneration and neuronal loss (31). Furthermore, 5xTg-AD mice exhibited marked gliosis, reduced synaptic markers, and notable memory and cognitive loss. However, abnormal tau hyperphosphorylation was not observed in the 5xTg-AD mice (42,43). These findings suggest that more complex mechanisms than the ‘amyloid cascade hypothesis’ alone are involved in the pathogenesis of AD and further analysis of pathological tau epitopes is required (31). The rapid development of amyloid pathology in the 5xTg-AD mice renders them candidate models for studying AD-like amyloidosis. However, the condition that this model represents rarely occurs since no cases of AD have been reported to carry all five familial mutations (31); this should be taken into account when using the data obtained from this model.

Transgenic rats. Transgenic rats offer distinctive advantages over mice in many aspects, including rich, well-characterized behaviors, as well as being closer genetically, physiologically and morphologically to humans than mice. Thus, great efforts have been made to develop models of AD in transgenic rats, as well as in transgenic mice (Table I). The earliest transgenic rat models of AD were developed by using wide-type APP transgene, which exhibited an accumulation of intracellular Aβ without extracellular senile plaques (44) until 17-18 months of age (45,46). When a human PSI transgene was introduced, the resulting rats exhibited progressive plaque accumulation, astrocytic and microglial activation, tau hyperphosphorylation, as well as behavioral deficits related to Aβ42 loads in the hippocampus, with the onset of Aβ deposition at 7 months (45). The first transgenic rat models developing progressive NFTs expressed a human 3-repeat tau protein (47), which formed NFTs in neocortices at 9 months of age. Unfortunately, this model exhibited no neuronal damage in the hippocampus and neocortex, despite largest accumulations of tangles in these regions.

As a whole, the currently available transgenic rat models recapitulate some, but not all aspects of AD, and thus, the extrapolation of obtained conclusions to humans requires a measure of caution. Furthermore, rat embryo cells are difficult to acquire due to technical reasons, and the survival of embryos after injection is low, thus rendering rat transgenesis more demanding and transgenic rats less accessible for AD research (4).

4. Non-transgenic animal models of AD

Natural AD models of AD. Memory loss is often the first, and common feature of old age. Thus, aged animals may potentially be used as natural models of memory deficits and dementia. Various animals ranging from rodents to non-human primates have been shown to spontaneously develop AD neuropathology followed by cognitive impairments similar to those observed in patients with AD (21,48). These animals models are valuable tools that may be used to reveal the natural pathophysiology of AD, since they are non-invasive and without any neurochemical manipulations (Table II).

The rodent is the most frequently used animal in experimental research due to the low cost, availability and ease of manipulation, as well as well-characterized behaviors (Table II). Prior studies conducted on rats have advanced our understanding of APP processing and revealed that nepsilysin and insulin-degrading enzyme are the primary proteases implicated in Aβ degradation (49,50). Rats have also been used to investigate the spatial and temporal expression of different APP isoforms (51), the impact of Aβ aggregation on cholinergic and glutamatergic neurons (52), the influence of age or diet on the effects of intracerebral injections of Aβ peptides, correlations between cognitive deficits and AD pathology, as well as the cognitive improvements after new therapies. However, the primary structure and complete profile of Aβ peptide generated from APP processing in rats is different from that in humans (53), limiting their use in investigating the long-term effects of APP manipulation. Guinea pigs, another type of rodent, are similar to humans in terms of the Aβ sequence and patterns of APP processing, making them suitable models for the study of the physiological functions of APP and Aβ processing. Nonetheless, limitations still exist as to the use of this animal as there are no typical senile plaques and NFTs in the diseased brain and a lack of good behavioral assessments for this species (54).

Another example of a rodent model includes the senescence-accelerated mouse (SAM) model which simulates several of the silent features of AD (55). Early in 1981, SAM models were developed through phenotypic selection from a common genetic pool of AKP/J strain of mice, including nine senescence-accelerated mouse-prone (SAMP) substrains that underwent accelerated aging and three senescence-accelerated mouse-resistant substrains that underwent normal aging processes (56). In subsequent studies, the SAMP8 strain was found to be a reliable model for dementia, developing deficits in memory and learning at an early age (57). OXYS rats have reportedly been used as senescence-accelerated models of AD-like pathology as their cognitive deficits are associated with the overexpression of APP, the accumulation of Aβ, as well as hyperphosphorylated tau in the brain (58). It has been demonstrated that senescence-accelerated rodents present with alterations in various genes and proteins that are involved in neuroprotection, signal transduction, oxygen species production (59) and immune reactions (60). Thus, these animals may be used to explore the underlying mechanisms behind age-dependent learning and memory deficits at the gene and the protein level (21).
<table>
<thead>
<tr>
<th>Models</th>
<th>Pathophysiological changes</th>
<th>Advantages</th>
<th>Limitations</th>
<th>When to use for mimicking AD</th>
<th>Refs.</th>
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<tbody>
<tr>
<td>Natural AD model</td>
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<tr>
<td>Rodents</td>
<td>Aβs; memory and learning deficits</td>
<td>Small size; short life-span; accessible; low cost; assessable behaviors</td>
<td>Different Aβ sequence and profile; Aβs initiate in neocortex</td>
<td>For APP processing; impact of Aβs; pathophysiological changes after therapies</td>
<td>(51)</td>
</tr>
<tr>
<td>SAMP8 mice</td>
<td>Refer to the above</td>
<td>Accelerated senescence; assessable behaviors; age-related cognitive deficits</td>
<td>Refer to the above</td>
<td>For genetic and proteomic alterations under age-related memory and learning deficits</td>
<td>(114)</td>
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<tr>
<td>OXYS rats</td>
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<tr>
<td>Dog</td>
<td>Aβ deposits; cognitive deficits</td>
<td>Similar Aβ sequences and distributions to humans; correlates between Aβs and cognitive deficits</td>
<td>No NFTs; need predict which dog will develop AD</td>
<td>For new diagnostic tools; preclinical testing of drugs</td>
<td>(63,64)</td>
</tr>
<tr>
<td>Non-human primates</td>
<td>Aβ deposits; NFTs; brain atrophy; cognitive deficits</td>
<td>Comparable brain anatomy and genetic proximity, similar AD-pathology to humans</td>
<td>Long developmental period; low output; high costs; ethical constraints</td>
<td>For diagnostic markers; testing safety and effectiveness of new drugs</td>
<td>(75,76)</td>
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<tr>
<td>High-fat diet induced model</td>
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</tr>
<tr>
<td>Rodents</td>
<td>Aβ deposits; cognitive deficits</td>
<td>Easy manipulation; abnormalities in genes and proteins</td>
<td>Costs time and vigor; devoid other metabolic abnormalities; no NFTs</td>
<td>For the role and mechanism of different dietary components in AD</td>
<td>(77,79)</td>
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<tr>
<td>Intervention model</td>
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<tr>
<td>Chemically-induced model</td>
<td>Specific neurotransmitter pathway damage; cognitive deficits</td>
<td>Rapid; easy to obtain; specific; similar cognitive deficits to humans</td>
<td>No neurodegenerative process</td>
<td>For the complex mechanisms of dementia; testing symptomatic treatments</td>
<td>(89)</td>
</tr>
<tr>
<td>Lesion model</td>
<td>Memory and learning deficits</td>
<td>Refer to the above</td>
<td>No plaques and NFTs; only some models show neurodegeneration</td>
<td>Refer to the above</td>
<td>(92,93)</td>
</tr>
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*This table is not comprehensive but includes most commonly used models. Aβ, β-amyloid plaques; AD, Alzheimer's disease; NFTs, neurofibrillary tangles.
The dog has been proposed as a particularly suitable model for studying human AD due to the close phylogenetic proximity of canines to humans (61). Dogs have a conserved Aβ sequence identical to humans and may spontaneously develop age-associated cognitive dysfunction resembling aspects of AD, and measures of cognitive function have been well characterized. It has been reported that dogs develop diffuse Aβ deposits and age-associated plaques, and the extent of Aβ deposits correlates well with cognitive decline in the absence of NFTs (62,63). In previous studies, histopathological analysis of a canine model of AD revealed that the foremost and consistently impaired regions were within the prefrontal cortex, including the hippocampus and gyrus proterus (63,64), and the anatomical spreading of Aβ accumulation, beginning from the deep brain and progressing to the neocortex (64), in contrast to that observed in human AD. Due to the correlation between age-associated Aβ deposits and cognitive decline, dogs are the most widely used animals for the pre-clinical validation of a variety of drugs (66), and almost all therapies currently used for patients with AD, including cholinesterase inhibitors, have been tested on dogs (67). However, NFTs and dense neuritic plaques do not appear consistently in all aging dogs, and Aβ accumulation is merely observed in a few dogs rather than appearing as a natural consequence of normal aging (68). In addition, some dogs develop heavy Aβ burdens in their brains, but present with no apparent cognitive decline (69). Furthermore, the development of neuropathology takes a long period of time in dogs due to their relatively longer lifespan. This requires the exploitation of new diagnostic tools to predict which dog will develop AD-like symptoms. As such, dogs offer a useful model in the search for indicators for predicting AD.

Primates share many diseases of aging with humans and thereby are among the few animal species that develop age-related neuropathologies similar to human AD (Table II). Of the primates, the mouse lemur serves as a reliable model that presents with Aβ plaques, NFTs and other AD-related pathologies (70), accounting for a more complete disease model. Moreover, this animal has a relatively short lifespan of 8-10 years, and approximately 20% of mouse lemurs aged 5 years or older have been found to exhibit notable cerebral atrophy, extensive Aβ accumulation, tautopathy and cholinergic dysfunction (71). Further studies on mouse lemurs have revealed that brain atrophy is associated with Aβ accumulation in parallel with cognitive impairment, and the age-related cytoskeletal abnormalities caused by NFTs are similar to those observed in humans (72). However, it should be noted that the Aβ distribution in mouse lemurs differs from that in humans, in that Aβ accumulation begins in the hippocampus of humans, but in the neocortices of mouse lemurs (73). In contrast to mouse lemurs, monkeys have a closer genetic proximity to humans and suffer significant AD-like lesions in the brain regions suspected to affect cognitive function when elderly (over 19 years of age) (74). These advantages make primates ideal models to identify diagnostic markers and to develop safe and effective treatments for human AD (75,76). However, their long developmental period, low reproductive output, high costs and ethical constraints limit their wider application in studies of AD.

**Models of high-fat diet (HFD)-induced AD.** In these models, animals are fed a HFD, a process that results in hypercholesteremia (77) (Table II). Despite the presence of hypercholesteremia, these animals are not true models of AD as they are often devoid of other attendant metabolic abnormalities associated with AD (78). Dementia is always induced in HFD-fed rats over a 3-month period, with increased Aβ deposits present at the same time (79). It has been shown that a HFD increases the brain cholesterol concentration by producing a higher serum cholesterol level, and there is a positive feed-back association between cerebral and serum cholesterol levels (80). As cholesterol plays an important role in the clearance and deposition of Aβ peptide, increased cholesterol levels in the brain promote the generation and deposition of Aβ peptides (81), and Aβ deposits can cause cognitive decline by inducing inflammatory responses, as well as oxidative and nitrosative stress (82). During this process, insulin sensitivity and glucose intolerance are also decreased in HFD-fed animals, which increases the risk of susceptibility to AD (83). This model is often used to investigate the importance of different dietary components in AD pathophysiology. However, the experimental procedure involved with the use of this model is fat too time-consuming (84).

**Intervention models of AD.** The intervention model was established to explore the role of one specific neurotransmitter pathway in AD pathophysiology, and in particular to test the cholinergic hypothesis of AD (4). To establish such models, animals are subjected to intracranial injections of chemical substances or the induction of lesions into specific brain regions to reproduce AD (Table II). The established models represent some characteristics of AD, such as deficits in cholinergic function and learning impairments (4).

The chemically-induced models of AD were established initially in rats (85) in order to investigate the effects of injected Aβ on the surrounding neurons (52). Other substances used to induce an AD-like pathology include the relatively specific scopolamine for cholinergic neurons (86), L-methionine for activating NMDA receptors (87), okadaic acid for tau phosphorylation (88), sodium azide for mitochondrial dysfunction (89), as well as heavy metal for increasing reactive oxygen species (90). These substances induce dementia in animals by blocking neuronal or neurotransmitter pathways, which provide a distinctive means to study the effects of damage to a specific neurotransmitting pathway on cognitive function and also to test crucial drugs targeted at these pathways.

Lesion models were established based on previous findings showing that injury to specific brain regions, such as the medial temporal lobe produced memory loss (91). When a bilateral transection was performed in the hippocampal fimbria-fornix, memory and learning deficits were observed in the injured rats (92). In light of these findings, researchers imposed radiofrequency lesions to the lateral internal medullary lamina region of the thalamus in rats, which led to a significant cognitive decline in the diseased animals (93), and in addition, neurodegeneration similar to human AD was found in the brain regions of these rats distant to the site of injury (93). These lesion models offer novel insight into the multiple mechanisms of memory and learning loss, and are of particular use to develop symptomatic treatments for dementia.

As noted above, the intervention models replicate many of the clinical symptoms associated with AD, suggesting complex mechanisms underlie memory and learning loss. Due to a lack
of typical senile plaques and NFTs, most of these models do not, however, represent accurate modeling systems for AD. Although cerebral injections of Aβ produced some features of AD, such as cholinergic dysfunction and behavioral deficits, the progressive neurodegeneration characteristic of AD was not observed. Thus, therapies designed to halt the pathological progression of AD should not be tested on these models.

5. In vitro models of AD

In contrast to in vivo animal models, in vitro models of AD provide a prompt and direct manner with which to reveal the pathological changes occurring in AD and also to study the responses of nerve cells to treatments at molecular and cellular levels. With the technological advances in cell biology, in vitro AD models have been extensively developed.

Tissue models. Brain tissue, cultured in vitro, provides a good platform for studying the impact of AD-associated substances, such as Aβ on nerve cells (Table III). In an earlier study, Yankner et al (7) treated cultured hippocampal neurons with various synthetic Aβ fragments, and found that Aβ peptides were neurotrophic to undifferentiated neurons, but neurotoxic to mature neurons, wherein the proportion of Aβ25-35 mediated the trophic and toxic effects of Aβs. They also showed that the effects of Aβ can be mimicked by tachykinin antagonists and be completely reversed by specific tachykinin agonists. Similar findings were obtained in the study by Itozaka et al (8). In other studies, in vitro cultured neurons were employed as a model to reproduce the pathophysiological changes involved in AD, including inflammatory reactions, enzyme kinetics, cellular ion homeostasis, altered signal pathways, as well as epigenetic regulations (94,95). Due to the ease of manipulation and the controllable environments, these models are also used to test therapeutics targeted at AD pathophysiology (96) and to reveal the underlying molecular mechanisms (97,98).

Moreover, investigators have developed metabolically competent brain slices in order to model the regulation of AD pathophysiology (Table III). In a previous study, Gong et al (99) treated the metabolically active rat brain slices with okadaic acid to inhibit protein phosphatase 2A, and found that the hyperphosphorylation of tau at many sites was observed in AD, as well as the accumulation of hyperphosphorylated tau in pyramidal neurons located in the hippocampus and cortex. The phosphorylation of MAP protein was also displayed with this model (99). Thus, this model not only recapitulates the pathological alterations associated with AD biochemically, but also reveals their regional distribution histologically (99,100). In another study, Li et al (101) demonstrated that memantine inhibited and reversed the Alzheimer type normal tau hyperphosphorylation and associated neurodegeneration using the metabolically active rat brain slices. Taken together, the findings of these studies demonstrate that brain slices may be used to model AD at a biochemical level and test potential therapies. Furthermore, neurons in the brain slices, unlike cultured cells, reside in the physiological environment of the brain, consisting of natural extracellular matrix, neuronal connectivity, and neuronal-glial interactions, which points to a more accurate model of AD (99).

Cell models. Progress in stem cell techniques has broadened our horizon for in vitro disease modeling (Table III). For AD, disease-specific induced pluripotent stem cell (iPSC) lines have been generated from patients with sAD or fAD (102), providing

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AD, Alzheimer's disease; iPSC, induced pluripotent stem cell; p-Tau, hyperphosphorylated tau.

Table III. Summary of identified aspects of AD by different in vitro models and the associated limitations.
an effective approach for disease modeling and drug discovery. In the study by Yagi et al (103), iPSCs were acquired from patients with fAD with mutations in PS1 and PS2, which demonstrated increased levels of Aβ42 in all iPSC lines, supporting the role of Aβ as an initiating factor in AD pathogenesis. Using the same method, Israel et al (104) generated iPSCs not only from patients with fAD, but also sporadic cases. In their study, the iPSC-derived neurons exhibited significantly higher levels of Aβ40, phospho-tau, GSK-3β, and endosomes (104). Phenotypic analysis revealed that neurons with the genome of sAD cases exhibited the phenotypes observed in fAD samples, suggesting that genetics plays an important, albeit complex, role in sAD. In a previous study, when docosahexaenoic acid (DHA) was used to treat AD iPSC-derived neurons (105), intracellular Aβ loads were notably reduced in sAD and fAD AD neurons, while the stress response of neurons was alleviated in only one patient with sAD, suggesting that heterogeneity exists between patients with sAD and fAD, and indicating that DHA may be effective in some patients with AD. These results indicate that iPSCs provide a unique platform for observing AD-associated phenotypes and therapeutic screening. As iPSC lines from patients with sAD carry different genetic variants, the generation of sufficient stem cells is required to fully guide drug development and enhance our understanding of AD.

Human neuroblastoma cell lines are also used as a model to simulate AD pathophysiology (Table III). Macias et al (106) reported the modeling of the APP-processing pathway in human neuroblastoma cells, which expressed critical components of the amyloidogenic cascade as observed in AD. In a previous study, when carnosic acid (CA) was used to treat human neuroblastoma cells exposed to Aβ42, it was found that CA attenuated cell apoptosis by suppressing the activated caspase cascades due to intracellular Aβ aggregation (107). Likewise, the dual blockade of A1 and A2A adenosine receptors has also been demonstrated to prevent Aβ toxicity in neuroblastoma cells exposed to aluminum chloride (108). These results indicate that human neuroblastoma cell lines can be modified to model certain aspects of AD pathophysiology so as to explore the underlying mechanisms and to develop potential treatment drugs.

**Molecular simulation models.** Recently, researchers have attempted to simulate the molecular events in the pathophysiology of AD in vitro, so as to establish efficient model systems for speeding up the drug development process (Table III). Denis (109) created an NADPH oxidase-nitric oxide system as an antibubble biomachinery, to imitate the inflammatory cascade seen in AD. This biomachinery induced neuronal death by triggering a guanylyl-cyclase-mediated inflammatory cascade. Researchers have also reported the establishment of molecular dynamics simulations of model systems that are comprised of an Aβ40 peptide in water in interaction with β-sheet breakers mimicking the 17-21 region of Aβ40 sequence (110), showing that β-sheet breakers inhibit Aβ40 aggregation by stabilizing its native structure. These studies have provided us with streamlined approaches to dissect the molecular functions of endogenous regulatory pathways involved in AD, permitting the direct mechanistic studies of the modulators of these pathways. These approaches are also used to screen possible therapeutic compounds efficiently and evidently.

6. **Current status and future development of experimental models of AD**

**Current status of experimental models of AD and strategies for model selection.** Experimental models of AD have greatly enhanced our understanding of the disease process of AD and promoted the development of novel therapies. While transgenic animal models enable researchers to explore the genetic etiology of AD, and have led to the establishment of more complete models of AD which may be used for genetic manipulation and the identification of novel therapies, non-transgenic animal models recapitulate the natural process of AD including its occurrence, evolution and prognosis, which has shown a high application value in earlier studies. By contrast, in vitro models isolate specific molecular pathways from others in AD, permitting therapeutic screening in a rapid and direct way. Among them, transgenic models are the most popularly used in AD research.

However, there are obvious limitations with current experimental models of AD. To date, none of the existing models reproduce all aspects of human AD. Although transgenic animals for modeling AD produce Aβ plaques and NFTs with a spatial and temporal distribution similar to humans, most of these models mimic fAD closely but not sAD conditions, and the latter accounts for >90% of AD cases (111). There are certain pathophysiological differences between fAD and sAD, in which one is driven primarily by Aβ overproduction and the other is not. This may explain why so many treatments have shown significant benefits by suppressing the β-secretase in animal models carrying hAPP?′ genes, yet fail to clinically treat sAD. Human iPSCs isolated from patients with AD may serve as a valuable tool to bridge the gap between animal studies and clinical testing. However, sAD is characterized by its multifactorial nature and various clinical phenotypes, which may differ further during the long period of pathology development; this may lead to inconsistencies in different iPSC lines even from the same patient. In addition, there are marked differences in the genetic background, biochemical composition and metabolism among different animals that make it difficult to compare the resulting data across species. Due to the complexity of AD conditions, further studies are warranted to define the pathological signatures of different forms of AD in humans and in model animals.

The selection of one particular model for AD research should be based on the research objectives and the advantages of each model. In general, transgenic animals are of the first choice for modeling AD pathophysiology and testing new therapeutics, although new treatments should be tested in natural models, such as primates prior to clinical trials. *In vitro* models provide a fast and efficient means of exploring the molecular mechanisms behind AD and to preliminarily screen new therapeutics. Each type of AD model mimics specific stages of AD pathophysiological changes (Fig. 2A) and shows different efficiency in therapeutic screening (Fig. 2B), which should be taken into account in AD model selection.

**The future of experimental models of AD.** The advent of interference RNAs and antibody arrays may make it possible to acquire ‘perfect’ models in the years to come by using these substances through epigenetic mechanisms. It is expected
that there will be a wider application of genetic technology to models of AD (111). Furthermore, the development of optogenetics provides an appealing method with which to evaluate the physiological changes of model cells at a cellular level with a level of high accuracy (94). The use of this technique in AD will allow the observation of the ‘behavioral responses’ of cell models or tissue models; however, there are limited studies on this aspect to date (94) and further investigations into this matter are thus required. In addition, computational technology combined with the molecular simulation model may be used to mimic molecular structures, such as Aβ peptide, and screen novel therapeutics efficiently (110,112). It is likely that in the coming years, these techniques will be widely used in the research of AD.

Recently, attention has been focused on combined approaches that rely on the limited existing models in order to induce a pronounced pathology. The models of one type may not accurately reproduce the anatomical distribution of lesions observed in humans, although biochemically, they are quite similar to human conditions. In terms of neurological impairments, neuroanatomy and endocrine systems, animals models are superior to in vitro models. By contrast, in vitro models exhibit significant advantages over animal models in dissecting signaling pathways, performing modifier screenings and analyzing families of mutations. Using a combination of multiple models has been shown to accelerate the pathogenic disclosure and drug development process in AD (113). This may be one direction for modeling AD in future studies.

7. Conclusion

Over the past decades, great progress has been made in the understanding of the athophysiology of AD and the underlying genetic and biochemical alterations. In parallel, a variety of experimental models of AD, including animal models and in vitro models, have been developed. Animal models cast light on the neurodegeneration conditions and facilitate the exploration of pathological, physiological, and behavioral changes occurring in AD. In vitro models allow accurate and reproducible control of extracellular environments, providing additional information for animal models. All these models are particularly suitable for studying the pathophysiology of AD and evaluating potential therapies. Each model offers particular benefits, as well as specific limitations. Selecting an experimental model is dependent on both the research goals and the underlying objectives of the study.

As a whole, the experimental models of AD discussed in this review have contributed to our understanding of AD. Nevertheless, none of these models are able to reproduce all aspects of disease progression in the vast majority of AD subtypes. Thus, current models require additional modifica-
tions so as to fully replicate the complex conditions of human AD. Undoubtedly, experimental models will continue to play a vital role in future AD research.

Acknowledgements

This study was supported by the National High Technology Research and Development Program (‘973’ program, no. 2014CB541603; ‘863’ program, no. 2013AA020106) and the National Natural Science Foundation (nos. 81301061 and 81200916) of China.

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