Hydrogen sulfide protects H9c2 cardiac cells against doxorubicin-induced cytotoxicity through the PI3K/Akt/FoxO3a pathway

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Abstract. Doxorubicin (DOX) is an efficient drug used in cancer therapy that also produces reactive oxygen species (ROS) that induces severe cytotoxicity, which limits its clinical application. Hydrogen sulfide (H2S), a novel gasotransmitter, has been shown to exert cardioprotective effects. The present study aimed to determine whether exogenous H2S protects H9c2 cardiac cells against DOX-induced cytotoxicity and whether these protective effects are mediated through the PI3K/Akt/FoxO3a pathway. The H9c2 cardiac cells were exposed to 5 µM DOX for 24 h to establish a model of DOX-induced cardiotoxicity. The results showed that the treatment of H9c2 cardiac cells with sodium hydrosulfide (NaHS) for 30 min prior to DOX exposure markedly attenuated the phosphorylation of Akt and FoxO3a. Notably, pre-treatment of the H9c2 cells with NaHS significantly attenuated the nuclear localization of FoxO3a as well as the apoptosis of H9c2 cells induced by DOX. The treatment of H9c2 cells with N-acetyl-L-cysteine (NAC), a scavenger of ROS, prior to DOX exposure, also markedly increased the phosphorylation of Akt and FoxO3a which was inhibited by DOX alone. Furthermore, pre-treatment with LY294002, a selective inhibitor of PI3K/Akt, reversed the protective effect of H2S against DOX-induced injury of cardiomyocytes, as demonstrated by an increased number of apoptotic cells, a decrease in cell viability and the reduced phosphorylation of Akt and FoxO3a. These findings suggested that exogenous H2S attenuates DOX-induced cytotoxic effects in H9c2 cardiac cells through the PI3K/Akt/FoxO3a pathway.

Introduction

Doxorubicin (DOX) is one of the most widely used anticancer drugs because of its potent therapeutic effects on various types of cancer, including leukemia, lymphoma and breast cancer. However, the clinical use of DOX is limited by severe cardiotoxicity, which may lead to dilated cardiomyopathy and congestive heart failure (1). The production of reactive oxygen species (ROS) is involved in the toxic effect elicited by DOX on cardiomyocytes and endothelial cells, and in the promotion of endothelial dysfunction (2) and apoptosis (3). A number of pharmacological interventions have been suggested as therapies to protect against DOX-induced cardiotoxicity.

Hydrogen sulfide (H2S) is considered a toxic gas, and has been classified as the third gasotransmitter, together with nitric oxide and carbon monoxide, and exerts various effects on the cardiovascular system (4). Previous findings have shown that H2S protects the heart from myocardial ischemia-reperfusion (IR) injury (5). In a previous study, it was demonstrated that the increased generation of endogenous H2S in the early reperfusion phase has an important function in ischemic pre-conditioning-elicited protection in isolated hearts (6).

The forkhead box class O (FoxO) subfamily of forkhead transcription factors comprises the members FoxO1, FoxO3a, and FoxO4, which are downstream targets of Akt (7). FoxO3a is involved in the regulation of various cell processes, including proliferation and apoptosis, as well as protection against oxidative stress and metabolism (8). A model of β-amyloid-induced neuron death was used to demonstrate that FoxO3a is activated, translocates to the nucleus, and subsequently mediates neuron death through Bim (9). In neonatal rat ventricular myocytes (NRVMs), hyperglycemia was demonstrated to
markedly enhance the apoptosis of NRVMs through the translocation of FoxO3a to the nucleus, and the resultant enhanced transcriptional activity of FoxO3a (10). Li et al found that the PI3K/Akt/FoxO3a pathway is involved in neuronal apoptosis in the brain of a developing rat (11). In a previous study, it was demonstrated that resveratrol protects PC12 cells against high glucose-induced oxidative stress and apoptosis through the activation of the PI3K/Akt/FoxO3a signaling pathway (12). In addition, sodium tanshionine IIA sulfonate (13) and bromlain (14) have been found to protect rat hearts against IR injury through the activation of the PI3K/Akt/FoxO3a pathway. Therefore, we hypothesized that the PI3K/Akt/FoxO3a pathway may be involved in the protective effect of exogenous H$_2$S against DOX-induced cardiotoxicity in H9c2 cardiac cells.

To examine this hypothesis, H9c2 cells were treated with 5 µM DOX in the present study to establish a model of chemotherapy-induced cardiotoxicity as previously described (15). Subsequently, we examined: i) the effect of DOX on the phosphorylation of Akt and FoxO3a; ii) the effect of exogenous H$_2$S on the DOX-induced translocation of FoxO3a to the nucleus where it subsequently mediates H9c2 cardiac cell death through Bim; and iii) whether exogenous H$_2$S protects H9c2 cells against DOX-induced cardiotoxicity through the PI3K/Akt/FoxO3a pathway.

Materials and methods

Materials. Methyl thiazolyl tetrazolium (MTT), Hoechst 33258, 2',7'-dichlorofluorescein diacetate (DCFH-DA), DOX, sodium hydrosulfide (NaHS), and N-acetyl-L-cysteine (NAC) were purchased from Sigma-Aldrich (St. Louis, MO, USA). LY294002 was purchased from Calbiochem (Billerica, MA, USA). The H9c2 cell culture medium components were purchased from Thermo Fisher Scientific (Waltham, MA, USA) unless otherwise noted. The H9c2 cardiac myocytes were obtained from the Shanghai Cell Library of China [originally from the American Type Culture Collection (ATCC); Manassas, VA, USA].

Cell culture. The H9c2 cardiac cells were cultured in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 µg/ml streptomycin (Life Technologies, Carlsbad, CA, USA) and 100 U/ml penicillin-streptomycin (Life Technologies) in a humidified 5% CO$_2$ atmosphere at 37°C. The H9c2 cardiac myocytes were passaged every 2 days. Subsequently, they were seeded at a density of 2x10$^5$ cells/dish in 100-mm dishes with 10% calf serum, incubated for 24 h and then, the medium was replaced with 0.5% FBS DMEM for 24-h serum starvation. To determine the degree of apoptosis, the H9c2 cardiac myocytes were treated with NaHS (100 µM) for 30 min or NAC (1,000 µM) for 60 min, followed by exposure to DOX for 24 h. In some experiments, the H9c2 cells were treated with LY294002 (50 µM) prior to NaHS stimulation.

**Western blot analysis.** H9c2 cells were treated with 0.1, 1, 5 and 10 µM DOX for 24 h (Fig. 1) and exposed to 5 µM DOX for 3, 6, 12 and 24 h (Fig. 2). The cells were homogenized directly in cell lysis buffer (Cell Signaling Technology, Danvers, MA, USA) and phosphatase inhibitor cocktail (Sigma-Aldrich). The lysates were centrifuged at 12000 x g for 10 min at 4°C. The protein concentration was determined with the use of a BCA protein assay kit according to the manufacturer's instructions. For nuclear/cytoplasmic fractionation, the cultured H9c2 cells were fractionated into nuclear and cytoplasmic lysates using a Nuclear and Cytoplasmic Protein Extraction kit (Beyotime Institute of Biotechnology, Shanghai, China) according to the manufacturer's instructions. The extracted proteins were mixed with 5% sodium dodecyl sulfate (SDS)-PAGE sample buffer, boiled at 100°C for 7 min and then separated by electrophoresis on a 10% SDS-polyacrylamide gel. Following electrophoresis, the proteins were transferred to polyvinylidene difluoride membranes (Beyotime Institute of Biotechnology). The membranes were blocked in Tris-buffered saline (TBS) containing 0.1% Tween-20 (TBS-T) with 5% non-fat dry milk, for 2 h at room temperature, with rotation. After blocking, the membranes were incubated with the following antibodies: rabbit anti-Akt polyclonal antibody (cat. no. 9272, 1:2,000), rabbit anti-phosphorylated (p-}

**MTT assay.** The MTT assay is a standard method used to assess cell viability. Prior to each experiment, the H9c2 cardiac myocytes (5x10$^4$ cells/well) were seeded in 96-well microtiter plates. After incubation with the phosphatidylinositol-3-kinase (PI3K) inhibitor LY294002 (50 µM) and/or NaHS for 30 min, the cells were exposed to 5 µM DOX for a further 24 h. Subsequently, 10 µl MTT solution was added to each well, and the plates were incubated for 4 h at 37°C. The absorbance was measured at 470 nm using a SpectraMax 190 Absorbance Microplate Reader (Molecular Devices LLC, Sunnyvale, CA, USA) and used to calculate the relative ratio of cell viability. Three independent experiments were performed for each experimental condition.

**Assessment of H9c2 cell apoptosis.** The analysis of apoptosis was performed by fluorescence microscopy with the chromatin dye Hoechst 33258. After various treatments, the cells were fixed in ice-cold 4% paraformaldehyde dissolved in phosphate-buffered saline (PBS) at room temperature for 20 min. Non-specific binding was blocked using 5% normal goat serum in 0.01 M PBS containing 0.3% Triton X-100 (PBS-T). The cells were washed twice with PBS and incubated with 10 µg/ml Hoechst 33258 for 15 min at room temperature in the dark. The cells were visualized under a fluorescence microscope (BX50-FLA; Olympus, Tokyo, Japan). Apoptotic cells exhibited condensed, fractured or distorted nuclei, whereas viable cells exhibited normal nuclear size and uniform fluorescence.

**Measurement of intracellular ROS levels.** The determination of intracellular ROS levels was performed by measuring the level of a fluorescent product formed by the oxidation of DCFH-DA. Briefly, the culture medium was plated into 96-well microtiter plates. After various treatments, the cells were washed with PBS 3 times. Following the addition of fresh culture medium, the cells were incubated with DCFH-DA at a final concentration of 10 µmol/l for 30 min at 37°C. The cells were washed again with PBS 3 times and then lysed with 500 µl 90% DMSO and 10% PBS for 10 min at room temperature in the dark. The supernatant (200 µl) was transferred to another 96-well microtiter plate. The fluorescence intensity of the oxidized product, 2',7'-dichlorofluorescein (DCF), was measured using a Model F-4500 fluorescence spectrophotometer (Hitachi, Tokyo, Japan) at 495 nm (excitation) and 520 nm (emission). The values were expressed as the percentage of fluorescence intensity relative to the control wells.
Akt (Ser 473) monoclonal antibody (cat. no. 4060, 1:2,000), rabbit anti-FoxO3a polyclonal antibody (cat. no. 12829, 1:2,000), rabbit anti-p-FoxO3a (ser 253) polyclonal antibody (cat. no. 9466, 1:1,000) (all from Cell Signaling Technology) and rabbit anti-Bim polyclonal antibody (ab32158, 1:200; Abcam, Cambridge, MA, USA). The membranes were then incubated in 5% milk or bovine serum albumin overnight at 4˚C. The primary antibody was removed by washing the membranes 3 times in TBS-T, and subsequently incubating the membranes for 2 h with the appropriate horseradish peroxidase-conjugated secondary antibodies. After washing the membranes 3 times in TBS-T, the antigen-antibody bands were detected using an enhanced chemiluminescence reagent kit and quantified using a densitometry program. The data from the western blot analysis of p-Akt and p-FoxO3a were presented as a ratio of the p-forms to their total forms, respectively. The immunoblot of Bim was corrected to the bands of GAPDH.

Statistical analysis. The results are presented as the means ± SEM. Statistical analysis was performed using the Student’s t-test or analysis of variance (ANOVA) with SPSS 13.0 software (SPSS, Inc., Chicago, IL, USA). In all cases, P<0.05 was considered to indicate a statistically significant difference.

Results

DOX decreases the phosphorylation of Akt and FoxO3a in H9c2 cells. To investigate the role of the PI3K/Akt/FoxO3a pathway in DOX-induced cytotoxicity, we investigated the phosphorylation of Akt and FoxO3a in the H9c2 cells following exposure to DOX. The H9c2 cells were treated with DOX at different concentrations for different time periods, and the effect on the phosphorylation of Akt and FoxO3a was determined using western blot analysis. Figs. 1 and 2 show that DOX decreased...
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The phosphorylation of Akt and FoxO3a in the H9c2 cells in a concentration- and time-dependent manner. DOX inhibited the phosphorylation of Akt and FoxO3a in the H9c2 cells at a concentration of 1 µM and the maximal effect was reached at a concentration of 10 µM (Fig. 1). Fig. 2 shows that 5 µM DOX induced a significant decrease in the levels of p-Akt and p-FoxO3a at 6 and 12 h, and it almost completely abolished the phosphorylation of Akt and FoxO3a at 24 h in the H9c2 cells.

Exogenous H₂S ameliorates the DOX-induced decrease in the levels of p-Akt and p-FoxO3a in H9c2 cells. To determine whether the cytoprotective effect of H₂S against DOX-induced toxicity was associated with the PI3K/Akt/FoxO3a pathway in H9c2 cells, we examined the effect of NaHS on the expression of p-Akt and p-FoxO3a. The results showed that treating the H9c2 cells with 100 µM NaHS (a donor of H₂S) for 30 min prior to exposure to 5 µM DOX for 24 h significantly increased

the phosphorylation of Akt and FoxO3a (Fig. 3). Furthermore, NaHS treatment alone also significantly increased the levels of p-Akt and p-FoxO3a compared with the DOX-treated groups. The total Akt and FoxO3a levels remained unchanged among the four groups. These results suggested that the PI3K/Akt/FoxO3a pathway was involved in the protective effect of H₂S.

NAC ameliorates the DOX-induced decrease in the levels of p-Akt and p-FoxO3a in H9c2 cells. The H9c2 cells were treated with 1,000 µM NAC (ROS scavenger) for 60 min prior to exposure to 5 µM DOX for 24 h, to confirm whether the protective effect of H₂S on the DOX-induced decrease in p-Akt and p-FoxO3a is associated with antioxidation. As shown in Fig. 4, the pre-treatment of the H9c2 cells with NAC markedly increased the expression of p-Akt and p-FoxO3a and this was similar to the protective effect observed with NaHS pre-treatment. The total Akt and FoxO3a levels remained unchanged in the four groups.
The results revealed that an antioxidant effect contributed to the protective effect of H\(_2\)S against DOX-induced injuries.

**Exogenous H\(_2\)S induces Akt and FoxO3a phosphorylation through the PI3K/Akt pathway in H9c2 cells.** To investigate the role of the PI3K/Akt pathway in the protective effects of H\(_2\)S, the H9c2 cells were treated with the PI3K inhibitor LY294002 prior to exposure to NaHS plus DOX. The activation of Akt and FoxO3a was determined as described above. LY294002 abolished the stimulation of p-Akt and p-FoxO3a in the presence of NaHS (Fig. 5), but elicited no effect on the expression levels of total Akt and FoxO3a. These results suggested that the PI3K/Akt/FoxO3a pathway was involved in the protective effect of H\(_2\)S.

**DOX enhances the nuclear localization of FoxO3a in H9c2 cells whereas H\(_2\)S blocks the effect of DOX.** The transcription factor FoxO3a functions through its phosphorylation and subcellular localization. The phosphorylation of FoxO3a by Akt causes it to localize in the cytoplasm and inhibit the functions of FoxO3a, including pro-apoptotic effects (25). By contrast, dephosphorylation of this protein promotes the translocation of FoxO3a to the nucleus and triggers apoptosis. To investigate the effects of H\(_2\)S and DOX on FoxO3a, we studied the subcellular localization of FoxO3a following exposure to these reagents. Nuclear and cytosolic proteins from H9c2 cells were extracted, and the subcellular localization of FoxO3a was determined. Fig. 6 shows that DOX enhanced the nuclear localization of FoxO3a in the H9c2 cells, whereas
NaHS blocked the effect of DOX. Co-treatment with the PI3K inhibitor, LY294002, abolished the protective effect of NaHS.

**Exogenous H₂S downregulates Bim expression through the PI3K/Akt-dependent signaling pathway.** A significant down-regulation of Bim protein was observed in the NaHS + DOX group compared with the DOX-treated group. Furthermore, co-treatment with LY294002 increased Bim protein expression compared with the control group (Fig. 7). These results indicated that pre-treatment with NaHS downregulated the expression of Bim through a PI3K/Akt-dependent signaling pathway.

**Exogenous H₂S inhibits DOX-induced cytotoxicity.** Fig. 8A shows that the exposure of the H9c2 cells to DOX for 24 h induced marked cytotoxicity, leading to a decrease in cell viability. However, cell pre-treatment with 100 µM NaHS for 30 min prior to DOX exposure significantly attenuated the degree of DOX-induced cytotoxicity, as demonstrated by an increase in cell viability. The preceding results (Figs. 3 and 5) showed that H₂S attenuated the DOX-induced decrease in p-Akt in the H9c2 cells. Thus, we aimed to confirm whether the PI3K/Akt signaling pathway is involved in the protective effect of H₂S. The treatment of the H9c2 cells with LY294002 and NaHS for 30 min prior to DOX exposure for 24 h abolished the protective effect of H₂S, leading to a decrease in cell viability (Fig. 8A). NaHS alone did not alter the viability of the H9c2 cells. These findings suggested that H₂S exerts a protective effect against DOX-induced cytotoxicity, which may occur through the PI3K/Akt signaling pathway.

**Exogenous H₂S reduces DOX-induced apoptosis in H9c2 cells.** The effects of H₂S on DOX-induced apoptosis were observed. Fig. 8B shows that the apoptotic rate of the H9c2 cells exposed to 5 µM of DOX for 24 h increased significantly. However, cell pre-treatment with 100 µM NaHS for 30 min prior to DOX exposure markedly decreased the DOX-induced increase in the apoptotic rate. To ascertain whether the PI3K/Akt signaling pathway is involved in apoptosis induced by DOX, the H9c2 cells were treated with LY294002 prior to exposure to NaHS plus DOX. The results revealed that pre-treatment with LY294002 abolished the protective effect of H₂S. NaHS alone did not markedly alter the percentage of apoptotic H9c2 cells. These data strongly suggest that H₂S protects DOX-exposed H9c2 cells against apoptosis and this may occur through the PI3K/Akt signaling pathway.

**Exogenous H₂S reduces DOX-induced oxidative stress in H9c2 cells.** The effect of H₂S on the DOX-induced production of ROS was investigated to elucidate whether the antioxidant activity of H₂S affords a cytoprotective effect against DOX-induced cardiotoxicity. Fig. 9 shows that the exposure of H9c2 cells to 5 µM DOX evidently enhanced the generation of intracellular ROS. However, NaHS pre-conditioning for 30 min markedly attenuated the DOX-elicted generation of ROS. Notably, pre-treatment with LY294002 abolished the protective effect of H₂S. However, NaHS alone did not alter the basal levels of intracellular ROS.

**Discussion**

DOX is one of the most widely used and successful antitumor drugs, although the clinical use of DOX is limited by cumulative and dose-dependent cardiotoxic effects. With an increasing population of cancer survivors, there is a growing need to develop preventive strategies and effective therapies against DOX-induced cardiotoxicity, and particularly, late-onset cardiomyopathy. Although the cardiotoxic effects of DOX have been
previously examined, the underlying mechanisms responsible for these effects remain to be elucidated. Mounting evidence supports the hypothesis that free radical-induced oxidative stress, which leads to cardiomyocyte death by apoptosis and necrosis, is a key contributor to DOX-induced cardiotoxicity (16).

Previous findings have demonstrated that exogenous H2S offers protection against DOX-induced cardiotoxicity through antioxidant effects and the downregulation of inflammatory responses (15, 17, 18). Guo et al have demonstrated that exogenous H2S attenuates DOX-induced inflammation and cytotoxicity through the inhibition of the p38 MAPK/NF-κB pathway in H9c2 cells (15). H2S also attenuates DOX-induced cardiotoxicity through the inhibition of endoplasmic reticulum stress in H9c2 cells (17). Su et al have demonstrated that the downregulation of endogenously generated H2S is probably involved in the pathogenesis of DOX-induced cardiomyopathy, as H2S reduces lipid peroxidation, increases the activity of antioxidant enzyme systems and inhibits oxidative stress-induced injury (18).

Erythropoietin has been found to protect the myocardium against DOX-induced impairment of heart function and inhibits the apoptosis of cardiomyocytes by activating the PI3K/Akt cell-survival pathway (19). In addition, neuregulin-1 (20), tanshinone IIA (21), and urotensin II (22) have been demonstrated to prevent the apoptosis of cardiomyocytes exposed to DOX, partly through the Akt signaling pathways. Thus, these agents may promote cell survival and exert cardioprotective effects. FoxO3a is regulated by the PI3K/Akt pathway and plays an important role in mediating the cytotoxic effects of DOX (23). It has also been demonstrated that in the presence of serum and growth factors, the survival kinase Akt is phosphorylated, which in turn phosphorylates FoxO transcription factors, thereby leading to nuclear exclusion, cytoplasmic retention and the inactivation of FoxO transcription factors (24). Conversely, oxidative stress has been shown to induce the re-localization of FoxO transcription factors from the cytoplasm to the nucleus and activate the target genes of FoxO transcription factors, including the pro-apoptotic gene Bim, with subsequent cell apoptosis (25).

The roles of FoxO3a in oxidative stress-induced cardiotoxicity have received attention. Cardiac microvascular endothelial cells (CMECs) are some of the predominant cells that are immediately damaged after myocardial I/R injury. High glucose (26) and hypoxia (27) have been observed to reduce the phosphorylation of Akt and FoxO3a, induce FoxO3a activation, and lead to ROS production and apoptosis in CMECs. Wang et al reported that venlafaxine protects PC12 cells against corticosterone-induced cell death by modulating the activity of the PI3K/Akt/FoxO3a pathway (7). Simvastatin inhibits rapamycin-induced dysfunction and apoptosis of CMECs, probably through the activation of the PI3K/Akt/FoxO3a signaling pathway (28). Furthermore, erythropoietin activates the PI3K/Akt/FoxO3a signaling pathway and protects neurons from 6-hydroxydopamine (6-OHDA)-induced apoptosis (29). In addition, sodium tanshinone IIA sulfonate (13) and bromelain (14) have been demonstrated to inhibit the FoxO3a pathway and apoptosis of cardiomyocytes. In the present study, we have demonstrated that a statistically significant reduction in the phosphorylation of Akt and FoxO3a protein was observed in the DOX-treated H9c2 cells. The data suggest that the PI3K/Akt/FoxO3a signaling pathway is important in DOX-induced cytotoxicity in cardiomyocytes.

To elucidate the potential protective effects of H2S against DOX-induced cardiotoxicity as well as the mechanisms responsible for these effects, we observed the effect of NAC on the phosphorylation of Akt and FoxO3a protein induced by DOX exposure. The findings of the present study show that the treatment of H9c2 cells with NAC significantly prevented the DOX-induced reduction in the levels of p-Akt and p-FoxO3a, and this was accompanied by an increase in cell viability, indicating that the PI3K/Akt/FoxO3a pathway may be involved in the protective effects of exogenous H2S against DOX-induced cardiotoxicity.

Notably, the results of the present study provide novel evidence that an interaction between ROS and FoxO3a exists in DOX-exposed H9c2 cells, because H2S attenuated the DOX-induced reduction in p-Akt and p-FoxO3a levels. Similar to exogenous H2S, the treatment of H9c2 cells with NAC (ROS scavenger) prior to DOX exposure attenuated the phosphorylation of Akt and FoxO3a. These results indicated that targeting the interaction that occurs between ROS and FoxO3a in DOX-induced cardiotoxicity may aid in the treatment and prevention of cardiac injury. Another important novel finding of this study was that exogenous H2S protects against DOX-induced cardiotoxicity by activating the PI3K/Akt/FoxO3a pathway in H9c2 cells. The findings of the present study support this hypothesis. The treatment of H9c2 cells with NAC (a donor of H2S) prior to DOX exposure significantly ameliorated the reduction in p-Akt and p-FoxO3a, attenuated the nuclear localization of FoxO3a and the DOX-induced apoptosis of H9c2 cells, and exerted an inhibitory effect on Bim expression. In addition, pre-treatment with LY294002, a selective inhibitor of PI3K/Akt, reversed the protective effect of H2S on DOX-induced cardiotoxicity, as demonstrated by an increase in the number of apoptotic cells, a reduction in cell viability and the phosphorylation of Akt and FoxO3a, as well as a simultaneous increase in Bim expression. Therefore, our results suggest that the protective effects of H2S on FoxO3a nuclear translocation and Bim expression are mediated by the PI3K/Akt pathway.
In conclusion, to the best of our knowledge, the present study has demonstrated for the first time, that FoxO3a plays a central role in the DOX-induced apoptosis of H9c2 cells. Furthermore, data from the present study have revealed that H2S protects H9c2 cardiomyocytes against DOX-induced cytotoxicity through the activation of the PI3K/Akt/FoxO3a pathway. To the best of our knowledge, this is the first study to show that H2S is capable of acting on the PI3K/Akt/FoxO3a pathway to enhance the survival of cardiomyocytes, thereby suggesting that the FoxO3a pathway may be a novel therapeutic target in cardiovascular disease.

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