Methanol extract of *Guettarda speciosa* Linn. inhibits the production of inflammatory mediators through the inactivation of Syk and JNK in macrophages

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**Abstract.** *Guettarda speciosa* Linn. (*G. speciosa*, Rubiaceae) has been used as a traditional medicinal plant in Asia for the treatment of various inflammatory conditions, including cough, fever and maternal postpartum infection. However, the mechanisms underlying the anti-inflammatory action of *G. speciosa* extracts have remained elusive. In the present study, the anti-inflammatory effects of the methanol extract of *G. speciosa* (MGS) were investigated in murine macrophages by measuring the production of inflammatory mediators and the underlying mechanisms of action by performing immunoblotting analysis of proteins that are potentially involved. MGS reduced nitric oxide (NO) production through regulation of the expression of inducible NO synthase (iNOS) in lipopolysaccharide-activated RAW 264.7 cells; however, cyclooxygenase-2, the enzyme responsible for prostaglandin *E*₂ production, was not affected at the mRNA or protein level. MGS reduced interleukin-6 (IL-6) production, but had no effect on tumor necrosis factor (TNF)-α production. In addition, MGS suppressed the transcription of IL-6, but not that of IL-1β and TNF-α. The effect of MGS on proinflammatory mediators resulted from the inhibition of the activation of spleen tyrosine kinase and c-Jun N-terminal kinase. In conclusion, the present study suggested that MGS may be a potential candidate for development as a therapeutic for alleviating inflammation.

**Introduction**

Inflammation is a complex immunological response that protects the body from infection by bacteria, viruses and fungi. Inflammatory responses are self-limited through the balance between the inhibition of proinflammatory proteins and the upregulation of anti-inflammatory proteins (1,2). Macrophages are the essential first line of defense against common pathogens. Among the various stimuli of macrophages, lipopolysaccharide (LPS) is an inflammatory stimulator that functions through toll-like receptor 4 (TLR4) on the macrophage membrane surface (3,4). Macrophages activated by LPS produce several proinflammatory mediators, such as nitric oxide (NO), prostaglandin *E*₂ (*PGE*₂), interleukin (IL)-6 and -1β, and tumor necrosis factor (TNF)-α (5,6). The enhanced production of inflammatory mediators is necessary for the host defense against external stimuli; however, this is reportedly involved in several inflammatory diseases, including rheumatoid arthritis, systemic lupus erythematosus and inflammatory bowel disease (7,8). Therefore, agents that inhibit excessive production of inflammatory mediators in activated macrophages may be candidates for the treatment of inflammatory diseases.

*Guettarda speciosa* Linn. (*G. speciosa*), a member of the Rubiaceae family, is widely distributed from East Africa to South Asia. In East Africa, the stem of *G. speciosa* is used in a preparation for the treatment of maternal postpartum infection (9). In Tahiti, *G. speciosa* has been used in anti-diarrheic, febrifugal and anti-cholinergic treatments (10). In addition, the decoction of *G. speciosa* leaves has been used to treat cough, cold, sore throats, fever, dysentery and headache (10). The anti-inflammatory effects of the extracts from *G. speciosa* on intestinal mucosa inflammation in mice have been previously demonstrated (10,11). Several studies have reported a positive correlation between the effects of the therapeutic use of drugs isolated from plants and of the traditional use of the plant extracts from which they are derived (12,13). The phytochemical composition of *G. speciosa* comprises phenolic components, including squalene, cladosporide A, nonacosane and campesterol, and steroidal components, such as stigmasterol (14). Certain major active components, including squalene, campesterol and stigmasterol, have demonstrated
anti-inflammatory, anti-cancer, anti-bacterial and anti-oxidant effects (15-17).

Although *G. speciosa* has been used as a folk medicine and several of its pharmacological activities have been evaluated, the anti-inflammatory mechanisms of this plant have remained to be determined. In the present study, the anti-inflammatory effects of the methanol extract of *G. speciosa* (MGS) in LPS-activated RAW 264.7 macrophages and the underlying mechanisms of action were investigated.

**Materials and methods**

**MGS preparation.** A methanol extract of *G. speciosa* (Rubiaceae) (voucher no: PBID 11237) collected from Indonesia was purchased from the International Biological Material Research Center (Korea Research Institute of Bioscience and Biotechnology, Daejeon, Korea) (18). The extract was dissolved in dimethyl sulfoxide (DMSO; Sigma-Aldrich; cat no. sc-7972), mouse monoclonal anti-c-Jun N-terminal and mouse monoclonal anti-polyclonal anti-inducible NO synthase (iNOS; cat no. 651) antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA). All primary antibodies were diluted at 1:1,000 in 5% non-fat dried milk. Polyclonal anti-rabbit IgG-HRP (1:5,000; cat no. LF-SA8002) and polyclonal anti-mouse IgG Fe6-HRP (1:5,000; cat no. LF-SA8001) were from AbFrontier (Young In Frontier Co., Ltd., Seoul, Korea). Ready-SET-Go! ELISA kits were used for the detection of IL-6 (cat no. 88-7084) and TNF-α (cat no. 88-7324) were from eBioscience (Thermo Fisher Scientific, Inc).

**Cell viability assay.** RAW 264.7 macrophages were seeded in 96-well plates (4.5×10⁴ cells/well) and treated with various concentrations of MGS (50, 100, 200, 300 and 600 µg/ml) and LPS (1 µg/ml) at 37°C for 24 h. The cytotoxic effects were evaluated using the EZ-Cytox cell viability assay kit (cat no. EZ-3000, Daeil Lab, Seoul, Korea). EZ-Cytox solution, which contained a water-soluble tetrazolium salt, was added to the cell culture (1/10 culture medium), followed by incubation for 1 h at 37°C. The relative absorbance was measured at 450 nm (absorbance for viable cells) and 650 nm (reference absorbance) with a Synergy H1 microplate reader (BioTek Instruments, Inc., Winooski, VT, USA).

**Nitrite assay.** RAW 264.7 macrophages were seeded in 96-well plates at a density of 4.5×10⁴ cells/well and incubated at 37°C overnight. Subsequently, the cells were incubated with various concentrations of MGS (50, 100, 200 and 300 µg/ml) and LPS (1 µg/ml) at 37°C for 24 h. Culture media (100 µl) was transferred to a new 96 well-plate and 100 µl Griess reagent [1% sulfanilamide, 2.5% phosphoric acid (H₃PO₄), and 0.1% N-(1-naphthyl) ethylenediamine in distilled water] was added. Sodium nitrite was used to generate a standard curve. After incubation at 37°C for 10 min, the absorbance was measured at 540 nm using a Synergy H1 microplate reader.

**ELISA.** RAW 264.7 macrophages were treated with various concentrations of MGS (50, 100, 200 and 300 µg/ml) and LPS (1 µg/ml) at 37°C for 24 h. After stimulation, the concentrations of TNF-α and IL-6 in the supernatants were measured using a sandwich ELISA with monoclonal antibodies specific for each mediator in accordance with the manufacturer's protocol. Prior to the application of samples, the plate was pre-coated with the capture antibody in the supplied buffer. Following incubation overnight at 4°C, the plate was washed with 1X PBS with 0.05% Tween 20 (PBST) and blocked with 1X assay diluents at room temperature for 1 h. The solutions were added to each well and incubated for 2 h at room temperature. The plate was washed with 1X PBST and treated with a biotinylated detection antibody solution at room temperature for 1 h, which was followed by treatment with a horseradish peroxidase-streptavidin solution at room temperature for 30 min. After one further wash, 3,3',5,5'-tetramethylbenzidine was added and the plate was incubated at room temperature for 10 min in the dark. Subsequently, 1N H₃PO₄ was added and the absorbance of individual wells was measured at 450 nm using a Synergy H1 microplate reader.

**Reverse transcription-quantitative polymerase chain reaction (RT-qPCR) analysis.** RAW 264.7 macrophages were treated with various concentrations of MGS (50, 100, 200 and 300 µg/ml) and LPS (1 µg/ml) at 37°C for 3 h. Total
RNA was isolated from the cells using Accuzol total RNA extraction solution (Bioneer Corp., Daejeon, Korea) and was reverse transcribed into complementary DNA (cDNA) by using a TOPscript cDNA synthesis kit in accordance with the manufacturer’s protocol (Enzymatics, Daejeon, Korea). The amplification of cDNA was performed using a RT-qPCR premix and iTaq Universal SYBR Green Master Mix (Bio-Rad Laboratories, Inc., Hercules, CA, USA) in accordance with the manufacturer’s protocol. The PCR was run for 40 cycles of denaturation at 95°C (10 sec) and annealing/extension at 55°C (30 sec) in a CFX Connect real-time thermal cycler (Bio-Rad Laboratories, Inc.).

The gene expressions were quantified using LabWorks software version 4.6 (UVP Inc., Upland, CA, USA). The PCR primer sequences used in this study were as follows: Mouse iNOS (forward, 5'-TGGCCA CCAAGCTGAACT-3' and reverse, 5'-TCATGATAACGT TCTTGCGCTTT-3'); COX-2 (forward, 5'-GATGCTTCCTCG AGCTGTT-3' and reverse, 5'-GGATTGAAACAGCAAGGA TTT-3'); TNF-α (forward, 5'-CTGTA GCCACGTCGTAG C-3' and reverse, 5'-TTGAGATCCATGCGTTG-3'), IL-6 (forward, 5'-TCTAATTCCATCTTCCAACCAAGG-3' and reverse, 5'-TTGGCTCTTACGCCCTCTTC-3'), IL-1β (forward, 5'-TTGACGGGACCCCAAAGAT-3' and reverse, 5'-GATTGCTGCTGCGAGATT-3'), β-actin (forward, 5'-CGTCACTCTCCTGCTTCTG-3' and reverse, 5'-CCA GATCATTTGCTCTCCTCTGA-3') and GAPDH (forward, 5'-GCTTCTGCTTCTCCTGTC-3' and reverse, 5'-ACG ACCAAATCCGGTACCT-3').

**Western blot analysis.** RAW 264.7 macrophages were pre-treated with MGS (50, 100, 200 and 300 µg/ml) for 2 h at 37°C and stimulated with LPS (1 µg/ml) at 37°C for the indicated times to specifically detect the target proteins: 3 min (for IκBα, Src, Syk and Akt), 15 min (for MAPKs) or 24 h (for iNOS and COX-2). Cells were washed twice with cold PBS (pH 7.4) and lysed in lysis buffer [150 mM NaCl, 20 mM Tris-HCl (pH 8.0), 0.5% IGEPAL® CA-630, 0.5% Triton X-100, 1 mM EDTA, 1% glycerol, 2 mM phenylmethylsulfonyl fluoride, 10 mM NaF and 1 mM Na3 EDTA]. The lysates were centrifuged at 15,814 x g for 30 min at 4°C and the supernatants were transferred to a new tube. The protein concentration was determined by a Bradford protein assay (Bio-Rad Laboratories, Inc.) in accordance with the manufacturer’s protocol and immunoblotting was performed as described previously (20). In brief, equal amounts (30 µg per lane) of protein were mixed with 5X SDS sample buffer [12 mM Tris-HCl (pH 6.8), 0.4% SDS, 5% glycerol, 1% β-mercaptoethanol and 0.02% bromophenol blue] and boiled at 100°C for 5 min. Samples were separated by 10% SDS-PAGE and transferred onto nitrocellulose membranes. Membranes were blocked with 5% nonfat-dried skimmed milk for 1 h at room temperature in 1X Tris-buffered saline with 0.05% Tween 20 (TBST) and each membrane was incubated at 4°C overnight with a specific primary antibody. Membranes were washed four times with TBST and then incubated with the appropriate secondary antibody for 2 h at room temperature. Protein bands were visualized by application of enhanced chemiluminescence immunoblotting detection reagent (Pierce; Thermo Fisher Scientific, Inc.) and protein levels were quantified using LabWorks software version 4.6 (UVP Inc., Upland, CA, USA).

**Statistical analysis.** Values are expressed as the mean ± standard error of the mean. The differences between experimental conditions were assessed using one-way analysis of variance and Dunnett’s multiple-comparisons test, which were computed using Prism 3.0 software (GraphPad Software, Inc., La Jolla, CA, USA). P<0.05 was considered to indicate a statistically significant difference. Data from nine replicates, comprised of three independent experiments with three replicates, were analyzed for each test condition.

**Results**

**Effect of MGS on viability of LPS-treated or -untreated RAW 264.7 cells.** G. speciosa has been used in folk medicine from East Africa to Asia for the treatment of inflammatory diseases. Recently, several components of G. speciosa extract have been reported to exhibit anti-inflammatory, anti-oxidative, anti-microbial or anti-epileptic effects (10,16). However, to the best of our knowledge, systemic studies to investigate the anti-inflammatory effects and precise mechanisms of *G. speciosa* have not been performed. Therefore, the anti-inflammatory effects of MGS in macrophages were explored by performing cell viability assays to determine the non-cytotoxic concentrations of MGS in RAW 264.7 macrophages. As illustrated in Fig. 1A, MGS exerted only a minor or no effect on cell viability compared with the untreated control group at concentrations of ≥300 µg/ml in the absence or presence of LPS. However, cytotoxicity was observed at MGS concentrations of >300 µg/ml. Therefore, MGS concentrations of up to 300 µg/ml were used in the subsequent experiments.

**Inhibitory effects of MGS on LPS-induced NO production.** Under physiological conditions, NO has several functions, including the elimination of bacteria, control of blood pressure and mediation of neurotransmission (21). However, when an inflammatory reaction occurs, NO levels are increased by inducing iNOS in cells and the generated NO exerts dual roles in immunity and inflammatory responses (22). The anti-inflammatory effects of MGS with regard to its capability to suppress NO production in LPS-treated RAW 264.7 cells was evaluated. The production of NO decreased by MGS in LPS-stimulated RAW 264.7 cells in a dose-dependent manner (Fig. 1B). As iNOS is a key enzyme in the production of NO in LPS-stimulated macrophages, RT-qPCR and immunoblotting were employed to assess whether MGS regulated the expression of iNOS at the mRNA and protein levels, respectively. As demonstrated in Fig. 1C, the mRNA expression levels of iNOS were decreased by MGS. In addition, MGS reduced the LPS-induced increases of iNOS protein expression (Fig. 1D). These results demonstrated that MGS reduced NO production in LPS-activated macrophages through the inhibition of iNOS expression.

**Effect of MGS on LPS-induced production of proinflammatory mediators.** The biosynthesis of PGE2, which is tightly regulated by COX-2, is significantly increased in inflamed tissue, contributing to the development of the cardinal signs of acute inflammation (23). Therefore, the inhibitory effects of MGS on the mRNA and protein expression of COX-2 were investigated.
In contrast to the reduction of iNOS mRNA expression, MGS did not affect the mRNA expression of COX-2 (Fig. 2A). Similarly, no significant inhibition of LPS-induced COX-2 protein expression by MGS was observed (Fig. 2B). These results suggested that MGS suppressed the expression of iNOS, but not COX-2, in macrophages.

Proinflammatory cytokines are predominantly produced by activated macrophages and are involved in the upregulation of inflammatory reactions (24). There is evidence that certain proinflammatory cytokines, including IL-1β, IL-6 and TNF-α, are involved in the mechanisms of pathological pain (25). Therefore, the inhibitory effect of MGS on cytokine production in LPS-stimulated macrophages was tested to further investigate the anti-inflammatory actions of MGS. As presented in Fig. 2C and D, LPS-stimulated RAW 264.7 macrophages produced large amounts of the cytokines IL-6 and TNF-α. MGS treatment reduced the LPS-stimulated production of IL-6, but did not change TNF-α production. To determine whether the effect of MGS on the production of proinflammatory cytokines was regulated at the transcriptional level, the mRNA expression of proinflammatory cytokines was assessed in LPS-stimulated RAW 264.7 cells after treatment with MGS. RT-qPCR analysis revealed that MGS inhibited the expression of IL-6 mRNA in LPS-stimulated RAW 264.7 cells, but did not inhibit TNF-α and IL-1β mRNA levels (Fig. 2E). These results indicated that MGS selectively regulated the production of the proinflammatory cytokine IL-6 at the mRNA and protein level.

Selective inhibitory effect of MGS on MAPK phosphorylation and NF-κB activation in RAW 264.7 macrophages. Owing to
the relevance of the MAPK and NF-κB signaling pathways in LPS-induced cytokine gene expression in inflammation (26,27), the modulatory effect of MGS on these pathways in macrophages was investigated. The transcription factor NF-κB performs critical roles in inflammation, immunity, cell proliferation, differentiation and survival (28). NF-κB activation depends on phosphorylation of IκBα at Ser32/36; in unstimulated cells, the proteasomal degradation of phosphorylated IκBα retains NF-κB as heterodimers in the cytosol (29). Therefore, the levels of total and p-IκBα were measured to assess the involvement of the NF-κB pathway in the anti-inflammatory mechanism of MGS in LPS-induced macrophages. As demonstrated in Fig. 3A, LPS treatment increased the phosphorylation of IκBα and reduced the levels of total, unphosphorylated IκBα; however, in the MGS-treated groups, the LPS-induced phosphorylation of IκBα and reduction of its expression were decreased.

Studies have demonstrated that MAPKs respond to extracellular and intracellular stimuli and regulate immune responses, including proinflammatory cytokine production, as well as cell proliferation, differentiation and survival (30,31). In the present study, the suppression of the phosphorylation status in the activation loops of MAPKs was examined by immunoblotting analysis to identify the role of MGS in MAPK signaling pathways. As illustrated in Fig. 3B, the phosphorylation of all MAPKs was induced in LPS-stimulated RAW 264.7 macrophages. However, only the LPS-induced phosphorylation of JNK was moderately inhibited after MGS treatment; that of
ERK1/2 and p38 was not changed. As the phosphorylation status of MAPKs is directly associated with their kinase activity (32), the results suggested that MGS reduced the production of proinflammatory mediators through the inhibition of NF-κB and JNK signaling.

In addition, Syk/Src/Akt signaling pathways have a key role in NF-κB activation, whereas JNK activation is induced by MKK4/7 (33,34). To clarify the target of MGS in the regulation of NF-κB and JNK signaling pathways, the effects of MGS on the phosphorylation of Syk/Src/Akt and MKK4/7
were determined. The LPS-increased phosphorylation of Syk and Akt was decreased by MGS treatment (Fig. 3C). However, the LPS-induced phosphorylation of MKK4/7 did not appear to be affected by MGS treatment (Fig. 3D). In conclusion, these results suggested that, in RAW 264.7 macrophages, MGS regulated NF-κB activity through the inhibition of the Syk/Akt axis and that its inhibitory effect on JNK activation did not proceed via the regulation of MKK4/7.

Discussion

The production of NO by iNOS after certain stimuli is one of the most important steps in the inflammatory process (35). Numerous studies have attempted to identify novel anti-inflammatory agents that inhibit iNOS expression and elicit their mechanisms of action in inflammation (36,37). For instance, COX-2, which ultimately induces inflammation and fever, catalyzes the production of PGE₂ from the lipid arachidonic acid (38). The results of the present study demonstrated that MGS inhibited the expression of iNOS, but did not suppress COX-2 expression. Previous studies have reported that the selective regulation of proinflammatory signaling pathways by anti-inflammatory extracts led to the differential inhibition of proinflammatory mediators (39,40). Based on the results of the present study and those of previous reports, the selective inhibitory effects of MGS on the production of proinflammatory mediators are likely to be a result of MGS-mediated selective inhibition of certain associated upstream signaling pathways.

MGS reduced the production of IL-6, but not IL-1β and TNF-α, in LPS-induced RAW 264.7 cells. Although the promoter region of each proinflammatory cytokine is known to contain binding sites for NF-κB and downstream transcription factors of MAPKs, previous studies by our group demonstrated that extracts of natural plants exert different inhibitory effects on the production of proinflammatory cytokines as a result of differential regulation of NF-κB and MAPKs (41). Of note, the inhibition of TNF-α production was only detected when the extract inhibited NF-κB and all MAPKs, including JNK, ERK and p38 (42). In one instance, TNF-α production was not attenuated when the extract only inhibited one MAPK in addition to NF-κB (43). Therefore, it may be speculated that the MGS-mediated selective inhibition of cytokine production is a consequence of the selective regulation of inflammatory signal transduction, but further studies are needed to confirm the above.

In the present study, MGS suppressed the LPS-induced phosphorylation of IκBα and JNK. The MGS-mediated dephosphorylation of TAK1 was measured, as TAK1 is a well-known upstream kinase in the activation of NF-κB and MAPKs, including JNK and p38 (44). However, no significant inhibition of TAK1 phosphorylation was detected by MGS treatment (Fig. 3C). Previous studies to determine the regulatory effects of MGS on the upstream signaling molecules of IκBα and JNK revealed that MGS regulated the phosphorylation of Syk/Akt, upstream signaling proteins of NF-κB activation, whereas MKK4 and MMK7, the specific upstream signaling proteins of JNK, were not affected by MGS treatment. Further studies, including those on the measurement of MKK4/7 kinase activity after MGS treatment, are needed to clarify the underlying mechanism(s) of the regulatory effect of MGS on JNK activation.

Several studies have reported that the anti-inflammatory properties of the individual active components define the anti-inflammatory functions of an extract and its signal regulatory ability (36,45). Phytochemical analysis of MGS performed by gas chromatography tandem mass spectrometry demonstrated that MGS contained several anti-inflammatory components, including squalene, campesterol and stigmasterol, that are known to selectively regulate inflammatory responses in different ways (14). Squalene was reported to inhibit inflammatory responses in macrophages via the inhibition of JNK and NF-κB pathways (15). Campesterol and stigmasterol inhibit the production of inflammatory mediators via the suppression of the NF-κB signaling pathway in chondrocytes (16,46,47). It may be proposed that the selective inhibition of NF-κB and JNK pathways by MGS is a result of the regulatory effects of its anti-inflammatory components on these signaling pathways, but further studies are needed to identify specific roles of the components (Fig. 4).

In conclusion, MGS inhibited NO and IL-6 production through the suppression of certain molecular signaling molecules associated with the inflammatory response, including NF-κB and JNK activation. Therefore, owing to the observed anti-inflammatory effect of MGS, this...
References


