Mitochondrial protective mechanism of simvastatin protects against amyloid β peptide-induced injury in SH-SY5Y cells

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Abstract. Mitochondrial dysfunction is implicated in the pathology of neuronal damage during Alzheimer's disease (AD). Previous studies suggest that simvastatin (SV) ameliorates amyloid β (Aβ)-mediated cognitive impairment in AD patients and transgenic mice; however, the mechanisms remain unknown. To investigate the potential mechanisms by which SV protects against AD neurotoxicity, the present study used a series of cellular and molecular assays to analyze the effects of SV in an in vitro model of Aβ1-42-induced injury. The results demonstrated that SV protected against Aβ1-42-induced SH-SY5Y cell injury by inhibiting the release of cytochrome c from the mitochondria to the cytoplasm, and reducing the production of intracellular reactive oxygen species. In addition, SV down-regulated cleaved-caspase-3 protein levels, increased the ratio of B cell lymphoma 2 (Bcl-2) to Bcl-2-associated X protein, and increased the protein levels of peroxisome proliferator-activated receptor γ coactivator-1α in the Aβ1-42-treated cells. Furthermore, SV increased the mitochondrial membrane potential and adenosine triphosphate levels, and enhanced the cell respiratory function and mitochondrial mass of the cells. In conclusion, the present study revealed that SV protected SH-SY5Y cells against Aβ1-42-induced injury through regulating the mitochondrial apoptosis pathway and mitochondrial function.

Introduction

Alzheimer's disease (AD) is a prevalent type of dementia, the morbidity of which is increasing in the elderly population. Today, 47 million people live with dementia worldwide. This number is projected to increase to more than 131 million by 2050, as populations age (1). AD is a severe neurodegenerative disorder involving cognitive and motor decline, which progresses from mild cognitive impairment affecting the memory, concentration and speech, to late-stage cognitive impairment where all aspects of behavior are affected (2,3). Previous studies have suggested various pathways for the pathogenesis of AD, including genetic variations (4), internal and external environmental factors (5), abnormal protein modification (6,7), neural plasticity changes (8,9) and oxidative stress (10,11). However, the exact pathogenesis of AD remains unclear.

Mitochondria have been identified to serve a critical role in the pathogenesis of AD. Postmortem results have revealed abnormal mitochondrial ultrastructures and reduced activities of mitochondrial localized enzymes (12,13), reduced mitochondrial numbers (14) and decreased mitochondrial oxygen consumption (15) in AD patients. Furthermore, extracellular amyloid β (Aβ) deposition is centrally associated with the pathogenesis of mitochondrial dysfunction in AD. Cytoplasmic blebbing, mitochondrial calcium dyshomeostasis, cytochrome c release, chromatin condensation, nuclear damage and DNA fragmentation may be activated locally following exposure to Aβ (16). In addition, increased intracellular Aβ levels facilitate opening of the mitochondrial permeability transition pores (17). Notably, defective mitochondrial function has been implicated as an early event in the progression of AD (18). Therefore, it appears that mitochondria are a potential target for early-stage AD treatment.

Statins, also known as hydroxymethyl glutaryl coenzyme A reductase inhibitors, were first approved for use in 1987 (19). Simvastatin (SV) is a statin that is widely used in the prevention and treatment of atherosclerosis associated with cerebrovascular diseases. Notably, clinical data have demonstrated that SV is able to ameliorate the symptoms or delay the progression of cognitive impairment in AD patients with mild cognitive impairment (20). Previous studies by the

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Abbreviations: AD, Alzheimer's disease; Aβ, amyloid β peptide; SV, simvastatin; MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; ROS, reactive oxygen species; DCFH-DA, dichlorofluorescin diacetate; JC-1, 5,5',6,6'-tetrachloro-1',3',3'-tetraethylbenzimidazol-carbocyanine iodide; MMP, mitochondrial membrane potential; Cyt c, cytochrome c; PGC-1, peroxisome proliferator-activated receptor γ coactivator-1

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present research team indicated that SV clearly improved the cognitive function and increased cerebral blood flow in amyloid precursor protein transgenic mice (21,22). In addition, SV has been shown to enhance the human osteoblast proliferation associated with mitochondrial energy generation (23), and protect human osteosarcoma cells against oxidative stress-induced apoptosis through mitochondrial mediated signaling (24). These data suggest that the anti-AD effect of SV is potentially associated with the attenuation of mitochondrial dysfunction. Therefore, the aim of the present study was to evaluate the role of SV in mitochondrial dysfunction in AD using an in vitro approach.

Materials and methods

Culture of SH-SY5Y cells. The study was conducted using SH-SY5Y human neuroblastoma cells (a gift from Dr. Zunji Ke, Institute for Nutritional Sciences, Chinese Academy of Sciences, Shanghai, China), who purchased the cells from American Type Culture Collection (Manassas, VA, USA). The two laboratories made every effort to keep the cell line pure and free from contamination. The cells were cultured in minimum essential medium and Ham's F-12 nutrient mix (MEM/F12, 1:1), supplemented with 10% fetal bovine serum (FBS) (both Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA), 100 U/ml penicillin and 100 U/ml streptomycin at 37˚C in a humidified atmosphere of 5% CO₂. SH-SY5Y cells were observed using a fluorescence microscope (Nikon Corporation, Tokyo, Japan).

Cell viability assay. The cells were plated at a density of ~3x10⁵ viable cells/well in 96-well plates. The cells were treated with 0, 1, 10, 100 and 1,000 nM concentrations of SV (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany), or with 0, 1, 5 and 10 µM concentrations of human amyloid-β1-42 peptide [Aβ1-42; Chinapeptide Co., Ltd., Shanghai, China] for 24 h. Combination treatments were also administered, where the cells were pretreated with SV for 24 h prior to treatment with Aβ1-42 for 24 h. The Aβ1-42 was dissolved in distilled water, then diluted with phosphate-buffered saline (PBS) and incubated at 37˚C for 72 h prior to use. A 3-(4,5-dimethyl-thiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT; Sigma-Aldrich; Merck KGaA) assay was performed to measure cell viability using a 96-well plate reader (Spectra Max 190; Molecular Devices, LLC, Sunnyvale, CA, USA). For the cell viability assay, dimethylsulfoxide was used to dissolve the purple formazan after MTT staining. The wavelength used to measure formazan was 570 nm.

Hoechst 33342 staining. Cells were stained with 10 µg/ml Hoechst 33342 (Invitrogen; Thermo Fisher Scientific, Inc.) for 15 min at 37˚C. Nuclear morphological changes were analyzed using a fluorescence microscope (Nikon Corporation, Tokyo, Japan).

Apoptosis assay by flow cytometry. Cells were tested with an Alexa Fluor® 488 Annexin V/Dead Cell Apoptosis kit with Alexa® (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer’s protocol. Briefly, following treatment, the cells were harvested and stained with Annexin V and propidium iodide (PI) fluorescent dyes. The stained cells were then analyzed by flow cytometry (CFlow Plus 1.0.264.15; BD Biosciences, Franklin Lakes, NJ, USA).

Intracellular reactive oxygen species (ROS) determination. ROS levels were measured using the non-fluorescent probe dichlorofluorescin diacetate (DCFH-DA; Beyotime Institute of Biotechnology, Shanghai, China). The cells were incubated with DCFH-DA at 37˚C for 30 min, and the distribution of DCF fluorescence was detected using a fluorescence microplate reader (Spectra MaxGemiini; Molecular Devices, LLC) at an excitation wavelength of 488 nm and emission wavelength of 535 nm. The cells were observed using a fluorescence microscope.

Assessment of mitochondrial membrane potential (MMP). A fluorescent dye, 5,5′,6,6′-tetrachloro-1,1′,3,3′-tetratetraethylbenzimidazol-carbocyanine iodide (JC-1; Molecular Probes; Thermo Fisher Scientific, Inc.) was used to monitor the MMP. The cells were incubated with 5 µg/ml JC-1 for 30 min at 37˚C, then observed using a fluorescence microscope. MMP was quantified using a fluorescence microplate reader (Spectra MaxGemiini). Red fluorescence intensity was detected at an excitation wavelength of 488 nm and emission wavelength of 595 nm and green fluorescence intensity was detected at an excitation wavelength of 488 nm and emission wavelength of 525 nm. When MMP was low, the JC-1 fluorescent dye existed as a monomer, which presented green fluorescence; while it existed as polymer, which presented red fluorescence when MMP was high.

Firefly luciferase adenosine triphosphate (ATP) assay. ATP was quantified using the luciferin-luciferase method. Cells were harvested following treatment and assayed for ATP using an ATP assay kit (Beyotime Institute of Biotechnology). In brief, cells were lysed by the addition of 100 µl ATP-releasing reagent. The lysates were incubated with the luciferin substrate and luciferase enzyme in the dark for 10 min to stabilize the luminescent signal. A fluorescence microplate reader was used to measure the bioluminescence intensity.

Oxygen consumption measurement. A Clark oxygen electrode (Oxygraph 1.01; Hansatech Instruments, Ltd., King’s Lynn, UK) was used to estimate the change of oxygen consumption of the cells. A small stir bar maintained the cells in suspension, and a Peltier heating block maintained the temperature at 37˚C. Data from the electrode were exported to a computerized chart recorder, which calculated the rate of oxygen consumption.

Assessment of mitochondrial mass. Cells were incubated with 1 µg/ml MitoTracker Red FM (Molecular Probes; Thermo Fisher Scientific, Inc.) at 37˚C for 30 min, and the fluorescence intensity was detected using a fluorescence microplate reader at an excitation wavelength of 581 nm and emission wavelength of 644 nm. Cells were observed using a fluorescence microscope.

Western blot analysis. Following treatment, 1x10⁶ cells were collected and equal amounts of protein samples were subjected to western blot analysis, as previously described (25). The release of cytochrome c from the mitochondria to the cytosol was measured using western blotting as reported by Piqué et al (26). Lysates were centrifuged at 12,000 x g at 4˚C for 15 min to obtain supernatants.
and the pellets (the mitochondria-containing fraction). The supernatants and pellets were subjected to western blotting as described in the aforementioned references. The following primary antibodies were used: Mouse anti-B-cell lymphoma 2 (Bcl-2) antibody (1:1,000; #15071; Cell Signaling Technology, Inc., Danvers, MA, USA), rabbit anti-Bcl-2-associated X protein (Bax) antibody (1:1,000; ab32503; Abcam, Cambridge, MA, USA), mouse anti-peroxisome proliferator-activated receptor γ coactivator-1α (PGC-1α) antibody (1:1,000; sc-518025; Santa Cruz Biotechnology, Inc., Dallas, TX, USA), mouse anti-cytochrome c antibody (1:100; #3026; BioVision, Inc., Milpitas, CA, USA), rabbit anti-voltage-dependent anion channel (VDAC) antibody (1:1,000; sc-98708; Santa Cruz Biotechnology, Inc.), rabbit anti-caspase-3 antibody (1:1,000; ab90437; Abcam) and mouse anti-β-actin antibody (1:2,000; ab11003; Abcam). Visualization of the immunolabeled bands was carried out using a chemiluminescence imaging system. The chemiluminescence reagent was Immobilon Western chemiluminescent HRP substrate (WBKLS0500; Millipore, Billerica, MA, USA). Image J (version k 1.45) software was used for the quantification of the western blots.

**Statistical analysis.** Data are expressed as the mean ± standard deviation and were compared by one-way analysis of variance followed by Newman-Keuls post-hoc multiple-comparison tests. The statistical analysis was conducted using GraphPad Prism 5 software (GraphPad Software, Inc., La Jolla, CA, USA). P<0.05 was considered to indicate a statistically significant difference.

**Results**

**SV protects against Aβ_{1-42}-induced cytotoxicity in SH-SY5Y cells.** The effects of Aβ_{1-42} and SV on SH-SY5Y cells were detected. The viability of the cells treated with 10 µM Aβ_{1-42} was significantly decreased compared with that of the untreated control group (Fig. 1A). Low concentrations of SV (≤100 nM) exhibited no effect on the viability of SH-SY5Y cells, whilst 1,000 nM SV significantly reduced the viability of the cells (Fig. 1B). Exposure to 10 µM Aβ_{1-42} for 24 h significantly decreased cell viability compared with that of the control cells, and pretreatment with 10 or 100 nM SV for 24 h significantly attenuated the Aβ_{1-42}-induced reduction in viability (Fig. 1C). Morphological observations revealed that the cell number was clearly reduced when cells were treated...
Figure 2. Simvastatin decreases Aβ₁₋₄₂-induced apoptosis in SH-SY5Y cells. (A) Cells stained with Hoechst 33342 observed using fluorescence microscopy exhibit apoptotic changes (arrows). Scale bar, 100 µm. (B) Analysis of cells stained with Annexin V/PI by flow cytometry. Western blotting shows that simvastatin (C) decreased cleaved-caspase-3 levels, (D) increased the Bcl-2/Bax protein ratio and (E) inhibited the release of cyt c from mitochondria to cytoplasm.

Data are presented as mean ± standard deviation (n=3). *P<0.05, **P<0.01 and ***P<0.001 vs. control; #P<0.05, ##P<0.01 and ###P<0.001 vs. only Aβ₁₋₄₂ treatment. Aβ₁₋₄₂, amyloid Aβ₁₋₄₂; SV, simvastatin; c, control; Bcl-2, B-cell lymphoma 2; Bax, anti-Bcl-2-associated X protein; PI, propidium iodide; Cyt c, cytochrome c.
with 10 µM Aβ1-42 (Fig. 1D). The cell numbers of the groups that were pretreated with SV were markedly increased when compared with those in the Aβ1-42-treated group (Fig. 1D).

**SV decreases the Aβ1-42-induced apoptosis of SH-SY5Y cells.** Hoechst 33342 staining demonstrated that the cells treated with 10 µM Aβ1-42 underwent chromatin condensation and nuclear fragmentation (indicated by arrows; Fig. 2A). This suggested that the cell death induced by Aβ1-42 involved apoptosis. The cell apoptotic rate was detected by flow cytometry with Annexin V/PI-staining of the cells. The apoptotic rate in the Aβ1-42 treatment group was 15.6%, which was ~2-fold greater than that of the control group. The apoptotic rates in the SV treatment groups (those treated with SV and Aβ1-42) were significantly decreased compared with those in the group treated with Aβ1-42 alone. Notably, the apoptosis level of the 100 nM SV treatment group was 7.7%, and was almost restored to the level of the control group (Fig. 2B).

To further examine the pathway of apoptosis, caspase-3 content in the cytosol, which is the final executor of the apoptotic process (27), was examined using western blot analysis. When compared with the control group, cleaved-caspase-3 protein levels were significantly increased in the 10 µM Aβ1-42 group, suggesting that Aβ1-42 induced apoptosis through a caspase-dependent pathway (Fig. 2C). Following pretreatment with 10 and 100 nM SV, the protein levels of cleaved-caspase-3 was significantly decreased compared with those in the group treated with Aβ1-42 alone. In addition, the Bcl-2/Bax protein ratio was significantly reduced following treatment with Aβ1-42 compared with that in the control group. However, pretreatment with 10 and 100 nM SV significantly increased the Bcl-2/Bax protein ratio, which suggests an anti-apoptotic effect (Fig. 2D). Furthermore, Aβ1-42 induced the release of cytochrome c from the mitochondria to the cytoplasm, and SV inhibited this release of cytochrome c (Fig. 2E).

**SV protects against Aβ1-42-induced intracellular ROS elevation.** To determine whether Aβ1-42 increased the intracellular ROS level, cells were labeled with DCFH-DA and then examined under a fluorescence microscope and using a fluorescence microplate reader (Fig. 3). Treatment with 10 µM Aβ1-42 for 24 h led to a significant increase in fluorescence intensity compared with that of the control group (Fig. 3B). In comparison with the 10 µM Aβ1-42 treatment group, SV significantly attenuated ROS accumulation at all three concentrations. Representative fluorescence photomicrographs (Fig. 3A) are consistent with the quantitative results.

**SV protects against Aβ1-42-induced mitochondrial dysfunction by increasing MMP, intracellular ATP level and the cell respiration rate.** To determine whether Aβ1-42 affects mitochondrial function, the changes of MMP were investigated. Treatment of the cells with 10 µM Aβ1-42 resulted in increased green fluorescence intensity and reduced red fluorescence intensity of JC-1 compared with that in the control group, which indicates that the MMP was decreased (Fig. 4A). Pretreatment with SV increased the red fluorescence intensity and reduced the green fluorescence intensity, indicating that SV protected against the depolarization of the mitochondrial membrane induced by Aβ1-42. The quantified red/green fluorescence ratios (Fig. 4B) were consistent with the fluorescence photomicrographs. MMP is the driving force of ATP synthesis, and the loss of
MMP is expected to result reduce the ATP level in cells; thus, the cellular ATP level is an important determinant of cell death (28). As demonstrated in Fig. 4C, 10 μM Aβ1-42 induced a significant reduction in cellular ATP content compared with that in the control group. Intracellular ATP levels increased following pretreatment with all three concentrations of SV. As the intracellular ATP level is associated with the cell respiration rate, a Clark oxygen electrode was used to determine the cell respiration rate. As demonstrated in Fig. 4D, compared with the control group, treatment with 10 μM Aβ1-42 led to a significant reduction in cell respiration rate, which was significantly attenuated by pretreatment with 10 or 100 nM SV.

**SV protects against Aβ1-42-induced reductions in mitochondrial number.** MitoTracker Red staining was used to examine the numbers of mitochondria. As demonstrated in Fig. 5A, the red fluorescence of the Aβ1-42 treatment group was weak compared with that of the control group, whilst pretreatment with SV increased the fluorescence intensity compared with that of the Aβ1-42 treatment group. The quantitative results (Fig. 5B) were consistent with the fluorescence photomicrographs. As PGC-1α has been demonstrated to be associated with mitochondrial biogenesis (29), the expression of PGC-1α was detected by western blotting. As demonstrated in Fig. 5C, 10 and 100 nM SV significantly increased PGC-1α protein levels.
Discussion

In the present study, the role of SV in Aβ_{1-42}-induced injury was investigated in vitro, and the results provide novel evidence that modulation of mitochondrial function is an important mechanism by which SV attenuates Aβ_{1-42}-induced SH-SY5Y cell insult.

Aβ is considered to serve a central role in the pathogenesis of AD. Mei et al (30) revealed that the viability of SH-SY5Y cells significantly decreased in a concentration-dependent manner following treatment with Aβ_{1-42}. The findings of the present study are consistent with these results. The 10 µM concentration of Aβ_{1-42} was chosen for testing in subsequent experiments.

The mitochondrial pathway is a major apoptosis signaling pathway. The mitochondrial pathway of apoptosis is regulated by the Bcl-2 family proteins consisting of two subgroups according to structural homology: Anti-apoptotic proteins such as Bcl-2 and pro-apoptotic proteins such as Bax (31). Furthermore, anti-apoptotic Bcl-2 has been indicated to inhibit ROS production (32), while pro-apoptotic Bax induces ROS production. In addition, increased intracellular Aβ levels facilitate the opening of mitochondrial permeability transition pores resulting in the release of cytochrome c into the cytoplasm and activation of caspase-3, which induces cell apoptosis (33). In the present study, Annexin V/PI staining data indicated that SV significantly inhibited the Aβ_{1-42} induced SH-SY5Y cell apoptosis. To further study the molecular mechanisms underlying the anti-apoptotic activity of SV, the expression levels of Bcl-2, Bax, cytochrome c, and caspase-3 were evaluated using western blot analysis. The results demonstrated that SV inhibited the release of cytochrome c from the mitochondria to the cytoplasm, downregulated the protein levels of Bax and cleaved-caspase-3, and upregulated Bcl-2 protein levels in Aβ_{1-42}-treated SH-SY5Y cells, indicating that SV inhibited Aβ_{1-42}-induced apoptosis partially through regulation of the mitochondrial apoptosis pathway.
Oxidative stress is considered to have an association with AD (34). Notably, oxidative stress may be an early event in disease progression, as a previous study indicated that Aβ binds to Aβ-binding alcohol dehydrogenase, resulting in an increase in ROS generation and reduction in ATP production (35). In the present study, ROS generation in the Aβ treatment group was increased significantly compared with that in the control cells. However, in the SV treatment groups, the Aβ1-42-induced ROS generation was decreased significantly compared with that in the Aβ treatment group, which indicates that SV inhibited the intracellular ROS generation induced by Aβ.

Researchers have focused on a potential link between AD and abnormal pathophysiological events in mitochondria (36-38). The MMP maintains its regular oxidative phosphorylation state for the continuous production of ATP (39) and its dissipation is regarded as the early landmark of cell apoptosis (40). It has been reported that Aβ strongly influences mitochondrial respiratory function, ROS production and MMP (41,42). In the present study, Aβ1-42 was used to simulate mitochondrial dysfunction, in order to explore the neuroprotective effects of SV. To the best of our knowledge, the present study is the first to verify that SV pretreatment is able to prevent reductions in MMP and maintains the MMP at levels comparable with those of normal control cells. The results of the present study also indicate that SV reversed Aβ1-42-induced mitochondrial dysfunction by increasing intracellular ATP production, oxygen consumption and mitochondrial number. These results suggest that SV reversed the Aβ1-42-induced neurotoxicity partially through the regulation of mitochondrial function.

In conclusion, the present study demonstrated for the first time that SV exerts a neuroprotective effect on Aβ1-42-induced neurotoxicity in SH-SY5Y cells, partially through regulation of the mitochondrial apoptosis pathway and mitochondrial function. These results suggest that the neuroprotective effects observed for SV in patients with AD are potentially associated with the ability of SV to protect the mitochondria against Aβ-induced neurotoxicity. However, the mechanism by which SV improves cognitive function requires further investigation in studies using animals.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

JG, XL and YL designed the study. YL, JS and JW performed majority of experiments and analyzed data. YL, QL and JG wrote and generated final draft of the manuscript. All authors read and approved the final manuscript.

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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