Zoledronate-induced S phase arrest and apoptosis accompanied by DNA damage and activation of the ATM/Chk1/cdc25 pathway in human osteosarcoma cells

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Abstract. Osteosarcoma is one of the most common primary malignant tumors of the bone in children and adolescents. Some patients continue to have a poor prognosis, as they have metastatic disease and frequent occurrence of drug resistance. Zoledronate is a nitrogen-containing bisphosphonate that has been used for the treatment of hypercalcemia and bone metastasis, because it induces apoptosis in osteoclasts and tumor cells by inhibiting the isoprenylation of intracellular small G proteins. Besides inhibiting isoprenylation, little is known about the manner by which bisphosphonates inhibit cellular proliferation and induce apoptosis. This prompted us to investigate the inhibitory effects of zoledronate in human osteosarcoma cell lines, HOS and MG63. HOS cells accumulated in S phase around 6 h after treatment with 10 μM zoledronate, followed by apoptosis. When HOS cells were treated with zoledronate, ATM kinase and its substrate, check-point kinase (Chk)1, were phosphorylated. Zoledronate also induced phosphorylation of cdc25a (Thr506) in HOS cells, which is a substrate of Chk1, and its phosphorylation is known to be critical for S phase arrest. Following treatment with zoledronate, phosphorylated histone H2AX (γ-H2AX) displayed patterns of nuclear foci in HOS cells. As γ-H2AX accumulates at dsDNA breaks, these results demonstrate that zoledronate induced DNA damage and S phase arrest, accompanied by activation of the ATM/Chk1/cdc25 pathway in a human osteosarcoma cell line.

Introduction

Osteosarcoma is one of the most common primary malignant tumors of the bone in children and adolescents (1,2). The long-term survival of patients with osteosarcoma has dramatically improved from 10 to nearly 80% within the last few decades, because of multiple chemotherapy (1,2). However, some patients continue to have a poor prognosis, as they have metastatic disease, particularly osteolytic bone metastasis. In addition, the frequent acquisition of drug-resistant phenotypes and the occurrence of second malignancies after chemotherapy are considered to be serious problems (1,3). This prompted us to develop new approaches for the treatment of osteosarcoma.

Bisphosphonates are the standard therapy for tumor-associated hypercalcemia and osteoporosis, and have recently been reported to have clinical use in palliative treatment of bone metastasis, because of their potential to prevent osteoclast-mediated bone resorption (4,5). It has been reported that bisphosphonates can induce apoptosis in various human tumor cell lines, such as myeloma (6,7), breast cancer (8), prostate cancer (9) and pancreatic cancer (10). Bisphosphonates also have anti-tumor activity, reduce skeletal tumor burden, and inhibit formation of bone metastasis in animal models (5,11-13). Several mechanisms have been proposed to explain these observations. Bisphosphonates induce apoptosis through inhibiting the mevalonate pathway in osteoclasts. In addition to their inhibitory effects on osteoclasts, there are new extensive data demonstrating that bisphosphonates can directly act on tumor cells; they inhibit tumor cell adhesion to mineralized bone (14), as well as tumor cell invasion (15) and proliferation (16,17). It has also been reported that bisphosphonates can stimulate cytotoxicity of γδT cells against tumor cells (18,19). Previously, we have reported that nitrogen-containing bisphosphonates induce S phase cell cycle arrest and apoptosis in myeloma cell lines, by inhibiting the synthesis of geranylgeranyl diphosphate (GGPP), which is necessary for isoprenylation of small G protein (7). Not only tumor cells, but also normal osteoclasts require geranylgeranylation of intra-
cellular proteins to maintain their function (20,21). In this study, we demonstrated that zoledronate inhibited proliferation and induced apoptosis in human osteosarcoma cell lines, HOS and MG63. Zoledronate induced DNA damage and phosphorylation of ATM, checkpoint kinase (Chk)1 and cdc25 in these cells. These observations are helpful for understanding the mechanisms of the anti-tumor effect of bisphosphonates in osteosarcoma cells, and we expect that zoledronate has potential for future clinical development as an anti-cancer drug for osteosarcoma.

Materials and methods

Reagents. Zoledronate (MW 399.5) was kindly provided by Novartis Pharma (Basel, Switzerland). Antibodies were purchased from the following manufacturers: ATM (Upstate Biotechnology, Lake Placid, NY, USA), ATR (Abcam, Cambridge, UK), Chk1 (G-4), Chk2 (A-12), cdc25a (F-6), non-isoprenylated Rap1A and actin (Santa Cruz, San Jose, CA, USA), Phospho ATM (Rockland, Gilbertsville, PA, USA), phospho Chk1 (Ser345), phospho Chk2 (Thr68), phospho cdc2 (Tyr15), phospho cdc25a (Thr506), phospho cdc25c (Ser216) (Cell Signaling Technologies, Beverly, MA, USA), cdc2 and cdc25c (BD Biosciences, San Jose, CA, USA), phoshistone H2AX (γ-H2AX) ( Trevigen, Gaithersburg, MD, USA), Phospho-ATM/ATR substrate antibody (Cell Signaling no. 2581) detects phosphorylated serine or threonine in the S/T/Q motif, which is an essential requirement for the substrates of ATM/ATR. Geranylgeraniol (GGOH) was purchased from Sigma (St. Louis, MO, USA).

Cell culture. The human osteosarcoma cell lines HOS and MG63 were obtained from ATCC (Rockville, MD, USA). The cells were maintained in Dulbecco's modified Eagle's medium (DMEM) (Sigma), supplemented with 10% heat-inactivated fetal bovine serum (FBS) (Life Technologies, Rockville, MD, USA), 100 μg/ml streptomycin and 100 U/ml penicillin G (Invitrogen, Carlsbad, CA, USA) in a humidified atmosphere of 5% CO2 and 95% air at 37°C.

Cell proliferation assay. Cells were suspended at a final concentration of 10^5 cells/ml in DMEM containing 10% FBS in 96-well plates in triplicate. Reagents were added to each well in various combinations and incubated for 2 days at 37°C in 5% CO2. Cellular proliferation was measured by the MTS assay kit (Promega Corporation, Madison, WI, USA).

Flow cytometry. Flow cytometry of the cell cycle and apoptosis was performed as previously described (22,23). Osteosarcoma cells were incubated with or without 10 μM zoledronate for the indicated times, followed by cell cycle analysis. Apoptosis was analyzed using annexin V-FITC antibody (BD Biosciences) and propidium iodide (PI). Annexin V(+)PI(-) and annexin V(+)PI(+) represented the cells in early apoptosis and late apoptosis/necrosis, respectively.

Double thymidine block and cell cycle analysis by flow cytometry. HOS cells were inoculated at 10^5 cells per 25 cm² flask and cultured in DMEM containing 10% FBS with 2 mM thymidine for 16 h (first thymidine block). The cells were washed twice with warm PBS and cultured in DMEM containing 10% FBS for 8 h (first thymidine release). Twenty-four hours after the first thymidine block, cells were cultured with 2 mM thymidine (second thymidine block) for 16 h. After washing twice with warm PBS (second thymidine release), cells were cultured in DMEM containing 10% FBS with or without 10 μM zoledronate. After being cultured for the indicated time, the cells were labeled with bromodeoxyuridine (BrdU) for 1 h. After incubation at room temperature in the dark, the cell cycle of HOS cells was analyzed with FITC-conjugated anti-BrdU antibody and PI by FACS Calibur (BD Biosciences).

RNA interference (siRNA). Small interfering RNA (siRNA) of ATM and ATR was purchased from B-Bridge International (Sunnyvale, CA, USA). Human osteosarcoma cells were cultured in DMEM with 10% FBS. Just before transfection, the cells were washed twice with PBS and plated in 6-well plates at 1x10^4 cells per well in 2 ml serum-free DMEM. Transfection of osteosarcoma cells was performed with Lipofectamine 2000 reagent (Invitrogen), following the manufacturer's instructions. The cells were subjected to Western blotting and cell cycle analysis 48 h after transfection.

Immuno-fluorescence microscopy. HOS cells were cultured with or without 10 μM zoledronate for 24 h. Cells were placed immediately in 100% methanol or 2% paraformaldehyde at room temperature for 2 min to fix the cells. Anti-phospho H2AX at 10 μg/ml was added to each slide, which was incubated for 2 h. Slides were washed in PBS three times each for 5 min, and secondary antibody conjugated with Alexa Fluor 488 (1:200; Molecular Probes, Eugene, OR, USA) was added to slides for 60 min. Slides were washed in PBS for 5 min, covered with anti-fading medium with 4',6-diamidino-2-phenylindole (DAPI) and visualized by fluorescence microscopy.

Statistical analysis. Statistical difference was determined by Student’s t-test. The data are presented as the mean ± SD. P<0.05 was considered significant.

Results

Inhibition of human osteosarcoma cell proliferation by zoledronate. Zoledronate inhibited the proliferation of human
osteosarcoma cell lines, HOS and MG63, in a dose-dependent manner (Fig. 1). We have previously reported that the mevalonate pathway is critical for bisphosphonate-induced apoptosis in myeloma cells (7). Isoprenylation, which is one of the post-translational modifications, is required for small G proteins such as cdc42, rho and rac, to reveal their kinase activities (20,21). GGOH is converted to GGPP to isoprenylate the substrates in the cells. The pretreatment of HOS cells with 20 μM GGOH partially, but significantly, rescued the zoledronate-induced inhibition of both HOS and MG63 cell proliferation (Fig. 2), indicating that isoprenylation is involved in the inhibitory effects of zoledronate in osteosarcoma cells.

**Induction of apoptosis and S phase cell cycle arrest by zoledronate.** Suppression of cell numbers can be achieved by inducing apoptosis and/or inhibiting cellular proliferation. Therefore, we analyzed apoptosis by flow cytometry in HOS cells using FITC-conjugated annexin V and PI. Zoledronate induced apoptosis in HOS cells in a dose-dependent manner (Fig. 3). In the preliminary experiments using unsynchronized HOS cells, we found that zoledronate induced intra-S phase cell cycle arrest (data not shown). To analyze the cell cycle precisely, HOS cells were synchronized in G1 phase by double thymidine block (Fig. 4). In control cells, the percentage of cells in S phase was 6.8% (0 h), 32.0% (3 h), 85.6% (6 h), 31.3% (9 h), 14.6% (12 h) and 48.8% (24 h) after release of thymidine block, respectively (Fig. 4A). In contrast, most of the zoledronate-treated HOS cells were kept in S phase for up to 24 h: 6.8% (0 h), 67.9% (3 h), 87.8% (6 h), 94.2% (9 h), 92.8% (12 h) and 78.9% (24 h) (Fig. 4B), indicating that intra-S phase cell cycle arrest was induced by zoledronate. Similar intra-S phase arrest was observed in another osteosarcoma cell line, MG63, after treatment with 10 μM zoledronate (data not shown).
Figure 3. Zoledronate-induced apoptosis of HOS cells. HOS cells were incubated with 0, 10 or 100 μM zoledronate (ZDN) for 48 h, followed by annexin V/PI assay to detect the cells in early apoptosis (annexin V+/PI-) and late apoptosis/necrosis (annexin V+/PI+).

Figure 4. Zoledronate-induced arrest of HOS cells in S phase. HOS cells were synchronized in G1 phase by double thymidine block, followed by treatment with zoledronate (ZDN). HOS cells were subjected to cell cycle analysis after treatment with or without 10 μM zoledronate for the indicated time. The percentage of cells in G1, S and G2/M phase is shown in the graph and the text. Each experiment was repeated three times and representative results are shown.

Figure 5. Intracellular signaling by zoledronate. (A) Phosphorylation of ATM and Chk1 was detected with phospho-specific antibodies by Western blotting of HOS cells after stimulation with zoledronate. The same membrane was re-probed with anti-ATM and Chk1 antibodies, respectively, to confirm equal protein loading. (B) Phosphorylation of ATM/ATR substrates (40 and 34 kDa) was detected with specific antibodies (upper panel). The same membrane was re-probed with anti-actin antibody (lower panel). (C) Phosphorylation of cdc25a (Thr506) and cdc25c (Ser216) was detected with each phospho-specific antibody. Each membrane was re-probed with anti-cdc25a and cdc25c antibody to confirm equal protein loading. (D) Non-isoprenylated Rap1A protein was detected with specific antibodies in HOS cells after treatment with zoledronate.
Involvement of the ATM/Chk1/cdc25 pathway. To understand the mechanisms of zoledronate-induced S phase arrest, we studied intracellular signaling using Western blotting (Fig. 5). There are several key molecules which induce S phase arrest in mammalian cells. Phosphatidyl inositol 3 kinase (PI3K)-related ATM and ATR work as sensors to detect DNA damage and replication errors. Chk1 and Chk2 kinases are serine/threonine kinases, which are phosphorylated by ATR and ATM, and are known to inhibit the function of cdc25 phosphatases by their phosphorylation. Cdc25 phosphatases lose their function to activate cdk2 and cdc2 when cdc25 is phosphorylated by Chk1/2 kinases, followed by S phase arrest. We found that 10 μM zoledronate induced phosphorylation of ATM and Chk1 kinase in HOS cells (Fig. 5A).

Figure 6. ATM knock down by siRNA in HOS cells. (A) Protein expression of ATM and actin in HOS cells was analyzed by Western blotting 48 h after transfection with ATM siRNA or mock siRNA. (B and C) HOS cell cycle after transfection with siRNA. Zoledronate at 10 μM induced S phase arrest in HOS cells treated with mock siRNA and ATM siRNA, respectively. NC, negative control, in which ATM knocked down HOS cells were treated with PBS; ZDN, zoledronate.

Figure 7. Nuclear foci pattern of phosphorylated H2AX in zoledronate-treated HOS cells. Phosphorylated H2AX protein (pH2AX) in HOS cells was stained with the specific antibody 3 h after treatment with 100 μM zoledronate (ZDN). Nuclear foci of staining for pH2AX (green) were observed. Nuclei were stained with PI (red).

Figure 8. Cell cycle analysis of unsynchronized HOS cells. HOS cells were treated with PBS (Cont) or 100 μM zoledronate (ZDN) for 0, 36 and 48 h (A-C). In some experiments, HOS cells were pre-treated with 20 μM GGOH for 1 h (D and E). Cell cycle analysis was performed using flow cytometry with Modfit software for cell cycle analysis.
Since the amount of Chk2 was too low, we could not evaluate phosphorylation of Chk2 protein in HOS cells (data not shown). Antibodies specific for phosphorylated ATM/ATR substrates detected 40 and 34 kDa proteins (Fig. 5B), also supporting the hypothesis that ATM and ATR are activated in HOS cells by zoledronate. As described in Materials and methods, this phospho-ATM/ATR substrate-specific antibody detects phosphorylated serine or threonine in the S/T*Q motif, which is an essential requirement for the substrates of ATM/ATR. Zoledronate also induced phosphorylation of cdc25a in HOS cells (Fig. 5C). Phosphorylation of cdc25c by zoledronate was marginal in HOS cells (Fig. 5C). Non-isoprenylated Rap1A was increased by zoledronate, indicating that isoprenylation was inhibited in HOS cells (Fig. 5D).

**Downregulation of ATM protein by siRNA in HOS cells.** As zoledronate activated the ATM/Chk1/cdc25 pathway, we knocked down the expression of ATM protein using siRNA to analyze its function in zoledronate-induced S phase arrest in HOS cells. The expression of ATM protein was clearly decreased in HOS cells by ATM siRNA, but not by mock siRNA (Fig. 6A). Zoledronate induced S phase arrest in transfected HOS cells with ATM siRNA (Fig. 6C), to a similar extent as in the cells with mock siRNA (Fig. 6B). When we knocked down the expression of ATR protein using siRNA in HOS cells, the cells did not survive (data not shown). Therefore, the roles of ATR protein in zoledronate-induced S phase arrest and apoptosis in HOS cells remain to be elucidated.

**Immunostaining of phosphorylated H2AX protein.** To evaluate whether zoledronate induces DNA damage before S phase arrest, we stained HOS cells with the specific antibody against phosphorylated H2AX protein (γ-H2AX) (Fig. 7). Following 3-h stimulation with 100 μM zoledronate, γ-H2AX displayed nuclear foci in HOS cells (Fig. 7), indicating that zoledronate induced DNA double strand breaks. Doxorubicin was used as a positive control and displayed a similar nuclear staining pattern for γ-H2AX in HOS cells (data not shown).

**GGOH treatment did not prevent zoledronate-induced S phase arrest, but apoptosis.** When unsynchronized HOS cells were treated with 100 μM zoledronate for 36 h, 85.7% of the cells were in S phase (Fig. 8B). Around 34.2% of HOS cells were in sub-G1 phase 48 h after treatment with zoledronate, indicating that they were in a state of apoptosis (Fig. 8C). When HOS cells were pretreated with 20 μM GGOH for 1 h, almost all the cells remained in S phase at 36 and 48 h after treatment with zoledronate (Fig. 8D and E). These results indicate that isoprenylation is critical for zoledronate-induced apoptosis, but not for S phase arrest in HOS cells.

**Discussion**

We have previously reported that the third-generation bisphosphonates incadronate and YM529 induce apoptosis and intra-S phase cell cycle arrest through the mevalonate pathway in human myeloma cells (7). Protein isoprenylation of small GTP-binding proteins (Ras, Rho, Rac and Rap1A) is important for regulation of the cytoskeleton and mitosis (25). In the present study, we demonstrated that zoledronate increased non-isoprenylated Rap1A in HOS cells, and GGOH prevented zoledronate-induced apoptosis, indicating that isoprenylation is involved in the signaling of zoledronate in HOS cells.

There are several new findings in the present study about bisphosphonate-induced intracellular signaling. We confirmed that phosphorylation of ATM, Chk1 and cdc25a was induced by zoledronate in HOS cells. When cdc25 phosphatases were phosphorylated by Chk1 at their serine/threonine residues, they lost their ability to dephosphorylate the tyrosine residue of cdk2 and cdc2, and this was accompanied by S phase arrest. These results are compatible with a previous report that resveratrol causes S phase arrest in human ovarian cancer cells through the ATM/Chk1/cdc25c pathway (26).

Zoledronate-induced DNA damage was confirmed by staining of γ-H2AX in HOS cells. To the best of our knowledge, this is the first report to demonstrate zoledronate-induced DNA damage accompanied by activation of the ATM/Chk1/cdc25c pathway.

ATM-knocked down HOS transfectants still accumulated in S phase, we speculated that ATM-related ATR is also involved as an alternative pathway in zoledronate-treated HOS cells. To elucidate the role of ATR, we studied the effects of both siRNA for ATR and ATM/ATR inhibitor caffeine; however, we could not reach a conclusion since both siRNA for ATR and caffeine alone induced cell death in HOS cells. The roles of ATR in zoledronate-induced S phase arrest in HOS cells remain to be clarified in further studies.

In conclusion, we have successfully demonstrated that zoledronate induces DNA damage and S phase arrest in human osteosarcoma cell lines, accompanied by activation of ATM/Chk1/cdc25c pathway. These findings may contribute to understanding the anti-neoplastic mechanisms of zoledronate.

**References**