Induction of apoptosis by thiosulfinates in primary human prostate cancer cells

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Abstract. Thiosulfinates, a substance of Allium tuberosum L., is a known folk medicine that has been extensively used in diet to treat diseases. In the present study, we have evaluated the effect of thiosulfinates from Allium tuberosum L. on proliferation of metastasis (DU145) and primary malignant tumor (RC-58T/h/SA#4)-derived human prostate cancer cells. Thiosulfinates decrease viable cell numbers in a dose- and time-dependent manner and induce apoptosis. The apoptosis induced by thiosulfinates is associated with the activation of initiator caspase-8, and -9, and the effector caspase-3. Thiosulfinates stimulate Bid cleavage, indicating that the apoptotic action of caspase-8-mediated Bid cleavage leads to the activation of caspase-9. Thiosulfinates decreased the expression of the anti-apoptotic protein Bcl-2, and increased the expression of the pro-apoptotic protein Bax. Thiosulfinates also increased the expression of AIF, a caspase-independent mitochondrial apoptosis factor, in RC-58T/h/SA#4 cells and induced DNA fragmentation and chromatin condensation. These results indicate that thiosulfinates from Allium tuberosum L. inhibit cell proliferation by inducing apoptosis in RC-58T/h/SA#4 cells which may be mediated via both caspase-dependent and caspase-independent pathways.

Introduction

Prostate cancer is the most common male cancer in USA as well as other Western countries, and the second leading cause of male cancer death in the USA (1). Prostate cancer has become a more frequently diagnosed disease in Asian countries, potentially attributable to the Westernized dietary habits. There is no secure way to tell whether prostate cancer, once found, should receive treatment. There is no effective treatment modality once the cancer has evolved into the hormone refractory stage. Preventive strategies are currently emerging. There is an increase in the usage of nutritional supplements such as soybeans, garlic, green tea and vitamins D3 etc., to augment the prescribed anticancer therapies.

Allium tuberosum L., one of Allium spaces, contains thiosulfinates, and has been used as folk medicine as well as flavor foods. Allium tuberosum L. is also the major ingredient for leek Kimchi in Korea, which have long been used as a medicinal food for the treatment of abdominal pain, diarrhea, hematemesis, snakebite and asthma in folk remedies (2). Since the first detailed chemical report on thiosulfinates, many chemists and pharmacists have tried to separate and identify them by using GC-MS, LC-MS and NMR spectroscopy due to their striking biological activity (3,4) and interesting organosulfur chemistry (5). Although GC and GC-MS analysis have provided excellent resolution and identification, many of the compounds from the Allium species observed by GC may have been artifacts of the analysis due to the high reactivity associated with the weak S-S bond (a bond energy 46 Kcal mol⁻¹ or less) (6,7). Several weaknesses also exist with the HPLC method such as retention time variation and the present limitation of LC-MS in characterizing volatile compounds (7). We reported first the separation of two thiosulfinates from Allium tuberosum L. by simple chromatography as previously described (8).

In the present study, we have evaluated the effect of thiosulfinates from Allium tuberosum L. on proliferation of metastasis and primary tumor-derived human prostate cancer cells. The induction of apoptosis and the mechanism of induced apoptosis of thiosulfinates were investigated.
Materials and methods

**Isolation of crude thiosulfonates.** The thiosulfonates from *Allium tuberosum* L. were isolated using a previous method (8). The aerial parts of the plant were chopped and repeatedly extracted with CH₂Cl₂ (3x4 l) at room temperature. The extract was partitioned between CH₂Cl₂ and 5% aqueous lead acetate and then filtered. The filtrate was separated and the aqueous layer was re-extracted with CH₂Cl₂. The organic acetate and then filtered. The filtrate was separated and then concentrated to give a thickish mass. This was then chromatographed in a silica gel column (3.2x38 cm, 230-400 mesh) by eluting with a gradient of CH₂Cl₂-hexane [2:1 (500 ml), 4:1 (500 ml), and then 1:0 (300 ml); 20 ml each]. The crude thiosulfonates, containing mostly S-methyl thiono-thiosulfinate and S-methyl-2-propene-1-thiosulfinate were isolated from *Allium tuberosum* L. using silica gel column chromatography (9).

**Cell culture.** Telomerase-immortalized primary human prostate cancer-derived cell line (RC-58T/h/SA4#) (androgen positive cells) was derived from a 57-year-old patient who had adenocarcinoma with poor differentiation (10). DU145 (androgen negative cells) were used purchased from the Korea Cell Line Bank, Seoul National University. The cells were cultured in Dulbecco’s modified Eagle’s medium (DMEM) medium supplemented with 10% fetal bovine serum (FBS), penicillin (100 IU/ml), and streptomycin (100 μg/ml) (Gibco-BRL, Life Technologies, Grand Island, NY) (DMEM + 10% FBS) in a humidified atmosphere with a 5.5% CO₂ incubator, at 37°C.

**Cell proliferation assay.** Cell proliferation was determined by using sulforhodamin B (SRB) (Sigma, St. Louis, MO, USA) assay. The cells were seeded at a concentration of 5x10⁵ cells/well in 48-well tissue culture plates and incubated with various concentrations of thiosulfonates for various time periods. After treatment, media were aspirated and 10% trichloro-acetic acid was added. After 1-h incubation at 4°C, plate was washed 5 times by distilled water and air dried. Cells were stained with 0.4% (w/v) SRB for 1 h at room temperature and washed 5 times by using 1% acetic acid. Bound SRB was solubilized with 10 mM Tris and absorbance was measured at 540 nm (9). Cell number was also counted as another measure for cell growth. Briefly, after incubation with or without thiosulfonates, the cells were detached by 0.025% trypsin EDTA at 37°C for 2 min and then resuspended in PBS. The number of suspended cells was counted with a hemacytometer (11).

**Cell cycle analysis and sub-G1 DNA measurement.** The cells were seeded at a density of 1x10⁶ cells in 6-well plates, and cultured for 24 h in DMEM + 10% FBS. After culturing, the cells were treated with the indicated concentrations of thiosulfonates for 24 h. For the growth inhibition analysis and measurement of sub-G1 DNA content, the cells were collected and fixed in ice-cold 70% ethanol in media and stored at 4°C overnight. After resuspension, the cells were washed and incubated with 1 μl of RNase (1 mg/ml) (Sigma), 20 μl of propidium iodide (1 mg/ml) (Sigma) and 500 ml of PBS at 37°C for 30 min. After staining, flow cytometry was used to analyze the cell cycle phase and sub-G1 DNA content (12).

**Detection of morphological apoptosis.** Characteristic apoptotic morphological changes were assessed by fluorescence microscopy using bis-benzimide ( Hoechst 332580) staining. Briefly, the cells were seeded in 6-well plates at seeding densities of 5x10⁵ cells, and then treated with thiosulfonates (0, 5, 10, 15 and 20 μg/ml) for 24 h. After harvesting, the cells were washed twice with PBS, and then stained with 200 μl bis-benzimide (1 μg/ml) for 10 min at room temperature. Ten μl of this suspension was placed on a glass slide and covered with a cover slip. The cells were examined with a fluorescence microscope (Olympus Optical Co., Ltd., Japan) to determine nuclei fragmentation and chromatin condensation (13).

**Analysis of DNA fragmentation.** The Cell Death detection ELISA (Roche) was used to evaluate the presence of apoptosis activity in the cells after incubation with thiosulfonates for a period of 24 h. After treatment, the cells were then lysed to release cytoplasmic histone associated DNA fragmentation, an indicator of apoptosis. Cell lysates were prepared and placed into streptavidin-coated microplates. These were incubated for 2 h at room temperature with anti-histone-biotin and anti-DNA-peroxidase antibodies. Calculation was done by measuring the absorbance at 405 against 490 nm. Enrichment factor was calculated after normalization of protein amount in each treatment (14).

**Assay for caspase activity.** This assay was based on the ability of the active enzyme to cleave the chromophore from the enzyme substrate, Ac-DEVD-pNA (for caspase-3), Ac-IETD-pNA (for caspase-8), and Ac-LEHD-pNA (for caspase-9). The cells were seeded at a density of 2x10⁶ cells in a 100-mm dish, and cultured for 24 h in DMEM. After culturing, the cells were treated with the indicated concentrations of thiosulfonates for 24 h, and then collected by centrifugation. The cells were incubated with the peptide substrate in lysis buffer for 30 min on ice, and centrifuged at 10,000 x g for 5 min at 4°C. The protein content of the supernatant was measured using BCA protein assay reagent before analysis of the caspase-3, -8 and -9 activities. The supernatant that contained 50 μg of protein was mixed with DTT in 2X reaction buffer and a 10 μM concentration of the different substrates. After incubation, the release of p-nitroaniline was monitored at 405 nm (15).

**Assay for caspase inhibitor activity.** The cells were seeded at a density of 5x10⁵ cells/well, and cultured for 24 h in DMEM + 10% FBS. The cells were preincubated with z-VAD-fmk for 2 h, treated with the indicated concentrations of thiosulfonates for 24 h. For the growth inhibition analysis and measurement of sub-G1 DNA content, the cells were collected and fixed in ice-cold 70% ethanol in media, and stored at 4°C overnight. After resuspension, the cells were washed and incubated with 1 μl of RNase (1 mg/ml) (Sigma), 20 μl of propidium iodide (1 mg/ml) (Sigma) and 500 ml of PBS at 37°C for 30 min. After staining, flow cytometry was
used to analyze the cell cycle phase and sub-G1 DNA content (12).

Western blot analysis. The cells were seeded at a density of 2x10^6 cells in a 100-mm dish, and cultured for 24 h in DMEM + 10% FBS. Then the cells were treated with the indicated concentrations of thiosulfimates for 24 h, and collected by centrifugation. The pellets were lysed by lysis buffer (50 mM Tris-HCl, 150 mM NaCl, 1 mM EDTA, 50 mM NaF, 30 mM Na$_2$P$_2$O$_7$, 1 mM PMSF and 2 μg/ml aprotinin) for 30 min on ice. The protein content of the supernatant was measured using BSA protein assay reagent before analysis. The protein samples were loaded at 10 μg of protein/lane and separated by SDS-PAGE in 12% gel at 100 V of constant voltage/slab for 1.5 h. Following electrophoresis, the proteins were transferred onto nitrocellulose membranes. After blocking with 2.5 and 5% bovine serum albumin (BSA) for 1 h at 37°C, the membranes were incubated with first antibody (anti-PARP, anti-Bid, anti-Bax, anti-Bcl2 and anti-AIF) at 4°C overnight. Finally, the membranes were treated with horseradish peroxidase-coupled secondary antibodies for 1 h at 4°C. The membranes were washed with T-TBS after each antibody binding reaction. Detection of each protein was performed using an ECL kit (16).

AIF translocation. The RC58T/h/SA#4 cells were seeded in 6-well plates at seeding densities of 5x10^5 cells and then treated with thiosulfimates for 24 h. After harvesting, the cells were washed twice with PBS and then blocked with blocking buffer (2% BSA in T-TBS) for 1 h. The cells were incubated with AIF primary antibody overnight at 4°C, followed by anti-rabbit secondary antibody for 1 h. AIF translocation was analyzed under a fluorescence microscope (Olympus Optical Co.) (17).

Statistical analysis. Data were analyzed by Student's t-test to evaluate significant differences. A level of p<0.05 was regarded as statistically significant.

Results

Thiosulfimates inhibited cell growth of a primary human prostate cancer cell line. The RC-58T/h/SA#4 cell line was derived from a soft agar clone of the RC-58T/h cell line, a telomerase-immortalized primary malignant tumor-derived human prostate epithelial cell line (10). To find the optimal dose for thiosulfinate inhibition on prostate cancer cells, the cell growth of RC-58T/h/SA#4 and DU-145 cells was determined in the presence of various doses of thiosulfimates following 24-h treatment. Cell viability decreased with increasing thiosulfinate concentrations and the GI50 values of thiosulfimates for 24-h treatment were 4.58 μg/ml for RC-58T/h/SA#4 cells and 15.3 μg/ml for DU145 cells respectively (data not shown). In order to determine the time-dependent inhibition of the thiosulfimates in prostate cancer cells, RC58T/h/SA#4 and DU145 cells were treated with the various indicated concentrations of thiosulfimates and viability was assessed after 24, 48 and 72 h of incubation. The anti-proliferation by the thiosulfimates in the RC58T/h/SA#4 and DU145 cells occurred in a treatment time-dependent manner (Fig. 1). Also, as shown in Fig. 2, cell numbers decreased and cell death rates increased, in a dose-dependent manner, in the RC58T/h/SA#4 cells treated with thiosulfimates. These results indicate that thiosulfimates inhibit the proliferation of prostate cancer cells in a concentration- and
time-dependent manner, and their activities were stronger in RC58T/h/SA#4 than in DU145 cells.

Cell cycle distributions and variation of sub-G1 by thiosulfimates. To assess the correlation between thiosulfinate-induced proliferation inhibition and cell cycle blockage, the effects of the thiosulfimates on cell cycle distribution were determined, and the results are summarized in Fig. 3. The proportion of the sub-G1 peak was negligible in the control RC58T/h/SA#4 cells without thiosulfimates, whereas 24-h exposure of the RC58T/h/SA#4 cells to 5, 10 and 20 μg/ml of thiosulfimates resulted in cell accumulation at the sub-G1 phase in a dose-dependent manner.
Thiosulfinates induces programmed cell death. To assess whether or not the thiosulfinates induced apoptosis of the RC58T/h/SA#4 cells, we performed Hoechst 33258 staining, DNA fragmentation by ELISA kit, and detection of PARP cleavage by Western blotting. After thiosulfinate treatment for 24 h, most of RC58T/h/SA#4 cells had shrunk and adhered together. Apoptotic bodies were also clearly observed in the thiosulfinate-treated cells after staining with Hoechst 33258 (Fig. 4). Another distinct feature of apoptosis (DNA fragmentation activity), was seen in RC58T/h/SA#4 cells after thiosulfinate treatment. The relative apoptotic levels in the cells treated with 5, 10 and 20 μg/ml of thiosulfinates increased 1.03-, 1.13- and 1.73-fold from control cells, respectively (Fig. 5). For the cleavage of PARP, the anti-PARP antibody recognized a 116-kDa band, which corresponded to the intact PARP in the thiosulfinate treated- and untreated-RC58T/h/SA#4 cells (Fig. 6). This 116-kDa band was intense in the control cells; however, it disappeared in the cells treated with thiosulfinate for 24-h incubation. In addition, the antibody also detected a band running at ~89 kDa, which may correspond to the 89-kDa fragmentation of PARP in the RC58T/h/SA#4 cells after 48 h of treatment. This 89-kDa band was not seen in the untreated cells.

Caspase activation by thiosulfinates. Caspases, a family of cysteine proteases, are activated during the execution phase of an apoptotic process. Once activated, caspases activate downstream caspases, leading to apoptosis. The thiosulfinates significantly stimulated the activities of caspase-8, caspase-9, and caspase-3 in the RC58T/h/SA#4 cells by 1.3-2.3- and 2.0-fold at 20 μg/ml concentration, respectively (Fig. 7). To determine whether or not the apoptosis induced by thiosulfinates occurs via the caspase-dependent pathway, z-VAD-fmk, a universal caspase inhibitor, was added with the thiosulfinates. As shown in Fig. 8, although the caspase inhibitor reduced apoptosis by the thiosulfinates, cell death via the thiosulfinates was significantly elevated in a dose-dependent manner.

The mitochondrial apoptotic pathway involved in thiosulfinate-mediated apoptosis. To investigate the mitochondrial apoptotic events involved in thiosulfinate-induced apoptosis, we analyzed changes in the levels of pro-apoptotic protein Bax and anti-apoptotic protein Bcl-2 by Western blotting. As shown in Fig. 9 (upper panel), the thiosulfinate dose-dependently increased expression of the pro-apoptotic protein Bax, but decreased expression of the anti-apoptotic protein Bcl-2 in the RC58T/h/SA#4 cells.

Since thiosulfinate-mediated apoptosis involved initiation of death receptor and mitochondrial signaling, it was possible that thiosulfinates activated the mitochondrial apoptotic pathway through caspase-8-mediated Bid cleavage, which then resulted in caspase-9 activation. To test this idea, we checked the status of the Bid protein during thiosulfinate-induced apoptosis. Fig. 9 (middle panel) shows that a full
size Bid (22 kDa) protein was cleaved to yield a 15-kDa fragment following cell treatment with thiosulfinates, and this closely matched the appearance of caspase-8 activation.

AIF translocation. AIF is known to be involved in the induction of apoptotic cell death via a caspase-independent pathway. Mitochondrial AIF is released in response to death stimuli, and subsequently translocates into the nucleus, and causes nuclear condensation. We determined whether or not AIF played a role in thiosulfinate-induced apoptotic cell death by analyzing changes in the level of AIF by Western blotting (Fig. 10A), as well as AIF translocation into the nucleus by immunostaining (Fig. 10B). The results suggest that the thiosulfinates induced apoptosis via a caspase-independent pathways in RC58T/h/SA#4 cells.

Discussion

In the present study, we observed for the first time that thiosulfinates significantly inhibit cell growth of metastasis-derived human prostate carcinoma (DU145) and primary tumor-derived human prostate cancer cells (telomerase-immortalized RC-58T/SA/SA#4 cells). The stronger inhibition was observed in the RC-58T/h/SA#4 cells. Cell numbers were decreased and cell death rates were increased in a dose- and time-dependent manners in the RC58T/h/SA#4 cells treated with thiosulfinates. Since deregulation of cell proliferation and cell survival are major disorder in cancer cells (18), inhibiting cell proliferation and increasing apoptosis in tumors are effective strategies for preventing tumor growth (19).

Our results show also that thiosulfinates inhibited cell proliferation through apoptosis in RC58T/h/SA#4 cells. Important features of apoptotic cell death are cell shrinkage, chromatin condensation, DNA fragmentation, and apoptotic bodies (20). We observed many apoptotic bodies in the RC58T/h/SA#4 cells treated with 10 and 20 μg/ml of thiosulfinates for 24 h. The thiosulfinate-treated RC58T/h/SA#4 cells had accumulation of cells in the sub-G1 phase in a dose-dependent manner, which is a common indication of the presence of apoptotic cells. Hoechst 33258 staining showed condensed nuclei and apoptotic bodies after exposure of the RC58T/h/SA#4 cells to 10 and 20 μg/ml of thiosulfinates for 24 h. Another distinct feature of apoptosis, a DNA fragmentation pattern, was seen in the RC58T/h/SA#4 cells after thiosulfinate treatment. Interneucleosomal DNA fragmentation is a significant feature of apoptotic cell death, and this phenomenon is caused by caspase-activated DNAs and endonuclease G, which cleave DNA between nucleosomes (21). The appearance of DNA fragmentation in the cells treated with thiosulfinates coincided with the occurrence of fragmented nuclei, as demonstrated by Hoechst staining.

PARP, a 116-kDa nuclear enzyme, seems to be involved in DNA repair by catalyzing the synthesis of PARP from nicotinamide adenine dinucleotide (22). Because PARP is important for cells to maintain their viability, the cleavage of PARP helps cellular disassembly, and serves as a marker of cells undergoing apoptosis (23). As the 116-kDa PARP band diminished, the intensity of 85-kDa band linearly increased in the RC58T/h/SA#4 cells that received 24 h of thiosulfinate treatment. PARP is one of the key cleavage targets of caspase-3 (24). We observed that thiosulfinates increased caspase-3 activity 3.0- and 3.2-fold at the 10 μg/ml and 20 μg/ml, respectively. DNA fragmentation and nuclear chromatin condensation have been demonstrated in RC58T/h/SA#4 cells by thiosulfinates. Moreover, the observations of caspase-3 activation and PARP cleavage also confirm that the promotion of apoptosis by thiosulfinates involves a caspase-dependent pathway.

To elucidate the apoptotic mechanism induced by thiosulfimates in RC-58T/h/SA#4 cells, we evaluated their effects on caspase-8 and caspase-9 activities. The results showed that caspase-8 and caspase-9 activities significantly increased in the RC58T/h/SA#4 cells after 24 h of incubation with thiosulfimates. Activation of the caspase cascade is a key element in the apoptotic process. Caspase-8 and -9 are involved in the death receptor pathway and mitochondrial pathway, respectively. However, caspase-8 can activate caspase-9 through the proteolysis of Bid, a member of the Bcl-2 family (25). We have observed that thiosulfinates enhanced Bid cleavage in the RC58T/h/SA#4 cells. Thus, the induction of apoptosis by the thiosulfinates might have been mediated through the death receptor pathway. Furthermore, although the inhibition of cell growth by the thiosulfinates decreased in the RC58T/h/SA#4 cells treated with the caspase family inhibitor, cell death was significantly elevated in a dose-dependent manner. This result suggests that thiosulfinates might induce apoptosis via both caspase-dependent and -independent pathways (Fig. 8). We have found that the thiosulfinates increased the expression of the pro-apoptotic protein Bax and decreased the expression of anti-apoptotic Bcl-2 in the RC58T/h/SA#4 cells, and then activated caspase-9, which in turn activated caspase-3. These findings suggest that apoptosis induction in thiosulfinate-treated RC58T/h/SA#4 cells could be associated with a caspase-dependent cascade that involves the activation of the mitochondrial pathway, initiated by the inhibition of Bcl-2 and activation of Bax.

On the other hand, the thiosulfinates elevated AIF protein expression and AIF translocation into the nucleus. AIF is a mitochondrial apoptosis-inducing factor implicated in apoptosis, and a mitochondrial flavoprotein that translocates to the nucleus following apoptotic stimuli. In the nucleus, AIF induces partial DNA fragmentation and chromatin condensation. AIF appears to promote apoptosis independent of caspase, although it likely acts in a cooperative manner with other factors to promote nuclear apoptosis.

In conclusion, we demonstrated that thiosulfinates from Allium tuberosum L. exerct RC58T/h/SA#4 human prostate cancer cell growth inhibition by the induction of apoptosis. Apoptotic mechanisms of thiosulfinates may be mediated by caspase-independent as well as caspase-dependent pathways in the cells.

Acknowledgments

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References