Hydroxyflutamide enhances cellular sensitivity to 5-fluorouracil by suppressing thymidylate synthase expression in bicalutamide-resistant human prostate cancer cells

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Abstract. We investigated the antitumor effects of combination therapy with anti-androgens and 5-fluorouracil (5-FU), and examined the underlying mechanism of the treatment. Initially, we established the bicalutamide-resistant subline CDX25R from the androgen receptor (AR)-positive human prostate cancer cell line LNCaP through continuous exposure to bicalutamide. CDX25R cells lost the ability to respond to androgens, but still expressed AR. They showed significant resistance to bicalutamide, but had high sensitivity to hydroxyflutamide (OH-flutamide) compared with LNCaP cells. The CDX25R subline was thus considered to be a suitable model for prostate cancer that has developed resistance to first-line hormonal therapy but shows sensitivity to an alternative approach. Combined treatment with 5-FU and OH-flutamide had a synergistic effect on CDX25R cells. OH-flutamide decreased expression of the transcription factor E2F1, and subsequently of thymidylate synthase (TS), in CDX25R cells but not in AR-negative DU145 cells. This suggested that OH-flutamide enhanced the growth-inhibitory activity of 5-FU in CDX25R cells by reducing TS expression through the AR pathway. Combined therapy with 5-FU and OH-flutamide may, therefore, be appropriate for patients with prostate cancer that has acquired resistance to initial hormone therapy including bicalutamide.

Introduction

Prostate cancer is a major health issue and is ranked as the second leading cause of cancer among men worldwide (American Cancer Society 2007 Prostate Cancer Statistics; http://www.cancer.org). In the United States, it is estimated that 217,730 men will be diagnosed with prostate cancer and that 32,050 deaths from this disease will occur during 2010 (American Society of Clinical Oncology Prostate Cancer Statistics; http://www.cancer.net/prostate).

Hormonal therapy, such as androgen-deprivation therapy, has previously been used to treat prostate cancer. Androgen deprivation can be achieved surgically by castration, or chemically by suppressing androgen production using luteinizing hormone-releasing hormone (LH-RH) agonists. Bicalutamide (Casodex®) and flutamide (Odyne®) are non-steroidal competitive antagonists of androgen receptors (ARs), which are able to block the androgen-dependent cell growth of prostate cancer. Anti-androgen administration combined with surgical or medical castration, known as maximal androgen blockade (MAB) or combined androgen blockade (CAB), can slightly but significantly improve the survival rates of patients with prostate cancer (1,2).

Most prostate cancers are responsive to initial hormonal therapy, but subsequently relapse and become androgen-independent within a few years of first-line treatment (3). Despite this unwelcome progression to androgen-independence, the usefulness of alternative, second-line MAB therapy has been reported by several investigators (4-6). The main options currently available for hormone-refractory prostate cancer (HRPC) are second-line hormonal manipulations, radiation therapy, traditional cytotoxic chemotherapy and investigational therapy with novel and molecular-targeted agents (7,8). Tannock et al demonstrated that treatment with docetaxel, a microtubule-stabilizing agent, plus prednisone improved survival, with a median survival advantage of 2.4 months compared to mitoxantrone plus prednisone, for advanced prostate cancer (9). Petrylak et al reported that docetaxel and estramustine improved survival, with a median survival advantage of 1.9 months compared to mitoxantrone and prednisone, for advanced refractory prostate cancer (10). However, increased toxicity has been reported for these docetaxel-based combination therapies (9,10). More effective but less toxic combined therapy is therefore required for HRPC patients.

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5-Fluorouracil (5-FU) is an effective chemotherapeutic drug that was developed as an inhibitor of thymidylate synthetase (TS). Inhibition of TS leads to ‘thymine-less death’ in cells, which is a condition resulting from the depletion of dTTP pools and the misincorporation of dUTP into newly synthesized or repaired DNA (11). 5-FU is also incorporated into RNA, and RNA-based effects play a significant role in its cytotoxicity (11). The sensitivity of cancer cells to 5-FU is often influenced by the expression levels of the target enzyme TS and the metabolic enzymes for 5-FU, including thymidine phosphorylase (TP), dihydropyrimidine dehydrogenase (DPD), orotate phosphoribosyl transferase (OPRT), uridine phosphorylase (UP), uridine kinase (UK) and thymidine kinase (TK) (12-14). The expression of selected elements of the 5-FU metabolic pathway (Fig. 1) is predictive of the response to 5-FU-based chemotherapy regimens, and lower levels of TS, TP and DPD correlate with higher sensitivity to 5-FU (12). However, the association of cellular levels of these enzymes with sensitivity to 5-FU is controversial.

TS is a key enzyme in the de novo synthesis of thymidine, and is an important chemotherapeutic target for various malignant tumors. It catalyzes the transfer of a methyl group from methyltetrahydrofolate to dUMP in order to generate dTMP (15). The subsequent phosphorylation of dTMP to dTTP provides a direct precursor for DNA synthesis. Increased TS expression occurs in highly proliferative cells, and this is associated with poor treatment response and prognosis in a broad range of tumors (16). Increased TS protein and messenger RNA (mRNA) levels have been reported in prostate, cervical, breast, kidney, bladder, lung and gastrointestinal tumor tissues compared with their normal counterparts, and are associated with poor clinical outcome in these cancers (17-23). Among patients with prostate cancer undergoing radical prostatectomy or hormonal therapy, those with low TS expression had a longer postoperative recurrence-free period than those with high TS expression during a 5-year follow-up, suggesting that TS could be a prognostic marker (24). Tumors with elevated TS levels are thought to undergo more progressive cellular proliferation, which in turn is thought to be associated with tumor invasiveness and metastasis (19,20,25). Therefore, TS is considered to be a molecular target for cancer therapy.

In the current study, we examined the combined antitumor activity of anti-androgens and 5-FU, and investigated the mechanism underlying this combination therapy using a newly established bicalutamide-resistant cell line.

Materials and methods

Reagents. Bicalutamide and 5-FU were obtained from Sigma-Aldrich (St. Louis, MO). OH-flutamide was obtained from LKT Laboratories Inc. (St. Paul, MN). Dihydrotestosterone (DHT) was obtained from Wako Pure Chemical Industries, Ltd. (Osaka, Japan). Testosterone was obtained from Tokyo Chemical Industry Co., Ltd. (Tokyo, Japan). 5-FU, bicalutamide and OH-flutamide were dissolved in dimethyl sulfoxide (DMSO). DHT and testosterone were dissolved in ethanol.

Cell lines and culture. The androgen-dependent human prostate cancer cell line LNCaP and the androgen-independent human prostate cancer cell line DU145 were purchased from the American Type Culture Collection (ATCC, Rockville, MD), and cultured in RPMI-1640 (Sigma-Aldrich) supplemented with 10% fetal bovine serum (FBS) (Nichirei Corp., Tokyo, Japan) or in phenol red-free RPMI-1640 (Sigma-Aldrich) supplemented with 10% dextran charcoal-stripped FBS (csFBS) (Hyclone Laboratories, Inc., Logan, UT). CDX25R cells were developed by culturing LNCaP cells in the presence of 25 µM bicalutamide for 6 months.

Cell proliferation assay. Cells were incubated for 6 days in RPMI-1640 with 10% FBS containing 10 µM bicalutamide. The medium was exchanged on day 3, at which time fresh drugs were added. Cell proliferation was assessed by the crystal violet dye-uptake assay method (26) and absorbance measured at 540 nm using a 96-well microplate reader (SpectraMax 340PC384; Molecular Devices, Inc., Sunnyvale, CA).

Cell toxicity assay. Cells were incubated for 6 days in RPMI-1640 with 10% FBS containing 3.2 µM bicalutamide, 0.9 µM OH-flutamide and/or 1.6 µM 5-FU. The respective
final concentrations of bicalutamide, flutamide and 5-FU were equivalent to the maximum blood concentration of each drug when the clinical dosage recommended in Japan was singly administered. The medium was exchanged on day 3, at which time fresh drugs were added. The cell number was estimated by the crystal violet dye-uptake assay method on day 6.

**Androgen-dependency assay.** Cells were incubated for 4 days in phenol red-free RPMI-1640 with 10% csFBS containing DHT or testosterone at 0.1, 1 or 10 nM. The relative cell number was estimated by the crystal violet dye-uptake assay method on day 4, and was calculated compared to treatment with a solvent control (ethanol).

**Western blot analysis.** After washing with ice-cold phosphate-buffered saline (PBS), cells were harvested in protein extraction reagent (M-PER™; Pierce, Rockford, IL) supplemented with protease inhibitors (Halt™ protease inhibitor cocktail kit; Pierce). Cell lysates were subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to polyvinylidene fluoride (PVDF) membranes (Immobilon-P transfer membranes; Millipore, Bedford, MA). After blocking, membranes were probed with primary antibodies overnight at 4°C. Anti-TS antibody was a gift from the Taiho Pharmaceutical Co., Ltd., Japan. Anti-AR (441) antibodies were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Anti-E2F1, anti-phosphor-Rb [Ser750(4H1)], anti-Akt [pan(C67E7)], anti-p-Akt [Ser473(D9E)], Thr308(C31E5)], anti-p-CaR (Ser259), anti-p-PTEN (Ser380), anti-p-PDK1 [Ser241(C49H2)] and anti-p-GSK3β [Ser9(5B3)] antibodies were obtained from Cell Signaling Technology (Beverly, MA). Anti-prostate-specific antigen (PSA) (eR-PR8) and anti-β-actin antibodies were obtained from Abcam (Cambridge, UK). The proteins were visualized using horseradish peroxidase-conjugated secondary antibodies (Cell Signaling Technology) for 1 h at room temperature followed by enhanced chemiluminescence (Pierce). The intensity of luminescence was quantified using a charge-coupled device (CCD) camera combined with an image analysis system (LAS-3000; Fuji Film, Japan).

**Complementary DNA (cDNA) preparation and real-time quantitative reverse-transcription polymerase chain reaction (qRT-PCR).** The expression levels of the 5-FU-related genes thymidylate synthase (TS), DPD, OPRT, TP, TK, UP and UK were assessed in AR-positive (LNCaP and CDX25R) cells and AR-negative (DU145) cells treated with bicalutamide or OH-flutamide at 5, 25 or 100 µM for 48 h using a [6-3H] FdUMP binding assay based on the method of Spears et al (27).

**Assay for TS activity.** TS activity in LNCaP and CDX25R cells treated with bicalutamide or OH-flutamide at 5, 25 or 100 µM for 48 h was assessed using a [6-3H] FdUMP binding assay method on day 6. The reactions were performed at 50˚C for 2 min, followed by 40 cycles of 95˚C for 15 sec and 60˚C for 1 min. The results were normalized to β-actin levels. Primers and TaqMan probes for TS, DPD, OPRT, TP, TK, UP, UK and β-actin were prepared using the TaqMan Gene Expression Assay products Hs00426591_m1, Hs00367072_m1 and Hs99999903_m1, respectively (Life Technologies).

**Knock-down experiment with TS small-interfering RNA (siRNA).** LNCaP and CDX25R cells were transfected with TS siRNA (TYMS-HSS18728; Life Technologies) or negative control siRNA in which the nucleotide sequence of TS siRNA was scrambled using lipofectamine RNAiMAX (Life Technologies), and then plated in RPMI-1640 with 10% FBS and incubated overnight. On the following day, medium containing serially diluted 5-FU (final concentration range, 0.125-64 µM) was added to the wells and cultured for a further 6 days. The medium was exchanged on day 3, at which time fresh drugs were added. The relative cell number was estimated by the crystal violet dye-uptake assay method on day 6, and the IC_{50} value (defined here as the 5-FU concentration that reduced the cell growth to 50% of that of the control) was calculated in comparison to solvent (DMSO) treatment.

**Statistical analysis.** mRNA expression, relative cell numbers and TS activity were analyzed using either the Student’s t-test or the Dunnett’s t-test with jMP® 8.0.1. software (SAS Institute Inc., Cary, NC).

**Results**

**Establishment of a bicalutamide-resistant prostate cancer cell line.** The bicalutamide-resistant CDX25R sub-cell line was produced from LNCaP cells by continuous exposure to 25 µM bicalutamide in phenol red-free RPMI-1640 supplemented with 10% csFBS for at least 6 months. To confirm resistance to bicalutamide, its growth-inhibitory effects were tested on both CDX25R and LNCaP cells. Cell proliferation curves over 6 days with or without 10 µM bicalutamide are shown in Fig. 2A. The growth rate of LNCaP cells treated with 10 µM bicalutamide was inhibited compared with that of control cells on day 4 after the start of culture, and the cell number on day 6 was significantly reduced to 40% of that of the solvent control. However, the proliferation of CDX25R cells was not affected by bicalutamide. It was therefore clear that the CDX25R cells had acquired resistance to bicalutamide.

The LNCaP cells grew in clusters, whereas the CDX25R cells were more dispersed (Fig. 2B). The CDX25R cells appeared to have undergone morphological changes that led them to resemble neuroendocrine cells differing from LNCaP cells. We next examined whether mutations of the AR gene spontaneously occurred in CDX25R cells. No AR mutations were present except for T877A, which is known to occur in the parental LNCaP cell line (data not shown). We were unable to establish an OH-flutamide-resistant cell line from LNCaP cells by continuous exposure to the drug (data not shown).

**Androgen-dependency of LNCaP and CDX25R cell proliferation.** LNCaP and CDX25R cells were exposed to DHT or testosterone at concentrations of 0, 0.1, 1 or 10 nM for 4 days.
The relative cell numbers treated with each concentration of DHT or testosterone compared to control cells not exposed to the respective androgen are shown in Fig. 2C. DHT and testosterone enhanced the proliferation of LNCaP cells, but not CDX25R cells, in a dose-dependent manner. These results showed that CDX25R cells had lost their androgen-dependency.

**Mechanism of androgen-independent CDX25R cell proliferation.** Protein expression levels of AR and PSA in CDX25R...
and LNCaP cells were determined. CDX25R cells expressed AR and PSA at levels two and three times higher, respectively, than LNCaP cells (Fig. 2E), although their growth was not dependent on androgens (Fig. 2C). To examine whether this androgen system functions in CDX25R cells, we focused on the nuclear translocation of AR. Protein expression levels of AR in the cytoplasm and nucleus of cells treated with or without DHT were measured by western blotting. The nuclear translocation of AR was notably decreased in CDX25R cells compared with LNCaP cells (Fig. 2D). In CDX25R cells, although endogenous AR was overexpressed it tended to remain in the cytoplasm, even after exposure to high doses of DHT. These results suggested that the AR axis in CDX25R cells was inactivated.

To investigate the existence of AR-bypass pathways, the Akt (pan), p-Akt (Ser473), p-Akt (Thr308), p-cRaf (Ser259), p-PTEN (Ser380), p-PDK1 (Ser241), p-GSK3β (Ser9) and β-actin protein expression levels in LNCaP and CDX25R cells were assessed by Western blotting. CDX25R cells overexpressed p-PDK1, Akt (pan), p-Akt (Ser473) and p-Akt (Thr308) compared with LNCaP cells (Fig. 2E). 5-FU (2.5-20 µM) had no effect on Akt-axis protein expression in either CDX25R or LNCaP cells (data not shown). These results suggested that the CDX25R cells had lost androgen dependency, although AR was still expressed, because the AR/androgen axis did not function. It appeared that the CDX25R cells had begun to grow through the Akt axis, because they overexpressed p-Akt.

Antiproliferative effects of 5-FU combined with bicalutamide or OH-flutamide. The growth-inhibitory effects of 5-FU combined with bicalutamide or OH-flutamide were examined in LNCaP, CDX25R and DU145 cells (Fig. 3). LNCaP, CDX25R and DU145 cells were treated with 5-FU and bicalutamide or OH-flutamide for 6 days, and the cell number was subsequently estimated by the crystal violet dye-uptake method. 5-FU slightly inhibited the growth of LNCaP cells [the relative cell number defined as the ratio of the cell number in the drug-treated group (T) to that in the non-drug-treated control group (C) was 92.2%] and bicalutamide inhibited cell growth by about 20%. Combined treatment of 5-FU and bicalutamide reduced the cell growth to about 50% compared with non-treated control cells (Fig. 3A).

OH-flutamide showed no effect on the growth of LNCaP cells, but the growth-inhibitory activity of 5-FU was enhanced from 8 to 35% when it was co-administered with OH-flutamide (Fig. 3D). By contrast, bicalutamide showed no growth-inhibitory activity in CDX25R cells, and only slightly enhanced the activity of 5-FU (Fig. 3B). Notably, OH-flutamide had a significant growth-inhibitory effect (T/C=50%) in CDX25R cells,
Figure 3. Combined anti-proliferative effects of 5-FU and bicalutamide or OH-flutamide in LNCaP, CDX25R and DU145 cells compared with those of the respective agents alone. Cells (0.5x10^3) were incubated in RPMI-1640 supplemented with 10% FBS for 24 h, then treated with 3.2 µM bicalutamide, 0.9 µM OH-flutamide and/or 1.6 µM 5-FU for 6 days. The cell number was estimated by the crystal violet dye-uptake method, and then calculated relative to the control, which was taken as 100%. Columns show the mean relative cell number, and bars represent the standard deviations (SDs). Statistical analysis was performed by the Student’s t-test. Significant differences from the control are shown as *p<0.05 and **p<0.01. Experiments were repeated three times with similar results.
even though the parental LNCaP cell line was OH-flutamide-resistant (Fig. 3E). When CDX25R cells were co-treated with 5-FU and OH-flutamide, the inhibitory effect of 5-FU alone (T/C=72%) was significantly enhanced (T/C=34%). In DU145 cells, bicalutamide and OH-flutamide neither reduced cell growth nor affected the activity of 5-FU (T/C=48.4%) (Fig. 3C and F).

Changes of E2F1, phosphor-retinoblastoma protein (pRb), and TS protein expression in LNCaP and CDX25R cells treated with anti-androgens. TS expression was previously reported to be regulated by e2F1 binding to an e2F1-responsive element in the promoter region of the TS gene (28-30). In addition, e2F activity was shown to be controlled by pRb family members (31). Therefore, the expression levels of TS, pRb and e2F1 protein were assessed after treatment with bicalutamide or OH-flutamide at 5, 25 or 100 µM for 48 h. Treatment with bicalutamide or OH-flutamide clearly suppressed the protein expression levels of e2F1, pRb and TS, with the exception of bicalutamide treatment in CDX25R cells at a dose that was ineffective for cell viability (Fig. 4B).

Table I. 5-FU-related gene expression levels in AR-positive cells (LNCaP and CDX25R) and AR-negative cells (DU145) treated with bicalutamide or OH-flutamide for 24 h.

<table>
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<th>Cell line</th>
<th>Gene</th>
<th>Control</th>
<th>5 ¯M</th>
<th>25 µM</th>
<th>5 µM</th>
<th>25 µM</th>
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<tr>
<td>LNCaP</td>
<td>TS</td>
<td>7.62±0.90</td>
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<tr>
<td></td>
<td>DPD</td>
<td>ND</td>
<td>ND</td>
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<tr>
<td></td>
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<td>5.48±0.40&lt;sup&gt;b&lt;/sup&gt;</td>
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</table>

The gene expression levels were examined by real-time qRT-PCR and multiplied by 10² to calculate the ratios to β-actin. Data shown are the mean ± SD of one representative experiment of three. ND, not detected. Statistical analysis was performed by the Dunnett's t-test. Significant differences from the control are shown as <sup>a</sup>p<0.05 and <sup>b</sup>p<0.01. Significant changes with a dose-dependent pattern are indicated in bold.
Active TS levels in cells after treatment with bicalutamide or OH-flutamide. To clarify whether the active TS level was reduced by treatment with bicalutamide or OH-flutamide, in a similar manner to levels of mRNA and protein expression,
the free TS level was assessed using a TS binding assay method (Fig. 4C). The binding activity of TS to FdUMP in cell extracts was assessed after treatment with bicalutamide or OH-flutamide at 5, 25 or 100 µM for 48 h. Both bicalutamide and OH-flutamide significantly decreased the active TS levels in a dose-dependent manner, with the exception of bicalutamide treatment in CDX25R cells.

Effect of TS gene silencing on cellular sensitivity to 5-FU. To confirm whether TS limited the cellular sensitivity to 5-FU, the cytotoxic effects of 5-FU on LNCaP and CDX25R cells transfected with TS siRNA were evaluated (Fig. 5). Reducing TS expression by TS siRNA increased the cellular sensitivity to 5-FU ~3-fold in LNCaP and CDX25R cells in comparison with the scrambled RNA control.

Discussion

In Japan, prostate cancer was responsible for the incidences of more than 42,000 men in 2005, and had the fourth highest morbidity rate after colorectal cancer, stomach cancer and lung cancer. In the past decade, moreover, the morbidity rate in Japan increased approximately 3.4-fold while the age-adjusted morbidity rate increased approximately 2.4-fold (Vital Statistics Japan, Ministry of Health, Labor and Welfare; http://ganjoho.ncc.go.jp/professional/statistics/index.html).

The current study investigated the growth-inhibitory activity of anti-androgens combined with 5-FU and the mechanism underlying this combined therapy. We initially established the CDX25R cell line, which showed significant resistance to bicalutamide (Fig. 2A) and lacked androgen-dependency (Fig. 2C). A detailed investigation of the characteristics of CDX25R cells confirmed that endogenous AR was expressed despite the acquisition of bicalutamide resistance (Fig. 2E); however, relatively little AR was found in the nucleus and most remained in the cytoplasm after treatment with DHT (Fig. 2D). These data suggested that the androgen/AR axis in CDX25R cells might be inactivated.

Various mechanisms have been put forward to explain how prostate cancer might acquire hormone-independence, including the activation of ARs by deregulated cytokines and growth factors such as insulin-like growth factor 1 (IGF1), epidermal growth factor (EGF), keratinocyte growth factor (KGF) and interleukin-6 (IL-6), through the Janus kinase (JAK)-signal transducer and activator of transcription (STAT), Akt or mitogen-activated protein kinase (MAPK) pathways in the absence of androgen (32-39). In particular, it has been suggested that Akt might contribute to the development of...
AR-escape pathways independently of AR phosphorylation, because Akt has roles in the control of cell apoptosis and proliferation in prostate cancer cell lines, and might inhibit apoptosis by suppressing the pro-apoptotic functions of Bcl-2-associated death promoter (BAD) phosphorylation and caspase 9 (40). Akt might also signal GI cell cycle progression by cytoplasmic mislocalization of p21 and p27, elevation of c-Myc and cyclin D and suppression of p130 (41).

We assessed the protein expression levels of some factors relating to the Akt axis, and found that p-Akt (Ser473), p-Akt (Thr380), Akt and p-PDK1 (Ser241) were significantly overexpressed compared with levels in LNCaP cells (Fig. 2E). These findings suggested that the growth of CDX25R cells might depend on hyperactivation of the Akt pathway, but not on the androgen/AR axis. Notably, CDX25R cells were highly sensitive to OH-flutamide, unlike the parental LNCaP cell line (Fig. 3D and E). OH-flutamide does not inhibit the proliferation of LNCaP cells due to the T877A mutation of the AR gene (42,43). However, the mechanism underlying the acquisition of hypersensitivity to OH-flutamide in CDX25R cells remains to be clarified. Taken together, these results suggest that CDX25R is an AR-positive HRPC cell line that is induced to proliferate by activated Akt, regardless of the presence of androgen. The changes in sensitivity to bicalutamide and OH-flutamide in CDX25R cells make them a good model for prostate cancer cells that have acquired resistance to first-line MAB therapy but are candidates for second-line MAB therapy with an alternative anti-androgen.

We evaluated the growth-inhibitory effects of OH-flutamide or bicalutamide combined with 5-FU on CDX25R, LNCaP and DU145 cells (Fig. 3). Combined treatment with 5-FU and OH-flutamide showed a synergistic growth-inhibitory effect on CDX25R cells compared with each drug administered alone (Fig. 3E). OH-flutamide did not inhibit the growth of DU145 cells because of hormone independence, and did not enhance the activity of 5-FU (Fig. 3F). LNCaP cells carry the mutation T877A of the AR gene, which prevents OH-flutamide from inhibiting their growth. However, 5-FU and OH-flutamide showed synergistic growth-inhibitory effects on LNCaP cells (Fig. 3D). Co-treatment with bicalutamide and 5-FU also showed synergistic anti-proliferative effects on LNCaP cells (Fig. 3A). Bicalutamide did not inhibit cell proliferation in CDX25R and DU145 cells, however, and did not enhance the activity of 5-FU (Fig. 3B and C). Overall, these results suggest that anti-androgens not only inhibit AR function but might also enhance the activity of 5-FU.

To confirm the possibility that anti-androgens enhance cellular sensitivity to 5-FU, we investigated their influence on the mRNA expression of seven enzymes that limit 5-FU activity: TS, DPD, OPRT, TP, TK, UP and UK (Table 1). When the three prostate cancer cell lines were treated with bicalutamide or OH-flutamide, only the mRNA levels of TS in the AR-positive LNCaP and CDX25R cells were significantly decreased in a dose-dependent manner, with the exception of CDX25R cells treated with bicalutamide. However, TS expression in AR-negative DU145 cells was not affected by anti-androgens. We then confirmed that the down-regulation of TS using TS siRNA led to an approximately 3-fold increase in the sensitivity of LNCaP and CDX25R cells to 5-FU (Fig. 5). These results suggested that the androgen/AR axis is needed for the inhibition of TS by anti-androgens, and is correlated with cellular sensitivity to 5-FU.

Several regulating mechanisms of TS expression have been reported, including transcriptional regulation by several transcriptional factors including members of the E2F gene family (28,31,44), the rTS gene system (45-47) and gene amplification. We confirmed that E2F1 expression was significantly decreased in CDX25R cells treated with OH-flutamide, whereas bicalutamide only had an effect at the lethal concentration of 100 µM. E2F1 expression in LNCaP cells was reduced after treatment with both OH-flutamide and bicalutamide. These results suggested that the anti-androgen decreased the protein expression of E2F1, and subsequently the expression and activity of TS through AR, and augmented the cellular sensitivity to 5-FU.

In Japan, 5-FU is usually applied in the form of a pro-drug such as the oral anti-cancer drug UFT. This combines the DPD inhibitor uracil and tegafur, which is converted to 5-FU in the liver, at a 4:1 molecular ratio, and has been used for the treatment of colon, lung, breast, gastric and prostate cancers, among others (48-53). In patients with untreated advanced prostate cancer, combined therapy with UFT and first-line MAB was reported to be tolerable, and effectively delayed the progression to androgen-independence (54-56). At the 2010 American Society of Clinical Oncology (ASCO) annual meeting, we reported that combination therapy with UFT and second-line MAB was more effective than second-line MAB alone in a study of 53 patients with HRPC (2010 ASCO Annual Meeting abs. e15030; http://abstract.asco.org/AbstractView_74_42670.html). There were no severe adverse events in the groups treated either with MAB alone or with MAB plus UFT. The PSA response rate for combined UFT and MAB therapy (70.6%) tended to be higher than that for second-line MAB therapy alone (36.8%) (p=0.054). Combined UFT and MAB therapy had a significantly longer median progression-free survival time (16.1 months) than that of MAB therapy alone (6.4 months) (p=0.0028).

To our knowledge, this is the first study to experimentally clarify the synergistic mechanism of the anti-proliferative effect of 5-FU combined with OH-flutamide, although the clinical utility of UFT combined with MAB therapy has been reported elsewhere. Our findings suggest that OH-flutamide or bicalutamide might induce the down-regulation of TS through AR, and augment cellular sensitivity to 5-FU in AR-positive prostate cancer cells. This mechanism might therefore exist only in AR-positive prostate cancer cells, not in AR-negative ones. For patients with untreated, AR-positive prostate cancer showing intensive androgen-dependency, first-line MAB therapy can provide sufficient clinical activity, and chemotherapy is not applied in many cases. Prostate cancer for which second-line MAB therapy is applied usually still has AR expression and is expected to be sensitive to alternative anti-androgens even though it has acquired resistance to first-line MAB.

5-FU, especially in the form of an orally administered, low-toxicity pro-drug such as UFT, might thus be suitable for co-administration with second-line MAB therapy, owing to the synergistic mechanism demonstrated in the current report. The translation of these in vitro findings into clinical applications would have a tremendous impact on the selection of the
best treatment modality. Practical methods for determining the down-regulation of TS, for the rational development of new regimens including anti-androgens and 5-FU, and for selecting responders to this combined therapy should be further researched.

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