Evaluation of MAGE-A expression and grade of dysplasia for predicting malignant progression of oral leukoplakia

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Abstract. The risk of the malignant transformation of oral leukoplakia (OLP) is difficult to predict by histopathology. Melanoma-associated antigen-A (MAGE-A) expression is restricted to malignant cells and may be useful for the more accurate estimation of the potential malignant transformation of pre-malignant lesions. The aim of the present study was to investigate whether the expression of MAGE-A can be used to predict the malignant transformation of OLP. Paraffin-embedded tissue samples of OLP from 74 patients followed-up for at least 5 years were included. A total of 24 progressing and 50 non-progressing OLP, 18 corresponding tumor and 30 healthy mucosa specimens were analysed for MAGE-A1, 3, 4, 6 10 and 12 expression by nested real-time RT-PCR and graded for dysplasia. In total, 46% of the progressing lesions expressed at least 1 out of the examined MAGE-A antigens, whereas no expression was detected in any of the non-progressing OLP and normal specimens. The correlation between malignant transformation and MAGE-A expression was statistically significant (p=0.00001). Furthermore, 42% of the progressing OLPs without dysplasia (D0) expressed at least 1 antigen. The correlation between the grade of dysplasia and MAGE-A staining in the malignant transformation group was not significant (p=0.08). The detection of at least 1 MAGE-A antigen may allow the identification of high-risk lesions that may progress into carcinoma with time. Therefore, the investigation of MAGE-A expression should be assessed in order to obtain a more accurate evaluation of the potential cancer risk of OLP.

Introduction

It is commonly accepted, that the detection of oral squamous cell carcinoma (OSCC) at an early stage improves the 5-year survival rate to 30% for patients suffering from advanced stages to approximately 85% in the early stages. Currently, approximately two thirds of the patients are diagnosed in an advanced stage (1-3). Moreover, not all OSCCs develop de novo on healthy mucosal tissue but are often preceded by potentially precancerous lesions and the prognostic interpretation of these lesions may have an impact on early diagnosis (4). Therefore, the early diagnosis and identification of high-risk pre-malignant lesions of the oral mucosa is the most effective approach for reducing morbidity and mortality.

In particular, the estimation of the risk of malignant transformation of oral leukoplakia (OLP), which is the most common potentially malignant disorder of the oral cavity, is challenging (5). At present, the gold standard of the classification and the assessment of patient risk for the development of cancer include a histopathological examination of incision biopsies and the scoring of dysplasia, as it is generally accepted that cancer risk increases with the severity of dysplasia (6,7). Thus, this criterion is commonly used to predict the behaviour of these lesions and to plan further clinical treatment. However, the assessment of dysplasia is highly subjective and lacks sensitivity for the prediction of the behaviour of lesions. It is evident that incision biopsies have limited reproducibility within the whole lesion and several studies have shown great interexaminer and intraexaminer variability in the assessment of the presence or absence and the grade of oral epithelial dysplasia (6-13). It has been demonstrated that OLPs which transform into carcinous lesions clearly harbor genetic instability and accumulate genetic alterations and that these differences are reflected in the oral mucosa by a series of well-defined clinical and histological changes in concordance to dysplasia. Therefore, molecular biological changes in pre-malignant lesions will hopefully provide a basis for a more accurate prediction and prognosis. However, to date, none of these new markers either alone or in combination are ready for clinical diagnosis and identification of high-risk lesions. Therefore, the development of more objective molecular tools remains crucial (9,10,14-20).
The expression of the melanoma-associated antigen-A (MAGE-A) is restricted to the testis and placenta tissues and various tumors, including OSCC (21,22). Furthermore, at least 1 MAGE-A gene out of the 10 members belonging to this family can be detected by RT-PCR analyses in 93% of OSCC cases, but not in healthy normal oral mucosa, making these genes attractive tools for the detection of cancer cells and early diagnosis (23). Moreover, their expression has been detected in potentially pre-cancerous oral lesions and may be useful in discerning high-risk cancerous lesions (24-26). However, these studies had certain limitations, including the fact that only case studies were performed, clinical and histological characteristics were heterogeneous and there was no clinical follow-up. In addition, only a few lesions with no dysplasia were included and clinical outcome was not documented for any of these. Thus, the value of MAGE-A expression analyses in OLP has to be validated by studies including a greater number of cases, particularly D0-OLPs, and by clinical follow-up studies. The aim of the present study was to analyse the expression of MAGE-A by highly sensitive nested real-time RT-PCR analyses in order to investigate whether the detection of at least 1 MAGE-A antigen out of 6 in OLP can predict the development of OSCC within 5 years. Our results should help clarify whether these molecular parameters can aid in the early detection of tumor cells in suspicious oral lesions or in the prediction of the potentially malignant transformation of OLP.

Materials and methods

Patients and tissue samples. For the analysis of MAGE-A expression, we used 122 formalin embedded samples separated into 4 groups. The study was approved by the Ethics Committee of the University of Erlangen-Nuremberg and patient informed consent was obtained. A total of 74 OLP samples were analysed that had been collected between 1997 and 2004. These samples were divided into 2 groups and 2 subgroups: Group 1 included 24 OLP samples of patients who developed OSCC during the 5-year follow-up. From these patients, 18 corresponding OSCC samples (group 4) were available. Group 2 consisted of 50 patients, who did not present with malignant transformation of OLP during the 5-year follow-up. A total of 30 samples of normal oral mucosa from healthy volunteers (group 3) served as the negative control. Samples of testis tissue were used as the positive control for MAGE-A expression. Clinical information was collected, including age, gender and time interval between the diagnosis of OLP and the onset of malignancy [disease-free survival time (DFS)].

Oral epithelial dysplasia classification and tumor histopathology and staging. All biopsies were evaluated by 2 pathologists to ensure consistent results. The grade of oral epithelial dysplasia in the OLP samples was histopathologically classified according to the WHO classification, 2005. Based on certain architectural, histological and cytological features, dysplasia was divided into 4 stages: D0, no dysplasia; D1, mild; D2, moderate; and D3, severe dysplasia (9). Ideally, diagnosis corresponds to the nature of the lesion meaning that the level of epithelial dysplasia implies the risk of progression into malignancy (low risk; moderate or severe risk of malignancy) (7).

Clinical staging and TNM classification were carried out for each tumor patient developing a malignancy based on the primary precursor lesion according to the Union for International Cancer Control (UICC). The OSCCs were also classified according to the WHO criteria for differentiation: G1, well-differentiated; G2, moderately; and G3, poorly differentiated. Clinical staging (stages I to IV) and classification according to early (including stages I and II) and late (including stages III and IV) clinical stages were recorded.

RNA isolation and expression analysis of MAGE-A by nested real-time RT-PCR analysis. For expression analyses, the highly sensitive nested RT-PCR method was used for the detection of MAGE-A1, 3, 4, 6, 10 and 12 expression. In summary, total RNA was isolated from paraffin-embedded tissues using the RNeasy FFPE kit (Qiagen, Hilden, Germany) according to the instructions of the manufacturer. RNA quality and quantity were assessed by the ‘NanoDrop1000’ (peQLab Technologies, Erlangen, Germany) according to the manufacturer's instructions. A total of 200 ng of total RNA was examined for MAGE-A gene expression.

Reverse transcription and the first PCR reaction were carried out using the One-Step RT-PCR kit (Qiagen) and outer primers which were specific for the individual MAGE-A member. For the detection of MAGE-A 3/6 a common primer set was applied (27) (Table I). Cycling conditions were as follows: Reverse transcription was carried out at 50°C for 30 min. Initial PCR activation step was performed at 95°C for 15 min, followed by 30 cycles of 94°C for 30 sec, 60°C/58°C for 45 sec, and 72°C for 60 sec. The final extension incubation was performed at 72°C for 10 min.

To exclude false-positive results generated by the amplification of genomic DNA sequences that were not totally eliminated by DNase digestion, 1 µl of purified RNA from each specimen was tested for the amplification of genomic GAPDH using the specific primers for PCR. Only RNA isolations showing no visible band on a 2% agarose gel were analysed for subsequent procedures.

All first PCR products were diluted (1:10; MAGE-A10 and GAPDH 1:100) and 1 µl of these solutions was used as the template for second (nested) PCR. The detection of mRNA was performed with the ABI Prism 7300 Sequence Detection System (Applied Biosystems, Weiterstadt, Germany). The QuantiTect TM SYBR®-Green PCR kit (Cat. 204143; Qiagen) and gene-specific nested primers (Table I) were used for PCR amplification. The cycling conditions applied for the nested real-time PCR were as follows: Initial denaturation/enzyme activation for 15 min at 95°C followed by 40 cycles of denaturation at 94°C for 15 sec, annealing/elongation reaction at 60°C for 1 min. Each RT-PCR experiment was performed in duplicate using the same RNA sample and the appropriate controls. The production of a single product and the formation of undesired side products during PCR that contribute to fluorescence were assessed by melting curve analysis. For normalisation and as control for RNA integrity, the amplification of GAPDH was used.

Statistical analysis. Statistical analysis was performed using the statistical software package SPSS 17 (SPSS Inc. Chicago, IL, USA). The prevalence of MAGE-A expression in OLP with
cancer development (group 1) was compared to that without cancer development (group 2) by the χ² test. The association between grade of dysplasia and malignant transformation and MAGE-A expression were analysed by the χ² or Mann-Whitney U-test, respectively. P-values <0.05 were considered to indicate a statistically significant difference.

Results

H&E stained sections of OPL tissues were classified according to the grade of dysplasia by 2 independent pathologists according to the criteria provided by WHO and Warnakulasuriya et al (7). Additionally, the differentiation of tumor specimens and the clinical staging of OSCC arising from OLP were defined.

Clinical features, histopathological data and follow-up of the patients. In this study, 74 OLP samples were examined; 55% (41/74) were male and 45% (33/74) female. The average age of the examined patients with OLP was 53.7 years. In total, 38 OLPs had no dysplasia (51.4%), 26 (35.1%) showed mild, 7 (9.5%) moderate and 3 (4%) severe dysplasia (Fig. 1A). With the increasing level of dysplasia the risk of malignant transformation increases. Out of 38 and 26 OLP exhibiting no or mild dysplasia, 31.6% (12 samples) and 19.2% (5 samples) progressed into carcinoma, respectively. By contrast, 57.1% (4/7) of lesions showing moderate dysplasia and all 3 (100%) OLPS graded as D3 became malignant (Fig. 2). Statistical investigation revealed that the correlation between the risk of tumor development and grade of dysplasia was significant (p<0.001).

The total contingent was divided into 2 groups. Group 1 included 24 lesions progressing into malignancy within 5 years and group 2 consisted of 50 samples which did not show any malignant transformation (Table II).

Of the 24 progressing OLPs, 15 patients (63%) were male and 9 (37%) female. The average age of the examined patients was 60.4 years. All grades of dysplasia were represented. Among the 24 patients, 12 (50%) had no dysplasia (D0), 5 (21%) mild, 4 (17%) moderate and 3 (12%) severe dysplasia (Fig. 1B). Group 2 included 50 OLP tissue samples. Of these, 52% (26/50) were male and 48% (24/50) female. The average age of the examined patients was 47.2 years. Contrary to group 1, only samples with D0 to D2 grade were included and no OLP with grade D3 was included. In total, 52% (26/50) showed no dysplasia (D0), 42% (21/50) mild and 6% (3/50) moderate dysplasia. There was no prevalence of D0 or D1 grade of dysplasia within this group. However, samples with a high grade of dysplasia were clearly under-represented (Fig. 1C).

Table I. Sequences of oligonucleotide primers for the nested RT-PCR amplification of the different MAGE-A genes and the internal control, GAPDH.

<table>
<thead>
<tr>
<th>Primer</th>
<th>Sequence (5’ to 3’)</th>
<th>Primer (bp)</th>
<th>Amplicon (bp)</th>
<th>Annealing temperature (˚C)</th>
</tr>
</thead>
<tbody>
<tr>
<td>One-step RT-PCR</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A1 o/s</td>
<td>GTA GAG TTC GGC CGA AGG ACC</td>
<td>21</td>
<td>150</td>
<td>58</td>
</tr>
<tr>
<td>MAGE-A1 o/as</td>
<td>CAG GAG CTG GGC AAT GAA GAC</td>
<td>21</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A3/6 o/s</td>
<td>GAA GCC GGC CCA GGC TCG</td>
<td>18</td>
<td>151</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A3/6 o/as</td>
<td>GAT GAC TCT GTG CAG GGC AA</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A4 o/s</td>
<td>CAC CAA GGA GAA GAT CTG CCT</td>
<td>21</td>
<td>185</td>
<td>58</td>
</tr>
<tr>
<td>MAGE-A4 o/as</td>
<td>TCC TCA GTA GTA GGA GCC TGT</td>
<td>21</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A10 o/s</td>
<td>CTA CAG ACA CAG TGG GTC GC</td>
<td>20</td>
<td>139</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A10 o/as</td>
<td>GCT TGG TAT TAG AGG ATA GCA G</td>
<td>22</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A12 o/s</td>
<td>CGC CGC TTT AAT CAC CGG AGG GA</td>
<td>20</td>
<td>181</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A12 o/as</td>
<td>CCT GTC TCC TCA GAA CCT GGA TGC T</td>
<td>25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GAPDH o/s</td>
<td>GAC CCC TTC ATT GAC CTC AAC TA</td>
<td>23</td>
<td>102</td>
<td>60</td>
</tr>
<tr>
<td>GAPDH o/as</td>
<td>TGA CAA GCT TCC GTG TCT CA</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Real-time PCR</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A1 i/s</td>
<td>TAG AGT TCG GCC GAA GGA AC</td>
<td>20</td>
<td>143</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A1 i/as</td>
<td>CTG GGC AAT GAA GAC CCA CA</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A3/6 i/s</td>
<td>GGC TCG GTG AGG AGG CAA G</td>
<td>19</td>
<td>148</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A3/6 i/as</td>
<td>GAT GAC TCT GTG CAG GGC AA</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A4 in/s</td>
<td>CAC CAA GGA GAA GAT CTG CCT</td>
<td>21</td>
<td>118</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A4 in/as</td>
<td>CAG GCT TGC AGT GCT GAC TCT</td>
<td>21</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A10 in/s</td>
<td>AGG AGG CGG GGG AGG TGA GA</td>
<td>20</td>
<td>80</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A10 in/as</td>
<td>GGG TTC CCT GTG TTG ACT TGA G</td>
<td>22</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MAGE-A12 in/s</td>
<td>CCG CAG GGA ACT CTG GTA TC</td>
<td>20</td>
<td>63</td>
<td>60</td>
</tr>
<tr>
<td>MAGE-A12 in/as</td>
<td>ACC TGA GTC ACC CTC TGA AGA AA</td>
<td>23</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GAPDH in/s</td>
<td>GAC CTTT GCC ATG GGT GGA AT</td>
<td>20</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
MAGE-A expression in progressing and non-progressing OLP and correlation with cancer risk. Representative results from the real-time PCR experiments are shown in Figs. 3 and 4. The results of the expression analyses are summarized in Tables II and III.

In 11 out of the 24 investigated progressive OLPs (46%) the expression of at least one MAGE-A antigen was detected (Fig. 3 and Table II). Independent of the grade of dysplasia, the samples of the examined non-progressing OLPs expressed no antigen (Fig. 4A). Only 1 lesion showed a very low expression of MAGE-A10 (Ct=38). Due to the high cycle number, the sample was estimated nevertheless as negative. Statistical analysis revealed that the correlation was significant between MAGE-A expression and malignant transformation (p=0.0001).

The distribution of MAGE-A expression was defined with regard to the grade of dysplasia within progressive OLPs. Out of 12 lesions graded as D0, 5 (42%) were positive. The expression frequency in lesions exhibiting moderate and severe dysplasia was approximately 100% (4/4) and 67% (2/3), respectively (Table III). No statistically relevant correlation between the dysplasia of the progressing lesion, staining and the potential of malignant transformation was found (p=0.54).

The time interval between the diagnosis of OLP and the detection of malignancy (DFS) was between 1 to 60 months. The mean DFS was 19.5 months and varied between 17.4 and 21 months within the different stages of dysplasia (D0, 17.4; D1, 19.3; D2, 20.5; D3, 25 months). The DFS in the stained specimens was lower (14.8 months) than in the unstained group (23.5 months), but this difference was not statistically significant (p=0.207).

Clinical and histological characterization of corresponding OSCC and expression of MAGE-A antigens in malignant and normal mucosa. Most of the 24 corresponding OSCC tumors were small at the time of diagnosis. Of these, 17 were classified as T1 (70.8), 5 as T2 (20.8%), none as T3 (0%) and 1 as T4 (4.2%) tumors. In 1 case, a carcinoma in situ (CIS) was diagnosed (4.2%). Most patients did not suffer from lymph node metastasis. Out of the 17 classified cases, the lymph node was not affected in 14 patients (N=0; 82.3%). In 3 patients lymph node metastases was diagnosed (N>0; 17.6 %). In total, 87.5% of the patients (21/24) developing a malignancy were diagnosed during the early stages of the disease. Only 12.5% of the patients had the late stages of the disease. All OSCCs except...
CIS were graded for differentiation. In total, 9 (39.1%) OSCCs were well-differentiated (G1), 8 (34.8%) were moderately (G2) and 6 (26.1%) were poorly differentiated.

For the 18 OSCC samples, MAGE-A expression analyses was performed. In total, 13 specimens expressed at least 1 antigen (72.2%; Table II). All OSCCs based on positive OLPs expressed the same antigens as the pre-cancerous lesion. A total of 5 negative OLPs developed into an antigen-expressing malignancy.

All 30 specimens of normal oral mucosa from healthy volunteers did not show remarkable changes, such as inflammation and hyper/dysplasia, or any other clinical abnormalities. MAGE-A expression was not observed in any of these tissues (Fig. 4B and Table II). The expression was restricted to malignant lesions and allowed the distinction between healthy and malignant tissues. Additionally, the correlation between malignancy and MAGE-A expression was statistically significant (p=0.0001).
Discussion

Not all OSCCs develop de novo on healthy mucosal tissue, but rather result from the transformation of several oral potentially pre-cancerous lesions (28). The early diagnosis of OSCC and the identification of high-risk precursors play a key role in patient survival and the incidence of OSCC. OLP is the most common oral potentially pre-cancerous lesion, accounting for over 80% of the potentially malignant oral disorders. Additionally, it has been reported that between 11 and 67% of all OSCCs are based on OLPs, demonstrating a significant increase in the incidence of OSSCs arising from OLPs (10,29). The evaluation of an asymptomatic patient for early-stage cancer, based on physical features alone, is frequently

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Table II. MAGE-A expression in different types of tissues.

<table>
<thead>
<tr>
<th>Tissue</th>
<th>No. of cases</th>
<th>+</th>
<th>Positive (%)</th>
<th>p-value (χ² test)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Progressing OLP</td>
<td>24</td>
<td>11</td>
<td>46</td>
<td>0.00001^b</td>
</tr>
<tr>
<td>Non-progressing OLP</td>
<td>50</td>
<td>0</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Corresponding tumor</td>
<td>18</td>
<td>13</td>
<td>72.2</td>
<td>0.00001^c</td>
</tr>
<tr>
<td>Normal oral mucosa</td>
<td>30</td>
<td>0</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

Antigen expression was only detected in progressive and malignant tissues. ^All OSCC based on positive OLPs retained antigen expression. ^High cancer risk and diagnosis significantly correlated with antigen detection.

Table III. MAGE-A staining within progressive leukoplakia.

<table>
<thead>
<tr>
<th>Grade of dysplasia</th>
<th>No. of samples</th>
<th>+</th>
<th>Positive (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>24</td>
<td>11</td>
<td>46</td>
</tr>
<tr>
<td>D0</td>
<td>12</td>
<td>5</td>
<td>42</td>
</tr>
<tr>
<td>D1</td>
<td>5</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>D2</td>
<td>4</td>
<td>4</td>
<td>100</td>
</tr>
<tr>
<td>D3</td>
<td>3</td>
<td>2</td>
<td>67</td>
</tr>
</tbody>
</table>

The grade of dysplasia of OLP did not significantly correlate with MAGE-A expression and malignant transformation (p=0.54).
compromised, as malignant and benign lesions may not be clinically distinguishable (30). Currently, the risk assessment of OLP is performed based on histological staining and the determination of dysplasia defined as mild, moderate or severe dysplasia, whereby the risk of the malignant transformation rises with the severity (7,8). However, this method lacks objectivity and sensitivity within the whole lesion. Furthermore, the histological features cannot accurately predict the outcome of individual cases. Thus, it is possible that individual moderate and severe dysplasia remain stable or regress, whereas lesions without dysplasia or mild dysplasia will progress to malignancy (6-8,10,16). These problems call for the identification of reliable molecular biomarkers to identify individuals with potentially malignant disorders who are at a high risk of developing OSCC (10,14,16,31).

Alternations in genes and pathways that regulate cellular signalling, cell cycle, differentiation, apoptosis, genomic stability and angiogenesis are significantly associated with the progression of a potentially malignant disorder to OSCC and have been considered as biomarkers for cancer risk assessment. However, these biomarkers have not gained any use in routine diagnosis and risk assessment either alone or in combination. Additionally, in almost all studies, the expression was only associated with the grade of dysplasia and follow-up was rarely carried out (16,31). Therefore, only an additional aid in the evaluation of the severity of OLP was shown, and the importance of these markers in forecasting the incidence of the disease remains unknown. Hence, identifying further diagnostic tools remains crucial for receiving the most representative analysis of any suspicious lesions.

The expression of MAGE-A is specific for malignancies, including OSCC and discrimination between healthy mucosa and tumor tissues is possible with high accuracy and probability (21-23). Recently, MAGE-A expression was shown in OLP. However, whether the detection of MAGE-A expression accurately predicts malignant transformation with time, has not been elucidated, as previous studies have included only a small number of cases of individual oral tissue samples and/or the clinical course of the disease has not been assessed (24-26). In our retrospective study, we compared the expression of MAGE-A between patients with OLP, who did or did not develop OSCC within 5 years. Despite the pre-selection of the samples met on their clinical and biological behaviour, a statistically significant association between the severity of dysplasia and malignant transformation was demonstrated. However, within progressing leukoplakia all grades of dysplasia were represented. This indicates that cancer risk also emanates from non- and mild dysplastic lesions, although with a small probability.

MAGE-A expression was only detected in progressive OLP. All stages of dysplasia and even lesions without histopathological changes were represented. If the expression of the marker was detected in the lesion, an OSCC arose at the appropriate anatomical region within a period of 5 years in 46% of all cases. The correlation between the detection of MAGE-A in OLP and malignant transformation was highly significant. Thus, high-risk patients can be identified with high accuracy and probability. Furthermore, no significant association between MAGE-A expression and grade of dysplasia was found within the progressive group. Hence, the malignant potential can be estimated independently of the grade of dysplasia. Additionally, the expression of MAGE-A by non dysplastic lesions which progressed into carcinoma is reported for the first time indicating that their malignant potential can be assessed by the expression analyses of MAGE-A genes. Thus, high-risk or already transformed lesions which are not dangerously classified by histopathological investigation can also be identified. This shows the efficacy of this method for the risk assessment of D0 lesions. This method may be a reliable additional molecular marker for the prediction of malignant transformation and may help to differentiate harmless and high-risk lesions. However, although multiple gene expression analysis was applied, the expression frequency was too low for sensitive diagnostic screening. Therefore, the method is strongly recommended in conjunction with additional markers for malignant progression in order to increase sensitivity. Therefore the identification of additional reproducible molecular markers by multi-centre studies with larger cohorts for multivariate analyses is urgently required.

Epigenetic modifications, most notably changes in the global DNA methylation level, are a hallmark in cancer genesis and tumor progression and occur also during tumorigenesis of OSCC (32,33). The precise regulatory mechanism of MAGE-A expression is still not fully understood, but it has previously been demonstrated to be linked to overall DNA demethylation (34,35). Therefore, it is accepted that the repression of these genes is an early step within oral carcinogenesis which may pinpoint the malignant transformation. These facts confirm the results that MAGE-A expression in oral lesions may be a considerably early diagnostic tool. Furthermore, OSCCs based on positive OLPS show MAGE-A expression. Thus residual cells descending from a preceding positive lesion can be proven during tumor development and progression. This could allow for the early identification of recurrences based on remaining residual cells of the original OLP. Moreover, the expression frequency in OSCC samples is higher than in precursor lesions. Previous studies have demonstrated the high expression frequencies of MAGE-A expression in OSCC (23,36,37). Thus, MAGE-A expression increases with the progression of malignancy by demethylation mechanism.

Our results may also have an impact on the clinical management of OLP. Treatment currently consists of excision, laser treatment or watchful waiting. Depending on the presence of epithelial dysplasia, the frequency of the patient follow-up varies (8). In our study, the mean DFS was almost equal in all the groups of dysplasia, independent of the staining result. Thus, it may prove beneficial to apply small observation periods to all patients. Nevertheless, for patients with MAGE-A-expressing OLPS more radical treatment has to be chosen, as all positive OLPS manifested themselves promptly. Thus, positive lesions with limited dimensions can always be excised with larger surgical margins and for patients with low-risk lesions, a good follow-up would suffice. It is expected that cancer incidence, patient survival rate and quality of life would considerably increase, as planning the best treatment modality will be assisted by an objective additional tool leading to earlier, more adequate and even more radical treatment of the dangerous lesion.

However, due to the widespread damage of certain tissues and the multifocal development of lesions, traditional therapy
is not always possible. Hence, the development of better therapeutic strategies to delay or reverse incidences of malignant progression is urgently required. Most of the new therapeutic strategies demonstrate the immunotherapeutic approach. Due to their restricted expression to malignant cells and tests and their high immunogenetic effect, MAGE-A antigens are possibly ideal targets for immunotherapy (36,38–40). The high expression frequency of MAGE-A in progressive OLP may also recommend these proteins as a potential targets for the antigen-specific immunotherapy and polyvaccination in precancerous lesions.

Additionally, less invasive methods may be established. One example is the expression analyses in samples obtained by the cytobrush method (41). The exfoliate cytology using a cytobrush is minimally invasive, painless and allows multiple sampling from different parts of the lesion of larger areas and of multifocal lesions. Therefore, it can be used effectively and routinely to follow-up suspected oral lesions as well as resected tumour cases with a high recurrence rate. Additionally, the problem of the limited reproducibility of incision biopsies within the whole lesion may be solved. Recent studies already point to the possible application of the combination of the cytobrush method and MAGE-A expression analyses in the early diagnoses of OSCC, risk assessment of OLP and the detection of possible early recurrences by close follow-up after surgery (25,42). This tool may help to increase the patient survival rate and quality of life. However, these studies include only a few samples and further investigations on a larger patient contingent are required to confirm the impact of this method.

In conclusion, the expression analysis of multiple MAGE-A genes might be a reliable additional molecular diagnostic marker to predict the malignant transformation of OLP independently of the ascertained grade of dysplasia. Moreover, non-dysplastic OLPs presenting a high risk of cancer could be identified and individually treated. Furthermore, alternative diagnostic procedures, such as brush biopsy and new therapeutical procedures, notably immunotherapeutic approaches, may be established. These improvements may decrease the incidence of the disease and increase the 5-year disease survival rate by adequate and earlier treatment of both high-risk lesions and OSCC.

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