Parthenolide suppresses tumor growth in a xenograft model of colorectal cancer cells by inducing mitochondrial dysfunction and apoptosis

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Abstract. Parthenolide (PT), a principal active component in medicinal plants, has been used conventionally to treat migraine and inflammation. This component has recently been reported to induce apoptosis in cancer cells, through mitochondrial dysfunction. In the present study, we investigated PT-mediated cell death signaling pathway by focusing on the involvement of Bcl-2 family members in human colorectal cancer cells. We also investigated the inhibitory effect of PT on tumor growth in xenografts. Using the human colorectal cancer cell lines HT-29, SW620 and LS174T, we demonstrated that treatment of these cancer cells with PT induces apoptosis using MTT, Annexin V assay and Hoechst 33258 staining. Apoptosis through the mitochondrial pathway was confirmed by detecting regulation of Bcl-2 family members, cytochrome c release and caspase activation. Moreover, intraperitoneal injection of PT showed significant inhibition of tumor growth, angiogenesis in the xenograft model. These results demonstrate that PT exhibits anti-cancer activity in human colorectal cancer in vitro and in vivo. These findings may also provide a novel approach for the treatment of colorectal cancer.

Introduction

Colorectal cancer (CRC) is one of the most common malignancies worldwide (1). Other than surgery, treatment of CRC patients relies primarily on chemotherapy, especially the patients with advanced CRC. Among the chemotherapeutic agents for CRC, 5-fluorouracil (5-FU), which is a classical chemotherapy agent, has been the first line regimen for treating CRC over several decades (2,3). However, 5-FU has many disadvantages, for example, poor selectivity and sensitivity to tumor and high toxicity to bone marrow, gastrointestinal tract, and skin even at the therapeutic dose (4). Therefore, combined therapy with 5-FU, named FOLFOX regimen (5-fluorouracil, leucovorin, and oxaliplatin), has widely been used to enhance 5-FU efficiency. However, the problems have been attributed to innate or acquired resistance, resulting from DNA damage repair, decreased drug import or enhanced tolerance to platinum adduct accumulation (5). Therefore, development of new chemotherapeutic agents and strategies are required to improve drug efficacy, tolerance, and disease-free survival.

Parthenolide (PT) is one of the main sesquiterpene lactones present in Feverfew, a traditional herbal medicine, that has been used for the treatment of migraine, fever, and arthritis in Europe (6). It is well known to inhibit interleukin-1 (IL-1) and tumor necrosis factor-α-mediated nuclear factor-kB (NF-kB) activation, which is responsible for its inflammatory activity (7-9). Recent studies have demonstrated anti-cancer property of PT through induction of apoptotic cell death in a number of human cancer cells (10,11). Multiple pathways might be involved in PT-induced apoptotic cell death, including oxidative stress, endoplasmic reticulum (ER) stress, intracellular thiol depletion, caspase activation, and mitochondrial dysfunction (12,13). Especially, PT has been demonstrated to activate the caspase cascade through regulation of Bcl-2 family, mitochondrial damage, and release of cytochrome c in cholangiocarcinoma and gastric cancer cells (11,14). Furthermore, it has been shown that the proapoptotic Bcl-2 family (Bid, BAX, BAK) members are important mediators relaying the cell death signaling elicited by PT from caspase 8 downstream in CRC cells (15). Functional role of Bcl-2 family member in PT-induced apoptosis has been studied well. However, there is only one report on PT-induced apoptosis in CRC cells. Especially, PT as a chemotherapeutic agent using a CRC animal model has not been evaluated.

In this study, we examined whether anti-tumor effects of PT involves induction of mitochondrial dysfunction and apoptosis in CRC cell lines and xenograft models. We evaluated the potential as a new chemotherapeutic drug using mouse models of cancer.

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Materials and methods

Chemicals and reagents. Parthenolide and Z-VAD-FMK were from Calbiochem (San Diego, CA). Rhodamine-123 (Rh-123) and Annexin V-FITC were purchased from Invitrogen (Eugene, OR). TUNEL assay kit was from Promega (Madison, WI). Anti-Bcl-2, anti-Bid, anti-Bax, anti-cytochrome c, anti-caspase 3 and anti-p53 antibody were from Santa Cruz (Beverly, MA). Anti-PARP antibody was from Cell Signaling (Beverly, MA). Anti-actin was from Sigma (St. Louis, MO).

Cell culture and treatment. Human colorectal cancer cell lines HT-29, LS174T, and SW480 cells (American Type Culture Collection, Rockville, MD) were cultured in the RPMI-1640 medium supplemented with 10% FBS, 100 units penicillin and 100 units streptomycin. For the treatment of cells with PT, cells were sub-cultured in RPMI-1640 medium without FBS for 12 h. PT was dissolved in DMSO as a stock solution at 100 µM and diluted with FBS-free medium to achieve designated concentrations. Same concentration of DMSO was always applied to cells as a control.

MTT colorimetric survival assay. HT-29, LS174T, and SW480 cells were plated at a density of 1.0x10^4 cells per well in 96-well plates. Cells were treated with various concentrations of PT for 24 h, and then the medium was removed and 200 µl of fresh medium plus 20 µl of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT, 2.5 mg dissolved in 50 µl of dimethylsulfoxide, Sigma) were added to each well. After incubation for 4 h at 37°C, the culture medium containing MTT was withdrawn and 200 µl of dimethylsulfoxide (DMSO) was added, followed by shaking until the crystals were dissolved. Viable cells were detected by measuring absorbance at 570 nm using a microplate reader (Molecular Devices, Sunnyvale, CA). The cell growth was expressed as a percentage of absorbance in cells with PT treatment to that in cells without PT treatment (100%).

Detection of apoptosis. After being incubated with PT for 24 h, the cells were trypsinized, collected, washed with ice-cold PBS, suspended in a 500 µl Annexin V binding buffer containing 5 µl of Annexin V-FITC, and incubated for 15 min at room temperature in the dark. The fluorescence was measured on a BD LSR flow cytometer (Becton Dickinson, NY) and processed with Cell Quest software (Becton Dickinson, NY) for analysis. PT-induced apoptosis in colon cancer cells was assessed using Hoechst 33258. The cells were treated with various concentrations of PT for 24 h, and then stained with Hoechst 33258 (1 µg/ml) at 37°C for 10 min. Nuclear morphology was examined under a Confocal Laser Scanning Microscope (Carl Zeiss, Germany) to identify cells undergoing apoptosis.

Mitochondrial transmembrane potential (ΔΨm). The mitochondrial membrane was monitored using Rhodamine-123 fluorescent dye (Ex/Em = 485 nm/535 nm; Sigma), a cell-permeable cationic dye, which preferentially enters into mitochondria due to the highly negative mitochondrial membrane potential (ΔΨm). Depolarization of ΔΨm results in the loss of Rhodamine-123 from the mitochondria and a decrease in intracellular fluorescence. In brief, cells were incubated with the designated doses of PT for 24 h. Cells were washed twice with PBS and incubated with Rhodamine-123 (0.1 µg/ml) at 37°C for 30 min. The intensity of Rhodamine-123 staining was determined using a BD LSR flow cytometer.

Cell extraction and western blotting. Cells were collected, washed twice with PBS, and then lysed for 30 min on ice in a lysis buffer (50 mM Tris-HCl pH 8.0, 150 mM EDTA, 1% Triton X-100, 0.5% SDS and protease inhibitor cocktail). The protein concentration in cell lysates was measured by using Protein Quantification kit from Bio-Rad. Total 30 µg proteins were loaded onto an SDS-PAGE gel. After transferring and blocking, the membrane was probed with various antibodies (anti-Bcl-2, anti-Bax, anti-Bid, anti-cytochrome c, anti-caspase 3, anti-PARP, anti-p53 and anti-actin, Santa Cruz Biotechnology). The signal was detected by using enhanced Westone (Intron, Daejeon, Korea), and captured, analyzed by a Luminescent Image Analyzer (LAS-3000, Fuji film, Japan).

Xenograft models. HT-29 (6x10^6) cells were injected into nude mice. Mice were randomized and assigned to control group and treatment group and intraperitoneally injected 3 times a week vehicle (DMSO) and 4 mg/kg PT, respectively. PT or vehicle treatment was started on 5 days after tumor cell implantation (0.5 mm³ tumor volume). Tumor diameters were measured 3 times a week, and tumor volumes were also calculated (volume = X x Y x Z x π/6). The experiment was terminated on 28 days, and the tumors were harvested for immunohistochemistry.

Immunohistochemistry. Immunohistochemistry was carried out in paraffin-embedded (5 µm) tissue sections. Apoptosis was measured quantitatively using the terminal deoxynucleotidyl transferase (TdT)-mediated dUTP nick end-labeling (TUNEL) assay using a ApopTag In Situ Apoptosis Detection kit (Chemicon, Temecula, CA) according to the manufacturer's instructions. Four fields at x40 magnification were selected at the proliferation front of each tumor, and TUNEL-positive cells were counted. For analysis of expression of CD31 (VEGF), slides were incubated with anti-CD31 (sc-507; Santa Cruz Biotechnology), and incubated with secondary antibody (goat anti-rabbit; Santa Cruz Biotechnology). Five equal-sized fields were randomly chosen.

Statistical analysis. The data are presented as the mean ± SE of at least three independent experiments done in duplicate. Representative blots are shown. All the data were entered into the Microsoft Excel 5.0, and SPSS software was used to perform the two-tailed t-tests or the analysis of the variance, where appropriate. P-values <0.05 were considered significant.

Results

Inhibitory effect of PT on cell proliferation. Human colorectal cancer cell lines, HT-29, SW620, and LS174T cells were treated with various concentrations (0, 5, 10, 20, 40, and 60 µM) of PT for 24 h. At 20 µM of PT, proliferation of these cells was inhibited approximately 50% in all cell lines (Fig. 1). At 40 µM of PT, inhibition of proliferation of HT-29 and SW620 cells reached over 80% whereas proliferation of LS174T cells was
Inhibited approximately 60%. At 60 µM, over 90% of cell death was observed with all cell lines.

**Apoptosis induction by PT.** HT-29 cells were treated with 0, 5, 10, 20, 40 µM PT for 24 h. The apoptosis of HT-29 cells was induced in a dose-dependent manner of PT, reaching approximately 93.38% cell death at 40 µM of PT. In addition, at 40 µM of PT, induction of apoptosis in SW620 and LS174T cells were 67.21±3.755% and 72.79±7.824%, respectively (Fig. 2A).

Apoptotic nuclear morphology was observed after Hoechst 33258 staining using fluorescence microscopy. After treatment with 20 µM of PT for 24 h, HT-29 cells began to exhibit apoptotic characteristics, such as cell shrinkage, nuclear condensation, and fragmentation. At 40 µM of PT, DNA condensation was observed in most of cells, and DNA fragments found on surface of glass plate. In the control group, the cells were regular in morphology and grew fully in patches and were confluent, rarely sloughing off (Fig. 2B).

**Loss of mitochondrial membrane potential (ΔΨm).** HT-29 cells were treated with 0, 5, 10, 20, 40 µM PT for 24 h. Treatment of the cells with PT caused a decrease in ΔΨm in HT-29 cells in a PT concentration-dependent manner. The decreased ratio of ΔΨm peak was 7.29% (control), 10.36% (5 µM), 12.91% (10 µM), 13.57% (20 µM) and 57.39% (40 µM) respectively (Fig. 3).

**Regulation of Bcl-2 family and cytochrome c release.** The underlying mechanism of PT was also explored in the study. The activation of several apoptosis-related proteins may contribute to PT-induced apoptosis. In Bcl-2 family members, the expression of Bcl-2 and truncated-Bid were detected by Western blotting in HT-29. The level of Bcl-2 protein in HT-26 was decreased in a dose-dependent manner of PT (Fig. 4, first panel). In contrast, the expression of truncated-Bid in HT-29 inhibited approximately 60%.

Figure 1. Effect of PT on growth of human colorectal cancer cells. Twenty-four hours of exposure to PT resulted in inhibition of proliferation in a concentration-dependent manner. The experiments were done at least thrice and the result of one representative experiment is shown. Columns, means; bars, ± SE. *P<0.05 compared with each mean value of HT-29, SW480 or LS174T cells.

Figure 2. Apoptotic effect of PT on human colorectal cancer cells. (A), FACS analysis of Annexin V-FITC. After PT treatment (40 µM) for 24 h, cells were harvested and stained with Annexin V-FITC. Total 10,000 cells were collected for each group. The experiments were done at least thrice and the result of one representative experiment is shown. Columns, means; bars, ± SE. *P<0.05 compared with control of HT-29, SW480 or LS174T cells. (B), Hoechst 33258 staining images of the HT-29 cells. After PT treatment (a, control; b, 5 µM; c, 10 µM; d, 20 µM; e, 40 µM) for 24 h, cells were fixed and stained with Hoechst 33258 (1 µg/ml).
cells was increased dramatically in a dose-dependent manner of PT (Fig. 4, second panel).

Following a mitochondria-dependent death signal, Bax translocates from the cytosol to the mitochondria at which time the Bax conformation changes. This mitochondrial localization of Bax is essential for mitochondrial permeabilization and plays an important role in triggering apoptosis. Therefore, the Bax level was determined in the cytosol and mitochondrial extracts after PT treatment. Treatment of HT-29 cells with PT resulted in a decrease in cytosolic Bax level expression showed a dose-dependent progressive decrease of Bax, whereas the Bax level in mitochondrial extracts was increased (Fig. 4, third and fourth panel).

One of the consequences following the changes of Bcl-2 family members is a dissipation of mitochondrial potential and release of mitochondrial pro-apoptotic protein, cytochrome c.

After treatment of HT-29 cells with PT, the release of cytochrome c was increased in a dose-dependent manner (Fig. 4, fifth panel).

**Cleavage of caspase 3 and increase of apoptotic marker proteins.** Caspase 3 is the terminal factor in the enzymatic cascade reaction related to apoptosis in mammalian cells (16). Here we also tested effects of PT on the caspase 3 activity in HT-29 cells. While amount of pro-caspase 3 was not changed after treatment with PT, cleavage of caspase 3 was increased in a
dose-dependent manner. Furthermore, the cleavage of caspase 3 was significantly blocked by pretreatment of a general caspase inhibitor Z-VAD-FMK (Fig. 5A).

The activation of caspase 3 then leads to the cleavage of their downstream molecular targets including PARP and p53, a hallmark of apoptosis (17,18). As shown in Fig. 5B, the levels of cleaved PARP and p53 were increased by treatment with PT. Taken together, these results demonstrate that PT-induced apoptosis is caspase 3-dependent (Fig. 5B).

**Effect of PT on tumor growth in xenograft mice.** To examine the effects of PT on tumor growth in vivo, we used a xenograft model...
nude mouse tumor model with subcutaneously implanted HT-29 cells. About 4 weeks after the start of treatment with PT, mean tumor volume of PT-treated mice was $330.01 \pm 42.09 \, \text{mm}^3$ and it was significantly smaller than that in control mice ($392.18 \pm 132.42 \, \text{mm}^3$, $p=0.0075$, Fig. 6A). We further examined the effect of PT on angiogenesis in mice bearing HT-29 cell xenografts. Immunohistochemical analysis of CD31, a well-established marker for angiogenesis, revealed that the blood vessel network was well developed in the tumors from control mice, whereas the development of the blood vessel network appeared to be inhibited by PT (Fig. 6B). Representative tumors were also analyzed by the TUNEL assay to determine apoptotic cells. Tumor tissues from mice treated with PT displayed drastically more positively stained apoptotic cells, as compared to those from control mice (Fig. 6C).

**Discussion**

Recent reports, including our own, have suggested the involvement of multiple pathways in PT-induced apoptotic cell death in human cancer cells, and the pathways include oxidative stress, inhibition of DNA synthesis, activation of STAT and NF-κB, and mitochondrial dysfunction (10,11,19-24). Especially, PT has been demonstrated to regulate the mitochondrial pathway in vitro. However, there is no report on its ability to inhibit tumor growth in vivo through induction of apoptosis via mitochondrial dysfunction. In the present study, we demonstrated that PT inhibits anti-cancer property, inducing apoptosis via mitochondrial pathway in vitro and in vivo.

Many factors mediating apoptosis converge to activate the critical effector caspase 3, which is considered as the key protease of caspase family in mammalian cell apoptosis (25). Caspase-dependent apoptosis pathway includes mitochondria pathway, death receptor pathway, and endoplasmic reticulum pathway (26,27). The mitochondria pathway is controlled and regulated by the Bcl-2 family (27,28), which are divided into two groups, the anti-apoptotic members (Bcl-2, Bcl-xL) and pro-apoptotic members (Bax, BAD, Bid) (29). We investigated effects of PT on changes in Bcl-2, truncated-Bid and caspase 3 level. The result of western blot analysis showed that the levels of truncated-Bid and cleaved caspase 3 were increased by treatment with PT, while the level of Bcl-2 was decreased. The cleavage of caspase 3 was prevented by pretreatment with a pancaspase inhibitor, Z-VAD-FMK. These results have suggested that apoptosis induced by PT involves the caspase-dependent mitochondria pathway. Moreover, another important Bcl-2 family member, Bax is functionally related to truncated-Bid. The direct binding of truncated-Bid to Bax is a prerequisite for Bax translocation into mitochondrial outer membrane, then balance of mitochondrial membrane permeabilization is broken, resulting in cytochrome c release (30,31). In the present study, a dose-dependent progressive decrease of Bax in the cytosol fraction and the increase of Bax in the mitochondrial fraction after PT treatment were detected, suggesting the translocation of Bax from cytosol to the mitochondrial membrane. Through the series of biochemical events, cytochrome c which is located in the mitochondrial membranes is released into the cytoplasm (32,33). Downstream of cytochrome c, the activation of caspase 3 then leads to the cleavage of their downstream molecular targets including PARP, a hallmark of apoptosis (17,18). Moreover, p53 induces cell cycle arrest or apoptosis in response to DNA damage and regulates Bax and Bcl-2 protein expression (34). In this study, we showed that levels of PARP and p53 were decreased by PT treatment. These observations indicate that PT induces apoptosis via the mitochondrial pathway, causing mitochondrial dysfunction in CRC cells.

Many death signals, such as anti-cancer agents, radiation or ROS could trigger the loss of mitochondrial membrane potential ($\Delta \Psi_m$), a critical step in the apoptosis processes which leads to an irreversible apoptosis (35). Bcl-2 families are mainly involved to apoptosis and mitochondria is the principle site of apoptotic action (31,36). Correspondingly, treatment with 40 μM PT induced the 57.39% of loss of $\Delta \Psi_m$ in HT-29 cells. Notably there were similar changes of Annexin V positive-stained and Rhodamine-123 negative-stained cells in 40 μM PT-treated HT-29 cells, suggesting that apoptosis by PT is tightly related to or dependent on the loss of mitochondrial membrane potential ($\Delta \Psi_m$).

To assess the effectiveness of PT against CRC in vivo, we examined whether PT could inhibit the growth of HT-29 tumors in xenograft models. The growth of HT-29 xenografts was inhibited by treatment with PT and many apoptotic cells were observed in PT treated mice by TUNEL assay. These findings suggest that PT has an effect on tumor growth and apoptosis induction in CRC. The anti-tumor effect of PT by mitochondrial dysfunction has not been studied in vivo. In the present study, we confirmed that regulation of Bcl-2 family and dissipation of MMP by PT can lead to inhibit tumor growth in CRC xenografts models.

We also observed reduced blood and blood vessels in PT-treated mice compared to those in control mice. VEGF plays a central role in angiogenesis by promoting the growth of vascular endothelial cells and enhancing vascular permeability (37,38). In a study of renal cell carcinoma, the production of VEGF was decreased by PT in vitro and in vivo (39). Moreover, PT inhibits the proliferation and induces cell cycle arrest at G0/G1 phase in vascular smooth muscle cells (40). Accumulation of these inhibitory effects of PT on angiogenic factors may lead to significant tumor growth inhibition. In this study, we confirm that PT also participates in regulating angiogenesis and suppressing VEGF, using immunohistochemistry images for CD31. Moreover, the regulatory mechanism of angiogenesis by PT requires further study.

In conclusion, the present study demonstrates that PT inhibits colon cancer development and tumor growth by the induction of apoptosis through mitochondrial dysfunction. These results suggest that PT could be a potential chemopreventive and therapeutic agent of colon cancer.

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**References**