Antiproliferative and apoptosis induction of α-mangostin in T47D breast cancer cells

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Abstract. α-Mangostin extracted from mangosteen, Garcinia mangostana Linn. is known as ‘queen of fruits’. The anti-cancer activity of α-mangostin through apoptosis induction and related signaling pathways in human breast cancer T47D cells was investigated. Human epidermal growth factor receptor 2 (HER2) and mitogen-activated protein kinase (MAPK) signaling have been shown to play important roles in apoptosis. The results showed that α-mangostin induced cell proliferation inhibition, DNA fragmentation, nuclear condensation, increased cleaved caspase-3 and cleaved caspase-9, but decreased Bcl-2 and Mcl-1 expression. Mitochondrial dysfunction and cytochrome c release were also detected. In addition, phosphorylation of ERα, HER2, PI3K, Akt and ERK1/2 were downregulated whereas p-JNK1/2 and p-p38 were upregulated. These results indicated that α-mangostin induced apoptosis associated with HER2/PI3K/Akt and MAPK signaling pathways suggesting that α-mangostin may be used as food supplement or a potential therapeutic compound for breast cancer.

Introduction

Breast cancer is the most common type of cancer in women and is the second leading cause of cancer death following lung cancer, resulting from coordinated actions between estrogen receptor (ER) and growth factor receptor especially for HER2 and various survival signaling pathways (1). Increasing efforts are conducted on identifying not only agents that selectively target cancer cells but also signaling pathways that promote or inhibit cancer progression. Targeting a specific pathway is critical to successful treatment of breast cancer, as cancer cells reflect the balance between cell death and survival (2). ERs are a group of nuclear receptor (NR) transcription factors, which could be activated by estrogen hormone. There are two classical nuclear ER subtypes, ERα and ERβ. Approximately 70% of breast cancer cases are ER-positive (3). Signaling of ERα is involved in normal breast development, as well as in growth and progression of breast cancer. HER2, an orphan receptor with intrinsic tyrosine kinase activity, regulates cell growth, differentiation and survival (4,5). Excess HER2 signaling leads to numerous oncogenic processes including cell proliferation, survival and carcinogenesis (6) via the RAS/Raf1/MEK/ERK and the PI3K/Akt pathways. Moreover, crosstalk between ERα and HER2 signaling pathways fundamentally contribute to the development and aggressiveness of cancer (7).

Apoptosis is a form of programmed cell death which is precisely regulated and plays important roles during embryogenesis and immunity (8-11). Apoptosis is characterized by a number of well-defined features including cellular morphological changes, chromatin condensation, DNA fragmentation and caspase activation. Apoptosis (program cell death) proceeds through two main pathways, the extrinsic and intrinsic pathways. The extrinsic pathway is triggered through the binding of death ligands such as tumor necrosis factor-α (TNF-α), cluster of differentiation 95 ligand (CD95L)/Fas ligand (FasL) or TNF-related apoptosis-inducing ligand (TRAIL) to death receptors on the cell surface resulting in formation of death-inducing signaling complexes (DISC) and activation of initiator caspases-8 (12). On the contrary, the intrinsic or mitochondrial pathway is initiated by cellular or DNA damage characterized by depolarization of mitochondrial membrane controlled by the Bcl-2 family proteins leading to cytochrome c release into cytoplasm and caspase-9 activation (13). Both pathways promote cleaved caspase-3 expression then PARP degradation, DNA fragmentation and apoptotic cell death. Apoptosis is regulated by a variety of signaling pathways including the PI3K/Akt pathway. Protein kinase B (Akt) has been shown to regulate apoptosis related proteins such as B cell lymphoma-2 (Bcl-2), Bcl-2 associated X protein (Bax) and cysteine aspartic acid specific protease (caspase-3) and is crucially involved in anticancer drug induced apoptosis of cancer cells (14-17).

MAPK signaling, targeted for cancer prevention and treatment, includes a three-tiered kinase core, where MAPK activates MAP2K that activates MAPKs including ERK1/2 which promotes cell growth, cell survival and differentia-
tion whereas JNK1/2 and p38 promote cell apoptosis (18,19). Moreover, α-mangostin also showed decreased inactive-MAPK(s) by dephosphorylation of c-Raf at Ser259. Therefore, downregulation of phosphorylated-ERK1/2 may be an appropriate alternative therapy for breast cancer patients (20).

Various signaling pathways were activated upon the binding of estrogen to ERα including Ras-Raf-MAP kinase and PI3K/Akt signaling pathways (21). ERα phosphorylation is involved in tamoxifen resistance including Ser104/106 and Ser118 in breast cancer patients (22). These regions of ERα were phosphorylated by ERK1/2 and MEK1/2 (23,24). ERK/MAPK and PI3K/Akt pathways rapidly activated by the ERα-estrogen complex also have a critical role in estrogen action as a survival agent. Furthermore, p38 phosphorylated-ERα (at Ser294) in coordination with S-phase kinase-associated protein 2 (Skp2) which stimulated phosphorylation of ERα at Ser64 led to proteosomal degradation of ERα. In addition, inhibition of p38 and Skp2 affected the ERα function (25). Indeed, these pathways enhanced Bcl-2 expression, blocked p38 activation and reduced caspase-3 activation (26,27).

Mangosteen (Garcinia mangostana Linn.) family Guttiferae has been used for hundreds of years around the world, mainly in Southeast Asia. Mangosteen is round, dark purple or reddish fruit with white juicy pulp possessing slightly acidic and sweet flavor, known as the ‘queen of fruits’ (28). The juicy pulp contains essential nutrients such as carbohydrates, fat, protein, vitamins and trace metals. The fruit hulls were used as a traditional herbal medicine for the treatment of abdominal pain, dysentery, wound infections, eczema, suppuration and chronic ulcer (29-31). Xanthones, the most abundant polyphenolic compounds present in mangosteen pericarp, have long been reported to possess multiple health-promoting properties (32). The dominant xanthone extracted from the fruit hulls of G. mangostana, α-mangostin, has been demonstrated to possess antioxidant (33-35), antibacterial (36,37), antifungal (38), anti-inflammatory (39,40), renoprotective activities (41).

Effects of α-mangostin have been reported in numerous preclinical tumor models such as colon cancer (42), colorectal cancer (43), leukemia (44), chondrosarcoma (45). In the present study, we investigated the hypothesis that α-mangostin could inhibit cell proliferation and induce apoptosis associated with HER2/PI3K/Akt and MAPK signaling pathway in human breast carcinoma T47D cells.

Materials and methods

Chemical. Hoechst 33342, fetal bovine serum (FBS), crystal violet, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), phenylmethylsulphonylfluoride (PMSF), 2-(4-(2-hydroxyethyl)-1-piperazinyl)-ethanesulphonic acid (HEPES), ethylenediaminetetraacetic acid (EDTA), Ethylene glycol-bis (2-aminoethylether)-N,N,N',N'-tetraacetic acid (EGTA) and phenol:chloroform:isoamyl alcohol (25:24:1) were purchased from Sigma-Aldrich (St. Louis, MO, USA). Dulbecco's modified Eagle's medium (DMEM) and Roswell Park Memorial Institute (RPMI)-1640 medium were purchased from Gibco (Grand Island, NY, USA). Propidium iodide (PI), Hoechst 33342 (2,5'-Bi-1H-benzimidazole, 2-(4-ethoxyphenyl)-5-(4-methyl-1-piperazinyl)-23491-52-3), JC-1 (5,5',6,6'-tetrachloro-1,1',3,3'-tetraethyl-imidacarbocyanine iodide) and DNase free RNase A were purchased from Thermo Fisher Scientific Inc. (Pittsburgh, PA, USA). Dimethylsulfoxide (DMSO) was purchased from Merck Calbiochem (San Diego, CA, USA). α-Mangostin was isolated and purified by A. Krajarng according to our previous report (45). The structure of G. mangostana is shown in Fig. 1A (46).

Cell culture. Breast cancer cell lines MDA-MB-468, AU565, SKBR3 and T47D were obtained from the American Type Culture Collection (ATCC; Manassas, VA, USA). MDA-MB-468 was maintained as a monolayer in DMEM. AU565, SKBR3 and T47D were maintained as a monolayer in RPMI-1640. The media were supplemented with 10% fetal bovine serum (FBS) 100 U/ml penicillin, 100 µg/ml streptomycin (PA Laboratories, Pasching, Austria). Cells were cultured in 5% CO2 at 37°C. The medium was refreshed every 2-3 days.

Evaluation of proliferation inhibitory potential (MTT assay). The cytotoxicity of α-mangostin was determined by MTT assay. MDA-MB-468, AU565, SKBR3 and T47D cells were seeded at a density of 1x10⁴ cells/well in a 96-well plate and allowed to grow for 24 h. Cells were then treated with α-mangostin at 7.5, 15 and 30 µM, whereas the control group was treated with 0.03% DMSO. After incubation for 4, 8, 12, 16, 20 and 24 h, MTT solution (0.5 mg/ml) was added to each well and was further incubated for 3 h at 37°C. DMSO was added to each well to solubilize water insoluble purple formazan crystals. The absorbance at 570 nm was measured using a microplate reader (Multiskan EX; Thermo Electron Corp., Vantaa, Finland). Survival percentage (%) was calculated relative to the control.

The IC50 of T47D cells was 7.5 µM, which was less than Vero cells (14.26 µM), whereas those of SKBR3, MDA-MB-468 and AU565 were 23.88, 22.23 and 43.63 µM, respectively. Thus, T47D cells were chosen for further study. The reason for choosing different times depended on which step of apoptosis occurs at each period, as each protein will be expressed at different times. The survival proteins were reduced with increasing of time.

Colony formation assay. T47D cell suspensions were seeded at a density of 4x10⁴ cells/well in a 35-mm tissue culture dish and allowed to grow for 24 h at 37°C. Cells were treated with 15 and 30 µM α-mangostin for 3 and 6 h. After 14 days colonies were fixed with 100% methanol and stained with 2% (w/v) crystal violet (Suvchem Laboratory Chemicals, Mumbai, India). The number of colonies ≥50 cells was counted and colony formation efficiency was calculated.

Nuclear morphology staining with Hoechst 33342. T47D cells were seeded at a density of 5x10⁴ cells/dish for 24 h then treated with 30 µM α-mangostin for 3, 6, 9 and 12 h at 37°C. The cells were then stained with 10 µM Hoechst 33342 and examined under fluorescence microscope (IX73; Olympus, Tokyo, Japan).

DNA fragmentation analysis. T47D cells at 2x10⁶ cells/well were seeded in 60-mm tissue culture dish and treated with 0,
15 and 30 μM α-mangostin for 24 h. For DNA fragmentation assay, low molecular weight DNA was isolated (47). Briefly, T47D cells treated with α-mangostin were collected, washed and resuspended in TE (10 mM Tris-HCl, pH 8.0 and 1 mM EDTA) buffer. Then lysis buffer (5 mM Tris-HCl, pH 8.0 and 20 mM EDTA and 0.5% (v/v) Triton X-100) was added, resuspended and kept at -20°C overnight. The mixture was centrifuged at 14,000 x g for 15 min. The supernatant was then collected and extracted with phenol:chloroform:isoamyl alcohol (25:24:1) followed by butanol and precipitated with absolute ethanol. The pellet was dried and dissolved in TE buffer, incubated with 100 μg/ml DNase free RNase A for 2 h at 37°C and incubated with 200 μg/ml proteinase K (Vivantis Inc., Oceanside, CA, USA) at 60°C. The sample DNA was analyzed using 1.8% agarose gel (Vivantis) and visualized by ethidium bromide staining.

**Cell cycle analysis.** T47D cells were seeded at 6x10^5 cells/well in a 6-well plate then treated with 0, 15 and 30 μM α-mangostin for 12 h, washed with ice cold PBS, fixed with 70% ethanol and stored at -20°C then resuspended in DNA staining solution (50 μg/ml propidium iodide, 200 μg/ml DNase free RNase A, 0.1% Triton X-100, 0.1% sodium citrate). Cells were washed and incubated at 4°C overnight in the dark and analyzed for DNA content on a BD Accuri C6 flow cytometer (Accuri Cytometers, Inc., Ann Arbor, MI, USA) at 488 nm excitation. The forward scatter and red fluorescence above 600 nm were measured.

**Measurement of mitochondrial membrane potential (ΔΨm).** The changes in mitochondrial membrane potential (ΔΨm) were determined using JC-1, a lipophilic fluorescent cation that incorporates into the mitochondrial membrane. Intact living cells stained with JC-1 exhibits pronounced red fluorescence, whereas break-down of the mitochondrial membrane potential in apoptotic cells shows decreased red fluorescence and reveals green fluorescence. Cells were treated with 30 μM α-mangostin and the control cells were treated with 0.03% DMSO, and then were stained with 10 μg/ml JC-1.

**Detection of cytochrome c release.** Upon treatment of T47D cells in the absence or presence of 30 μM α-mangostin, cells were resuspended in S-100 lysis buffer (20 mM HEPES, pH 7.5, 10 mM KCl, 1.5 mM MgCl2, 1 mM EGTA, 1 mM EDTA and 250 mM sucrose) and homogenized for 30-40 strokes. Cell were centrifuged at 500 x g for 5 min at 4°C (to eliminate nuclei and unbroken cells). The supernatant was taken to a new tube, then centrifuged at 10,000 x g for 30 min at 4°C. Pellet contained mitochondria and supernatant contained cytosolic fraction. The protein was separated by 12% sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE), transferred onto polyvinylidene fluoride (PVDF) membranes (GE Healthcare, Buckinghamshire, UK) and subjected to immunodetection of cytochrome c using a rabbit polyclonal antibody against human cytochrome c (Cell Signaling Technology, Beverly, MA, USA). The peroxidase activity of bound secondary antibodies on the blots was detected by enhanced chemiluminescence reagent (ECL; GE Healthcare) and detected under chemiluminescent imaging system (GeneGnome gel documentation; Synoptics Ltd., Cambridge, UK).

**Western blot analysis.** T47D cells were seeded at 6x10^5 cells/well in a 35-mm culture dish, exposed with 30 μM α-mangostin and harvested at designated time-points. Cells were lysed with RIPA (radioimmunoprecipitation assay) buffer (50 mM Tris-HCl, pH 7.5, 5 mM EDTA, 250 mM NaCl, 0.5% Triton X-100) supplemented with complete mini-protease inhibitor cocktail (Roche Diagnostics GmbH, Mannheim, Germany). The protein content was determined using Bio-Rad protein assay kit (Bio-Rad Laboratories, Hercules, CA, USA), separated by 10-12% SDS-PAGE and transferred onto PVDF membrane using a Mini Trans-Blot Cell® (Bio-Rad Laboratories). The blots were incubated overnight at 4°C with appropriate primary antibodies (Cell Signaling Technology). The membranes were washed and incubated with appropriate secondary antibodies conjugated with horseradish peroxidase (Cell Signaling Technology) for 1 h at room temperature. Immunoreactive protein bands were detected by chemiluminescence using ECL.

**Statistical analysis.** All data presented were obtained from at least three independent experiments and are presented as mean ± standard deviation (SD). Statistical significance was assessed by one-way analysis of variance (ANOVA). Statistical analysis was performed using the SPSS statistical software package (version 11.5) as well as GraphPad Prism 3.03 (GraphPad Software, Inc., San Diego, CA, USA). The protein band intensity was quantified by ImageJ densitometer. Asterisks in the figures indicate that the experimental values are significantly different from those of the control (*P<0.05, **P<0.01).

**Results**

**α-Mangostin decreases cell viability in T47D human breast cancer cells.** The effect of α-mangostin on cell viability in T47D cells treated with α-mangostin at various concentrations and times was determined and the results showed that the IC_{50} value was 7.5±0.5 μM at 24 h (Fig. 1A), and cell viability was dose- and time-dependent comparing to the control cells.

**α-Mangostin inhibits colony formation and proliferation of breast cancer cells.** The results indicated that α-mangostin inhibited colony formation in T47D cells in a time- and dose-dependent manner (Fig. 1B). T47D cells treated with 30 μM α-mangostin for 6 h grew slightly, but less than at 15 μM α-mangostin. The quantitative data of colony formation assay were calculated and compared with untreated control cells in three independent experiments (Fig. 1C and D).

**Morphological and nuclei changes.** Treatment of T47D cells with 30 μM α-mangostin for 3, 6, 9 and 12 h showed evident morphological changes including vacuolization, cell shrinkage and rounding (Fig. 2A). The result also showed chromatin condensation, a characteristic of apoptotic cells (Fig. 2B).

**Cell cycle distribution and chromosomal DNA fragmentation.** DNA fragmentation, a ladder-like pattern, typical DNA
cleavage between nucleosome was visible dose-dependently after incubation with α-mangostin, whereas, not in the control (Fig. 3A). The effect of α-mangostin on cell cycle distribution showing two major peaks represented the G0/G1 and G2/M phases, the sub G1 peak with reduced DNA content represented apoptotic cells. The mean apoptotic population of T47D cells was 3.3% under the control condition as compared to 12.6 and 21.0% upon treatment with 15 and 30 µM α-mangostin for 12 h, respectively (Fig. 3B and C).

Effects of α-mangostin on the mitochondrial membrane potential ($\Delta \Psi m$). Bax oligomers increased mitochondrial
membrane permeability resulting in cytochrome c release to the cytosol. JC-1 staining was used to determine ΔΨm of T47D cells. At higher membrane potentials or healthy cells, JC-1 forms a complex known as J-aggregates with intense red fluorescence. In contrast, in apoptotic or unhealthy cells with low ΔΨm, JC-1 remains in the monomeric form with intense green fluorescence. The increased intensity ratio of green to red fluorescence indicated mitochondrial depolarization. The increased green/red ratio was detected in T47D cells treated with 30 µM α-mangostin for 3, 6 and 9 h, while the control cells showed red fluorescence (Fig. 4) indicating that α-mangostin induced loss of ΔΨm in T47D cells.

Effects of α-mangostin on the expression of Bcl-2 family proteins and induction of cytochrome c release. The Bcl-2 family is a group of proteins regulating cell survival and cell death. The insertion of Bax into mitochondrial membrane induces the opening of the mitochondrial voltage-dependent anion channel (VDAC). The results showed that α-mangostin decreased myeloid cell leukemia (Mcl-1) expression but not B-cell lymphoma-extra large (Bcl-xL) and Bcl-2-associated death promoter (Bad) expression (Fig. 5A). The Bax/Bcl-2 ratio was increased significantly in each α-mangostin treated group comparing to the control (Fig. 5B). Bax oligomers increased mitochondrial membrane permeability and cytochrome c release from mitochondria to cytosol in a time-dependent pattern (Fig. 5C).

Effects of α-mangostin on caspase-3, caspase-9 and cleaved PARP activation. The expression of active forms of caspases was determined by western blot analysis. As shown in Fig. 5C, cleaved caspase-3 and cleaved caspase-9 were induced upon exposure to α-mangostin. Thus, α-mangostin-induced apoptosis was mediated by caspase-3 and may be associated with the activation of intrinsic pathway (via caspase-9). In addition, apoptosis induction by α-mangostin was accompanied by expression of the apoptosis marker, cleaved PARP (Fig. 5C).

Modulation of MAPK signaling during apoptosis induction by α-mangostin. MAPK are important signaling components that control cellular proliferation, differentiation, motility, survival and apoptosis. The results showed that α-mangostin induced phosphorylated-p38 expression at 30 min and the highest level was detected at 2 h. In addition, phosphorylated-JNK1/2 was induced at 15 min and the highest level was at 6 h. Furthermore, decreased phosphorylated-ERK1/2 at 15 min was detected. Phosphorylated-c-Raf was significantly decreased at 15 and 30 min (Fig. 6A). Once activated, phosphorylated-c-Raf activated the dual specific protein kinases mitogen-activated protein kinase kinase 1 (MEK1) and MEK2, which in turn activated the serine/threonine-specific protein kinase ERK1/2. In summary α-mangostin modulated the MAPK(s) pathway resulting in apoptosis induction.

Evaluation of transcription factor and downstream oncogenic products of PI3K/Akt and MAPK. α-Mangostin enhanced
IkB kinases α (IKKα) and Src expression whereas decreased nuclear transcription factor kappa B (NF-κB p65) and c-Rel expression (Fig. 6B). This could result in cell proliferation inhibition and inflammation in cancer cells as well as increased sensitivity to antitumor agent and ultimately apoptotic cell death (48,49). Moreover, α-mangostin also activated C/EBP homologous protein (CHOP) and c-Jun expression, while suppressed c-Myc expression (Fig. 6B).

α-Mangostin inhibits HER2 activation and downstream PI3K/Akt signaling pathway. Activation of the HER2 network results in autophosphorylation of C-terminal tyrosine leading to the recruitment of cytoplasmic signal transducer that regulates cellular processes such as proliferation, apoptosis inhibition and transformation. Therefore, we examined whether α-mangostin could activate dephosphorylation of phosphorylated-HER2 (p-HER2). Treatment of T47D cells with 30 μM α-mangostin resulted in substantially decreased phosphorylated-HER2 Tyr1221/1222 at 30 min (Fig. 7A), which led to inactivation of RAS/Raf1/MEK/ERK and PI3K/Akt transduction cascade. HER2 stimulates tumor cell growth and renders cellular chemo-resistance involved with the HER2 tyrosine kinase domain.

PI3K/Akt signaling is the major anti-apoptosis pathway that confers survival advantage and drug resistance of cancer cells. Our data clearly indicated the inhibition of PI3K/Akt signaling cascade by α-mangostin in T47D cells (Fig. 7B). In addition, Akt phosphorylation at Ser473 and Thr308 was highly suppressed by α-mangostin resulting in inhibition of cell proliferation and apoptosis induction.

Effect of α-mangostin on inhibition of ERα activation. ERα is a member of NR family transcription factors that is involved...
in cell proliferation and survival. Once activated by estrogen, the ERα is able to translocate into the nucleus and bind to specific DNA response elements, known as estrogen response elements (EREs), to regulate different gene activities. The
results showed the decreased phosphorylation of Ser104/106 and Ser118 of ERα upon treatment with 30 µM α-mangostin at 6 h (Fig. 7C) implying that α-mangostin could inhibit cell proliferation and cell survival through the suppression of ERα phosphorylation in T47D cells.

Discussion and Conclusion

The goal of the present study was to search for a natural bioactive compound from a plant as anti-breast cancer agent with high specificity to ER and progesterone receptor (PR) positive T47D breast cancer cells. Approximately 75% of all breast cancers are ER-positive and 65% are PR-positive cells. Mammary ductal carcinoma is the most common type of breast cancer in women with poor prognosis, resistant to chemotherapy and radiation treatment. Apoptosis-inducing agents are being investigated as a tool for the management of cancer treatment. α-Mangostin, one of the xanthones, is the secondary metabolite from mangosteen pericarp possessing various biological activities (35). For this reason, we investigated the potential of α-mangostin for human breast carcinoma cell treatment. The results showed that α-mangostin could inhibit cell growth in a time- and dose-dependent manner with an IC50 value of 7.5±0.5 µM.

The present study showed that α-mangostin decreased Mcl-1 expression (Fig. 5A) as well as increased Bax/Bcl-2 ratio (Fig. 5B). The cytosolic cytochrome c level was increased corresponding to the loss of ΔΨm (Fig. 5C). Cytosolic cytochrome c activated procaspase-9 by binding to apoptotic protease activating factor 1 (Apaf1) and activated downstream effector caspase (including caspase-3) then triggered apoptosis induction through the intrinsic pathway.
Our results illustrated that $\alpha$-mangostin modulated MAPK(s) (Fig. 6A) and inactivated ERK1/2 resulting in decreased NF-$\kappa$Bp 65, c-Rel and c-Myc but increased IKK$\alpha$ expression, whereas, activation of p38 and JNK1/2 led to CHOP and c-Jun expression, respectively. A limitation of the study at the present stage, is that further experiments with inhibitors are required. There are many related studies including phosphorylation of c-Jun leading to activator protein 1 (AP-1) formation which involved pro-apoptotic protein transcription and apoptosis induction (50). The JNK1/2 played a key role in CHOP induction and cell death by ER stress in rat hepatocytes (51). Moreover, CHOP/death receptor 5 (DR5) upregulation was mediated via JNK1/2 phosphorylation in $\alpha$-TEA induced apoptosis in MDA-MB-231 and MCF-7 cells (52). Our results showed rapid cell growth inhibition and apoptosis induction in T47D cells by $\alpha$-mangostin at 15 min. $\alpha$-Mangostin also decreased p-HER2 at Tyr1221/1222 as compared with proform-HER2 expression (Fig. 7A) leading to downregulation of Ras-Raf-MAP kinase and PI3K/Akt transduction pathways (53). PI3K/Akt signaling pathway is essential for cell survival and the expression of a constitutively active PI3K/Akt pathway induces multidrug resistance and prevents apoptosis in a variety of cell types. Our results showed that $\alpha$-mangostin could decrease the phosphorylation of PI3K and Akt at Ser473 and Thr308 (Fig. 7B). Interestingly, we found that p-Akt at both sites were decreased significantly suggesting that Akt may be a target of $\alpha$-mangostin in breast cancer. Previous studies showed that inhibition of the PI3K/Akt pathway with doxorubicin, trastuzumab, etoposide, tamoxifen increased apoptosis induction implying that measuring Akt activity would directly be beneficial to breast cancer patients (54,55). Thus, our results implied that inhibition of the PI3K/Akt pathway by $\alpha$-mangostin may be of great benefit when combining with traditional cytotoxic chemotherapy, immune therapy and endocrine based therapy.

In addition, estrogen is also involved in normal breast development as well as in breast cancer growth and progression. The biological actions of estrogen are mediated by binding to nuclear ER$\alpha$ and ER$\beta$. Treatment with ER antagonists is the current hormone therapy of choice for ER$\alpha$-positive breast cancer treatment. In the present study, we found that $\alpha$-mangostin could inhibit ER$\alpha$ phosphorylation in T47D cells at 6 h.

In conclusion, $\alpha$-mangostin inhibited cell proliferation and induced apoptosis associated with HER2/PI3K/Akt and MAPK signaling pathway in human breast carcinoma T47D cells (Fig. 8). Therefore, $\alpha$-mangostin may provide anticancer action in clinical application in human breast cancer treatment.

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