Comparison of mammography and ultrasound in detecting residual disease following biopic lumpectomy in breast cancer patients

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Abstract. Surgical biopsy is a method for diagnosing breast cancer. The aim of this study was to prospectively evaluate the relative accuracies of mammography (MMG) and ultrasound (US) in predicting residual disease following biopic lumpectomy. Each prediction method was compared with the gold standard of surgical pathology. The results of MMG and US from 312 consecutive breast cancer patients diagnosed by surgical excision were analyzed. All the patients underwent re-excision mastectomy or lumpectomy and the imaging results were compared with the histopathological findings. The accuracy and sensitivity of each modality were investigated. A total of 312 patients with 312 primary breast cancers were investigated. Residual disease was identified in 118 patients. Of the 118 cases with residual disease, MMG and US were able to detect 77 (65.3%) and 32 (27.1%), respectively (Chi-square P<0.001). MMG was also more sensitive compared with US in estimating residual ductal carcinoma in situ (DCIS) (94.2 vs. 33.3%, respectively; P<0.001). MMG was more accurate compared with US in detecting residual disease following biopic lumpectomy and the diagnostic accuracy of MMG was associated with the presence of residual DCIS.

Introduction

Although the majority of breast cancers are currently diagnosed by needle biopsy, there are valid exceptions for which this may not be possible or necessary, and thus require surgical excision (1). In addition, surgical excision is the first biopsy choice for breast cancer in certain centers, due to cultural reasons. Approximately half of breast cancer patients in China are diagnosed by excision biopsy (2). Following diagnosis, a proportion of patients opt directly for surgical excision. Surgical biopsy of suspicious breast lesions enables histological diagnosis and facilitates appropriate treatment planning. However, the use of excision biopsy raises several issues (3,4), among which is the residual disease that may be associated with a higher incidence of recurrence. Particularly for patients who are candidates for breast conservation, the presence of residual disease may require multiple re-excisions (5).

The incidence of residual disease following initial excisional biopsy of breast cancer is variable, ranging from 45 to 70% in the literature (6,7). Accurate assessment of residual tumor following biopic lumpectomy is crucial for subsequent treatment planning. Patients with no residual disease following biopic lumpectomy may only require excising and pathologically evaluating the cavity margins instead of aggressive re-excision mastectomy.

Mammography (MMG) and ultrasound (US) are currently the most commonly used imaging modalities for the diagnosis of primary breast cancer, with a fairly high accuracy (8-13). However, it may be more difficult to detect residual disease following lumpectomy with these modalities. The most significant concerns are associated with the fact that the process of wound healing following surgical excision may lead to changes in breast architecture (14), which may affect the diagnostic accuracy of the imaging modalities (15) and the identification of residual tumor. In the present study, we aimed to evaluate the accuracy of MMG and breast US in detecting residual tumor following biopic lumpectomy in breast cancer patients.

Patients and methods

Ethics statement. Patients with primary breast cancer who were initially diagnosed by surgical excision followed by re-excision breast-conserving surgery or mastectomy were recruited to participate in this study, which was approved by
the Institutional Review Board of Fujian Provincial Tumor Hospital. Written informed consent was obtained from all the patients prior to their participation in the present study.

Study population. All the primary breast cancer cases from the surgical pathology files of the Fujian Provincial Tumor Hospital over a 10-year period (2003-2012) were reviewed. The study population came from two different sources: A proportion of the patients were diagnosed at our center, whereas others were referred to our institution for definitive surgery after undergoing excision biopsy performed at an external institution. All the patients had primary breast cancer diagnosed by excision biopsy.

Diagnostic imaging equipment. MMG was performed using two digital full-field instruments, namely Senographe 2000D (GE Healthcare, Munich, Germany) and Selenia (Hologic GmbH, Frankfurt am Main, Germany).

Sonography was performed using a linear transducer with a 50-mm width and a frequency of 12 MHz, using Philips models iU22 and HD11 (Philips GmbH Healthcare, Hamburg, Germany). Real-time spatial compound imaging (CT) in combination with adaptive image processing (XRES) was a method to analyze sonographic criteria for the differentiation of benign and malignant breast lesions.

MMG and breast US were performed to evaluate residual tumor prior to reoperation (mastectomy or breast-conserving surgery) as part of routine patient care at the discretion of the breast surgeon. Magnetic resonance imaging (MRI) is not routinely used as part of patient care at our center; therefore, it was not included in this study. MMG evaluation included standard craniocaudal and mediolateral oblique views. All the mammograms were reviewed independently by two radiologists experienced in the interpretation of breast MMG based on the morphological pattern and density on the MMG images. Similarly, another two radiologists experienced in the interpretation of breast US, independently reviewed all US images in terms of echoic structures and acoustic shadowing. The radiologists were blinded to any clinical or histopathological information of the patients. Following diagnostic imaging, all the patients underwent reoperation (mastectomy or breast-conserving surgery) (Fig. 1). The re-excision specimens were sent to the histopathology laboratory for histological examination by two histopathologists specialized in breast pathology. Residual disease was defined as microscopically confirmed invasive or in situ carcinoma identified within the mastectomy or re-excision specimens.

Statistical analysis. The diagnostic performance of MMG and breast US was evaluated by calculating the accuracy, sensitivity and negative predictive values. Categorical variables were compared between the two groups using the Chi-square test. IBM SPSS software, version 20 (IBM Corp, Armonk, NY, USA) was used for the statistical analyses. P-values <0.05 were considered to indicate statistically significant differences.

Results

Patient characteristics. A total of 320 patients were considered as eligible for this study, 8 of whom did not participate due to scheduling constraints. Of the 312 eligible patients, 130 (41.7%) were diagnosed in our center and were clinically and radiologically considered to have benign disease; however, the subsequent surgical excision and histological examination revealed a positive result. The remaining 182 patients (58.3%) were referred from other institutions following diagnosis; radiological information was not available for these patients. The median patient age was 49 years (range, 27-85 years). All the patients underwent MMG and breast US prior to reoperation. The re-excision procedure was mastectomy in 306 cases and lumpectomy in the remaining 6 cases, based on the surgeon's discretion and the patient's preference, irrespective of imaging findings. Due to inherent cultural barriers and cancer fatalism in Chinese women, the majority of the patients opted for mastectomy upon breast cancer diagnosis.

Residual disease was confirmed in 118 of 306 patients by final pathology in re-excision mastectomy specimens. There was no residual disease in the 6 re-excision lumpectomy specimens. Residual invasive ductal carcinoma (IDC) or ductal carcinoma in situ (DCIS) alone were found in 15.2 and 58.5% of the cases, respectively, whereas 17.8% of the patients were
allocated to the IDC+DCIS group. Other types of tumors in this study included residual invasive lobular carcinoma and mucinous carcinoma, occurred in 8.5% of the cases (Table I). Residual disease was not identified in 194 of the 312 cases, despite extensive sectioning of the re-excision specimens (16).

Table I. Final pathological diagnosis in cases with residual disease on re-excision specimens.

<table>
<thead>
<tr>
<th>Residual disease cases</th>
<th>Mixed IDC+DCIS</th>
<th>DCIS</th>
<th>IDC</th>
<th>Others$^a$</th>
</tr>
</thead>
<tbody>
<tr>
<td>118</td>
<td>21 (17.8%)</td>
<td>69 (58.5%)</td>
<td>18 (15.2%)</td>
<td>10 (8.5%)</td>
</tr>
</tbody>
</table>

$^a$Residual invasive lobular carcinoma and mucinous carcinoma. IDC, invasive ductal carcinoma; DCIS, ductal carcinoma in situ.

Figure 3. A 42-year-old breast cancer patient with residual disease of the right breast following lumpectomy. (A) Mammography revealed dense breast tissue with multiple clustered microcalcifications (arrows). (B) Ultrasonography revealed an indistinct hypoechoic area with internal hyperechoic foci (asterisks), corresponding to the mammographically visualized microcalcifications. (C) Histological diagnosis of residual invasive ductal carcinoma (haematoxylin and eosin staining; magnification, x10).

Figure 4. A 35-year-old breast cancer patient with residual disease of the left breast following lumpectomy. (A) Mammography revealed heterogeneously dense breast tissue with scattered microcalcifications (arrows). (B) Ultrasonography revealed irregular tissue distribution in the left breast (square). (C) Histological diagnosis of residual ductal carcinoma in situ (haematoxylin and eosin staining; magnification, x10).

Identifying residual disease with imaging modalities. Both MMG and breast US detected residual disease in 20 of the
118 cases that were were correlated with the pathological findings (Fig. 3). However, 28 cases with pathologically confirmed residual disease were not detected by either MMG or US. Of the 86 cases with residual disease identified by MMG, 77 were correlated with histopathologic findings. The remaining 9 cases did not have residual disease on final pathology. A total of 57 cases with residual disease identified on MMG were not detected by US (Fig. 4). However, 12 cases of residual disease detected by US were not identified on MMG.

Sensitivity and accuracy of MMG and US. We next evaluated the sensitivity and accuracy of the two methods for the detection of residual disease in re-excision specimens. The overall performance of each of the imaging modalities is summarized in Table IV. MMG was more sensitive, detecting 77/118 (65.3%) of all residual disease cases. This was significantly superior to US, which detected 32/118 (27.1%) residual disease cases ($P<0.001$) (Tables II-IV). As regards the 89 cases with residual DCIS, the sensitivity of MMG was also significantly superior to that of US [65/69 (94.2%) vs. 23/69 (33.3%) cases of residual disease detected, respectively] (Table V). These data clearly demonstrate that MMG is a reliable method for identifying residual disease, particularly DCIS.

Discussion

Surgical biopsy is widely used in China, due to inherent cultural barriers and cancer fatalism in Chinese women. Accurate prediction of residual disease following surgical excision is crucial for treatment selection. The present study compared MMG and US in detecting residual disease following biopsy lumpectomy in Chinese women. Our results demonstrated that the sensitivity, accuracy and negative predictive value were significantly higher with MMG compared with US. Further
analyses suggested that sensitivity and accuracy were also higher with MMG regarding the detection of residual DCIS following biopptic lumpectomy. Therefore, our data suggest that MMG was more accurate compared to breast US in identifying residual tumor following biopptic lumpectomy.

Currently, MMG and US are the most commonly used imaging modalities for primary breast cancer diagnosis, although it remains unclear which modality is superior for accurate diagnosis of breast abnormalities. Berg et al (8), Bosch et al (9) and Madjar et al (12) confirmed the sonographic superiority to MMG in detecting primary tumors. However, studies comparatively analyzing the diagnostic accuracy of MMG and sonography demonstrated that the two modalities perform equally well in detecting primary breast cancer (11,17), or that MMG is superior to breast US in the accurate diagnosis of primary breast cancer (2,18). Although it has been reported that US was more accurate compared with MMG in predicting residual tumor size following neoadojuvant chemotherapy (19), there is no available literature regarding the optimal method for accurate assessment of residual disease following biopptic lumpectomy. Identifying residual tumor following lumpectomy may be even more challenging. In this prospective study, we observed that a greater proportion of residual tumors following biopptic lumpectomy were detected using MMG rather than US, whereas MMG was more accurate compared with breast US in identifying residual tumor following biopptic lumpectomy.

The presence of DCIS was a significant predictor of an increased likelihood of residual disease at re-excision following breast-conserving therapy (20-25). In our series, residual DCIS accounted for 58.5% (69/118) of the cases, indicating that DCIS is also a risk factor for residual disease following biopptic lumpectomy. Of the 69 residual DCISs, 65 (94.2%) were visible on MMG as abnormal lesions, with or without microcalcifications. Compared with MMG, only 23 residual disease cases with DCIS were detected by US, which indicates that MMG may be more effective compared with US in the detection of residual DCIS (26,27).

In this study, ~23.7% of the residual tumors could not be detected by either MMG or US. Since MRI has been proven to have a better sensitivity for evaluating the extent of breast cancer and detecting additional breast lesions compared with conventional visualizing methods (28), MRI is very useful for evaluating residual disease that cannot be detected using US or MMG. Further investigations should focus on evaluating the accuracy of MRI in detecting residual disease following biopptic lumpectomy.

The superiority of MMG regarding residual disease detection following biopptic lumpectomy has not been documented. MMG in our study cohort was associated with a high detection rate of residual disease following biopptic lumpectomy. Thus, the use of MMG-guided stereotactic biopsy may enable complete removal of malignant foci with clear excision margins, resulting in a reduced rate of second operations. Moreover, the use of preoperative MMG may enable accurate evaluation of residual disease size following biopptic lumpectomy, allowing for selecting eligible candidates for breast-conserving surgery. Finally, our results further confirmed a previous study reporting that MMG is useful in early detection of breast cancer (29).

The present study had certain limitations. First, we only enrolled breast cancer patients diagnosed by initial surgical excision followed by mastectomy or lumpectomy, without considering the time interval between surgical excision and re-excision; however, the incidence of residual disease in breast cancer may be affected by the time interval between lumpectomy and subsequent re-excision (14). Second, a proportion of the patients were referred from other facilities, and information on primary tumors, such as palpability, size, localization and biology, were not available; however, tumor size and biology are significant predictive factors for residual disease (30).

Our prospective analysis of the ability of MMG and breast US to identify residual disease following biopptic lumpectomy, compared with surgical pathology evaluation of the residual tumor, demonstrated that 65.3% of residual tumors were accurately detected using MMG, compared with 27.1% using breast US. The diagnostic accuracy of MMG was associated with the presence of residual DCIS. Our results underscore the significance of MMG in treatment selection and residual disease localization following biopptic lumpectomy.

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